



**AGENDA**  
**BOARD OF DIRECTORS MEETING**  
Wednesday, March 13, 2024, 6:00 pm  
1<sup>st</sup> floor Community Room, Administrative Office  
138 S. Brandon Road., Fallbrook, CA 92028  
*\*All meetings are hybrid unless otherwise noted.*

**\*Please contact the Board clerk for language translation services 48 hours in advance of the meeting. In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link: <https://us02web.zoom.us/j/85092529608?pwd=Y21JN1IyVUc2I3pnditjS3pQNHkxZz09> Meeting ID: 850 9252 9608. Passcode: 336866 Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following number: +1-669-900-6833 Meeting ID: 850 9252 9608. Passcode: 336866**

**A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE-**

**B. APPROVAL OF THE AGENDA-**

**C. PUBLIC COMMENTS - ANNOUNCEMENT**

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a "Request to Speak" card and those attending by webinar need to raise their hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.

**D. CONSENT ITEMS -**

- D1. Minutes of February 7, 2024, Finance Meeting
- D2. Minutes of February 14, 2024, Board of Directors Meeting
- D3. Minutes of February 21, 2024, Facilities Committee Meeting
- D4. Finance Committee Report – Directors Jeffries and Stanicek
- D5. Facilities Committee Report – Directors Jeffries and Mroz
- D6. Community Health & Wellness Center Administrator Report- Theresa Geracitano
- D7. Chief Executive Officer Report – Rachel Mason
- D8. General Counsel Report– Jeffrey Scott
- D9. March 2024 Destruction List of Records at Administration
- D10. Destruction of records at Iron Mountain:
  - Purchasing (323 boxes) – (Accts payable: shred disposal as of 2021)
  - Risk Management (354 boxes) - (Accident reports/logs: shred disposal as of 2017)
  - Business Office (343 boxes) – (shred disposal as of 2021)

**E. DISCUSSION POSSIBLE ACTION ITEMS-**

- E1. Michelle's Place Cancer Resource Center Agreement | MOU
- E2. Review of Draft Strategic Plan

**F. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS -**

Other Director/Staff discussion item. Item(s) for future board agendas-

**Announcements of upcoming events:**

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

**Government & Public Engagement Committee Meeting Wed., March 27, 2024, at 6:00 pm**  
**Next Board of Directors Meeting Wednesday, April 10, 2024, at 6:00 pm**

**G. ADJOURNMENT-**

**NOTE:** I certify that on Friday, March 8, 2024 I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

**\*Please contact the Board clerk for language translation services 48 hours before the meeting.**



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Executive Assistant / Board Clerk



**MINUTES**  
**FINANCE COMMITTEE**  
**Wednesday, February 7, 2024, at 10:00 A.M.**  
**Administrative Office, 1<sup>st</sup> Floor Community Room**  
**138 S. Brandon Rd., Fallbrook, CA**

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate in the webinar.

**1. Call to Order/Roll Call:**

In Attendance- Directors Brown and Jeffries, CEO Rachel Mason, Administrative Officer Judith Oswald, Wellness Center Administrator Theresa Geracitano, Executive Assistant Raquel Williams, CPA Susan Woodward

**Public Comments – Announcement**

None

**Review of Financial Statements for December 2023**

Report 1 – Balance Sheet of **December 2023**

Report 2 – Income Statement for the Month Ended **December 2023 & Fiscal Year to Date**

Report 3 – Profit & Loss Actual vs YTD Budget – **December 2023**

Report 4 – Local Agency Investment Fund (LAIF) Statement **December 2023**

Report 5 – CalTrust Statement – **December 2023**

Report 6 – California CLASS Statement- **December 2023**

FRHD Compliance Report

Report 7 - Check Detail Report as of **December 2023**

Director Jeffries asked for clarification on the Palomar Family Counseling Service check of \$1,350.00. CEO Mason informed the committee that this is part of the cost of the MOU agreement with PFCS, as their services increase for the Q2 timeframe.

Report 8 – VISA Credit Card Statement – **December 2023**

CEO Mason informed the committee that Umpqua bank issued a separate card to Judith instead of changing the name on the previous card issued to Linda Bannerman and now we are getting two statements. Judith is working with the bank to get this issue resolved.

Report 9 – Community Development Disbursement as of **December 2023**

**4. Discussion Items-**

The Finance committee recommends a transfer from LAIF of \$38,000 to the operating account.

**5. Board Member Comments and Future Agenda Item- None**

**6. Adjournment-**

There being no further business to discuss the meeting was adjourned at 10:28 am

A handwritten signature in blue ink, reading "Rachel Kilbi". The signature is written in a cursive style with a large initial "R".

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Executive Assistant/Board Clerk



**MINUTES**  
**BOARD OF DIRECTORS MEETING**  
Wednesday, February 14, 2024, 6:00 pm  
1<sup>st</sup> floor Community Room, Administrative office  
138 S. Brandon Road., Fallbrook, CA 92028  
*\*All meetings are hybrid unless otherwise noted.*

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- A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE-**  
Chair Bill Leach called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance.  
In attendance: Directors Barbara Mroz, Jennifer Jeffries, Terry Brown, Mike Stanicek, CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott  
Staff members: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, Bianca Heyming Programs Coordinator, Katia Elizondo Marquez Community Resource Navigator.  
Members of the public
  
- B. APPROVAL OF THE AGENDA-**  
**Action:** It was moved by Director Jeffries seconded by Director Brown to approve the agenda as presented.  
**Motion carried (5-0)**  
Director Leach...Aye  
Director Jeffries...Aye  
Director Brown...Aye  
Director Stanicek...Aye  
Director Mroz...Aye
  
- C. PUBLIC COMMENTS – ANNOUNCEMENT**  
None
  
- D. PRESENTATION -**  
  
Update from the Community Resource Navigator – Katia Elizondo Marquez shared with the board the highlights of the year. Her assistance has been vital to many people in the community with housing, employment, food, and county services. Report is attached to the minutes.
  
- E. CONSENT ITEMS -**
  - E1. Minutes of January 3 , 2024, Finance Meeting
  - E2. Minutes of January 10, 2024, Board of Directors Meeting
  - E3. Minutes of January 13, 2024, Strategic Planning Workshop
  - E4. Minutes of January 17, 2024, Facilities Committee Meeting
  - E5. Finance Committee Report – Directors Brown and Jeffries
  - E6. Facilities Committee Report – Directors Jeffries and Mroz
  - E7. Community Health & Wellness Center Administrator Report- Theresa Geracitano
  - E8. Chief Executive Officer Report – Rachel Mason
  - E9. General Counsel Report– Jeffrey Scott

**Action:** It was moved by Director Brown seconded by Director Mroz to approve consent items E1-E8 as presented. E9 to be held for discussion.

**Motion carried (5-0)**

Director Leach...Aye  
Director Jeffries...Aye  
Director Brown...Aye  
Director Stanicek...Aye  
Director Mroz...Aye

Director Brown asked that General Counsel give an update on the Urgent care matter. This is a closed session item. General Counsel Scott informed the board that any updates will be brought forward in a future closed session.

**Action:** It was moved by Director Mroz seconded by Director Stanicek to approve E9 Consent item.

**Motion carried (5-0)**

Director Leach...Aye  
Director Jeffries...Aye  
Director Brown...Aye  
Director Stanicek...Aye  
Director Mroz...Aye

**F. DISCUSSION POSSIBLE ACTION ITEMS-**

- F1. Change in officers and Finance Committee – Appoint Jennifer Jeffries as Treasurer, elevate Mike Stanicek to Secretary and assign to Finance Committee.

**Action:** It was moved by Director Brown seconded by Director Stanicek to Appoint Jennifer Jeffries as Treasurer, elevate Mike Stanicek to Secretary and assign to Finance Committee.

**Motion carried (5-0)**

Director Leach...Aye  
Director Jeffries...Aye  
Director Brown...Aye  
Director Stanicek...Aye  
Director Mroz...Aye

- F2. Ambulance and Medical Services Officer Grants | Review of grant agreements with North County Fire Protection District. Chair Leach and the board agree that Medical Services Officer Grant will not be renewed. Ambulance Grant is important to the Board and that will be a priority to the District. CEO Mason will meet with NC Fire to discuss the ongoing grant agreement for ambulance support.

- F3. Michelle's Place Cancer Resource Center Agreement \ MOU - to be reviewed at next month's Board meeting.

- F4. Chair Yoga Program Request for Proposal- CEO Mason gave background on the Chair Yoga program and found that the current classes could be unaffordable for many participants. An RFP had been issued so that the District could offer its own classes. CEO Mason and Wellness Center Administrator Theresa Geracitano reviewed two proposals. Leslie Salmon's proposal was accepted, and CEO Mason will be contacting her with questions about the development and launch of the program.

**Action:** It was moved by Director Jeffries seconded by Director Leach to approve and accept the submitted proposal by Leslie Salmon for the Chair Yoga Program.

**Motion carried (5-0)**

Director Leach...Aye  
Director Jeffries...Aye  
Director Brown...Aye  
Director Stanicek...Aye  
Director Mroz...Aye

F5. LAFCO Call for Nominations- Regular Special District Member Election on LAFCO  
There was no interest from the Board at this time.

**G. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS –**

Director Brown shared that he accepted an award to FRHD from the Bonsall Chamber  
Director Jeffries commented on the Palomar Family Counseling Open House, saying it was well  
attended and a great success.

Other Director/Staff discussion item. Item(s) for future board agendas-

**Announcements of upcoming events:**

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

**Facilities Committee Meeting Wednesday, February 21, 2024, at 10:00 am**

**Strategic Planning Committee Meeting CANCELLED**

**Offices will be closed on Monday, February 19, 2024, in observance of Presidents Day.**

**Government & Public Engagement Committee Meeting Wed., February 28, 2024**

**Next Board of Directors Meeting Wednesday, March 13, 2024, at 6:00 pm**

**H. ADJOURNMENT-**

There being no further business the meeting was adjourned at 7:15 pm.



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Executive Assistant / Board Clerk



## MINUTES

### FACILITIES COMMITTEE MEETING

Wednesday, February 21, 2024, at 10:00 A.M.

Administrative Office, 1<sup>st</sup> Floor Community Room

138 S. Brandon Rd., Fallbrook CA 92028

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate in the webinar.

#### 1. CALL MEETING TO ORDER/ROLL CALL

In attendance- Director Jeffries and Director Mroz, CEO Rachel Mason, Administrative Officer Judith Oswald, Executive Assistant Raquel Williams, Property Manager Roy Moosa.

#### 2. PUBLIC COMMENTS - ANNOUNCEMENT

None

#### 3. DISCUSSION ITEMS

Ongoing/Completed Projects at the Community Health & Wellness Center

##### a) Building B- Education Rooms 3-6 Conversion

CEO Mason gave an update on the contractor, and we are waiting for communication from the vendor.

Building A- Community Room 1 HVAC systems- HVAC Systems are up and running additional work is needed for choir loft after the paint is chosen date for completion should be in March. A crane will be needed to remove the broken HVAC systems and logistics are in progress. CEO Mason is pleased with the HVAC vendor who is also local.

b) FirstNet/AT&T Public Safety Communications Tower- Director Jeffries and Director Mroz have chosen to not proceed with the Communications tower. Director Jeffries is concerned with optics within the community and feels we should listen to the Fallbrook planning committee.

##### c) ADA accessible ramps

- Bldg. A to Bldg. B
- Parking Lot to lower field

CEO Mason reached out to KARN engineering to confirm that the SiteLogiQ project will not affect the new concrete that will be installed for the ramps. Estimates for the concrete are needed if over \$25,000.00 an RFP will be required. No permits will be needed, it is considered a minor improvement.

d) RFP Architectural Services - CEO Mason shared with the committee that an architect will be needed to complete the design of building A for the demonstration kitchen and restrooms. Director Mroz recommends that all the buildings be inspected for their structural integrity. Mr. Moosa says it's a good idea to get them checked out for termites since it's been over 5 years since the last termite inspection. CEO Mason will have Fowler Pest Control come see building A.



e) SiteLogiQ update – CEO Mason shared with the committee that the kickoff meeting occurred last week with the project manager, and he happens to be a Fallbrook resident. Biweekly check-in meetings will take place and the initial timeline will be to start in July. Plans to close the center during the major construction times for safety reasons and the team is planning accordingly.

**4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS-**

None

**5. ADJOURNMENT –**

There being no further business the meeting was adjourned at 10:35 am.

A handwritten signature in blue ink, appearing to read "August Wilkins", written in a cursive style.

