

# Fallbrook Regional HEALTH DISTRICT

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

## BOARD OF DIRECTORS REGULAR BOARD MEETING

WEDNESDAY  
MARCH 8, 2017

6:00 PM

AT

**FPUD  
FALLBROOK PUBLIC UTILITY DISTRICT  
990 EAST MISSION ROAD  
FALLBROOK, CA 92028**

**AGENDA**  
**FALLBROOK REGIONAL HEALTH DISTRICT**  
**REGULAR BOARD MEETING**  
**Wednesday, March 8, 2017, 6:00 p.m.**  
**Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

**B. ADDITIONS TO AGENDA**

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an “emergency” as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

**C. BOARD MEMBER AND PUBLIC COMMENTS**

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. “Request to speak” cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

**D. CONSENT ITEMS**

- D1. Minutes of February 1, 2017 Finance Committee Meeting
- D2. Minutes of February 8, 2017 Regular Board Meeting
- D3. Approval of January 2017 Financial Statements

**E. REPORTS**

- E1. Finance Committee – Committee of the Whole, Chair: Director Mroz
- E2. Gov’t/Public Relation/Community Relations Committee – Directors Salmon and Tinker
- E3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon
- E4. Executive Director – Bobbi Palmer
- E5. General Counsel – Blaise Jackson

**F. DISCUSSION/ACTION ITEMS**

- F1. First Review – Revised Bylaws for District (name change/committee re-organization - Jackson)

**G. ITEMS FOR SUBSEQUENT MEETINGS**

- G1. Other Director/Staff discussion items
  - G1a. Item(s) for future board agendas
  - G1b. Announcements of upcoming events:
    - Community Collaborative for Health & Wellness (CCHW) meeting – Monday, March 20, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
    - NCCCHI meeting – 1<sup>st</sup> Wednesday, April 5, 2017, 2:00-3:00pm Fallbrook Regional Health District Board Room, 138 S. Brandon Rd.
    - Finance Committee of the Whole meeting – Wednesday, April 5, 2017, Fallbrook Regional Health District Board Room
    - Woman of Wellness – Thursday, April 6, 2017, 6pm – Fallbrook Library
- G2. Next Regular Board meeting – Wednesday, April 12, 2017, Fallbrook Public Utility District Board Room

**H. ADJOURNMENT**

**NOTE:** This agenda posted at the Fallbrook Regional Health District Administration Office on Friday, March 3, 2017. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

  
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**CONSENT ITEMS**



**FALLBROOK REGIONAL HEALTH DISTRICT  
FINANCE COMMITTEE  
Wednesday, February 1, 2017 at 5:00 P.M.  
Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028**

**MINUTES**

Committee Members Present: Chair Barbara Mroz, Director Howard Salmon and Director Stephen Abbott.  
Absent: Directors Gordon Tinker and William Leach  
Others Present: Bobbi Palmer, Executive Director, Accountant Kathy Bogle and Bookkeeper Wendy Lyon.

Director Howard Salmon joined the meeting remotely by teleconference pursuant to government Code Section 54953 from the following location: Hyatt Regency, 1209 L Street, Sacramento, California 95814

1. Call to Order/Roll Call  
Chair Barbara Mroz called the meeting to order at 5:00 p.m.
2. Public Comments  
There were no public comments.
3. Review of Financial Statements for December 2016
  - 1) Balance Sheet Comparison of December 2016 to November 2016
  - 2) Balance Sheet Comparison of October 2016 to December 2016 (fiscal quarter 11 x 17)
  - 3) Income Statement for December 2016/July – December 2016
  - 4) Profit & Loss Actual vs Budget – December 2016
  - 5) Profit & Loss Actual vs Budget July – December 2016
  - 6) Profit & Loss Budget Overview July 2016 – June 2017 (fiscal year 11 x 17)

There was a decision to review six-month statements for a better perspective. All financials were in order and good standing. A variance was noted under expense for consultant fees. This was due to the contracting with a community engagement firm. The efforts of this company have led to our District having a higher profile and a new name. They are doing a splendid job.

A review of the six-month profit and loss actual vs. current budget showed few variances. The current gross budget shows \$726,523. The budget created was \$812,187 with a variance of \$85,664.00. This is due to being under budget, placing the District in a strong position for being conservative.

- 7) LAIF Monthly Statement
- 8) Cal-Trust Monthly Statement

The LAIF and Cal-Trust accounts are sound and in good order with little or no growth. An RFP was generated to secure an investment broker to deal with future investments with greater return for the District.



9) Property Tax Revenue July – December 2016

The December tax revenue was considerably higher than past months being \$600,065.52 bringing our total tax revenue to \$724,798.79. It is normal for larger tax revenues to appear in April and December.

Other:

An educational economic symposium by S.D. County Treasurer Dan McAllister will be held February 10<sup>th</sup> and will be attended by Directors Barbara Mroz and Howard Salmon. There were no recommendations from the Finance Committee to the full Board.

4. Adjournment

There being no further business, the meeting was adjourned at 6:10 p.m.

DRAFT





**FALLBROOK REGIONAL HEALTH DISTRICT  
REGULAR BOARD MEETING**  
Wednesday, February 8, 2017, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

**MINUTES**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

President Gordon Tinker called the meeting to order at 6:03 p.m.  
Board members present: Directors Abbott, Leach, Mroz, Salmon and Tinker.  
Also present: Executive Director Bobbi Palmer, Legal Counsel Blaise Jackson and Accountant Kathy Bogle.

President Tinker led the Pledge of Allegiance.

**B. ADDITIONS TO AGENDA**

There were no additions to the Agenda. Counsel noted that item 12 on the Agenda was erroneously included and that there was no Potential Litigation matter for discussion at the meeting.

**C. BOARD MEMBER AND PUBLIC COMMENTS**

Director Salmon said since he was unable to attend the last meeting he wanted to comment that he had met with Dr. Kimes of A+ Urgent Care and developed a data reporting process. It appears that an average of another five patients per day should be adequate for them to sustain their services.

President Tinker said a Request to Speak card had been completed by a woman who was unable to stay for the meeting; however, she wanted to suggest that the building previously used by Fallbrook Hospital be considered for use as a homeless shelter. President Tinker said the Fallbrook Hospital property would be discussed further under Closed Session.

**D. PRESENTATIONS**

D1. Jake Enriquez, District Manager, County of San Diego Parks and Recreation  
President Tinker invited Jake Enriquez to the podium to provide his presentation. He said the County of San Diego Parks and Recreation manages two parks in the Fallbrook area. He said a project is planned for Live Oak Park. Approximately 16 years ago, Fallbrook Healthcare District sponsored a project at the park with 12 stations devoted to stretching, flexibility, passive movement and walking around the park. He thanked the District for having provided the park with these stations and noted they were regularly in use. It is now time to replace these stations. Under the Live Well initiative, the County plans to replace these stations and provide a healthy, safe system of metal, all weather, and articulating and full movement fitness station. A major component includes ADA accessibility and therefore has been conceptualized as one area in the park, rather than several separate stations. He said this project is in the conceptual stage and is a capital project. He invited Fallbrook Regional Health District to participate in this project. This project will need final approval from the S.D. County Board of Supervisors. Director Abbott suggested blending the nature of the station into the character of the Park. Director Mroz suggested taking into consideration that many residents walk with their dogs in the park. Mr. Enriquez will return to address the Board of Directors with additional information at a future meeting.

- D2. Erica Holloway, Galvanized Strategies, Fallbrook Regional Health District Community Engagement Services  
Erica Holloway provided an update regarding her community engagement services. She reviewed her work with the Advisory Committee. She said the committee had been given statistics regarding which services were provided by Fallbrook Hospital and the percentages of each prior to its closure. They were somewhat surprised to learn that OB services had the highest percentage. She reported that the District has granted 271 Community Health Contracts (formerly referred to as grants) since its inception. Community Health Contracts served more than 75,500 in the contract year 2016-2017. Advisory Committee members have been provided this data in an effort to share the importance of the role and relevance of Fallbrook Regional Health District. As our ambassadors, they can share this information within our communities. In addition, Erica has issued multiple press releases throughout the state sharing the activities and goals of the District with newspapers and organizations such as the Association of California Healthcare District (ACHD) and the California Special Districts Association (CSDA).

#### E. CONSENT ITEMS

- E1. Minutes of January 4, 2017 Finance Committee Meeting  
E2. Minutes of January 11, 2017 Regular Board Meeting  
E3. Approval of December 2016 Financial Statements  
**Action:** It was moved by Director Salmon, seconded by Director Abbott to approve the Consent Items as presented. Motion carried (5-0).

#### F. REPORTS

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz  
Finance Committee Chair Barbara Mroz provided the Treasurer's Report noting that the information was for the six-month period ending December 31, 2016. All financial reports were found to be in order. A variance was noted under expense for consultant fees. This was due to the contracting with a community engagement firm. The efforts of this company have led to our District having a higher profile and a new name. LAIF and Cal-Trust accounts were sound and in good order with little or no growth. An RFP was generated to secure an investment broker to deal with future investments with greater return for the District. A review of the six-month profit and loss actual vs. current budget showed few variances. The current gross budget shows \$726,523. The budget created was \$812,187 with a variance of (85,644). This is due to being under budget, placing the District in a strong position for being conservative. In review of Property Tax Revenues, it was noted the December tax revenue was considerably higher than past months being \$600,065.52 bringing our total tax revenue to \$724,798.79. It is normal for larger tax revenues to appear in April and December. There were no recommendations from the Finance Committee to the full Board.
- F2. Gov't/Public Relations/Community Relations Committee – Directors Salmon and Tinker  
Director Salmon said he attends an informal meeting of the unincorporated areas of the governmental affairs committee. On the agenda at the last meeting was the opportunity for him to discuss the RFP for urgent care services. He said he brought them up to date on the matter. He said the Advocacy Committee for ACHD met last month. Beach Cities Healthcare District has proposed that the State approve design/build for their community (which also does not run a hospital) for assisted living facilities. The ACHD Board was asked to support this matter. He said however this plays out for Beach Cities might have an impact on whatever plan we might propose for use of the building that previously housed Fallbrook Hospital.
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon



Director Salmon said he has discussed scheduling a meeting of this committee and he would like to learn more about what LYFT and UBER have done in the way of transportation for health services in other communities.

F4. Executive Director – Bobbi Palmer

Executive Director Bobbi Palmer said a team consisting of a resident, board member, community advocate and herself had visited Olivewood Garden and Learning Center located in National City. It is nationally recognized as a garden and center that serves the needs of San Diego. She said our goal is to create a sub-committee within the Community Collaborative for Health & Wellness (CCH&W) to develop a similar program in our community.

A celebration of the District's new name and 1<sup>st</sup> Wellness Walk took place on February 1<sup>st</sup>. Board Chair Gordon Tinker, Treasurer Barbara Mroz and representatives from both Senator Anderson's office and Assembly member Waldron's office were in attendance. The legislative representatives presented certificates of recognition. Pedometers were given to walkers participating in the event. Approximately 30 participants walked 6,500 steps each for a total of 195,000 steps. The Village News was invited to take photos for an upcoming article.

F5. General Counsel – Blaise Jackson

Legal Counsel said his comments would be confined to Discussion/Action Items and Closed Session.

**G. DISCUSSION/ACTION ITEMS**

G1. Fallbrook Regional Health District New Logo

**Discussion:** With the recent name change for the District, three options for a new logo were presented to the members of the Board. Discussion ensued. (See attached)

**Action:** It was moved by Director Abbott, seconded by Director Leach to approve option #3, with the provision that the top line (Fallbrook Regional) be bolded. Motion carried 4-1, (Director Salmon voted no).

G2. District Electronic Mail Communications and Retention Policy

**Discussion:** President Tinker said many public agencies have discussed the matter of personal e-mails on personal computers fall under Public Records Act. Blaise Jackson said he had brought the policy to the last meeting and was asked to revise the policy to include retention information. Section 2.3 now addresses retention. All Board members were reminded to use the fallbrookhealth.org e-mail associated with the new domain.

**Action:** Director Salmon moved and Director Abbott seconded to approve the Electronic Mail Communications and Retention Policy as presented. Motion carried unanimously.

**H. ITEMS FOR SUBSEQUENT MEETINGS**

H1. Other Director/Staff discussion items

H1a. Item(s) for future board agendas

There were no recommendations.

