

## Organization Information

### Legal Name

Community Health Systems, Inc.

### DBA (if Applicable)

Fallbrook Family Health Center

## Program Name/Title

SBHC BH Expanded Services Program

## Brief Program Description

The vision of the School District is to provide health services to middle school children exhibiting social and/or behavioral deficits. CHSI's SBHC onsite at Potter JHS will provide essential behavioral health services through its clinicians which will develop trust among school personnel, educators, clinicians, and students to support their vision.

## Funding Amount Awarded

30000

## Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	19	5
Young Adults (13-17)	81	21
Adults (18-60)	0	0
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*	0	0

## Target Population not collected - Age

N/A

## Target Population - Gender

	Percent of program participants
Female	73
Male	27
Non-binary	0
Unknown*	0

## \*Target Population - Gender

N/A

## Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	70
Very Low (50%) Income Limits, ceiling of \$53,500	15
Low (80%) Income Limits, ceiling of \$85,600	15
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

### \*Target Population - Income Level

N/A

### Actual number of residents that directly benefited (participant/client) from this program during this quarter.

26

### Program/Services Description - Social Determinants of Health

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

### Program Goal & Objectives

Goal:

By partnering with CHSI, the goal of the Fallbrook Union Elementary School District and Potter JHS, is to provide resources and community outreach in an expanded format on campus to raise awareness, reduce and/or eliminate stigmas, and provide transparent support for behavioral health. Students and their family members have reassurance in knowing that confidential services will be provided in a safe and culturally appropriate manner. CHSI has demonstrated its commitment and capacity to serve the community by documenting a steady increase in utilization of services provided to underserved patients.

Objectives:

1. By the end of the program year, or June 30, 2024, CHSI will have expanded its SBHC services to five (5) days per week.

Quarter 2 Update: During this reporting period, CHSI has successfully expanded its services to operate at five days per week.

2. By the end of the program year, or June 30, 2024, CHSI will have provided 150 visits to uninsured students from Potter JHS.

Quarter 2 Update: From October 1 to December 31, 2023, CHSI provided 21 visits to 5 uninsured/underserved patients at the Potter JHS SBHC.

### Program Outcomes & Measurables

1. Currently, CHSI is providing behavioral health services at Potter JHS on a part-time basis at three days per week, with projected expansion to full-time as demand progresses. Continued outreach and collaboration with CHSI's Community Relations team and the school district, combined with the on-site presence of behavioral health providers will increase awareness and education of the importance of mental/behavioral health support to students and their family members. CHSI's anticipated expansion to

five days per week will be determined by data evaluation through its practice management system (how many patients are scheduled, and the need for additional appointment slots).

Quarter 2 update: As demand for the SBHC services at Potter JHS has progressed during this reporting period, and in comparison to Quarter 1, CHSI has expanded its operating hours to five days per week (full-time). The amount of visits in quarter 2 (160) has increased by approximately 31% versus quarter 1 (122). This increase reflects CHSI's presence on campus is stronger and earning trust of the students, faculty, parents, and community members, and actively reducing the stigma around behavioral health services as more students seek help and returning to continue their journey towards attaining better mental health.

2. CHSI has estimated that approximately 50% of the SBHC's referrals to FFHC are patients who have health insurance coverage by plans not covered by FFHC. In order to maintain continuity of care and ensure that no patient is turned away, CHSI is proposing to cover the cost of 150 visits for students needing services, since there may be multiple visits needed for each individual.

Quarter 2 update: 21 visits have been covered for uninsured/under-insured students this quarter. This brings the total visits since the start of the program to 92 visits covered for uninsured or under-insured students seeking counseling/therapy at Potter SBHC.

### **Anticipated Acknowledgment**

Signage at Service Sites

### **Terms and Conditions**

Accepted

### **Authorized Signature**

A handwritten signature in black ink, appearing to read "J. B. Howard".