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Executive Assistant/Board Clerk

# Fallbrook Regional Health District

## Report #1 - Balance Sheet Comparison

As of January 31, 2024

	TOTAL		
	AS OF JAN 31, 2024	AS OF DEC 31, 2023 (PP)	% CHANGE
<b>ASSETS</b>			
Current Assets			
Bank Accounts			
Five Star Bank Account	250,000.00	250,000.00	0.00 %
Pacific Western Bank - Checking	807,308.26	560,470.69	44.04 %
Petty Cash	138.47	138.47	0.00 %
<b>Total Bank Accounts</b>	<b>\$1,057,446.73</b>	<b>\$810,609.16</b>	<b>30.45 %</b>
Other Current Assets			
Interest Receivable - LAIF	0.00	0.00	
Prepaid Insurance	15,132.54	18,159.04	(16.67 %)
Reimbursement Receivable - CDD	559.22	559.22	0.00 %
Tax Apportionment Receivable	66,012.28	387,531.90	(82.97 %)
<b>Total Other Current Assets</b>	<b>\$81,704.04</b>	<b>\$406,250.16</b>	<b>(79.89 %)</b>
<b>Total Current Assets</b>	<b>\$1,139,150.77</b>	<b>\$1,216,859.32</b>	<b>(6.39 %)</b>
Fixed Assets			
Accumulated Depreciation - All Buildings			
E. Mission Road	(279,345.40)	(274,752.40)	(1.67 %)
E. Mission Road - Improvements	1,441,539.86	1,441,539.86	0.00 %
E. Mission Road - Land	449,786.47	440,001.47	2.22 %
<b>Total E. Mission Road</b>	<b>2,251,955.33</b>	<b>2,242,170.33</b>	<b>0.44 %</b>
Equipment			
Equipment	85,471.17	85,471.17	0.00 %
Equipment - Depreciation	(61,427.94)	(60,536.52)	(1.47 %)
S. Brandon Road	161,578.00	161,578.00	0.00 %
S. Brandon Road - Improvements	233,355.76	233,355.76	0.00 %
S. Brandon Road - Land	129,662.00	129,662.00	0.00 %
<b>Total S. Brandon Road</b>	<b>524,595.76</b>	<b>524,595.76</b>	<b>0.00 %</b>
<b>Total Fixed Assets</b>	<b>\$2,521,248.92</b>	<b>\$2,516,948.34</b>	<b>0.17 %</b>
Other Assets			
California Class	1,028,965.18	1,024,196.17	0.47 %
CalTrust - Liquidity Fund	1,010,842.97	1,006,226.01	0.46 %
CalTrust - Medium Term Fund	4,835,822.61	4,818,986.97	0.35 %
LAIF	1,508,338.44	1,493,002.28	1.03 %
Note Receivable - East Alvarado Street	346,611.06	348,513.71	(0.55 %)
<b>Total Other Assets</b>	<b>\$8,730,580.26</b>	<b>\$8,690,925.14</b>	<b>0.46 %</b>
<b>TOTAL ASSETS</b>	<b>\$12,390,979.95</b>	<b>\$12,424,732.80</b>	<b>(0.27 %)</b>

# Fallbrook Regional Health District

## Report #1 - Balance Sheet Comparison

As of January 31, 2024

	TOTAL		
	AS OF JAN 31, 2024	AS OF DEC 31, 2023 (PP)	% CHANGE
<b>LIABILITIES AND EQUITY</b>			
Liabilities			
Current Liabilities			
Accounts Payable			
Accounts Payable (A/P)	25,991.37	34,670.18	(25.03 %)
<b>Total Accounts Payable</b>	<b>\$25,991.37</b>	<b>\$34,670.18</b>	<b>(25.03 %)</b>
Credit Cards			
Umpqua Bank - Credit Card	0.00	2,535.47	(100.00 %)
<b>Total Credit Cards</b>	<b>\$0.00</b>	<b>\$2,535.47</b>	<b>(100.00 %)</b>
Other Current Liabilities			
Payroll - Tax Payable	8,060.27	8,515.49	(5.35 %)
Payroll - Vacation & Sick Payable	44,228.88	44,228.88	0.00 %
Payroll - Wages Payable	23,531.45	21,281.63	10.57 %
Simple IRA Plan - Payable	7,012.91	6,929.66	1.20 %
<b>Total Other Current Liabilities</b>	<b>\$82,833.51</b>	<b>\$80,955.66</b>	<b>2.32 %</b>
<b>Total Current Liabilities</b>	<b>\$108,824.88</b>	<b>\$118,161.31</b>	<b>(7.90 %)</b>
<b>Total Liabilities</b>	<b>\$108,824.88</b>	<b>\$118,161.31</b>	<b>(7.90 %)</b>
Equity			
Community Development Disbursement	8,634,578.12	8,634,578.12	0.00 %
Opening balance equity	0.00	0.00	
Retained Earnings	0.00	0.00	
Unrestricted Operations Fund	2,878,900.88	2,878,900.88	0.00 %
Net Income	768,676.07	793,092.49	(3.08 %)
<b>Total Equity</b>	<b>\$12,282,155.07</b>	<b>\$12,306,571.49</b>	<b>(0.20 %)</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$12,390,979.95</b>	<b>\$12,424,732.80</b>	<b>(0.27 %)</b>

# Fallbrook Regional Health District

## Report #2 - Profit and Loss & Fiscal YTD

January 2024

	TOTAL	
	JAN 2024	JUL 2023 - JAN 2024 (YTD)
Income		
Property Tax Revenue	66,066.28	1,470,719.28
<b>Total Income</b>	<b>\$66,066.28</b>	<b>\$1,470,719.28</b>
GROSS PROFIT	<b>\$66,066.28</b>	<b>\$1,470,719.28</b>
Expenses		
Advertising & Promotions	1,164.50	9,513.40
Ask My Accountant		0.00
Auto Expenses	72.03	1,574.70
Bank Fees & Service Charges		0.00
Community Health Contracts		
Bonsall/Fallbrook Little League		5,000.00
Boys & Girls Club of North County		42,241.50
Boys Warriors Soccer Booster, Inc.		5,000.00
Community Health Systems, Inc.		30,000.00
Fallbrook Band Boosters		5,000.00
Fallbrook Food Pantry		37,500.00
Fallbrook Senior Citizens		23,500.00
Foundation for Senior Care		70,000.00
Michelle's Place Cancer Ctr		24,331.00
NC Fire JPA (EMSO)		42,284.61
Palomar Family Counseling		33,430.00
Reins Therapeutic Horsemanship Program		12,500.00
<b>Total Community Health Contracts</b>		<b>330,787.11</b>
District Direct Care Services		
District Sponsored Events		2,962.68
Health Services & Clinics	7,935.00	22,730.11
<b>Total District Direct Care Services</b>	<b>7,935.00</b>	<b>25,692.79</b>
Dues & Subscriptions	500.00	19,170.02
Education & Conferences	1,577.00	18,616.11
Equipment Lease	1,592.55	11,302.43
General Insurance	2,715.58	19,225.88
IT Services	1,000.00	4,600.00
Legal & Accounting services		
Accounting	3,338.75	23,371.25
Independent Audit		15,500.00
Legal	2,572.50	9,555.00
<b>Total Legal &amp; Accounting services</b>	<b>5,911.25</b>	<b>48,426.25</b>
Medical Records Expense	2,702.38	18,610.49

# Fallbrook Regional Health District

## Report #2 - Profit and Loss & Fiscal YTD

January 2024

	TOTAL	
	JAN 2024	JUL 2023 - JAN 2024 (YTD)
Meeting Expenses	651.25	1,765.92
Office Expenses	175.50	241.50
General Office Expenses	213.28	2,852.63
Maintenance & Repairs	9,825.42	52,678.53
Office Equipment & Fixtures		8,682.66
Office Supplies	718.77	10,084.15
Postage & Shipping		169.31
Software & Website	8,000.34	12,180.93
<b>Total Office Expenses</b>	<b>18,933.31</b>	<b>86,889.71</b>
Payroll Expenses		
Board Stipends	2,315.25	14,442.75
Employee Benefits	8,547.81	55,947.00
Payroll Processing Fees	438.13	2,013.74
Payroll Taxes	4,996.44	31,280.07
Salaries	61,134.69	396,431.45
Simple IRA Match	1,781.74	10,437.78
Vacation & Sick Leave		(2,925.08)
Workers Compensation	310.92	2,934.44
<b>Total Payroll Expenses</b>	<b>79,524.98</b>	<b>510,562.15</b>
Property Management Fees		1,800.00
Utilities		
Cell Phones	350.00	2,450.00
General Utilities	2,697.30	20,571.99
Internet/Telephone	1,276.59	8,837.39
<b>Total Utilities</b>	<b>4,323.89</b>	<b>31,859.38</b>
<b>Total Expenses</b>	<b>\$128,603.72</b>	<b>\$1,140,396.34</b>
NET OPERATING INCOME	<b>\$ (62,537.44)</b>	<b>\$330,322.94</b>
Other Income		
Interest/Dividend Income	43,605.44	200,229.23
Unrealized Gain/Loss - LAIF		39,669.25
Unrealized Gain/Loss CalTRUST		69,569.81
<b>Total Other Income</b>	<b>\$43,605.44</b>	<b>\$309,468.29</b>
Other Expenses		
Community Development Disbursements		(158,894.79)
Depreciation Expense		
Depreciation Expense - Brandon Road	1,480.92	10,366.44
Depreciation Expense - Mission Road	4,003.50	28,024.50
<b>Total Depreciation Expense</b>	<b>5,484.42</b>	<b>38,390.94</b>

# Fallbrook Regional Health District

## Report #2 - Profit and Loss & Fiscal YTD

January 2024

	TOTAL	
	JAN 2024	JUL 2023 - JAN 2024 (YTD)
Other Miscellaneous Expense		(8,380.99)
<b>Total Other Expenses</b>	<b>\$5,484.42</b>	<b>\$ (128,884.84)</b>
NET OTHER INCOME	<b>\$38,121.02</b>	<b>\$438,353.13</b>
NET INCOME	<b>\$ (24,416.42)</b>	<b>\$768,676.07</b>

**Fallbrook Regional Health District**  
**Report #3 - Budget vs. Actuals: FY 23-24 - Administrative Class**  
**July 2023 - January 2024**

	Administrative			
	Actual	Budget	over Budget	% of Budget
<b>Income</b>				
Property Tax Revenue	1,470,719.28	1,360,445.22	110,274.06	108.11%
Rental Income		19,657.50	(19,657.50)	0.00%
<b>Total Income</b>	<b>\$ 1,470,719.28</b>	<b>\$ 1,380,102.72</b>	<b>\$ 90,616.56</b>	<b>106.57%</b>
<b>Gross Profit</b>	<b>\$ 1,470,719.28</b>	<b>\$ 1,380,102.72</b>	<b>\$ 90,616.56</b>	<b>106.57%</b>
<b>Expenses</b>				
Advertising & Promotions	3,846.70	23,700.00	(19,853.30)	16.23%
Auto Expenses	1,194.55	1,160.42	34.13	102.94%
Community Health Contracts			0.00	
Boys & Girls Club of North County	42,241.50	37,241.50	5,000.00	113.43%
Community Health Systems, Inc.	30,000.00	30,000.00	0.00	100.00%
Fallbrook Food Pantry	37,500.00	37,500.00	0.00	100.00%
Fallbrook Senior Citizens	23,500.00	23,500.00	0.00	100.00%
Foundation for Senior Care	70,000.00	70,000.00	0.00	100.00%
Michelle's Place Cancer Ctr	24,331.00	24,331.00	0.00	100.00%
NC Fire JPA (Ambulance)		183,750.00	(183,750.00)	0.00%
Palomar Family Counseling	33,430.00	33,430.00	0.00	100.00%
Reins Therapeutic Horsemanship Program	12,500.00	12,500.00	0.00	100.00%
<b>Total Community Health Contracts</b>	<b>\$ 273,502.50</b>	<b>\$ 452,252.50</b>	<b>\$ (178,750.00)</b>	<b>60.48%</b>
District Direct Care Services			0.00	
District Sponsored Events	332.91	1,750.00	(1,417.09)	19.02%
<b>Total District Direct Care Services</b>	<b>\$ 332.91</b>	<b>\$ 1,750.00</b>	<b>\$ (1,417.09)</b>	<b>19.02%</b>
Dues & Subscriptions	18,786.02	19,855.00	(1,068.98)	94.62%
Education & Conferences	17,496.39	15,225.00	2,271.39	114.92%
Equipment Lease	5,728.54	11,306.85	(5,578.31)	50.66%
General Insurance	9,662.94	8,865.78	797.16	108.99%
IT Services	2,100.00	2,100.00	0.00	100.00%
Legal & Accounting services			0.00	
Accounting	23,371.25	21,000.00	2,371.25	111.29%
Independent Audit	15,500.00	16,500.00	(1,000.00)	93.94%
Legal	9,555.00	23,625.00	(14,070.00)	40.44%
<b>Total Legal &amp; Accounting services</b>	<b>\$ 48,426.25</b>	<b>\$ 61,125.00</b>	<b>\$ (12,698.75)</b>	<b>79.22%</b>
Medical Records Expense	18,610.49	18,149.95	460.54	102.54%
Meeting Expenses	1,338.01	495.81	842.20	269.86%
Office Expenses			0.00	
General Office Expenses	2,087.81	1,500.00	587.81	139.19%
Maintenance & Repairs	13,598.37	16,233.00	(2,634.63)	83.77%
Office Supplies	2,974.92	5,500.00	(2,525.08)	54.09%