H1b. Announcements of upcoming events:

- Community Collaborative for Health & Wellness Committee (CCHW) meeting – Tuesday, February 21, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
- CSDA Special District Leadership Academy – February 26 to March 1, 2017, La Jolla
- NCCCHI meeting – 1<sup>st</sup> Wednesday, March 1, 2017, 2:00-3:00pm at the Fallbrook Family Health Center, •  
Finance Committee meeting – 1<sup>st</sup> Wednesday, March 1, 2017, 5:00-6:00pm  
Fallbrook Healthcare District Board Room

- Woman of Wellness – Thursday, March 2, 2017, 6pm – Fallbrook Library
- ACHD Annual Legislative Day, April 3-4, 2017, Sacramento
- CSDA Special District’s Legislative Day, May 16-17, 2017, Sacramento

H2. Next Regular Board meeting – Wednesday, March 8, 2017, Fallbrook Public Utility District Board Room

**I. CLOSED SESSION**

I1. CONFERENCE WITH REAL ESTATE NEGOTIATOR REGARDING SALE OF REAL PROPERTY PER GOVT CODE 54956.8 -Conference shall include Price and Terms.  
District Negotiator: Travis Ives  
APN #s 105-811-01 and 103-246-51. (Former Hospital Property – 624 Elder Street/138 Brandon Road)”

The Board adjourned to Closed Session at 7:07 p.m. and Director Abbott recused himself and left the meeting.

**J. RETURN TO OPEN SESSION**

The Board reconvened into Open Session at 7:34 p.m. with no action taken.

**K. ADJOURNMENT**

There being no further business, the meeting was adjourned at 7:34 p.m.

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Gordon Tinker, President

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Stephen Abbott, Secretary





**FALLBROOK HEALTHCARE DISTRICT**  
**BALANCE SHEET COMPARISON**  
Comparison of January 31, 2017 to December 31, 2016

	Jan 31, 17	Dec 31, 16	\$ Change
<b>ASSETS</b>			
Current Assets			
Checking/Savings			
102.9 · Cal Trust Investment Account	4,225,909.84	4,217,744.09	8,165.75
102.2 · Cash in Bank - New Operating	905,037.23	674,247.21	230,790.02
102.6 · Cash in Bank -LAIF	1,445,721.62	1,443,179.17	2,542.45
Total Checking/Savings	6,576,668.69	6,335,170.47	241,498.22
Other Current Assets			
104 · Prepaid Insurance	18,460.60	22,152.74	(3,692.14)
114 · Interest Receivable	4,095.84	3,956.68	139.16
Total Other Current Assets	22,556.44	26,109.42	(3,552.98)
Total Current Assets	6,599,225.13	6,361,279.89	237,945.24
Fixed Assets			
120.01 · ALVARADO BLDG	291,240.00	291,240.00	0.00
121 · Equipment	19,521.65	19,521.65	0.00
121.2 · Equipment Depreciation	(19,418.51)	(19,398.71)	(19.80)
122.0 · ASSETS HELD FOR RESALE			
122.01 · FALLBROOK HOSPITAL	4,417,521.00	4,417,521.00	0.00
122.02 · WELLNESS CENTER	291,240.00	291,240.00	0.00
Total 122.0 · ASSETS HELD FOR RESALE	4,708,761.00	4,708,761.00	0.00
Total Fixed Assets	5,000,104.14	5,000,123.94	(19.80)
<b>TOTAL ASSETS</b>	<b>11,599,329.27</b>	<b>11,361,403.83</b>	<b>237,925.44</b>
<b>LIABILITIES &amp; EQUITY</b>			
Liabilities			
Current Liabilities			
Accounts Payable			
140 · Accounts Payable	17,784.72	23,761.54	(5,976.82)
Total Accounts Payable	17,784.72	23,761.54	(5,976.82)
Other Current Liabilities			
202 · Accrued expenses	1,600.00	1,600.00	0.00
204 · Accrued Vacation & Sick Leave	5,608.24	5,608.24	0.00
211 · P/R Taxes Payable	0.00	4,721.60	(4,721.60)
215 · Comm Healthcare Programs Pble			
215.24 · District Sponsored Programs	26,130.26	26,152.73	(22.47)
Total 215 · Comm Healthcare Programs ...	26,130.26	26,152.73	(22.47)
Total Other Current Liabilities	33,338.50	38,082.57	(4,744.07)
Total Current Liabilities	51,123.22	61,844.11	(10,720.89)
Total Liabilities	51,123.22	61,844.11	(10,720.89)
Equity			
300 · Unrestricted Fund Balance	11,464,702.03	11,464,702.03	0.00
Net Income	83,504.02	(165,142.31)	248,646.33
Total Equity	11,548,206.05	11,299,559.72	248,646.33
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>11,599,329.27</b>	<b>11,361,403.83</b>	<b>237,925.44</b>



**FALLBROOK HEALTHCARE DISTRICT**  
**Income Statement**  
For the Month Ended January 31, 2017 and Fiscal Year to Date

	<u>Jan 17</u>	<u>Jul '16 - ...</u>
Ordinary Income/Expense		
Income		
400. · District		
402 · Property tax revenue	297,496	1,022,295
403 · Interest / Dividends	6,638	31,138
406 · Unearned Inc(Loss) - Cal Trust	4,209	(37,766)
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Total 400. · District	308,343	1,015,667
450. · Properties		
460 · Lease Income		
460.01 · A+ Urgent Care	14,400	33,600
	<hr/>	<hr/>
Total 460 · Lease Income	14,400	33,600
	<hr/>	<hr/>
Total 450. · Properties	14,400	33,600
	<hr/>	<hr/>
Total Income	322,743	1,049,267
	<hr/>	<hr/>
Gross Profit	322,743	1,049,267
Expense		
500 · Administrative Expenses		
500.36 · Accrued Vacation & Sick Leave		1,152
500.10 · Salaries	17,870	121,267
500.12 · Payroll Taxes	1,467	9,466
500.14 · W/C Insurance	136	953
500.15 · Employee Health & Welfare	992	6,804
500.16 · Board Stipends	1,300	7,500
500.17 · Education & Conferences	100	5,361
500.18 · Dues & Subscriptions	880	15,355
500.19 · Insurance - General	3,556	25,895
500.20 · Independent Accounting Services	850	6,150
500.21 · Annual Independent Audit		8,600
500.23 · General Counsel	5,215	60,358
500.25 · Office Expense		
01 · Communications	314	2,203
02 · I.T. and Website services	453	3,171
03 · Refreshments	50	4,724
04 · Office supplies	165	4,123
05 · Admin fees	121	865
06 · Independent Contract Services	1,970	19,024
	<hr/>	<hr/>
Total 500.25 · Office Expense	3,073	34,110
500.27 · Depreciation	20	257
500.29 · Dist Promotions & Publications	2,354	11,641
500.32 · Consultant Fees	4,000	39,566
500.33 · Copier Lease	839	5,505
580.01 · General Election		309
	<hr/>	<hr/>
Total 500 · Administrative Expenses	42,651	360,249



**FALLBROOK HEALTHCARE DISTRICT**  
**Income Statement**  
For the Month Ended January 31, 2017 and Fiscal Year to Date

	<u>Jan 17</u>	<u>Jul '16 - ...</u>
<b>590 · Management &amp; Maintenance</b>		
590.01 · Building Engineer	7,592	52,748
590.02 · Gas & Electric	5,347	37,920
590.03 · Water	2,263	17,586
590.04 · Waste Management	93	857
590.05 · Security	1,100	7,700
590.06 · Landscape - Grounds Environment	1,600	12,350
590.07 · Custodial Services	300	2,250
590.08 · Elevator	173	1,203
590.09 · Vehicle Expenses		158
590.10 · Maintenance Services & Repairs	356	776
590.11 · Medical Records Store & Service	2,292	28,932
590.12 · Fire Alarm System	330	990
590.13 · CHS Residual Transition Expense		2,500
<b>Total 590 · Management &amp; Maintenance</b>	<b>21,446</b>	<b>165,971</b>
<b>600 · Community Healthcare Programs</b>		
600.02 · Flbk Citizens Crime Prevention		5,000
600.59 · Palomar Health Foundation		5,000
600.58 · Michelle's Place		10,000
600.54 · Healthy Adventures Foundation		3,000
600.53 · Jeremiah's Ranch		12,000
600.04 · Boys & Girls Club		22,200
600.07 · Senior Citizens Center		30,800
600.08 · Smiles Project		35,000
600.11 · Palomar Family Coun.Serv.		37,000
600.14 · Flbk Family Health Center		42,500
600.17 · Foundation for Senior Care		78,642
600.18 · Flbk Comm Project - Food Pantry		30,000
600.33 · REINS Therapy		25,900
600.37 · Trauma Intervention Programs		4,000
600.46 · North Inland Comm Prev Program		6,412
600.47 · FUHS - Asperger's Support Ctr		3,250
600.57 · North County Fire Protect Distr		29,839
<b>Total 600 · Community Healthcare Programs</b>		<b>380,543</b>
<b>800 · District Direct Care Services</b>		
800.02 · A+ Urgent Care	10,000	59,000
<b>Total 800 · District Direct Care Services</b>	<b>10,000</b>	<b>59,000</b>
<b>Total Expense</b>	<b>74,097</b>	<b>965,762</b>
<b>Net Ordinary Income</b>	<b>248,646</b>	<b>83,504</b>
<b>Net Income</b>	<b>248,646</b>	<b>83,504</b>

**FALLBROOK HEALTHCARE DISTRICT**  
**Profit & Loss Actual vs Budget**

July 2016 through January 2017

	<u>Jul '16 -...</u>	<u>Budget</u>	<u>\$ Over...</u>
Ordinary Income/Expense			
Income			
400. · District			
402 · Property tax revenue	1,022,295	1,015,972	6,323
403 · Interest / Dividends	31,138	25,920	5,218
406 · Unearned Inc(Loss) - Cal Trust	(37,766)	0	(37,766)
Total 400. · District	<u>1,015,667</u>	<u>1,041,891</u>	<u>(26,225)</u>
450. · Properties			
460 · Lease Income			
460.01 · A+ Urgent Care	33,600	33,600	0
Total 460 · Lease Income	<u>33,600</u>	<u>33,600</u>	<u>0</u>
Total 450. · Properties	<u>33,600</u>	<u>33,600</u>	<u>0</u>
Total Income	<u>1,049,267</u>	<u>1,075,491</u>	<u>(26,225)</u>
Gross Profit	1,049,267	1,075,491	(26,225)
Expense			
500 · Administrative Expenses			
500.36 · Accrued Vacation & Sick Leave	1,152		
500.10 · Salaries	121,267	133,731	(12,464)
500.12 · Payroll Taxes	9,466	14,700	(5,234)
500.14 · W/C Insurance	953	671	282
500.15 · Employee Health & Welfare	6,804	10,710	(3,906)
500.16 · Board Stipends	7,500	15,400	(7,900)
500.17 · Education & Conferences	5,361	8,750	(3,389)
500.18 · Dues & Subscriptions	15,355	11,046	4,309
500.19 · Insurance - General	25,895	26,250	(355)
500.20 · Independent Accounting Servi...	6,150	5,950	200
500.21 · Annual Independent Audit	8,600	8,500	100
500.23 · General Counsel	60,358	72,917	(12,559)
500.25 · Office Expense			
01 · Communications	2,203	3,150	(947)
02 · I.T. and Website services	3,171	1,900	1,271
03 · Refreshments	4,724	2,567	2,158
04 · Office supplies	4,123	9,333	(5,210)
05 · Admin fees	865		
06 · Independent Contract Services	19,024	28,672	(9,648)
Total 500.25 · Office Expense	<u>34,110</u>	<u>45,622</u>	<u>(11,512)</u>
500.27 · Depreciation	257	969	(712)
500.29 · Dist Promotions & Publications	11,641	5,050	6,591
500.32 · Consultant Fees	39,566	11,900	27,666
500.33 · Copier Lease	5,505	3,500	2,005
500.85 · Calif Mandated Reimbursement	0	(5,833)	5,833
580.01 · General Election	309	40,000	(39,691)
Total 500 · Administrative Expenses	<u>360,249</u>	<u>409,832</u>	<u>(49,583)</u>

