



**MINUTES
REGULAR BOARD MEETING
Wednesday, February 10, 2021, 6:00 p.m.**

In accordance with the current State of Emergency and the Governor’s Executive Order N-25-20, of March 12, 2020 and N-33-20 of March 19, 2020, teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chairman Howard Salmon called the meeting to order at 6:02 p.m. and led the Pledge of Allegiance.

In attendance: Directors Stephanie Ortiz, Kate Schwartz, Jennifer Jeffries, Barbara Mroz and Howard Salmon.
CEO Rachel Mason, Legal Counsel Jeffrey Scott, Accountant Susan Woodward, Property Manager Roy Moosa and staff members Linda Bannerman, Mireya Banuelos, Wendy Lyon, Tracy Rosalee and Pamela Knox. Public members also attended.

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries, seconded by Director Schwartz to approve the agenda as presented.

Motion carried by the following roll call vote. 5-0

Director Ortiz	Aye
Director Schwartz	Aye
Director Jeffries	Aye
Director Mroz	Aye
Director Salmon	Aye

C. PUBLIC COMMENTS

None

D. PRESENTATIONS

D1. Fallbrook Healing Center Update – John Carswell, Administrator
Fallbrook Regional Health District sold the former hospital building to Crestwood Behavioral Health who opened the Fallbrook Healing Center on September 6, 2019. Administrator John Carswell provided an overview of this facility’s first year of operation in Fallbrook. The facility has a capacity of 132 residents (referred to as guests) and the current census is 116. Admissions are suspended at this time due to the pandemic. There are 138 employees, 47 of whom live in Fallbrook, including three in leadership positions. To date, 21 guests have been discharged to their home communities. COVID-19 infections began with a staff member and totaled 112, with no serious hospitalizations and no current infections. Weekly testing is required for both guests and staff. An array of therapeutic services is ongoing for guests.
When the situation with the pandemic normalizes, plans include a culinary no waste program, an organic garden, controlled guest outings and potential partnerships with local

non-profit organizations for guests to volunteer/work prior to their discharge back to their home communities. Approximately half of the beds are allotted for San Diego residents (considering increasing the percentage), with others accepted from San Bernardino, Riverside and Los Angeles. Mr. Carswell said the Fallbrook Healing Center looks forward to being an active partner in the community and appreciates the District’s support.

E. CONSENT ITEMS

- E1. Approval of December 2020 Financial Statements
- E2. Minutes of January 6, 2021 Finance Committee Meeting
- E3. Minutes of January 9, 2021 Special Board Meeting
- E4. Minutes of January 13, 2021 Regular Board Meeting
- E5. Minutes of January 15, 2021 Gov’t & Public Engagement Committee Meeting
- E6. Minutes of January 20, 2021 Strategic Planning Committee Meeting
- E7. Minutes of January 28, 2021 Facilities Committee Meeting

No Board member asked to pull any of the above listed items for further discussion.

Action: It was moved by Director Schwartz, seconded by Director Mroz to approve the above listed Consent Items as presented.

Motion carried by the following roll call vote. 5-0

Director Ortiz	Aye
Director Schwartz	Aye
Director Jeffries	Aye
Director Mroz	Aye
Director Salmon	Aye

F. REPORTS/POSSIBLE ACTION

F1. Finance Committee – Directors Jeffries and Mroz
 Chair Jennifer Jeffries reviewed the financial statements through December 2020. Discussion ensued regarding Report 3, Profit & Loss Y-T-D, Actual vs Budget. Noted were the reasons for some line items that were under or over budget. Director Jeffries disclosed that the investments of the District comply with the District’s 2020-21 Investment Policy. LAIF represented approximately 22 percent of the District’s total invested funds and CalTRUST the other 78 percent. The balances in the District’s investment accounts give the District the ability to meet its expenditure requirements for the next six (6) months.

Report 9 Checkbook Report for October through December 2020 shows the funds invested in the community and specifically at the Mission Road property for maintenance, repairs, permits, and consultants. For this time, \$99,924.90 in Community Investment Funds were spent. It also details all transactions paid through the Operations Account (including Community Invest Funds) for the second quarter of this fiscal year, which total \$665,914.67, largely due to the Community Health Contracts checks distributed in November. Director Jeffries said the Finance Committee made the following recommendations.

Recommendation: That the board approve the transfer of \$4,000 from the Community Investment Fund account to the Operating account to cover expenses of \$3,744 (Catalyst contract expenses were transferred to the Operating Account back in August 2020).

