Organization Information

Legal Name

Fallbrook Food Pantry

DBA (if Applicable)

n/a

Program Name/Title

ALLEVIATING HUNGER IN GREATER FALLBROOK

Brief Program Description

Food insecurity in Fallbrook and San Diego County is a complex issue resulting from poverty, inflation, lack of affordable housing, low wages, racial inequities, lack of access to affordable nutritious food, health problems, and high medical costs.

Healthy food is expensive, making it especially challenging for the 20% of low-income Fallbrook area households who worry about making ends meet each month. Food insecure families are often forced to decide between basic needs like housing or transportation or buying healthy food.

Funding Amount Awarded

75000

Target Population - Age

	Percent of program participants	Estimated number of participants		
Children (infants to 12)	30	1247		
Young Adults (13-17)	10	416		
Adults (18-60)	38	1580		
Seniors (60+)	22	915		
We do not collect this data (indicate with 100%)*				

Target Population not collected - Age

N/A

Target Population - Gender

	Percent of program participants		
Female	80		
Male	20		
Non-binary			
Unknown*			

*Target Population - Gender

We serve everyone of all ages who qualify for food assistance. Age is not a factor for us.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	100
Very Low (50%) Income Limits, ceiling of \$53,500	
Low (80%) Income Limits, ceiling of \$85,600	
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

We collect data regarding all clients income. Our policy is to follow the Federal Guidelines of Poverty for income qualification.

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

4157

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Program Goal & Objectives

Addressing hunger is an unfortunate reality in our community and the Fallbrook Food Pantry's goal is to help alleviate this issue, to the best of our abilities.

We will provide each individual in need with a minimum of 10-12 pounds of food, per person, every week.

Program Outcomes & Measurables

To evaluate that we reach the intended outcome of providing 6.500 people in our community, we will track the number of visits and the amount and type of food distributed across all our programs. Each FFP client receives a card to monitor each time they visit the pantry. This allows us to track how much and what type of food is distributed as well as program participants.

Every week we create a different menu, which is designed to provide each person in the household with adequate nutrition (protein, grains, fruit, vegetables, dairy). We track everyone's weekly visits through our CRM software OASIS. Here we are able to extract reports that focus on specific demographics like age, gender, ethnicity, family size, income, number of visits, etc.

Anticipated Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

Contact Information

Contact Name

Shae Gawlak

Title

CEO

Primary Contact Phone

949-235-3539

Email Address

director@fallbrookfoodpantry.org

Writing Instructions:

What language(s) does this program accommodate:

English

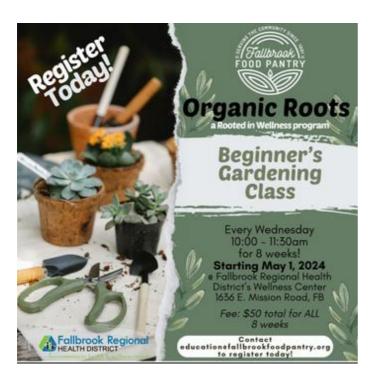
Spanish

Tagalog

Acknowledgment of District Support



Acknowledgment of District Support



Impact Story



PANTRY IMPACT STORY.pdf

Impact Story



PANTRY IMPACT STORY.pdf



These are just a few of the faces that we serve every day at the Fallbrook Food Pantry. Our clients depend on us for one of their basic rights, access to food. We take great pride in being able to provide healthy food options to our community in need, and it's because of our partnership with the Fallbrook Regional Health District that allows us to keep fresh daily produce on our shelves. Each client that comes to the Pantry, not only is experiencing food insecurity, but they also struggle with other basic needs, and the relationships we have cultivated for over 30 years has given us the ability to support them with other resources, such as nutrition education and life skills training.

THANK YOU FRHD FOR YOUR CONTINUED SUPPORT OF OUR COMMUNITY IN NEED!

Our Generous Donors, Sponsors, and Grantors

Financial support from grants, businesses, churches, individuals and service organizations provide the necessary funds needed to maintain our extensive programs, for both the Pantry and Learning Center, and it's because of the generosity of a community filled with caring people and partners, that our organization can support the ever-expanding needs of our underserved friends and neighbors.



"As we express our gratitude, we must never forget that the highest appreciation is not to utter the words, but to live by them." - JFK





FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

FALLBROOK FOOD PANTRY PROGRAM NAME: ALLEVIATING HUNGER

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	Α	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$224,500.00	\$0.00				
	В	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$249,500.00	\$35,000.00	\$8,750.00	\$8,750.00	\$8,750.00	
•	С	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$123,000.00	\$40,000.00	\$10,000.00	\$10,000.00	\$10,000.00	
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
•			\$597,000.00	\$0.13	\$18,750.00	\$18,750.00	\$18,750.00	\$0.00

Total funds expended to date: \$56,250.00