**FALLBROOK HEALTHCARE DISTRICT**  
**Profit & Loss Actual vs Budget**

July 2016 through January 2017

	Jul '16 -...	Budget	\$ Over...
<b>590 · Management &amp; Maintenance</b>			
590.01 · Building Engineer	52,748	49,292	3,456
590.02 · Gas & Electric	37,920	54,950	(17,030)
590.03 · Water	17,586	14,000	3,586
590.04 · Waste Management	857	875	(18)
590.05 · Security	7,700	7,875	(175)
590.06 · Landscape - Grounds Environ...	12,350	18,958	(6,608)
590.07 · Custodial Services	2,250	875	1,375
590.08 · Elevator	1,203	1,167	36
590.09 · Vehicle Expenses	158	875	(717)
590.10 · Maintenance Services & Repairs	776	12,338	(11,561)
590.11 · Medical Records Store & Servi...	28,932	0	28,932
590.12 · Fire Alarm System	990		
590.13 · CHS Residual Transition Expe...	2,500		
<b>Total 590 · Management &amp; Maintenance</b>	<b>165,971</b>	<b>161,204</b>	<b>4,766</b>
<b>600 · Community Healthcare Programs</b>			
600.02 · Fibk Citizens Crime Prevention	5,000	5,000	0
600.59 · Palomar Health Foundation	5,000	5,000	0
600.58 · Michelle's Place	10,000	10,000	0
600.54 · Healthy Adventures Foundation	3,000	3,000	0
600.53 · Jeremiah's Ranch	12,000	12,000	0
600.04 · Boys & Girls Club	22,200	22,200	0
600.07 · Senior Citizens Center	30,800	30,800	0
600.08 · Smiles Project	35,000	35,000	0
600.11 · Palomar Family Coun.Serv.	37,000	37,000	0
600.14 · Fibk Family Health Center	42,500	42,500	0
600.17 · Foundation for Senior Care	78,642	78,642	0
600.18 · Fibk Comm Project - Food Pan...	30,000	30,000	0
600.33 · REINS Therapy	25,900	25,900	0
600.37 · Trauma Intervention Programs	4,000	4,000	0
600.46 · North Inland Comm Prev Progr...	6,412	6,412	0
600.47 · FUHS - Asperger's Support Ctr	3,250	3,250	0
600.57 · North County Fire Protect Distr	29,839	29,839	0
<b>Total 600 · Community Healthcare Progra...</b>	<b>380,543</b>	<b>380,543</b>	<b>0</b>
<b>800 · District Direct Care Services</b>			
800.02 · A+ Urgent Care	59,000	0	59,000
<b>Total 800 · District Direct Care Services</b>	<b>59,000</b>	<b>0</b>	<b>59,000</b>
<b>Total Expense</b>	<b>965,762</b>	<b>951,579</b>	<b>14,184</b>
<b>Net Ordinary Income</b>	<b>83,504</b>	<b>123,912</b>	<b>(40,408)</b>
<b>Net Income</b>	<b>83,504</b>	<b>123,912</b>	<b>(40,408)</b>



**FALLBROOK HEALTHCARE DISTRICT**  
**Profit & Loss Budget Overview**  
 July 2016 through June 2017

	Jul 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	TOTAL Jul '16 - Ju...
<b>Ordinary Income/Expense</b>													
<b>Income</b>													
400. District													
402 Property tax revenue	13,065.00	12,100.33	15,100.00	13,506.00	75,399.00	633,527.00	253,274.27	42,452.73	45,982.60	388,488.30	184,194.33	22,910.44	1,700,000.00
403 Interest / Dividends	3,841.21	3,925.01	2,044.36	3,100.00	2,662.55	5,116.19	5,230.40	2,693.14	3,815.28	2,689.53	2,731.28	2,151.05	40,000.00
<b>Total 400. District</b>	<b>16,906.21</b>	<b>16,025.34</b>	<b>17,144.36</b>	<b>16,606.00</b>	<b>78,061.55</b>	<b>638,643.19</b>	<b>258,504.67</b>	<b>45,145.87</b>	<b>49,797.88</b>	<b>391,177.83</b>	<b>186,925.61</b>	<b>25,061.49</b>	<b>1,740,000.00</b>
450. Properties													
460 Lease Income													
460.01 A+ Urgent Care	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	4,800.00	57,600.00
<b>Total 460 Lease Income</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>57,600.00</b>
<b>Total 450. Properties</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>4,800.00</b>	<b>57,600.00</b>
<b>Total Income</b>	<b>21,706.21</b>	<b>20,825.34</b>	<b>21,944.36</b>	<b>21,406.00</b>	<b>82,861.55</b>	<b>643,443.19</b>	<b>263,304.67</b>	<b>49,945.87</b>	<b>54,597.88</b>	<b>395,977.83</b>	<b>191,725.61</b>	<b>29,861.49</b>	<b>1,797,600.00</b>
<b>Gross Profit</b>	<b>21,706.21</b>	<b>20,825.34</b>	<b>21,944.36</b>	<b>21,406.00</b>	<b>82,861.55</b>	<b>643,443.19</b>	<b>263,304.67</b>	<b>49,945.87</b>	<b>54,597.88</b>	<b>395,977.83</b>	<b>191,725.61</b>	<b>29,861.49</b>	<b>1,797,600.00</b>
<b>Expense</b>													
500 Administrative Expenses													
500.10 Salaries	16,533.00	18,533.00	18,533.00	18,533.00	20,533.00	20,533.00	20,533.00	20,533.00	20,910.00	20,910.00	20,910.00	21,006.00	238,000.00
500.12 Payroll Taxes	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	2,100.00	25,200.00
500.14 W/C Insurance	95.84	95.82	95.82	95.82	95.82	95.82	95.82	95.84	95.85	95.85	95.85	95.85	1,150.00
500.15 Employee Health & Welfare	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	1,530.00	18,360.00
500.16 Board Stipends	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	2,200.00	26,400.00
500.17 Education & Conferences	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	1,250.00	15,000.00
500.18 Dues & Subscriptions	7,500.00	591.00	591.00	591.00	591.00	591.00	591.00	590.00	591.00	591.00	591.00	591.00	14,000.00
500.19 Insurance - General	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	3,750.00	45,000.00
500.20 Independent Accounting Services	850.00	850.00	850.00	850.00	850.00	850.00	850.00	850.00	850.00	850.00	850.00	850.00	10,200.00
500.21 Annual Independent Audit	0.00	0.00	0.00	8,500.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	8,500.00
500.23 General Counsel	10,416.63	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	10,416.67	125,000.00
500.25 Office Expense													
01 Communications	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	450.00	5,400.00
02 I.T. and Website services	933.00	250.00	250.00	0.00	250.00	217.00	0.00	0.00	250.00	0.00	250.00	0.00	2,400.00
03 Refreshments	366.63	366.67	366.67	366.67	366.67	366.67	366.67	366.67	366.67	366.67	366.67	366.67	4,400.00
04 Office supplies	1,333.37	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	1,333.33	16,000.00
06 Independent Contract Services	2,176.00	2,176.00	2,176.00	5,576.00	5,556.00	5,506.00	5,506.00	5,506.00	5,406.00	5,404.00	5,506.00	5,506.00	56,000.00
<b>Total 500.25 Office Expense</b>	<b>5,259.00</b>	<b>4,576.00</b>	<b>4,576.00</b>	<b>7,726.00</b>	<b>7,956.00</b>	<b>7,873.00</b>	<b>7,656.00</b>	<b>7,656.00</b>	<b>7,806.00</b>	<b>7,554.00</b>	<b>7,906.00</b>	<b>7,656.00</b>	<b>84,200.00</b>
500.27 Depreciation	138.39	138.39	138.39	138.39	138.39	138.39	138.39	138.39	138.39	138.39	138.39	138.39	1,660.68
500.29 Dist Promotions & Publications	4,000.00	250.00	250.00	250.00	100.00	100.00	100.00	100.00	200.00	250.00	250.00	150.00	6,000.00
500.32 Consultant Fees	8,000.00	650.00	650.00	650.00	650.00	650.00	650.00	650.00	650.00	600.00	600.00	600.00	15,000.00
500.33 Copier Lease	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	6,000.00
500.85 Calif Mandated Reimbursement	-833.34	-833.34	-833.33	-833.33	-833.33	-833.33	-833.34	-833.34	-833.30	-833.34	-833.34	-833.34	-10,000.00
580.01 General Election	0.00	0.00	0.00	40,000.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40,000.00
<b>Total 500 Administrative Expenses</b>	<b>63,289.52</b>	<b>46,597.54</b>	<b>46,597.55</b>	<b>98,247.55</b>	<b>51,827.55</b>	<b>51,744.55</b>	<b>51,527.54</b>	<b>51,526.56</b>	<b>52,154.61</b>	<b>51,902.57</b>	<b>52,254.57</b>	<b>52,000.57</b>	<b>669,670.68</b>
590 Management & Maintenance													
590.01 Building Engineer	7,041.63	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	7,041.67	84,500.00
590.02 Gas & Electric	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	7,850.00	94,200.00
590.03 Water	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	2,000.00	24,000.00
590.04 Waste Management	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	1,500.00
590.05 Security	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	1,125.00	13,500.00
590.06 Landscape - Grounds Environment	2,708.37	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	2,708.33	32,500.00
590.07 Custodial Services	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	1,500.00
590.08 Elevator	166.63	166.67	166.67	166.67	166.67	166.67	166.67	166.67	166.67	166.67	166.67	166.67	2,000.00
590.09 Vehicle Expenses	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	125.00	1,500.00
590.10 Maintenance Services & Repairs	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	1,762.50	21,150.00
<b>Total 590 Management &amp; Maintenance</b>	<b>23,029.13</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>23,029.17</b>	<b>276,350.00</b>

**FALLBROOK HEALTHCARE DISTRICT**  
**Profit & Loss Budget Overview**  
 July 2016 through June 2017

	Jul 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	TOTAL Jul '16 - Ju...
<b>600 · Community Healthcare Programs</b>													
600.02 · Fibk Citizens Crime Prevention	2,500.00	0.00	0.00	0.00	2,500.00	0.00	0.00	3,000.00	0.00	0.00	0.00	0.00	8,000.00
600.59 · Palomar Health Foundation	2,500.00	0.00	0.00	0.00	2,500.00	0.00	0.00	2,500.00	0.00	0.00	2,500.00	0.00	10,000.00
600.58 · Michelle's Place	5,000.00	0.00	0.00	0.00	5,000.00	0.00	0.00	2,500.00	0.00	0.00	2,500.00	0.00	15,000.00
600.54 · Healthy Adventures Foundation	3,000.00	0.00	0.00	0.00	0.00	0.00	0.00	3,000.00	0.00	0.00	3,000.00	0.00	9,000.00
600.53 · Jeremiah's Ranch	6,000.00	0.00	0.00	0.00	6,000.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	12,000.00
600.04 · Boys & Girls Club	14,700.00	0.00	0.00	0.00	7,500.00	0.00	0.00	7,500.00	0.00	0.00	7,500.00	0.00	37,200.00
600.07 · Senior Citizens Center	15,275.00	0.00	0.00	0.00	15,525.00	0.00	0.00	15,525.00	0.00	0.00	15,538.00	0.00	61,863.00
600.08 · Smiles Project	17,500.00	0.00	0.00	0.00	17,500.00	0.00	0.00	17,500.00	0.00	0.00	17,500.00	0.00	70,000.00
600.11 · Palomar Family Coun.Serv.	18,500.00	0.00	0.00	0.00	18,500.00	0.00	0.00	18,500.00	0.00	0.00	18,500.00	0.00	74,000.00
600.14 · Fibk Family Health Center	21,250.00	0.00	0.00	0.00	21,250.00	0.00	0.00	21,250.00	0.00	0.00	21,250.00	0.00	85,000.00
600.17 · Foundation for Senior Care	39,446.00	0.00	0.00	0.00	39,196.00	0.00	0.00	39,197.00	0.00	0.00	12,250.00	0.00	130,089.00
600.18 · Fibk Comm Project - Food Pantry	15,000.00	0.00	0.00	0.00	15,000.00	0.00	0.00	15,000.00	0.00	0.00	15,000.00	0.00	60,000.00
600.33 · REINS Therapy	15,700.00	0.00	0.00	0.00	10,200.00	0.00	0.00	10,200.00	0.00	0.00	10,200.00	0.00	46,300.00
600.37 · Trauma Intervention Programs	4,000.00	0.00	0.00	0.00	0.00	0.00	0.00	4,000.00	0.00	0.00	0.00	0.00	8,000.00
600.46 · North Inland Comm Prev Program	3,206.00	0.00	0.00	0.00	3,206.00	0.00	0.00	3,208.00	0.00	0.00	0.00	0.00	9,620.00
600.47 · FUHS - Asperger's Support Ctr	0.00	0.00	0.00	0.00	3,250.00	0.00	0.00	3,250.00	0.00	0.00	0.00	0.00	6,500.00
600.48 · UCSD Eye Mobile for Children	0.00	0.00	0.00	0.00	0.00	0.00	0.00	8,500.00	0.00	0.00	0.00	0.00	8,500.00
600.57 · North County Fire Protect Distr	29,839.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	29,839.00
<b>Total 600 · Community Healthcare Programs</b>	<b>213,416.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>167,127.00</b>	<b>0.00</b>	<b>0.00</b>	<b>174,630.00</b>	<b>0.00</b>	<b>0.00</b>	<b>125,738.00</b>	<b>0.00</b>	<b>680,911.00</b>
<b>Total Expense</b>	<b>299,734.65</b>	<b>69,626.71</b>	<b>69,626.72</b>	<b>121,276.72</b>	<b>241,983.72</b>	<b>74,773.72</b>	<b>74,556.71</b>	<b>249,185.73</b>	<b>75,183.78</b>	<b>74,931.74</b>	<b>201,021.74</b>	<b>75,029.74</b>	<b>1,626,931.68</b>
<b>Net Ordinary Income</b>	<b>-278,028.44</b>	<b>-48,801.37</b>	<b>-47,682.36</b>	<b>-99,870.72</b>	<b>-159,122.17</b>	<b>568,669.47</b>	<b>188,747.96</b>	<b>-199,239.86</b>	<b>-20,585.90</b>	<b>321,046.09</b>	<b>-9,296.13</b>	<b>-45,168.25</b>	<b>170,668.32</b>
<b>Net Income</b>	<b>-278,028.44</b>	<b>-48,801.37</b>	<b>-47,682.36</b>	<b>-99,870.72</b>	<b>-159,122.17</b>	<b>568,669.47</b>	<b>188,747.96</b>	<b>-199,239.86</b>	<b>-20,585.90</b>	<b>321,046.09</b>	<b>-9,296.13</b>	<b>-45,168.25</b>	<b>170,668.32</b>

Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

[www.treasurer.ca.gov/pmia-laif/laif.asp](http://www.treasurer.ca.gov/pmia-laif/laif.asp)  
February 14,  
2017

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR  
P.O. BOX 2587  
FALLBROOK, CA 92088

PMIA Average Monthly Yields

Account Number:

// Tran Type Definitions

January 2017 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Authorized Caller	Amount
1/13/2017	1/12/2017	QRD	1525742	SYSTEM	2,542.45

Account Summary

Total Deposit:	2,542.45	Beginning Balance:	1,443,179.17
Total Withdrawal:	0.00	Ending Balance:	1,445,721.62





FALLBROOK HEALTHCARE DISTRICT  
 STATEMENT FOR PERIOD  
 January 01, 2017 - January 31, 2017

CalTrust Medium Term Fund - FALLBROOK HEALTHCARE DIST

Date	Transaction	Shares	Price Per Share	Amount	Average Cost NAV	Average Cost Amount	Realized Gain/Loss*
12/31/2016	BALANCE FORWARD	420,512.870	10.03	4,217,744.09	10.05202426	4,227,005.57	
01/03/2017	INCOME DISTRIBUTION - DECEMBER	394.485	10.03	3,956.68	10.05200361	3,956.68	0.00
01/31/2017	UNREALIZED GAIN (LOSS)	0.000		4,209.07		0.00	
01/31/2017	ENDING BALANCE	<u>420,907.355</u>	10.04	<u>4,225,909.84</u>		<u>4,230,962.25</u>	
	INCOME DISTRIBUTION PAID - DECEMBER			0.00			
	INCOME ACCRUAL - JANUARY			4,095.84			
	CUMULATIVE UNREALIZED GAIN (LOSS)			-5,052.41			

\* Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

**For Inquiries About Your Account, Contact:**

Nottingham Investment Administration  
 116 South Franklin Street  
 Rocky Mount, NC 27804  
 Attention: CalTRUST Shareholder Services  
 Phone: 800.773.3863  
 Fax: 252-972-1908  
 Email: caltrustsupport@ncfunds.com

FALLBROOK HEALTHCARE DISTRICT  
 FALLBROOK HEALTHCARE DIST  
 ATTN: BOBBI A PALMER  
 138 SOUTH BRANDON ROAD  
 FALLBROOK CA 92028

**FALLBROOK HEALTHCARE DISTRICT**  
**Transaction Detail by Account - 402 Property Tax Revenue**  
 July 2016 through January 2017

<u>Type</u>	<u>Date</u>	<u>Name</u>	<u>Amount</u>	<u>Balance</u>
<b>400. · District</b>				
<b>402 · Property tax revenue</b>				
Deposit	07/20/16	County of SD-pro...	13,064.78	13,064.78
Deposit	08/10/16	County of SD-pro...	28,616.73	41,681.51
Deposit	09/07/16	County of SD-pro...	9,576.71	51,258.22
Deposit	10/04/16	County of SD-pro...	23,342.78	74,601.00
Deposit	11/02/16	County of SD-pro...	50,132.27	124,733.27
Deposit	12/07/16	County of SD-pro...	600,065.52	724,798.79
Deposit	01/18/17	County of SD-pro...	297,496.04	1,022,294.83
Total 402 · Property tax revenue			<u>1,022,294.83</u>	<u>1,022,294.83</u>
Total 400. · District			<u>1,022,294.83</u>	<u>1,022,294.83</u>
<b>TOTAL</b>			<b><u>1,022,294.83</u></b>	<b><u>1,022,294.83</u></b>



## **REPORTS**



**REPORTS**

Executive Director – Bobbi Palmer

# Fallbrook Regional HEALTH DISTRICT

138 South Brandon Road • Fallbrook CA 92028  
760-731-9187 • Fax 760-731-9131

To: Board of Directors  
Fallbrook Regional Health District  
From: Bobbi Palmer, MBA, MSW  
Executive Director  
Date: March 2, 2017  
Re: Monthly Report

## Community Health

2<sup>nd</sup> Wellness Walk March 3, 2017 facilitated by Sandra Buckingham, registered yoga teacher and Certified Silver Sneakers Instructor. Participants started at Fallbrook Public Library “promenading” up and down the Pico Promenade. Pedometers were provided along with a bottle of water and an “Everyday Healthy Cooking Meals” cookbook. This event was advertised in the Village News. To encourage community involvement each facilitated walker will pass the baton to the next “designated & facilitator of the Wellness Walk each month.

## Upcoming Town Hall Meetings

In the months of April and May, I will be working with Julie Reeder Editor and Chief of the Village News along with Erica Holloway from Galvanized Strategy to create community forums with the intent of both hearing from residents and providing information concerning FHRD building. Fast Facts including participants served health services, screenings, health classes, senior services along with youth services will be distributed. These tools will be used in a variety of ways to get the word out “Did You Know?” This information has already been presented to the Board of Directors at a Workshop held Saturday February 25<sup>th</sup>. Please stay tuned for more details.

## Community Collaborative For Health and Wellness

At the upcoming March monthly meeting, Fallbrook Regional Health District in collaboration with Fallbrook Unified School District anticipates creating “Healthy Communities” by implementing a national program that includes walking, physical activity, by working with legislators, planning commissions and parents to create safe routes. Research demonstrates that 1 mile of walking is equal to 2/3 of the daily recommended 60 minutes of physical activity. It also has connected physical activity and academic performance; while boosting memory through neuro transmitters The Safe routes to school project focuses on infrastructure improvements, student traffic education, and driver enforcement that improves safety for children many of whom already walk or bicycle in unsafe conditions. Ann Wade and local residents in Fallbrook have been meeting with Supervisor Bill Horn to improve current traffic needs.

**Woman of Wellness; WOW** featured Jordan Colby, DMD Thursday March 2<sup>nd</sup> at the Fallbrook Public Library who presented “If the Eyes are the window to the Soul. The Mouth is the window to the Body”. Oral health is critical to overall health and lack of dental care has been linked to diabetes.

## Legislative Advocacy

As part of the California Special Districts Association, CSDA Legislative Committee I participated with other California Stakeholders in Sacramento to address new concerns from San Diego Local Agency Formation Commission, LAFCO on the heels of an upcoming Little Hoover Commission Report. CSDA is organizing a strategy session due to “a less than favorable meeting held on February 24<sup>th</sup>”. Attached you will find the entire report entitle, “**Commissioner Suggests Sunset Date for Special Districts**”.

**Upcoming Legislative Days** sponsored by Association of California Health Districts, **AChD** held in Sacramento April 3<sup>rd</sup> and 4<sup>th</sup>, I will be creating “Legislative Support Asks” as I work with Erica Holloway from Galvanized Strategies to **schedule one-on-one visits** with our Legislators.



**REPORTS**  
Legislative Communication



HURST+BROOKS+ESPINOSA

# This Week in Sacramento

INFORMATION & INSIGHTS FROM HURST BROOKS ESPINOSA ■ WEEK OF FEBRUARY 13, 2017

## Update on Affordable Care Act

House Republican Leader Paul Ryan announced yesterday his plan to introduce a measure to repeal and replace the Affordable Care Act (ACA) after the February legislative recess. The proposal is substantially similar to his previous proposals on ACA replacement; an outline is attached to the HBE weekly email. The cost of the bill is still being estimated by the Congressional Budget office and the Joint Committee on Taxation.

The proposal includes tax credits for individuals purchasing in the individual market, expansion of the dollar limits and additional flexibility for health savings accounts, Medicaid funding changes, and the creation of state innovation grants.

The Medicaid changes would phase out the enhanced rate for the Medicaid expansion after an unspecified transition period down to the traditional 50/50 federal matching rate. States that did not expand ACA Medicaid coverage would get a temporary financial boost for their programs. Further, states would have the option to choose between a block grant for Medicaid funding or per capita allotment of Medicaid funding. While many of the Medicaid details – such as the base year for block grant calculation and the inflationary increase for the per capita allotment – are unspecified, earlier Medicaid proposals by Speaker Ryan would have saved \$1 trillion over 10 years in Medicaid spending. The purpose of the Medicaid changes is to save federal funds; it is a de facto shift of program costs and decisions about cutting services to states.

## Tax Credits

- Not based on income.
- No specifics on the size of the credit which would indicate the cost to the Treasury of this tax expenditure and whether low-income individuals would benefit from it.
- The size of the credit would be age rated.
- Families with young adults (to age 26) could claim the credit.
- Plans covering abortion would not be eligible for the credit.
- Not available to undocumented individuals or those in jail.
- Could buy a catastrophic illness plan with the credit.

### Legislative Deadline Update: Bills, bills, bills!

The Legislature's bill introduction deadline is today, February 17. As we have noted previously, while there are other (relatively more difficult) mechanisms outside the normal process to get bill ideas before the Legislature, the traditional bill introduction deadline will produce the bulk of the proposals to be considered in the months to come. Given a recent bump in the number of bills members are permitted to introduce, we are expecting a bumper crop.

HBE will review all the introduced bills and will flag those of interest to our clients. Bills can be taken up for hearing as early as 30 days after they appear in print.



### Health Savings Accounts

- Would nearly double the amount families could set aside from \$3,400 to \$6,750 for an individual and \$6,550 to \$13,100 for family coverage.

### Medicaid

- Some federal payments would NOT be included in the per capita or block grant base, including Disproportionate Share Hospital (DSH) payments, administrative costs and “other” unspecified costs.
- Scheduled cuts to DSH would be repealed.

### State Innovation Grants (page 16)

- Amounts and source of funding are not identified.
- States could use the grants to:
  - ✓ Reduce out-of-pocket costs.
  - ✓ Lower costs to providers caring for high utilizers of care.
  - ✓ Stabilize individual and group markets.
  - ✓ Access preventative care.
  - ✓ Promote private plan participation (unclear what this means).

Earlier this week, the Trump Administration released a proposed regulation aimed at making changes to the insurance exchanges created under the ACA. The stated purpose of the proposed rule is to “help stabilize the individual and small group markets.”

This proposed rule would amend standards relating to special enrollment periods, guaranteed availability, and the timing of the annual open enrollment period in the individual market for the 2018 plan year; standards related to network adequacy and essential community providers for qualified health plans; and the rules around actuarial requirements. Here is a [link](#) to the proposed rule.

Generally, the proposed rule has received positive reaction from the insurance industry concerned with the patient mix in the exchanges. Of particular concern, has been the mix of healthy and sick individuals. Other groups have raised concerns that the rule will result in increased consumer cost-sharing and allow narrower health plan networks. Public comments are due March 7 to the Centers for Medicare and Medicaid Services.

Congress returns to work the week of February 27. Relevant press coverage can be found [here](#) and [here](#).

