#### **Organization Information**

Legal Name

Fallbrook Healthcare Foundation Inc

#### DBA (if Applicable)

Foundation for Senior Care

#### **Program Name/Title**

Adult Day Care Program

#### **Brief Program Description**

Our Adult Day Care Program provides support, caregiving, and socialization for clients living with moderate to profound cognitive and medical impairments, as well as support for those who care for them.

#### **Funding Amount Awarded**

32000

#### **Target Population - Age**

	Percent of program participants	Estimated number of participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	3	1
Seniors (60+)	97	30
We do not collect this data (indicate with 100%)*		

#### **Target Population not collected - Age**

NA

#### **Target Population - Gender**

	Percent of program participants
Female	61
Male	39
Non-binary	
Unknown*	

#### **\*Target Population - Gender**

NA

#### **Target Population - Income Level**

	Percent of program participants
Extremely Low-Income Limits, ceiling of \$32,100	6
Very Low (50%) Income Limits, ceiling of \$53,500	16
Low (80%) Income Limits, ceiling of \$85,600	36
Higher Than Listed Limits	42
We do not collect this data (indicate with 100%)*	

#### **\*Target Population - Income Level**

NA

# Actual number of residents that directly benefited (participant/client) from this program during this quarter.

62

#### **Program/Services Description - Social Determinants of Health**

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

#### **Program Goal & Objectives**

The program addresses specific physical and mental needs of cognitively or physically impaired seniors and adults through socialization, physical and mental enrichment activities, and movement exercises. To support and provide respite to our client's informal caregivers.

#### **Program Outcomes & Measurables**

The Adult Day Care program served 31 clients during this reporting period, providing a total of 562 days of service. This is an increase of 6 clients and 40 days of service from the previous quarter. Among these 31 clients, two low-income seniors were provided with a scholarship made possible by FRHD grant funding. Their attendance accounted for 27 of the 562 total days of service this quarter. By participating in our program, 31 families were able to take a break while their loved ones received care. During this cycle, three support sessions were provided through the Caregiver Support Group.

#### **Anticipated Acknowledgment**

Social Media Postings Print Materials to Service Recipients Website Display

#### **Terms and Conditions**

Accepted

Other

## Authorized Signature



# **Contact Information**

**Contact Name** 

Perla Hurtado

Title Executive Director

Primary Contact Phone 760-723-7570

Email Address phurtado@foundationforseniorcare.org

# Writing Instructions:

# What language(s) does this program accommodate:

English

n Spanish

Chinese (Mandarin/Cantonese)

### **Acknowledgment of District Support**



FRHD Acknowledgements\_....docx

### **Acknowledgment of District Support**



FRHD Acknowledgements\_....docx

## Impact Story



Impact Story23-24 Q3\_ADC.docx

## Program Budget



23\_24 FRHD CHC Grant - FF... .xlsx