#### **Organization Information**

Legal Name

Palomar Family Counseling Service, Inc.

#### DBA (if Applicable)

n/a

#### **Program Name/Title**

Grandparents Raising Grandchildren

#### **Brief Program Description**

When parents are unable to raise their children, it is often grandparents who step in. Grandfamilies thrive when they get the support they need. Grandparents Raising Grandchildren is a comprehensive service that fosters healthy grandparents and a strong and stable family.

#### **Funding Amount Awarded**

15000

#### **Target Population - Age**

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	48	14
Seniors (60+)	52	15
We do not collect this data (indicate with 100%)*		

#### Target Population not collected - Age

n/a

#### **Target Population - Gender**

	Percent of program participants
Female	83
Male	17
Non-binary	
Unknown*	

#### **\*Target Population - Gender**

n/a

#### **Target Population - Income Level**

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	21
Very Low (50%) Income Limits, ceiling of \$53,500	34
Low (80%) Income Limits, ceiling of \$85,600	45
Higher Than Listed Limits	
We do not collect this data (indicate with 100%)*	

#### **\*Target Population - Income Level**

n/a

# Actual number of residents that directly benefited (participant/client) from this program during this quarter.

29

#### **Program/Services Description - Social Determinants of Health**

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

#### **Program Goal & Objectives**

The goal of GRG is to ensure the health and wellbeing of grandparents raising their grandchildren in Fallbrook and its neighboring communities of Bonsall, Rainbow, and De Luz by providing a comprehensive service that promotes a strong and stable family.

Objective 1: Improve family functioning and decrease family stress by providing customized case management services and parent coaching.

Objective 2: Decrease social isolation and increase connection to a community of supports by providing at minimum, quarterly educational, self-care and social workshops and gatherings.

Objective 3: Provide effective case management and support services that meet the needs of grandfamilies and their grandchildren, in order to create an environment where the full potential for health and well-being can be met.

#### **Program Outcomes & Measurables**

**Outcome 1:** 8 grand families were connected to over 28 services and supports over the 2<sup>nd</sup> quarter. YTD 22 grand families were connected to over 76 services and supports. Grandparents report decreased stress and great family cohesiveness, particularly when connected to resources related to parenting, mental health, and finances.

**Outcome 2:** Seven grandparents participated in a stress management workshop focusing primarily on coping skills in difficult times particularly during the grieving process. 100% of grandparents very satisfied

with the workshop and shared anecdotal stories on how ways connecting as a group decreases feelings of isolation and increases resilience.

**Outcome 3:** Two grandparents responded to the survey rating their satisfaction with services at the highest level (10 on a 10-point scale) and a net promotor score of 100. Comments include: The help I have received has reduced my stress, and I am treated like a human being. They are there to find solutions, when it feels that all doors are closed to an individual with those burdens, even when the grandchildren are a blessing to us.

#### **Anticipated Acknowledgment**

Social Media Postings

gs Signage at Service Sites

Print Materials to Service Recipients

Website Display

#### **Terms and Conditions**

Accepted

#### **Authorized Signature**



## **Contact Information**

**Contact Name** David Drazenovich

Title Director of Development

Primary Contact Phone 760-741-2660

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## Writing Instructions:

## What language(s) does this program accommodate:

English

Spanish

#### Acknowledgment of District Support



Stress Management Worksh... .pdf

### **Acknowledgment of District Support**



Stress Management Worksh... .pdf

## Impact Story



GRG Q3 Impact Story.pdf

## Program Budget



FY 23-24 GRG Program Bud... .xlsx