



AGENDA
STRATEGIC PLANNING COMMITTEE

Wednesday, February 19, 2025, at 5:30 P.M.
Administrative Office, 1st Floor Community Room
138 S. Brandon Rd., Fallbrook, CA 92028

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. The public will be able to participate by webinar by using the following link:

<https://us02web.zoom.us/j/84007627543?pwd=4gBjua1dE8u6bSPXbu96aEQ3WX26Ga.1>

Meeting ID: 840 0762 7543. Passcode: 784280 Participants will need to download the Zoom app onto their mobile device.

Members of the public will also be able to participate by telephone using the following dial in information: Dial in #: +1-669-444-9171 Meeting ID: 840 0762 7543 Passcode: 784280

BOARD COMMITTEE MEMBERS- Chair Jennifer Jeffries & Director Bill Leach

1. CALL MEETING TO ORDER/ROLL CALL –

2. PUBLIC COMMENTS – ANNOUNCEMENT

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public attending in-person need to fill-out a “Request to Speak” card and those attending by webinar need to raise their hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

3. DISCUSSION ITEMS-

a.) Continued discussion topic- Clinical Care Services

4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS-

5. ADJOURNMENT-

I certify that on February 14, 2025, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 24 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

A handwritten signature in blue ink, appearing to read "Rachel Kilbi", is written over a horizontal line.

Executive Assistant/Board Clerk

UPDATE ON CATALYST COMMUNITY NEEDS ASSESSMENT & PROGRAMMING

| Rank | Category | Needs |
|------|----------|-------------------------|
| 1 | Health | Obesity* |
| | Health | Type 2 Diabetes* |
| 2 | Social | Youth Social Support* |
| | Health | Mental Health* |
| 3 | Social | Prevention/Screening* |
| | Health | High Cholesterol* |
| 4 | Health | High Blood Pressure* |
| | Social | Transportation ☐ |
| 5 | Health | Mobility <+ |
| | Social | Healthy Food/Nutrition* |
| 6 | Health | Age Related Deficits < |
| | Social | Language Barrier * |
| 7 | Social | Economic Security* |
| 8 | Social | Family/Child Support* |
| 9 | Social | Education ☐ |
| 10 | Social | Health Literacy ☐ |
| | Social | Legal/Advocacy* |

* Part of the DPP/Lifestyle change Programming, and or longterm plans with the finish of the demonstration kitchen

❖ CCHW/Wellness Wednesday events

* Addressed in part with the expansion of services via Palomar Family Counseling and the addition of our Community Resource Navigator.

< Addressed through funding to our grant partners

<+ for Senior transportation only

☐ Not addressed or large gaps in service