

The Fallbrook Hospital

1950 1950 Board of Supervisor's approves creation of Fallbrook Hospital District.

In 1936 a small home located at 331 Main Ave. was operated as a hospital by the Appleford family. By 1948 the hospital was in jeopardy of closing due to financial resources and a lack of ability to attract nursing staff. On April 24, 1950 the residents of the area voted to establish, build and operate the Fallbrook Hospital to be supported by property taxes. The San Diego County Board of Supervisor's approves the creation of the Fallbrook Hospital District, and the District operates the hospital from that location for 10 years.

1960 Fallbrook Hospital opened on Elder Street.

In 1958, the Fallbrook Hospital District was granted \$257,000 in federal and state funds, to pay two-thirds of the cost of a 20 bed hospital. In 1960 the Fallbrook Hospital opened on Elder Street.



1997 Due to financial losses, CHS assumes hospital operations with voter approval.

After losing money for many years the hospital's future was in jeopardy; such that, the Hospital lost \$300,000 between July 1997 & February 1998. In response, in early 1997, the Directors sought to lease the hospital to a larger entity who had more financial stability. By law, the community had to vote on any lease transfer, and in September 1998 a ballot measure passed, with 95% of the votes, to allow Community Health Systems (CHS) to begin operating the Fallbrook Hospital.

Community Health Contract Grant program launched to invest property tax dollars. 1999

Once Community Health Systems took over operations of the Fallbrook Hospital, the District had to redirect much of the property tax revenue it received. As part of their mission to expand and support local health and wellness services, the District launched the Community Health Contract Grants program. The District funded support to the Hospital Auxiliary which ran a hospital van and purchased medical equipment as well. The Community Health Contract Grant program is still investing property tax dollars back into the community, and as of 2022 has provided \$13,470,158 toward community health and wellbeing services. See the District website for a listing on the funded agencies, programs, and total investment amounts.

2014 Due to ongoing financial issues, the Fallbrook hospital closed.

After running the Fallbrook Hospital for nearly 15 years, Community Health Systems reported significant financial losses for several years. A looming seismic retrofit deadline, fewer viable managed care contracts and an overall decrease in services being provided increased the financial pressures on CHS, and in 2015 they issued a notice to terminate their lease with the District. The District submitted several requests for proposals to other healthcare operators seeking a new operating partner. There were no viable applicants, and in 2015, the District closed the hospital.

2017 Crestwood behavioral health purchases hospital property.

The District continued to preserve the old hospital building while still seeking service partners that could activate care in the facility.

In 2017, Crestwood Behavioral Health purchased the hospital property for \$4.5 million dollars to create an in-patient behavioral health treatment center. The Fallbrook Healing Center opened in 2019.



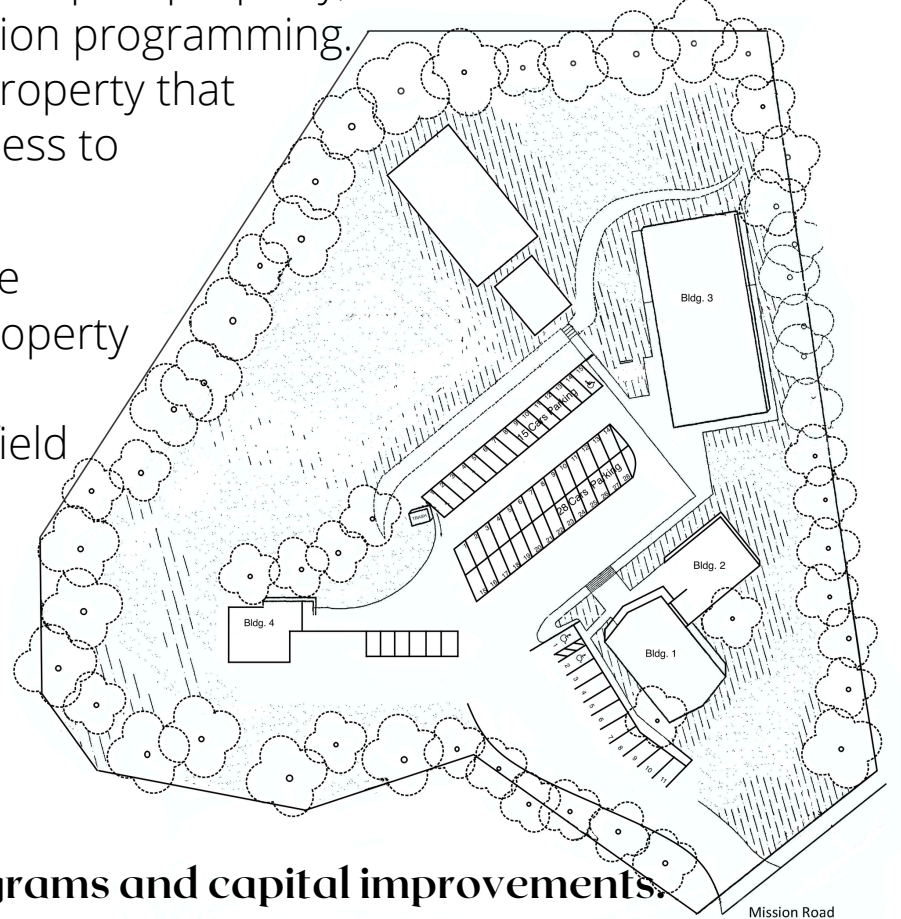
With sale of hospital, proceeds invested in purchase of church property on Mission.