### 2017-18 Budget: LAO Analyses

The flow of analyses by the Legislative Analyst’s Office (LAO) has increased this week, with the following assessments of several of the Governor’s budget proposals released in the last five days:

Policy Area	Issues
Transportation   <a href="#">link</a>	<ul style="list-style-type: none"><li>• Transportation Funding Package</li></ul>
Affordable Care Act   <a href="#">link</a>	<p>The Uncertain Affordable Care Act Landscape: What It Means for California</p> <ul style="list-style-type: none"><li>• A review of the ACA provisions and how they changed California’s health care landscape</li></ul>



Policy Area	Issues
	<ul style="list-style-type: none"> <li>• ACA components at risk</li> <li>• An overview of Republican replacement proposals</li> <li>• Legislative considerations</li> </ul>
Resources and Environmental Protection   <a href="#">link</a>	<ul style="list-style-type: none"> <li>• Cross-Cutting Issues</li> <li>• Department of Parks and Recreation</li> <li>• Department of Fish and Wildlife</li> <li>• Department of Conservation</li> <li>• Department of Resources Recycling and Recovery (CalRecycle)</li> <li>• Air Resources Board (ARB)</li> <li>• Department of Toxic Substances Control</li> </ul>
Cannabis   <a href="#">link</a>	<ul style="list-style-type: none"> <li>• Medical Cannabis Regulation and Safety Act (MCRSA)</li> <li>• Proposition 64 – Recreational Marijuana</li> </ul>
Cap and Trade   <a href="#">link</a>	<ul style="list-style-type: none"> <li>• California’s Cap and Trade Program: reauthorization beyond 2020 and use of revenues</li> </ul>
Higher Education   <a href="#">link</a>	<ul style="list-style-type: none"> <li>• UC, CSU, Community Colleges, California Student Aid Commission, Hastings College of the Law</li> </ul>

### Pharmaceutical Pricing Oversight Hearing

The Assembly Health Committee held its second hearing on drug pricing on Tuesday. During the fall recess, the Committee held an oversight hearing on the pharmaceutical supply chain and drug price cost drivers. This week, the committee held an oversight on the impact of rising drug costs on public and private payers. The hearing was structured with panels of public payers (Medi-Cal, Los Angeles County, CalPERS, and state Department of General Services), private payers (hospitals, Kaiser, employers, and health plans), an emerging policy issue speaker, a response from pharmaceutical manufacturers and a response from pharmaceutical benefit managers. Below are links to the materials from the hearing.

- [Agenda](#)
- [Background paper](#)
- [Speaker biographies](#)
- [LAO report: DGS' Efforts to Control State Prescription Drug Spending](#)
- [CalPERS background information](#)
- [Small business presentation](#)
- [Pfizer cost graphic](#)

To review the agenda and view the video of the hearing, click [here](#).

### January Revenue Report

Revenue reports from the Department of Finance and the State Controller's Office indicate an uptick in January revenues, bringing the state's year to date revenues back to estimates.

The Department of Finance monthly cash [report](#) shows that, while December cash receipts were \$756 million below forecast, preliminary General Fund revenue for January was \$747 million above the 2017-18 Governor’s Budget forecast of \$14.518 billion. Year-to-date state revenues are \$9 million below the forecast of \$68.478 billion.

The State Controller's Office January [statement of revenues](#) show similar receipts.

Given the unusual pattern of revenue receipts and uncertainty in the national and global economies, the last half of the fiscal year is critical to deliberations on the 2017-18 state budget. Stay tuned.

### Upcoming Hearings of Interest

A number of policy issues and bills of interest will be considered next week.

Date	Committee(s)	Topic
Tuesday, February 21	Assembly Budget Subcommittee No. 5 and Senate Budget and Fiscal Review Subcommittee No. 5	Looking through the Screen: The Effects of Video Visitation on County Jail Inmates and Their Families
Wednesday February 22	Assembly Budget Subcommittee No. 1	Risks to Federal Health Care Funding
	Assembly Appropriations Committee	<a href="#">AB 18</a> (E. Garcia) - California Clean Water, Climate, and Coastal Protection and Outdoor Access For All Act of 2018.
	Assembly Housing and Community Development Committee	California's Housing Affordability Crisis: Challenges and Solutions
	Assembly Judiciary, Human Services, and Public Safety Committees	How Can California Best Serve the Needs of Youth Involved in Both the Dependency and Delinquency Systems
	Assembly Local Government Committee	How Local Governments are Implementing Proposition 64 – the Adult Use of Marijuana Act
Thursday, February 23	Senate Budget and Fiscal Review Committee	The State of Corrections: An Update on Recent Trends

**Please feel free to contact any one of us at Hurst Brooks Espinosa with questions ...**

<a href="#">JEAN HURST</a> 916-272-0010   <a href="mailto:jkh@hbeadvocacy.com">jkh@hbeadvocacy.com</a>	<a href="#">KELLY BROOKS</a> 916-272-0011   <a href="mailto:kbl@hbeadvocacy.com">kbl@hbeadvocacy.com</a>	<a href="#">ELIZABETH ESPINOSA</a> 916-272-0012   <a href="mailto:ehe@hbeadvocacy.com">ehe@hbeadvocacy.com</a>
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California Special  
Districts Association  
*Districts Stronger Together*

# e-News



## **Commissioner Suggests Sunset Date for Special Districts**

During the Little Hoover Commission's February 23 business meeting, Commissioner Scott Barnett suggested special districts should have a sunset date. The Commissioner

suggested districts should be required to hold an election every 10 years to reauthorize their existence.

The Little Hoover Commission held its business meeting in part to review a draft report on special districts, written by Commission staff following three public hearings in 2016. Commissioner Barnett participated via conference call along with Commissioners Janna Sidley and Don Perata. Commissioners attending in person included Commission Chair Pedro Nava and Vice-Chair Jack Flanigan, along with Commissioners Helen Iris Torres and Sean Varner.

Although the draft report is not available for public review, it was evident based on the discussion that Commissioner Barnett's suggestion was not included in the draft report. Commissioner Barnett made it clear that his idea was one of a "menu of options" he felt the Commission should consider. Nonetheless, he made it apparent that he would "like to start on the extreme," saying to his fellow Commissioners, "let's do something more radical."

Prior to the February 23 meeting, it was expected the Commission would take up a final report on special districts in the spring, likely at its scheduled March 23 meeting. However, following discussion by Commissioners, staff was directed to table the report and consider holding a fourth hearing on special districts in the fall.

Commissioner Barnett cited two special districts in San Diego County as reasoning for his idea, including a resource conservation district that he referred to as a "Dust Bowl" era agency and a healthcare district that now leases its hospital.

In response to Commissioner Barnett's idea, other Commissioners posited their own questions and comments relative to the potential consequences of such a proposal. It was questioned whether voters could effectively evaluate such complex decisions; and it was suggested that perhaps local oversight boards, similar to the redevelopment agency (RDA) oversight boards created to facilitate the dissolution of

RDAs, could be the answer. Commissioners also questioned what the impact would be on the ability of special districts to secure and pay-down bonds for infrastructure investments. Eventually, Commissioner Torres summed up the discussion by stating, "I think we can all agree that no one is for the status quo."

CSDA Advocacy and Public Affairs Director Kyle Packham attended the meeting and was afforded an opportunity to address Commissioners during their discussion. Packham noted for the Commissioners that a radical new approach was unnecessary and would have unintended consequences. Moreover, a system fitting the main criteria they outlined exists today in the form of Local Agency Formation Commissions (LAFCOs). He stated that, "LAFCOs offer a local and public process whereby stakeholders provide input, an objective analysis is conducted, and ultimately the local residents who receive and pay for services are given the final say. This balances the concerns and ideas noted by Commissioners regarding the desire for voter participation and the need for objective analysis of complex issues."

Responding to a Commissioner's statement that special districts are "exploding" in California, Packham noted that census data shows the number of special districts in California has actually declined by five percent since 1997 while at the same time the number of special districts nationwide has increased by 10 percent. Packham attributed these facts to the establishment of LAFCOs in California. Known as "Cortese-Knox-Hertzberg," LAFCO law was updated by the State Legislature in 2000 by empowering LAFCOs with additional tools to address local agency reorganizations.

Packham acknowledged that the LAFCO process is methodical, rather than radical, but advised that when essential public services like water and fire protection are at stake, methodical is the right approach.

With its report now tabled, the next opportunity for special districts to engage the Little Hoover Commission will be at [Special Districts Legislative Days](#) May 16-17 in Sacramento, where Commission Chair Nava has confirmed to participate as a keynote speaker. Registration is now available at [legislatedays.csda.net](http://legislatedays.csda.net).

CSDA will spend the coming months meeting with Commission staff and stakeholders to further consider the issues raised by the Commission. As this occurs, CSDA will develop appropriate responses and potential solutions beyond what was shared within [CSDA's August 8, 2016 written testimony](#) and August 25 oral testimony to the Commission. CSDA members will receive periodic updates, with information on how you can take proactive steps to communicate in a constructive manner on these important issues, as well as actions you can take to engage in this review. If you are interested in actively participating in this process, please contact CSDA Advocacy and Public Affairs Director Kyle Packham at [kylep@csda.net](mailto:kylep@csda.net).

[California Special Districts Association](#) | 1112 I Street | Suite 200 | Sacramento, CA 95814 | 877.924.CSDA (2732)



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**REPORTS**  
Communication Only





**California Special  
Districts Association**  
*Districts Stronger Together*

**RECEIVED**  
2/21/17

**DATE:** February 17, 2017

**TO:** CSDA Voting Member Presidents and General Managers

**FROM:** CSDA Elections and Bylaws Committee

**SUBJECT: CSDA BOARD OF DIRECTORS CALL FOR NOMINATIONS  
SEAT C**

---

The Elections and Bylaws Committee is looking for Independent Special District Board Members or their General Managers who are interested in leading the direction of the California Special Districts Association for the 2018 - 2020 term.

The leadership of CSDA is elected from its six geographical networks. Each of the six networks has three seats on the Board with staggered 3-year terms. Candidates must be affiliated with an independent special district that is a CSDA Regular member located within the geographic network that they seek to represent. (See attached Network Map)

The CSDA Board of Directors is the governing body responsible for all policy decisions related to CSDA's member services, legislative advocacy, education and resources. The Board of Directors is crucial to the operation of the Association and to the representation of the common interests of all California's special districts before the Legislature and the State Administration. Serving on the Board requires one's interest in the issues confronting special districts statewide.

**Commitment and Expectations:**

- Attend all Board meetings, held every other month at the CSDA office in Sacramento.
- Participate on at least one committee, meets 3-5 times a year at the CSDA office in Sacramento.  
*(CSDA reimburses Directors for their related expenses for Board and committee meetings as outlined in Board policy).*
- Attend CSDA's two annual events: Special Districts Legislative Days - held in the spring, and the CSDA Annual Conference - held in the fall.
- Complete all four modules of CSDA's Special District Leadership Academy within 2 years.  
*(CSDA does not reimburse for expenses for the two conferences or the Academy classes even if a Board or committee meeting is held in conjunction with the events).*

**Nomination Procedures:** Any Regular Member in good standing is eligible to nominate one person, a board member or managerial employee (as defined by that district's Board of Directors), for election to the CSDA Board of Directors. **A copy of the member district's resolution or minute action and Candidate Information Sheet must accompany the nomination. The deadline for receiving nominations is May 19, 2017.** Nominations and supporting documentation may be mailed or faxed.

Nominees will receive a Candidate's Packet in the mail. The packet will include campaign guidelines.

CSDA will mail ballots on June 2<sup>nd</sup>. The ballots must be received by CSDA no later than 5:00 p.m. August 4, 2017. The successful candidates will be notified no later than August 8, 2017. All selected Board Members will be introduced at the Annual Conference in Monterey, CA in September 2017.

### **Expiring Terms**

(See enclosed map for Network breakdown)

<b>Northern Network</b>	Seat C Fred Ryness, Burney Water District*
<b>Sierra Network</b>	Seat C Peter Kampa, Saddle Creek Community Services District*
<b>Bay Area Network</b>	Seat C Stanley Caldwell, Mt. View Sanitary District*
<b>Central Network</b>	Seat C Sandi Miller, Selma Cemetery District*
<b>Coastal Network</b>	Seat C Vincent Ferrante, Moss Landing Harbor District*
<b>Southern Network</b>	Seat C Arlene Schafer, Costa Mesa Sanitary District*

(\* = Incumbent is running for re-election)

If you have any questions, please contact Beth Hummel at 877-924-CSDA or [bethh@csda.net](mailto:bethh@csda.net).



