

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior Care Services

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

To date, our programs have made a significant impact on seniors and disabled adults in the Fallbrook Regional Health District. Throughout the first and second quarters, the Transportation Program provided a total of 2,787 local rides, 168 out-of-town medical trips, and 70 wheelchair-accessible rides, exceeding our mid mark goals for local rides and medical trips. We also enrolled 13 low-income seniors in the Traveler's Aid program, working toward our annual target of 40 participants.

The Adult Day Care Program delivered 1,333 days of care and provided 151 scholarship days to low-income families. Respite was provided to 53 caregivers, exceeding our goal of 45 caregivers, and we conducted six caregiver support sessions, helping to address the needs of both seniors and their families.

In the Senior Care Advocacy Program, we supported 707 clients, exceeding our mid mark goal of 500 clients. We conducted 113 home or healthcare visits, surpassing our target of 75. Intensive case management was provided to 79 individuals with complex needs, and mental health concerns were addressed for 42 clients, with 90% referred to mental health services, meeting our annual referral target.

The Door-Through-Door Program reached 43 recently hospitalized clients, successfully preventing readmissions for all within 30 days and intervening in 100% of identified unsafe discharge cases, exceeding our annual targets for both engagement and outcomes.

These cumulative results highlight the continued success of our programs in providing essential services, enhancing the quality of life, and supporting the well-being of seniors in the community.

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	9	40
Seniors (60+)	91	408
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	61
Male	35
Non-binary	
Unknown*	4

*Target Population - Gender

Individual may decline to provide this information.

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	32
Very Low (50%) Income Limits, ceiling of \$53,500	40
Low (80%) Income Limits, ceiling of \$85,600	18
Higher Than Listed Limits	10
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Projected number of residents that will directly benefit (participant/client) from this program.

448

Social Determinants of Health (SDOH)

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal

Our programs support seniors and disabled adults in the greater Fallbrook area, enabling them to lead fulfilling lives. Transportation Program: We offer affordable, accessible, and wheelchair-friendly transportation, breaking down barriers to vital services, medical appointments, and community activities. By alleviating transportation stress, we empower individuals to stay connected and maintain their independence. Senior Care Advocacy Program: We provide essential assistance through information,

referrals, case management, and hands-on support, advocating for the needs of seniors and adults with disabilities to achieve positive outcomes. Adult Day Care Program: Our welcoming environment is a safe space for individuals facing cognitive challenges. We focus on socialization, physical and cognitive activities, and compassionate care while providing respite for caregivers, ensuring they have peace of mind.

Collectively, these programs create a robust support network that addresses the diverse needs of our community, promoting independence and enhancing the quality of life for seniors and adults with disabilities.

Anticipated Acknowledgment

Anticipated Acknowledgment

Social Media Postings

Website Display

Other

Eligibility Check

You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.

Organization Information

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Organization Physical Address

135 S Mission Rd
Fallbrook, CA, 92028

Writing Instructions:

Program Information

What language(s) can this program accommodate:

English

Spanish

What demographic group does this program predominately serve:

Older Adults

Program Objectives & Measurable Outcomes

The overarching goal of our programs is to enhance the quality of life for seniors and adults with disabilities by providing accessible and impactful services that promote independence, health, and well-being. Each program's objectives are designed to achieve this goal through specific, measurable activities, with outcomes assessed based on both quantitative and qualitative data.

The Transportation Program aims to provide affordable and accessible transportation to ensure clients can access essential services, medical appointments, and social activities. The program's goals for the year include providing 4,800 local rides, 300 out-of-town medical trips, and 250 wheelchair-accessible rides, as well as enrolling 40 low-income seniors into the Travelers Aid program. The success of this program will be measured by tracking ride utilization, program enrollment, and client feedback regarding service satisfaction. The outcomes will help assess the program's effectiveness in reducing isolation and improving healthcare access for seniors and adults with disabilities.

The Adult Day Care Program offers a safe and stimulating environment for seniors with cognitive and physical challenges, providing respite for caregivers. The program aims to deliver 2,100 days of care, offer 300 scholarship days, support 45 informal caregivers, and increase caregiver support sessions by 50%. Success will be measured through attendance records, scholarship utilization, caregiver participation in support groups, and feedback from both clients and caregivers. These metrics will provide insights into the program's effectiveness in enhancing participants' well-being and reducing caregiver burden.