Recommendation: That the board approve the transfer of \$306,000 from the CalTrust account to the LAIF account to rebalance the distribution of funds to a 75 percent/25 percent ratio in the accounts.

Action: It was moved by Director Mroz, seconded by Director Schwartz to approve the transfer of \$4,000 from the Community Investment Fund account to the Operating account to cover the expenses October through December, and approve the transfer of \$306,000 from the CalTRUST account to the LAIF account to rebalance the distribution of funds to a 75 percent/25 percent ratio in the accounts.

Motion carried by the following roll call vote. 5-0

Director Ortiz	Aye
Director Schwartz	Aye
Director Jeffries	Aye
Director Mroz	Aye
Director Salmon	Aye

The CEO recommended considering action on the below recommendation following the Gov't and Public Engagement Committee report as additional information will be presented.

Recommendation: That the board approve the COVID-19 Outreach Proposal in the amount of \$32,164.00 (See below)

F2. Gov't and Public Engagement Committee – Directors Schwartz-Frates and Ortiz
 Committee Chair Kate Schwartz reviewed both national and state legislative updates regarding COVID-19 statistics and strategies including the latest eviction policies and funding to support expanded testing and vaccinations. She noted Covered California announced that anyone uninsured and eligible to enroll in health coverage can sign up effective February 1 through May 15.
 She asked Community Health Coordinator Mireya Banuelos to review the Community Engagement Report which included an update regarding the Community Wellness Center Feedback Survey noting the deadline was extended through February 22. Updates were provided for the website, the Community Collaborative for Health & Wellness, and the Farmworker CARE Coalition. Jen Koester, Social Media Specialist/Customer Service for North County Fire Protection District and Fallbrook Regional Health District was asked to discuss social media campaigns. February is Children’s Dental Health Month, Age-related Macular Degeneration Month and Heart Health Month. COVID-19 Testing and Vaccine updates are provided on a regular basis.
 CEO Rachel Mason then reviewed the District’s 2-month plan and budget for additional community outreach efforts regarding COVID-19 totaling \$32,164 (See attached)
 Discussion ensued.

Recommendation: That the board approve the COVID-19 Outreach Proposal in the amount of \$32,164.00

Action: It was moved by Director Schwartz, seconded by Director Jeffries to approve the COVID-19 Outreach Proposal as presented.

Motion carried by the following roll call vote. 5-0

Director Ortiz	Aye
Director Schwartz	Aye
Director Jeffries	Aye
Director Mroz	Aye
Director Salmon	Aye

F3. Facilities Committee – Directors Mroz and Salmon
 Committee Chair Mroz said the Facilities Committee met on January 28th to review the findings of the Property Condition Assessment Report for the District’s property at 128 S. Brandon Road. The purpose for the assessment was to identify short term and long-term maintenance issues, which can then be factored into the District’s budget planning for the next three, five, ten and fifteen years. Two immediate maintenance issues were identified.

- Parking lot resurfacing; striping and signage to ADA compliant parking space; and removal of tree due to roots lifting asphalt. Possible bid process required due to cost.
- HVAC – one of three units not working, and all are old and in need of replacement. The cost would be greater than \$25,000 requiring bid process.

Next fiscal year needs:

- Seepage of water in the elevator pit. State certification on elevator is up to date.
- Landscaping as planned, with only necessary maintenance to prevent danger.

Recommendation: That the board approve the HVAC and Parking Lot Projects at the Administrative Office, 138 S. Brandon Rd., with CEO responsible for appropriate follow up.

Action: It was moved by Director Mroz, seconded by Director Salmon to approve the HVAC and parking lot projects at the Administrative Office (138 S. Brandon Road).

Motion carried by the following roll call vote. 5-0

Director Ortiz	Aye
Director Schwartz	Aye
Director Jeffries	Aye
Director Mroz	Aye
Director Salmon	Aye

- F4. Ad Hoc Steering Committee – Directors Schwartz-Frates and Ortiz
 Committee Chair Schwartz said the ad hoc Steering Committee met on January 22nd, to discuss progress in the Analysis of Needs phase with Catalyst representatives. She said the wellness center community survey responses have been coming in, however there have not been as many as would be optimal. She noted that she and Director Ortiz have been setting up and hosting information stations in the community to encourage survey participation and increase public awareness of Fallbrook Regional Health District. The survey deadline date was extended to February 22nd.