Postage & Shipping	111.41	560.00	(448.59)	19.89%
Software & Website	8,872.93	11,883.00	(3,010.07)	74.67%
<b>Total Office Expenses</b>	<b>\$ 27,645.44</b>	<b>\$ 35,676.00</b>	<b>\$ (8,030.56)</b>	<b>77.49%</b>
Payroll Expenses			0.00	
Board Stipends	14,442.75	24,150.00	(9,707.25)	59.80%
Employee Benefits	26,333.34	49,363.65	(23,030.31)	53.35%
Payroll Processing Fees	1,531.45	2,323.86	(792.41)	65.90%
Payroll Taxes	20,824.95	20,656.65	168.30	100.81%
Salaries	254,219.92	258,207.81	(3,987.89)	98.46%
Simple IRA Match	6,896.36	7,746.20	(849.84)	89.03%
Workers Compensation	1,846.22	644.00	1,202.22	286.68%
<b>Total Payroll Expenses</b>	<b>\$ 326,094.99</b>	<b>\$ 363,092.17</b>	<b>\$ (36,997.18)</b>	<b>89.81%</b>
Property Management Fees	1,800.00	400.00	1,400.00	450.00%
Utilities			0.00	
Cell Phones	1,400.00	875.00	525.00	160.00%
General Utilities	8,590.05	7,858.50	731.55	109.31%
Internet/Phone (deleted)		3,570.00	(3,570.00)	0.00%
<b>Total Utilities</b>	<b>\$ 9,990.05</b>	<b>\$ 12,303.50</b>	<b>\$ (2,313.45)</b>	<b>81.20%</b>
<b>Total Expenses</b>	<b>\$ 766,555.78</b>	<b>\$ 1,027,457.98</b>	<b>\$ (260,902.20)</b>	<b>74.61%</b>
<b>Net Operating Income</b>	<b>\$ 704,163.50</b>	<b>\$ 352,644.74</b>	<b>\$ 351,518.76</b>	<b>199.68%</b>
Other Income				
Interest/Dividend Income	200,229.23	47,928.88	152,300.35	417.76%
<b>Total Other Income</b>	<b>\$ 200,229.23</b>	<b>\$ 47,928.88</b>	<b>\$ 152,300.35</b>	<b>417.76%</b>
<b>Net Other Income</b>	<b>\$ 200,229.23</b>	<b>\$ 47,928.88</b>	<b>\$ 152,300.35</b>	<b>417.76%</b>
<b>Net Income</b>	<b>\$ 904,392.73</b>	<b>\$ 400,573.62</b>	<b>\$ 503,819.11</b>	<b>225.77%</b>

Tuesday, Feb 27, 2024 05:41:53 PM GMT-8 - Accrual Basis



**Fallbrook Regional Health District**  
**Report #3 - Budget vs. Actuals: FY 23-24 - Wellness Center**  
 July 2023 - January 2024

	Wellness Center			
	Actual	Budget	over Budget	% of Budget
<b>Income</b>				
Program Fees		1,250.00	(1,250.00)	0.00%
Wellness Center Income - Event/Space Rental		750.00	(750.00)	0.00%
<b>Total Income</b>	<b>\$ -</b>	<b>\$ 2,000.00</b>	<b>\$ (2,000.00)</b>	<b>0.00%</b>
<b>Gross Profit</b>	<b>\$ -</b>	<b>\$ 2,000.00</b>	<b>\$ (2,000.00)</b>	<b>0.00%</b>
<b>Expenses</b>				
Advertising & Promotions	5,666.70	15,430.00	(9,763.30)	36.73%
District Direct Care Services			0.00	
District Sponsored Events	2,629.77	5,500.00	(2,870.23)	47.81%
Health Services & Clinics	22,730.11	72,650.00	(49,919.89)	31.29%
<b>Total District Direct Care Services</b>	<b>\$ 25,359.88</b>	<b>\$ 78,150.00</b>	<b>\$ (52,790.12)</b>	<b>32.45%</b>
Dues & Subscriptions	384.00	952.00	(568.00)	40.34%
Education & Conferences	1,119.72	9,150.00	(8,030.28)	12.24%
Equipment Lease	5,573.89	6,601.35	(1,027.46)	84.44%
General Insurance	9,562.94	8,865.78	697.16	107.86%
IT Services	2,500.00	2,100.00	400.00	119.05%
Legal & Accounting services			0.00	
Legal		7,875.00	(7,875.00)	0.00%
<b>Total Legal &amp; Accounting services</b>	<b>\$ -</b>	<b>\$ 7,875.00</b>	<b>\$ (7,875.00)</b>	<b>0.00%</b>
Meeting Expenses	427.91	175.00	252.91	244.52%
Office Expenses			0.00	
General Office Expenses	764.82	1,000.00	(235.18)	76.48%
Maintenance & Repairs	39,080.16	28,995.00	10,085.16	134.78%
Office Supplies	7,109.23	13,500.00	(6,390.77)	52.66%
<b>Total Office Expenses</b>	<b>\$ 46,954.21</b>	<b>\$ 43,495.00</b>	<b>\$ 3,459.21</b>	<b>107.95%</b>
Payroll Expenses			0.00	
Employee Benefits	29,613.66	39,490.92	(9,877.26)	74.99%
Payroll Processing Fees	482.29	1,298.22	(815.93)	37.15%
Payroll Taxes	10,455.12	11,539.85	(1,084.73)	90.60%
Salaries	142,211.53	144,247.81	(2,036.28)	98.59%
Simple IRA Match	3,541.41	4,327.40	(785.99)	81.84%
Workers Compensation	1,088.22	490.00	598.22	222.09%
<b>Total Payroll Expenses</b>	<b>\$ 187,392.23</b>	<b>\$ 201,394.20</b>	<b>\$ (14,001.97)</b>	<b>93.05%</b>
Property Management Fees		300.00	(300.00)	0.00%
Utilities			0.00	
Cell Phones	1,050.00	700.00	350.00	150.00%
General Utilities	11,981.94	10,395.00	1,586.94	115.27%
Internet/Phone (deleted)		3,780.00	(3,780.00)	0.00%

<b>Total Utilities</b>	\$	<b>13,031.94</b>	\$	<b>14,875.00</b>	\$	<b>(1,843.06)</b>	<b>87.61%</b>
<b>Total Expenses</b>	\$	<b>297,973.42</b>	\$	<b>389,363.33</b>	\$	<b>(91,389.91)</b>	<b>76.53%</b>
<b>Net Operating Income</b>	\$	<b>(297,973.42)</b>	\$	<b>(387,363.33)</b>	\$	<b>89,389.91</b>	<b>76.92%</b>
<b>Net Income</b>	\$	<b>(297,973.42)</b>	\$	<b>(387,363.33)</b>	\$	<b>89,389.91</b>	<b>76.92%</b>

Tuesday, Feb 27, 2024 05:43:54 PM GMT-8 - Accrual Basis

# California State Treasurer *Fiona Ma, CPA*



Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

February 06, 2024

[LAIF Home](#)  
[PMIA Average Monthly Yields](#)

## FALLBROOK REGIONAL HEALTH DISTRICT

DISTRICT ADMINISTRATOR  
138 SOUTH BRANDON ROAD  
FALLBROOK, CA 92028

[Tran Type Definitions](#)

Account Number: XXXXXXXXXX

January 2024 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Web Confirm Number	Authorized Caller	Amount
1/12/2024	1/11/2024	QRD	1745314	N/A	SYSTEM	15,336.16

### Account Summary

Total Deposit:	15,336.16	Beginning Balance:	1,493,002.28
Total Withdrawal:	0.00	Ending Balance:	1,508,338.44



CalTRUST  
 PO Box 2709  
 Granite Bay, CA 95746  
 www.caltrust.org  
 Email: admin@caltrust.org  
 Fax: 402-963-9094  
 Phone: 833-CALTRUST (225-8787)

## Investment Account Summary

01/01/2024 through 01/31/2024

### SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Jan 31 (\$)	Value on Jan 31 (\$)	Average Cost Amount (\$)	Cumulative Change in Value (\$)
<b>FALLBROOK REGIONAL HEALTH DISTRICT</b>						
CalTRUST Medium Term Fund	[REDACTED]	492,446.295	9.82	4,835,822.62	4,933,251.29	(97,428.67)
CalTRUST Liquidity Fund	[REDACTED]	1,010,842.970	1.00	1,010,842.97	1,010,842.97	0.00
<b>Portfolios Total value as of 01/31/2024</b>				<b>5,846,665.59</b>		

### DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance in Shares	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$)	Realized Gain/(Loss) (\$)
<b>CalTRUST Medium Term Fund</b>		<b>FALLBROOK REGIONAL HEALTH DISTRICT</b>			<b>Account Number: [REDACTED]</b>			
Beginning Balance	01/01/2024			490,731.871	9.82	4,818,986.97		
Accrual Income Div Reinvestment	01/31/2024	16,835.64	1,714.424	492,446.295	9.82	4,835,822.62	0.00	0.00
Change in Value						0.00		
<b>Closing Balance as of</b>	<b>Jan 31</b>			<b>492,446.295</b>	<b>9.82</b>	<b>4,835,822.62</b>		
<b>CalTRUST Liquidity Fund</b>		<b>FALLBROOK REGIONAL HEALTH DISTRICT</b>			<b>Account Number: [REDACTED]</b>			
Beginning Balance	01/01/2024			1,006,226.010	1.00	1,006,226.01		
Accrual Income Div Reinvestment	01/31/2024	4,616.96	4,616.960	1,010,842.970	1.00	1,010,842.97	0.00	0.00
Change in Value						0.00		
<b>Closing Balance as of</b>	<b>Jan 31</b>			<b>1,010,842.970</b>	<b>1.00</b>	<b>1,010,842.97</b>		

Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

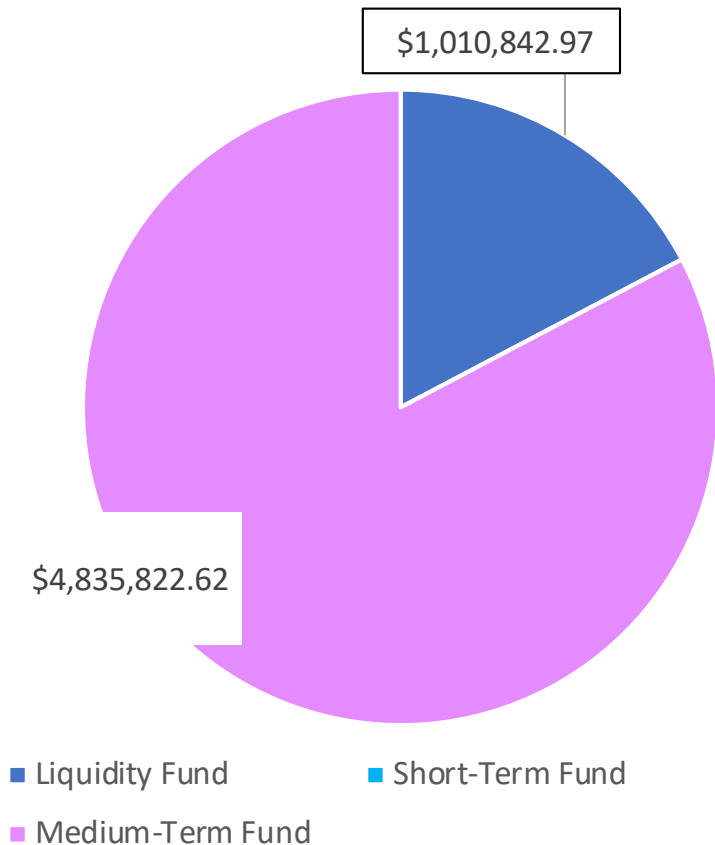


# Fallbrook Regional Health District

TOTAL ASSETS: **\$5,846,665.59**

*Shareholder Summary As of January 31, 2024*

## ASSETS



## CalTRUST Funds' Key Characteristics

*CREATED BY CALIFORNIA PUBLIC AGENCIES FOR CALIFORNIA PUBLIC AGENCIES*

### Liquidity Fund

Liquidity: Same-Day  
Cut-Off Time: 9:00am, 11:15am, 12:00pm PST  
S&P Rating: AAAm  
Stable NAV

### Short-Term Fund

Liquidity: Next-Day  
Cut-Off Time: 10:30am PST  
S&P Rating: AAf  
Floating NAV

### Medium-Term Fund

Liquidity: Two-Days  
Cut-Off Time: 10:30am PST  
S&P Rating: AA-f  
Floating NAV



## Milestones



**\$4+ BILLION**  
 Assets under management

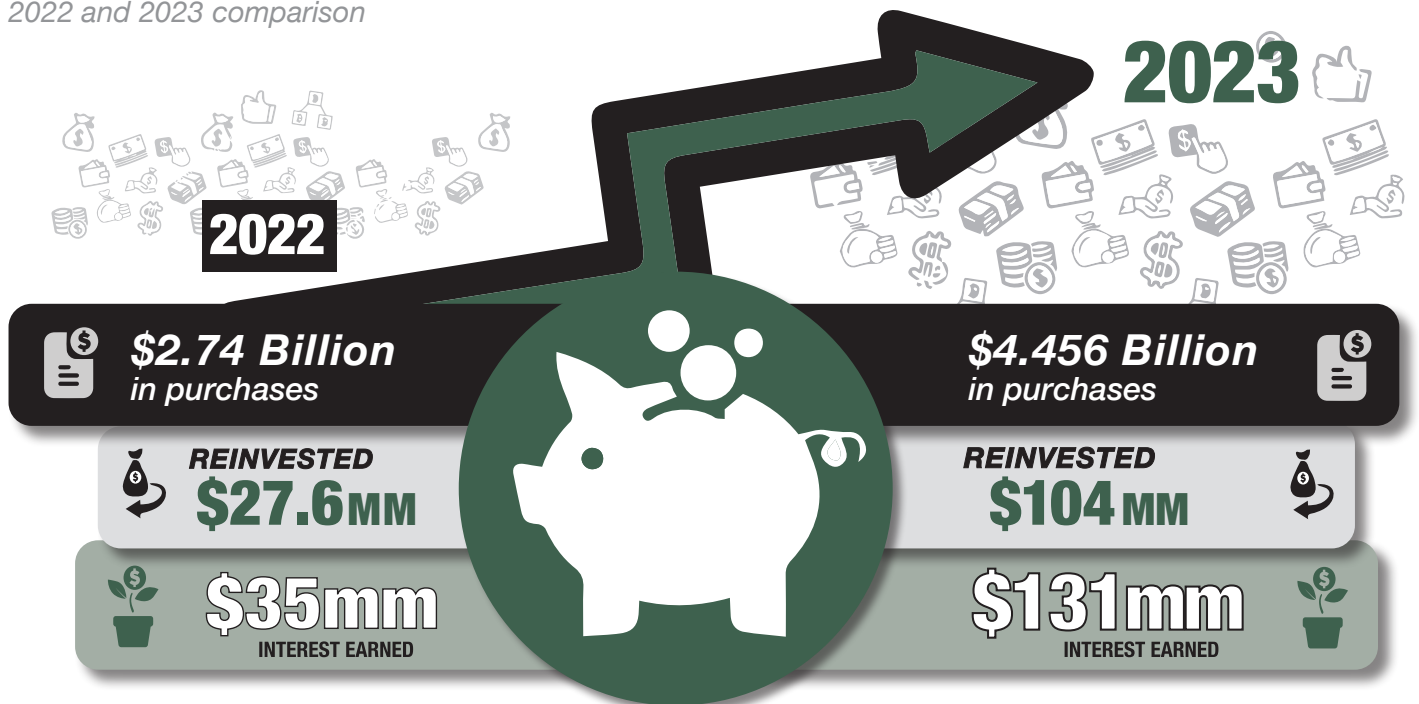


**4** dedicated staff members providing top level service



information and thought leadership provided regularly to participants and shareholders of CalTRUST

