Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Adult Day Care Program

Brief Program Description

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

Funding Amount Awarded

32000

Target Population - Age

	Percent of program participants for the full grant cycle	Total number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	2	1
Seniors (60+)	98	63
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Final percent of program participants			
Female	67			
Male	33			
Non-binary				
Unknown*				

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants				
Extremely Low-Income Limits, ceiling of \$32,100	5				
Very Low (50%) Income Limits, ceiling of \$53,500	16				
Low (80%) Income Limits, ceiling of \$85,600	37				
Higher Than Listed Limits	42				
We do not collect this data (indicate with 100%)*					

*Target Population - Income Level

NA

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

The program addresses specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

Program Outcomes & Measurables

The Adult Day Care program served 33 clients during this reporting period, providing a total of 606 days of service. Among these 33 clients, three low-income seniors were provided with a scholarship made possible by FRHD grant funding. Their attendance accounted for 33 of the 606 total days of service this quarter. By participating in our program, 33 families were able to take a break while their loved ones received care. During this cycle, three support sessions were provided through the Caregiver Support Group.

Anticipated Acknowledgment

Terms and Conditions

Accepted

Authorized Signature



Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) did this program accommodate:

English

Spanish

Chinese (Mandarin/Cantonese)

Acknowledgment of District Support



FRHD 23-24 Q4_Acknow_ADC.pdf

Impact Story



FRHD 23-24 Q4_Impact Story....pdf

Impact Story



FRHD 23-24 Q4_Impact Story....pdf

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

Actual number of residents that directly benefited (participant/client) from this program during the entire grant cycle.

FRHD Grant Report_ADC

Acknowledgements

Email Signature



Office: 760-723-0890 • Mobile: 951-230-3593 • Fax: 760-723-0358

Email: dbadgley@foundationforseniorcare.org

FOUNDATION FOR SENIOR CARE • Committed to the wellbeing of older adults

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Programming supported by Fallbrook Regional HEALTH DISTRICT

Printed Material



Foundation for Senior Care 501(c)(3) Tax ID # 95-3389263 Fallbrook Adult Day Care Lic. # 374601769

Scholarship Application for The Club

The Foundation for Senior Care is a nonprofit organization that seeks grants and donations to support our programs. Our grant funder, the Fallbrook Regional Health District, has asked that we gather data on those to whom we provide services. Without this information we may not be able to continue to offer services. Additionally, we may send out surveys about the client's health, wellness, and other lifestyle indicators. All data is combined and completely anonymous. Scholarships are only available to residents of Fallbrook, Bonsall, Rainbow & De Luz. Thank you for your understanding and for sharing this information with us.

Email Marketing

THANK YOU TO OUR GRANTORS, FOUNDATIONS AND ENDOWMENTS

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and ou efforts on behalf of older adults.









FRHD 23-24 Q4 Grant Report

Impact Story

Doris recently joined our Adult Day Care Program. Thanks to the generous grant funding from FRHD, Doris received a scholarship, allowing her to participate in the program and receive the care and social interaction she desperately needed.

During this reporting period, our program served 33 clients, providing a total of 606 days of service. Doris, along with two other low-income seniors, benefited from the scholarships, which accounted for 33 of those days. This support enabled Doris to engage in activities, receive personalized care, and connect with peers, significantly improving her quality of life.

For her daughter, Lisa, the program offered essential respite. Knowing Doris was in a safe and nurturing environment, Lisa could balance her caregiving duties and personal responsibilities more effectively. She also found solace in our Caregiver Support Group, which held three support sessions this quarter, providing her with emotional support and practical advice.

Doris's story highlights the profound impact of our Adult Day Care program, made possible through FRHD grant funding. By offering comprehensive care and social interaction for seniors, and vital respite for caregivers, we enhance the well-being and quality of life for families in our community.



FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name: Foundation for Senior Care

\$290,982.34

PROGRAM NAME: Adult Day Care Program

\$8,000.00

\$0.00

\$8,000.00

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	Α	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
_		TOTAL INDIRECT EXPENSE	\$61,584.99	\$0.00	\$18,044.00	\$0.00	\$0.00	\$0.00
	В	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
<u>-</u>		TOTAL PERSONNEL EXPENSE	\$193,973.35	\$28,000.00	\$30,438.00	\$7,000.00	\$7,000.00	\$0.00
	С	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
_		TOTAL OTHER EXPENSES	\$35,424.00	\$4,000.00	\$8,928.00	\$1,000.00	\$1,000.00	\$0.00
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	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4

\$0.11

\$57,410.00

Total funds expended to date: \$73,410.00