

## FY22.23-Q1 FRHD Community Health Contract Grant Impact Report

### Organization Information

#### Legal Name

FALLBROOK FOOD PANTRY

#### Program Name/Title

LEARNING CENTER: NUTRITION

### Target Population - Age

	Percent of program participants	Total Number of Participants
Children (infants to 12)	20	49
Young Adults (13-17)	15	33
Adults (18-60)	65	103
Seniors (60+)		
We do not collect this data (indicate with 100%)*		

### Target Population not collected - Age

n/a

### Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	51	98
Male	50	95
Non-binary		
Unknown*		

### \*Target Population - Gender

n/a

### Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100	100	
Very Low (50%) Income Limits, ceiling of \$53,500		

	Percent of program participants	Total Number of Participants
Low (80%) Income Limits, ceiling of \$85,600		
Higher Than Listed Limits		
We do not collect this data (indicate with 100%)*		

### \*Target Population - Income Level

n/a

### Total number of residents that benefited (participant/client) from this program this quarter.

193

### Program/Services Description - Social Determinants of Health

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

### Program/Services Description - FRHD Community Needs Assessment

Health (Diabetes - prevention, management)

Health (Cholesterol, High Blood Pressure, Hypertension, Obesity)

Health (Healthy Food/Nutrition)

### Program Objectives

Provide in-person nutrition and occupational courses that benefit our community in-need, in 5 learning the fundamentals of living a healthy lifestyle and being able to make better choices for themselves, ultimately benefiting their families as well.

### Program Outcomes/Measurables

This past quarter we have hosted 6 courses/classes out of the Learning Center (Cooking Matters, Diabetes Prevention & Management, C.H.O.P., Nutrition to Grow On, Recipe Rehab & ESL) serving 193 individuals who collectively contributed to approximately 3,000 student hours of class time. Our partnerships include: Fallbrook High School, Boys & Girls Club, Palomar College, and Fallbrook Garden Club.

### FRHD Grant Support Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

### FRHD Grant Support Acknowledgment

The Pantry acknowledged FRHD generous \$50,000 donation through these means of media:

1. Box Truck

2. Social Media posts

3. Website

4. Signage in the Pantry

## Contact Information

### Contact Name

Shae Gawlak

### Title

Executive Director

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## Organization Mailing Address

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## Impact Story



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