

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior Care Advocacy

Brief Program Description

Our Senior Care Advocacy program ensures that seniors and disabled adults can access local resources and national entitlements to manage their healthcare safely, maximize their independence, and enjoy an enriched quality of life. We seek to remove obstacles, educate, connect to needed resources, and provide hands-on support and guidance.

Funding Amount Awarded

47000

Target Population - Age

	Percent of program participants for the full grant cycle	Total number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	4	12
Seniors (60+)	96	264
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Final percent of program participants
Female	62
Male	35
Non-binary	
Unknown*	3

*Target Population - Gender

We receive calls requestin referrals and/or resources and sometimes clients decline to provide this information.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	59
Very Low (50%) Income Limits, ceiling of \$53,500	39
Low (80%) Income Limits, ceiling of \$85,600	2
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

Ensure that seniors and disabled adults in need of caregiving, resource provision, nutrition, transportation, housing intervention, mental health support, or other age-related in-place services are supported through hands-on assistance, or through referrals to trusted, vetted resources so that they may live independently and safely as long as possible. When necessary, act as a Case Manager to coordinate care for those with complex health or living conditions, setting goals to stabilize their situation for optimal mental, physical, and social well-being.

Obj 1: Support 1,000 seniors and/or disabled adults with our Care Advocate services to address needs and overcome obstacles during the FRHD fiscal year.

Obj 2: Visit with at least 300 seniors or disabled clients at home or healthcare facilities, assess their unmet needs, evaluate health and home safety, and take action steps to address those needs during the FRHD fiscal year.

Obj 3: Act as a Case Manager for 70 clients with complex health or living needs, creating a plan of action and regular visits and follow-ups during the FRHD fiscal year, intending to stabilize their situations with a positive outcome.

Obj 4: Discuss mental health wellbeing with at least 100 individuals, referring at least 50% to mental health providers during the FRHD fiscal year.

Program Outcomes & Measurables

During this quarter, our Senior Care Advocates made significant strides in achieving our program goals and objectives, positively impacting the lives of individuals in our community:

Objective 1: Supporting Seniors and Disabled Adults

- Outcome: 276 individuals received support, gaining access to local resources and national entitlements through our Care Advocate services.

- Progress: Achieved 122% of our goal for the fiscal year.

Objective 2: Ensuring Health and Safety

- Outcome: 76 clients were visited at home or healthcare facilities to assess needs, evaluate health, and enhance home safety.

- Progress: Achieved 169% of our target, reflecting a growing need for our Advocate services.

Objective 3: Case Management for Complex Needs

- Outcome: 52 clients received comprehensive case management, including action plans and regular follow-ups to stabilize their health and living situations.

- Progress: Exceeded our annual goal of 70 clients supported, reaching 291% of our target.

Objective 4: Promoting Mental Health Wellbeing

- Outcome: Engaged in mental health discussions with 16 individuals, of which 12 were referred to mental health providers.

- Progress: Achieved 52% of the annual goal. The 91% referral rate exceeds the 50% target.

Our program's impact underscores our commitment to addressing the diverse needs of seniors and disabled adults in our community. By exceeding targets in home visits, case management, and mental health referrals, we are making tangible strides toward enhancing well-being and independence.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Other

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, consisting of a stylized, cursive script.

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) did this program accommodate:

English

Spanish

Acknowledgment of District Support



FRHD 23-24Q4_acknowledge... .pdf

Impact Story



FRHD 23-24 Q4_Impact Story.pdf

Impact Story



FRHD 23-24 Q4_Impact Story.pdf

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

Actual number of residents that directly benefited (participant/client) from this program during the entire grant cycle.

276

FRHD 23-24 Q4 Report

Acknowledgements

Website

Grantors and Foundations



Elizabeth Wilson
Endowment

C. Mitchell
Endowment

David T. and Dorris E. Staples
Foundation

Samuel H. French and
Katherine Weaver French Fund

Email Signature



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FOUNDATION FOR SENIOR CARE • *Committed to the wellbeing of older adults*

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Programming supported by **Fallbrook Regional**
HEALTH DISTRICT

FRHD 23-24 Q4 Grant Report

Impact Story

Martha is an 82-year-old resident of our community who was struggling with health issues, social isolation, and financial instability. When she reached out to our Senior Care Advocacy program, our Care Advocate stepped in to help.

The Care Advocate connected Martha to local resources and national entitlements, securing the financial assistance she needed. Home visits ensured Martha's living conditions were safe, and a personalized action plan stabilized her health. The Care Advocate also referred Martha to a mental health provider, addressing her loneliness and depression.

Over the past quarter, we supported 276 individuals like Martha, achieving 122% of our annual goal. We completed 169% of our home visit target and exceeded our case management goal by 291%. Our mental health efforts led to a 91% referral rate.

All of this was made possible through district funding, which has been instrumental in enabling us to provide comprehensive support to seniors and disabled adults.

Martha's journey from feeling overwhelmed to becoming healthier, safer, and more hopeful reflects the profound impact of our program, demonstrating our commitment to enhancing the well-being and independence of seniors and disabled adults in our community.

Agency Name: **Foundation for Senior Care** PROGRAM NAME: **Senior Care Advocacy**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$47,665.78	\$0.00	\$2,308.00	\$11,917.00	\$11,917.00	\$11,917.00
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$150,452.71	\$42,100.00	\$18,597.00	\$10,525.00	\$10,525.00	\$2,453.00
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$18,200.00	\$4,900.00	\$2,246.00	\$1,225.00	\$1,225.00	\$204.00
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$216,318.50	\$0.22	\$23,151.00	\$23,667.00	\$23,667.00	\$14,574.00

Total funds expended to date: **\$85,059.00**