2022 and 2023 comparison



**\$3.65** BILLION  
 AVERAGE ASSETS

**4,222**  
 transactions processed

**32**

Conferences and events



**3**

speaking engagements by CalTRUST

**56** CALI FLIGHTS

**64** chicken lunches

Active & engaged with audiences and shareholders



Countless virtual shareholder meetings

**514** followers on LinkedIn

**\$240,831,965**  
 transferred between funds



# Summary Statement

January 31, 2024

Page 1 of 3

Investor ID: [REDACTED]

0000079-0000311 PDF 614029

**Fallbrook Regional Health District**  
**138 South Brandon Road**  
**Fallbrook, CA 92028**

## California CLASS

### California CLASS

Average Monthly Yield: 5.4981%

		Beginning Balance	Contributions	Withdrawals	Income Earned	Income Earned YTD	Average Daily Balance	Month End Balance
[REDACTED]	FRHD_CLASS_Prime	1,024,196.17	0.00	0.00	4,769.01	4,769.01	1,024,350.01	1,028,965.18
<b>TOTAL</b>		<b>1,024,196.17</b>	<b>0.00</b>	<b>0.00</b>	<b>4,769.01</b>	<b>4,769.01</b>	<b>1,024,350.01</b>	<b>1,028,965.18</b>



# Account Statement

January 31, 2024

Page 2 of 3

Account Number: [REDACTED]

FRHD\_CLASS\_Prime

## Account Summary

Average Monthly Yield: 5.4981%

	Beginning Balance	Contributions	Withdrawals	Income Earned	Income Earned YTD	Average Daily Balance	Month End Balance
California CLASS	1,024,196.17	0.00	0.00	4,769.01	4,769.01	1,024,350.01	1,028,965.18

## Transaction Activity

Transaction Date	Transaction Description	Contributions	Withdrawals	Balance	Transaction Number
01/01/2024	Beginning Balance			1,024,196.17	
01/31/2024	Income Dividend Reinvestment	4,769.01			
01/31/2024	Ending Balance			1,028,965.18	





California CLASS

California CLASS

Date	Dividend Rate	Daily Yield
01/01/2024	0.00000000	5.5660%
01/02/2024	0.000151527	5.5412%
01/03/2024	0.000151612	5.5490%
01/04/2024	0.000151519	5.5445%
01/05/2024	0.000450972	5.5019%
01/06/2024	0.00000000	5.5019%
01/07/2024	0.00000000	5.5019%
01/08/2024	0.000151077	5.5294%
01/09/2024	0.000150928	5.5240%
01/10/2024	0.000150867	5.5218%
01/11/2024	0.000150735	5.5169%
01/12/2024	0.000602688	5.5146%
01/13/2024	0.00000000	5.5146%
01/14/2024	0.00000000	5.5146%
01/15/2024	0.00000000	5.5146%
01/16/2024	0.000150643	5.5135%
01/17/2024	0.000150647	5.5109%
01/18/2024	0.000150532	5.5095%
01/19/2024	0.000447396	5.4582%
01/20/2024	0.00000000	5.4582%
01/21/2024	0.00000000	5.4582%
01/22/2024	0.000149237	5.4621%
01/23/2024	0.000149217	5.4614%
01/24/2024	0.000149287	5.4639%
01/25/2024	0.000149370	5.4670%
01/26/2024	0.000448314	5.4694%
01/27/2024	0.00000000	5.4694%
01/28/2024	0.00000000	5.4694%
01/29/2024	0.000149497	5.4716%
01/30/2024	0.000149436	5.4694%
01/31/2024	0.000149480	5.4710%

Performance results are shown net of all fees and expenses and reflect the reinvestment of dividends and other earnings. Many factors affect performance including changes in market conditions and interest rates and in response to other economic, political, or financial developments. Investment involves risk including the possible loss of principal. No assurance can be given that the performance objectives of a given strategy will be achieved. **Past performance is no guarantee of future results. Any financial and/or investment decision may incur losses.**

### **LOCAL AGENCY INVESTMENT FUND (LAIF)**

Through the Pooled Money Investment Account (PMIA), the State Treasurer invests taxpayers' money to manage the State's cash flow and strengthen the financial security of local governmental entities. PMIA policy sets as primary investment objectives safety, liquidity and yield.

As of January 31, 2024, the District's balance was \$1,508,338.44. This represents 17.99% of the District's investment portfolio. The Average Monthly Effective Yield for the month of January, 2024 was 4.012%. In January, 2024, the District reported \$15,336.16 in quarterly earnings.

### **CalTRUST**

The CalTRUST Board works closely with the investment manager, State Street Global Advisors, to ensure that public dollars are managed securely and efficiently and are in full compliance with California Law. The primary objective is to safeguard the preservation of principal.

The District is invested in two CalTRUST Funds: Medium Term Fund and Liquidity Fund. As of January, 2024, the District's closing Net Asset Value was \$5,846,665.59. This represents 69.74% of the District's investment portfolio.

In January, 2024, the District earned \$21,452.60 in dividend income and reported no unrealized gains. The One Year Yield on the Medium-Term Fund was 3.64% and the One Year Yield on the Liquidity Fund was 5.30%.

### **California CLASS**

The California Cooperative Liquid Assets Securities System (California CLASS) is a pooled investment option that invests in high-quality, short-to-medium-term securities that prioritizes principal preservation. The California CLASS management has appointed Public Trust Advisors, LLC to serve as the Investment Advisor and Administrator. As of January, 2024, the District's balance was \$1,028,965.18. This represents 12.27% of the District's investment portfolio. In January, 2024, the District reported \$4,769.01 in earnings. The 30-day average yield was 5.4928%.

The investments of the District are in compliance with the District's 2022-2023 Investment Policy. The balances in the District's investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
<b>24 Hour Elevator Inc.</b>				
01/09/2024	Bill Payment (Check)	13930	(249.17)	Pacific Western Bank - Checking
01/01/2024	Bill	157619	249.17	Office Expenses:Maintenance & Repairs
<b>Amazon Capital Services</b>				
01/02/2024	Bill Payment (Check)	13915	(672.53)	Pacific Western Bank - Checking
12/28/2023	Bill	1MPT-QRFG-G9QM	611.99	Office Expenses:Office Supplies
12/28/2023	Bill	1ML\$-C17D-GNXV	36.86	Office Expenses:Office Supplies
12/21/2023	Bill	1WK9-CJ36-4FYC	23.68	Office Expenses:Office Supplies
01/09/2024	Bill Payment (Check)	13931	(122.78)	Pacific Western Bank - Checking
01/04/2024	Bill	1VV9-V4J7-3R1L	122.78	Office Expenses:Office Supplies
01/16/2024	Bill Payment (Check)	13953	(138.60)	Pacific Western Bank - Checking
01/10/2024	Bill	1K6X-KPJ1-HDC4	123.57	Office Expenses:Office Supplies
01/11/2024	Bill	1LXQ-4YF1-PVV7	15.03	Office Expenses:Office Supplies
01/30/2024	Bill Payment (Check)	13967	(11.92)	Pacific Western Bank - Checking
01/23/2024	Bill	1LW9-J9NL-6L6J	11.92	Office Expenses:Office Supplies
<b>Brand Assassins</b>				
01/16/2024	Bill Payment (Check)	13954	(265.41)	Pacific Western Bank - Checking
01/09/2024	Bill	22713	265.41	Advertising & Promotions
<b>CalPERS</b>				
01/23/2024	Bill Payment (Check)	13961	(8,694.77)	Pacific Western Bank - Checking
01/16/2024	Bill	ID# 1559595490	8,694.77	-Split-
<b>CellGate</b>				
01/23/2024	Bill Payment (Check)	13962	(88.20)	Pacific Western Bank - Checking
02/01/2024	Bill	70809	88.20	Office Expenses:Maintenance & Repairs
<b>Costco</b>				
01/16/2024	Bill Payment (Check)	13955	(120.00)	Pacific Western Bank - Checking
01/09/2024	Bill	000111805482591	120.00	Dues & Subscriptions
<b>Culligan of Escondido</b>				
01/09/2024	Bill Payment (Check)	13932	(63.28)	Pacific Western Bank - Checking
12/31/2023	Bill	10922458	63.28	Office Expenses:General Office Expenses
<b>Culligan of San Diego</b>				
01/30/2024	Bill Payment (Check)	13968	(66.00)	Pacific Western Bank - Checking
12/31/2023	Bill	1399521	66.00	Office Expenses
<b>Darren Key</b>				
01/09/2024	Bill Payment (Check)	13933	(225.00)	Pacific Western Bank - Checking
01/04/2024	Bill	01042024	130.00	Office Expenses:Maintenance & Repairs
01/08/2024	Bill	01082024	95.00	Office Expenses:Maintenance & Repairs

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
<b>Event Temple</b>				
01/30/2024	Bill Payment (Check)	13969	(3,218.00)	Pacific Western Bank - Checking
01/26/2024	Bill	FF1880F8-0003	3,218.00	Office Expenses:Software & Website
<b>Fallbrook Chamber of Commerce</b>				
01/02/2024	Bill Payment (Check)	13916	(10.00)	Pacific Western Bank - Checking
01/02/2024	Bill	FF	10.00	-Split-
<b>Fallbrook Printing Corporation</b>				
01/02/2024	Bill Payment (Check)	13917	(1,099.43)	Pacific Western Bank - Checking
12/21/2023	Bill	25249	1,099.43	Advertising & Promotions
<b>Fallbrook Rooter &amp; Drain Service</b>				
01/30/2024	Bill Payment (Check)	13970	(270.00)	Pacific Western Bank - Checking
01/20/2024	Bill	23705	270.00	Office Expenses:Maintenance & Repairs
<b>Fallbrook Waste &amp; Recycling - E. Mission</b>				
01/09/2024	Bill Payment (Check)	13934	(295.03)	Pacific Western Bank - Checking
12/31/2023	Bill	20-T3 452088	295.03	Utilities:General Utilities
<b>Fowler Pest Control, Inc.</b>				
01/09/2024	Bill Payment (Check)	13935	(404.00)	Pacific Western Bank - Checking
01/09/2024	Bill	257393	158.00	Office Expenses:Maintenance & Repairs
01/08/2024	Bill	257300	88.00	Office Expenses:Maintenance & Repairs
12/04/2023	Bill	255517	158.00	Office Expenses:Maintenance & Repairs
<b>FPUD - 7720-001</b>				
01/02/2024	Bill Payment (Check)	13918	(340.19)	Pacific Western Bank - Checking
12/20/2023	Bill	7720-001	340.19	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13971	(305.42)	Pacific Western Bank - Checking
01/23/2024	Bill	007720-001	305.42	Utilities:General Utilities
<b>FPUD - 7720-002 - E. Mission Rd.</b>				
01/02/2024	Bill Payment (Check)	13919	(52.09)	Pacific Western Bank - Checking
12/20/2023	Bill	7720-002	52.09	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13972	(52.09)	Pacific Western Bank - Checking
01/26/2024	Bill	007720-002	52.09	Utilities:General Utilities
<b>FPUD - 7720-003 - E. Mission Rd.</b>				
01/02/2024	Bill Payment (Check)	13920	(268.81)	Pacific Western Bank - Checking
12/20/2023	Bill	7720-003	268.81	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13973	(227.90)	Pacific Western Bank - Checking
01/23/2024	Bill	007720-003	227.90	Utilities:General Utilities

