

LET'S TALK ABOUT...

COMMUNITY MENTAL HEALTH NEEDS

Tuesday, November 7, 2023 | 4:30 - 6:30 PM

SCAN HERE TO REGISTER!



<https://www.fallbrookhealth.org/2023-11-07-let-s-talk-about-community-mental-health-needs>

JOIN US TO SHARE:

- The most important issues for you and your community when it comes to mental health or substance use
- Programs, services, or activities to provide support and help address challenges for your community

FEATURED PARTNER:



Fallbrook Regional HEALTH DISTRICT

CAN'T MAKE IT? SHARE YOUR THOUGHTS WITH US!



https://ucsd.co1.qualtrics.com/jfe/form/SV_cvxAsz38YDAufae

What you share will be included in a set of recommendations developed for the County of San Diego Behavioral Health Services to better address mental health and substance use challenges faced by the community members throughout the County.

Disability-related accommodations necessary to facilitate meeting participation, language interpretation, including American Sign Language, and written materials in alternative languages and formats are available upon request. Please submit your request at least 72 hours in advance to Engage.BHS@sdcounty.ca.gov or by calling (619) 518-4853.

"Let's Talk About..." Community Events encourage people to talk openly about behavioral health topics, challenges, and needs, promote local organizations and related resources, and aim to reduce stigma through community conversation.

WHERE?

Fallbrook Regional Health District
Community Health & Wellness Center
1636 E. Mission Rd, Fallbrook, CA 92028



Questions? Email Erica.Calderon-Vargas@sdcounty.ca.gov



Up2SD.org

UC San Diego Health



HABLEMOS DE...

NECESIDADES DE SALUD MENTAL EN LA COMUNIDAD

Martes, 7 de noviembre de 2023 | 4:30 - 6:30 PM

**¡ESCANEE AQUÍ
PARA
REGISTRARSE!**



<https://www.fallbrookhealth.org/2023-11-07-let-s-talk-about-community-mental-health-needs>

ÚNASE PARA COMPARTIR:

- Los temas comunitarios de mayor importancia cuando se habla de salud mental y consumo de sustancias.
- Sugerencias e ideas de programas, actividades y servicios para apoyar a la comunidad.

**SOCIO
DESTACADO:**



**Fallbrook Regional
HEALTH DISTRICT**

**¿NO PUEDE ASISTIR?
¡COMPARTA SUS IDEAS CON NOSOTROS!**
ESCANEE AQUÍ



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DOMICILIO

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Sus comentarios crearán recomendaciones para los Servicios de Salud Conductual del Condado de San Diego para apoyar a los miembros de la comunidad cuando enfrentan desafíos de salud mental y uso de sustancias.

Previa solicitud, se facilitarán las adaptaciones necesarias relacionadas con la discapacidad para facilitar la participación en la reunión, la interpretación de idiomas, incluido el lenguaje de signos americano, y materiales escritos en idiomas y formatos alternativos. Envíe su solicitud con al menos 72 horas en anticipado a Engage.BHS@sdcounty.ca.gov o llamando al (619) 518-4853.

¿Preguntas? Erica.Calderon-Vargas@sdcounty.ca.gov



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**Fallbrook Regional
HEALTH DISTRICT**

"Hablemos de..." Esta serie de eventos comunitarios animan e inspiran a las personas a hablar abiertamente sobre temas, desafíos y necesidades de salud conductual, promover organizaciones locales y recursos relacionados para reducir el estigma a través de la conversación comunitaria.