

Organization Information

Legal Name

Community Health Systems, Inc.

DBA (if Applicable)

Fallbrook Family Health Center

Program Name/Title

SBHC BH Expanded Services Program

Brief Program Description

The vision of the School District is to provide health services to middle school children exhibiting social and/or behavioral deficits. CHSI's SBHC onsite at Potter JHS will provide essential behavioral health services through its clinicians which will develop trust among school personnel, educators, clinicians, and students to support their vision.

Funding Amount Awarded

30000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	7	2
Young Adults (13-17)	93	25
Adults (18-60)		
Seniors (60+)		
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

N/A

Target Population - Gender

	Percent of program participants
Female	85
Male	15
Non-binary	
Unknown*	

*Target Population - Gender

N/A

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	70
Very Low (50%) Income Limits, ceiling of \$53,500	15
Low (80%) Income Limits, ceiling of \$85,600	15
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

N/A

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

27

Program/Services Description - Social Determinants of Health

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program Goal & Objectives

Goal: By partnering with CHSI, the goal of the Fallbrook Union Elementary School District and Potter JHS, is to provide resources and community outreach in an expanded format on campus to raise awareness, reduce and/or eliminate stigmas, and provide transparent support for behavioral health... CHSI has demonstrated its commitment and capacity to serve the community by documenting a steady increase in utilization of services provided to underserved patients.

1. By the end of the program year, or June 30, 2024, CHSI will have expanded its SBHC services to five (5) days per week.

Q3 Update: This objective has been successfully implemented.

2. By the end of the program year, or June 30, 2024, CHSI will provide 100 visits to uninsured students from Potter JHS.

Q3 Update: CHSI updated this objective to reflect the award adjustment which covers 100 visits as opposed to 150 visits proposed in the original application. In Q3, CHSI provided 250 visits at the SBHC. Of those visits, 196 visits were provided to 27 uninsured/under-insured students who were eligible to use the available grant funds. Due to limited funds, 8 visits were covered with grant funds. CHSI will cover the remaining costs in-kind for those eligible. All grant funds have been exhausted as of quarter 3. In retrospect, grant funds covered 71 visits in Quarter 1, 21 visits in Quarter 2, and 8 visits in Quarter 3, totaling the approved budget for 100 visits.

Program Outcomes & Measurables

1. Currently, CHSI is providing behavioral health services at Potter JHS on a part-time basis at three (3) days per week, with projected expansion to full-time as demand progresses. Continued outreach and collaboration with CHSI's Community Relations team and the school district, combined with the on-site presence of behavioral health providers will increase awareness and education of the importance of mental/behavioral health support to students and their family members. CHSI's anticipated expansion to five (5) days per week will be determined by data evaluation through its practice management system (how many patients are scheduled, and the need for additional appointment slots).

Q3 Update: As stated in the previous section, this objective has been completed. Demand continues to progress at the SBHC and it continues to operate at 5 days per week. Total visits at the SBHC in quarter 3 (250) increased by approximately 73% versus quarter 2 (160). This increase reflects CHSI's presence on campus has continued to earn the trust of the students, faculty, parents, and community members, and is actively reducing stigma around behavioral health as more students seek help/return for additional services.

2. CHSI has estimated that approximately 50% of the SBHC's referrals to FFHC are patients who have health insurance coverage by plans not covered by FFHC. In order to maintain continuity of care and ensure that no patient is turned away, CHSI is proposing to cover the cost of 150 visits for students needing services, since there may be multiple visits needed for each individual.

Q3 Update: 8 visits have been covered for uninsured/under-insured students this quarter. This brings the total visits since the start of the program to 100 visits covered for uninsured or under-insured students seeking counseling/therapy at Potter SBHC. As stated previously, the number of visits covered by the grant has been updated to 100.

