

## Organization Information

### Legal Name

Palomar Family Counseling Service, Inc.

### DBA (if Applicable)

n/a

## Program Name/Title

Grandparents Raising Grandchildren

## Brief Program Description

When parents are unable to raise their children, it is often grandparents who step in. Grandfamilies thrive when they get the support they need. Grandparents Raising Grandchildren is a comprehensive service that fosters healthy grandparents and a strong and stable family.

## Funding Amount Awarded

15000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	48	14
Seniors (60+)	52	15
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

n/a

## Target Population - Gender

	Percent of program participants
Female	83
Male	17
Non-binary	
Unknown*	

## \*Target Population - Gender

n/a

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	21
Very Low (50%) Income Limits, ceiling of \$53,500	34
Low (80%) Income Limits, ceiling of \$85,600	45
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

n/a

### Actual number of residents that directly benefited (participant/client) from this program during this quarter.

29

### Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

### Program Goal & Objectives

The goal of GRG is to ensure the health and wellbeing of grandparents raising their grandchildren in Fallbrook and its neighboring communities of Bonsall, Rainbow, and De Luz by providing a comprehensive service that promotes a strong and stable family.

Objective 1: Improve family functioning and decrease family stress by providing customized case management services and parent coaching.

Objective 2: Decrease social isolation and increase connection to a community of supports by providing at minimum, quarterly educational, self-care and social workshops and gatherings.

Objective 3: Provide effective case management and support services that meet the needs of grandfamilies and their grandchildren, in order to create an environment where the full potential for health and well-being can be met.

### Program Outcomes & Measurables

**Outcome 1:** 8 grand families were connected to over 28 services and supports over the 2<sup>nd</sup> quarter. YTD 22 grand families were connected to over 76 services and supports. Grandparents report decreased stress and great family cohesiveness, particularly when connected to resources related to parenting, mental health, and finances.

**Outcome 2:** Seven grandparents participated in a stress management workshop focusing primarily on coping skills in difficult times particularly during the grieving process. 100% of grandparents very satisfied

with the workshop and shared anecdotal stories on how ways connecting as a group decreases feelings of isolation and increases resilience.

**Outcome 3:** Two grandparents responded to the survey rating their satisfaction with services at the highest level (10 on a 10-point scale) and a net promotor score of 100. Comments include: The help I have received has reduced my stress, and I am treated like a human being. They are there to find solutions, when it feels that all doors are closed to an individual with those burdens, even when the grandchildren are a blessing to us.

### Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites


Print Materials to Service Recipients

Website Display

### Terms and Conditions

Accepted

### Authorized Signature

A handwritten signature in black ink, appearing to be a stylized name, possibly "S. J. Smith".

## Contact Information

### Contact Name

David Drazenovich

### Title

Director of Development

### Primary Contact Phone

760-741-2660

### Email Address

ddrazenovich@pfcs.agency

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

### Acknowledgment of District Support



Stress Management Worksh... .pdf

### Acknowledgment of District Support



Stress Management Worksh... .pdf

## Impact Story



GRG Q3 Impact Story.pdf

## Impact Story



GRG Q3 Impact Story.pdf

## Program Budget



FY 23-24 GRG Program Bud... .xlsx



## Grandparents Raising Grandchildren

Success Story: Quarter 3 - April 2024

### REFLECTIONS ON 3 YEARS OF SUPPORT

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I met Mariana in 2021. Mariana had been raising her two grandchildren since her daughter passed away.

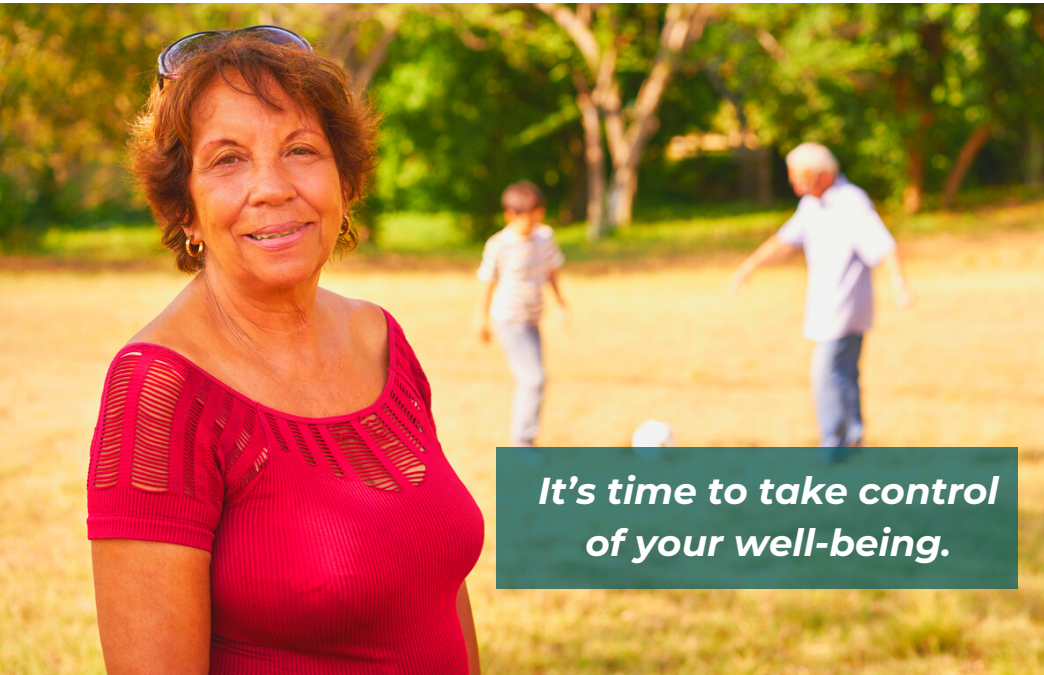
During the pandemic, I was able to provide resources to her over the phone. Mariana started to come to the office, as Covid 19 had fewer restrictions. During the time, we would meet once a week for regular check-in sessions and to follow-up on referrals. Mariana and her husband were able to sign up their grandchildren in an afterschool program, therapy, and found extra activities for them to join. Tragically after 48 years of marriage, Mariana's husband away from Covid-19.