The Senior Care Advocacy Program is designed to help seniors navigate complex healthcare, housing, and mental health resources. The program aims to assist 1,000 clients, conduct 300 home or healthcare visits, manage 70 complex cases, and address mental health concerns for 100 clients, referring 60% for further support. Success will be tracked using case files, referral outcomes, and client satisfaction surveys, allowing us to evaluate the program's impact on improving access to essential services for seniors and adults with disabilities.


Finally, the Door-Through-Door Program aims to prevent hospital readmissions and ensure safe transitions to post-discharge care. The program's objectives include engaging 115 seniors annually, providing interventions for 70% of them, and preventing readmissions in 90% of the cases. Success will be measured by tracking client engagement, intervention effectiveness, and readmission rates. These outcomes will provide a clear picture of the program's success in improving post-discharge health outcomes and supporting seniors in their transition from hospital to home.

Each program is monitored quarterly to ensure that objectives align with community needs, and cumulative metrics will be reported to assess long-

term impact. Feedback from clients and caregivers will be used to refine services and ensure our interventions remain effective and responsive to the challenges faced by our community.

Financial Reporting & Budget

Program Budget

 24_25 FRHD CHC Program Budget F... .xlsx

FRHD 24-25 Q2 Acknowledgement



Melanie Bonenfant • Referral and Support Advocate

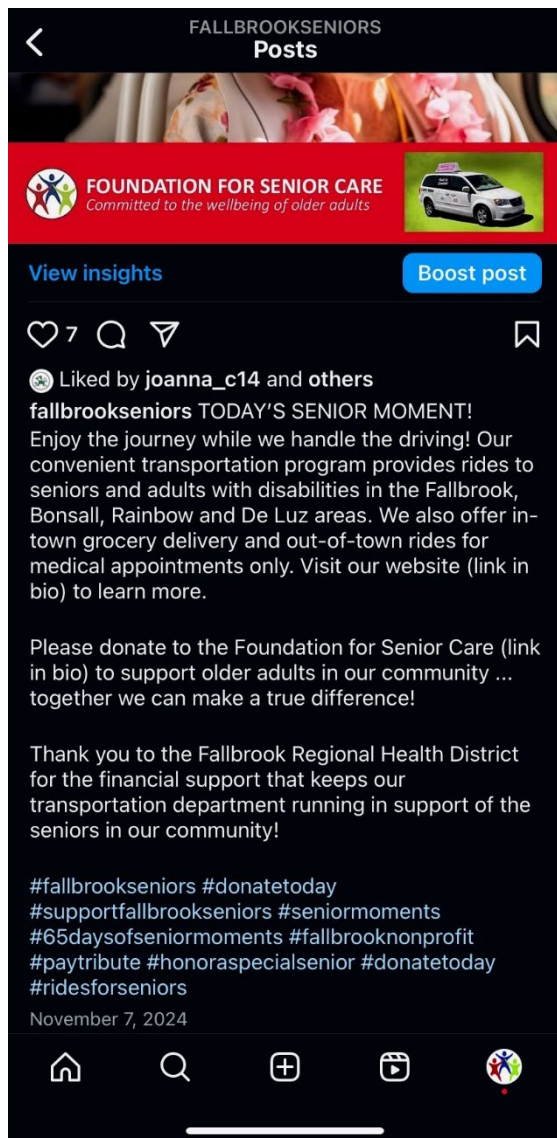
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FOUNDATION FOR SENIOR CARE • *Committed to the wellbeing of older adults*

135 S. Mission Rd., Fallbrook, CA 92028 • www.foundationforseniorcare.org

Programming supported by **Fallbrook Regional**
HEALTH DISTRICT





FALLBROOKSENIORS
Posts



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Liked by **joanna_c14** and others

fallbrookseniors TODAY'S SENIOR MOMENT!

Need help finding an affordable handyman, a reliable caregiver, or navigating Medicare and VA benefits?

Our Referral and Support Advocates have the expertise and care to help older adults and their families overcome obstacles, connect to resources, and get the hands-on guidance and support they deserve.

Please donate (link in bio) to support older adults in our community ... together we can make a true difference!

We are grateful to the Fallbrook Regional Health District for their financial support which allows programs such as our Referral & Support Advocacy to serve the needs of the seniors in our community.



FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

Foundation for Senior Care

PROGRAM NAME:

Senior Care Advocacy, Adult Day Care, Senior Transportation & Door Through Door

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$164,484.46	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$484,061.44	\$92,650.00	\$23,163.00	\$23,163.00		
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$109,872.43	\$6,800.00	\$1,700.00	\$1,700.00		
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$758,418.33	\$0.13	\$24,863.00	\$24,863.00	\$0.00	\$0.00

 Total funds expended to date: **\$49,726.00**