



# Fallbrook Regional HEALTH DISTRICT

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

## **BOARD OF DIRECTORS MEETING**

WEDNESDAY  
FEBRUARY 8, 2023

6:00 PM

AT

**HYBRID MEETING  
FALLBROOK REGIONAL HEALTH DISTRICT  
ADMINISTRATIVE OFFICE  
138 SOUTH BRANDON ROAD  
FALLBROOK, CA 92028**



**AGENDA**  
**BOARD OF DIRECTORS MEETING**  
February 8, 2023, 6:00 p.m.  
Hybrid meeting held at Administrative Office,  
1<sup>st</sup> Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar by using the following link:  
<https://us02web.zoom.us/j/87605337985?pwd=NU pneE5BeFM4dEI0Y0dFcGROSmZJdz09>  
Meeting ID: 87605337985. Participants will need to download the Zoom app on their mobile device. Members of the public will also be able to participate by telephone using the following dial in information: Dial in #: (310) 372-7549, Passcode 660448.

- A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE**
- B. APPROVAL OF THE AGENDA**
- C. PUBLIC COMMENTS - ANNOUNCEMENT**

Members of the public may address the Board regarding any item listed on the Agenda at the time the item is being considered. Members of the public may also speak on any item not listed on the Agenda which falls within the subject matter jurisdiction of the District immediately prior to Board Comments & Items for Subsequent Meetings section below. Members of the public attending in-person need to fill-out a "Request to Speak" card and those attending by webinar need to raise your hand at this time and identify the Agenda item they would like to speak on. The Board has a policy limiting any speaker to not more than five minutes.
- D. GRANTEE PRESENTATION – MICHELLE’S PLACE CANCER RESOURCE CENTER- Amber Berkey**
- E. CONSENT ITEMS**
  - E1. Minutes of January 4, 2023, Finance Committee Meeting.....
  - E2. Minutes of January 11, 2023, Board of Directors Meeting.....
  - E3. Minutes of January 18, 2023, Facilities Committee .....
  - E4. Minutes of January 18,2023, Strategic Planning Committee .....
  - E5. Minutes of January 21, 2023, Board Training & Workshop .....
  - E6. Minutes of January 25, 2023, Facilities Committee .....
  - E7. Minutes of January 25, 2023, Governmental & Public Engagement Committee.....
  - E8. Consideration of Resolution 459 – Re-Ratifying the State of Emergency and Re-Authorizing Remote Teleconference Meetings .....
- F. REPORTS/POSSIBLE ACTION**
  - F1. Finance Committee – Directors Brown and Jeffries.....
  - F2. Facilities Committee – Directors Jeffries and Mroz .....
  - F3. Strategic Planning Committee – Directors Leach and Mroz .....
  - F4. Governmental & Public Engagement – Directors Stanicek and Leach .....
  - a. Community Health & Wellness Center Administrator Theresa Geracitano
  - F5. Chief Executive Officer – Rachel Mason.....
  - F6. General Counsel – Jeffrey Scott .....
- G. DISCUSSION/POSSIBLE ACTION ITEMS**
- H. COMMENTS BY MEMBERS OF THE PUBLIC ON ITEMS NOT ON THE AGENDA**
- I. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS**

Other Director/Staff discussion item. Item(s) for future board agendas

Announcements of upcoming events:

See the District website event calendar at <https://www.fallbrookhealth.org/community-health-wellness-center>

**Facilities Committee** - 3<sup>rd</sup> Wednesday, **February 15, 2023**, at 2:00 pm.

**Strategic Planning Committee** - 3<sup>rd</sup> Wednesday, **February 15, 2023**, at 5:30 pm.

**Governmental and Public Engagement Committee** – 4<sup>th</sup> Wed., **February 22, 2023**, at 5:30pm

**Next Board of Directors Meeting** – 2<sup>nd</sup> Wednesday, **March 8, 2023**, 6:00pm

## J. ADJOURNMENT

**NOTE:** I certify that on Monday, February 6, 2023 I posted a copy of the foregoing agenda near the regular meeting place of the Board of Directors of Fallbrook Regional Health District, said time being at least 72 hours in advance of the meeting. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

A handwritten signature in blue ink, reading "Rachel Kilbi", written over a horizontal line.

