Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Adult Day Care Program

Brief Program Description

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

Funding Amount Awarded

32000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	2
Seniors (60+)	94	34
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	18
Male	18
Non-binary	
Unknown*	

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of $32,100	10
Very Low (50%) Income Limits, ceiling of $53,500	15
Low (80%) Income Limits, ceiling of $85,600	55
Higher Than Listed Limits	20
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

36

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program Goal & Objectives

The program goal is to address specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

Program Outcomes & Measurables

Between July and September (Q1), our Adult Day Care served a total of 18 clients, providing a total of 391 days of service. By participating in our program, 18 families were able to take a break while their loved ones received care. Two low-income seniors were also awarded scholarships for two days of service, thanks to the FRHD grant. These numbers represent 78% of the quarterly goal of days attended. In addition, three support sessions were provided through our Caregiver Support Group during this cycle.

Anticipated Acknowledgment

Social Media Postings   Signage at Service Sites   Print Materials to Service Recipients

Website Display   Other

Terms and Conditions

Accepted

Authorized Signature

Contact Information

Contact Name

Perla Hurtado

Title

Interim Executive Director

Primary Contact Phone

7607237570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) does this program accommodate:

English   Spanish

Chinese (Mandarin/Cantonese)

Acknowledgment of District Support

📄 FRHD Acknowledgements … .docx

Impact Story

📄 Adult Day Care Impact Story.docx

Program Budget

📊 23_24 FRHD CHC Grant - FF… .xlsx

FRHD CHC GRANT BUDGET REPORTING FORM

Fallbrook Regional HEALTH DISTRICT

Agency Name:	Foundation for Senior Care	PROGRAM NAME:	Adult Day Care Program

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)

A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL INDIRECT EXPENSE	$61,584.99	$0.00	$18,044.00			

B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL PERSONNEL EXPENSE	$193,973.35	$28,000.00	$30,438.00			

C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
	TOTAL OTHER EXPENSES	$35,424.00	$4,000.00	$8,928.00			

D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
		$290,982.34	$0.11	$57,410.00	$0.00	$0.00	$0.00

Total funds expended to date: $57,410.00

Android Smartphone and Tablet

Classic

A Foundation for Senior Care Technology Class

Class description: These are 4 progressive Android Smartphone and Tablet classes that cover the basic features of your phone. You will learn about email, texting, photos, videos, and Zoom. The course will also covers apps, browsing the internet, and backing up data.

Instructors: Irv Rudderow and Elaine Pedigo

What to bring to class: Your Android smartphone and/or tablet for hands-on instruction. Also bring your charging cord and plug.

Note: This class is *NOT* for iPhones or iPads.

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.

Here is a map to safely enter the event location.

iPhone and iPad (4 Sessions)

Course description: This workshop consists of 4 loosely-structured workshops covering the basic functions of the iPad and iPhone. The workshop will provide hands-on training and support for students with differing experience levels.

- Workshop I: How to communicate with family and friends through the phone, email, Contacts, and messaging
- Workshop II: Using the Safari web browser, Maps, Calendar and managing applications
- Workshop III: Taking, editing, and sharing photos and videos
- Workshop IV: Using the built-in functionality of iCloud, Control Center, Notifications, Find my Friends, Find my iPhone, Emergency S.O.S. Part IV will also explore other applications based on student interest

This workshop will be a 4-part series over 4 weeks.

Note: This class is *NOT* for Samsung, Huawei, Google, Nokia, or any Android phone.

What to bring to class: The device you will be using, your iPhone or iPad charger, and your APPLE ID and APPLE PASSWORD.
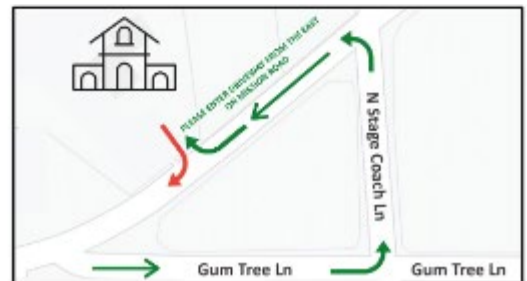
Instructors: Bob Cebulski, Len Tevebaugh and Dan Wise

This 4-part workshop will be taking place over 4 weeks on Wednesdays – July 26, August 2, August 9, and August 16 from 9:30 AM to 11:30 AM

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.

