

2019-2020 COMMUNITY HEALTH CONTRACT
340 Triple Play

Quarter 2 (October-December) Reporting Form

Goal 2	
To improve the overall health of the youth members of the Boys & Girls Clubs of North County, specifically working to prevent type 2 diabetes, obesity, hypertension and improve behavioral health.	
S.M.A.R.T. Objective 2a	
Provide daily Triple Play activities to approximately 480 youth each day at each Boys & Girls Club site October-December 2019, which will improve their nutrition, physical fitness, stress management skills and interpersonal relationships, thereby preventing diabetes and obesity, hypertension and improving behavioral health.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	
S.M.A.R.T. Objective 2b	
Provide 60 minutes of vigorous physical activity each day to approximately 480 youth participating in the Triple Play program.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	
S.M.A.R.T. Objective 2c	
Provide two family nights per site during the grant year, for a total of 16 family nights, which will include activities and information on promoting healthy lifestyles at home.	
Projected Cost:	Contract Dollars Expended to Date:
\$4,500	
Progress/Accomplishment of Goals & Objectives	