Executive Assistant / Board Clerk



**MINUTES  
FINANCE COMMITTEE**

**Wednesday, January 4, 2023, at 4:30 P.M.**

**Virtual and In-Person at Administrative Office, 1<sup>st</sup> Floor Community Room, 138 S. Brandon Rd., Fallbrook**

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

1. Call to Order/Roll Call

Committee Chair Terry Brown called the meeting to order at 4:30 p.m.

In attendance: Committee Members Terry Brown and Jennifer Jeffries. CEO Rachel Mason, Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator, Theresa Geracitano (Note: Accountant Susan Woodward was absent)

2. Public Comments - Announcement  
None

3. Review of Financial Statements for **November 2022**

Report 1 – Balance Sheet Comparison of **November 2022**

Report 2 – Income Statement for the Month Ended **November 2022 & Fiscal Year to Date**

Report 3 – Profit & Loss Actual vs YTD Budget – **November 2022**

Report 4 – Approved Annual Budget **July 2022 – June 2023**

Report 5 – Local Agency Investment Fund (LAIF) Statement – **November 2022**

Report 6 – CalTrust Statement – **November 2022**

FRHD Compliance Report

Report 7 – Property Tax Revenue – **July 2022 – November 2022**

Report 8 – Check Detail Report as of **November 2022**

Report 9 – VISA Credit Card Statement – **November 2022**

Report 10 – Community Investment Fund Report as of **November 2022**

Committee Chair Terry Brown reviewed the above November 2022 financial reports.

*Disclosures:* The investments of the District are in compliance with the District's 2022-23 Investment Policy. The balances in the district's investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.

4. Discussion Items

4a. Discussion of Current Audit Status

Committee Chair Terry Brown noted that he was briefed on the Audit Status as part of his onboarding and stated his concern that audit stands incomplete. Director Jennifer Jeffries shares concern, CEO Rachel Mason indicated that CPA Susan Woodward is pending a response from Clifton Larsen Allen (CLA) and based on the response CEO Mason will take appropriate action.

4b. 2021-22 Special Districts' Financial Transactions Report

CEO Rachel Mason indicated that the Financial Transaction Report is submitted by CLA to the State, and it requires a copy of the completed Audit from CLA. This reverts to item above discussing the incomplete Audit.

5. Board Member Comments and Future Agenda Items

Committee Chair Terry Brown would like to discuss the outcome of the conversation from CLA to CPA Susan Woodward. Both Director Brown and Director Jeffries felt it prudent for CEO Mason to initiate communication that provides confirmation that CLA has everything they need from the District to complete the Audit.

6. Adjournment

There being no further business, the meeting was adjourned at 5:02 p.m.

---

Terry Brown, Committee Chair

---

Board Secretary/Clerk

DRAFT



MINUTES
Board of Directors Meeting
January 11, 2023, 6:00 p.m.
Hybrid Meeting at Administrative Office,
1st Floor Community Room, 138 S. Brandon Rd., Fallbrook

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

A. CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Director Bill Leach called the meeting to order at 6:00 p.m. and led the Pledge of Allegiance. In attendance: Directors Bill Leach, Barbara Mroz, Jennifer Jeffries, Terry Brown, and Mike Stanicek. CEO Rachel Mason, Accountant Susan Woodward, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Staff members and associates: Executive Assistant Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano. Tomedes translator, Foundation for Senior Care Executive Director Patty Sargent, and members of the public.

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Mroz to approve the agenda as presented.

Motion carried by the following roll call vote (0-0) – No vote needed since all are in attendance

Table with 2 columns: Name and Vote. Rows include Director Mroz, Director Jeffries, Director Brown, Director Stanicek, and Director Leach, all with 'Aye' votes.

C. PUBLIC COMMENTS - ANNOUNCEMENT

None

D. GRANTEE PRESENTATION – FOUNDATION FOR SENIOR CARE

Executive Director at Foundation for Senior Care, Patty Sargent, provided presentation about the services that are provided by this organization. She shared the history of the Foundation, and how it has developed over the years. In its current format, the non-profit has profound impacts on the senior population of Fallbrook, Bonsall, De Luz and Rainbow. She highlighted programs such as Door-through-Door, and their Care Advocates. She detailed their partnership with North County Fire Protection District and how prior grant moneys have assisted in their goal of providing care and transportation while keeping their focus on compassion, connection, and community.

