

# MINUTES FALLBROOK HEALTHCARE DISTRICT REGULAR BOARD MEETING

Wednesday, September 14, 2016, 6:00 p.m. Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

#### A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE

The meeting was called to order by President Gordon Tinker at 6:05 p.m. Board members present: Gordon Tinker, Barbara Mroz, Stephen Abbott, Dr. Frank Winton and Howard Salmon. Howard Salmon joined the meeting remotely to teleconference pursuant to government Code Section 54953 from the following location: 3585 South, 3500 West, Driggs, ID.

Others present: General Counsel Blaise Jackson and Executive Director Bobbi Palmer.

President Tinker led the Pledge of Allegiance.

### B. ADDITIONS TO AGENDA

There were no additions to the agenda and it was noted there would be no Closed Session.

## C. BOARD MEMBER AND PUBLIC COMMENTS

Dr. Donald Kimes of A+ Urgent Care addressed the Board regarding the services provided by his company including a brief history of changes in office hours, patient mix, and the financial support needed to remain viable. He expressed concern that action taken by the FHD Board at last month's meeting splitting the subsidy he had requested in half and providing the other half to Dr. Coen was not equitable and would not allow him to sustain his current staffing and hours. He said he is unable to participate in the new proposed agreement and questioned whether Dr. Coen's Urgent Care hours are comparable to those of A+ Urgent Care.

Dr. Timothy Coen of Mission Family Care and Fallbrook Urgent Care said he has been providing urgent care services which included after hours care and weekends with no subsidy for 11 years. He said he is willing to provide urgent care coverage for whatever hours are requested.

## D. CONSENT ITEMS

- D1. Minutes of August 10, 2016 Regular Board Meeting
- D2. Approval of July 2016 Financial Statements

**Discussion:** There was no request by any Director to pull an item for discussion. **Action:** It was moved by Director Abbott, seconded by Director Mroz to approve the consent items as presented. Motion carried 5-0.

#### E. REPORTS

E1. Finance Committee – Director Salmon and Mroz
Finance Chairman Director Salmon reviewed the financial reports. He noted that
July is the first month of the fiscal year and said expenses had increased due to
the health contract recipients receiving their first payments in July.

- E2. Community Healthcare Programs Committee Directors Mroz and Abbott Director Mroz said the Woman of Wellness event took place on September 1<sup>st</sup> and was presented by Rachel Mason, MS, MA, the Executive Director of the Foundation for Senior Care. Her topic "How to Have Difficult Conversations about End of Life" was presented in a sensitive manner by a professional with Hospice experience. The topic for the October 6<sup>th</sup> event is "Creating a Daily Success Routine to Elevate Confidence, Health and Happiness" and will be presented by Margaret Leonelli, Independent Sales Director for Mary Kay Cosmetics and Life Coach & Mentor. This is a free program offered to all women on the first Thursday of each month at the Fallbrook Library.
- E3. Gov't and Community Relations Committee Directors Tinker and Salmon Director Salmon reported that there had been a Joint Powers Agreement (JPA) between Palomar Healthcare District and Fallbrook Healthcare District. Since the objectives of that agreement had been met, there was discussion regarding termination of that agreement. A meeting was held with representatives from Palomar Health and Fallbrook Healthcare District. Representatives from CentraForce were also in attendance for a presentation during which they provided data regarding health needs for both Districts. Following the presentation, there was discussion regarding establishing another JPA between the Districts to better meet the health needs of both Districts. Executive Director Bobbi Palmer said a follow-up meeting has been requested.
- E4. Facilities Committee Director Tinker and Winton Facilities Committee Chairman Tinker said that engineering, landscape and security agreements remain in place for the hospital property.
- E5. Long Range Planning Committee Directors Salmon and Winton Committee Chairman Salmon said again that this committee has not met for several months.
- E6. Executive Director - Bobbi Palmer Executive Director Palmer reviewed multiple items from her report. Senator Joel Anderson honors the selected Health Champions each month at the Woman of Wellness events. She commented that more and more it is being recognized that community health programs are less costly than treatment programs. CSUSM is a partner in the North County Communities Collaborative Health Initiative and their nursing students meet at FHD and are in the community doing screenings and other community health services each week. She said she is negotiating with Palomar College for dental students next as oral health is vital to overall health. Mrs. Palmer discussed Blue Zones and noted an entire issue of National Geographic is about Blue Zones, covering what we can do to stay healthy and live long lives. She said she is attending meetings at the Chamber of Commerce discussing the Future of Fallbrook. The annual free prostate cancer screening takes place this Saturday at the Fallbrook Family Health Center and is generously supported each year by local urologist Philip Brodak, M.D. FHD has sponsored this service for more than 10 years. Regarding legislation, she reported she attended the CSDA Legislative Committee meeting and served on an ACHD committee to make recommendations to the Little Hoover Commission. The Little Hoover Commission issued its initial report on Special Districts. The 2,500 California Special Districts need to demonstrate their value to their communities as they receive a total of \$9.5 billion dollars. Examples of special districts include fire,

