

# Fallbrook Regional HEALTH DISTRICT

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

## BOARD OF DIRECTORS REGULAR BOARD MEETING

WEDNESDAY  
OCTOBER 11, 2017

6:00 PM

AT

**FPUD  
FALLBROOK PUBLIC UTILITY DISTRICT  
990 EAST MISSION ROAD  
FALLBROOK, CA 92028**

**AGENDA**  
**FALLBROOK REGIONAL HEALTH DISTRICT**  
**REGULAR BOARD MEETING**  
**Wednesday, October 11, 2017, 6:00 p.m.**  
**Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

**B. ADDITIONS TO AGENDA**

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an “emergency” as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

**C. BOARD MEMBER AND PUBLIC COMMENTS**

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. “Request to speak” cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

**D. PRESENTATIONS**

- D1. Fallbrook Youth Advocacy Coalition
- D2. Proclamation Honoring the Fallbrook Regional Health District by Chairwoman Dianne Jacob and all members of the San Diego County Board of Supervisors

**E. CONSENT ITEMS**

- E1. Approval of August 2017 Financial Statements
- E2. Minutes of September 6, 2017 Finance Committee Meeting
- E3. Minutes of September 6, 2017 Special Board Meeting
- E4. Minutes of September 13, 2017 Regular Board Meeting

**F. REPORTS**

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz
- F2. Gov’t/Public Relation/Community Relations Committee – Directors Salmon and Tinker
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon
- F4. Executive Director – Bobbi Palmer
- F5. General Counsel – Blaise Jackson

**G. DISCUSSION/ACTION ITEMS**

- G1. Consideration and Adoption of Accrued Vacation and Sick Time/Holidays
- G2. Further Discussion of Urgent Care
- G3. LAFCO Recommended Boundary Change

**H. ITEMS FOR SUBSEQUENT MEETINGS**

- H1. Other Director/Staff discussion items
  - H1a. Item(s) for future board agendas



H1b. Announcements of upcoming events:

- Bonsall Chamber Expo – Thursday, October 12, 2017, 4:30-7:30pm, Pala Mesa Resort
- Fallbrook Harvest Faire 2017 – Sunday, October 15, 2017, 10:00am-4:00pm, Downtown Fallbrook
- Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, October 16, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
- CSDA 2017 Board Secretary/Clerk Conference – October 22-24, Anaheim
- Halloween Festival – Tuesday, October 31, 2017, 6:00-8:00pm, Fallbrook Community Center
- NCCCHI meeting – 1<sup>st</sup> Wednesday, November 1, 2:00-3:00pm
- Finance Committee meeting – 1<sup>st</sup> Wednesday, November 1, 5:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.
- Woman of Wellness – Thursday, November 2, 2017, 6pm – Fallbrook Library

H2. Next Regular Board meeting – Wednesday, November 8, 2017, Fallbrook Public Utility District Board Room

## I. ADJOURNMENT

**NOTE:** This agenda posted at the Fallbrook Regional Health District Administration Office on Friday, October 6, 2017. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

  
Board Secretary/Clerk

## **CONSENT ITEMS**





**AGENDA**  
**FALLBROOK REGIONAL HEALTH DISTRICT**  
**FINANCE COMMITTEE**  
**Wednesday, October 4, 2017 at 5:00 P.M.**  
**Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028**

Committee Members: Finance Committee of the Whole, Barbara Mroz, Chair and Bill Leach, Co-chair

Staff Members: Executive Director Bobbi Palmer and Administrative Assistant Linda Bannerman

Accountant: Kathy Bogle

Bookkeeper: Wendy Lyon

1. Call to Order/Roll Call
2. Public Comments
3. Review of Financial Statements for August 2017
  - 1) Balance Sheet Comparison of August – July
  - 2) Income Statement for August 2017 and fiscal year to date
  - 3) Profit & Loss Actual vs Budget – August
  - 4) Profit & Loss Budget Overview July 2016 – June 2017
  - 5) LAIF Report
  - 6) CalTrust
  - 7) Property Tax Revenue – fiscal year to date
  - 8) Check Detail as of August 2017
  - 9) Communication Only
4. Adjournment

I certify that on September 29, 2017, I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting of the Finance Committee.

  
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Board Secretary/Clerk

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**BALANCE SHEET COMPARISON**  
Comparison of August 2017 to July 2017

	Aug 31, 17	Jul 31, 17	\$ Change
<b>ASSETS</b>			
<b>Current Assets</b>			
<b>Checking/Savings</b>			
102.9 · Cal Trust Investment Account	4,266,332.53	4,255,960.98	10,371.55
102.2 · Cash in Bank - New Operating	662,591.58	756,428.94	(93,837.36)
102.6 · Cash in Bank -LAIF	1,451,823.14	1,451,823.14	0.00
<b>Total Checking/Savings</b>	<b>6,380,747.25</b>	<b>6,464,213.06</b>	<b>(83,465.81)</b>
<b>Other Current Assets</b>			
104 · Prepaid Insurance	38,979.74	42,877.73	(3,897.99)
107 · Tax apportion receivable	14,327.35	29,432.21	(15,104.86)
114 · Interest Receivable	0.00	4,976.77	(4,976.77)
<b>Total Other Current Assets</b>	<b>53,307.09</b>	<b>77,286.71</b>	<b>(23,979.62)</b>
<b>Total Current Assets</b>	<b>6,434,054.34</b>	<b>6,541,499.77</b>	<b>(107,445.43)</b>
<b>Fixed Assets</b>			
120.01 · ALVARADO BLDG	291,240.00	291,240.00	0.00
121 · Equipment	21,394.96	21,394.96	0.00
121.2 · Equipment Depreciation	(19,829.37)	(19,777.33)	(52.04)
122.0 · ASSETS HELD FOR RESALE			
122.01 · FALLBROOK HOSPITAL	4,427,820.00	4,420,120.00	7,700.00
122.02 · WELLNESS CENTER	291,240.00	291,240.00	0.00
<b>Total 122.0 · ASSETS HELD FOR RESALE</b>	<b>4,719,060.00</b>	<b>4,711,360.00</b>	<b>7,700.00</b>
<b>Total Fixed Assets</b>	<b>5,011,865.59</b>	<b>5,004,217.63</b>	<b>7,647.96</b>
<b>TOTAL ASSETS</b>	<b>11,445,919.93</b>	<b>11,545,717.40</b>	<b>(99,797.47)</b>
<b>LIABILITIES &amp; EQUITY</b>			
<b>Liabilities</b>			
<b>Current Liabilities</b>			
<b>Accounts Payable</b>			
140 · Accounts Payable	22,266.26	41,408.06	(19,141.80)
<b>Total Accounts Payable</b>	<b>22,266.26</b>	<b>41,408.06</b>	<b>(19,141.80)</b>
<b>Credit Cards</b>			
150.1 · American Express 41007	1,121.81	(614.06)	1,735.87
<b>Total Credit Cards</b>	<b>1,121.81</b>	<b>(614.06)</b>	<b>1,735.87</b>
<b>Other Current Liabilities</b>			
204 · Accrued Vacation & Sick Leave	22,326.53	22,326.53	0.00
215 · Comm Healthcare Programs Pybl			
215.24 · District Sponsored Programs	25,765.89	25,765.89	0.00
<b>Total 215 · Comm Healthcare Programs ...</b>	<b>25,765.89</b>	<b>25,765.89</b>	<b>0.00</b>
<b>Total Other Current Liabilities</b>	<b>48,092.42</b>	<b>48,092.42</b>	<b>0.00</b>
<b>Total Current Liabilities</b>	<b>71,480.49</b>	<b>88,886.42</b>	<b>(17,405.93)</b>
<b>Total Liabilities</b>	<b>71,480.49</b>	<b>88,886.42</b>	<b>(17,405.93)</b>

**FALLBROOK REGIONAL HEALTH DISTRICT  
BALANCE SHEET COMPARISON  
Comparison of August 2017 to July 2017**

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	Aug 31, 17	Jul 31, 17	\$ Change
<b>Equity</b>			
300 · Unrestricted Fund Balance	11,746,296.43	11,746,296.43	0.00
Net Income	(371,856.99)	(289,465.45)	(82,391.54)
<b>Total Equity</b>	11,374,439.44	11,456,830.98	(82,391.54)
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u>11,445,919.93</u>	<u>11,545,717.40</u>	<u>(99,797.47)</u>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Income Statement**  
**For the Month Ended August 31, 2017 & Fiscal Year to Date**

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	Aug 17	Jul - Au...
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>400. · District</b>		
402 · Property tax revenue	14,327	43,760
403 · Interest / Dividends	5,395	10,372
406 · Unearned Inc(Loss) - Cal Trust		4,235
<b>Total 400. · District</b>	<b>19,722</b>	<b>58,366</b>
<b>450. · Properties</b>		
460 · Lease Income		
460.01 · A+ Urgent Care	4,800	9,600
<b>Total 460 · Lease Income</b>	<b>4,800</b>	<b>9,600</b>
<b>Total 450. · Properties</b>	<b>4,800</b>	<b>9,600</b>
<b>Total Income</b>	<b>24,522</b>	<b>67,966</b>
<b>Gross Profit</b>	<b>24,522</b>	<b>67,966</b>
<b>Expense</b>		
<b>500 · Administrative Expenses</b>		
500.10 · Salaries	17,870	35,740
500.12 · Payroll Taxes	1,482	3,017
500.14 · W/C Insurance	152	304
500.15 · Employee Health & Welfare	891	1,782
500.16 · Board Stipends	1,500	3,700
500.17 · Education & Conferences	2,506	3,408
500.18 · Dues & Subscriptions		8,217
500.19 · Insurance - General	3,746	7,492
500.20 · Independent Accounting Services	850	1,700
500.21 · Annual Independent Audit	7,982	7,982
500.23 · General Counsel	13,699	32,196
500.25 · Office Expense		
01 · Communications	315	711
02 · I.T. and Website services	609	915
03 · Refreshments	40	719
04 · Office Expenses	351	418
05 · Admin fees		983
06 · Independent Contract Services	2,970	6,280
<b>Total 500.25 · Office Expense</b>	<b>4,285</b>	<b>10,025</b>
500.27 · Depreciation	52	104
500.29 · Dist Promotions & Publications	1,762	15,339
500.32 · Consultant Fees	5,613	16,158
500.33 · Copier Lease	839	1,677
<b>Total 500 · Administrative Expenses</b>	<b>63,229</b>	<b>148,841</b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Income Statement**  
**For the Month Ended August 31, 2017 & Fiscal Year to Date**

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	Aug 17	Jul - Au...
<b>590 · Management &amp; Maintenance</b>		
590.02 · Gas & Electric	5,053	14,780
590.03 · Water	1,937	3,760
590.04 · Waste Management	162	255
590.05 · Security	1,100	2,200
590.06 · Landscape - Grounds Environment	1,600	3,200
590.07 · Custodial Services	300	450
590.08 · Elevator	182	355
590.10 · Maintenance Services & Repairs	774	1,223
590.11 · Medical Records Store & Service	2,412	4,925
590.12 · Fire Alarm System	165	330
<b>Total 590 · Management &amp; Maintenance</b>	<b>13,685</b>	<b>31,478</b>
<b>600 · Community Health Contracts</b>		
600.02 · Fbk Citizens Crime Prevention		2,500
600.58 · Michelle's Place		6,000
600.54 · Healthy Adventures Foundation		2,250
600.53 · Jeremiah's Ranch		3,688
600.04 · Boys & Girls Club		20,000
600.07 · Fbk Senior Citizens Srvc Club		31,350
600.08 · Fallbrook Smiles Project		17,875
600.11 · Palomar Family Counseling Srvc		19,750
600.14 · Fbk Family Health Center		25,000
600.17 · Foundation for Senior Care		52,279
600.18 · Fallbrook Food Pantry		18,000
600.19 · Live Oak Park Coalition		10,000
600.33 · REINS Therapeutic Prgm		16,250
600.37 · Trauma Intervention Prgm of SD		2,250
600.46 · Mental Health Systems, Inc.		2,312
<b>Total 600 · Community Health Contracts</b>		<b>229,504</b>
<b>800 · District Direct Care Services</b>		
800.02 · A+ Urgent Care	30,000	30,000
<b>Total 800 · District Direct Care Services</b>	<b>30,000</b>	<b>30,000</b>
<b>Total Expense</b>	<b>106,914</b>	<b>439,823</b>
<b>Net Ordinary Income</b>	<b>(82,392)</b>	<b>(371,857)</b>
<b>Net Income</b>	<b><u>(82,392)</u></b>	<b><u>(371,857)</u></b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Actual vs Budget**

August 2017

	Aug 17	Budget	\$ Over ...
<b>Ordinary Income/Expense</b>			
<b>Income</b>			
<b>400. · District</b>			
402 · Property tax revenue	14,327	29,617	(15,289)
403 · Interest / Dividends	5,395	5,000	395
<b>Total 400. · District</b>	<b>19,722</b>	<b>34,617</b>	<b>(14,895)</b>
<b>450. · Properties</b>			
460 · Lease Income			
460.01 · A+ Urgent Care	4,800	4,800	0
<b>Total 460 · Lease Income</b>	<b>4,800</b>	<b>4,800</b>	<b>0</b>
<b>Total 450. · Properties</b>	<b>4,800</b>	<b>4,800</b>	<b>0</b>
<b>Total Income</b>	<b>24,522</b>	<b>39,417</b>	<b>(14,895)</b>
<b>Gross Profit</b>	<b>24,522</b>	<b>39,417</b>	<b>(14,895)</b>
<b>Expense</b>			
<b>500 · Administrative Expenses</b>			
500.10 · Salaries	17,870	20,665	(2,795)
500.12 · Payroll Taxes	1,482	1,455	27
500.14 · W/C Insurance	152	152	(0)
500.15 · Employee Health & Welfare	891	1,042	(151)
500.16 · Board Stipends	1,500	1,700	(200)
500.17 · Education & Conferences	2,506	1,458	1,048
500.18 · Dues & Subscriptions	0	667	(667)
500.19 · Insurance - General	3,746	2,083	1,663
500.20 · Independent Accounting Servi...	850	850	0
500.21 · Annual Independent Audit	7,982	8,600	(618)
500.23 · General Counsel	13,699	7,500	6,199
500.25 · Office Expense			
01 · Communications	315	333	(19)
02 · I.T. and Website services	609	500	109
03 · Refreshments	40	542	(502)
04 · Office Expenses	351	1,083	(732)
06 · Independent Contract Services	2,970	5,000	(2,030)
<b>Total 500.25 · Office Expense</b>	<b>4,285</b>	<b>7,458</b>	<b>(3,173)</b>
500.27 · Depreciation	52	100	(48)
500.29 · Dist Promotions & Publications	1,762	1,833	(71)
500.32 · Consultant Fees	5,613	11,063	(5,450)
500.33 · Copier Lease	839	833	5
<b>Total 500 · Administrative Expenses</b>	<b>63,229</b>	<b>67,460</b>	<b>(4,232)</b>



**FALLBROOK REGIONAL HEALTH DISTRICT  
Profit & Loss Actual vs Budget**

August 2017

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	Aug 17	Budget	\$ Over ...
<b>590 · Management &amp; Maintenance</b>			
590.02 · Gas & Electric	5,053	625	4,428
590.03 · Water	1,937	500	1,437
590.04 · Waste Management	162	0	162
590.05 · Security	1,100	1,416	(316)
590.06 · Landscape - Grounds Environ...	1,600	1,000	600
590.07 · Custodial Services	300	583	(283)
590.08 · Elevator	182	166	16
590.09 · Vehicle Expenses	0	25	(25)
590.10 · Maintenance Services & Repairs	774	300	474
590.11 · Medical Records Store & Servi...	2,412	3,417	(1,005)
590.12 · Fire Alarm System	165	183	(18)
<b>Total 590 · Management &amp; Maintenance</b>	<b>13,685</b>	<b>8,215</b>	<b>5,470</b>
<b>800 · District Direct Care Services</b>			
800.02 · A+ Urgent Care	30,000	0	30,000
<b>Total 800 · District Direct Care Services</b>	<b>30,000</b>	<b>0</b>	<b>30,000</b>
<b>Total Expense</b>	<b>106,914</b>	<b>75,675</b>	<b>31,238</b>
<b>Net Ordinary Income</b>	<b>(82,392)</b>	<b>(36,258)</b>	<b>(46,133)</b>
<b>Net Income</b>	<b><u>(82,392)</u></b>	<b><u>(36,258)</u></b>	<b><u>(46,133)</u></b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Budget Overview 2017 - 2018**  
 July 2017 through June 2018