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
FPUD - 7721-000				
01/02/2024	Bill Payment (Check)	13921	(52.09)	Pacific Western Bank - Checking
12/20/2023	Bill	7721-000	52.09	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13974	(52.09)	Pacific Western Bank - Checking
01/23/2024	Bill	007721-000	52.09	Utilities:General Utilities
Iron Mountain				
01/09/2024	Bill Payment (Check)	13936	(2,744.73)	Pacific Western Bank - Checking
12/31/2023	Bill	JBYH059	2,744.73	Medical Records Expense
01/30/2024	Bill Payment (Check)	13975	(2,702.38)	Pacific Western Bank - Checking
01/31/2024	Bill	JDCD602	2,702.38	Medical Records Expense
Jan-Pro Commercial Cleaning				
01/16/2024	Bill Payment (Check)	13956	(920.00)	Pacific Western Bank - Checking
01/09/2024	Bill	110830	920.00	Office Expenses:Maintenance & Repairs
Jasmine Thomas				
01/02/2024	Bill Payment (Check)	13922	(15.72)	Pacific Western Bank - Checking
12/31/2023	Bill	December mileage	15.72	Auto Expenses
Jeffrey G. Scott, Esquire				
01/09/2024	Bill Payment (Check)	13937	(2,835.00)	Pacific Western Bank - Checking
12/31/2023	Bill	Legal Svcs	2,835.00	Legal & Accounting services:Legal
01/23/2024	Bill Payment (Check)	13963	(1,750.00)	Pacific Western Bank - Checking
12/31/2023	Bill	For April 2023	1,750.00	Legal & Accounting services:Legal
Juana Diaz				
01/02/2024	Bill Payment (Check)	13923	(510.00)	Pacific Western Bank - Checking
12/27/2023	Bill	165040	510.00	-Split-
01/09/2024	Bill Payment (Check)	13938	(480.00)	Pacific Western Bank - Checking
01/03/2024	Bill	165047	480.00	-Split-
01/16/2024	Bill Payment (Check)	13957	(180.00)	Pacific Western Bank - Checking
01/09/2024	Bill	165046	180.00	Office Expenses:Maintenance & Repairs
01/23/2024	Bill Payment (Check)	13964	(180.00)	Pacific Western Bank - Checking
01/17/2024	Bill	165050	180.00	Office Expenses:Maintenance & Repairs
01/30/2024	Bill Payment (Check)	13976	(180.00)	Pacific Western Bank - Checking
01/24/2024	Bill	379451	180.00	Office Expenses:Maintenance & Repairs
JW Mechanical				
01/30/2024	Bill Payment (Check)	13977	(10,000.00)	Pacific Western Bank - Checking
12/06/2023	Bill	163612623	10,000.00	E. Mission Road:E. Mission Road - Improvements
KARN Engineering & Surveying				
01/02/2024	Bill Payment (Check)	13924	(2,290.00)	Pacific Western Bank - Checking

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
12/27/2023	Bill	6873	2,290.00	Office Expenses:Maintenance & Repairs
Knight Security & Fire Systems				
01/09/2024	Bill Payment (Check)	13939	(44.00)	Pacific Western Bank - Checking
01/02/2024	Bill	182119	44.00	Office Expenses:Maintenance & Repairs
Konica Minolta				
01/23/2024	Bill Payment (Check)	13965	(1,592.55)	Pacific Western Bank - Checking
01/05/2024	Bill	43929600	1,592.55	-Split-
LDC Always Green Landscape				
01/09/2024	Bill Payment (Check)	13940	(1,800.00)	Pacific Western Bank - Checking
12/31/2023	Bill	1138	450.00	Office Expenses:Maintenance & Repairs
12/31/2023	Bill	1137	1,350.00	Office Expenses:Maintenance & Repairs
Low Voltage				
01/09/2024	Bill Payment (Check)	13941	(340.75)	Pacific Western Bank - Checking
01/05/2024	Bill	51613	340.75	Office Expenses:Maintenance & Repairs
01/23/2024	Bill Payment (Check)	13966	(353.00)	Pacific Western Bank - Checking
01/05/2024	Bill	51612	353.00	Office Expenses:Maintenance & Repairs
Palomar Family Counseling Service Inc.				
01/30/2024	Bill Payment (Check)	13978	(810.00)	Pacific Western Bank - Checking
12/31/2023	Bill	12854	810.00	District Direct Care Services:Health Services & Clinics
Pitney Bowes - Lease				
01/02/2024	Bill Payment (Check)	13925	(77.29)	Pacific Western Bank - Checking
12/26/2023	Bill	3106464933	77.29	Equipment Lease
Pitney Bowes - Purchase Power				
01/09/2024	Bill Payment (Check)	13942	(150.00)	Pacific Western Bank - Checking
01/02/2024	Bill	8000-9090-0976-9550	150.00	Office Expenses:General Office Expenses
Portero Services				
01/02/2024	Bill Payment (Check)	13926	(1,838.75)	Pacific Western Bank - Checking
12/31/2023	Bill	3273	1,838.75	Legal & Accounting services:Accounting
01/30/2024	Bill Payment (Check)	13979	(1,838.75)	Pacific Western Bank - Checking
01/30/2024	Bill		1,838.75	Legal & Accounting services:Accounting
Raquel Williams				
01/30/2024	Bill Payment (Check)	13980	(129.09)	Pacific Western Bank - Checking
01/23/2024	Bill	01312024	129.09	Meeting Expenses
Rotary Club of Fallbrook Village				

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
01/09/2024	Bill Payment (Check)	13943	(35.00)	Pacific Western Bank - Checking
01/09/2024	Bill	2781	35.00	Dues & Subscriptions
SDG&E - 5971 - E. Mission				
01/09/2024	Bill Payment (Check)	13944	(923.19)	Pacific Western Bank - Checking
12/27/2023	Bill	12272023	923.19	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13981	(1,050.10)	Pacific Western Bank - Checking
01/26/2024	Bill	0051 8261 3597 1	1,050.10	Utilities:General Utilities
SDG&E - 6994 - Brandon				
01/09/2024	Bill Payment (Check)	13945	(657.49)	Pacific Western Bank - Checking
12/27/2023	Bill	12272023-2	657.49	Utilities:General Utilities
01/30/2024	Bill Payment (Check)	13982	(714.67)	Pacific Western Bank - Checking
01/26/2024	Bill	01262024	714.67	Utilities:General Utilities
SDRMA				
01/09/2024	Bill Payment (Check)	13946	(697.27)	Pacific Western Bank - Checking
01/05/2024	Bill	H44187	697.27	-Split-
01/16/2024	Bill Payment (Check)	13958	(628.77)	Pacific Western Bank - Checking
12/01/2023	Bill	H43778	628.77	-Split-
Spectrum - Mission				
01/09/2024	Bill Payment (Check)	13947	(520.91)	Pacific Western Bank - Checking
12/22/2023	Bill	0060354122223	520.91	Utilities:Internet/Telephone
01/30/2024	Bill Payment (Check)	13987	(520.91)	Pacific Western Bank - Checking
01/22/2024	Bill	0060354012224	520.91	Utilities:Internet/Telephone
Spectrum Business-Brandon				
01/09/2024	Bill Payment (Check)	13948	(302.93)	Pacific Western Bank - Checking
12/21/2023	Bill	0060321122123	302.93	Utilities:Internet/Telephone
01/30/2024	Bill Payment (Check)	13984	(302.93)	Pacific Western Bank - Checking
01/21/2024	Bill	0060321012124	302.93	Utilities:Internet/Telephone
Springston Design LLC				
01/02/2024	Bill Payment (Check)	13927	(600.00)	Pacific Western Bank - Checking
01/01/2024	Bill	INV-0010	600.00	-Split-
Streamline				
01/02/2024	Bill Payment (Check)	13928	(4,320.00)	Pacific Western Bank - Checking
01/01/2024	Bill	CA0D951F-0028	4,320.00	Office Expenses:Software & Website
Superior Rain Gutters & Awning, Inc.				
01/16/2024	Bill Payment (Check)	13960	(2,600.00)	Pacific Western Bank - Checking
01/02/2024	Bill	9653	2,600.00	Office Expenses:Maintenance & Repairs

# Fallbrook Regional Health District

## Report #7 - Check Detail

January 2024

DATE	TRANSACTION TYPE	NUM	AMOUNT	SPLIT
Susan Woodward				
01/09/2024	Bill Payment (Check)	13949	(1,500.00)	Pacific Western Bank - Checking
12/31/2023	Bill	December	1,500.00	Legal & Accounting services:Accounting
T-Mobile				
01/09/2024	Bill Payment (Check)	13950	(79.84)	Pacific Western Bank - Checking
12/31/2023	Bill	December	79.84	-Split-
01/30/2024	Bill Payment (Check)	13985	(79.88)	Pacific Western Bank - Checking
01/26/2024	Bill	989429125	79.88	-Split-
Uline				
01/02/2024	Bill Payment (Check)	13929	(1,505.79)	Pacific Western Bank - Checking
12/29/2023	Bill	172588252	1,505.79	Office Expenses:Office Supplies
UMPQUA Bank				
01/09/2024	Bill Payment (Check)	13951	(812.32)	Pacific Western Bank - Checking
12/31/2023	Bill	12312023- CC 3997	812.32	-Split-



**Account Summary**




Billing Cycle		01/31/2024
Days In Billing Cycle		31
Previous Balance		\$2,535.47
Purchases	+	\$1,139.95
Cash	+	\$0.00
Balance Transfers	+	\$0.00
Special	+	\$0.00
Credits	-	\$450.32-
Payments	-	\$2,535.47-
Other Charges	+	\$0.00
Finance Charges	+	\$0.00

**NEW BALANCE** **\$689.63**

**Credit Summary**

Total Credit Line	\$12,000.00
Available Credit Line	\$11,310.37
Available Cash	\$0.00
Amount Over Credit Line	\$0.00
Amount Past Due	\$0.00
Disputed Amount	\$0.00

**Account Inquiries**

-  Call us at: (866) 777-9013  
Lost or Stolen Card: (866) 839-3485
-  Go to [www.umpquabank.com](http://www.umpquabank.com)
-  Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

**Payment Summary**

<b>NEW BALANCE</b>	<b>\$689.63</b>
<b>MINIMUM PAYMENT</b>	<b>\$689.63</b>
<b>PAYMENT DUE DATE</b>	<b>02/25/2024</b>

*NOTE: Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.*

**Corporate Activity**

TOTAL CORPORATE ACTIVITY				\$2,985.79-
Trans Date	Post Date	Reference Number	Transaction Description	Amount
01/17	01/17	0000000LBX2401176719002	PAYMENT - THANK YOU	\$2,535.47-
01/26	01/26	70005604026777026150367	REBATE CREDIT	\$450.32-

**Cardholder Account Summary**

LINDA BANNERMAN #### #7133	Payments & Other Credits \$0.00	Purchases & Other Charges \$58.17	Cash Advances \$0.00	Total Activity \$58.17
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**Cardholder Account Detail**

Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
01/05	01/07	PPLN01	24692164005106621563573	WWW COSTCO COM 800-955-2292 WA	\$58.17

PLEASE DETACH COUPON AND RETURN PAYMENT USING THE ENCLOSED ENVELOPE - ALLOW UP TO 7 DAYS FOR RECEIPT

UMPQUA BANK  
 PO BOX 35142 - LB1181  
 SEATTLE WA 98124-5142



**Account Number**  
 #### #7117

Check box to indicate  
 name/address change   
 on back of this coupon

AMOUNT OF PAYMENT ENCLOSED

Closing Date	New Balance	Total Minimum Payment Due	Payment Due Date
01/31/24	\$689.63	\$689.63	02/25/24

\$



BL ACCT 00002840-20000001  
 FALLBROOK REG HEALTH DIST  
 138 SOUTH BRANDON ROAD  
 FALLBROOK CA 92028

MAKE CHECK PAYABLE TO:

UMPQUA BANK COMMERCIAL CARD OPS  
 PO BOX 35142 - LB1181  
 SEATTLE WA 98124-5142

Cardholder Account Summary					
RACHEL MASON ##### 2600		Payments & Other Credits \$0.00	Purchases & Other Charges \$1,010.53	Cash Advances \$0.00	Total Activity \$1,010.53
Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
01/03	01/04	PPLN01	24692164003104851463657	AMZN Mktp US*TK7RL5XK0 Amzn.com/bill WA	\$133.59
01/06	01/07	PPLN01	24692164006106825738996	AMZN Mktp US*TK59U33O1 Amzn.com/bill WA	\$76.47
01/09	01/11	PPLN01	24692164010100354136908	SOUTHWES 5262242430807 800-435-9792 TX RUNNELLS/RACHEL MASO 022124 SAN SMF WN J SAN WN E	\$185.00
01/13	01/14	PPLN01	24765014014839000165853	EL TORO MARKET FALLBROOK CA	\$17.53
01/13	01/15	PPLN01	24692164014103330552087	TST* ESTRELLAS RESTAURAN Fallbrook CA	\$272.94
01/30	01/31	PPLN01	24801974031690293098941	ASSOCIATION OF FUNDRAISI 703-519-8474 VA	\$325.00

Cardholder Account Summary					
THERESA GERACITANO ##### 9073		Payments & Other Credits \$0.00	Purchases & Other Charges \$71.25	Cash Advances \$0.00	Total Activity \$71.25
Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
01/10	01/11	PPLN01	24445004011000866723002	DOLLAR TREE FALLBROOK CA	\$5.39
01/13	01/14	PPLN01	24011344014000002457425	CALENDLY HTTPSCALENDLY GA	\$15.00
01/25	01/26	PPLN01	24492154025713594264177	EB SOUTHWEST HEALTHCA 801-413-7200 CA	\$20.00
01/26	01/28	PPLN01	24692164027103024411645	TRUPIANO'S ITALIAN BIS FALLBROOK CA	\$30.86

Finance Charge Summary / Plan Level Information									
Plan Name	Plan Description	FCM <sup>1</sup>	Average Daily Balance	Periodic Rate *	Corresponding APR	Finance Charges	Effective APR Fees **	Effective APR	Ending Balance
<b>Purchases</b>									
PPLN01 001	PURCHASE	E	\$0.00	0.06008%(D)	21.9900%	\$0.00	\$0.00	0.0000%	\$689.63
<b>Cash</b>									
CPLN01 001	CASH	A	\$0.00	0.06554%(D)	23.9900%	\$0.00	\$0.00	0.0000%	\$0.00
* Periodic Rate (M)=Monthly (D)=Daily							Days In Billing Cycle: 31		
** includes cash advance and foreign currency fees							APR = Annual Percentage Rate		
<sup>1</sup> FCM = Finance Charge Method									
(V) = Variable Rate If you have a variable rate account the periodic rate and Annual Percentage Rate (APR) may vary.									

