

## Organization Information

### Legal Name

Fallbrook Healthcare Foundation Inc

### DBA (if Applicable)

Foundation for Senior Care

## Program Name/Title

Door through Door Hospital to Home (Without Going Back)

## Brief Program Description

The Door through Door program provides critical support to hospitalized seniors, helping to ensure appropriate care and resources are available post-discharge, enabling the greatest opportunity for a full, safe recovery.

## Funding Amount Awarded

11000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	4	1
Seniors (60+)	89	25
We do not collect this data (indicate with 100%)*	7	2

## Target Population not collected - Age

We were unable to collect this information when the client declines to answer.

## Target Population - Gender

	Percent of program participants
Female	12
Male	16
Non-binary	
Unknown*	

## \*Target Population - Gender

NA

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	60
Very Low (50%) Income Limits, ceiling of \$53,500	35
Low (80%) Income Limits, ceiling of \$85,600	5
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

NA

### Actual number of residents that directly benefited (participant/client) from this program during this quarter.

28

### Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

### Program Goal & Objectives

The goal of Door through Door program is to provide timely and appropriate interventions for referred clients, to improve their safety and access to quality care, and to reduce the likelihood of hospital readmission.

The objectives are the following:

- 1) Connect with at least 115 older adults who are or have been recently hospitalized, to provide resources and support to improve their safety and well-being.
- 2) Actively provide interventions, referrals, and/or education services for at least 70% of referred clients. (Note that some referred clients refuse help or do not survive the hospital stay.)
- 3) Through our interventions, 90% of those clients whom we actively engage with will not be readmitted

within 30 days due to preventable conditions.

4) Successfully prevent wrongful or unsafe discharge from a healthcare facility in at least 40% of such identified cases.

### **Program Outcomes & Measurables**

In the past quarter, our advocates have assisted 28 clients through the door-to-door program by providing them with 69 individual activities. These interactions have allowed us to identify and prevent 4 unsafe hospital discharges and take appropriate action.