	Jul 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	Jun 18	TOTAL Jul '17 - Jun 18
<b>Ordinary Income/Expense</b>													
<b>Income</b>													
400. · District													
402 · Property tax revenue	15,065	29,617	9,576	25,343	50,132	600,620	297,496	63,789	458,124	214,331	14,470	21,437	1,800,000
403 · Interest / Dividends	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	60,000
<b>Total 400. · District</b>	<b>20,065</b>	<b>34,617</b>	<b>14,576</b>	<b>30,343</b>	<b>55,132</b>	<b>605,620</b>	<b>302,496</b>	<b>68,789</b>	<b>463,124</b>	<b>219,331</b>	<b>19,470</b>	<b>26,437</b>	<b>1,860,000</b>
450. · Properties													
460 · Lease Income													
460.01 · A+ Urgent Care	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	57,600
<b>Total 460 · Lease Income</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total 450. · Properties</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total Income</b>	<b>24,865</b>	<b>39,417</b>	<b>19,376</b>	<b>35,143</b>	<b>59,932</b>	<b>610,420</b>	<b>307,296</b>	<b>73,589</b>	<b>467,924</b>	<b>224,131</b>	<b>24,270</b>	<b>31,237</b>	<b>1,917,600</b>
<b>Gross Profit</b>	<b>24,865</b>	<b>39,417</b>	<b>19,376</b>	<b>35,143</b>	<b>59,932</b>	<b>610,420</b>	<b>307,296</b>	<b>73,589</b>	<b>467,924</b>	<b>224,131</b>	<b>24,270</b>	<b>31,237</b>	<b>1,917,600</b>
<b>Expense</b>													
500 · Administrative Expenses													
500.36 · Accrued Vacation & Sick Leave	0	0	0	0	0	0	0	0	0	0	0	20,700	20,700
500.10 · Salaries	19,408	20,665	19,928	22,222	22,222	22,222	22,222	22,222	22,222	22,222	22,222	22,222	260,000
500.12 · Payroll Taxes	1,327	1,455	1,381	1,760	1,760	1,760	1,760	1,760	1,760	1,760	1,760	1,760	20,000
500.14 · W/C Insurance	152	152	152	152	152	152	152	152	152	152	152	152	1,825
500.15 · Employee Health & Welfare	1,042	1,042	1,042	1,042	1,042	1,042	1,042	1,042	1,042	1,042	1,042	1,042	12,500
500.16 · Board Stipends	1,300	1,700	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	1,500	18,000
500.17 · Education & Conferences	1,458	1,458	1,458	1,458	1,458	1,458	1,458	1,458	1,458	1,458	1,458	1,458	17,500
500.18 · Dues & Subscriptions	8,471	667	0	0	5,272	110	880	0	0	100	0	0	15,500
500.19 · Insurance - General	2,083	2,083	2,083	2,083	2,083	2,083	2,083	2,083	2,083	2,083	2,083	2,083	25,000
500.20 · Independent Accounting Services	850	850	850	850	850	850	850	850	850	850	850	850	10,200
500.21 · Annual Independent Audit	0	8,600	0	0	0	0	0	0	0	0	0	0	8,600
500.23 · General Counsel	7,500	7,500	7,500	7,500	7,500	7,500	7,500	7,500	7,500	7,500	7,500	7,500	90,000
500.25 · Office Expense													
01 · Communications	333	333	333	333	333	333	333	333	333	333	333	333	4,000
02 · I.T. and Website services	500	500	500	500	500	500	500	500	500	500	500	500	6,000
03 · Refreshments	542	542	542	542	542	542	542	542	542	542	542	542	6,500
04 · Office Expenses	1,083	1,083	1,083	1,083	1,083	1,083	1,083	1,083	1,083	1,083	1,083	1,083	13,000
06 · Independent Contract Services	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	5,000	60,000
<b>Total 500.25 · Office Expense</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>7,458</b>	<b>89,500</b>
500.27 · Depreciation	100	100	100	100	100	100	100	100	100	100	100	100	1,200
500.29 · Dist Promotions & Publications	1,833	1,833	1,833	1,833	1,833	1,833	1,833	1,833	1,833	1,833	1,833	1,833	22,000
500.32 · Consultant Fees	11,063	11,063	11,063	11,063	11,063	11,063	11,063	11,063	11,063	11,063	11,063	11,063	132,750
500.33 · Copier Lease	833	833	833	833	833	833	833	833	833	833	833	833	10,000
500.45 · Community Garden	0	0	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	10,000
<b>Total 500 · Administrative Expenses</b>	<b>64,880</b>	<b>67,460</b>	<b>58,182</b>	<b>60,855</b>	<b>66,127</b>	<b>60,965</b>	<b>61,735</b>	<b>60,855</b>	<b>60,855</b>	<b>60,955</b>	<b>60,855</b>	<b>81,555</b>	<b>765,275</b>
590 · Management & Maintenance													
590.02 · Gas & Electric	625	625	625	625	625	625	625	625	625	625	625	625	7,500
590.03 · Water	500	500	500	500	500	500	500	500	500	500	500	500	6,000
590.04 · Waste Management	71	0	71	0	71	0	71	0	72	0	70	0	425
590.05 · Security	1,424	1,416	1,416	1,416	1,416	1,416	1,416	1,416	1,416	1,416	1,416	1,416	17,000
590.06 · Landscape - Grounds Environment	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	1,000	12,000
590.07 · Custodial Services	587	583	583	583	583	583	583	583	583	583	583	583	7,000
590.08 · Elevator	174	166	166	166	166	166	166	166	166	166	166	166	2,000
590.09 · Vehicle Expenses	25	25	25	25	25	25	25	25	25	25	25	25	300
590.10 · Maintenance Services & Repairs	300	300	300	300	300	300	300	300	300	300	300	300	3,600
590.11 · Medical Records Store & Service	3,417	3,417	3,417	3,417	3,417	3,417	3,417	3,417	3,417	3,417	3,417	3,417	41,000
590.12 · Fire Alarm System	183	183	183	183	183	183	183	183	183	183	183	183	2,200
590.13 · Renovations / Improvements	0	0	0	12,500	12,500	12,500	12,500	0	0	0	0	0	50,000
<b>Total 590 · Management &amp; Maintenance</b>	<b>8,306</b>	<b>8,215</b>	<b>8,286</b>	<b>20,715</b>	<b>20,786</b>	<b>20,715</b>	<b>20,786</b>	<b>8,215</b>	<b>8,286</b>	<b>8,215</b>	<b>8,284</b>	<b>8,215</b>	<b>149,025</b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Budget Overview 2017 - 2018**  
 July 2017 through June 2018

	Jul 17	Aug 17	Sep 17	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	Jun 18	TOTAL Jul '17 - Jun 18
<b>600 · Community Health Contracts</b>													
600.02 · Fbk Citizens Crime Prevention	2,500	0	0	0	2,500	0	0	2,500	0	0	2,500	0	10,000
600.58 · Michelle's Place	6,000	0	0	0	6,000	0	0	6,000	0	0	6,000	0	24,000
600.54 · Healthy Adventures Foundation	2,250	0	0	0	2,250	0	0	2,250	0	0	2,250	0	9,000
600.53 · Jeremiah's Ranch	3,688	0	0	0	3,688	0	0	3,688	0	0	3,688	0	14,750
600.04 · Boys & Girls Club	20,000	0	0	0	10,000	0	0	10,000	0	0	10,000	0	50,000
600.07 · Fbk Senior Citizens Srvc Club	31,350	0	0	0	18,750	0	0	18,750	0	0	18,750	0	87,600
600.08 · Fallbrook Smiles Project	17,875	0	0	0	17,875	0	0	17,875	0	0	17,875	0	71,500
600.11 · Palomar Family Counseling Srvc	19,750	0	0	0	19,750	0	0	19,750	0	0	19,750	0	79,000
600.14 · Fbk Family Health Center	25,000	0	0	0	25,000	0	0	25,000	0	0	25,000	0	100,000
600.17 · Foundation for Senior Care	52,279	0	0	0	52,278	0	0	52,278	0	0	52,278	0	209,113
600.18 · Fallbrook Food Pantry	18,000	0	0	0	18,000	0	0	18,000	0	0	18,000	0	72,000
600.19 · Live Oak Park Coalition	10,000	0	0	0	10,000	0	0	10,000	0	0	10,000	0	40,000
600.33 · REINS Therapeutic Prgm	16,250	0	0	0	16,250	0	0	16,250	0	0	16,250	0	65,000
600.37 · Trauma Intervention Prgm of SD	2,250	0	0	0	2,250	0	0	2,250	0	0	2,250	0	9,000
600.46 · Mental Health Systems, Inc.	2,312	0	0	0	2,312	0	0	2,312	0	0	2,312	0	9,249
600.48 · UCSD Eye Mobile for Children	0	0	0	0	2,500	0	0	3,000	0	0	3,000	0	8,500
<b>Total 600 · Community Health Contracts</b>	<b>229,504</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>209,403</b>	<b>0</b>	<b>0</b>	<b>209,903</b>	<b>0</b>	<b>0</b>	<b>209,903</b>	<b>0</b>	<b>858,712</b>
<b>Total Expense</b>	<b>302,690</b>	<b>75,675</b>	<b>66,468</b>	<b>81,570</b>	<b>296,315</b>	<b>81,680</b>	<b>82,521</b>	<b>278,972</b>	<b>69,141</b>	<b>69,170</b>	<b>279,042</b>	<b>89,770</b>	<b>1,773,012</b>
<b>Net Ordinary Income</b>	<b>(277,825)</b>	<b>(36,258)</b>	<b>(47,092)</b>	<b>(46,427)</b>	<b>(236,383)</b>	<b>528,740</b>	<b>224,776</b>	<b>(205,383)</b>	<b>398,783</b>	<b>154,962</b>	<b>(254,772)</b>	<b>(58,533)</b>	<b>144,588</b>
<b>Net Income</b>	<b>(277,825)</b>	<b>(36,258)</b>	<b>(47,092)</b>	<b>(46,427)</b>	<b>(236,383)</b>	<b>528,740</b>	<b>224,776</b>	<b>(205,383)</b>	<b>398,783</b>	<b>154,962</b>	<b>(254,772)</b>	<b>(58,533)</b>	<b>144,588</b>

Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

[www.treasurer.ca.gov/pmia-laif/laif.asp](http://www.treasurer.ca.gov/pmia-laif/laif.asp)  
September 11,  
2017

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR  
P.O. BOX 2587  
FALLBROOK, CA 92088

PMIA Average Monthly Yields

Account Number:

// Tran Type Definitions

August 2017 Statement

Account Summary

Total Deposit:	0.00	Beginning Balance:	1,451,823.14
Total Withdrawal:	0.00	Ending Balance:	1,451,823.14



CalTRUST  
 c/o Gemini Fund Services LLC  
 PO Box 541150  
 Omaha, NE 68154-9150  
 www.caltrust.org  
 Email: CalTRUSTSupport@thegeminicompanies.com  
 Fax: 402-963-9094  
 Phone: 833-CALTRUST (225-8787)

## Investment Account Summary

07/31/2017 through 08/31/2017

0000053-0000060 PDF T 646744

### SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Aug 31 (\$)	Value on Aug 31 (\$)	Average Cost Amount (\$)	Cumulative Unrealized Gain/(Loss) (\$)
<b>FALLBROOK HEALTHCARE DISTRICT</b>						
CalTRUST Medium Term Fund		424,510.699	10.05	4,266,332.52	4,273,168.90	(6,836.37)
<b>Portfolios Total value as of 08/31/2017</b>				<b>4,266,332.52</b>		

### DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance in Shares	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$)	Realized Gain/(Loss) (\$)
<b>CalTRUST Medium Term Fund</b>		<b>FALLBROOK HEALTHCARE DISTRICT</b>			<b>Account Number:</b>			
Beginning Shares Balance	07/31/2017	4,255,960.98	423,478.704	423,478.704	10.05	4,255,960.98	0.00	0.00
Accrual Income Div Reinvestment	07/31/2017	4,976.77	495.201	423,973.905	10.05	4,260,937.75	0.00	0.00
Accrual Income Div Reinvestment	08/31/2017	5,394.78	536.794	424,510.699	10.05	4,266,332.52	0.00	0.00
<b>Closing Balance as of</b>	<b>Aug 31</b>			<b>424,510.699</b>	<b>10.05</b>	<b>4,266,332.52</b>		

Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Property Tax Revenue - Fiscal Year to Date**  
 July 2017 through June 2018

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Type	Date	Name	Amount	Balance
<b>400. · District</b>				
<b>402 · Property tax revenue</b>				
General Jou...	07/31/17	County of SD-pro...	29,432.21	29,432.21
General Jou...	08/31/17	County of SD-pro...	14,327.35	43,759.56
Total 402 · Property tax revenue			43,759.56	43,759.56
Total 400. · District			43,759.56	43,759.56
<b>TOTAL</b>			<b>43,759.56</b>	<b>43,759.56</b>