Directors Brown, Mroz, and Stanicek asked questions about funding and how those resources are utilized. Director Leach commended the Foundation for Senior Care for all the wonderful work they do in the community.

**E. CONSENT ITEMS**

- E1. Minutes of December 7, 2022, Finance Committee Meeting
  - E2. Minutes of December 14, 2022, Board of Directors Meeting
  - E3. Consideration of Resolution 458 – Re-Ratifying the State of Emergency and Re-Authorizing Remote Teleconference Meetings
- Action:** It was moved by Director Mroz seconded by Director Brown to approve the Consent Items as presented.

**Motion carried** by the following roll call vote (5-0)

Director Mroz .....	Aye
Director Jeffries.....	Aye
Director Leach .....	Aye
Director Brown .....	Aye
Director Stanicek .....	Aye

**F. REPORTS/POSSIBLE ACTION**

- F1. Finance Committee – Directors Brown and Jeffries  
 Committee Chair Terry Brown reviewed the November 2022 Financials.  
*Disclosures:* The investments of the district are in compliance with the District’s 2022-23 Investment Policy. The balances in the District’s investment accounts give the District the ability to meet its expenditure requirements for the next eighteen (18) months.  
 Discussion ensued about the annual audit that has not been completed and how this relates to the Financial Transaction Report that is due to State Controller’s office by January 31<sup>st</sup>.
- F2. Wellness Center Administrator - Theresa Geracitano  
 Wellness Center Administrator Theresa Geracitano informed the board on the total number of events occurring at the Community Health & Wellness Center (CHWC). There were 72 events of which 52 were available to the public. She emphasized new groups such as Good Dogs which is an organization that focuses on service dogs for autistic children. The Diabetic Prevention Program was also discussed as our Programs Coordinator Bianca Heyming will take part in the training.  
 The new position of Resource Navigator has been filled and Katia Elizondo-Márquez will be joining the team in February.
- F3. Chief Executive Officer – Rachel Mason  
 CEO Rachel Mason provided update on covid, then summary on Taylor Design cost ..... estimates which will be discussed in greater detail at the upcoming Board Workshop. .... Regarding Community Health Contracts, the site visits will be coordinated by Executive . Assistant Raquel Williams. CEO Mason indicated the Board Portal is nearing its launch . date and this will also be covered in further detail at the Board Workshop. Lastly the .... accounting chart of accounts will be reset to better align these with our current operations
- F4. General Counsel – Jeffrey Scott  
 Legal Counsel Jeff Scott provided response to Chairman Bill Leach’s questions. Chairman Leach had a few questions on rules regarding the expenditure of funds before the Board workshop about the development of the CHWC. Legal Counsel stated that expenditure of district funds is subject to constitutional and statutory laws, provided in-depth answer to each of the five questions posed about holding funds in perpetuity, expenditures, pitfalls, and examples of legal difficulties experienced by other Healthcare districts when making financial decisions.

**G. DISCUSSION/POSSIBLE ACTION ITEMS**

- G1. Consideration of Grant Policy Fiscal Year 2023/2024 – Rachel Mason

CEO Rachel Mason brought the annual renewal of the Community Health Contract Grant Policy for approval.

**Action:** It was moved by Director Jeffries seconded by Director Brown to adopt the Grant Policy for FY 23-24

**Motion carried** by the following roll call vote (5-0)

Director Mroz .....	Aye
Director Jeffries.....	Aye
Director Leach .....	Aye
Director Brown .....	Aye
Director Stanicek .....	Aye

G2. Discussion of Wellness Center Development Budget - Chairman Leach and CEO Mason indicated this is an opportunity to allow Board members to discuss CHWC development budget. Chairman Leach stated the Board should be provided opportunity to discuss the dollar amount that is available to fund the development. Discussion ensued about the consultants that have been utilized to provide reports for the development of programming that best serves our community.

G3. Update LAIF Access Authorization – Rachel Mason  
 CEO Rachel Mason stated we need approval to change the signer on the accounts. With Directory Terry Brown serving as Treasurer, we are seeking approval to add him to LAIF, CalTrust, and Pacific Western.

**Action:** It was moved by Director Mroz seconded by Director Jeffries to add Director Terry Brown as a third signer on our LAIF, Cal Trust, and Pacific Western accounts.

