

**FALLBROOK REGIONAL HEALTH DISTRICT
REGULAR BOARD MEETING**

Wednesday, October 11, 2017, 6:00 p.m.

Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

Minutes

A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

President Tinker called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance.

Present: Directors Bill Leach, Barbara Mroz, Howard Salmon and Gordon Tinker.

Absent: Director Abbott

Also Present: Executive Director Bobbi Palmer and Legal Counsel Blaise Jackson.

B. ADDITIONS TO AGENDA

None

C. BOARD MEMBER AND PUBLIC COMMENTS

Debra Lorenzen of Mental Health Systems, Fallbrook Youth Advocacy Coalition, (a group of youth in our community advocating against youth drug and alcohol use) announced that Saturday, October 28, 2017, is a Prescription Take Back event and residents can drop off their unused or expired medications at the local Sheriff's Department and other locations. She noted there is a box outside the Sheriff's Department at all times where people can drop off unused medications and sharps. She brought flyers for distribution.

D. PRESENTATIONS

D1. Fallbrook Youth Advocacy Coalition

The data to be presented regarding their recent community survey is still being processed and will be presented at a later date.

D2. Proclamation Honoring the Fallbrook Regional Health District by Chairwoman Dianne Jacob and all members of the San Diego County Board of Supervisors

Executive Director Bobbi Palmer said this includes recognition of two other community entities working in conjunction with our District. She invited Executive Director Rachel Mason and members of the Board of the Foundation for Senior Care to join her at the microphone. She read a Proclamation from Supervisor Horn recognizing Fall Prevention Awareness Week and presented the Proclamation to the Foundation for Senior Care. Rachel Mason discussed their new "Door Through Door" program funded by FRHD. Bobbi Palmer invited Kevin Mahr of the North County Fire Protection District (NCFPD) and their Board President Ruthie Harris to join her and receive the NCFPD Proclamation recognizing Fall Prevention Awareness Week. Kevin Mahr discussed the fire department's role in the prevention of falls, working with the Foundation for Senior Care. He noted FRHD provides funding for the NCFPD transportation needs. Bobbi Palmer then invited the FRHD Board to join her in receiving the District's Proclamation from Supervisor Bill Horn and the San Diego County Board of Supervisors in recognition of Fall Prevention Awareness Week for the programs provided through the Community Health Contract awards.

E. CONSENT ITEMS

- E1. Approval of August 2017 Financial Statements
- E2. Minutes of September 6, 2017 Finance Committee Meeting
- E3. Minutes of September 6, 2017 Special Board Meeting
- E4. Minutes of September 13, 2017 Regular Board Meeting

President Tinker reviewed the above listed Consent Items asking if any member of the Board wanted to discuss any item further. No further discussion was requested.

Action: It was moved by Director Salmon, seconded by Director Mroz to approve the Consent Items as presented. Motion carried with President Tinker abstaining on E3 and E4 as he was not present. Items E1 and E2 carried 4-0. Items E3 and E4 carried 3-0.

F. REPORTS

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz
Committee Chair Barbara Mroz provided the Finance Committee report. She said the financial reports through August 2017 were reviewed at the Finance Committee meeting of October 4th and found to be in good order. The LAIF balance was \$1,451,823 and the balance in the Cal-Trust account was \$4,266,332. There were no Community Health Contract payments, and legal expenses increased due to the closing of escrow on the sale of the old hospital building. Consulting fees had decreased.
- F2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker
Director Salmon congratulated Erica Holloway of Galvanized Strategies for her efforts in assisting the District through the sale of the old hospital building to Crestwood Behavioral Health. He also recognized the efforts of Bobbi Palmer serving on multiple committees in support of healthcare districts during the recent Little Hoover Commission review. Director Tinker recognized the efforts of Legal Counsel Blaise Jackson in resolving some matters with the County of San Diego in order to facilitate the recent close of escrow.
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon
In the absence of Director Abbott, Director Salmon reported that he believes a Facilities/Strategic Planning Committee meeting should be scheduled soon to discuss the District's plan for the future following the sale of the old hospital building.
- F4. Executive Director – Bobbi Palmer
Executive Director Bobbi Palmer reported regarding Community Health efforts. She said the annual Free Prostate Cancer Screening took place on September 30, 2017. Philip Brodak, M.D., Urologist, donates his time and expertise each year to provide this event. The District pays for the PSA lab tests, Fallbrook Family Health Center hosts the screening and helps to facilitate the event along with RN students from California State University San Marcos and volunteers (former Fallbrook Hospital Auxiliary members). At the last minute, LabCorp stepped up to assure that the participants could go to one of their centers to get the lab work done. Sixty-six gentlemen participated. During the Harvest Faire, the public health nurses provided free flu shots to 130 residents. The District advertised the flu shots and provided lunch to the volunteers. FRHD had a booth with the RN students from CSUSM providing free health education activities. The Fallbrook Family Health Center had a booth with free BP checks and blood sugar tests.
Executive Director Bobbi Palmer recognized Howard Salmon as having been appointed the new Chairman of the Board of the Association of California Health Districts (ACHD). In addition, at the ACHD Annual Meeting in San Diego in September, Fallbrook Regional