FALLBROOK REGIONAL HEALTH DISTRICT  
Check Detail Report - August 2017

Type	Date	Num	Name	Memo	Amount
102.2 · Cash in Bank - New Operating					
Bill P...	08/01/17	9240	AT&T - phone lines	7607318344-481 5	-152.85
Bill P...	08/01/17	9241	Aztec Cleaning & Maintena...	Office cleaning - Inv. 203842	-150.00
Bill P...	08/01/17	9242	CalPERS	1559595490	-781.02
Bill P...	08/01/17	9243	CHC Refrigeration Inc	Inv. 28168 - labor & parts to repair ...	-449.25
Bill P...	08/01/17	9244	Citrus Plaza Self Storage	Storage Unit #322 rental fee 8/1-8/...	-203.00
Bill P...	08/01/17	9245	FPUD - FHD 1 007721	007721-000	-84.22
Bill P...	08/01/17	9246	FPUD - FHD 2 007720-001	007720-001	-144.05
Bill P...	08/01/17	9247	FPUD - Hospital 1 007720...	007720	-1,477.39
Bill P...	08/01/17	9248	Galvanized strategies form...	Retainer - Community engagement...	-4,000.00
Bill P...	08/01/17	9249	Konica Minolta Leasing - qds	061-0116888-000	-842.90
Bill P...	08/01/17	9250	L & M Enterprises, Inc.	July bookkeeping	-3,310.00
Bill P...	08/01/17	9251	SDG&E- Hospital - 8171 / ...		-4,760.24
Bill P...	08/01/17	9252	SDG&E FHD - 6994	40605976994	-1,008.36
Bill P...	08/01/17	9253	The Phone Man	Inv. 602001; Repair conference lin...	-85.00
Bill P...	08/01/17	9254	Touchbase	344664	-54.88
Bill P...	08/03/17	9255	Karn Engineering & Survey...	County mtg.; revised boundary adj...	-760.00
Bill P...	08/09/17	9256	American Express - Credit ...	0-41007	-744.36
Bill P...	08/09/17	9257	AT&T U-Verse - computer	146524365	-100.00
Bill P...	08/09/17	9258	Aztec Cleaning & Maintena...	Office cleaning - Inv. 203848	-150.00
Bill P...	08/09/17	9259	Fallbrook Waste - FHD 44...	20-T1 441078	-69.50
Bill P...	08/09/17	9260	Fallbrook Waste - Hospital...	20-T3 439928	-92.70
Bill P...	08/09/17	9261	FPUD - Hospital 2 008757	008757	-117.49
Bill P...	08/09/17	9262	Glennie's Office Products, ...	6493	-39.86
Bill P...	08/09/17	9263	Iron Mountain-153	CHSRM	-1,312.59
Bill P...	08/09/17	9264	Iron Mountain SX-302	SX302/Fallbrook Hosp.	-997.68
Bill P...	08/09/17	9265	Kathleen Bogle		-1,750.00
Bill P...	08/09/17	9266	Palomar Mountain Premiu...	45919	-30.73
Bill P...	08/09/17	9267	Purchase Power (Pitney B...	8000909009769550	-58.15
Bill P...	08/09/17	9268	Sun Realty	Property research/Board meetings ...	-75.00
Bill P...	08/09/17	9269	Termin-8 Pest Control	Extermination Services for FRHD a...	-774.00
Check	08/24/17	9270	Linda Bannerman	Reimbursement-mileage and parki...	-93.27
Check	08/24/17	9271	Pamela Knox	Reimbursement - Medicare for Aug...	-110.00
Bill P...	08/24/17	9272	Aztec Cleaning & Maintena...	Office cleaning - Inv. 203845	-150.00
Bill P...	08/24/17	9273	CalPERS	1559595490	-781.02
Bill P...	08/24/17	9274	CSDA-State	1589	-588.00
Bill P...	08/24/17	9275	Fitness Moves	Reimb. for substitute yoga teacher ...	-50.00
Bill P...	08/24/17	9276	Ramirez Landscaping & Tr...	Landscape maintenance July 2017	-1,600.00
Bill P...	08/24/17	9277	Scott & Jackson Esq.	Professional services 2017 July	-18,497.50
Bill P...	08/24/17	9278	Streamline	Website monthly fee August 2017 -...	-200.00
Bill P...	08/24/17	9279	Touchbase	344664	-56.12
Bill P...	08/24/17	9280	Village News	Invoice 23227	-1,388.00
Bill P...	08/24/17	9281	Ascent Elevator Services, I...	Elevator Service - Inv. 28976	-182.00
Bill P...	08/24/17	9282	County of San Diego		-7,700.00
Bill P...	08/24/17	9283	T.R.Y. Enterprises	Patrol Service for August 2017	-1,100.00
Bill P...	08/30/17	9284	AT&T - phone lines	7607318344-481 5	-156.63
Bill P...	08/30/17	9285	Fechter & Company, CPA's	2016-17 Audit expenses	-7,982.00
Bill P...	08/30/17	9286	FPUD - FHD 1 007721	007721-000	-84.22
Bill P...	08/30/17	9287	FPUD - FHD 2 007720-001	007720-001	-157.16
Bill P...	08/30/17	9288	FPUD - Hospital 1 007720...	007720	-1,695.52
Bill P...	08/30/17	9289	Konica Minolta Leasing - qds	061-0116888-000	-850.60
Bill P...	08/30/17	9290	L & M Enterprises, Inc.	August bookkeeping services	-2,970.00
Bill P...	08/30/17	9291	Print Kwik	2 roll up banner stands / Inv. 14970	-315.38
Bill P...	08/30/17	9292	SDG&E- Hospital - 8171 / ...		-4,304.33
Bill P...	08/30/17	9293	SDG&E FHD - 6994	40605976994	-748.75
Bill P...	08/30/17	9294	TRL Systems, Inc.	FAL004	-165.00

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Type	Date	Num	Name	Memo	Amount
Bill P...	08/30/17	9298	County of SD-Dept of Health	Record #DEH2002-HUPFP-11430...	-717.00
Check	08/31/17	9295	A+ Urgent Care, Inc.	June 2017 subsidy payment	-10,000.00
Check	08/31/17	9296	A+ Urgent Care, Inc.	July 2017 subsidy payment	-10,000.00
Check	08/31/17	9297	A+ Urgent Care, Inc.	August 2017 subsidy payment	-10,000.00
Total 102.2 · Cash in Bank - New Operating					-107,217.72
TOTAL					<u>-107,217.72</u>







## FINANCE COMMITTEE

### Minutes

**Wednesday, September 6, 2017 at 5:00 P.M.  
Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028**

Committee Members Present: Barbara Mroz, Chair; Bill Leach, Co-chair; and Stephen Abbott.  
Director Howard Salmon joined via teleconference.

Staff Members Present: Executive Director Bobbi Palmer; and Accountant: Kathy Bogle.

1. Call to Order/Roll Call  
Chair Barbara Mroz called the meeting to order at 5:02 p.m.
2. Public Comments  
None
3. Review of Financial Statements for July 2017
  - Balance Sheet Comparison of June – July
  - Income Statement for July 2017 and fiscal year to date
  - Profit & Loss Actual vs Budget July
  - Profit & Loss Budget Overview July 2016 – June 2017  
The above financial statements through July 2017 were reviewed and discussed. The Community Health Contract recipients received their initial checks which reduced the cash balance by more than \$300,000. General Counsel received a larger than usual payment due to the sale of the old hospital building. Promotions and publications was over budget due to a direct mailing educating the public regarding facts related to the sale of the old hospital building. There were no other major variances.
  - LAIF Report  
\$3,335 was earned on the LAIF account, received in July.
  - Cal-Trust  
The Cal-Trust balance was \$4,255,000 at the end of July.
  - Property Tax Revenue – fiscal year to date  
Property Tax Revenue received in July totaled \$29,432.
  - Check Detail as of July 2017  
The Check Detail report was reviewed.

- **Fiscal Impact Policy**  
Legal Counsel drafted the Fiscal Impact Policy and it was reviewed by the Finance Committee for review prior to going to the full board. Executive Director Bobbi Palmer reviewed the policy for the Committee. Discussion ensued. Director Abbott said that given the recommendations from the Little Hoover Commission, he questioned whether a Reserve Policy should be included in the Fiscal Impact Policy. Mrs. Palmer said we already have an Investment Policy that can be reviewed again if needed.
- **Accrued Vacation and Sick Time**  
Executive Director Bobbi Palmer reviewed the Accrued Vacation and Sick Time policy. She said it was last updated in 2005. Director Abbott said California Law says employees accrue 1 hour for every 30 hours worked and he would like the policy to include that language. It was noted that allowed holidays can be traded for e.g. the day after Thanksgiving or Christmas Eve.
- **District Direct Care Services / Fiscal Impact**  
Executive Director Bobbi Palmer said at a recent special meeting of the board, it was determined that the District will continue to pay A+ Urgent Care \$10,000 per month retroactive to the month following their last payment and through December of 2017. Discussion ensued regarding data A+ Urgent Care is required to provide to the District in support of the ongoing need for the District to subsidize these services for the residents of the District, and their glide path for eliminating the need for a subsidy. Bobbi Palmer said two public forums have been scheduled in late September, with one of the forums seeking input from the community regarding Urgent Care services.

4. **Adjournment**

There being no further business, the meeting was adjourned at 5:42 p.m.

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Board Secretary/Clerk







**SPECIAL BOARD MEETING**

Wednesday, September 6, 2017, 6:00 p.m.

Fallbrook Regional Health District, Board Room, 138 S. Brandon Rd., Fallbrook

**MINUTES**

**A. CALL MEETING TO ORDER / ROLL CALL / PLEDGE OF ALLEGIANCE**

The meeting was called to order at 6:02 p.m. by Secretary Stephen Abbott.

Present: Directors Abbott, Leach and Mroz.

Absent: Directors Tinker and Salmon

Also present: Executive Director Bobbi Palmer and Legal Counsel Blaise Jackson.

Real Estate Negotiator Travis Ives joined the meeting via teleconference during Closed Session.

**B. BOARD MEMBER AND PUBLIC COMMENTS**

None

**C. CLOSED SESSION**

C1. Conference with Real Estate Negotiator Concerning Price and Terms per Govt. Code 54956.8

District Negotiator: Travis Ives

APN #s 105-811-01 (Former Hospital Property – 624 Elder Street)

**D. RETURN TO OPEN SESSION**

The Board reconvened into Open Session at 6:41 p.m. and directed the negotiating team to take appropriate action with respect to the real estate matter.

D1. Consideration of Approval of Release Agreement (1989 Agreement for Improvements in Public Right-of-Way, County of San Diego)

Discussion ensued.

**Action:** It was moved by Director Abbott, seconded by Director Mroz, to approve the County Lien Release document as presented. Motion carried 3-0. Directors Tinker and Salmon were absent.

**E. ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:50 p.m.

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Stephen Abbott, Secretary

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Barbara Mroz, Treasurer





**FALLBROOK REGIONAL HEALTH DISTRICT  
REGULAR BOARD MEETING  
Wednesday, September 13, 2017, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

**Minutes**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

Treasurer Barbara Mroz the meeting called to order at 6:01 p.m. and led the Pledge of Allegiance.

Present: Directors Barbara Mroz, Bill Leach and Stephen Abbott. Director Howard Salmon joined the meeting remotely by teleconference pursuant to Government Code Section 54953 from the following location: Kona Kai Resort & Spa, 1551 Shelter Island Dr., San Diego, CA 92106

Absent: Director Gordon Tinker.

Also Present: Legal Counsel Blaise Jackson.

**B. ADDITIONS TO AGENDA**

None

**C. BOARD MEMBER AND PUBLIC COMMENTS**

Debra Lorenzen of the Fallbrook Youth Advocacy Coalition introduced two members, Julisa Ordonez and Lupe Carrillo who spoke about the community surveys being distributed in Fallbrook. They reported that 248 surveys have been completed and their goal is a total of 300 completed surveys. They requested the Board of Directors allow them to provide a presentation of their results at the October Board of Directors meeting.

**D. CONSENT ITEMS**

- D1. Approval of July 2017 Financial Statements
- D2. Minutes of August 2, 2017 Finance Committee Meeting
- D3. Minutes of August 9, 2017 Regular Board Meeting
- D4. Minutes of August 23, 2017 Special Board Meeting
- D5. Minutes of August 30, 2017 Special Board Meeting

**Action:** It was moved by Director Abbott, seconded by Director Leach to approve the above-listed consent items as presented. Roll call vote as follows”

Director Salmon – Aye

Director Abbott – Aye

Director Leach – Aye

Director Mroz – Aye

Motion carried. 4-0 – Director Tinker absent.

**E. REPORTS**

- E1. Finance Committee – Committee of the Whole, Chair: Director Mroz  
Committee Chair Barbara Mroz provided the report for the Finance Committee meeting of August 2, 2017. The financial reports for July 31, 2017 had been reviewed by the Committee and all variances were discussed and explained. Property Taxes had increased. The LAIF account had a balance of \$1,451,823 and the Cal-Trust balance was \$4,255,961.
- E2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker  
No report.
- E3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon  
No report.

## E4. Executive Director – Bobbi Palmer

In the absence of Executive Director Bobbi Palmer, Director Mroz provided her report. She discussed Community Health activities including the following:

- Working with Live Oak Elementary School to have a team of students and communicate healthy messaged to encourage healthy living
- Free Prostate Cancer Screening on September 30<sup>th</sup> 2017
- Community Garden Project Coming Soon.

Regarding Community Outreach endeavors, there are two Community Forums scheduled back-to-back on September 27 & 28, from 1:30 p.m. – 2:30 p.m. The first forum will discuss the public meeting space on the first floor of FRHD Administrative building, and the second will be an open dialogue on how the District can improve upon urgent care services in community areas.

## E5. General Counsel – Blaise Jackson

Blaise Jackson said Legal Counsel for Tri-City Medical Center notified FRHD Legal Counsel that they are moving forward with a LAFCO recommendation from 2015 during a municipal services review. LAFCO had recommended a boundary change in that a portion of our District lies within the Oceanside City limits. Tri-City wants to annex the Southwest “toe” of our District, approximately 2700 acres, to their District. Mr. Jackson explained that this would need to be placed on a future agenda for the Board’s consideration.

Mr. Jackson said he continues to work with Crestwood Behavioral Health, Inc. on language to memorialize the extension of the escrow to the end of the month. Any additional comments would be related to Discussion/Action Items.

## F. DISCUSSION/ACTION ITEMS

## F1. Consideration and Adoption of the FRHD Fiscal Policy

Legal counsel said this policy had been proposed by President Gordon Tinker and was brought in the proper format for Board consideration. It was vetted by the Finance Committee last week.

**Action:** Director Abbott moved to approve adoption of the Fiscal Policy as presented. Director Leach seconded the motion. Roll call vote as follows”

Director Salmon: Aye  
 Director Abbott: Aye  
 Director Leach: Aye  
 Director Mroz: Aye  
 Motion carried: 4-0. Director Tinker absent.

## F2. Accrued Vacation and Sick Time

Legal Counsel said he had pulled existing Policy 1080. Discussion ensued regarding a comparison of the two policies and whether the new policy supercedes the old or is an addendum. Legal Counsel recommended clarification of the details and that it be brought back to the Board in October. Director Abbott recommended that we add the language that sick leave be accrued at 1 hour per 30 hours worked. Also, regarding vacation, the day after Thanksgiving can be taken in lieu of Admission Day.

**Action:** It was moved by Director Mroz, seconded by Director Leach to table consideration of Accrued Vacation and Sick Time to the next meeting when there will be further clarification. Roll call vote follows:

Director Salmon: Aye  
 Director Abbott: Aye  
 Director Leach: Aye  
 Director Mroz: Aye  
 Motion carried. 4-0 Director Tinker absent.



**G. ITEMS FOR SUBSEQUENT MEETINGS**

- G1. Other Director/Staff discussion items
- G1a. Item(s) for future board agendas  
Accrued Vacation and Sick Time/Holidays  
A Presentation by the Fallbrook Youth Advocacy Coalition  
Further Discussion of Urgent Care
- G1b. Announcements of upcoming events:
- Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, September 18, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
  - ACHD 65th Annual Meeting – September 12-14, 2017, San Diego
  - CSDA Annual Conference – September 25-28, Monterey, CA
  - Community Forum: “Public Meeting Space” meeting – Wednesday, September 27, 2017, 1:30-2:30pm, Fallbrook Public Library
  - Community Forum: “Urgent Care” meeting – Thursday, September 28, 2017, 1:30-2:30pm, Fallbrook Public Library
  - Prostate Cancer Screening – Saturday, September 30, 2017, 7:00-9:00am, Fallbrook Family Health Center
  - Special District Summit/West – Tuesday, October 3, 2017, Anaheim
  - NCCCHI meeting – 1<sup>st</sup> Wednesday, October 4, 2017 2:00-3:00pm
  - Woman of Wellness meeting – Thursday, October 5, 2017, 6pm, Fallbrook Public Library
  - Fallbrook Harvest Faire 2017 – Sunday, October 15, 2017, 10:00am-4:00pm, Downtown Fallbrook
- G2. Next Regular Board meeting – Wednesday, October 11, 2017, Fallbrook Public Utility District Board Room

**H. ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:26 p.m.

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Barbara Mroz, Treasurer  
(Acting President)

---

Stephen Abbott, Secretary

## **REPORTS**



**REPORTS**

Executive Director – Bobbi Palmer



To: Board of Directors  
Fallbrook Regional Health District

From: Bobbi Palmer, MBA, MSW  
Executive Director

Re: Monthly Report

Date: October 11, 2017

**Community Health and “Prevent the Preventable”**

1. FRHD annual Prostate Cancer Screenings were conducted the last Saturday of September in collaboration with Philip Brodak, MD, Cal State University San Marcos School of Nursing, Fallbrook Family Health Center, Former Fallbrook Hospital Auxiliary Volunteers, and LabCorp. Please visit [www.fallbrookhealth.org](http://www.fallbrookhealth.org) for a video and photos.
2. Fall Prevention Week: Presentation and Proclamation from the Board of Supervisors in honor of “Aging in Place”.
3. Free Vaccinations and Health Screenings being conducted Sunday October 15<sup>th</sup> as part of the annual Harvest Faire. This is collaboration between Fallbrook Regional Health District, Community Health Systems, Inc., County of San Diego Health and Human Services Agency and Live Well San Diego. Shots will be given by Public Health Nurses and Health Screenings by the Fallbrook Family Health Center.

