

Organization Information

Legal Name

Boys Club of Fallbrook

DBA (if Applicable)

Boys & Girls Clubs of North County

Program Name/Title

Triple Play Program

Brief Program Description

Triple Play is a proven health and wellness program. It has 3 components to teach youth Health Habits, provide Daily Physical Challenges and social recreation to improve social emotional development.

Funding Amount Awarded

40033.00

Target Population - Age

	Percent of program participants	Estimated number of participants
Children (infants to 12)	85	1049
Young Adults (13-17)	14.5	176
Adults (18-60)	.5	2
Seniors (60+)	0	0
We do not collect this data (indicate with 100%)*		

Target Population not collected - Age

n/a

Target Population - Gender

	Percent of program participants
Female	48
Male	52
Non-binary	0
Unknown*	0

*Target Population - Gender

n/a

Target Population - Income Level

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	38
Very Low (50%) Income Limits, ceiling of \$53,500	37
Low (80%) Income Limits, ceiling of \$85,600	15
Higher Than Listed Limits	10
We do not collect this data (indicate with 100%)*	0

*Target Population - Income Level

n/a

Actual number of residents that directly benefited (participant/client) from this program during this quarter.

1227

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Education Access & Quality (Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program Goal & Objectives

To improve the overall health of youth members of the Boys & Girls Clubs of North County, specifically working to prevent obesity and diabetes, high blood pressure, hypertension and to increase social supports for youth and families while increasing healthy food/nutrition education and health literacy. Objectives#1. Hire and train staff to provide Triple Play Program at each of the sites. #2. Provide 60 minutes of vigorous physical activity each day for at least 400 youth. #3. Provide 3 family nights during the grant year for members and their families.

Program Outcomes & Measurables

#1. Hiring and training logs for each staff are kept by the Director of Professional Development. #2. Staff members track participants on roll sheets at each site, those numbers are reported centrally each month. We use the BGCA NYOI survey tool to determine the range of impact the program is having on the members. #3. Participation counts will be kept on the annual family night events and reported centrally.

Anticipated Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Website Display

Terms and Conditions

Accepted

Authorized Signature

Lisa Ware

Contact Information

Contact Name

Lisa Ware

Title

Vice Pres. of Operations

Primary Contact Phone

7607285871

Email Address

lisaw@bgcnorthcounty.org

Writing Instructions:

What language(s) does this program accommodate:

English

Spanish

Acknowledgment of District Support



q3 social media.pdf

Acknowledgment of District Support



q3 social media.pdf

Impact Story



q3 impact narrative.pdf

Impact Story



q3 impact narrative.pdf

Program Budget



Budget Report.Triple Play.Q3.pdf