Anticipated Acknowledgment

Signage at Service Sites

Terms and Conditions

Accepted

Authorized Signature



Contact Information

Contact Name

Naureen Khan

Title

Director of Grants Management

Primary Contact Phone

(949)697-8814

Email Address

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Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



Potter BH Enrollment Flyer (6... .pdf

Acknowledgment of District Support



Potter BH Enrollment Flyer (6... .pdf

Impact Story



Quarter 3 Impact Story - Pott... .pdf

Impact Story



Quarter 3 Impact Story - Pott... .pdf

Program Budget



23_24 FRHD CHC Program B....xlsx

Quarter 3 Impact Story

Impact Story – Quarter 3: January – March 2024

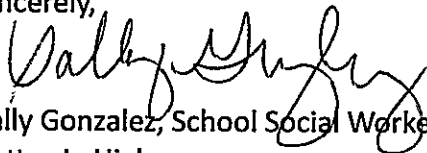
Below are two impact stories CHSI's Behavioral Health Care Coordinator collected. The first story is from a parent who responded to a form that was internally created to help outline how the program has made an impact on students' behavioral health. The second story is from Potter JHS' School Social Worker, reflecting on the impact of the increased access to behavioral health services via the SBHC and BH Expanded Services Program.

The parent of one of CHSI's patients at the Potter JHS School-Based Health Center (SBHC) has noted that the BH Expanded Services Program, made possible by the FRHD, has begun to impact the patient's behavioral health in a positive manner. This patient is a first-time therapy patient who started their journey at the SBHC. Since beginning therapy, the parent has expressed that they are starting to see a difference in the patients' behavioral concerns. The parent also noted that they are very grateful the patient is able to seek care at Potter JHS through the SBHC, particularly because the parent believes some of the challenges the patient has been dealing with originated at the school. The parent also revealed that cost of care was a factor in obtaining therapy for their child due to personal and economic factors such as going through a divorce and being unemployed. The patient's parent has been able to obtain access to care for their child in a timely manner in result of the available funds from this program, along with many other parents of patients who share similar experiences at the SBHC.

Dear CHSI Community Partners,

Having CHSI at Potter Jr. High has been an enormous support for our students. With rising mental health conditions, access to mental health services in the school setting is crucial, and CHSI has made that a possibility for our students. I want to thank you for the support and collaboration over the last two years. I look forward to our continued work together in support of our students.

Sincerely,

A handwritten signature in cursive script, appearing to read 'Sally Gonzalez', written in black ink.

Sally Gonzalez, School Social Worker
Potter Jr. High



Potter Junior High School Behavioral Health Center

We're Accepting New Patients!

Most Common Visits:

- Depression
- Anxiety
- Stress
- Anger
- Coping Strategies
- Loss and Grief
- Trauma

We Accept Most Health Insurances

- Medi-Cal
- Private Insurance
- HMOs
- PPOs

Sliding-Fee Program Available to All

- Services at discounted rates are provided to those who qualify.
- Based on family size and income only.
- A nominal fee applies.

Contact Us:



(760) 451-4741



www.chsica.org





Centro de Salud Mental de Potter Junior High School

¡Estamos Aceptando Nuevos Pacientes!

Visitas Más Comunes:

- Depresión
- Ansiedad
- Estrés
- Enojo
- Estrategias de Afrontamiento
- Pérdida y Duelo
- Trauma

Aceptamos la Mayoría de los Seguros de Salud

- Medi-Cal
- Aseguranza Privada
- HMOs
- PPOs

Escala de Descuento Disponible para Todos

- El descuento se proporciona a quienes califican
- Basado al tamaño de la familia e ingreso
- Tarifa nominal aplica

Contáctenos



(760) 451-4741



www.chsica.org

Fallbrook Regional
HEALTH  DISTRICT

Agency Name:

Community Health Systems, Inc.

PROGRAM NAME:

SBHC BH Expanded Services Program

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$9,320.00	\$0.00	\$0.00			
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$298,003.00	\$0.00	\$0.00			
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$30,855.00	\$30,000.00	\$7,500.00			
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$338,178.00	\$0.09	\$7,500.00	\$0.00	\$0.00	\$0.00

Total funds expended to date: **\$7,500.00**