I provided resources for funeral assistance through FEMA and transportation arrangements for her husband's ashes to Mexico. I assisted her to file a restraining order and calling APS due to family members taking advantage of her husband's death by breaking into the garage and taking tools and other items. Mariana shared that she knew could count on me helping her make phone calls or just finding ways she can help her grandkids cope with their grandfather's loss.

Mariana always greets me with a smile. Mariana has been a part of every event and workshop offered. She attended the most recent stress management workshop at the Wellness Center in March. Mariana travels to Mexico frequently to visit her husband's grave.

Recently, Mariana confided that her daughter who passed away also had a young daughter that lives out of state of California. She recently found out authorities removed her granddaughter from her father's care and is currently in the foster care system. Since her granddaughter is in another state it has been very difficult for Mariana to get information on how she can visit her granddaughter and obtain custody. I am happy to support her in this situation, researching resources that can be useful in the state or county her granddaughter lives in and helping her locate legal aid.

Graciela Moreno, Project Coordinator



*It's time to take control of your well-being.*



# Stress Management Workshop

Specially designed for grandparents and other care takers to learn coping skills and ways to manage and combat stress.

These workshops are made possible with funding from:



<https://fallbrookhealth.org>



<https://legacyendowment.org>

**JOIN US!**  
**TUESDAY MARCH 19TH**  
**5:00 PM - 6:30 PM**

**COMMUNITY HEALTH & WELLNESS CENTER**  
**1636 E MISSION RD,**  
**FALLBROOK, CA 92028D**

**Community Resources**



**Giveaways**

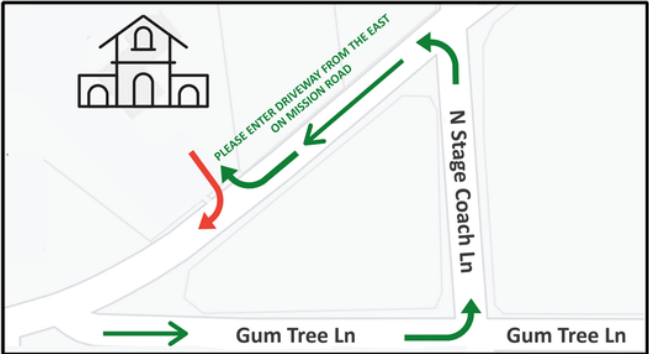


**Refreshments**

**For more information or to RSVP:**

**Graciela Moreno**  
**(760) 466-8884**

**gmoreno@pfcs.agency**







*Es hora de tomar el control de tu bienestar.*



# Taller de Manejo del Estrés

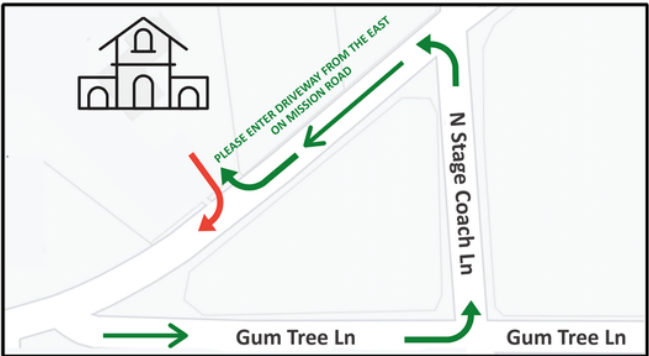
Especialmente diseñado para que los abuelos y otros cuidadores aprendan habilidades de afrontamiento y formas de manejar y combatir el estrés.

Estos talleres son posibles gracias a la financiación de:



<https://fallbrookhealth.org>

<https://legacyendowment.org>



**¡ÚNETE A NOSOTROS!  
MARTES 19 DE MARZO  
5:00 PM - 6:30 PM**

**CENTRO COMUNITARIO DE  
SALUD Y BIENESTAR  
1636 E MISSION RD,  
FALLBROOK, CA 92028D**

### Recursos de la comunidad

- \*  
**Sorteos**
- \*  
**Refrescos**

Para obtener más información o confirmar su asistencia:  
Graciela Moreno (760) 466-8884  
[gmoreno@pfcs.agency](mailto:gmoreno@pfcs.agency)



Agency Name: **Palomar Family Counseling Service, Inc.** PROGRAM NAME: **Grandparents Raising Grandchildren**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$8,900.00	\$100.00	\$0.00	\$0.00	\$0.00	
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	\$38,213.00	\$13,947.00	\$4,141.09	\$2,980.51	\$3,225.01		
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	\$4,250.00	\$953.00	\$0.00	\$0.00	\$98.62		
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		\$51,363.00	\$0.29	\$4,141.09	\$2,980.51	\$3,323.63	\$0.00	

Total funds expended to date: **\$10,445.23**