**Motion carried** by the following roll call vote (5-0)

Director Mroz .....	Aye
Director Jeffries.....	Aye
Director Leach .....	Aye
Director Brown .....	Aye
Director Stanicek .....	Aye

G4. Update CALTRUST Access Authorization – Rachel Mason  
 CEO Rachel Mason stated we need approval to change the signer on the accounts. With Directory Terry Brown serving as Treasurer, we are seeking approval to add him to LAIF, CalTrust, and Pacific Western.

**Action:** It was moved by Director Mroz seconded by Director Jeffries to add Director Terry Brown as a third signer on our LAIF, Cal Trust, and Pacific Western accounts.

**Motion carried** by the following roll call vote (5-0)

Director Mroz .....	Aye
Director Jeffries.....	Aye
Director Leach .....	Aye
Director Brown .....	Aye
Director Stanicek .....	Aye

G5. Update Pacific Western Access Authorization – Rachel Mason  
 CEO Rachel Mason stated we need approval to change the signer on the accounts. With Directory Terry Brown serving as Treasurer, we are seeking approval to add him to LAIF, CalTrust, and Pacific Western.



**Action:** It was moved by Director Mroz seconded by Director Jeffries to add Director Terry Brown as a third signer on our LAIF, Cal Trust, and Pacific Western accounts.

**Motion carried** by the following roll call vote (5-0)

Director Mroz .....	Aye
Director Jeffries.....	Aye
Director Leach .....	Aye
Director Brown .....	Aye
Director Stanicek .....	Aye

G6 – LAFCO Board

CEO Rachel Mason indicated that this item is on the Agenda to gauge interest from board members about being nominated to sit on the LAFCO Board. There were no interested board members

**H. COMMENTS BY MEMBERS OF THE PUBLIC ON ITEMS NOT ON THE AGENDA**

None

**I. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS**

I1. Other Director/Staff discussion items

I1a. Item(s) for future board agendas

I1b. Announcements of upcoming events:

- See the District website event calendar at

<https://www.fallbrookhealth.org/community-health-wellness-center>

**\*All meetings are Hybrid unless otherwise noted**

**Facilities Committee** – 3<sup>rd</sup> Wednesday, January 18, 2023, at 2:00pm.

**Strategic Planning Committee** - 3<sup>rd</sup> Wednesday, January 18, 2023, at 5:30pm.

**Board Training & Strategic Planning Workshop** – Saturday, January 21, 2023, from 10:00am to 2:00pm

**Governmental and Public Engagement Committee** – 4<sup>th</sup> Wednesday, January 25, 2023, at 5:30pm

**Finance Committee** - 1<sup>st</sup> Wednesday, February 1, 2023, at 4:30pm

I2. **Next Board of Directors Meeting** – 2<sup>nd</sup> Wednesday, **February 8, 2023**, 6:00pm

**J. ADJOURNMENT**

There being no further business, the meeting was adjourned at 7:51 p.m.

---

Bill Leach, Board Chair

---

Board Secretary/Clerk

DRAFT



**MINUTES  
FACILITIES COMMITTEE  
Wednesday, January 18, 2023, at 2:00 P.M.**

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar and by phone.

**1. CALL MEETING TO ORDER/ROLL CALL**

Committee Members: Chair Jennifer Jeffries and Director Barbara Mroz  
Staff: CEO Rachel Mason, Executive Assistant Raquel Williams, Community Health & Wellness Center Administrator Theresa Geracitano, Administrative Officer Judith Oswald  
Director Barbara Mroz- Absent

**2. PUBLIC COMMENTS - ANNOUNCEMENTS**

None.

**3. DISCUSSION ITEMS**

Report and update from the Community Health & Wellness Center Administrator Theresa Geracitano the Education building is being prepared as temporary offices for staff and the HVAC mini split is being done at this time. Sinks, cabinets, flooring, blinds, and signage are being replaced. RFPs on paint, windows, and gutters are being researched.  
Chair Jeffries, complimented Theresa and Rachel on the excellent strategic planning that has taken place for this project. Roy Moosa inquired if there was a master plan for the project and gave a cautionary note regarding permits. Also asked if the roof held up after the recent heavy rains. Theresa informed him that the roof is holding up and no leaks.

**4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS**

Update on Community Health & Wellness Center Phase 1

**5. ADJOURNMENT**

There being no further business, the meeting was adjourned at 2:13 pm.