**Community Engagement:**

- Presentation at Fallbrook Chamber of Commerce Ambassador meeting.
- Upcoming presentation with Patty Blum at the Golf Club of California monthly meeting
- Participation at the annual Bonsall Chamber of Commerce event, Pala Mesa
- Two (2) Community Forums held at Fallbrook Public Library: Use of the first floor administrative building and Urgent Care services

Association of California Healthcare Districts (ACHD) annual conference: San Diego's Kona Kai Resort and Spa

1. Howard Salmon, Vice President of the FRHD Board of Directors appointed as Chairman of the Board
2. Presentation of Website Compliance: Bobbi Palmer, Linda Bannerman and Streamline
3. Ann Wade and Sandra Buckingham from the Village of Fallbrook provided wellness breaks during the annual conference





**Fallbrook Regional HEALTH DISTRICT**

**MISSION**  
Promoting health for the people of the District

**VISION**  
Reducing the impact of identified major health issues in our District

*Strategic Initiatives*  
Prevention • Health • Education • Home • Disease • Behavioral Health

**Board directors:**  
Howard Salzman and Bill Leach attended Stanford Health Promotion Network First Annual Summit

**UNIQUE FACTS ABOUT THE DISTRICT:**  
Fallbrook Regional Health District is located in Fallbrook, an agricultural area in Southern San Diego County. It is located within 100 miles of the U.S. Marine Corps' Camp Pendleton. It is one of a handful of health districts that offer Fallbrook Health Center as a senior care center (and is one of the few health districts in the state that offer a senior care center). It is one of the few health districts in the state that offer a senior care center. It is one of the few health districts in the state that offer a senior care center.

**CHC COMMUNITY HEALTH CONTRACT**

**PROSTATE CANCER SCREENING VOLUNTEERS**

PHD Branch 910 - Fallbrook Regional Health District - Cal State University San Marcos School of Nursing - Fallbrook Family Health Center  
Former Fallbrook Hospital Auxiliary Services - LaCorte - North Inland Community Prevention Program - Fallbrook Youth Advisory Coalition

**Fallbrook Regional HEALTH DISTRICT**

Founded: 1997  
Headquarters: 4393  
Phone: 761-789

**FRHD is**  
CERTIFICATION  
Practice in California  
and is a member of the  
California Health District Association

**FOUNDED IN 1997**  
The District was originally established in 1997 as a result of the merger of several public health districts in the County of San Diego. The District is a member of the California Health District Association and is a member of the National Association of Public Health Districts.



**Fallbrook Regional HEALTH DISTRICT**

**MISSION**  
Promoting health for the people of the District

**VISION**  
Reducing major health disparities in the District

**UNIQUE FACTS**  
FALLBROOK REGIONAL HEALTH DISTRICT IS AN UNINCORPORATED AREA IN NORTHERN CALIFORNIA IMMEDIATELY EAST OF THE U.S. MARINE CORPS CAMP. FALLBROOK IS KNOWN FOR ITS AVOCADO CARPITAL OF THE WORLD, DE LUZ, FALLBROOK AND RAINBOW MOUNTAINS. OUR FORMER NAME WAS FALLBROOK REGIONAL HEALTH DISTRICT WHICH BETTER REFLECTS THE SERVICES WE PROVIDE.

**42 ORGANIZATIONS BENEFITTED BY OUR HEALTH PROGRAMS**

**YOUTH SERVICES**  
Eye Care: 17  
Mental Health: 33  
Counseling: 187  
Asperger Support: 23

**FRHD is ACHD CERTIFIED**  
Best Practices in Government Certification Awarded in 2010



**COMMUNITY HEALTH SYSTEMS, INC.**

Helping Your Family Manage Afluenza Season

High Protein Counts

YOUTH SERVICES

Community Health System



# Fallbrook Regional HEALTH DISTRICT

## MISSION

Promoting health for the people of the District



## VISION

Reducing the impact of identified major health issues in our District

### Strategic Initiatives

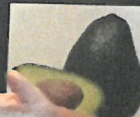
Pre Diabetes & Diabetes  
Hypertension • Heart Disease • Behavioral Health



**Board directors:**  
Howard Salmon and Bill Leach attended Stanford Health Promotion Network First Annual Summit

## UNIQUE FACTS ABOUT THE DISTRICT:

FALLBROOK REGIONAL HEALTH DISTRICT IS LOCATED IN FALLBROOK, AN UNINCORPORATED AREA IN NORTHERN SAN DIEGO COUNTY, AND IS SITUATED IMMEDIATELY EAST OF THE U.S. MARINE CORPS' CAMP PENDLETON. IT ONCE HOUSED A STAGECOACH STOP FOR THE STAGE THAT RAN TO SAN DIEGO. FALLBROOK IS KNOWN FOR ITS AVOCADO GROVES AND CLAIMS THE TITLE "AVOCADO CAPITAL OF THE WORLD." THE DISTRICT COVERS BONSALL, DE LUZ, FALLBROOK AND RAINBOW—APPROXIMATELY 92 SQUARE MILES WITH AN ESTIMATED POPULATION APPROACHING 57,000. JUST RECENTLY OUR FORMER NAME WAS FALLBROOK HEALTHCARE DISTRICT. THE NEW NAME BETTER REFLECTS THE SERVICES PROVIDED AND THOSE SERVING.



## CHC COMMUNITY HEALTH CONTRACTS

42 ORGANIZATIONS HAVE BENEFITTED FROM THE CHC PROGRAM OF FRHD. WE HAVE FUNDED 81.7% OF ALL REQUESTS, FOR A TOTAL OF \$6,405,232. 317 HEALTH PROGRAMS SINCE THE YEAR 2000

## YOUTH SERVICES

Eye Glasses: 17	Swim Safety: 3,360
Mentoring: 35	Stress-Free Coping: 67,1
Counseling: 187	Vision Screenings: 15
Asperger's Support: 23	Dental Screenings: 65



## HEALTHY FOOD

Families: 500/Week  
Households: 6,393  
Pounds: 227,793



## FRHD is ACHD CERTIFICATION

Best Practices in Governance Certification Awarded in 2016

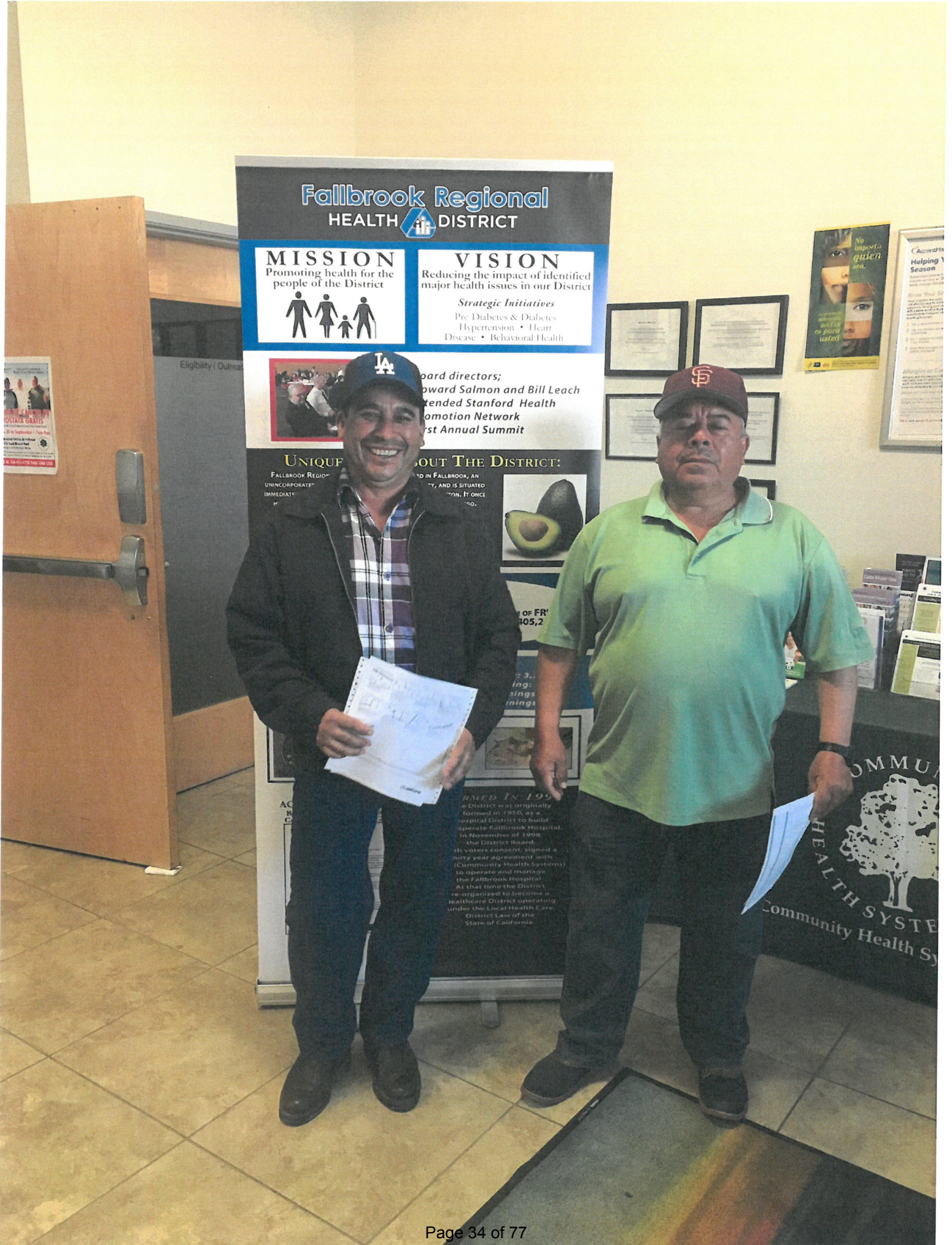


## FORMED IN 1998

The District was originally formed in 1959, as a Hospital District to build and operate Fallbrook Hospital. In November of 1998, the District Board, with voters consent, signed a thirty year agreement with CHS (Community Health Systems) to operate and manage the Fallbrook Hospital. At that time the District re-organized to become a Healthcare District operating under the Local Health Care District Law of the State of California.

HEALTH  
Community





# Fallbrook Regional HEALTH DISTRICT

**MISSION**  
Promoting health for the people of the District



## VISION

Reducing the impact of identified major health issues in our District

### Strategic Initiatives

Pre Diabetes & Diabetes  
Hypertension • Heart Disease • Behavioral Health



Board directors;  
Edward Salmon and Bill Leach  
attended Stanford Health Promotion Network  
1st Annual Summit

## UNIQUE ABOUT THE DISTRICT:

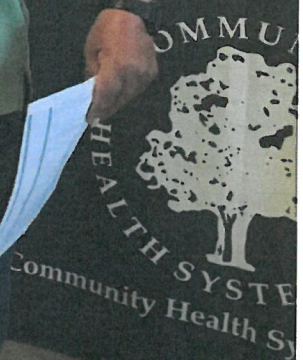
FALLBROOK REGIONAL HEALTH DISTRICT IS A UNINCORPORATED DISTRICT WITH IMMEDIATE SERVICE TO THE COMMUNITY AND IS SITUATED IN FALLBROOK, AN UNINCORPORATED CITY, AND IS SITUATED IN AN UNINCORPORATED AREA. IT ONCE WAS PART OF THE CITY OF FALLBROOK.



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**FORMED IN 1998**  
The District was originally formed in 1950, as a Hospital District to build and operate Fallbrook Hospital. In November of 1998, the District Board, with voters consent, signed a sixty year agreement with Community Health Systems (Community Health Systems) to operate and manage the Fallbrook Hospital. At that time the District re-organized to become a healthcare District operating under the Local Health Care District Law of the State of California.





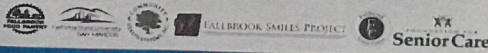


# Fallbrook Regional HEALTH DISTRICT

## NORTH COUNTY COMMUNITIES COLLABORATIVE HEALTH INITIATIVE

### OUR GOAL

Decrease incidence in diabetes, hypertension, and heart disease in the area we are serving by educating, screening, referring, advocacy, and community outreach as well as integrating community classes, exercise/ physical activity so others may thrive.



NCCCHI COLLABORATIVE AND CAL STATE UNIVERSITY SAN MARCOS RN STUDENTS PROVIDING HEALTH SCREENINGS AT LOCAL NURSERY.

**CALL TO ACTIVITY - WELLNESS**  
**ONE STEP AT A TIME**  
1st Wellness Walk  
Fallbrook Community Center



DEMONSTRATION INGREDIENTS COOKBOOK



Fallbrook Family Health Center  
Cal State University San Marcos RN Students  
Fallbrook Food Pantry Collaboration

Food is Medicine  
Exercise is Medicine  
Prevent the Preventable

### HEALTH AND WELLNESS INITIATIVES:

The collaborative recognized businesses and groups actively involved in promoting wellness and named them Health Champions for a specific month. Senator Joel Anderson recognized our efforts and provided certificates of recognition to each Health Champion, presented at our 'Woman of Wellness' monthly events at the library.

### WOMEN OF WELLNESS - PURPOSE:

To educate women in matters of physical, mental, and emotional health and well being by offering a variety of monthly programs for women of all ages regarding health and wellness choices for themselves and their families.



FALLBROOK REGIONAL HEALTHCARE DISTRICT AND NORTH COUNTY FIRE PROTECTION DISTRICT WORKING TOGETHER TO PROVIDE EMERGENCY SERVICES TO THE BONSAI, DELUZ, FALLBROOK AND RAINBOW COMMUNITIES.





*Stay healthy and have some fun!*  
**Sunday, October 15, 2017**

# **FREE Vaccines & Health Screenings**

Join in the family fun at the  
Harvest Faire

on Sunday, October 15th and protect your family from the flu at the same time. Come to our booths on E. Hawthorne St. at Main 10:00 a.m.—1:00 p.m. Children and adults can get a flu shot, have basic health screenings and then enjoy the vendors with arts and crafts.

## **Prevent the Preventable**



**Flu Shots** available for 6-months and older  
**Blood Glucose Screening** for everyone  
**Blood Pressure Screening** for everyone

Shots given by Public Health Nurses and provided by the S.D. County Public Health Department. Health screenings provided by the Fallbrook Family Health Center.

**Fallbrook Regional**  
HEALTH  DISTRICT





*¡Hay que divertirnos y mantenernos sanos!*

**domingo 15 de octubre, 2017**

**Vacunas y Servicios de la Salud  
GRATIS**



**Participe y diviértase con su familia  
en la Feria de la Cosecha!**

y protéjalos contra la temporada de la gripe. domingo 15 de octubre en Hawthorne St. de 10:00am-1:00pm.



**Vacuna contra la influenza (gripe)**—para todos mayores de 6 meses  
**Chequeo de glucosa (azúcar)**—para adultos mayores de 18 años  
**Chequeo de presión arterial**—para adultos mayores de 18 años

Las vacunas son proveídas por el Departamento de la Salud Pública del Condado de San Diego y serán administradas por enfermeras de salud pública. Los chequeos de la salud serán proveídos por la clínica de Fallbrook.

**Fallbrook Regional**  
HEALTH  DISTRICT



Fallbrook Library | 1:30 p.m. to 2:30 p.m. | 6 attendees | 2 Staff

Meeting space

Room: 20 1/2 x 36 1/2 (748 square feet)

Bottom floor of the FRHD office building

Restrooms nearby

Hours: 10 a.m. to 6 p.m.