**California Special  
Districts Association**  
*Districts Stronger Together*

## 2017 BOARD OF DIRECTORS NOMINATION FORM

Name of Candidate: \_\_\_\_\_

District: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

\_\_\_\_\_

Network: \_\_\_\_\_ (see map on back)

Telephone: \_\_\_\_\_

(PLEASE BE SURE THE PHONE NUMBER IS ONE WHERE WE CAN REACH THE CANDIDATE)

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Nominated by (optional): \_\_\_\_\_

Return this **form and a Board resolution/minute action supporting the candidate and Candidate Information Sheet** by fax or mail to:

CSDA  
Attn: Beth Hummel  
1112 I Street, Suite 200  
Sacramento, CA 95814  
(877) 924-2732 (916) 442-7889 fax

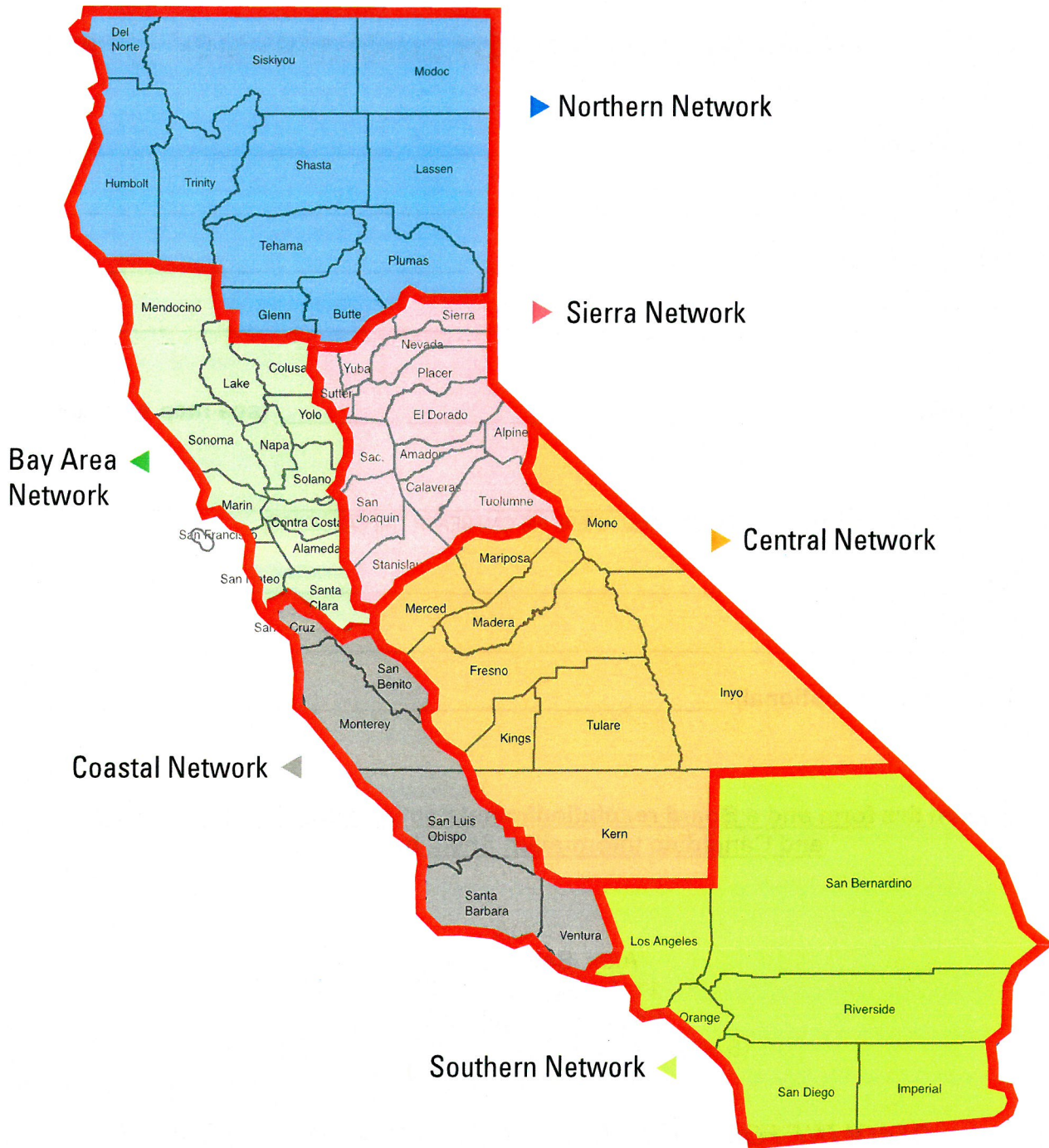
***DEADLINE FOR RECEIVING NOMINATIONS – May 19, 2017***





California Special Districts Association

# DISTRICT NETWORKS





## 2017 CSDA BOARD CANDIDATE INFORMATION SHEET

The following information **MUST** accompany your nomination form and Resolution/minute order:

Name: \_\_\_\_\_

District/Company: \_\_\_\_\_

Title: \_\_\_\_\_

Elected/Appointed/Staff: \_\_\_\_\_

Length of Service with District: \_\_\_\_\_

1. Do you have current involvement with CSDA (such as committees, events, workshops, conferences, Governance Academy, etc.):

\_\_\_\_\_  
\_\_\_\_\_

2. Have you ever been associated with any other state-wide associations (CSAC, ACWA, League, etc.):

\_\_\_\_\_  
\_\_\_\_\_

3. List local government involvement (such as LAFCo, Association of Governments, etc.):

\_\_\_\_\_  
\_\_\_\_\_

4. List civic organization involvement:

\_\_\_\_\_  
\_\_\_\_\_

**\*\*Candidate Statement** – Although it is not required, each candidate is requested to submit a candidate statement of no more than 300 words in length. **Any statements received in the CSDA office after May 31, 2017 will not be included with the ballot.**

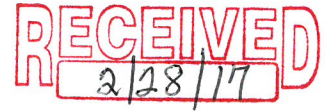








February 23, 2017



Fallbrook Healthcare District  
138 South Brandon Road  
Fallbrook, CA 92028  
Attn: Bobbi Palmer, Executive Director

**Re: Offer of Surplus Property – Fallbrook Hospital Building, 624 E. Elder Street,  
Fallbrook, CA 92028; APN: 105-811-01**

To Whom it May Concern:

Thank you for your letter dated January 17. We are writing to inform you that the Fallbrook Union Elementary School District is not interested in the above-entitled property.

Sincerely,

Raymond N. Proctor  
Associate Superintendent of Business Services

RNP: ew

*Governing Board*

Maurice F. Bernier, Ed.D.

Patty de Jong

Lisa Masten

Patrick Rusnell

Siegrid Stillman

# Fallbrook Citizens' Crime Prevention Committee

**GANAS      Adopt-a-Block      Front Porch**

February 25, 2017

Fallbrook Healthcare District  
P.O. Box 2587  
Fallbrook, CA 92088

Attn: Ms. Bobbi Palmer & Fallbrook Healthcare District Board of Directors

Re: Check # 8935, Grant 275 GANAS Mentoring Program – Pmt # 3

Dear Ms. Palmer and Board,

It is with our deepest appreciation that we acknowledge your February 01, 2017 Grant 275 GANAS Mentoring Program check # 8936, received on February 08, 2017 in the amount of \$3,000.00, to the Fallbrook Citizens' Crime Prevention Committee. This will enable us to move forward with crime prevention efforts and continue to make a difference in the lives our underserved children in economically challenged neighborhoods. This can be accomplished by improving the safety of our youth and its citizens while promoting healthy eating choices and encouraging more physical activities. Mentoring has proven to be one of the most influential vehicles of intervention and success for communities with high crime and troubled youth. It helps reduce gang involvement which includes the use of drugs, alcohol and community crime.

I would like to share with you some positive results about our GANAS & TEEN GANAS mentees. When we let them plan their own Thanksgiving feast in November 2016, their first food choice to bring was a bowl of fruit and a vegetable tray. Then they started naming off cooked vegetables that wanted included on the food list. They could have chosen cookies, pie or cake but they choose vegetables and fruit! We are truly blessed to have your financial grant, to make it possible for us to inspire these troubled youth and assist them to see the importance of living up to what our name stands for: Together Everyone Encourages Neighbors, Guide Advise Nurture And Support.

Your funding grant will help lay the foundation for positive change in crime prevention and healthy life choices for our challenged youth and community. Our effort would not be possible without your financial support. We are grateful for your assistance.

Respectfully,



Patricia D. Braendel, Founder & President  
Fallbrook Citizens' Crime Prevention Committee  
GANAS & TEEN GANAS Mentoring Program, Executive Director





February 17, 2017

RECEIVED  
2/27/17

Fallbrook Regional Healthcare District  
138 South Brandon Road  
Fallbrook, CA 92028

Dear Fallbrook Regional Healthcare District;

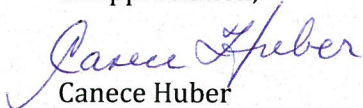
Thank you for your generous grant of \$10,200.00 to REINS Therapeutic Horsemanship Program. Your thoughtful contribution allows us to continue to provide a unique therapy for our students and also expand our program to reach more students.

Through the generosity of donors, we have been fortunate to serve the disabled community for more than 33 years. REINS has grown to provide over 8,000 quality therapy lessons annually and we welcome almost 200 students weekly. We have earned the distinction of being ranked in the top 24 Therapeutic Horsemanship programs in the United States within PATH International's 844 programs!

We invite you to come see the difference REINS makes in the lives of our students and their families through your support. The program operates Monday through Saturday and visitors are always welcome. Seeing our program first hand is an amazing experience.

Again, thank you for your contribution.

In Appreciation,



Canece Huber  
Technology & Event Coordinator  
[canece@reinsprogram.org](mailto:canece@reinsprogram.org)



*Maria gives a wave while riding in our Annual Hoedown demonstration*

*This acknowledges your contribution of **\$10,200.00** has been received. REINS has not provided you with any goods or services in exchange for this contribution.*

*Please retain this letter for your tax records.*

*REINS tax I.D. # 33-0035455*

**P.O. Box 1283, Bonsall, California 92003 • Phone (760) 731-9168 • Fax (760) 731-3949**

**Therapeutic Horsemanship Program • Non-Profit Corporation 501 (c)(3) 33-0035455**

**[www.reinsprogram.org](http://www.reinsprogram.org)**

Page 43 of 64







# HEALTH

## Health Champion for November recognized by Sen. Anderson



Members of the NCCCHI gather to present the Health Champion banner to Hines Growers staff in Rainbow.

Courtesy photos



At January's WOW program, Sen. Anderson's representatives, Ellie Leavitt, far left, and Bryanna Kessler, far right, present a certificate recognizing Hines Growers as the November 2016 Health Champions to Phyllis Sweeney, Fallbrook Senior Center, second from left, and Bobbi Palmer, Fallbrook Healthcare District.

FALLBROOK—Representatives from Senator Joel Anderson's office attended the Feb. 5 Woman of Wellness event to recognize Hines Growers for being selected the Health Champion for the month of November, 2016.

Fallbrook Healthcare District

(FHD) initiated a collaborative consisting of FHD, Fallbrook Senior Center, Fallbrook Smiles, Fallbrook Food Pantry, Fallbrook Community Health Center, Foundation for Senior Care and CSU San Marcos School of Nursing.

Beginning in June of 2016, the collaborative known as North County Communities Collaborative Health Initiative (NCCCHI) began naming a Health Champion each month.

The nursing students provided a health screening and follow up

for workers at Hines Growers in Rainbow. Collaborative members believe Hines Growers qualifies as a Health Champion because they recognized the need for health services for their workers and allowed time to participate in the health screenings during the

work day.

