

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play

Describe the impact of the program to date. Briefly explain how the service/intervention has worked - include cumulative metrics from the Q1 and Q2 Impact reports.

The 3 components of Triple Play- Mind, Body, and Soul are incorporated into the daily club schedules and have a positive impact on the children's physical and mental health. The components of Triple Play teach youth about diet and nutrition, physical education and social emotional well being. The multi-faceted approach supports all aspects of health literacy in our youth which is shown to lead to a healthier community. Our members who are involved in the program enter into young adulthood with the skills to maintain a healthy body, form positive relationships, make safe choices and cope with stress.

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	90	1307
Young Adults (13-17)	9.8	134
Adults (18-60)	.2	4
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*	0	0

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	47
Male	53
Non-binary	0
Unknown*	0

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	22
Very Low (50%) Income Limits, ceiling of \$53,500	37
Low (80%) Income Limits, ceiling of \$85,600	21
Higher Than Listed Limits	20
We do not collect this data (indicate with 100%)*	0

*Target Population - Income Level

n/a

Projected number of residents that will directly benefit (participant/client) from this program.

4335

Social Determinants of Health (SDOH)

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal

Our goal is to improve the overall health and resilience of the young people in our program. To reach this goal we provide healthy meals and snacks, nutrition and exercise curriculum, and social emotional learning programs at each of our 8 sites. Our outcomes are measured using attendance data. Our program is ongoing and sustainable- it is incorporated into our daily schedule year round and is inseparable from our Club. Our partnerships with FRHD, Fallbrook Food Pantry, CHW, and Palomar Family Counseling aid the families of our members to make our approach even more holistic and far-reaching.

Anticipated Acknowledgment

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Social Media Postings

Print Materials to Service Recipients

Website Display

Eligibility Check

You are ineligible to apply per the District's Grant Policy & Procedures, please contact District staff to if you have questions.

Organization Information

Contact Information

Contact Name

Lisa Ware

Title

Vice Pres. of Operations

Primary Contact Phone

17607285871

Email Address

lisaw@bgcnorthcounty.org

Organization Physical Address

205 W. Alvarado St.
Fallbrook, CA, 92028

Writing Instructions:

Program Information

What language(s) can this program accommodate:

English

Spanish

ASL

What demographic group does this program predominately serve:

Youth - school based

Youth - other setting

Program Objectives & Measurable Outcomes

1) Hire and train staff members to provide daily Triple Play Activities at 8 BGC sites during the 24-25 school year. 8 staff- (one at each site) were trained in Triple Play during our August training sessions (Q1), with an additional 8 staff being trained in Q3. Hiring and training logs for each staff are kept at the administrative offices. 2) Provide 60 minutes of vigorous physical activity each day at each site for

600 youth per day during the school year. The participant counts for Oct-682, Nov-684, and Dec.-699 on the average each day. Participation counts are kept at the site for each day and then reported centrally for each month. 3) We will provide 3 family nights per year at each of the 8 sites. So far this year we have had 3 family nights in October we had Trunk or Treat for members, their families and also the community. In November we had our Annual Thanksgiving Feast for members and their families and in December we had our annual holiday parties for members and their families. Documentation regarding family nights-flyers and sign in sheets are kept at the sites and then handed in centrally at the end of the school year.

Financial Reporting & Budget

Program Budget



Q2 Budget Report Form.pdf



Boys & Girls Clubs of North County

Published by Loomly



November 29 at 11:25 AM · 🌐



The poster features a blue and light blue background with a basketball court graphic on the left. It includes the Boys & Girls Clubs of North County logo at the top, the main title 'BASKETBALL COACHES NEEDED' in large orange letters, and contact information for Athletic Director Raul Perez. It also mentions a coaches meeting on Friday, December 6th, at the World Clubhouse. The Fallbrook Regional Health District logo is in the bottom right corner.

BOYS & GIRLS CLUBS
OF NORTH COUNTY

BASKETBALL COACHES NEEDED

WINTER LEAGUE DECEMBER - FEBRUARY

Please contact our
Athletic Director Raul Perez
RaulP@bgcnorthcounty.org
760-407-4296

COACHES MEETING FRIDAY DECEMBER 6TH
WORLD CLUBHOUSE 445 E IVY ST 5PM

Fallbrook Regional
HEALTH DISTRICT



Boys & Girls Clubs of North County

Published by Loomly

December 3 at 8:40 AM

We are feeling extra grateful! Thank you to [Fallbrook Regional Health District](#) for granting Boys & Girls Clubs of North County a Youth Fitness Grant to help us sponsor kids to play sports! [#GreatFuturesStartHere](#)





Boys & Girls Clubs of North County

Published by Loomly



December 16 at 9:10 AM · 🌐

Thanks to our partners at [Fallbrook Regional Health District](#), Boys & Girls Clubs of North County engages Club members in the Triple Play Program. Triple Play is a dynamic program empowering young people to lead healthy, active lives while learning to manage stress, build positive relationships, & develop strong social-emotional skills.



BOYS & GIRLS CLUBS
OF NORTH COUNTY

FRHD CHC GRANT BUDGET REPORTING FORM

Agency Name:

Boys & Girls Clubs of North County

PROGRAM NAME:

Triple Play

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	\$49,322.00	\$0.00				
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	\$153,478.54	\$36,739.54	\$6,588.00	\$9,984.17		
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	\$30,000.00	\$3,750.00	\$1,506.91	\$1,236.78		
	D	TOTALS	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			\$232,800.54	\$0.17	\$8,094.91	\$11,220.95	\$0.00	\$0.00

 Total funds expended to date: **\$19,315.86**