Windows on the north side

No storage space, kitchen or sound-proof construction

22 parking spaces and one disabled designated space

Materials: Tables/ chairs/ AV/ Projector/ Wi-Fi

Non-commercial use: Sales opportunities prohibited

Rachel Mason, Foundation for Senior Care

We would use it for senior seminars. We don't have space in our office. Twenty to 30 person capacities with the hands-off teaching ability with A/V and Wi-Fi\_\_\_33 access are ideal.

Kevin Mahr, NCFPD

We would like it for outside speakers or continuing education opportunities. Training classes, like CPR, would be great.

Jennifer Vetch, Fallbrook Food Pantry

We'd like to use it for our nutrition volunteer training. No kitchen might be a stopping point for us. Though, we could use it for the board meetings during the day as well as strategic planning meetings.

Mireya Banuelos, Fallbrook Family Health Center

Fallbrook Library | 1:30 p.m. to 2:30 p.m. | 9 attendees | 2 Staff

### Urgent Care Service Overview

Dialog Prompt: If money was no object and there were no limits on what you could have, what are your dreams for urgent care in Fallbrook?

Kevin Mahr, NCFPD

24-hour urgent care services and more x-ray services. Many of the services in which we transport fall under urgent care. Either through lack of education or because of the off-hours from urgent care, we get called.

Dr. Tim Coen, Fallbrook Urgent Care

Splicing together A+ and I might offer better services, plus coordination with the fire district. But 24/7 urgent care is cost prohibitive.

Rachel Mason, Foundation for Senior Care

Why can't we coordinate with transportation to urgent care? It would be better as an option for non-emergencies. After-hours, weekends and transportation for non-emergency slip and falls would be great.

Chief Stephen Abbott, NCFPD/ Board Director, FRHD

EKG equipment. More lifestyle, prevention and education counselors. Get the regulatory restraints out of the way.

Scale of 1-10: How hopeful are you that your dream is possible if money is no object?

9 votes: 6.55 mean average (more than 60% hopeful)

Collaboration/ Common Goal/ Compassion/ Cooperation/ Innovation/ Barriers/  
Hope/ Caring/ Positive

Potential outreach:

Online or hard copy survey (Harvest Fair?)

Debrief:

Are there really high-use opportunities during non-peak hours?

If the regulations could change, what would be different? Who is paying?

# California Healthcare District Leaders Gather to Learn & Share How to Improve Health & Well-Being for their Communities

[achd.org/2017/09/22/california-healthcare-district-leaders-gather-learn-share-improve-health-well-communities/](http://achd.org/2017/09/22/california-healthcare-district-leaders-gather-learn-share-improve-health-well-communities/)

achdalpha

9/22/2017

SACRAMENTO – More than 100 Healthcare District trustees and professional staff from across the state gathered for ACHD's 65<sup>th</sup> Annual Meeting, September 12-14, to learn and share about the challenges and opportunities their communities face as they navigate the evolving landscape of healthcare.

The three-day conference in San Diego – titled “Future Roles and Challenges of Healthcare Districts” – featured a dynamic lineup of speakers and presentations covering an array of topics. Workshops covered issues such as: how Healthcare Districts can find opportunities to share their standards of accountability and show community outcomes in a Municipal Service Review; learning how the state's health insurance exchange, Covered California, is adapting amid ongoing state and federal policy changes; and what is the state of behavioral health services in California and how it affects some of the most vulnerable populations served by Healthcare Districts.

Featured keynote speakers included Gyre Renwick with Lyft who heads the company's healthcare, government and education partnerships. Renwick discussed how Lyft is partnering with health organizations to improve service access for patients and lower costs for organizations and businesses.

Among the highlights of the Annual Meeting was the recognition of Mayers Memorial Hospital District as ACHD's District of the Year. The designation is awarded each year to a Healthcare District for its commitment to improving the health of the communities it serves. Mayers Memorial Hospital District, located in Shasta County, received the award for its “Planting Seeds and Growing Our Own” internship program. The program offers high school seniors the opportunity to spend 20 hours a week over four months to gain skills and knowledge working in the District's hospital and learning about career opportunities. Given the healthcare workforce shortages many rural regions face, the program has been instrumental in allowing Mayers Memorial Hospital District to build its next generation of healthcare professionals.

If you attended our 65<sup>th</sup> Annual Meeting and would like to share your thoughts, please take a moment to fill out this [brief survey](#). Additionally, [click here](#) to find photos from Annual Meeting.

###







**REPORTS**  
Legislative Communication



HURST+BROOKS+ESPINOSA

**A note to our readers...**

During the Legislature's interim, we are publishing *This Week in Sacramento* on an as-needed basis. Members return to Sacramento on January 3, 2018 to begin the second year of the 2017-18 Legislative session.

# This Week in Sacramento

INFORMATION & INSIGHTS FROM HURST BROOKS ESPINOSA ■ WEEK OF SEPTEMBER 18, 2017

## Governor Takes Action on Budget Trailer Bills

On Saturday, within hours of the Legislature wrapping up its 2017 work, the Governor signed seven of the eight trailer bills sent to him in the last week of session. Details on each of the measures can be found on page 3.

We will provide updates on the Governor's bill signings and vetoes throughout the 30-day signing period, which wraps up on Sunday, October 15.

## The Future of the Affordable Care Act

Senator John McCain (R-AZ) announced opposition today to the Graham-Cassidy-Heller-Johnson proposal, a last-ditch effort to repeal and replace the Affordable Care Act (ACA). In a prepared statement, Senator McCain said he "cannot in good conscience vote for the Graham Cassidy proposal. I believe we could do better working together, Republicans and Democrats, and have not yet really tried. Nor could I support it without knowing how much it will cost, how it will (affect) insurance premiums, and how many people will be helped or hurt by it. Without a full CBO score, which won't be available by the end of the month, we won't have reliable answers to any of those questions." The full statement can be read [here](#).

Senator Paul had announced opposition to Graham-Cassidy last week. Senator Collins is expected to announce her opposition, as well. With these developments, it appears this last-minute effort to take advantage of the budget reconciliation process to enact an ACA repeal and replace.

The UC Berkeley Labor Center released a September 19 [analysis](#) of the proposal's impact on California. The measure would have had a disproportionate impact on California. The brief projects that California would lose \$27.8 billion in federal funds in 2026, growing to \$57.5 billion in 2027. Anthony Wright of Health Access California had this to say: "Why isn't the headline in every California newspaper, 'GRAHAM CASSIDY TO CA: DROP DEAD.' Literally."

## Worth Noting: First End-of-Session with 72-Hour Rule

In approving [Proposition 54](#) in November 2016, voters clipped the Legislature's wings a bit. The initiative requires that before the Legislature may take action on a bill, it must be in print for at least 72 hours. Gone are the days of "mushroom" bills that sprout in the dark of night and are passed swiftly with little to no opportunity for meaningful policy review.

In practical terms, the 72-hour rule meant that – given that the Legislature's final day to conduct business for the year was September 15 – amendments had to be in print by Tuesday, September 12. While we will never really know what the new restriction may have prevented, the new rule certainly changed the end-of-session dynamic. Read more on CalMatters' perspective on this development [here](#).



In total, 6.7 million Californians would lose coverage in 2027 with the elimination of the Graham-Cassidy block grant and under the scenario in which the state responds to the per capita cap provisions by cutting Medi-Cal eligibility or capping enrollment for certain eligibility groups. That is equal to the entire population of the Bay Area – Alameda, Contra Costa, Marin, San Francisco, San Mateo, and Santa Clara counties combined. The Labor Center also provides estimates of coverage losses by [county](#) and by [Congressional district](#).

**Please feel free to contact any one of us at Hurst Brooks Espinosa with questions ...**

JEAN HURST  
916-272-0010 | [jkh@hbeadvocacy.com](mailto:jkh@hbeadvocacy.com)

KELLY BROOKS  
916-272-0011 | [kbl@hbeadvocacy.com](mailto:kbl@hbeadvocacy.com)

ELIZABETH ESPINOSA  
916-272-0012 | [ehe@hbeadvocacy.com](mailto:ehe@hbeadvocacy.com)

## 2017-18 Budget Trailer Bills – Round Three

Bill No.	Topic	Summary
<p><b>AB 109</b> Chaptered</p>	<p>Budget Bill Jr. #1</p>	<ul style="list-style-type: none"> <li>▪ Makes various changes to 2017-18 and appropriates funding pursuant to a cap-and-trade expenditure plan.</li> <li>▪ Specifically, makes the following appropriations from the Greenhouse Gas Reduction Fund (GGRF):               <ul style="list-style-type: none"> <li>○ \$26 million to the Natural Resources Agency for urban greening programs</li> <li>○ \$11 million to the Strategic Growth Council within the Office of Planning and Research for research grants focused on reducing carbon emissions, including clean energy, adaptation, and resiliency</li> <li>○ \$10 million to the Office of Planning and Research for the Transformative Climate Communities Program</li> <li>○ \$25 million to the Office of Emergency Services for local assistance grants to fire departments in High Fire Hazard Severity Zones</li> <li>○ \$5.2 million to the Conservation Corps to backfill a State Responsibility Area (SRA) appropriation.</li> <li>○ \$66 million to the state Energy Resources Conservation and Development Commission, otherwise known as the California Energy Commission, including \$60 million for grants, loans, or incentives to food processors to implement projects that reduce greenhouse gas (GHG) emissions and \$6 million for renewable energy projects in the agricultural sector</li> <li>○ \$294.8 million to the Department of Forestry and Fire Protection, including, \$200 million for fire prevention and forest health within the SRA (including \$5 million for the Conservation Corps), \$20 million for urban forestry programs, and \$74.8 million to backfill a SRA appropriation. h) \$15 million to the Department of Fish and Wildlife for wetland restoration projects</li> <li>○ \$20 million to the Wildlife Conservation Board for adaptation and resiliency projects and planning</li> <li>○ \$6 million to the Coastal Conservancy, of which \$4 million is for the Climate Ready Program at State Coastal Conservancy, \$1.5 million is for the Coastal Commission, and \$500,000 is for the San Francisco Bay Conservation and Development Commission.</li> <li>○ \$11.7 million to the Air Resources Board (ARB) for implementation of <a href="#">AB 617</a> (Chapter 136, Statutes of 2017).</li> <li>○ \$40 million to the Department of Resources Recycling and Recovery for waste diversion and GHG reduction financial assistance programs</li> <li>○ \$18 million to the Department of Community Services and Development for the Low-Income Weatherization Program, including multifamily, solar, and farmworker projects. AB 109 Page 3 n)</li> <li>○ \$99 million to the Department of Food and Agriculture for dairy digester research and development and alternative manure management.</li> <li>▪ Appropriates \$78.3 million associated with the cap-and-trade expenditure plan from other funds:               <ul style="list-style-type: none"> <li>○ \$1.3 million to the ARB from the Cost of Implementation Account, Air Pollution Control Fund for implementation of <a href="#">AB 398</a> (Chapter 135, Statutes of 2017)</li> <li>○ \$27 million to the ARB from the Air Pollution Control Fund for local air districts' implementation of AB 617.</li> <li>○ \$35 million to the ARB from the Alternative and Renewable Fuel Vehicle Technology Fund for grants, rebates, and incentives for agricultural equipment, trucks, and tractors in order to reduce agricultural sector emissions</li> </ul> </li> </ul> </li> </ul>

Bill No.	Topic	Summary
		<ul style="list-style-type: none"> <li>o \$15 million to the ARB from the Air Quality Improvement Fund for grants, rebates, and incentives for agricultural equipment, trucks, and tractors in order to reduce agricultural sector emissions.</li> <li>▪ Repeals SRA appropriations to the Board of Equalization, Conservation Corps, and Department of Forestry and Fire Protection totaling \$95.7 million.</li> <li>▪ Adds authority for Department of Finance to reduce GGRF appropriations proportionately upon a determination that available auction proceeds are not sufficient; exempts administration and allocation of GGRF funds from Administrative Procedures Act provisions; and specifies that the ARB advance grant awards for certain programs.</li> <li>▪ Makes other technical and clarifying changes to the 2017 Budget Act, including: <ul style="list-style-type: none"> <li>o Extends the use of additional state preschool slots provided in 2017-18, that remain unused after first being offered to local educational agencies (LEAs) for full-day programs, to non-LEA and LEAs for part day programs.</li> <li>o Provides \$2.2 million in lease-revenue bond funding for ongoing capital projects at Riverside School for the Deaf to allow for project close-out and payment of delay claims. 3) Includes technical amendments related to child care eligibility requirements updated as part of the 2017 Budget Act</li> </ul> </li> </ul>
<a href="#">AB 129</a> <b>Chaptered</b>	Education finance	<ul style="list-style-type: none"> <li>▪ Revises timeline and methodology for updating specified calculations for determining eligibility for federal and state subsidized child development services;</li> <li>▪ Makes adjustments to Middle Class Scholarship Program regarding eligibility criteria and appropriation for 2017-18;</li> <li>▪ Reduces per-student award grant for the Community College Completion Grant Program;</li> <li>▪ Revises certain aspects of the Golden State Scholarship Trust Act;</li> <li>▪ Exempts specified implementing guidelines related to the Clean Energy Job Creation Program from the Administrative Procedure Act;</li> <li>▪ Repeals a provision in Proposition 56 (2016) related to education-based tobacco and nicotine prevention and reduction programs;</li> <li>▪ Extends the appropriation authority related to the California-Grown Fresh School Meals Account three years (from July 2018 to July 2021);</li> <li>▪ Makes other corrective and conforming changes related to education finance provisions previously adopted in the Budget.</li> </ul>
<a href="#">AB 130</a> <b>Chaptered</b>	Health and human services – IHSS	<ul style="list-style-type: none"> <li>▪ Makes technical changes to SB 90 (Chapter 25, Statutes of 2017) related to the In-Home Supportive Services (IHSS) Maintenance of Effort (MOE). Specifically, the measure specifies that sales tax general growth for 2016-17 be allocated to the social services subaccount, rather than the normal general growth allocation schedule. Additionally, the measure requires the State Controller to annually post on its website the unfunded social services caseload growth by county.</li> <li>▪ Provides \$20 million to the Department of Social Services (DSS) for immigration services funding, which will be available to existing providers for work on behalf of Deferred Action for Childhood Arrivals (DACA) clients.</li> <li>▪ Clarifies that skilled nursing facilities receiving a waiver from new clinical staffing requirements must continue to meet the previous staffing requirements to be eligible to participate in Medi-Cal's Quality and</li> </ul>