A handwritten signature in blue ink, appearing to read "Raquel Williams", is written over a horizontal line.

Executive Assistant/Board Clerk



**MINUTES**  
**STRATEGIC PLANNING COMMITTEE**  
**Wednesday, January 18, 2023, at 5:30 P.M.**

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar and by phone.

**1. CALL MEETING TO ORDER/ROLL CALL**

Committee Members: Chair Bill Leach and Director Barbara Mroz

Staff: CEO Rachel Mason, Executive Assistant Raquel Williams, Community Health & Wellness Center Administrator Theresa Geracitano, Administrative Officer Judith Oswald

**2. PUBLIC COMMENTS - ANNOUNCEMENTS**

None.

**3. DISCUSSION ITEMS**

CEO Rachel Mason shared with the committee a proposed partnership from the Gary and Mary West PACE program Gary and Mary West PACE, (GMWP), has a small cohort of participants residing in Fallbrook. Due to the remote nature of the Fallbrook Community, GMWP recognizes the need to mobilize services and resources to bring more accessibility to health and wellness services, for our participants. Additionally, the Fallbrook Regional Health District has identified a dearth of care providers as a significant challenge for area seniors. Thus, this proposal benefits both entities in bringing health services to an underserved and vulnerable population. To address these needs GMWP would like to propose the following: In partnership with the Fallbrook Regional Health District (FRHD), GMWP will build a Senior Health and Wellness Satellite Clinic. The clinic will serve GMWP ppt's residing in Fallbrook, as well as the broader Fallbrook senior community. The clinic will be located at the FRHD Community Health and Wellness Center (the Center) In return for reduction in rent for the space at the Center allocated to the clinic's operation, GMWP will make all services offered in the clinic available to the broader Fallbrook Senior Community, during designated hours on a weekly basis, to amount to approximately 10 hours per week.

GMWP will staff the clinic in-person, (possibly with an MA), five days a week (M – F), with rotating services available on a weekly basis. The staff person will help facilitate the Telehealth and in-person appointments, assist with scheduling, and follow-up with patients, as needed. The availability of clinic's services will be determined based on the needs of the GMWP participants and the Fallbrook broader Senior Community, as identified by the Fallbrook Health District staff.

GMWP will explore the possibility of contracting with the Foundation for Senior Care Adult Daycare program as an Alternative Care Setting (ACS), to provide socialization and transportation to the GMWP ppt's residing in Fallbrook.

Services could be added/subtracted from the clinic's structure based on identified needs of the GMWP ppt's and the broader community. (Example of additional services that may be offered: Family Caregiver Education and Support, Fall Prevention Clinic, including environmental and home safety assessments, vaccination clinic).

A potential intersection between the District and North County Fire Protection District's Paramedicine Program and the GMWP satellite clinic will be explored.

Director Leach inquired about rent structure and says he is amenable to this proposal and feels it would benefit the community immensely. Director Mroz concurred. CEO Rachel Mason says this

program could possibly launch in the next six months.

**4. BOARD MEMBER COMMENTS AND FUTURE AGENDA ITEMS**

Director's Leach and Mroz would like to revise the mission statement and will bring to the board at the February meeting.

**5. ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:20pm

DRAFT



MINUTES
BOARD TRAINING & STRATEGIC PLANNING WORKSHOP
Saturday, January 21, 2023, 10:00 a.m. to 2:00 p.m.
Administrative Office
1st Floor Community Room, 138 S. Brandon Rd., Fallbrook, CA 92028

In accordance with California Government Code Section 54953 teleconferencing will be used for this meeting. Board members, staff and members of the public will be able to participate by webinar and teleconference.

CALL MEETING TO ORDER / ROLL CALL / ESTABLISH A QUORUM / PLEDGE OF ALLEGIANCE

Chairman Bill Leach led the Pledge of Allegiance.

In attendance: Directors, Barbara Mroz, Terry Brown, Jennifer Jeffries, Mike Stanicek. CEO Rachel Mason, Legal Counsel Jeffrey Scott, and Property Manager Roy Moosa. Taylor Design Jennifer Staff members and associates: Raquel Williams, Judith Oswald, Theresa Geracitano, Tomedes translator.

B. APPROVAL OF THE AGENDA

Action: It was moved by Director Jeffries seconded by Director Stanicek to approve the agenda as presented.