### **Anticipated Acknowledgment**

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

### **Terms and Conditions**

Accepted

### **Authorized Signature**



## Contact Information

### Contact Name

Perla Hurtado

### Title

Interim Executive Director

### Primary Contact Phone

7607237570

### Email Address

phurtado@foundationforseniorcare.org

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

### Acknowledgment of District Support



FRHD Acknowledgements ... .docx

### Impact Story



Door Through Door Impact ... .docx

### Program Budget



23\_24 FRHD CHC Grant - FF... .xlsx

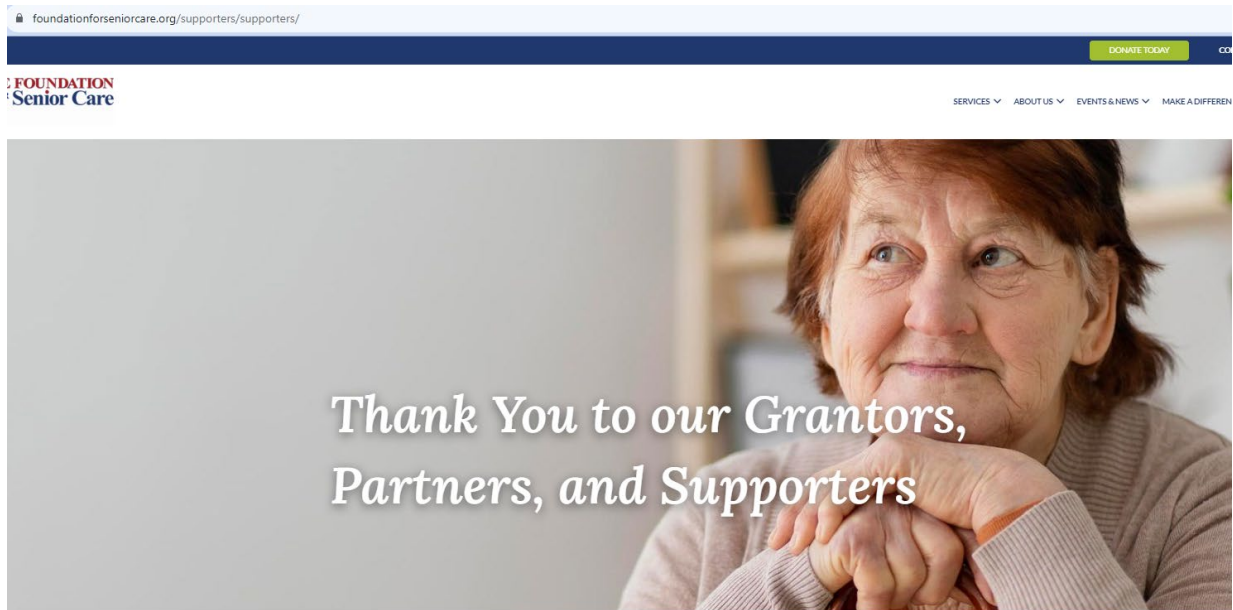
### Door Through Door Impact Story

A desperate daughter looking for help for her father called our advocates. Alicia Perez stated that her father, Carlos, recently had a stroke and was admitted to the hospital. The family spoke very little English and could not communicate with the nurses about her father's discharge plans. She was concerned that the hospital would discharge her father from the hospital unsafely. Her father lives alone, and because of the physical limitations that the stroke-induced, he is unable to care for himself.

Upon request, the advocates stepped in and were able to get a proper translator assigned to Mr. Perez's case at the hospital. This allowed the family to effectively communicate their concerns. Additionally, the advocates connected the family with resources through their insurance company so that Mr. Perez could have proper care at home, coordinating caregiver services, and proper durable medical equipment in the home for safety and well-being.

# FRHD Acknowledgements

## Website:



## Grantors and Foundations



### iPhone and iPad (4 Sessions)

**Course description:** This workshop consists of 4 loosely-structured workshops covering the basic functions of the iPad and iPhone. The workshop will provide hands-on training and support for students with differing experience levels.

- Workshop I: How to communicate with family and friends through the phone, email, Contacts, and messaging
- Workshop II: Using the Safari web browser, Maps, Calendar and managing applications
- Workshop III: Taking, editing, and sharing photos and videos
- Workshop IV: Using the basic functions of iCloud, Control Center, Notifications, Find My Friends, Find My iPhone, Emergency SOS, and Siri will also explore other applications based on student interest.

This workshop will be a 4-part series over 4 weeks.

**Note:** This class is NOT for Samsung, Huawei, Google, Nokia, or any Android phone.

**What to bring to class:** The device you will be using, your iPhone or iPad charger, and your APPLE ID and APPLE PASSWORD.

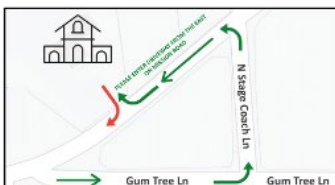
**Instructors:** Bob Cebulak, Len Twibough and Dan Wiley

This 4-part workshop will be taking place over 4 weeks on Wednesdays – July 25, August 2, August 9, and August 16 from 9:00 AM to 11:00 AM.

Special thanks to the Fallbrook Regional Health District Community Health & Wellness Center for the use of their facility and their ongoing support.



Here is a map to help you enter the event location.





## Email Signature



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**FOUNDATION FOR SENIOR CARE** • *Committed to the wellbeing of older adults*  
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Programming supported by **Fallbrook Regional**  
HEALTH DISTRICT

## Social Media







Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Door Through Door**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	<b>\$7,723.31</b>	<b>\$0.00</b>	<b>\$105.00</b>			
B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL PERSONNEL EXPENSE	<b>\$26,132.93</b>	<b>\$10,400.00</b>	<b>\$437.00</b>				
C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4	
	TOTAL OTHER EXPENSES	<b>\$3,106.00</b>	<b>\$600.00</b>	<b>\$603.00</b>				
D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4	
		<b>\$36,962.24</b>	<b>\$0.30</b>	<b>\$1,145.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	

Total funds expended to date: **\$1,145.00**