**Account Summary**




Billing Cycle		01/31/2024
Days In Billing Cycle		31
Previous Balance		\$812.32
Purchases	+	\$2,027.60
Cash	+	\$0.00
Balance Transfers	+	\$0.00
Special	+	\$0.00
Credits	-	\$0.00
Payments	-	\$812.32
Other Charges	+	\$0.00
Finance Charges	+	\$0.00

**NEW BALANCE** **\$2,027.60**

**Credit Summary**

Total Credit Line	\$4,500.00
Available Credit Line	\$2,472.40
Available Cash	\$0.00
Amount Over Credit Line	\$0.00
Amount Past Due	\$0.00
Disputed Amount	\$0.00

**Account Inquiries**

-  Call us at: (866) 777-9013  
Lost or Stolen Card: (866) 839-3485
-  Go to [www.umpquabank.com](http://www.umpquabank.com)
-  Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

**Payment Summary**

<b>NEW BALANCE</b>	<b>\$2,027.60</b>
<b>MINIMUM PAYMENT</b>	<b>\$2,027.60</b>
<b>PAYMENT DUE DATE</b>	<b>02/25/2024</b>

*NOTE: Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.*

**Cardholder Account Summary**

Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
01/03	01/04	PPLN01	24492154003745901506714	ADOBE *ACROPRO SUBS 408-536-6000 CA	\$97.46
01/08	01/10	PPLN01	24692164009109675538935	SOUTHWES 5262241804869 800-435-9792 TX OSWALD/JUDITH ADRIAN 032524 SAN / SMF WN F SMF / SAN WN J	\$167.00
01/11	01/12	PPLN01	24436544012033011852082	SOCIETYFORHUMANRESOURCE 800-2837476 VA	\$335.00
01/11	01/12	PPLN01	24436544012033013927080	SOCIETYFORHUMANRESOURCE 800-2837476 VA	\$820.00
01/11	01/14	PPLN01	24198804012401777087563	PAYPAL *DOORBLOK 4029357733 CA	\$50.64
01/17	01/17		0000000LBX2401176719015	PAYMENT - THANK YOU	\$812.32
01/17	01/18	PPLN01	24943004018898000040773	COSTCO WHSE #0491 TEMECULA CA	\$41.54
01/18	01/19	PPLN01	24204294018000116789044	FACEBK PDURVVKH42 650-5434800 CA	\$0.51
01/27	01/28	PPLN01	24906414027192367702992	EIG*CONSTANTCONTACT.COM 855-2295506 MA	\$110.00
01/30	01/31	PPLN01	24692164030105949018970	VBS*VONAGE BUSINESS 866-901-0242 GA	\$372.87

PLEASE DETACH COUPON AND RETURN PAYMENT USING THE ENCLOSED ENVELOPE - ALLOW UP TO 7 DAYS FOR RECEIPT

UMPQUA BANK  
 PO BOX 35142 - LB1181  
 SEATTLE WA 98124-5142

**Account Number**

#### #### #### 3997

Check box to indicate name/address change on back of this coupon

AMOUNT OF PAYMENT ENCLOSED

Closing Date	New Balance	Total Minimum Payment Due	Payment Due Date
01/31/24	\$2,027.60	\$2,027.60	02/25/24

\$



JUDITH OSWALD  
 FALLBROOK REG HEALTH DIST  
 138 SOUTH BRANDON ROAD  
 FALLBROOK CA 92028-2205

MAKE CHECK PAYABLE TO:

UMPQUA BANK COMMERCIAL CARD OPS  
 PO BOX 35142 - LB1181  
 SEATTLE WA 98124-5142

Cardholder Account Summary Continued					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
01/30	01/31	PPLN01	24204294030000004565070	FACEBK CLK6YWTH42 650-5434800 CA	\$23.42
01/30	01/31	PPLN01	24204294030001701218039	FACEBK EP8JYWTH42 650-5434800 CA	\$9.16

Finance Charge Summary / Plan Level Information									
Plan Name	Plan Description	FCM <sup>1</sup>	Average Daily Balance	Periodic Rate *	Corresponding APR	Finance Charges	Effective APR Fees **	Effective APR	Ending Balance
<b>Purchases</b>									
PPLN01 001	PURCHASE	E	\$0.00	0.06008%(D)	21.9900%	\$0.00	\$0.00	0.0000%	\$2,027.60
<b>Cash</b>									
CPLN01 001	CASH	A	\$0.00	0.06554%(D)	23.9900%	\$0.00	\$0.00	0.0000%	\$0.00
* Periodic Rate (M)=Monthly (D)=Daily							Days In Billing Cycle: 31		
** includes cash advance and foreign currency fees							APR = Annual Percentage Rate		
<sup>1</sup> FCM = Finance Charge Method									
(V) = Variable Rate If you have a variable rate account the periodic rate and Annual Percentage Rate (APR) may vary.									

# Fallbrook Regional Health District

## Report #9 - Community Development Disbursements

July 2023 - January 2024

DATE	NUM	NAME	MEMO/DESCRIPTION	SPLIT	AMOUNT
Wellness Center					
07/14/2023	22448	Brand Assassins		Office Expenses:Maintenance & Repairs	2,478.00
08/06/2023	EST224	JK Drywall and Construction		E. Mission Road:E. Mission Road - Improvements	3,450.00
08/06/2023	EST223	JK Drywall and Construction		E. Mission Road:E. Mission Road - Improvements	5,800.00
08/06/2023	EST222	JK Drywall and Construction		E. Mission Road:E. Mission Road - Improvements	2,800.00
08/06/2023	EST221	JK Drywall and Construction		E. Mission Road:E. Mission Road - Improvements	6,200.00
08/08/2023	166962042	Uline		Office Expenses:Office Supplies	2,316.71
08/09/2023	MASON2	Langdon Floorcovering		E. Mission Road:E. Mission Road - Improvements	7,000.00
08/16/2023	23336	Fallbrook Rooter & Drain Service		Office Expenses:Maintenance & Repairs	612.44
08/23/2023	167560567	Uline		Office Expenses:Office Equipment & Fixtures	3,718.50
09/06/2023	Prop# 16369623	JW Mechanical		E. Mission Road:E. Mission Road - Improvements	7,982.50
09/28/2023	169058645	Uline	Chairs Utility Wagon	Office Expenses:Office Equipment & Fixtures	1,245.04
10/17/2023	169780260	Uline	Community Development Disbursement	Office Expenses:Office Equipment & Fixtures	3,719.12
10/26/2023	1636102623	JW Mechanical	Community Development Disbursement	E. Mission Road:E. Mission Road - Improvements	4,732.50
11/21/2023		JW Mechanical	CHWC - A-2 - CDD	E. Mission Road:E. Mission Road - Improvements	4,732.50
12/06/2023	163612623	JW Mechanical		E. Mission Road:E. Mission Road - Improvements	10,000.00
12/18/2023	23785	Safe and Sound Security		E. Mission Road:E. Mission Road - Improvements	11,958.18
12/27/2023	6873	KARN Engineering & Surveying	Survey for new ramps at WC	Office Expenses:Maintenance & Repairs	2,290.00
01/01/2024	163612623	JW Mechanical		E. Mission Road:E. Mission Road - Improvements	9,785.00
01/01/2024	04012023-11302023	Rob Holmes	CDD - Parking Lot consulting	Office Expenses:Maintenance & Repairs	687.50
<b>Total for Wellness Center</b>					<b>\$91,507.99</b>

## Wellness Center Administrator Report – March 2024

### Programming Updates:

- We continue to stay busy, cultivate new relationships and bring on new programming, including these new programs in March:
  - Tai Chi for Balance class in partnership with Aging & Independence Services, County of San Diego (6-month program)
  - Project Dulce, Type 2 Diabetes Self-Management program (5 class series)
  - Food Smarts & Choose Healthy Beverages Nutrition program (7 class series)
  - Stress Management workshop for Grandparents and Caregivers, provided by Palomar Family Counseling
- This February is the first time the CH&WC has been a part of Love Your Heart, a SD county program that focuses on heart health and understanding blood pressure numbers. Our event consisted of blood pressure screenings, education, hands-only CPR, and a presentation by the Eric Paredes Save a Life Foundation on sudden cardiac arrest.
- Momentum continues to build for the Diabetes Prevention Lifestyle Change program. At one of the Coffee Talk events, we were expecting 6 people and walked into a full room of 16 people. Our current class is large, 30 people. To reach this group of 30 we spoke to over 62 people to see if they are a good fit. Anyone who is disqualified due to having Type 2 Diabetes is being enrolled in the Diabetes Self-Management class, Project Dulce. Others are encouraged to participate in this month's 2 nutrition classes.
- Blood drives hosted at the Community Health & Wellness Center continue to be very successful, the drive in February surpassed its goal of 20 donations with 33 people donating blood.

### Center Updates:

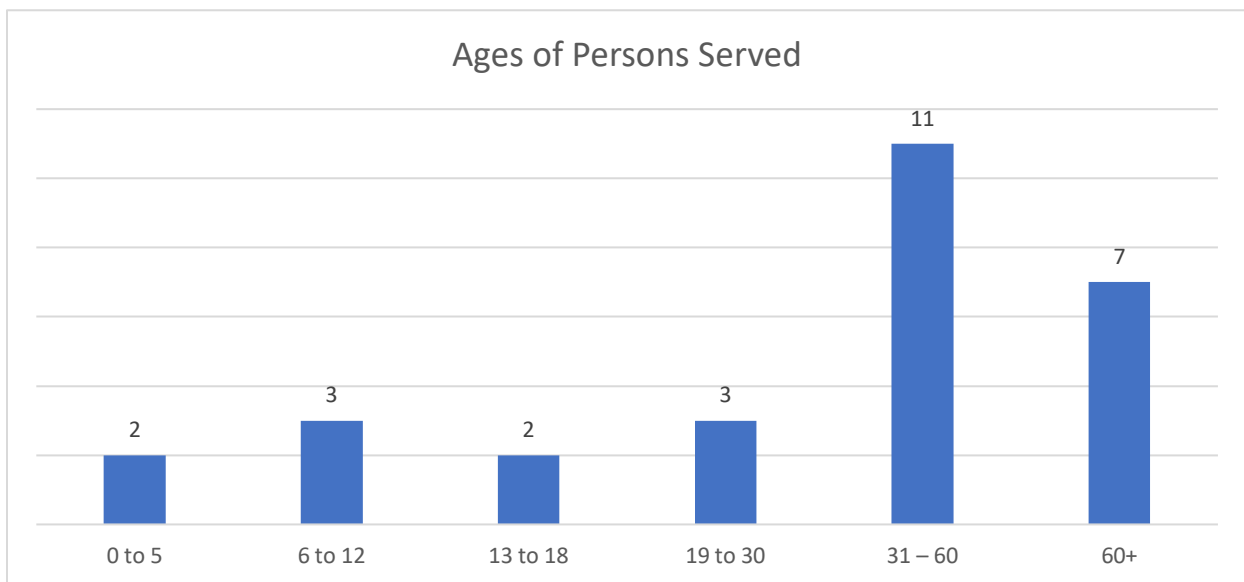
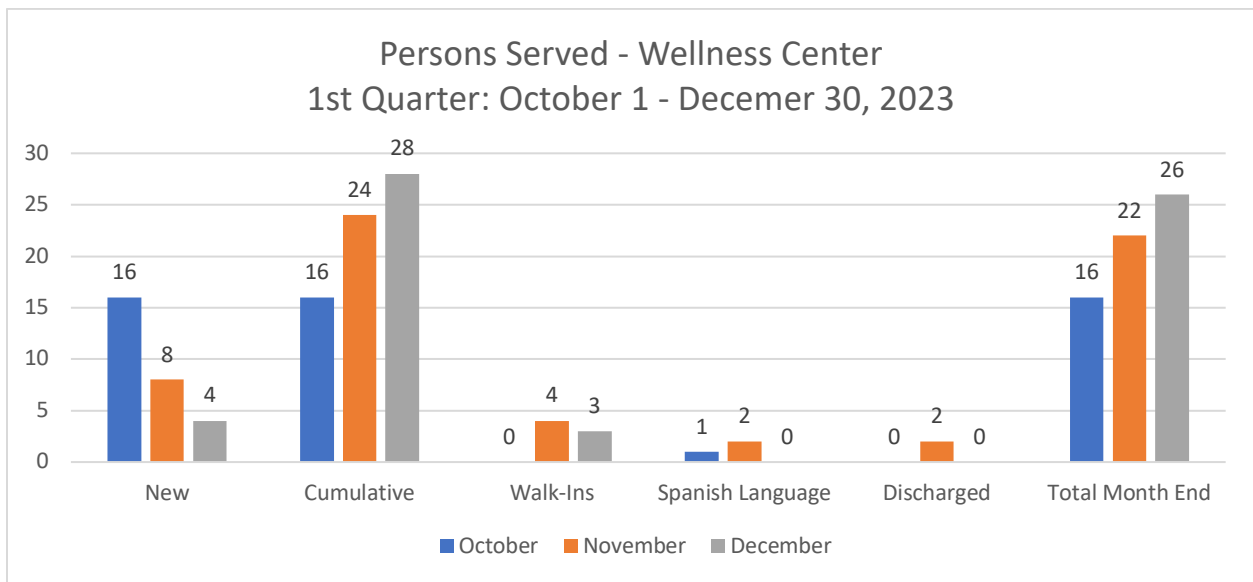
- Food Pantry's educational garden is scheduled to be completed this month.
- Due to our relationship with Skinny Genes, we have the unique opportunity to be featured in a 3–5-minute documentary for new government employees onboarding for the California Dept of Public Health. While there are several components for the onboarding series, the Skinny Gene Project will be featured for the intro to "Module 1: Public Health Sciences- How it helps inform diabetes prevention program and health in CA" and our Diabetes Prevention program graduation celebration will be the highlight.
- Major Market is supporting our efforts in Lifestyle Change with flyer insertion on the first senior discount day of the month in February and March. We look forward to continuing to grow this partnership.