Motion carried by the following roll call vote (5-0)

Table with 2 columns: Name and Vote. Rows include Director Leach, Director Stanicek, Director Jeffries, Director Mroz, and Director Brown, all with 'Aye' votes.

C. PUBLIC COMMENTS – ANNOUNCEMENTS

NONE

D. DISCUSSION/POSSIBLE ACTION ITEMS

- D1. Board of Directors Orientation and Review- Jeff Scott- History of Healthcare Districts, Ralph M. Brown Act Training 2023, Board Meeting rules and requirements
D2. New Board Portal Training- Rachel Mason- Introduction to the Board Portal. Directors can now go to the website Board Portal and access district mail, Board, and committee agendas and packets. Including historical documents and meeting history. They will also be able to send request for compensation forms directly to Raquel.
D3. Community Health & Wellness Center Priorities- Jennifer Timmons Project Manager Taylor Design she spoke on our relationship with Taylor Design, Project Goals & Scope, Project Timeline & Costs, Project Delivery and Next Steps. Improvements to building 1 & 2, shade Structure, Expanded, Resurfaced & Covered parking lot. Utility improvements including solar Panels, walking path around property and much more. Project timeline estimated completion date 2025. Project can be done in phases. Estimated total cost \$10.9M. Jennifer proposes the project be broken up into more bite able chunks. Phase 1 be done first while building community interest and time to possible fundraise. Phase 1 estimated construction cost average \$5.7M Phase 2 estimated construction cost average \$5.3M. Directors Jeffries and Mroz are in agreement that the Facilities Committee needs to meet for further discussion. Board is stunned about the construction cost estimate. Director Brown is concerned that this is a community center and he is asking if this is the Districts responsibility to be in business and in competition with the community that is paying our bills and he is uncomfortable with the plan and maybe he doesn't see the vision. Can we justify this expense to our constituents? Dialogue ensued.

Director Jeffries shared with the Board that there is a District need for this type of Facility. Director Leach agreed that we have a set budget and many of the costs are exorbitant But we need to start the construction phase to get the ball rolling. No more reports. Roy Moosa spoke about his concern of public perception and the project being done in phases to try to gauge the negative or positive reactions of the community.

D4. Review and discussion of the 23.24 CHC-Grant policy & guidelines- CEO Mason we are making sure that we are clear on Grant priorities. One of the goals for the district is to better assist the Grantees in becoming more sustainable. We should not be their only funder and they need to show their collaboration with other organizations. We ask that their application makes it clear what their services are and if they are in line with the District. Grantees need to provide measurable outcomes. Chair Leach would like to see micro-grants in the future for youth sports. 20 years of Grant history is on the website.

D5. Updated Community Investment Fund Policy- CEO Mason would like to revise and rename this Policy as the language is no longer relevant. We would like to rename it to make it clearer to the public. Director Mroz voiced concern.

**E. COMMENTS BY MEMBERS OF THE PUBLIC ON ITEMS NOT ON THE AGENDA**

None

**F. BOARD MEMBER COMMENTS & ITEMS FOR SUBSEQUENT MEETINGS**

Taylor Design Project Plan

Updated Community Investment Fund Policy

**ADJOURNMENT**

There being no further business, the meeting was adjourned at 2:04 p.m.



---

Executive Assistant/Board Clerk

---

Jennifer Jeffries, Chair

---

Board Secretary/Clerk

DRAFT





**MINUTES**  
**GOVERNMENT & PUBLIC ENGAGEMENT COMMITTEE**  
**Wednesday, January 25, 2023, at 5:30 P.M.**

In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.

**1. Call to Order/Roll Call**

Chair Mike Stanicek called meeting to order at 5:34 pm

In attendance: Committee Members Bill Leach, CEO Rachel Mason, Executive Assistance Raquel Williams, Administrative Officer Judith Oswald, Community Health & Wellness Center Administrator Theresa Geracitano, and Public Outreach/Communication Specialist Dani Vargas.