Here is a map to safely enter the event location.

Internet Banking and Online Bill Payment

Classic

A Foundation for Senior Care Technology Class

Class Description: This 2-hour workshop will introduce online banking and online bill paying. Due to the variety of bank user interfaces, this session will be generic in nature and will not address specific banking user accounts. It will talk about general processes and capabilities and acquaint the student with the common capabilities that all banks provide.

What to Bring to Class: Your desire to learn about internet banking and online bill paying.
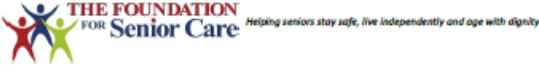
Instructor: Len Tevebaugh

Class date(s): Tuesday, July 25, 2023 from 9:30am - 11:30am.

Classes are held at:

1636 E. Mission Road, Fallbrook, CA 92028

FLYERS   CARE VAN

THE FOUNDATION FOR Senior Care
Helping seniors stay safe, live independently and age with dignity

TECHNOLOGY CLASSES FOR SENIORS
Stay in touch with friends and family! Manage everyday technical tasks like online banking and paying bills! Senior volunteers teach you how to easily and quickly operate your computer, smartphone or tablet.
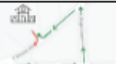
CLASS SCHEDULE FOR MAY THROUGH AUGUST 2023				
WEEKDAY	DATE	TIME	CLASS	COST
Monday	Jul 24, 31, Aug 7, 14	9:30am – 11:30am	Android Smartphones and Tablets (4-week class)	$40
Tuesday	Jul 25	9:30am – 11:30am	Online Banking and Bill Payment	$10
Wednesday	Jul 26, Aug 2, 9, 16	9:30am – 11:30am	iPhone and iPads (4-week class)	$40
Thursday	NO CLASSES			
Friday	Every Friday	1:00pm – 3:00pm	Fix-It Friday	FREE

FIX-IT FRIDAY

IS YOUR COMPUTER GIVING YOU A HEADACHE? DOES YOUR PHONE REFUSE TO DO WHAT YOU ASK?
We can help! . . . Every Friday from 1:00 pm to 3:00 pm we offer free help with your desktop, laptop, phone or tablet. We have one-on-one volunteers available to help you solve all those pesky technical problems . . . visit COMPUTER CLASSES on our website at www.foundationforseniorcare.org to learn more.
PRE-REGISTRATION IS ENCOURAGED

For complete class descriptions, costs and registration information, visit our SENIOR EDUCATION page at www.foundationforseniorcare.org or call 760-723-7570

All classes are held at the Fallbrook Regional Health District Community Health & Wellness Center 1636 E. Mission Road, Fallbrook, CA 92028

Fallbrook Regional HEALTH DISTRICT community health & wellness center

FOUNDATION FOR SENIOR CARE
Committed to the wellbeing of older adults

Caregiver Wellness Community
A support system for family caregivers

HOSTED BY CARE EXCELLENCE TEAM

Care Excellence Team
Senior Living Specialists

We focus on the three S's
SUPPORT • SELF-CARE • SAFETY

We provide education, resources, home-care tips and planning tactics for the future, as well as coping and preventative strategies for respite and self-care.
Everyone is welcome!
Come join us to get ideas, ask questions, and learn from each other.

WHEN AND WHERE
The first Thursday of every month
9:30 am to 11:30 am

Fallbrook Regional Health District
Community Health & Wellness Center
1636 E. Mission Rd., Fallbrook, CA 92028 • Room 4 in the Education Building

Fallbrook Regional HEALTH DISTRICT community health & wellness center

Contact the Foundation for Senior Care to reserve a spot at
760-723-7570 or dbadgley@foundationforseniorcare.org

The Foundation for Senior Care is a 501(c)(3) nonprofit organization that provides vital services to older adults in the Fallbrook, Bonsall, Rainbow and De Luz areas. Services include transportation, referral and support advocacy, hospital-to-home recovery support, senior education, and adult daytime caregiving.

135 S. Mission Road, Fallbrook CA 92028 • 610-760-723-7570 • www.foundationforseniorcare.org

SOCIAL MEDIA