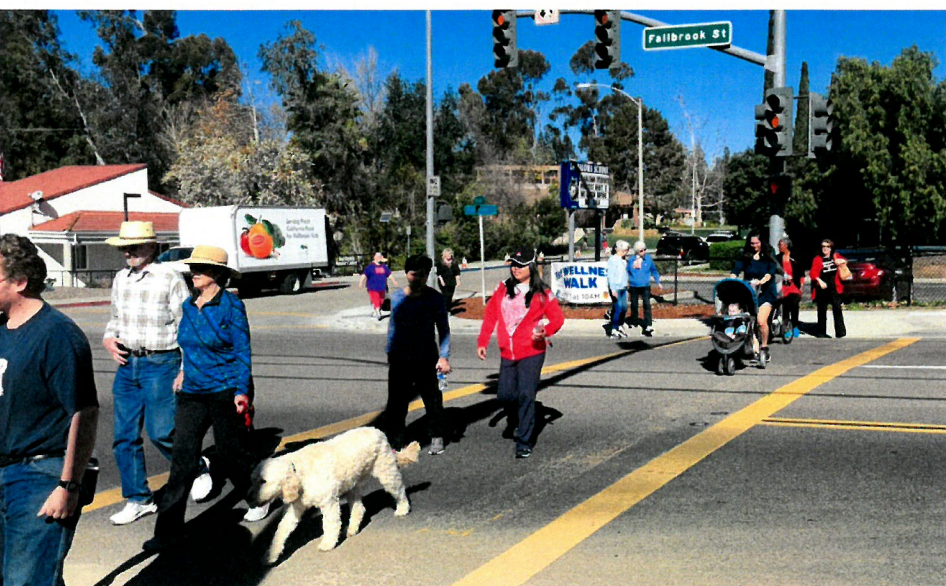
The district staff appreciates that Senator Anderson recognizes each month (except December), the Health Champion for the prior month at the District sponsored Woman of Wellness events.



# Call to Activity – Wellness—One Step at a Time

## 1<sup>st</sup> Wellness Walk, February, 1<sup>st</sup>, 2017

### Fallbrook Community Center



Celebrating Our New Name  
**FALLBROOK REGIONAL HEALTH DISTRICT**  
 Serving Bonsall, De Luz, Fallbrook & Rainbow

**Call to Activity**  
**Wellness—One Step at a Time**

**1st Wellness Walk**  
**Wednesday, February 1st**  
**10:00 a.m.**

**Fallbrook Community Center**  
**341 Heald Lane, Fallbrook, CA 92028**  
 Walk with Ann Wade, BA, RYT, AFAA

**FREE Pedometers**  
**TO FIRST 100 WALKERS**

Proud to be a partner of  
**LIVE WELL**

**FRHD MISSION**  
 Promoting health for the  
 people of the District







## Wendy Lyon, bookkeeper

[bookkeeper@fallbrookhealth.org](mailto:bookkeeper@fallbrookhealth.org)

[READ MORE »](#)

# FALLBROOK REGIONAL HEALTH DISTRICT

## ADVISORY COMMITTEE

FEBRUARY 8<sup>th</sup> 2017





## The different ways to cope with sadness



Phyllis Sweeney is a certified grief counselor, senior advisor and personality coach with *The Encouragement Factor*. Hanh DeMore photo

**Lucette Moramarco**  
Staff Writer

The subject of the Jan. 5 Woman of Wellness (WOW) presentation was "Struggling with the After Holidays Let-Down? Let's Talk about Recovery" given by Phyllis Sweeney, a certified grief counselor, senior advisor and personality coach.

WOW is a program of Fallbrook Regional Health District, held at Fallbrook Library the first Thursday of each month.

Sweeney discussed several different ways of dealing with sadness and grief at any time of the year. First, she talked about people's personalities in general. "No two people are dressed alike; we are each unique individuals," she said. Furthermore, "who we are is based on us, not what we do."

Sweeney said that a personality test is an interesting thing that plugs into one's grieving and recovery from the death of a spouse or other loved one. "Personality dictates one's response. We are human beings, not human doings," she said.

She then discussed the different meanings of the word "sad" – sorrowful, unhappy, and disappointing. According to Sweeney, sadness and depression are often linked together, but the sadness of mourning and being unhappy doesn't mean someone is depressed.

She helps people to know who they are so they can work through their feelings. She said that one's well-being depends on one's emotions and mental capacity, not just diet and exercise. "It is important to accept emotions and identify what is going on," Sweeney said.

She explained that there is a pleasing disease in which people say "okay" and "yes" to everything while they fill differently inside. This causes a breakdown in their relationships. It is healthier for people to be open about how they feel and to be able to share those feelings, she said.

After a parent dies, some disagreements occur because siblings each have had a different relationship with their parent. To "repair a broken relationship takes time, effort and energy,"

Sweeney said. People need to value themselves and each other, compare thoughts and be open to others' opinions.

In a rocky relationship, she continued, "Crack the door open, be gentle, break down the barriers." It is helpful to be aware that other people have had different life experiences shaped by their peers and growing up years.

She pointed out that it takes time to change learned behaviors. This time of year (in January), people make all kinds of changes, in diet, exercise, and spending habits. Just as it takes 21 to 31 days to break a bad habit, it also takes that long to start a good one.

"Loving and forgiving ourselves go together," Sweeney said, and having self-respect aids in recovery. She added, "Being truthful with yourself and being honest helps us live healthily with respect." It is also helpful to build on one's strengths and "know who you are."

According to Sweeney, "The only person we can take care of is ourselves. To make changes, we need to know what is important and take the easiest things first. There is no general time line as it is an individual process for each person."

She added that the body needs to flush emotions, which is why it is good to cry. She advises, "People don't go through the stages of grief stage by stage, but can bounce around the different stages. Aside from pills, talk therapy is very powerful."

She also read a quote from Henry Maudsley: "The sorrow which has no vent in tears may make other organs weep."

To apologize and ask for forgiveness is a beautiful thing Sweeney said. To apologize is to take accountability for one's actions and is worthwhile even if the other person is dying as hearing is the last sense to go.

The information Sweeney handed out included the following advice: "People react to grief differently, so don't worry if you're experiencing a broad range of emotions. There is no right way to grieve, and no right time to grieve. We don't 'get over' grief or 'get on with' grief. We integrate loss. This is how we heal."



# FALLBROOK REGIONAL HEALTH DISTRICT

Serving Bonsall, De Luz, Fallbrook & Rainbow

## Call to Activity

**Wellness—One Step at a Time**



## Wellness Walk

**Friday, March 3, 2017**

**1:00 p.m.**

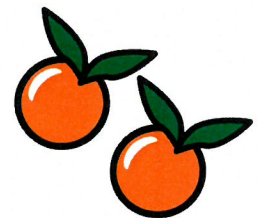


**Meet in the patio  
area at the Fallbrook Library  
124 S. Mission Road**

**Led by Sandra Buckingham, E-RYT 200, RYT 500  
Registered Yoga Teacher, Certified SilverSneakers Instructor  
& Continuing Education Provider**



**FREE PEDOMETERS  
TO FIRST 100 WALKERS**



Proud to be a partner of:



**FRHD MISSION  
Promoting health for the  
people of the District**



## Fallbrook Regional Health District celebrates with first Wellness Walk

By Newsroom on February 16, 2017 · No Comment



Ann Wade, center, of Wade into Fitness, leads a group of Wellness Walk participants in Fallbrook, Feb. 1.

FALLBROOK – On Feb. 1, the Fallbrook Healthcare District celebrated its new name, Fallbrook Regional Health District, with its first Wellness Walk.

The celebration took place at 10 a.m. at the Fallbrook Community Center with representatives from Senator Joel Anderson’s office and Assemblywoman Marie Waldron’s office presenting Certificates of Recognition to Gordon Tinker, board president.

“The new name better reflects the communities served by the District (Bonsall, De Luz, Fallbrook and Rainbow) and its mission of promoting health for the people of the district,” said Tinker.

The Wellness Walk was led by Ann Wade, BA, RYT, AFAA of Wade Into Fitness. More than 30 people joined the walk (walking an estimated 195,000 steps) and each received a free pedometer, shopping bag, cookbook and bottle of water.

Fallbrook Regional Health District will sponsor a walk each month, led by a fitness professional in the community. When questioned by one of the walkers as to why only one walk per month, Executive Director Bobbi Palmer responded, “It is our hope that as people gather to walk with us and get to know one another, if they have interest in walking more, they can form their own walking group according to how long, how far, and at what pace they prefer.”

Future walks will be promoted in advance on [www.fallbrookhealth.org](http://www.fallbrookhealth.org), with flyers in the community, through the Chambers of Commerce and notice in the Village News. All walkers are required to sign a waiver. A copy will be available on the website if anyone chooses to download and sign it in advance. It can be submitted during check-in.



Dick Bledsoe, 94, participates in the Fallbrook Wellness Walk, Feb. 1. Bledsoe is an experienced race walker and has competed in various senior Olympic games throughout the country.



Fallbrook Regional Health District is committed to promoting health and wellness in its communities.



FRHD Executive Director Bobbi Palmer, left, and FRHD Board Treasurer Barbara Mroz wave as they participate in the 1st Wellness Walk in Fallbrook, Feb. 1.



Fallbrook Wellness Walk participants enjoy the FRHD's first Wellness Walk, Feb. 1.



Wellness Walk participants walk through Fallbrook to promote good health, Feb. 1.



Wellness Walk participants stretch and warm up at the Fallbrook Community Center before embarking on a walk in celebration of the healthcare district's new name, Fallbrook Regional Health District.



Wellness Walk participants gather at the Fallbrook Community Center before the start of the first Wellness Walk in celebration of the healthcare district's new name, Fallbrook Regional Health District.



Fallbrook Regional Health District Board President Gordon Tinker, left, and board Treasurer Barbara Mroz, center left, receive a certificate of recognition from Assemblymember Marie Waldron representatives Tom Stinson and Matt Stockton, Feb. 1.



Fallbrook Regional Health District Executive Director Bobbi Palmer, left, receives a certificate of recognition from Senator Joel Anderson representative Tate Metcalf, 15, for the district's commitment to the community. The certificate was presented before the start of the first Wellness Walk hosted by the healthcare district.





**Thursday, March 2, 2017**

**Fallbrook Library**

**124 S. Mission Rd.**

**6:00 p.m. – Social/ Refreshments**

**6:30 p.m.—7:30 p.m. Presentation/Door Prizes**

***Featured Presentation:***

***“If the Eyes are the Window to the Soul,  
The Mouth is the Window to the Body”***

***Oral Health is critical to your overall health. Join us to learn about what your mouth says about you, and things you can do to improve your health by taking care of your mouth and teeth.***

***Presented by:***

***Jordan D. Colby, DMD***

**Free Event including Light Refreshments • Door Prizes**

**Please Note: No need for Reservations at this time  
Please plan to attend and bring a friend!**

**Questions? Contact Pam Knox at [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org)  
Or call 760-731-9187**

**Please bring non-perishable food items for Fallbrook Food Pantry**



**FALLBROOK REGIONAL  
HEALTH DISTRICT**  
Serving Bonsall, De Luz, Fallbrook & Rainbow

**Call to Activity**  
**Wellness—One Step at a Time**

**Wellness Walk**  
**Friday, March 3, 2017**  
**1:00 p.m.**

**Meet in the patio  
area at the Fallbrook Library  
124 S. Mission Road**

Led by Sandra Buckingham, E-RYT 200, RYT 500  
Registered Yoga Teacher, Certified SilverSneakers Instructor  
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 **FREE PEDOMETERS  
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SAN DIEGO**

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## **DISCUSSION/ACTION ITEMS**



**Discussion Item: F1.**

**Reviewed Bylaws for District Regarding Name Change to Fallbrook Regional Health District**

**Recommendation from Executive Director: Approve**

**Fiscal Impact: None**

**AMENDED & RESTATED BYLAWS  
OF  
FALLBROOK REGIONAL HEALTH DISTRICT**

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**ARTICLE I  
DEFINITIONS**

- 1.1 “Administrator” means the Executive Director or Chief Executive of the District.
- 1.2 "Board" means the Board of Directors of the District.
- 1.3 “Director” means an elected/appointed member of the Board of Directors.
- 1.4 "District" means the Fallbrook Regional Health District.
- 1.5 "Facilities" means the health care facilities and services operated by the District.

**ARTICLE II  
ORGANIZATION, POWERS AND PURPOSES**

- 2.1 ORGANIZATION. The District is a political subdivision of the State of California organized under the Local Health Care District Law, Division 23 of the Health and Safety Code.
- 2.2 GENERAL PURPOSES AND POWERS. The District is organized for the purposes described in the Local Hospital District Law and shall have and may exercise such powers in the furtherance of its purposes as are now or may hereafter be set forth in the Local Health Care District Law and any other applicable statutes, rules, or regulations of the State of California. The powers of the District include, but are not necessarily limited to, all of those powers authorized by Health and Safety Code Sections 32121 through 32138, inclusive.
- 2.4 DISSOLUTION. Any proposal for dissolution of the District shall be subject to confirmation by the voters of the District in accordance with Cortese-Knox Local Government Reorganization Act of 1985 (Gov. Code, § 56000 et seq.).

**ARTICLE III  
OFFICES**

- 3.1 PRINCIPAL OFFICE. The principal office of the District is hereby fixed and located at 138 South Brandon Road, Fallbrook, California 92028.