After the 2015 closure and 2017 sale of the old hospital property, the District chose to invest in Health Promotion and Disease Prevention programming.

With this goal in mind, the Board sought out a property that would allow for community gathering space, access to outdoor activity options, and educational areas.

The District was presented with the option of the St. Stephens Lutheran Church and preschool property at 1636 E. Mission Road. This 4.5 acre property hosts a 7,500 sq. ft. educational building, open field and shade structure, large multipurpose space in the previous church hall and sanctuary, as well as a three bedroom home.

In early, 2018 the District purchased the property for \$1.8 million of funds from the sale of the hospital.



Extensive research to define & develop programs and capital improvements.

2020 The District spent some time researching community needs, community wants and how to best approach the redevelopment of the property. In February, 2020 we contracted with Catalyst Consulting to conduct a Community Needs Assessment, using a Social Determinants of Health paradigm to ensure we had reliable data and evidence based recommended program suggestions. The goal was to find, and then provide the most needed types of health promotion and disease prevention services that would address the greatest health and wellbeing concerns in the community. Though the COVID-19 pandemic soon slowed much of our outreach efforts, we were able to get survey data and hold many Zoom-based focus groups.



While pursuing this data, the District worked to have the Center become a community site for COVID-19 testing and vaccination events. With it's large open parking area and airy open rooms, the



Center served as a partner site with local, County, and National providers for testing and vaccination events through 2020 and into 2022.

Community Needs Assessment findings highlight key health needs.

The Catalyst Community Needs Assessment report was finalized in July of 2021, and while the pandemic was still in full effect, we spent the remainder of 2021 outlining the program and redevelopment priorities. The Center Administrator was hired in September of 2021 and limited services began where possible. The main findings from the Community Needs Assessment prioritized programs addressing Diabetes prevention and management, hypertension, obesity and mental health.



Expansion of District programs & Grant partners to fulfill needs.

2022



Hands Only CPR
Classes



Chair Yoga



Nutrition to Grow On



Mental Health First Aid Classes



**Mental Health
FIRST AID**

from NATIONAL COUNCIL FOR
MENTAL WELLBEING



Wellness Wednesday
screenings & workshops



CSUSM Student
Nurses are back!

Michelle's Place
Cancer Resource Center
opens satellite office



Hospice of the Valleys

Bereavement & Caregiver
Support Groups



Senior Computer Learning
Classes & Fix-It-Fridays



2023

And so much more!

Community Resource Navigator on staff, Blood Drives,
San Diego County LiveWell Programs, Substance Abuse
prevention & Education, Community Support Groups,
monthly health screenings & more

Beyond

CDC Certified Diabetes Prevention Program
Mindfulness Based Stress Reduction
Financial Literacy