

Organization Information

Legal Name

Fallbrook Healthcare Foundation Inc

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

Senior and Disabled Transportation Program

Brief Program Description

Our Senior and Disabled Transportation Program provides over 5,000 rides annually to adults who cannot drive due to age or disability. Our donation-based rides program offers wheelchair-accessible transportation all around town, grocery deliveries, and out-of-town rides for healthcare-related appointments.

Funding Amount Awarded

50000

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	9	10
Seniors (60+)	91	106
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

NA

Target Population - Gender

	Percent of program participants
Female	66
Male	34
Non-binary	
Unknown*	

*Target Population - Gender

NA

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	54
Very Low (50%) Income Limits, ceiling of \$53,500	33
Low (80%) Income Limits, ceiling of \$85,600	8
Higher Than Listed Limits	5
We do not collect this data (indicate with 100%)*	

*Target Population - Income Level

NA

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

116

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

The goal of our Transportation Services is to provide affordable, easily attainable, and wheelchair-accessible transportation services to seniors and disabled adults throughout the greater Fallbrook area and beyond for access to basic services, medical care, social opportunities, and connections to the outside world without the barriers of expense and dependence on others.

Obj1: Continue providing free or by-donation transportation to seniors and disabled adults. This includes door-to-door services to help them access basic health and wellness services. We plan to offer at least 4,800 local rides or grocery deliveries during the FRHD fiscal year. Additionally, we want to expand the service to include Sunday rides.

Obj2: Continue to provide transportation services to medical and ancillary care in the greater San Diego and South Riverside County regions (within 55 miles of our office) for seniors and disabled residents in the Fallbrook area. These services would otherwise be cost-prohibitive or impossible with existing public and private transportation options. We plan to utilize volunteer drivers and provide at least 300 round-trip rides out of town (600 ride segments) to health-related appointments during this FRHD fiscal year.

Obj3: Provide at least 250 wheelchair rides to FRHD residents over the fiscal year.

Obj4: Enroll at least 30 more seniors with extremely low income in the Traveler's Aid free rides program. We understand that the \$10 request is only a suggested donation, but it helps these seniors feel more comfortable with the program and hold onto their limited resources.

Program Outcomes & Measurables

Objective 1: Local Transportation Services

- Outcome: The Care Van provided a remarkable 1,303 local rides for seniors and adults with disabilities.
- Progress: We have achieved 27% of our annual goal of providing 4,800 local rides.

Objective 2: Out-of-Town Transportation Services

- Outcome: Facilitated 61 rides to out-of-town healthcare appointments, ensuring vital access for our community.
- Progress: We have achieved 20% of the annual goal for out-of-town transportation.

Objective 3: Wheelchair Rides

- Outcome: During this reporting period, 36 wheelchair-accessible rides were provided, enhancing mobility and independence.
- Progress: We have achieved 14% of the annual wheelchair rides goal.

Objective 4: Traveler's Aid Program

- Outcome: Successfully enrolled 7 low-income seniors in the Traveler's Aid program this quarter.
- Progress: We have achieved 23% of the annual enrollment goal.

Our transportation services are making a meaningful impact, ensuring vital connections for seniors and disabled adults in the Fallbrook area. With continued dedication, we aim to expand our reach and meet our objectives to enhance accessibility and affordability for all those we serve.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Terms and Conditions

Accepted

Authorized Signature

A handwritten signature in black ink, consisting of a stylized initial 'P' followed by a horizontal line.

Contact Information

Contact Name

Perla Hurtado

Title

Executive Director

Primary Contact Phone

760-723-7570

Email Address

phurtado@foundationforseniorcare.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



FRHD Grant 23-24 Q3_Ackn... .docx

Acknowledgment of District Support



FRHD Grant 23-24 Q3_Ackn... .docx

Impact Story



FRHD Grant 23-24 Q3_Impa... .docx

Impact Story



FRHD Grant 23-24 Q3_Impa... .docx

Program Budget



23_24 FRHD CHC Grant - FF... .xlsx

Transportation Impact Story

Joseph is an older adult living in the De Luz area. Joseph recently had a bad fall and broke his arm, so he needs to go to physical therapy twice a week in downtown Fallbrook for the next several months. Because of his arm, though, Joseph cannot drive himself, and he has no family or friends nearby to give him a ride. Joseph called us, asking for help to get to his PT appointments.

We have just the service that Joseph needs. Teri, one of the Care Van drivers, drives to De Luz and picks Joseph up each Tuesday and Friday for his scheduled appointments. She takes him to Rancho Physical Therapy, and when his appointment is over, she picks him back up and returns him home. Sometimes, Teri takes Joseph to the grocery store before heading back out to De Luz.

Thanks to the financial support from the Fallbrook Regional Health District, we are able to provide vital transportation services to seniors like Joseph, who may be temporarily unable to drive or may never drive again. Transportation services play a crucial role in physically and mentally supporting older adults. Physically, we ensure they reach their medical appointments and necessary destinations. Mentally, we alleviate the additional stress and anxiety associated with transportation challenges, allowing them to focus on their well-being without the worry of logistics.

Acknowledgements:

Email Signatures



Elisha Wright • Referral and Support Advocate

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FOUNDATION FOR SENIOR CARE • *Committed to the wellbeing of older adults*
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Programming supported by **Fallbrook Regional**
HEALTH DISTRICT

Communications

Grantors, Foundations and Endowments

We are so very grateful for the unwavering support we continue to receive from our grantors and endowment organizations. The ongoing commitment is deeply appreciated and plays a pivotal role in the success of the Foundation for Senior Care and our efforts on behalf of older adults.



C. MITCHELL
ENDOWMENT



DAVID T. AND
DORRIS E. STAPLES
FOUNDATION

ELIZABETH WILSON
ENDOWMENT

Fallbrook Regional
HEALTH DISTRICT

GHJ&
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Care Van Medallions

