

**FALLBROOK REGIONAL HEALTH DISTRICT
BOARD WORKSHOP**

Saturday, February 25, 2017, 8:00 a.m. to 11:30 a.m.
Fallbrook Regional Health District, Board Room, 138 S. Brandon Rd., Fallbrook

MINUTES

A. CALL MEETING TO ORDER

President Tinker called the meeting to order at 8:00 a.m.

Present: Directors Tinker, Salmon, Mroz and Leach with Director Abbott arriving for the tour.

Also present: Legal Counsel Blaise Jackson and Executive Director Bobbi Palmer.

B. DISCUSSION ITEMS

“Prevent the Preventable”

B1. 23 and ½ Hours (YouTube Video)

The above YouTube video was played. Dr. Mike Evans provided a visual lecture on the many health advantages of exercise. He noted that as little as ½ hour per day of exercise provides these advantages. With our new name and Mission, this video can be a part of our focus on health & wellness. Each month we are planning a Wellness Walk to promote the benefits of walking, with the hope of participants establishing their own walking groups.

At this time, Counsel suggested discussing Item B4, prior to the arrival of Director Abbott who would recuse himself during that discussion due to possible conflict of interest.

B4. Property Status

a) Personal Property Update/Centurion

Centurion has completed the sale of the equipment and property that had been in the building when it functioned as a hospital. The building can now be viewed as a facility with another use, or multiple uses.

b) Communication with Other Public Agencies

Letters of notice of surplus property had been sent to the Fallbrook Union Elementary School District, Fallbrook Union High School District, Palomar College and the County of San Diego. To date, the County has expressed possible interest and Palomar College has declined the offer.

Discussion ensued regarding possible uses for the building. Tours of the building continue for those with interest.

c) Status of Updated Appraisal

The District has not yet received the updated appraisal report.

B5. Tour of Building/Group Photo (at 10:00 a.m.)

The workshop adjourned at 9:20 a.m. to tour the building. Following the tour, a photograph of the board and staff was taken.

The workshop reconvened at 10:18 a.m. Director Abbott joined the meeting and Director Leach left the meeting.

B2. Community Engagement Services Update

Galvanized Strategy Data Points

Executive Director Bobbi Palmer said Erica Holloway of Galvanized Strategies had presented a report at the last regular meeting of the Board of Directors. A draft version of the 2016-2017 Community Engagement Plan was provided for this workshop, along with other data, and corrections are welcome. Ms. Palmer said she wanted the Board to see the scope of the work Ms. Holloway has accomplished. She discussed including faith-based organizations in our conversations about health & wellness in the future. She said Ms. Holloway will be creating packets of information for our legislators for Legislative Day and has provided press releases throughout the State and health organizations regarding what is happening in our District. In addition, she is creating *fast facts* flyers (some of which are included in today's packet) and "Did You Know?" articles. This information is shared with our Advisory Committee and can be shared with the community as members of the Committee advocate for the District. Director Abbott said since North County Fire Protection District and Fallbrook Regional Health District have a JPA, we can work together to meet health needs in the communities we serve.

B3. Community Health Focus Update

CentraForce - Behavioral Data Points

CentraForce provided a Behavioral Health Population Overview which was reviewed and discussed. Behavioral Health services have been identified as a needed service in our District.

B6 Recommendations for Discussion/Action Items

Consideration of a letter to federal legislators recommending replacement before repeal of the Affordable Care Act, following receipt of language to be used as recommended by Legal Counsel.

B7 Communications Only


Director Salmon said as a health district, we are concerned about health coverage for the District residents. He suggested that the District communicate with our legislators that we don't want the Affordable Care Act (ACA) repealed without a replacement plan. He suggested replace, then repeal the ACA. Legal Counsel said he would develop language for the communication to be discussed at a regular meeting.

C. ADJOURNMENT

There being no further business, the meeting was adjourned at 11:46 a.m.



Gordon Tinker, President



Stephen Abbott, Secretary

Minutes approved at the Board of Director's Meeting on: May 8, 2017