**ARTICLE IV**  
**BOARD**

- 4.1 **GENERAL POWERS.** The Board is the governing body of the District. All District powers shall be exercised by or under the direction of the Board. The Board is authorized to make appropriate delegations of its powers and authority to officers and employees. The Board shall evaluate the performance of its principal Administrator, as well as the Board's own performance.
- 4.2 **OPERATION OF FACILITIES.** The Board shall be responsible for the operation of all Facilities owned, leased, or operated by the District, according to the best interests of the public health, and shall make and enforce all rules, regulations, and bylaws necessary for the administration, government, protection, and maintenance of the Facilities under the Board's management and all property belonging thereto, and may prescribe the terms upon which patients may be admitted thereto.
- 4.3 **NUMBER AND QUALIFICATION.** The Board shall consist of five (5) members, each of whom shall be a registered voter residing in the District.
- 4.4 **ELECTION AND TERM OF OFFICE.** An election shall be held in the District on the first Tuesday after the first Monday in November in each even-numbered year, at which a successor shall be chosen to each Director whose term shall expire on the first Friday of December following such election. The election of Board members shall be an election at large within the District and shall be consolidated with the statewide general election. The candidates receiving the highest number of votes for the offices to be filled at the election shall be elected thereto. The term of office of each elected Board member shall be four (4) years or until the Board member's successor is elected and has qualified, except as otherwise provided by law in the event of a vacancy. An orientation shall be provided which familiarizes each new Board member with his or her duties and responsibilities, including the Board's responsibilities for quality care and the Facilities' quality assurance programs. Continuing education opportunities shall be made available to Board members.
- 4.5 **VACANCIES.** When a vacancy occurs on the Board of Directors, and except as otherwise specified by statute, the remaining Board members may fill any vacancy on the Board by appointment as outlined in Government Code Section 1780.
- 4.6 **RESIGNATION OR REMOVAL.** Any Board member may resign effective upon giving written notice to the Chairman, the Secretary, or the Board, unless the notice specifies a later time for the effectiveness of such resignation. The term of any member of the Board shall expire if the member is absent from three consecutive regular meetings or from three of any five consecutive meetings of the Board and if the Board by resolution declares that a vacancy exists on the Board. All or any of the members of the Board may

be recalled at any time by the voters following the recall procedure set forth in Division 16 of the Elections Code.

- 4.8 **COMPENSATION.** Each Director shall be compensated as authorized by the Local Health Care District Law (Health & Saf. Code, § 32103) at the rate of One Hundred Dollars (\$100) per meeting, with a limit of five (5) meetings per month. For purposes of this paragraph, the word “meeting” includes all regularly scheduled Board meetings, special Board meetings, Board committee meetings, and sanctioned meetings inclusive of events sponsored by other local governments at which the District is expected or is invited to be represented as an official participant; meetings and/or events of agencies of which the District is a member or a subscribing participant, including events presented or sponsored by the Association of California Healthcare Districts (“ACHD”), the California Special District’s Association (“CSDA”), and any Board-approved educational seminars, including attendance at periodic ethics training prescribed by Assembly Bill 1234. Additionally, included are any and all occasions that constitute the performance of official duties such as District-sponsored special events, activities promotional of District-sponsored events, and in conducting review and/or site visits of District grant program applicants or recipients.

**ARTICLE V**  
**BOARD MEETINGS**

- 5.1 **BOARD MEETING.** A meeting of the Board is any congregation of a majority of the members of the Board at the same time and place to hear, discuss, or deliberate upon any item that is within the subject matter jurisdiction of the Board. A meeting is also the use of direct communication, personal intermediaries, or technological devices that is employed by a majority of the members of the Board to develop a collective concurrence as to action to be taken on an item by the members of the Board.
- 5.2 **REGULAR MEETINGS.** Regular meetings of the Board shall be held as follows:
- On the second Wednesday of each month at 6:00 p.m. at the main conference room of the Fallbrook Public Utilities District, 990 East Mission Road, Fallbrook, California 92028; provided, however, that should said date fall upon a legal holiday, then the meeting shall be held at the same time on the next business day.
- 5.3 **ANNUAL ORGANIZATION MEETING.** The Board's annual organizational meeting shall be held on the second Wednesday in December at the place designated in a resolution by the Board. At that meeting, the Board shall organize by the election of one of its members as President, one as Vice-President, and one as Secretary. The President shall appoint a Treasurer who shall serve at the pleasure of the Board. The Board shall also fix the date, time, and location for the regular Board meetings for the ensuing year.
- 5.4 **SPECIAL MEETINGS.** A special meeting may be called at any time by the Board President or by a majority three-fifths (3/5<sup>th</sup>) of the Board members, by delivering personally or by mail written notice to each Board member and to each local newspaper



of general circulation, radio, or television station requesting notice in writing. Such notice must be delivered personally, by mail, or by electronic or digital means at least twenty-four (24) hours before the time of such meeting as specified in the notice. The call and notice shall specify the time and place of the special meeting and the business to be transacted. No other business shall be considered at special meetings.

- 5.5 **QUORUM.** A majority of the members of the Board shall constitute a quorum for the transaction of business. The act of a majority of the Board members present at a meeting at which a quorum is present shall be the act of the Board. No action shall be taken by secret ballot.
- 5.6 **ADJOURNMENT.** The Board may adjourn any regular, adjourned regular, special, or adjourned special meeting to a time and place specified in the Order of Adjournment. Less than a quorum may so adjourn from time to time. A copy of the Order or Notice of Adjournment shall be conspicuously posted on or near the door of the place where the meeting was held within twenty-four (24) hours after the time of the adjournment.
- 5.7 **RULES AND REGULATIONS.** The Board may adopt rules, regulations, and standard procedures governing the Board, the District, and any District Facilities and programs. Any rules, regulations, or procedures shall not conflict with these Bylaws.
- 5.8 **MEMBERS OF THE PUBLIC.** The public shall be entitled to attend the open session portion of every Board meeting. Every agenda for regular meetings shall provide an opportunity for members of the public to address the Board on items of interest to the public that are within the jurisdiction of the Board, regardless of whether such items are on the current agenda. If a member of the public addresses an item within the Board's jurisdiction that is not on the agenda, the Board shall take no action respecting the item addressed by the member of the public. The Board may adopt reasonable regulations concerning the amount and duration of time individual speakers are permitted to address the Board. The Board shall not prohibit any speaker from raising public criticism of any District program or action taken by the Board, or public criticism of any District rule, regulation, or standard procedure.

## **ARTICLE VI**

### **BOARD COMMITTEES**

- 6.1 **APPOINTMENT.** All committees, whether standing or special (ad hoc), shall be appointed by the Board President and shall be comprised of not more than two (2) members of the Board of Directors and such additional members as may be appropriate. The chairman of each committee shall be appointed by the President. All committees shall be advisory only to the Board unless otherwise specifically authorized to act by the Board.
- 6.2 **STANDING COMMITTEES.** Standing Committees shall meet periodically. The District shall have the following Standing Committees:

Finance/Audit/Health Contracts/Grant/Investment. This committee shall be responsible for monthly review of budgetary and financial matters related to the District, including the annual audit and community health contracts program. This committee shall also be responsible for review of the District investments and appraisal of market conditions relating to the prudent investment of District Funds. This committee shall report its activities to the full board at each regular meeting. The chair of this committee shall be the Treasurer appointed by the President. The committee shall operate as a committee of the whole, meaning that all board members may elect to attend the committee meetings, though only the appointed members of the committee shall be entitled to recommend items to submit to the full board at a regular board meeting.

Facilities/Strategic Planning. This committee shall be responsible for periodic inspection of district owned facilities, and for review and consideration of real estate matters. This committee shall meet at least quarterly and report its activities to the Board.

Governmental and Public Relations. This committee shall be responsible for monitoring healthcare legislation and public policy and to advise the District Board of possible/probable impact on matters of the District as/when indicated. The committee shall be responsible for interface with other agencies, including other levels of government, as well as the public; inclusive of speeches or public appearances, the development of press releases, etc., for the purpose of informing the public of the District's actions or positions on matters within the jurisdiction of the District. The committee shall meet at least quarterly and shall report on its activities to the District Board.

- 6.3 SPECIAL OR AD HOC COMMITTEES.** A special or ad hoc committee is an advisory committee composed solely of the members of the Board, which are less than a quorum of the Board and which does not have continuing subject matter jurisdiction and does not have a meeting schedule fixed by resolution or formal action of the Board. Special or ad hoc committees may be appointed by the President for special tasks as circumstances warrant and upon completion of the task for which appointed such special or ad hoc committee shall stand discharged.
- 6.4 ADDITIONAL CONSULTANTS.** A committee chairman may invite additional individuals with expertise in a pertinent area to meet with and assist the committee. Such consultants shall not vote or be counted in determining the existence of a quorum and may be excluded from any committee session.
- 6.5 MEETINGS AND NOTICE.** Meetings of a committee may be called by the Chairman or President of the Board, the chairman of the committee, or a majority of the committee's voting members. Meetings and notice of all standing committees, and of any other committee, board, or other body, irrespective of their composition, whether permanent or temporary, decision-making or advisory, created by resolution or formal action of the Board, excluding special or ad hoc committees as defined in section 6.3 above, shall be noticed and held in accordance with the requirements of The Ralph M. Brown Act.



- 6.6 QUORUM. A majority of the voting members of a committee shall constitute a quorum for the transaction of business at any meeting of such committee. Each committee shall keep minutes of its proceedings.
- 6.7 MANNER OF ACTING. The act of a majority of the members of a committee present at a meeting at which a quorum is present shall be the act of the committee so meeting. No act taken at a meeting at which less than a quorum was present shall be valid unless approved in writing by the absent members. For special or ad hoc committees, action may be taken without a meeting by a writing setting forth the action so taken signed by each member of the committee entitled to vote.
- 6.8 TENURE. Each member of a standing committee shall hold office for a period of one (1) year or until a successor is appointed. Any member of a committee may be removed at any time by the Chairman or President subject to the consent of the Board. A member of the Board shall cease to hold committee membership upon ceasing to be a Board member.

## **ARTICLE VII**

### **OFFICERS**

- 7.1 PRESIDENT. The Board shall elect one of its members as President at the annual organizational meeting, and the President shall hold office until a successor is elected. In the event of a vacancy in the office of President, the Board may elect a new President. The President shall be the principal officer of the District and shall preside at all meetings of the Board. The President shall appoint all Board committee members and committee chairmen, shall consult with the Administrator in the preparation of meeting agendas, and shall perform all duties incident to the office and such other duties as may be prescribed by the Board from time to time.
- 7.2 VICE PRESIDENT. The Board shall elect one of its members as Vice President at the annual organizational meeting, and the Vice President shall hold office until a successor is elected. In the absence of the President, the Vice President shall perform the duties of the President.
- 7.3 SECRETARY. The Board shall elect one of its members as Secretary at the annual organizational meeting, and the Secretary shall hold office until a successor is elected. The Secretary shall provide for or coordinate the keeping of minutes of all meetings of the Board. The Secretary shall give or cause to be given appropriate notices in accordance with these Bylaws, or as required by law, and shall authenticate all resolutions and other official reports and records of the District as needed.
- 7.4 TREASURER. The Board President shall appoint a Treasurer who shall serve at the pleasure of the Board. The Treasurer shall be charged with the safekeeping and disbursement of the funds in the treasury of the District. The Treasurer shall also serve as the chairman of the Finance/Audit/Grant/Investment Committee.

7.5 DISTRICT ADMINISTRATOR. The Board shall select and employ a District Administrator who shall serve as Executive Director or Chief Executive, and shall report to the Board. The Administrator be a full-time employee of the District and shall be responsible for the day-to-day administration of the District and the implementation of policies adopted by the Board. The Board shall develop, maintain, and periodically update a job description for the District Administrator, which job description shall outline in greater detail the functions and responsibilities of the Administrator's position with the District.

**ARTICLE VIII**  
**AMENDMENT**

These Bylaws may be amended or repealed by vote of at least three (3) members of the Board at any Board meeting. Such amendments or repeal shall be effective immediately, except as otherwise indicated by the Board.

DRAFT



SECRETARY'S CERTIFICATE

I, the undersigned, the duly appointed, qualified, and acting Secretary of the Board of Directors for the Fallbrook Healthcare District, do hereby certify that attached hereto is a true, complete and correct copy of the current Bylaws of Fallbrook Healthcare District, duly adopted by the Board of Directors on \_\_\_\_\_, 2017.

Dated: \_\_\_\_\_, 2017

\_\_\_\_\_  
Secretary

DRAFT