water, health, cemetery, etc. Lastly, Mrs. Palmer said FHD is working in conjunction with the public health nurses and Fallbrook Family Health Center to provide free vaccines and screenings at the upcoming Chamber of Commerce sponsored Harvest Faire on October 16<sup>th</sup>.

President Gordon Tinker commented on the need to constantly monitor legislative activity. He said it is important that the Executive Director is working with ACHD and CSDA to remain apprised of legislative matters.

E7. General Counsel – Blaise Jackson

Legal Counsel Blaise Jackson said an invoice had been received from OSHPD in the amount of \$12,000. He contacted them and explained that the District no longer operates a hospital. They agreed that the bill does not apply to Fallbrook. Also, regarding OSHPD, the permit is moving forward for repair of the hospital roof.

# F. DISCUSSION/ACTION ITEMS

F1. JPA with North County Fire Protection District

Prior to discussion of this item, Director Abbott recused himself and left the room. Executive Director Bobbi Palmer explained that first responders have discussed partnering with FHD for better assessment and triage services in our community. In order to move forward, a Joint Powers Agreement outlines specific and sometimes broad language allowing two entities to work together over a time period, and it allows best practices to be captured to better use the dollars and better serve the residents. Legal Counsel said a draft of the JPA between NCFPD and FHD has been provided for consideration by the Board and he recommended approval.

<u>Action</u>: It was moved by Director Mroz, seconded by Director Winton to approve the Joint Powers Agreement between Fallbrook Healthcare District and North County Fire Protection District as presented. <u>Motion carried 4/0/1 – Director Abbott abstained.</u>

#### G. ITEMS FOR SUBSEQUENT MEETINGS

- G1. Other Director/Staff discussion items
  - G1a. Item(s) for future board agendas
    President Tinker recommended the matter of Urgent Care services be placed on the next agenda for discussion/action.
  - G1b. Announcements of upcoming events:
    - Free Prostate Cancer Screening Saturday, September 17, 2016, 6:30am-9:00am, Fallbrook Family Health Center
    - Community Collaborative for Health & Wellness Committee (CCHW) meeting Monday, September 19, 2016, 9:00-10:30am, Fallbrook Public Utility District Board Room
    - Woman of Wellness –Thursday, October 6, 2016, 6pm, Fallbrook Library
    - NCCCHI meeting Wednesday, October 5, 2:00-3:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.
- G2. Next Regular Board meeting Wednesday, October 12, 2016, 6pm, Fallbrook Public Utility District Board Room

## H. CLOSED SESSION

H1. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT CODE 54956.8 -Conference shall include Price and Terms.

District Negotiator: Travis Ives

APN #s 105-811-01 and 103-246-51. (Former Hospital Property – 624 Elder Street/138 Brandon Road)"

There was no Closed Session as noted on the first page, section B

# I. RETURN TO OPEN SESSION

N/A

# J. ADJOURNMENT

There being no further business, the meeting was adjourned at 7:05 p.m.

Gordon Tinker, President

Stephen Abbott, Secretary