Palomar Family Counseling Service  
Wellness Center – Counseling Services

October 2023 – December 2023

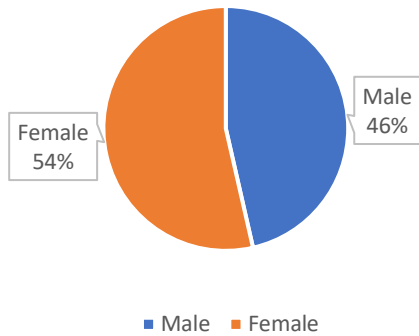
Launched: October 3<sup>rd</sup>  
Day(s): Tuesdays  
Times: 1 p.m. – 2 p.m. (walk-ins)  
2 p.m. – 7 p.m. (by appointment)

Therapists: Gwen Evans, MA, APCC  
Natalia Esparza-Bugarin, MFT Trainee (bilingual)  
Patti Christensen, LCSW (Supervisor)

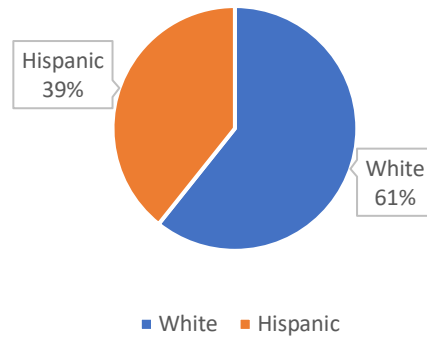


Palomar Family Counseling Service  
Wellness Center – Counseling Services

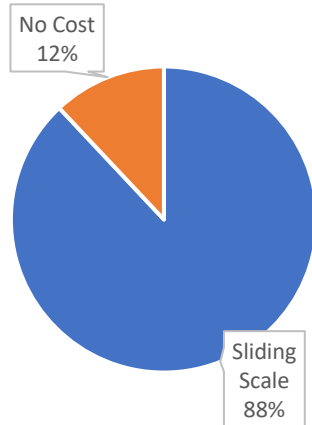
Gender of Persons Served



Ethnicity of Persons Served



Fee Structure



Reasons for seeking services:

- Trauma History
- Abuse
- Social Skills
- Coping Skills
- Depression
- Couple / Marital Issues



## CHIEF EXECUTIVE OFFICER'S REPORT - MARCH

### Community Health & Wellness Center:

- Facility construction updates
  - Karn Engineering finalized the designs for two ADA compliant ramps that allow access from Bldg A to Bldg B, and from the main parking area down to the shade structure.
    - Brought this to SiteLogiQ to ensure that we aren't going to impede their project timeline, now we'll begin looking for concrete contractors.
  - The RFP for Architectural services for Bldg A-Rm 2 was issued and submissions are due April 1. Their proposals will then go to the April Facilities committee for review.
  - I am still awaiting some feedback from two contractors who reviewed the ADA design needs of Bldg C (the house), as well as the renovation needs for Bldg-B rooms 3-6 and the restrooms in that building.

### Clinical Care Option:

- SESAME-Costco telehealth care option. We would create a partnership portal where community members could access through our website or come into the District office and access a telemedicine visit. The community member pays the provider directly through the portal, so the District holds no liability or expense for the service. No Costco membership is required.
  - This would offer support for some basic care needs that do not require a hands-on visit to an Urgent Care center – antibiotics for pink eye, minor skin infections, and other basic care visits.
  - Could support access for those with language barriers, visitors from out of the area, and to those without a regular physician.
  - Our only expense would be a better-quality camera/video access process. This would happen only after we see positive results from the initial launch. We'll bring this forward after we've had time to do a bit more research.

### Community Partnerships/Grants:

- The FY 24.25 Community Health Contract Grant application window closed on Feb 29<sup>th</sup>. We had 23 applications, which Raquel and I have reviewed for compliance. Each Board member has been given a binder of the applications and scoring sheet. The Board will then have until April 1 to review and score. We are still working to set a date for the grant meeting.
  - The Youth Fitness Grant program will begin its close out before our year end, and we'll open a new application window for those groups in June.
- CPR/AED training: We found a local provider that can offer the full CPR certification course for our grantees. I reached out to the grantees and offered this training. The initial reply demonstrated about eight groups and nearly 80 potential participants. We included a nominal cost to insure some skin in the game commitments, but not a barrier - \$10 per participant. The first training date is Tues, March 19<sup>th</sup> from 9-12pm and the second is Tues, March 26 from 1 – 4pm. The instructor will also review the AED for these groups at no additional cost. Once we see how the program goes, we may offer it annually to the public.
  - We are also researching what it would take for our own staff to be able to do this training for future needs.

- ACHD – I attended the ACHD Board of Directors meeting on 2/21 in Sacramento. The main takeaway that ACHD is adding to their advocacy work is to create a process where District can access local legislators on their “home turf” as well as during legislative days in Sacramento. The goal is to ensure strong relationships with our elected representatives so that when/if we have a concern or need the legislator is already aware of what the Health District is engaged in.

**Administrative Projects:**

- Updated FRHD District Policy Manual – this is still pending Jeff’s review before it comes back to the Board for review and adoption. This project will ensure that our policies are current and in line with our actual operations and not referenced back to the hospital. This will also include policies for employees driving or District vehicles, email and social media polices, and several other policies that get us in compliance with many HR best practices.
- Updated Employee Handbook: Judith and I are updating the handbook to cover new HR concerns. We’ll bring the changes to Jeff and then back to the Board for approval.
  - Judith is completing her certification for HR through Society for Human Resource Management (SHRM) and is reviewing another entity that is more specific to public employees.

	RECORDS RETENTION DESTRUCTION LIST   2024	RECORD SERIES DESCRIPTION	
CLOSED YEARS		DISPOSAL	SHRED YEAR
1998	BOD Attendance Log	Shred	2005
2005-2007	Dr. Strutz Property Appraisal	Shred	2012
2017	FHD Surplus of Property List	Toss	2022
2018	FRHD Blue Zone Manual	Shred	2020
2005	Cal Truест Investment Fund	Shred	2011
2015	FHD Emails Re: LAIF Transfers	Shred	2017
1982	FHD Blueprint Drawings	Toss	1987
1971-1981	Smith & Peltzer Legal	Shred	2001
2002	FHD BOD Policy manual	Shred	2015
2012	FHD Info.Re:" This Little House"	Toss	2020
2007	SD Co. Firestorm (Rice Fire)	Toss	2009
2007	FHD Facility Assessment ( Hosp)	Toss	2017
2015	FHD Equipment & Proposals	Shred	2020
2013	FHD Closing Cardiac Rehab	Shred	2018
2005	FHD Ledgers & Journals	Shred	Archive
2006	FHD Employee Handbook	Toss	2016
2008	Fallbrook opinions Re. FHD Closure	Toss	2010
2004-2016	FHD Annual Budgets	Shred	Archive
2006-2008	FHD Board Of Trustees	Shred	2013
2002-2011	FHD BOD Stipends	Shred	Archive
1982	Press Release End Of Yr. Report	Shred	1987
2015	Ford Truck ( Registration Smog Insp.)	Toss	2020
2013-2014	Apple One Temps ( resumes)	Toss	2020
2013-2014	Boomer Hogs (Videographer for Hospital)	Toss	2016
2018	Allwork Phone System E mail Linda & Josh	Toss	2020
2018	Rock Rose School-Lease Agreement	Shred	2020
2016	Erica Holloways Resume	Shred	2018
2000	St. Stephens Church Vicinity Plan	Toss	2010
2001	St. Stephens Structural Calculations	Toss	2011
2018	Van Guard Realty Church Comps	Toss	2020

## GRANT AGREEMENT

This Agreement is entered into by the **Fallbrook Regional Health District** (“DISTRICT”), a California health care district organized and operating pursuant to Health and Safety Code section 32000 et seq., and **Michelle’s Place Cancer Resource Center** (“RECIPIENT”) and is effective upon execution by the parties.

### 1. Grant

Michelle’s Place Cancer Resource Center (MPCRC) is committed to empowering individuals impacted by cancer through education and support services. We are honored to offer these no cost services to the communities of Fallbrook, Bonsall, Rainbow, and De Luz. The needs of the community are ever changing and because of this, it is necessary to be innovative in our partnership and how we serve the members of the community.

The no cost services that will be offered to residents impacted by cancer are as follows:

- Patient Navigation – working to guide patients and loved ones through the complicated labyrinth of insurance payors, understanding diagnostic and treatment plans, and overall guidance throughout the process of healthcare.
- Behavioral Health Services – providing trained providers who can assist with the mental health needs of those facing cancer.
- Access to a Community Health Worker – working through the lens of the Social Determinants of Health to ensure access to items that are vital for good health and wellbeing; such as food and housing.
- Comfort Items, wigs, and kits specific to cancer
- Educational Classes
- Support Groups
- Financial Assistance – Purple Ribbon Assistance Program to provide immediate support to clients in cancer treatment through providing gift cards to local grocery stores to alleviate the financial burden when a patient is unable to work.
- Transportation to medical appointments
- Application Assistance – assistance in completing laborious and confusing applications such as Disability, Social Security, and Unemployment benefits.
- One on One personal service sessions such as Reiki (currently available at Temecula location)

These services are offered to all impacted by cancer, whether it is the patient or their circle of care.

To ensure that each resident can access these services quickly, it has been determined that the Community Health Worker of the forementioned organizations will work together by referrals. If a client contacts the FRHD and needs Michelle's Place and cancer specific services, FRHD will assess the client for the needs specific to the geographic area of the client, ensuring that the SDOH (Social Determinants of Health) are attended to and then refer the client via the referral link to the CHW (Community Health Worker) at Michelle's Place. It will then be determined if the client will visit the Temecula location or secure an appointment for any of the services above at the FRHD Community Health & Wellness Center in person or virtually. This will ensure that the resident receives wrap around care from both organizations.

It is further proposed that the Program Manager of Michelle's Place work closely with the FRHD team to co-facilitate the following programs and events.

- Educational Seminars based on the responses of surveyed residents. These seminars include topics such as Be Your Own Best Advocate and Embracing your New Normal.
- Screening such as skin cancer screening to coincide with the needs identified.
- A Wellness Room will be set up at the best location within the FRHD CHWC to provide a space for practitioners to provide one-on-one wellness sessions.
- A quarterly Family Night to focus on the families impacted by cancer.
- A process has been implemented in Michelle's Place database to capture the consent of any FRHD residents that are unique to Michelle's Place, so they can also be placed on the FRHD email contact list. This will be shared with the FRHD as it is essential that all residents that advantage of the wellness activities offered.

Given Fallbrook's geographic location, size, and limited public transit, access to cancer support services is limited. Michelle's Place will partner with the Fallbrook Regional Health District (FRHD) to provide comprehensive cancer education and support services to those impacted by cancer, whether it is the patient or their circle of care.

*Amount:* FRHD will fund the recipient an annual amount of \$42,500 to provide these services at no cost to any resident within the FRHD community of care.

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## 2. **Term of Agreement**

The term of this agreement is from July 1, 2024, through June 30, 2026, subject however, to earlier termination as provided herein.

## 3. **Legal Responsibility/Liability**

In authorizing execution of this agreement, the governing body of RECIPIENT accepts legal responsibility to ensure that the funds provided by DISTRICT are allocated for the purpose or purposes for which the grant was intended, as outlined in RECIPIENT'S Request for Proposal/Grant Application. RECIPIENT agrees to be knowledgeable of the requirements of this agreement and responsible for compliance with its terms. In no event shall DISTRICT be legally responsible or liable for RECIPIENT's performance or failure to perform under the terms of the grant or this agreement.

4. **Reduction of Awarded Funds**

DISTRICT may reduce, suspend, or terminate the payment or amount of the grant if the RECIPIENT is not meeting the objectives of the grant as determined in the sole discretion of DISTRICT. RECIPIENT understands and agrees that RECIPIENT's failure to comply with its obligations under this Agreement, including, without limitation paragraphs 11, 16, and 18 herein, may result in RECIPIENT's disqualification from participation in subsequent grant cycles with the DISTRICT. RECIPIENT hereby expressly waives any and all claims against DISTRICT for damages arising from the termination, suspension, or reduction of the funds provided by DISTRICT.

5. **Other Funding Sources**

RECIPIENT shall make available, as requested by DISTRICT, information regarding other funding sources for the programs or services provided by RECIPIENT.

6. **Amended Program Work Plan**

RECIPIENT shall submit to the DISTRICT with the signed grant agreement, an amended work plan if original grant request is not fully funded.

7. **Fund Use Description**

RECIPIENT shall have available for prospective participants or others a description detailing the nature of the program or service(s) that are being funded by DISTRICT. This written program description may be a separate document or incorporated in the overall program materials developed by the RECIPIENT. Upon request, RECIPIENT shall provide a copy of the program or service(s) description to DISTRICT.

8. **Independent Contractor Status**

The relationship between DISTRICT and RECIPIENT, and the agents, employees, and subcontractors of RECIPIENT, in the performance of this agreement shall be one of independent contractors, and no agent, employee, or subcontractor of RECIPIENT shall be deemed an officer, employee, or agent of DISTRICT.

9. **Use of Funds for Lobbying or Political Purposes**

RECIPIENTS are prohibited from using funds provided by DISTRICT for any political campaign or to support attempts to influence legislation by any governmental body.

