



**AGENDA**  
**BOARD OF DIRECTORS**  
**STRATEGIC PLANNING WORKSHOP**

**Saturday, January 13, 2023, 10:00 a.m. to 2:00 p.m.**  
**Community Health & Wellness Center – Building B**  
**1636 E. Mission Road, Fallbrook, CA 92028**

**In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:**

**<https://us02web.zoom.us/j/5659435988?pwd=WmZhNHZ2eXp0cndqdC9Wc0ZDZlBlUT09&omn=83521891851>**  
**Meeting ID: 565 943 5988 Passcode: 695141** Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following dial in information: **Dial in #: +1-669-900-6833 Meeting ID: 565 943 5988 Passcode: 695141**

**A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE**

A Special Meeting may be called at any time by the Chair, or three Board members, by delivering notice to each Board member and to each local newspaper or general circulation, radio, or television station requesting such notice in writing, personally or by mail. Such notice must be delivered personally or by mail at least twenty-four (24) hours before the time of such meeting as specified in the notice. The call and notice shall specify the time and place of the special meeting and the business to be transacted. No other business shall be considered at special meetings. Such written notice may be dispensed with as to any Board member, who at, or prior to the time the meeting convenes, files with the Secretary a written waiver of notice. Such waiver may be given by telegram. Such written notice may also be dispensed with as to any member who is actually present at the meeting at the time it convenes.

**B. APPROVAL OF THE AGENDA**

**C. PUBLIC COMMENTS – ANNOUNCEMENT**

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public attending in-person need to fill-out a “Request to Speak” card and those attending by webinar need to raise your hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

**D. DISCUSSION ITEMS**

**D1. One to Three Year: Short-term priorities**

**1. Community Health & Wellness Center**

- a. Construction priorities
- b. Programming expectations

**2. Grants**

- a. MOU
- b. Funding priorities
- c. Funding percentage
- d. Review and evaluation processes

**D2. Three to Five Year: Mid-term priorities**

**1. Clinical Services**

- a. Urgent Care
- b. Tri-City/UCSD partnership
- c. Cardiac Rehabilitation

- 2. Role of FRHD Foundation
- D3. Five Year: Long term priorities
  - 1. On going evaluation of services/programs
- D4. Open Discussion
  - Programming considerations
    - AED/CPR Certification program for our grantees
    - Opioid Education and abuse prevention

**E. ADJOURNMENT**

**NOTE: I certify that on Wednesday, January 10, 2024, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 24 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.**



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Raquel Williams  
Executive Assistant / Board Clerk