



**MINUTES
BOARD OF DIRECTORS MEETING**

**April 12, 2023, 6:00 p.m.
1st Floor Community Room, 138 S. Brandon Rd., Fallbrook**

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate in the webinar.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chair Bill Leach called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance.

In attendance: Directors Bill Leach, Jennifer Jeffries, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Staff members: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, Programs Coordinator Bianca Heyming, Tomedes translator Jenn.
Director Mroz- Absent

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Brown to approve the agenda as presented.

Motion carried (4-0)

Director Jeffries...Aye

Director Brown....Aye

Director Stanicek....Aye

Director Leach.....Aye

C. PUBLIC COMMENTS – ANNOUNCEMENT

NONE

D. GRANTEE PRESENTATION – NORTH COUNTY FIRE PROTECTION DISTRICT

FIRE CHIEF, KEITH McREYNOLDS AND DEPUTY CHIEF OPERATIONS, KEVIN MAHR

Fire Chief Keith McReynolds shared that the partnership with the district enables them to help more people in need of emergency services. Deputy Chief Kevin Mahr informed the Board that the California Fire Based EMS are governed by the state of California and as a paramedic ambulance we must transport to an ER. Unfortunately, California has been slow in the development of Community Paramedicine. We continue to have challenges with low level Urgent Cares and with patients accessing their Primary Care Physician causing a care gap because the ambulances and paramedics have to sit and wait for the patient to be admitted to the hospital before they can accept a new call.

- North County Fire had to change their vehicle replacement plan from purchasing an ambulance every three years to one per year due to the mileage that they are accruing. Statistics for 2022 83% of calls to North County Fire are Medical. 10% are Fire calls, 4% are Alarm calls, 1% are Rescue calls, 2% are Aid and Other calls. 2022 Ambulance destinations 50% Temecula Valley Hospital, 40% Palomar Medical Center 10% Tri-City/Specialty (Such as Children's Hospital.)
- All ambulances are staffed with a Single Role Paramedic and Single Role EMT. An average of 17 new hires per year in this department with a 48% turnover rate.
- Due to the high utilization rate, we will have to add a fourth ambulance into service soon.

The average cost of an ambulance is \$295, 000 yearly operating costs for personnel would be approximately.\$500,000.

**E. PRESENTATION – FRHD LIFESTYLE CHANGE DIABETES PREVENTION PROGRAM
THERESA GERACITANO AND BIANCA HEYMING**

Launch Date: Apr 25, 2023, Over 30 Residents from Fallbrook, Bonsall, De Luz, and Rainbow; Have shown interest in the program. Prospective Participants include Individuals, Families, and friends.

28.5% Fallbrook At-Risk Diabetes 18.8% of the Adults Professionally Diagnosed with Hypertension/High Blood Pressure According to local medical service providers over 50% of the patients are prediabetic or high-risk of

diabetes. CDC Approved 1 year program 24 hours of education.

The first 6 months meet once a week; second six months meet twice/month.

Promotions include newsletters, medical referrals, websites, word of mouth, coffee talks and social media. After one newsletter announcement on March 28th FRHD received nine interest calls within one hour. Other facilities also offering lifestyle change program Scripps Diabetes Center Sharp Reese-Stealy Center, UCLA Campus, and Loma Linda Medical Center

Supporting organizations Graybill Medical Group, Dr. Peter Strutz, Rancho Family Medical Group Fallbrook, and Fallbrook Village Pharmacy.

F. CONSENT ITEMS

Minutes of March 8, 2023, Board of Directors Meeting

Minutes of March 15, 2023, Facilities Committee

Minutes of March 15, 2023, Strategic Planning Committee

Minutes of March 22, 2023, Governmental & Public Engagement Committee

Policy 2030: Travel and Business-Related Expenses

Action: It was moved by Director Stanicek seconded by Director Jeffries to approve the consent items as presented.

Motion carried (4-0)

Director Jeffries.....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

G. REPORTS/POSSIBLE ACTION

G1.Finance Committee – Directors Brown and Jeffries

a. Presentation of FY 21.22 Audit Report Director Jeffries read the letter from the Auditors that explains the findings of the anticipated report. There were no concerns about the Districts finances.

b. **Action:** It was moved by Director Stanicek seconded by Director Jeffries to approve the transfer of \$895,000 from Pacific Western Bank to LAIF account.

Motion carried (4-0)

Director Jeffries.....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

c. **Action:** It was moved by Director Brown seconded by Director Leach to approve opening an additional, new checking account for supplemental District operations.

Motion carried (4-0)

Director Jeffries.....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

d. Recommend adding additional investment tool – California CLASS – Presenting Bob Shull

Bob gave a brief phone presentation about the investment options from California Class.