10. **Federal, State, Local Laws, Regulations, and Organizational Documents**

RECIPIENT shall comply with all federal, state, and local laws and regulations, including but not limited to labor laws, occupational and general safety laws, and licensing laws. All licenses, permits, notices, and certificates that are required to be maintained by the RECIPIENT shall be in effect throughout the term of this agreement. RECIPIENT shall notify DISTRICT immediately if any required licenses or permits are canceled, suspended, or otherwise ineffective.

11. **Monitoring/Evaluation**

RECIPIENT shall cooperate in efforts undertaken by DISTRICT to evaluate the effectiveness and use of the grant funds. RECIPIENT shall participate in and comply with all on-site evaluation and grant monitoring procedures, including interviews with RECIPIENT's staff. RECIPIENT, at the request of the DISTRICT, shall also provide a written and/or oral status report to DISTRICT in a format provided and schedule defined by DISTRICT.

*Report and Payment Schedule is appended hereto as "Exhibit 1".*

12. **Changes or Modifications to the Use of DISTRICT Grant Funds**

RECIPIENT shall submit to DISTRICT, in writing, any requests for revisions prior to implementation of any proposed changes in the use of DISTRICT grant funds. The DISTRICT must receive such requests at least thirty (30) days prior to the date that the requested changes are to be implemented.

13. **Conflict of Interest/Self Dealing**

RECIPIENT and RECIPIENT's officers and employees shall not have a financial interest or acquire any financial interest, direct or indirect, in any business entity or source of income that could be financially affected by, or otherwise conflict in any manner or degree with, the performance of services required under this agreement.

14. **Authorization and License to Use Commercial Image In Promotional Materials**

RECIPIENT understands that DISTRICT may wish to utilize RECIPIENT'S name and logo, along with any photographic or video images of RECIPIENT'S premises, operations and activities in promotional materials designed to publicize the DISTRICT'S mission and service to the community served by the DISTRICT. RECIPIENT hereby grants the DISTRICT permission and license to utilize RECIPIENT'S name, logo, commercial image, along with any photographs,

videotape footage, or other graphic illustrations of RECIPIENT'S premises, operations, and activities, as further consideration for receipt of the Grant Funds.

15. **Indemnify and Hold Harmless**

RECIPIENT agrees to indemnify, defend, and hold harmless DISTRICT and its officers, agents, employees, and servants from any and all claims and losses accruing or resulting to any and all employees, contractors, subcontractors, laborers, and any other person, firm, or corporation furnishing or supplying work, services, materials, or supplies in connection with the performance of this agreement and from any and all claims and losses accruing or resulting to any person, firm, or corporation who may be injured or damaged by RECIPIENT in the performance of this agreement.

16. **Budget and Payment Schedule**

Unless the RECIPIENT and DISTRICT agree upon alternative arrangements, grant funds shall be allocated quarterly upon District's receipt of an invoice with appropriate back-up documentation. If RECIPIENT fails to provide appropriate invoice and back-up documentation in a timely manner, RECIPIENT may be subject to discontinuance of funding or, in instance of full payment at onset of grant year, return of balance of funds to DISTRICT.

17. **Fiscal/Accounting Principles**

RECIPIENT shall maintain an accounting system that accurately reflects and documents all fiscal transactions for which grant funds are used.

18. **Documentation of Revenues and Expenses**

RECIPIENT shall maintain full and complete documentation of all revenue and expenses (including subcontracted, overhead, and indirect expenses) associated with use of the grant funds covered by this agreement. During the term of this agreement and thereafter, DISTRICT or its authorized representative(s) shall have the right to review all RECIPIENT financial records related to the use of the grant funds.

19. **Reports and Record Retention**

All records of RECIPIENT pertaining to the use of grant funds shall be maintained at RECIPIENT's main local office for at least five (5) years following the year in which funds were granted.

20. **Governing Law**



This agreement shall be governed by and construed in accordance with the laws of the State of California.

21. **Assignment or Transfer**

RECIPIENT may not assign or transfer any interest in this agreement or entitlement to grant funds without the written consent of DISTRICT.

22. **Entire Agreement, Amendment**

This agreement contains the entire understanding and agreement of the parties with respect to the subject matter hereof and supersedes all prior and contemporaneous agreements not contained herein. This agreement may only be amended or modified by a writing signed by both parties.

23. **Notices**

Any notice required or permitted thereunder may be given by a party to the other party at the address set forth in the signature block of this agreement. Either party may change its address for purposes of notice by complying with the requirements of this section.

-  
- Continued on next page -

24. **Signatories**

The persons executing this agreement on behalf of the RECIPIENT have been designated by the governing body or fiscal agent of the RECIPIENT as the official signatory of this agreement and all related documents. At least one of these persons is a member of the RECIPIENT's governing board.

(1) Kim Gerrish, CFRE  
Executive Director  
41669 Winchester Rd Ste 101,  
Temecula, CA 92590

(2) Jan Geller  
Board President

(951) 699-5455

\_\_\_\_\_  
Signature

1/31/24  
\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

1/31/24  
\_\_\_\_\_  
Date

25. **Authorized Signatory for the Fallbrook Regional Health District:**

\_\_\_\_\_

William Leach, CHAIR  
Fallbrook Regional Health District  
138 S. Brandon Road  
Fallbrook, CA 92028

Telephone: 760-731-9187

\_\_\_\_\_

Date

EXHIBIT 1

REPORT AND PAYMENT SCHEDULE

1. MPCRC WILL EDUCATION AND SUPPORT SERVICES WHO WILL OFFER TO ALL IMPACTED BY CANCER, WHETHER IT IS THE PATIENT OR THEIR CIRCLE OF CARE WITH ACCESS TO PATIENT NAVIGATION, BEHAVIORAL HEALTH SERVICES, A COMMUNITY HEALTH WORKER, COMFORT ITEMS, EDUCATIONAL CLASSES, SUPPORT GROUPS, FINANCIAL ASSISTANCE, TRANSPORTATION TO MEDICAL APPOINTMENTS AND ALL OTHER REGULAR PROGRAM SERVICES AS APPLICABLE AT THE COMMUNITY HEALTH & WELLNESS CENTER AT FIXED TIMES AND ON DEMAND VIA THE JOINT REFERRAL PROCESS OUTLINED BY BOTH ENTITIES.

A. CLIENT SCHEDULING AND ALL CLIENT RECORD KEEPING WILL BE HANDLED BY MPCRC.

B. PFCS WILL PROVIDE QUARTERLY UTILIZATION REPORTS THAT INCLUDE AGGREGATED DATA ON:

- BASIC CLIENT DEMOGRAPHICS
- VISITATION COUNTS AND TYPES (NEW OR RETURNING)
- OTHER MUTUALLY AGREED UPON DATA.

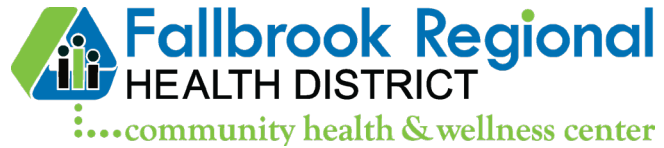
2. FRHD WILL PROMOTE THE AVAILABILITY OF THESE SERVICES THROUGHOUT THE DISTRICT AND PROVIDE DEDICATED SPACE THAT PROVIDES PRIVACY AND CONFIDENTIALITY FOR DISTRICT RESIDENTS.

A. MPCRC WILL PROVIDE FRHD WITH A CERTIFICATE OF INSURANCE LISTING FRHD AND THE 1636 E. MISSION RD., FALLBROOK, CA 92028 ADDRESS.

FRHD WILL PROVIDE FUNDS ON A MONTHLY BASIS.

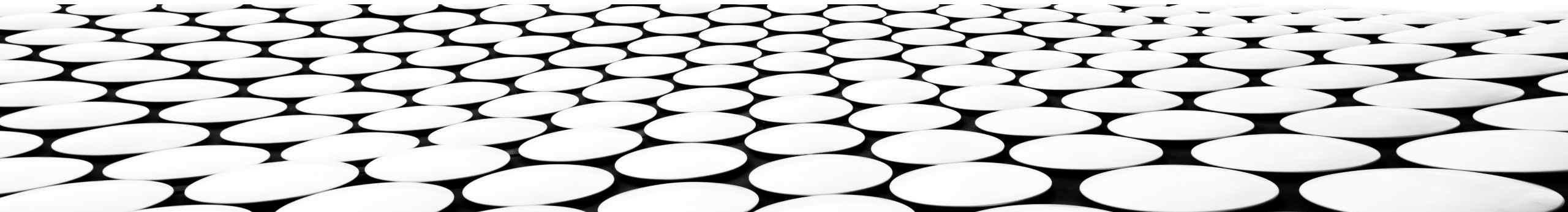
EXHIBIT 2

PAPER AND DIGITIZED COPY OF GRANT APPLICATION IS MAINTAINED IN FRHD FILES WITH COPY OF THE FULLY EXECUTED AGREEMENT.



# STRATEGIC PLANNING WORKSHOP

## JANUARY 13, 2024



## One to Three Year Short-term Priorities - Facilities



### Community Health & Wellness Center

Renovations priorities:

- ❖ Bring all facility buildings and space into ADA compliance – user friendly RM/JO
- ❖ Bldg A: Redesign restroom facilities and expand footprint to develop demonstration kitchen.
  - Outline process of how nutrition programs will use and incorporate the demonstration kitchen – with and without partners TG/BH
  - Research and plan for facility to become a Cooling Center JO/RM
- ❖ Bldg B – renovation exterior restrooms; remodel room 3 & 6 to serve as a large meeting space/classroom and update restrooms. RM/JO
- ❖ Bldg C. – pending ADA remodeling plans

## One to Three Year Short-term Priorities – Programming/Usage



### Community Health & Wellness Center

Q: What is the Board's expectation of the Center generating income from rentals? Program fees?

- Rental of space is good – staff will determine guidelines for use and follow existing user agreements.
- Some program fees can be explored – limited but for specific programs could be identified.

Q: How would the Board like to address the addition of future programs? What criteria or expectations does the Board have around the services and programs offered at the Center?

- Continue using Catalyst/SDoH programming suggestions. Look at do another community-wide survey within 1-2 years.
- New programs that have no cost and fall in line with current priorities can be staff approved. Programs with costs should be advanced through the budget process and the Finance committee. Programs should still align with original priority ranking:
  1. Disparities: Address differences in health outcomes by subgroup
  2. Importance to the Community – as expressed through surveys and focus groups
  3. Magnitude: Number of residents impacted
  4. Trend: Degree to which the need is worsening, status quo, getting better
  5. Implementation Effort/Cost: level of District resources needed to address the issue
  6. Community Resources: what options are already available in the community
  7. Cost: level of on-going operational costs to run the programs to meet the need
  8. Fills and existing void in the market: avoid duplicating existing resources

## One to Three Year Short-term Priorities



b. Programming expectations - Additional programming from this report includes adding the following programs, which are being researched:

TG/BH

- Mindfulness Based Stress-Reduction Program (or a variation) – under development.
- Fit & Strong program – we have implemented the Live Fit program that works toward many of the same program goals. The Live Fit Program offered by Scripps Whittier Diabetes Institute and Scripps Mercy Hospital Chula Vista Well-Being Center. The Live Fit Program is a free three-week class series focused on educating and supporting individuals in making lasting, positive changes to prevent heart disease, hypertension, and diabetes and adopt a healthy lifestyle.
  - Future facility needs to push the Fit & Strong program would need exercise space and or the walking path.
- AHA Healthy for Life: this deep impactful lifestyle change program would expand on our current Heart Health programming; however, like the DPP it requires a lot of time to implement and conduct. The demonstration kitchen would be an essential component to launch this program.
- Financial Literacy Education: This has not been added to the list as yet



## One to Three Year Short/Medium-term Priorities



### Community Health Contracts – Grants

RM/RW

- a. MOU: programs or services are located at the Center, serve a need not readily available within the community, and can be considered a partnered offering - Palomar Family Counseling Service – Mental/Behavioral health services, Michelle’s Place Cancer Resource Center – (in development) offering cancer resources, patient navigation, Fallbrook Food Pantry – (in development) use of facility grounds to install a program garden.
- b. Multi-year grant options: for vital community service programs that the Board will determine can be funded for up to three years before reapplying:
  - Must still provide impact reports

### Funding for potential Clinical Service options:

RM/JO

- a. Urgent Care and or expansion of primary services that can accommodate walk-in needs.
  - Continue dialogue with TriCity HD and UCSD for potential partnership

RM

## Three to Five Year Medium-term Priorities



RM/Board

### Community Health & Wellness Center

Proposed renovations for long-term consideration (3-5 year timeline):

- ❖ Bldg A: exterior – create covered seating/gathering area from S. edge of building, wrapping around building and adjoining new ADA ramps.
  - Breaks up the A frame vantage and will allow for shade and gathering space for groups before entering Bldg A.
  - South end of rm 1 – remove two bride/groom rooms and stage platform. Add door to Southern wall and at midpoint of Western wall (allows for better light and air flow, Makes the room less churchy and will accommodate better use of the space).
- ❖ Exterior areas:
  - Slope space between Bldg A and B: create flat area with retaining wall and fence off children's play area with playground equipment.
  - Backyard space of Bldg C: create ADA accessible outdoor meeting space.
  - Perimeter of the property: create a walking path

## Three to Five Year Mid-term priorities



## 2. Role of FRHD Foundation

TG/RM

- ❖ Increase access to County, State, and Federal funding options.
  - Look for support for the Solar and CHWC\_Bldg A-Rm2: *SHORT-TERM*
  - Programming, further expansions: *LONG-TERM*
- ❖ Ability to accept philanthropic donations to sustain programs
  - Potential sponsorships of community events