Bill No.	Topic	Summary
		<p>Accountability Supplemental Payment Program. This program withholds a portion of facilities' reimbursement rates to provide a supplemental payment to facilities with demonstrated quality of care improvements.</p> <ul style="list-style-type: none"> <li>▪ Clarifies that DSS shall allocate the \$5.4 million General Fund dollars appropriated in SB 89 (Committee on Budget and Fiscal Review, Chapter 24, Statutes of 2017), in a single payment to the State Controller, to the City of San Jose, for purposes of assisting homeless and low-income individuals displaced by the Coyote Creek flooding that occurred in February 2017.</li> </ul>
<a href="#">AB 131</a> Chaptered	Taxation - BOE clean-up	<ul style="list-style-type: none"> <li>▪ Contains clean-up language associated with previously approved reforms of the State Board of Equalization and the duties of the new entities - the Department of Tax and Fee Administration and the Office of Tax Appeals, as well as technical language associated with personal income tax law.</li> </ul>
<a href="#">AB 133</a> Chaptered	Cannabis regulation	<ul style="list-style-type: none"> <li>▪ Contains technical clean-up language associated with the Medicinal and Adult Use of Cannabis Regulation and Safety Act, including changes to state verification of local licensure and elimination of "separate and distinct" requirements for sale of recreational and medicinal cannabis.</li> </ul> <p><i>Note that local governments' concerns regarding state verification process provisions have been acknowledged, and the Administration has committed to working to address those concerns during Fall discussions and via emergency regulations. County associations therefore dropped their opposition this week to the cannabis trailer bill.</i></p>
<a href="#">AB 134</a> Chaptered	Higher education and additional cap-and-trade expenditures	<ul style="list-style-type: none"> <li>▪ Enacts changes and corrections associated with the 2017 Budget Act related to the cap-and-trade expenditure plan and higher education</li> <li>▪ Includes \$900 million from the Greenhouse Gas Reduction Fund for the Air Resources Board (ARB), including:             <ul style="list-style-type: none"> <li>○ \$85 million for grants, rebates, and incentives for agricultural equipment, trucks, and tractors to reduce agricultural sector emissions</li> <li>○ Up to \$140 million for the Freight Equipment Advanced Demonstration and Pilot Commercial Deployment Project, including projects for ships at berth and including provisional language prohibiting purchase of fully automated cargo handling equipment.</li> <li>○ Up to \$180 million for the Hybrid and Zero-Emission Truck and Bus Voucher Incentive Program, including at least \$35 million for buses</li> <li>○ Up to \$140 million for the Clean Vehicle Rebate Program, including provisional language to require the ARB to work with the secretary of labor and Workforce Development Agency to develop procedures for certifying manufacturers of vehicles included in the program are fair and responsible in the treatment of workers, and language that sets income limits consistent with Health and Safety Code Section 44274.3.</li> <li>○ Up to \$100 million for the Enhanced Fleet Modernization Program and PlusUp Pilot Project, replacement of school buses, Clean Vehicle Rebate Project rebates for low-income applicants, and light-duty equity projects pursuant to <a href="#">SB 1275</a> (Chapter 530, Statutes of 2014).</li> <li>○ Up to \$5 million for technical assistance grants for community organizations.</li> <li>○ Up to \$250 million to local air districts for the Carl Moyer Program and to incentivize clean trucks in accordance with ARB's Proposition 1B Guidelines.</li> </ul> </li> <li>▪ Provides \$1 million General Fund and \$2 million General Fund for the University of California and California State University respectively, to be used for the California DREAM Loan Program.</li> </ul>

Bill No.	Topic	Summary
<a href="#">AB 135</a> Chaptered	Transportation	<ul style="list-style-type: none"> <li>▪ Provides \$7 million one-time Proposition 98 General Fund for community colleges to provide emergency student aid to students with identified needs who are exempt from paying nonresident tuition under Section 68130.5 of the Education Code, and apply for financial aid using the Dream Act application.</li> <li>▪ Ensures cities and counties that receive funds from the Road Repair and Accountability Act of 2017, <a href="#">SB 1</a> (Chapter 5, Statutes of 2017), but use their own funds to start a project before the SB 1 funds begin flowing to them, can reimburse themselves when they receive their SB 1 apportionment from the Controller's Office; also allows for a 9-day grace period if a city or county fails to submit their project list to the California Transportation Commission (CTC) by the deadline.</li> <li>▪ Allows that for the specified California Department of Transportation (Caltrans) programs an implementing agency can expend its own funds on a project programmed by the CTC for a future year, and be reimbursed at a later time for eligible projects.</li> <li>▪ Allows small primarily rural transportation planning agencies to receive from Caltrans a single advance payment for programming, planning, and monitoring activities of no more than \$300,000 or less per year.</li> <li>▪ Expedites delivery of SB 1 funded projects for specified time period by authorizing the Secretary of Transportation to assume the federal government's responsibility for federal environmental review and clearance under the National Environmental Policy Act of 1969 (NEPA) for any railroad, public transportation, or multimodal project undertaken by state agencies.</li> <li>▪ Appropriates \$274.5 million from the Federal Trust Fund to Caltrans for the 2017-18 fiscal year for transportation-related purposes.</li> </ul>
<a href="#">SB 112</a> Awaiting action	State government	<ul style="list-style-type: none"> <li>▪ Contains a number of technical clean-up items relating to the 2017-18 budget, including clarifying language on the new employee orientation language, video visitation, and local contracting for housing federal ICE detainees; authorizes CalTRANS to make advanced payments of up to \$300,000 to transportation planning agencies and county transportation commissions for programming, planning, and monitoring, in addition to other provisions to authorize streamlining of project delivery.</li> </ul>



**REPORTS**  
Communication Only



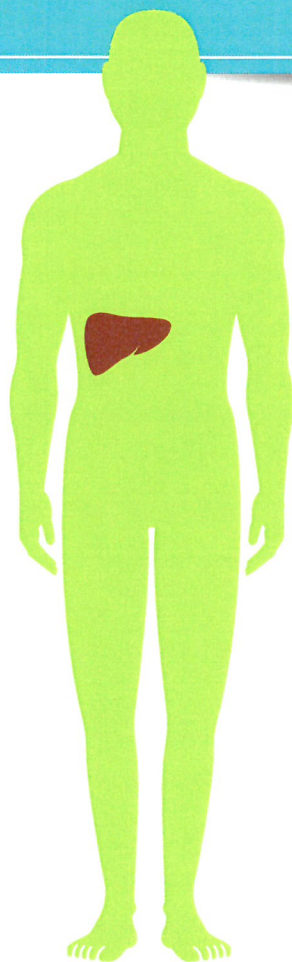
# HEPATITIS A VIRUS INFECTION

## Why Should You Care About Hepatitis A?

If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months. In some cases, people can die because of Hepatitis A.

## How Does Hepatitis A Spread?

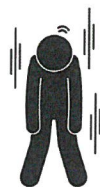
- Touching objects or eating food that someone with Hepatitis A infection handled
- Having sex with someone who has a Hepatitis A infection



## What Are the Symptoms of Hepatitis A?



Fever



Fatigue



Nausea



Loss of appetite



Jaundice  
(yellowing of the  
skin or eyes)



Stomach  
pain



Vomiting



Dark urine,  
pale stools, and  
diarrhea

If you think you have Hepatitis A because of these symptoms, see your doctor or visit the closest Emergency Room. Always wash your hands with soap and water after going to the bathroom and before preparing food.

## How Can You Prevent Hepatitis A?

- Get two shots of the Hepatitis A vaccine
- Don't have sex with someone who has Hepatitis A infection
- Use your own towels, toothbrushes, and eating utensils
- Don't share food, drinks, or smokes with other people

## For More Information

- Contact the Nurse's Line at 866-358-2966 option 5
- Dial 2-1-1 on your phone to learn where you can get the Hepatitis A vaccine

Fallbrook Clinic  
Fallbrook Community Resource Center  
202 W College St., Fallbrook, CA 92028  
(760)967-4401

**SERVICES**

Immunizations  
Tuberculosis Tests  
Blood Pressure Checks

**HOURS**

**2<sup>nd</sup> Monday of every Month**

10:00am-12:00pm

1:00pm-4:00pm

**3<sup>rd</sup> and 4<sup>th</sup> Tuesday's of every month**

By appointment only (call 760-967-4401)

Should you have any questions or concerns please contact the Public Health Center  
Manager, Audrey Lopez at (760)966-3800

**SERVICIOS**

Vacunas  
Pruebas de Tuberculosis  
Chequeos de Presion Arterial

**HORARIO**

**2do Lunes de cada Mes**

10:00am-12:00pm

1:00pm-4:00pm

**3er y 4to Martes de cada Mes**

Con cita solamente (llamar al 760-967-4401)

Si llegara a tener alguna pregunta o preocupacion porfavor dejele saver a la Gerente de El  
Centro de Salud Publica, Audrey Lopez al (760)966-3800

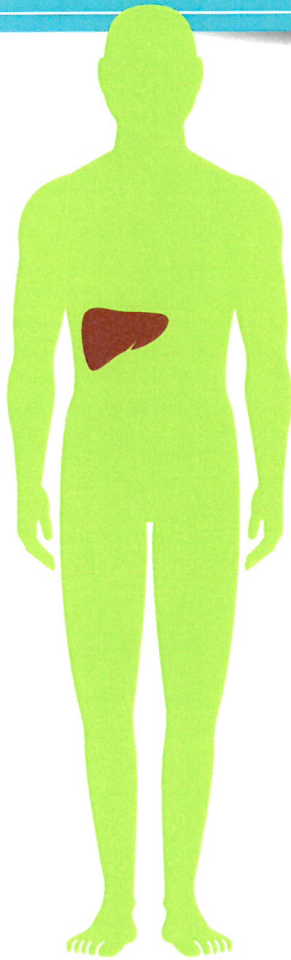


## ¿Porque Debe Importarle la Hepatitis A?

Si una persona está infectada con el virus de la Hepatitis A, puede transmitirlo fácilmente de persona a persona. La Hepatitis A causa una enfermedad en el hígado que puede durar unas cuantas semanas a meses, con el tiempo convirtiéndose en una enfermedad más seria. En algunos casos, las personas pueden morir debido al virus de la Hepatitis A.

## ¿Cómo se Transmite la Hepatitis A?

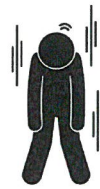
- Tocando objetos o comiendo alimentos que alguien con la infección Hepatitis A toco.
- Teniendo relaciones sexuales con alguien que tiene Hepatitis A.



## ¿Cuáles son los síntomas de la Hepatitis A?



Fiebre



Cansancio



Náusea



Pérdida de Apetito



Ictericia  
(Coloración amarillenta de piel u ojos)



Dolor Estomacal



Vómito



Orina oscura, heces blancas, y diarrea

Si usted cree que tiene Hepatitis A debido a estos síntomas, consulte a su médico o visite la sala de emergencias más cercana. Siempre lávese las manos con agua y jabón después de usar el baño y antes de preparar la comida.

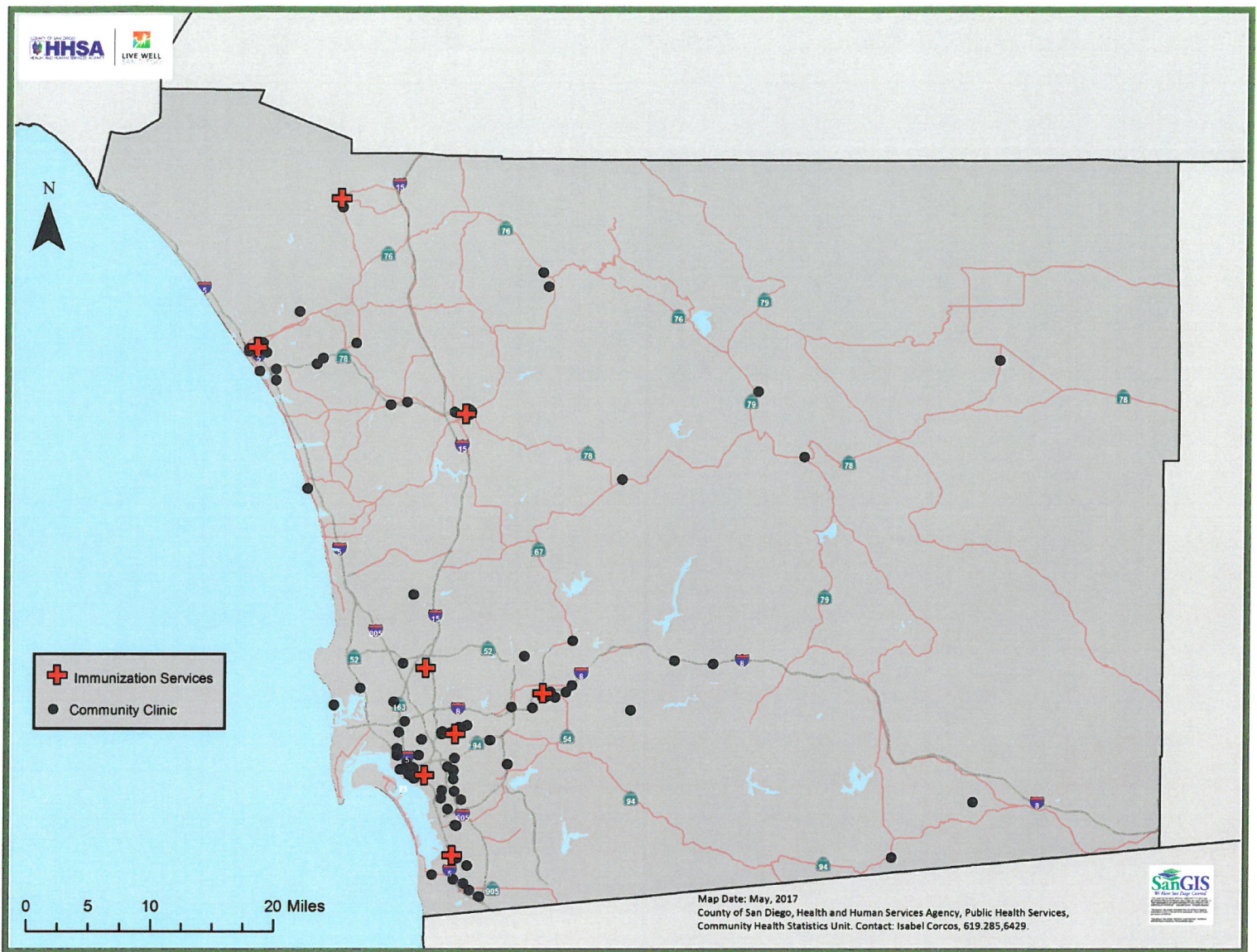
## ¿Cómo Puede Usted Prevenir la Hepatitis A?

- Recibir dos dosis de la vacuna contra Hepatitis A
- No tener relaciones sexuales con alguien que este infectado con la Hepatitis A
- No comparta toallas, cepillos dentales ni cubiertos
- No comparta comida, bebidas o cigarrillos con otras personas

## Para Más Información

- Comuníquese con la línea de Enfermeras al 866-358-2966, opción 5
- Marque 2-1-1 en su teléfono para saber dónde puede obtener la vacuna contra la Hepatitis A





There are many places around the County where you can get the Hepatitis A vaccine.

Dial 2-1-1 on your phone to find a place near you.





# FALLBROOK & BONSALL VILLAGE NEWS

ALSO SERVING THE COMMUNITIES OF DE LUZ, RAINBOW, CAMP PENDLETON, PALA, AND PAUMA

## FRHD to host two community forums on public meeting space, urgent care services Sept. 27 and 28

*By Newsroom on September 15, 2017* [Comments](#)

FALLBROOK – The Fallbrook Regional Health District, which recently voted unanimously to sell the former Fallbrook Hospital, will host two separate community forums to discuss potential uses for public meeting space and an open dialog about urgent care services.

The community forum on public meeting space will take place on Wednesday, Sept. 27 followed by the urgent care services community forum on Thursday, Sept. 28. Both meetings will happen from 1:30 p.m. to 2:30 p.m. at the Fallbrook Library, 124 S. Mission Road. For more information on the community forums, contact [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org).

"During our recent public meetings on the sale of the former hospital, two questions often came up: 'Can the district create a public meeting space?' and 'Can we expand urgent care services beyond what's already being provided?'" said executive director Bobbi Palmer. "The Fallbrook Regional Health District wants these two community forums to serve as an open dialog to revisit both topics and allow us drill down to some more specifics."

On Sept. 27, district staff will lead discussions around some possible uses already mentioned at public meetings including, health center activities, non-profit business meetings, computer lab and support groups.

"The Fallbrook Regional Health District agrees the community could benefit from more public meeting space," Palmer said. "We welcome any and all ideas on how to best serve our residents."

While the Sept. 28 meeting will focus on any improvements or expansion upon urgent care services in the Fallbrook Regional Health District area. Currently, local urgent care services available at A+ Urgent Care, Fallbrook Medical Center/ Urgent Care and Fallbrook Family Health Center include: complete laboratory services, electrocardiograms, primary care for adults and children, preventative and restorative dental care for adults and children, minor surgical procedures, prenatal and maternal services, health education, teen counseling, child health and disability program, optometry, and well baby and well child exams.