Health District provided a presentation regarding our website (presented by Bobbi Palmer and Linda Bannerman). FRHD uses Streamline and demonstrated how it is set up to meet Best Practices and regulatory guidelines. FRHD was recognized for the quality of its website.

- F5. General Counsel – Blaise Jackson
 Legal Counsel Blaise Jackson said his comments would be confined to Agenda Items G1 and G3.

G. DISCUSSION/ACTION ITEMS

- G1. Consideration and Adoption of Accrued Vacation and Sick Time/Holidays
 This item had been brought to a prior board meeting and has been brought back in a format consistent with Policies & Procedures and modified to include recommended changes.
Action: It was moved by Director Salmon, seconded by Director Leach to approve the Accrued Vacation and sick Time/Holidays Policy as presented. Motion carried 4-0.
- G2. Further Discussion of Urgent Care
 There had been two Public Forums, the first discussing the use of the downstairs room at the FRHD office for community meetings in 2018, and the second discussing Urgent Care services in our District. The Urgent Care services discussion has been ongoing since the closure of the hospital. Ideally, 24-hour services would be possible. Whether it is feasible is in question. There had been discussion of splitting the services between providers with support from the North County Fire Protection District. A survey through Survey Monkey is planned within the next few weeks.
Action: It was moved by Director Salmon, seconded by Director Leach to establish a committee consisting of the President, Vice-President and Executive Director to develop an RFP for Urgent Care services.
- G3. LAFCO Recommended Boundary Change
 Legal Counsel said he received communication from the attorney for Tri-City Hospital District indicating that Tri-City Hospital wants to pursue a recommendation from LAFCO in their 2015 Municipal Services Report. They identified an area in the boundaries of FRHD that falls within the boundaries of the city of Oceanside. LAFCO recommended that the area be annexed to the Tri-City Hospital District. Legal Counsel said it represents approximately 3 percent of the FRHD District (approximately 2700 acres) and a loss of around \$55,000 in property tax revenue. Discussion ensued. Questions arose as to whether the people living in the area are notified of the proposed change. Legal Counsel said no action is required by the Board if there is no objection. Director Mroz said she would like know the opinion of Director Abbott, who was absent for the meeting.
Action: It was moved by Director Mroz, seconded by Director Salmon to table this item to the next meeting.
 Executive Director Palmer recommended that FRHD consider having representation on the LAFCO Board when the 2-year opportunity arises.

H. ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
 H1a. Item(s) for future board agendas
 Further Urgent Care Services Discussion

H1b. Announcements of upcoming events:

- Bonsall Chamber Expo – Thursday, October 12, 2017, 4:30-7:30pm, Pala Mesa Resort
- Fallbrook Harvest Faire 2017 – Sunday, October 15, 2017, 10:00am-4:00pm, Downtown Fallbrook
- Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, October 16, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
- CSDA 2017 Board Secretary/Clerk Conference – October 22-24, Anaheim
- Halloween Festival – Tuesday, October 31, 2017, 6:00-8:00pm, Fallbrook Community Center
- NCCCHI meeting – 1st Wednesday, November 1, 2:00-3:00pm
- Finance Committee meeting – 1st Wednesday, November 1, 5:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.
- Woman of Wellness – Thursday, November 2, 2017, 6pm – Fallbrook Library

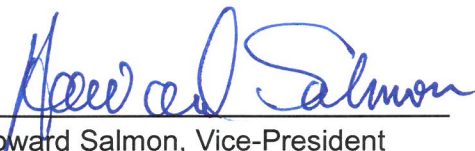
H2. Next Regular Board meeting – Wednesday, November 8, 2017, Fallbrook Public Utility District Board Room

I. ADJOURNMENT

There being no further business, the meeting was adjourned at 6:57 p.m.



Gordon Tinker, President



Howard Salmon, Vice-President