## **Organization Information**

#### **Legal Name**

Fallbrook Healthcare Foundation Inc

## **DBA** (if Applicable)

Foundation for Senior Care

## **Program Name/Title**

Adult Day Care Program

## **Brief Program Description**

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

## **Funding Amount Awarded**

32000

## **Target Population - Age**

|                                                   | Percent of program participants | Estimated number of participants |
|---------------------------------------------------|---------------------------------|----------------------------------|
| Children (infants to 12)                          |                                 |                                  |
| Young Adults (13-17)                              |                                 |                                  |
| Adults (18-60)                                    | 3                               | 1                                |
| Seniors (60+)                                     | 97                              | 30                               |
| We do not collect this data (indicate with 100%)* |                                 |                                  |

## **Target Population not collected - Age**

NA

## **Target Population - Gender**

|            | Percent of program participants |  |  |  |
|------------|---------------------------------|--|--|--|
| Female     | 61                              |  |  |  |
| Male       | 39                              |  |  |  |
| Non-binary |                                 |  |  |  |
| Unknown*   |                                 |  |  |  |

## \*Target Population - Gender

NA

#### **Target Population - Income Level**

|                                                   | Percent of program participants |  |  |  |  |
|---------------------------------------------------|---------------------------------|--|--|--|--|
| Extremely Low-Income Limits, ceiling of \$32,100  | 6                               |  |  |  |  |
| Very Low (50%) Income Limits, ceiling of \$53,500 | 16                              |  |  |  |  |
| Low (80%) Income Limits, ceiling of \$85,600      | 36                              |  |  |  |  |
| Higher Than Listed Limits                         | 42                              |  |  |  |  |
| We do not collect this data (indicate with 100%)* |                                 |  |  |  |  |

#### \*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

62

## **Program/Services Description - Social Determinants of Health**

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

#### **Program Goal & Objectives**

The program addresses specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

#### **Program Outcomes & Measurables**

The Adult Day Care program served 31 clients during this reporting period, providing a total of 562 days of service. This is an increase of 6 clients and 40 days of service from the previous quarter. Among these 31 clients, two low-income seniors were provided with a scholarship made possible by FRHD grant funding. Their attendance accounted for 27 of the 562 total days of service this quarter. By participating in our program, 31 families were able to take a break while their loved ones received care. During this cycle, three support sessions were provided through the Caregiver Support Group.

#### **Anticipated Acknowledgment**

Social Media Postings Print Materials to Service Recipients Website Display Other

#### **Terms and Conditions**

Accepted

# **Authorized Signature**



#### **Contact Information**

#### **Contact Name**

Perla Hurtado

#### **Title**

**Executive Director** 

#### **Primary Contact Phone**

760-723-7570

#### **Email Address**

phurtado@foundationforseniorcare.org

# **Writing Instructions:**

# What language(s) does this program accommodate:

English

Spanish

Chinese (Mandarin/Cantonese)

## **Acknowledgment of District Support**



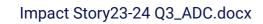
FRHD Acknowledgements .... .docx

## **Acknowledgment of District Support**



FRHD Acknowledgements ..... .docx

Impact Story 4





# **Impact Story**



Impact Story23-24 Q3\_ADC.docx

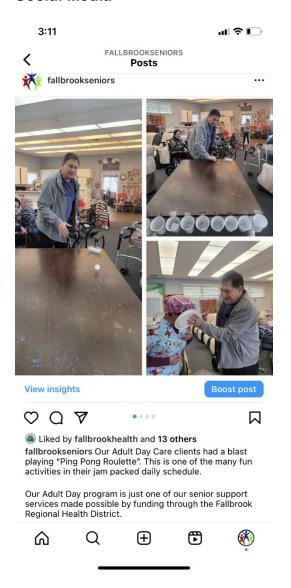
# **Program Budget**



23\_24 FRHD CHC Grant - FF... .xlsx

## FRHD Acknowledgements 23-24 Q3

## **Social Media**



#### 2023 Annual Report

#### **Grantors, Foundations and Endowments**

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.





















#### 2024 March Impact Email

#### THANK YOU TO OUR GRANTORS, FOUNDATIONS AND ENDOWMENTS









Please donate today.

EVEN BETTER – SET UP A RECURRING, MONTHLY CONTRIBUTION!

No matter the size, your generosity will have an immediate impact on the life of an older adult.

Together we can make a difference!

HOURS OF OPERATION

Monday through Friday - General: 8:00am to 5:00pm - Adult Day Center: 9:00am to 4:00pm

#### **Impact Story**

The Fallbrook Adult Day Care, affectionately known as The Club, offers a haven for those living with dementia, thanks to the generous funding from the Fallbrook Regional Health District.

Meet Sarah, whose life was touched by dementia. At The Club, Sarah found a warm and nurturing environment, tailored activities, and compassionate staff. From music therapy to sensory experiences, Sarah discovered moments of joy and connection. For Sarah's family, The Club provides a peace of mind.

Thanks to the Fallbrook Regional Health District's support, Sarah's journey with dementia is filled with brighter days and meaningful interactions.





#### FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name: PROGRAM NAME: Adult Day Care Program Foundation for Senior Care

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

| 1) | Α | INDIRECT EXPENSES:                    | PROGRAM COST | REQUESTED<br>FROM FRHD | AMOUNT<br>USED Q1  | AMOUNT<br>USED Q2  | AMOUNT<br>USED Q3  | AMOUNT<br>USED Q4  |
|----|---|---------------------------------------|--------------|------------------------|--------------------|--------------------|--------------------|--------------------|
| _  |   | TOTAL INDIRECT EXPENSE                | \$61,584.99  | \$0.00                 | \$18,044.00        |                    |                    |                    |
|    | В | PERSONNEL EXPENSES - PROGRAM SPECIFIC | PROGRAM COST | REQUESTED<br>FROM FRHD | AMOUNT<br>USED Q1  | AMOUNT<br>USED Q2  | AMOUNT<br>USED Q3  | AMOUNT<br>USED Q4  |
| _  |   | TOTAL PERSONNEL EXPENSE               | \$193,973.35 | \$28,000.00            | \$30,438.00        |                    |                    |                    |
|    | С | DIRECT PROGRAM EXPENSES               | PROGRAM COST | REQUESTED<br>FROM FRHD | AMOUNT<br>USED Q1  | AMOUNT<br>USED Q2  | AMOUNT<br>USED Q3  | AMOUNT<br>USED Q4  |
| _  |   | TOTAL OTHER EXPENSES                  | \$35,424.00  | \$4,000.00             | \$8,928.00         |                    |                    |                    |
| _  |   |                                       |              |                        |                    |                    |                    |                    |
|    | D | TOTALS                                | PROGRAM COST | FRHD Funds<br>Awarded  | Total Amount<br>Q1 | Total Amount<br>Q2 | Total Amount<br>Q3 | Total Amount<br>Q4 |

\$0.11

\$57,410.00

\$0.00

\$0.00

\$0.00

Total funds expended to date: \$57,410.00

\$290,982.34