"Our urgent care clinics accept virtually all programs and even offer sliding-fee scale for those without coverage," Palmer said. "Patients care ranges from preventative care and prenatal to even electrocardiograms and sprains. We want nothing but the best for our community and welcome ideas to improve our urgent care services."

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, patients with low or fixed incomes, and underserved populations.

Since 2000, the district community health contracts have supported more than 270 health programs offering no-cost services for the North San Diego County unincorporated communities of Bonsall, Del Luz, Fallbrook and Rainbow.

In the last five years, the District granted about \$3 million in health services benefiting the public.



## 4 Responses to "FRHD to host two community forums on public meeting space, urgent care services Sept. 27 and 28"

1.



Dan Ramirez September 15, 2017 at 6:40 pm

Lies! The PLus urgent care turned us away when we took my sister in to be evaluated for her heart symptoms. All they offered was to call ambulance. No blood pressure check. No heart rate check and no offer of a blood test, KEG or oxygen. In my opinion they are only good if you have a minor "boo-boo! We'll never go there again

Reply

2.



B Bart September 15, 2017 at 8:23 pm  
why not 3:15 am?

Reply

3.



Samantha Berryessa September 17, 2017 at 8:28 am

Fallbrook Hospital billing should have been kept in order with Board oversight, so that it wasn't shut down to begin with. The Board should have kept its licensing so that this community had a hospital run by an honest management company. This did not happen. Since that time countless traffic accidents have injured residents and visitors alike. The Fire Department is stuck with its limited budget doing transport and EMT to far reaching areas. Residents have suffered and will continue to suffer because of these poor decisions and other decisions regarding the sale of this facility. People are moving and selling property, because these bad decisions have endangered our town's population. This is what was discussed.

Reply

4.



grunt September 19, 2017 at 8:58 pm

1, Please explain (I have asked before) how you "collects roughly \$1.6 million annually" (totally roughly \$8 million" over 5 years, but only spend \$3 million. Where does the rest of the money go?

2. Will the public meeting place cost the taxpayer? Of course it will – regardless of what government agency "pays" for it. We have the public library meeting room, the public utility offices have a meeting room, several Churches in town make their (non-sanctuary) rooms open to meeting (sometimes free sometimes for a small fee). Heck, I bet renting the grand tradition for the few meetings that would not fit in one of the fore mentioned would be cheaper than building/buying a meeting space.

three articles in this issue deal with government agencies increasing fees. Each time the state/county does this, the taxpayers quality of life decreases, we do not get pay increases to match. People who work and pay taxes are leaving the area – replaced by people who use tax funded agencies but do not contribute.



## HEALTH

# WOW program shows how to melt pain away

**Lucette Moramarco**  
Staff Writer

Fallbrook Regional Health District (FRHD) sponsored its latest Woman of Wellness program Sept. 7 with Pilates instructor Kat Folger introducing the MELT Method®, a self-treatment technique that reduces pain.

Folger was introduced by FRHD special projects coordinator Pam Knox, who is taking MELT classes with her. Knox said her own pain and stiffness have improved since starting the class a few months ago, so she invited Folger to explain the method in a WOW program at Fallbrook Library.

More than 60 women and men attended the presentation and were able to use small rubber hand and foot balls to try out the exercises as Folger demonstrated them. The science-based MELT hand and foot treatment puts pressure on targeted locations on the hands and feet to rehydrate the connective tissues in the body, making it feel and function better.

Folger said a lot of people are in pain, even athletes and trainers. The pain comes from the nervous system and, more than anything else, the connective tissue in the hands, feet and spine.

Exercises with the balls can be done daily while sitting or

standing. A soft foam roller can be used to treat the spine in similar exercises. "The intelligent body can adapt, improve, get better," Folger said. MELT addresses the "stuck stress" caused by repetition [of activities], she added.

Even before pain starts, people need to restore and rebalance their connective tissues as they age. "Healthy connective tissue absorbs water," she explained and, when it is not healthy, it does not function well which causes pain.

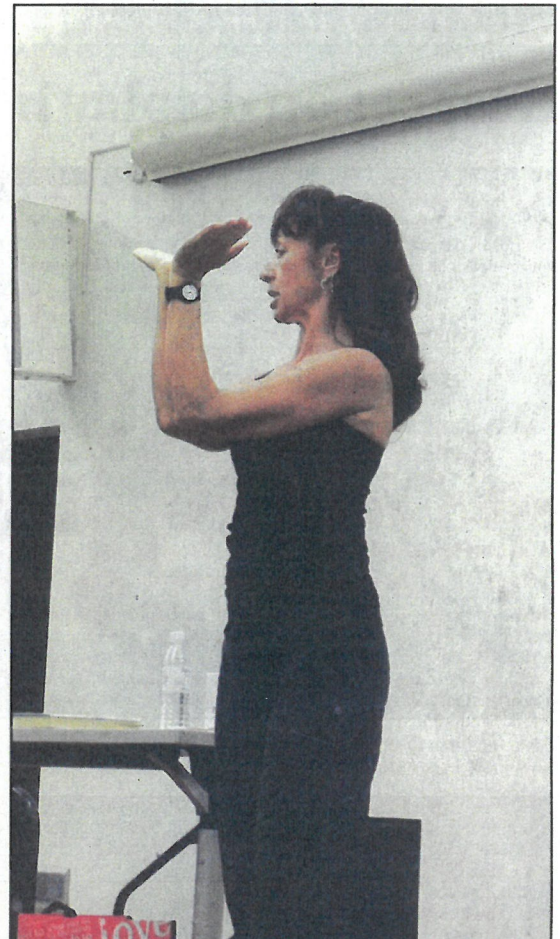
As it ages, the body becomes inefficient and barriers develop inside as the connective tissue becomes dehydrated. According to Folger, this is why 85 percent



The MELT treatment involves the use of tolerable pressure on different points of the palms of the hand to improve flexibility and strength. Lucette Moramarco photos



Kat Folger shows how to use a rubber ball to put pressure on the ball of the foot in the MELT treatment.



MELT instructor Kat Folger demonstrates a wrist assessment; the hands should form a letter 'Y'. If they form a 'Y', that means there is tightness running between the hands and neck which may be causing pain, stiffness and poor posture.

of athletes are in pain. "Rehydrate so you don't have issues with your tissues," she advised.

It is important to assess how one's body feels before starting MELT exercises, and then reassess afterwards, "giving the body a chance to be aware of change," Folger said.

She had everyone take their socks and shoes off, and drink some water before starting the exercises standing up. She then had them take a deep breath and, eyes closed, allow their bodies to sense any tension present. Next, she instructed them to lift all 10 toes and feel how the body's autopilot supports it as its center of gravity is altered.

Using different size rubber balls depending on the exercise, Folger had the participants lean on the ball at several different points in the bottom of their feet and the

palms of their hands. Each person determined how much pressure to use; "we don't create pain to get out of pain," she said.

Just as the hands are constantly used every day, the feet carry the body's weight throughout the day. The MELT treatment not only relieves foot pain, it also helps alleviate tension in the low back and spine, Folger said.

In one exercise, a rubber band is used, around the two big toes together, along with one of the small balls between those toes, to lubricate the tendon of the big toe and prevent or reduce painful bunions in just a few minutes a day. These exercises can help with issues in other parts of the body too, Folger said.

For more information about the MELT program, go to [meltmethod.com](http://meltmethod.com). The next WOW program will be held Oct. 5.





*Community Health Together*

## **Fallbrook Regional Health District Presents on Website Compliance at Healthcare Conference**

### **Executive Director Bobbi Palmer Addresses Peers at Annual Meeting in San Diego**

FALLBROOK, Calif. (Sept. 18, 2017) ---- The Fallbrook Regional Health District presented before peers statewide on website compliance at the Association of California Healthcare Districts 65<sup>th</sup> Annual Meeting held recently at the Kona Kai Resort & Spa in San Diego.

The lunch session addressed the various public information access points the district undertakes to make available through its website at [www.fallbrookhealth.org](http://www.fallbrookhealth.org). Led by Executive Director Bobbi Palmer, along with Administrative Assistant Linda Bannerman and the district's website contractor, Sloane Dell'Orto of Streamline, they covered various pressing legal requirements mandated by various laws.

"Websites today must make access to information as easy as possible for the public," Palmer said. "Our website allows citizens to make public records act requests, they can view all our financial reports and they have access to our meeting agendas and minutes."

A bill expected to be signed this year and enacted in 2018, AB 1728, applies specifically to health care districts, some of which do not have websites or enough legally-required information readily available to the public.

"Fallbrook Regional Health District is proud to lead the charge on being as open and compliant as possible," Palmer said. "We hope our presentation provided our health district peers with valuable information to create a higher standard of public information access across California."

This year's Annual Meeting of Association of California Healthcare Districts focused on preparing health care districts for the challenges ahead and the role of Districts in the face of change.

For the first time, the Annual Meeting kicked off with a Women's Leadership Breakfast featuring Chula Vista Mayor Mary Salas, Former state Assembly Republican Leader Connie Conway and moderator Michelle Bholat, M.D., of Beach Cities Health District.

Palmer headed up the effort to bring together this panel of women leaders in the hopes of spurring more involvement and discussion among women in the industry.



“It’s an exciting time to see more women in the health industry and particularly, women of color rising through the ranks,” Palmer said. “Even though the U.S. Bureau of Labor reports that women make up 78 percent of the health care industry, we represent just 21 percent in executive roles. Hopefully, this annual breakfast will serve as an inspiration to women and men in our industry to expand our leadership diversity.”

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, patients with low or fixed incomes, and underserved populations. Since 2000, the district community health contracts have supported more than 270 health programs offering no-cost services for the North San Diego County unincorporated communities of Bonsall, Del Luz, Fallbrook and Rainbow. In the last five years, the District granted about \$3 million in health services benefiting the public.

# # #

#### ABOUT Fallbrook Regional Health District

Fallbrook Regional Health District is a special district covering affordable community health needs in the communities of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports nearly \$700,000 annually in full spectrum community health programs and services, including behavioral health, screenings, preventative treatment and urgent care. Learn more about community health needs provided by the district at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

Contact:

Erica Holloway  
Galvanized Strategies, on behalf of Fallbrook Healthcare District  
(619) 796-1651  
[erica@galvanizedstrategies.com](mailto:erica@galvanizedstrategies.com)

## **Fallbrook Regional Health District Executive Featured Among Women Leaders**

Executive Director Bobbi Palmer Named in ‘Outstanding Women in Business’

FALLBROOK, Calif. (Sept. 23, 2017) ---- Executive Director Bobbi Palmer, MBA, MSW of the [Fallbrook Regional Health District](#) gushed to *The Village News* upon hearing of her ‘Outstanding Women in Business’ honor: “It probably sounds cliché; however, I enjoy serving.”

The fall 2017 issue of *The Village News Lifestyle* magazine puts Palmer in good company, featuring country music icon LeAnn Rimes on the cover. The magazine profiles female elected and business leaders from around North San Diego County making in a difference in the world.

Certainly, Palmer’s one such trailblazer. With two master’s degrees in social work and business, Palmer brings a lot of heart to her career. She started in clinical work helping children and families.

“Working with children and families is rewarding work,” Palmer said. “You never know when your influence and understanding might make all the difference later.”

A keen political mind, she also served in board positions with Association of California Healthcare Districts and California Special District Administration where she dug into the policy side of health.

Palmer served her most recent CEO tenure at the Los Medanos Community Healthcare District in the San Francisco area.

“By serving and by listening I’m able to connect with people and truly hear their concerns,” Palmer told *The Village News*.

Certainly, those skills came in handy in taking over the executive director position in early 2016 at a transitional time for the Fallbrook Regional Health District and its 57,000 residents. After more than 2.5 years searching for a buyer of the closed Fallbrook Hospital, Palmer set out to accomplish the task - and by the summer of 2017, she did.

The district board voted unanimously to sell the closed facility to Crestwood Behavioral Health Inc. and open the Fallbrook Healing Center. During her tenure, she has also cut district costs, helped put another new ambulance in the community and increased no-cost services for the public by more than 35 percent.

“It has not lacked for excitement around here,” Palmer said. “We’ve done a whole lot and we’re going to a whole lot more. Tackle fall prevention and aging in place, plant our first community



garden and expand services for our health disparities. Our team may be small, but it is mighty and we have big plans for the Fallbrook Regional Health District. ”

Catch Palmer’s ‘Outstanding Women in Business’ profile here:

<https://issuu.com/villagenewsinc/docs/fall2017lifestyle>

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, patients with low or fixed incomes, and underserved populations. Since 2000, the district community health contracts have support about 300 health programs offering no-cost services for the North San Diego County unincorporated communities of Bonsall, Del Luz, Fallbrook and Rainbow. In the last five years, the District granted more than \$3.5 million in health services benefiting the public.

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#### ABOUT Fallbrook Regional Health District

Fallbrook Regional Health District is a special district covering affordable community health needs for the low- and fixed-income residents of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports more than \$850,000 annually in full spectrum community health services addressing top health disparities, including behavioral health, cancer, diabetes, heart disease and stroke. Learn more about community health services provided by the district at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

Contact:

Erica Holloway

Galvanized Strategies, on behalf of Fallbrook Healthcare District

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[erica@galvanizedstrategies.com](mailto:erica@galvanizedstrategies.com)

# Fallbrook Regional HEALTH DISTRICT

138 South Brandon Road • Fallbrook CA 92028  
760-731-9187 • Fax 760-731-9131

## NEWS RELEASE FOR IMMEDIATE RELEASE

From: Fallbrook Regional Health District  
138 S. Brandon Road, Fallbrook, CA 92028  
P.O. Box 2587, Fallbrook, CA 92088

Contact: Bobbi Palmer, Executive Director  
Office: (760) 731-9187 Fax: (760) 731-9131  
bpalmer@fallbrookhealth.org

Date: September 25, 2017

Re: SDRMA President's Special Acknowledgement Award Presented to  
Fallbrook Regional Health District 2017-18

Fallbrook, CA – The Fallbrook Regional Health District received the “President’s Special Acknowledgement Award” from the Special District Risk Management Authority (SDRMA) to formally acknowledge the dedicated efforts of the Fallbrook Regional Health District’s Governing Body, management and staff towards proactive risk management and loss prevention training.

The Award is to recognize members with no “paid” claims during the prior five consecutive program years in SDRMA’s Property/Liability Program. It is through the efforts of members such as Fallbrook Regional Health District that SDRMA has been able to continue providing affordable property/liability coverage to over 500 public agencies throughout California.

In addition to this recognition, members with no “paid” claims during 2016-2017 earned Credit Incentive Points (CIPS) reducing their annual contribution amount and members with no “paid” claims for the prior 5 consecutive program years earned additional bonus CIPS.

Special District Risk Management Authority is a public agency formed under California Government Code Section 6500 et seq. and has provided a full-service risk management program for California’s local governments for over 30 years.

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*Community Health Together*

## **Fallbrook Regional Health District Vice President to Chair State Healthcare Association**

Howard Salmon Appointed to Association of California Healthcare Districts Board

FALLBROOK, Calif. (Sept. 26, 2017) ---- Board Vice President Howard Salmon, MHA, FACHE, of the [Fallbrook Regional Health District](#) has been appointed board chair of the Association of California Healthcare Districts (ACHD).

The ACHD represents Healthcare Districts throughout the state. The Association serves the diverse needs of California's healthcare districts by enhancing public awareness, training and educating its members and advocating for legislation and regulatory policies that allow healthcare districts to deliver the best possible health services to Californians.

"It is an honor to be elected Chairman of the Association of California Healthcare Districts Board," Salmon said. "District boards are publicly elected to address the unique health needs of their residents.

"ACHD supports and advocates for healthcare districts as they provide services to meet their communities' specific health requirements," Salmon continued. "I look forward to continuing to help move ACHD in a new and positive direction."