More information about potential investment accounts will be brought to the Finance Committee at the next meeting.

e. Recommend accepting proposals from Nigro & Nigro for audit services.

Action: It was moved by Director Brown seconded by Director Jeffries to approve accepting proposal from Nigro & Nigro for audit services.

Motion carried (4-0)

Director Jeffries.....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

G2.Facilities Committee – Directors Jeffries and Mroz

Per Director Jeffries the projects at the Wellness Center are progressing and on track. The recent rains have not caused additional damage.

G3.Strategic Planning Committee – Directors Leach and Mroz

Per Director Leach the committee has directed staff to move forward with the Foundation legal documentation to finalize the Foundation non-profit status.

G4. Governmental & Public Engagement – Directors Stanicek and Leach

Director Stanicek shared that the committee identified that the partners are marketing through us and for us. Looking forward to the May Public Forums.

G5. Chief Executive Officer – Rachel Mason

Per CEO Mason the refurbishing on the House of Wellness is on track. New signage is being added to help the public navigate the property.

A new set of financials that mirror the programs are coming in July. An updated policy manual is in the works as many of our policies are outdated. LAFCO MSR Municipal Service Report

G6. General Counsel – Jeffrey Scott Concerning the Urgent Care property all is moving forward and the \$100,000 wire transfer from buyer will be set for next week.

H. DISCUSSION/POSSIBLE ACTION ITEMS

H1. Creation of Youth Sports Grant Process and Funding Amount

Director Leach proposes that the Health District grant fund local youth sports as it falls in the purview of the district and promotes health and wellness. Director Jeffries asked if this is for sustainability or growth? Fallbrook Rugby Mom thanked the Board for the potential grant funding for youth sports and the roadblocks they have with outreach. Ricardo Favela Girls Softball Coach echoed the previous statement. Director Leach shared some of the parameters for the grant process.

Action: It was moved by Director Leach seconded by Director Brown to approve funding at \$25,000 for Youth Sports

Motion carried (4-0)

Director Jeffries....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

H2. Review Outreach and Communications Coordinator position

Action: It was moved by Director Jeffries seconded by Director Stanicek to approve Outreach and Communications Coordinator position as it was presented at the last meeting for purposes of discussion.

Motion carried (4-0)

Director Jeffries....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

H3. Fentanyl and Narcan education and supplies – ongoing programming

Action: It was moved by Director Leach seconded by Director Jeffries to direct staff to create Fentanyl and Narcan education program.

Motion carried (4-0)

Director Jeffries....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

H4. Continuation of grant agreement 2019-2: Cost sharing collaboration with North County Fire Protection District for Senior Medical Services Officer

Director Leach has been concerned about the need for this agreement and how this position benefits the District. CEO Mason gave a brief background of the grant agreement and how Mary Murphy RN was ready when the District requested her services. Director Brown asked if she is the only person with Medical training, licensed professional on payroll? Yes, she is. Discussion ensued. There was a consensus that a review of this agreement should come sooner than later. AED discussion and debate ensued. Director Brown is concerned that the lack of AED training can lead to legal issues for the District. Legal Counsel Jeff Scott reassured the Board that there have not been any lawsuits in the Districts he represents regarding AED's.

H5. Recommendation: That the board approve the transfer of \$54,000 from the LAIF account to reimburse the Operating account.

Action: It was moved by Director Brown seconded by Director Jeffries to approve the transfer of \$54,000 from the LAIF account to reimburse the Operating account.

Motion carried (4-0)

Director Jeffries....Aye

Director Brown.....Aye

Director Stanicek....Aye

Director Leach.....Aye

I. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS-

Other Director/Staff discussion item. Item(s) for future board agendas

Announcements of upcoming events:

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

Facilities Committee - 3rd Wednesday, **April 19, 2023**, at 2:00 pm.

Strategic Planning Committee - 3rd Wednesday, **April 19, 2023**, at 5:30 pm.

Governmental and Public Engagement Committee – 4th Wednesday, **April 26, 2023**, at 5:30pm

Finance Committee – 1st Wednesday, **May 3, 2023**, at 4:30pm

Community Forums – **Thursday, May 4, 5:30 -7:30 pm & Saturday, May 6, 2023, 2:00 – 4:00 pm**

Next Board of Directors Meeting – 2nd Wednesday, **May 10, 2023**, 6:00pm

Strategic Planning Workshop – **Saturday, May 20, 2023, 9:30 am to 2:30 pm**

J. ADJOURNMENT-

There being no further business the meeting adjourned at 8:26pm.



Executive Assistant / Board Clerk