## Contact Information

### Contact Name

Naureen Khan

### Title

Director of Grants Management

### Primary Contact Phone

(949) 697-8814

### Email Address

n.khan@chsica.org

## Writing Instructions:

**What language(s) does this program accommodate:**

English

Spanish

## Acknowledgment of District Support



Potter BH Enrollment Flyer (6... .pdf

## Impact Story



Quarter 2 Patient Impact Sto... .pdf

## Program Budget



23\_24 FRHD CHC Program B...xlsx

## CHSI's SBHC BH Expanded Services Program

Impact Story – Quarter 2: October - December 2023

Below is an impact story CHSI's Behavioral Health Care Coordinator collected from a student who responded to a form that was internally created to help students outline how the program has made an impact on their behavioral health.

One of CHSI's patients at the Potter JHS School-Based Health Center (SBHC) has noted that they are grateful for the impact the program has had on not only themselves but also their family. Before starting counseling at the SBHC, this student and their family faced significant challenges to find an affordable therapist that was within their family's budget. The student expressed they had been seeking care for several months but is grateful for the program because of its convenience. The student also noted their experience to seeking care prior to participating in the BH Expanded Services Program was less helpful to the behavioral health issues they were facing, in contrast to where they are now with their care and that the Potter JHS SBHC allows for easier access to care. Lastly, the student revealed that cost of care was a factor prior to participating in the BH Expanded Services Program. However, the program at the SBHC has been a great help to the student and to the family because they do not have to worry about the expense of care and they have noticed a positive difference in the student's behavior.



# Potter Junior High School Behavioral Health Center

## We're Accepting New Patients!

### Most Common Visits:

- Depression
- Anxiety
- Stress
- Anger
- Coping Strategies
- Loss and Grief
- Trauma

### We Accept Most Health Insurances

- Medi-Cal
- Private Insurance
- HMOs
- PPOs

### Sliding-Fee Program Available to All

- Services at discounted rates are provided to those who qualify.
- Based on family size and income only.
- A nominal fee applies.

### Contact Us:



(760) 451-4741



[www.chsica.org](http://www.chsica.org)





# Centro de Salud Mental de Potter Junior High School

## ¡Estamos Aceptando Nuevos Pacientes!

### Visitas Más Comunes:

- Depresión
- Ansiedad
- Estrés
- Enojo
- Estrategias de Afrontamiento
- Pérdida y Duelo
- Trauma

### Aceptamos la Mayoría de los Seguros de Salud

- Medi-Cal
- Aseguranza Privada
- HMOs
- PPOs

### Escala de Descuento Disponible para Todos

- El descuento se proporciona a quienes califican
- Basado al tamaño de la familia e ingreso
- Tarifa nominal aplica

### Contáctenos



(760) 451-4741



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**Fallbrook Regional**  
HEALTH  DISTRICT

**FRHD CHC GRANT BUDGET REPORTING FORM**

Agency Name:

**Community Health Systems, Inc.**

PROGRAM NAME:

**SBHC BH Expanded Services Program**

The main categories align with the budget submitted with your application. Aggregate totals are all that should be reported under each heading.

1)	<b>A</b>	<b>INDIRECT EXPENSES:</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL INDIRECT EXPENSE	<b>\$9,320.00</b>	<b>\$0.00</b>	<b>\$0.00</b>			
	<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL PERSONNEL EXPENSE	<b>\$298,003.00</b>	<b>\$0.00</b>	<b>\$0.00</b>			
	<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3	AMOUNT USED Q4
		TOTAL OTHER EXPENSES	<b>\$30,855.00</b>	<b>\$30,000.00</b>	<b>\$7,500.00</b>			
	<b>D</b>	<b>TOTALS</b>	PROGRAM COST	FRHD Funds Awarded	Total Amount Q1	Total Amount Q2	Total Amount Q3	Total Amount Q4
			<b>\$338,178.00</b>	<b>\$0.09</b>	<b>\$7,500.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>

Total funds expended to date: **\$7,500.00**