Salmon's career in healthcare includes tenures as a hospital CEO, a healthcare executive and management consultant. Salmon received his Masters in Healthcare Administration from the University of Minnesota. He is a Fellow of the American College of Healthcare Executives and is certified in that field. He and his wife, Leslie, moved to Fallbrook in 2011. They have two children and five grandchildren.

"We're delighted to see Howard represent Fallbrook Regional Health District at the statewide level," said Executive Director Bobbi Palmer. "It lends us a broader, birds-eye view of the challenges facing community-based health as we continue to innovate locally to address our health disparities."

For a full list of Directors on the ACHD Board, click [here](#).

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### ABOUT Fallbrook Regional Health District

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Galvanized Strategies, on behalf of Fallbrook Healthcare District  
(619) 796-1651  
[erica@galvanizedstrategies.com](mailto:erica@galvanizedstrategies.com)



## Fallbrook Hospital \$4.5M Sale Closes Escrow

Fallbrook Regional Health District Sells Closed Facility to Crestwood Behavioral Health

**FALLBROOK, Calif. (Oct. 2, 2017)** ---- On September 29, the [Fallbrook Regional Health District](#) received confirmation of escrow closing on the \$4.5 million sale of the closed Fallbrook Hospital to Crestwood Behavioral Health Inc. The new owners will break ground soon on renovations to reopen as the [Fallbrook Healing Center](#).

After nearly three years of searching for a buyer, Crestwood opted to buy the facility that will take patients through county health department referrals. On May 10, the health district board voted unanimously to sell the vacant building at 624 East Elder to Crestwood and ratified the sale at a special meeting on July 28 with an intended close of escrow on July 31.

However, the health district was notified by the County of San Diego that the property required resolution of a lot line adjustment and a 1989 lien agreement before close of escrow.

**“The Fallbrook Healing Center will revitalize that building and bring much-needed health care services to our community,”** said board President Gordon Tinker. **“We’re excited to work with Crestwood and their exceptional team on the next steps, which will mean investment and added jobs in our community.”**

The close of escrow comes after several regular and special board meetings where more than 300 residents shared feedback with the district board on the sale of the public property. Board members tabled the item at its July 12 regular meeting to do more fact-finding, including personal tours of Crestwood facilities, to address questions raised by the community.

The 50-year-old Fallbrook Hospital closed in November 2014 after soliciting proposals from more than 10 health systems in the region. Several more proposals and offers fell through in the years following as the Fallbrook Regional Health District spent about \$200,000 a year on basic maintenance and security of the building.

The Fallbrook Hospital was last managed under a 30-year lease agreement by Tennessee-based Community Health Systems. The company closed the hospital’s labor and delivery department in September 2014 and announced it planned to shutter emergency and intensive care departments in November of that year. CHS reported to shareholders it lost nearly \$6 million operating Fallbrook Hospital in 2013 alone.

Fallbrook’s situation is not unique. Since 2010, a [report](#) found that at least 82 rural hospitals have closed across the country with another 700 at risk of closure.

**“The board served the Fallbrook Regional Health District and its constituency with the utmost integrity throughout this long, trying process,”** said Executive Director Bobbi Palmer, MBA, MSW. **“Their superb and steadfast leadership ultimately paved the way to reduce barriers to quality health care and cut district costs which allow us to support 35 percent more community health needs for our residents.”**

The 100-bed Fallbrook Health Center will bring 108 full-time permanent positions and another 10 part-time positions in addition to the immediate construction jobs. Crestwood has committed at least \$2 million for the construction project, though company representatives said it could cost the company up to \$4 million.

**“We are delighted to be the newest member of the Fallbrook community,” said Executive Vice President Patty Blum, Ph.D., of Crestwood Behavioral Health Inc. “Today is an exciting and monumental day. This was a long and important community discussion and the result will be to preserve the provision of healthcare at the Fallbrook Hospital site while providing much need behavioral health services.”**

The project plans to break ground in the coming months and open in 2018.

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, patients with low or fixed incomes, and underserved populations. Since 2000, the district community health contracts have support about 300 health programs offering no-cost services for the North San Diego County unincorporated communities of Bonsall, Del Luz, Fallbrook and Rainbow. In the last five years, the District granted more than \$3.5 million in health services benefiting the public.

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#### ABOUT Fallbrook Regional Health District

Fallbrook Regional Health District is a special district covering affordable community health needs for the low- and fixed-income residents of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports more than \$850,000 annually in full spectrum community health services addressing top health disparities, including behavioral health, cancer, diabetes, heart disease and stroke. Learn more about community health services provided by the district at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

#### Contact:

Erica Holloway  
Galvanized Strategies, on behalf of Fallbrook Healthcare District  
(619) 796-1651  
[Erica@galvanizedstrategies.com](mailto:Erica@galvanizedstrategies.com)

#### ABOUT Crestwood Behavioral Health, Inc.

Crestwood Behavioral Health Inc. is proud to be California’s leading provider of mental health services, assisting thousands of clients from across the state. Our focus is on creating strong relationships with counties in which we both have a financial commitment, providing the services which are tailored to meet our clients’ specific needs, and reinforcing a common set of values that guide our practices and policies. Learn more at [www.crestwoodbehavioralhealth.com](http://www.crestwoodbehavioralhealth.com).

#### Contact:

Larry Kamer  
Kamer Consulting Group, on behalf of Crestwood Behavioral Health, Inc.  
(415) 290-7240  
[lkamer@kamergroup.com](mailto:lkamer@kamergroup.com)





**Thursday, October 5, 2017**

**Fallbrook Library**

**124 S. Mission Rd.**

**6:00 p.m. – Social & Refreshments**

**Sponsored by**

**Fallbrook Regional**  
HEALTH  **DISTRICT**

*Featured Presentation:*

***“Sarcopenia”***

***Muscle loss/body composition changes are major contributors to falls and fractures as we age.***

***Receive a free medical grade body composition analysis and printout.***

***Presenter:***

***Dean Sbragia, CEO***  
***Medical Fitness Solutions***

**Free Event including Refreshments • Door Prizes**

**Please Note: No need for Reservations at this time**  
**Please plan to attend and bring a friend!**

**Questions? Contact Pam Knox at [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org)**  
**Or call 760-731-9187**



## **DISCUSSION/ACTION ITEMS**



## **DISCUSSION/ACTION ITEMS**

Consideration and Adoption of  
Accrued Vacation and Sick Time/Holidays

	Policy #1080	Page 1 of 2
	Title: Working Hours, Sick Leave, Overtime, Vacation Pay, and Holidays	
Policies and Procedures Manual	Latest Revision Date: 9/27/2017	

**WORKING HOURS, SICK LEAVE, OVERTIME, AND VACATION PAY**

The following provisions are applicable for all non-exempt employees, except those whose employment is covered by a separate contract with the District.

A. Working Hours.

Regular working hours for all non-exempt employees are forty (40) hours per week, Monday through Friday, excluding one hour duty-free, mid-day meal period.

B. Sick Leave.

Sick leave with pay shall be granted to all employees at the rate of one (1) hour per every thirty (30) hours worked; a full-time employee (2,080 hours/year) shall earn seventy (70) hours of paid sick leave per year. Unused sick leave may be carried over to the next year. Accrual of unused sick leave shall be capped at 90 days.

Upon Termination, all accumulated sick leave shall be forfeited by the employee and shall not be eligible for compensation or lump sum payment at termination of employment.

C. Overtime.

Overtime is defined as any hour or part thereof worked in excess of eight (8) hours per week, or forty (40) hours per week. There may be occasional need to work overtime hours, which shall be non-compulsory. Overtime hours shall be compensated at an hourly rate, in accordance with applicable state and federal law.

D. Vacation Pay.

Nonexempt District employees shall earn vacation from the date of employment on a pro rata basis. During the first five (5) years, employees shall be entitled to ten (10) workdays per year. After five years of service, employees shall be entitled to fifteen (15) workdays per year. Vacation time may be taken incrementally with advance approval of the Executive Director.



	Policy #1080	Page 2 of 2
	Title: Working Hours, Sick Leave, Overtime and Vacation Pay.	
Policies and Procedures Manual	Latest Revision Date: 9/26/2017	

E. Vacation/Accrual Limitation.

The maximum amount of unused vacation time that may be carried over to a new calendar year shall be the amount of vacation time that an employee is entitled to accrue in two consecutive anniversary years (“the vacation cap”). For an employee in the first five (5) years of service, he or she will be allowed to carry over a maximum of twenty (20) days of vacation into the third year. Further accrual of vacation time will not occur until the employee had taken at least ten (10) days of vacation and is under that vacation cap level of accrued, unused time.

F. Holidays.

All nonexempt District employees are entitled to receive compensation for all District observed Holidays. Full time employees shall receive a full eight hours of holiday pay, while part time employees shall receive four hours of pay per holiday. The District shall observe the following Holiday Schedule:

1. New Years’ Day
2. Martin Luther King Day
3. Presidents Day
4. Memorial Day
5. Independence Day
6. Labor Day
7. Admissions Day\*
8. Columbus Day\*
9. Veterans’ Day
10. Thanksgiving Day
11. Christmas Day

With advanced notice and approval of the Executive Director, employees may be allowed to float designated (\*) holidays to coincide with other calendar dates, not to exceed more than two (2) consecutive holidays from work in any given calendar month. Current practice of the District is to float the (\*) designated holidays for use on the Friday after Thanksgiving and Christmas Eve Day.

## **DISCUSSION/ACTION ITEMS**

LAFCO Recommended Boundary Change



LAW OFFICES  
SCOTT & JACKSON  
16935 WEST BERNARDO DRIVE, SUITE 170  
SAN DIEGO, CA 92127-1635

JEFFREY G. SCOTT  
BLAISE J. JACKSON  
JAMES R. DODSON

FAX (858) 675-9897

DATE: October 5, 2017

TO: Board of Directors,  
Fallbrook Regional Health District

FROM: Blaise Jackson,  
General Counsel

RE: Tri-City HCD LAFCO Application, Annexation/boundary  
adjustment with Fallbrook Regional Health District

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Just prior to the Regular Board meeting last month, our office was contacted by Tri-City's General Counsel, Adriana Ochoa, who advised that our neighboring District was processing an application to San Diego LAFCO to adjust boundaries between the respective Districts. This adjustment, consisting of roughly 2,737 acres of FRHD's operating territory (about 3% of the total), represents the southwest portion of the FRHD lying within the Oceanside city limits.

Ms. Ochoa was requesting that FRHD Board consider the application request and advise whether or not FRHD would stand in opposition. I have reviewed the maps in question (see attached maps 1 through 3) and re-visited LAFCO's Municipal Services Review report from 2015 pertaining to Health Districts ("MSR Report"). The area which Tri-City seeks to detach from FRHD and add to its boundary is consistent with recommendations made in the MSR report.

The principal impact of this would be financial and given the projected property tax revenues next year of \$1,800,000, a 3% loss of taxable property area would result in a net negative to the District of \$54,000.00 going forward. This number could fluctuate in either direction depending on the changes in assessed value for the individual parcels in question - i.e. how recently these have changed ownership and how the assessed values have been impacted. That said, the loss of revenue alone is scant justification for objecting to the change recommended in the MSR report. If the Board wished to go on record in opposition to the application, a motion, second and a vote to so would be appropriate.

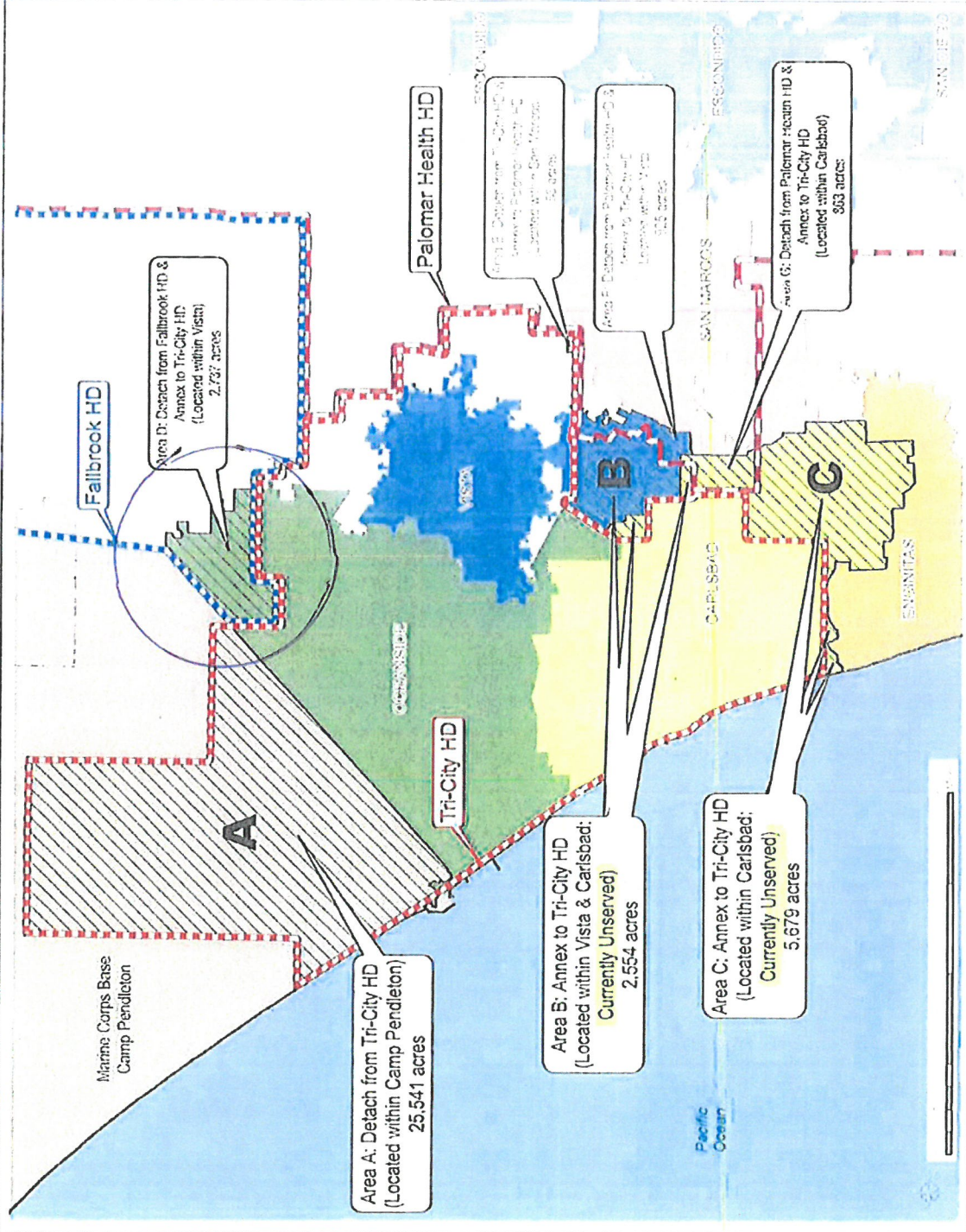
# Tri-City HD: Potential Boundary Changes

**Potential Boundary Changes**

- Tri-City HD
- Fallbrook HD
- Palomar Health HD
- Camp Pendleton
- HD Hospitals





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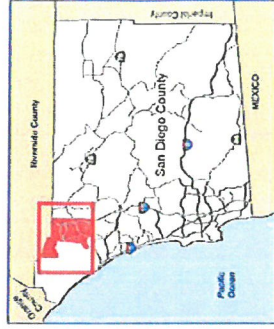


# Fallbrook Healthcare District

## LEGEND

-  Fallbrook HD
-  Sphere of Influence (SOI)
-  Special Study Areas

SOI Adopted: 6 / 2 / 86  
 SOI Affirmed: 8 / 6 / 07  
 SOI Affirmed: 5 / 4 / 15



SAN DIEGO LAFCO



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