- F5. Strategic Planning Committee – Directors Jeffries and Salmon
 Committee Chair Jeffries said the updated annual grant application was reviewed by members of the Strategic Planning Committee. She said applicants will be notified that the funding would be granted for at least one year in each application cycle, but likely not more than three years total. The District is budgeting for the development and use of the property at 1636 E. Mission Road and will not be able to allocate as much funding for grants. In addition, the District will be looking at new grant programs with an emphasis on Social Determinants of Health as part of the Statement of Need.
 Director Jeffries said this committee also had requested a report from the Fallbrook Healing Center and thanked Administrator John Carswell for his presentation.
 Director Salmon suggested there might be a role for the District in providing behavioral health services in our District. He asked Directors Schwartz and Ortiz, and the CEO to further investigate this possibility.

- F6. Chief Executive Officer – Rachel Mason
 Rachel Mason provided an overview of the District’s efforts related to the pandemic. More than 6,000 people were tested in our District through the combined efforts of CalFire, North County Fire Protection District and our District. Plans for providing vaccine are also in place.
 The Community Based Participation Input Survey for the wellness center development is reaching the 300 mark.
 Ms. Mason held a grants training Zoom meeting on February 4th and updated the current and potential applicants about changes to the Community Health Contracts grant program.
 The District’s budget has been amended to include line items and reports that will clearly outline the impact of the Wellness Center operations and the forthcoming District Foundation.
 FRHD is listed as scheduled for the fiscal year 2020-2021 Municipal Service Review Study. No other information has been received from LAFCO.

- F7. General Counsel – Jeffrey Scott
 Jeffrey Scott provided a brief overview of the effects of the COVID-19 pandemic on the State of California. The consensus continues to be the Legislature will focus on issues

targeting the impacts of the pandemic. In the health area, several issues that did not get resolved will be back including legislation on seismic requirements, hospital balance billing market consolidation in the health care area, and more attempts to control health care costs. It is also anticipated that the California Nurses Association will be sponsoring another attempt to establish a single payer health system.

On January 8, 2021, Governor Newsom released his proposed budget for 2021-2022 fiscal year. The state is in remarkably good fiscal shape given the challenges with the pandemic. There is a \$14 billion surplus projected for the coming fiscal year that the Governor plans to use with the current \$20 billion in state reserved to create a resiliency fund to provide funding for various groups suffering during the pandemic. (See report) The governor estimates that the Medi-Cal program will grow from 14,000,000 enrollees in 2020-2021 to more than 15,600,000 in 2021-2022. This growth in the Medi-Cal program is also leading to several proposals to address health care costs and affordability. (See details in full report in the board packet).

G. DISCUSSION/POSSIBLE ACTION ITEMS

- G1. Consideration of Board Development and Education
CEO Rachel Mason said the Special District Risk Management Authority (through which the District has insurance coverage) provides a list of webinars designed for board development and education. Staff researched the list and assigned specific trainings to coordinate with board member committee assignments. Significant cost savings can be realized by the District if board members participate in these webinars. The deadline for completion is March 31st. Other webinars are available if any member of the Board would prefer a different one than assigned.
- G2. Consideration of COVID-19 Community Communications and Outreach Efforts Regarding Testing and Vaccination
This item was postponed to a future meeting.

H. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS

- H1. Other Director/Staff discussion items
- H1a. Item(s) for future board agendas
- H1b. Announcements of upcoming events:
- **COVID-19 Testing – Dates and Locations TBD**
 - **COVID-19 Vaccinations – Dates and Locations TBD**
 - **Gov't and Public Engagement Committee meeting – 2nd Friday, February 12, 10:30am, Virtual Meeting**
 - **Martin Luther King Jr. Day – District Holiday – Monday, January 18th**
 - **Community Collaborative for Health & Wellness Committee (CCH&W) meeting – 3rd Wednesday, February 17 10:30am-noon, Virtual Meeting (See fallbrookhealth.org/calendar)**
 - **Strategic Planning Committee meeting – 3rd Wednesday, February 17 5:00pm, Virtual Meeting**
 - **Facilities Committee meeting – 4th Thursday, February 25 10:30am, Virtual Meeting**
 - **FRHD/Catalyst Steering Committee meeting – 4th Friday, February 26, 10:30am, Virtual Meeting**
 - **Finance Committee meeting – February 1st Wednesday, February 3, 4:30pm, Virtual Meeting**
 - **Woman of Wellness – Postponed**
 - **Proposed Budget Public Hearing/Special Board Meeting – To Be Determined**
- H2. **Next Regular Board meeting – Wednesday, March 10, 2021, 6:00pm, Virtual Meeting**

I. **ADJOURNMENT**

There being no further business, the meeting was adjourned at 8:15 p.m.


Howard Salmon, Chairman


Board Secretary/Clerk