**2. Public Comments - Announcement**

None

**3. Discussion Items**

**Public Engagement**

FRHD and Community Event Updates

Community Health & Wellness Center Administrator Theresa Geracitano noted the continued successful engagement with the community. For the month of January, there were a total of 76 events at the Community Health & Wellness Center (CHWC). The 72 events were both closed groups and public groups/events. New this month are Good Dog Service Canine Training, Rx Ballroom Dance and a fourth Encore card group. Wellness Wednesday event continues to grow. CHWC is becoming a hub for support groups such as grief support groups, caregiver support groups. Theresa and Bianca are in the process of becoming lifestyle coaches for the Skinny Jeans Program. A yearlong diabetes prevention program that teaches lifestyle changes Theresa indicated website traffic in January reached 60K site visits and summarized a variety of metrics.

Public Outreach/Communication Specialist Dani Vargas shared metrics on social media engagement. The engagement is growing on Instagram. The Christmas post was the most viewed. She continues to create posts about committee meetings to inform the public on opportunities to engage continuing to grow both sites. Dani shared with the group that she is taking some classes on marketing and social media to expand her knowledge and our growth.

**4. Government**

CEO Rachel Mason stated there are no substantial national updates at this time. Director Stanicek and Leach would like to see more local than national.

### **Board Comments and Future Agenda Items**

Director Leach would like to see more items in the local newspaper. Director Stanicek is excited about the committee and looks forward to the public engagement and impact.

### **4. Adjournment**

There being no further business, the meeting was adjourned at 6:12 p.m.

A handwritten signature in blue ink, reading "Ragnel Kilbi". The signature is written in a cursive style with a large initial "R".

---

Executive Assistant / Board Clerk



**MINUTES  
FACILITIES COMMITTEE**

**Wednesday, January 25, 2023, at 2:30 P.M.**

**Administrative Office, 1<sup>st</sup> Floor Community Room, 138 S. Brandon Rd., Fallbrook**

**In accordance with California Government Code Section 54953 teleconferencing was used for this meeting. Board members, staff and members of the public were able to participate by webinar and members of the public were also able to participate by telephone.**

1. Call to Order/Roll Call

Committee Chair Jennifer Jeffries called meeting to order at 2:30 p.m.

In attendance: Committee Members Barbara Mroz, CEO Rachel Mason, Executive Assistant Raquel Williams, Community Health & Wellness Center Administrator Theresa Geracitano, and Property Manager Roy Moosa.

2. Public Comments – Announcement

None.

3. Community Health & Wellness Center Development Plans

Chair Jeffries addressed Director Mroz about the Board's concerns of cost and she wanted an additional meeting fresh off the workshop meeting since the Board had deep concerns of the construction cost estimate of over \$10M. Director Jeffries is concerned that strong feelings from Board members are holding back the project. There are discrepancies in the numbers and FRHD needs more information. Going to have to be done in phases. Director Mroz concurred and gave a history of the project and outlined what the past Boards had hoped for the location. They considered a Blue Zone project all agreed it was too costly to use the name. Dialogue ensued. CEO Rachel Mason expressed the cost estimates are a big challenge because Taylor can only give concept designs. The estimates the Board is asking for are outside of the scope of Taylor Design. Committee agrees more needs to be shared with the full Board and a budget must be set in place to proceed.

4. Update from Property Manager Roy Moosa- Roy advises that the committee set the financial parameters and then proceed with what is the priority for the facility.

5. Board comments and future agenda items

Budget for project

Adjournment

There being no further business, the meeting was adjourned at 3:23 p.m.

---

Jennifer Jeffries, Chair

---

Board Secretary/Clerk

DRAFT

**RESOLUTION NO. 459**

**RESOLUTION OF THE BOARD OF DIRECTORS OF  
FALLBROOK REGIONAL HEALTH DISTRICT RE-RATIFYING  
THE STATE OF EMERGENCY AND RE-AUTHORIZING  
REMOTE TELECONFERENCE MEETINGS**

WHEREAS Fallbrook Regional Health District (“District”) is committed to preserving and fostering access and participation in meetings of its Board of Directors; and

WHEREAS, Government Code section 54953(e) makes provisions for remote teleconferencing participation in meetings by members of a legislative body without compliance with the requirements of Government Code section 54953(b)(3), subject to the existence of certain emergency conditions; and

WHEREAS, a required condition is that a state of emergency is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of conditions of disaster or of extreme peril to the safety of persons and property within the state caused by conditions as described in Government Code section 8558; and

WHEREAS, a proclamation is made when there is an actual incident, threat of disaster, or extreme peril to the safety of persons and property within the jurisdictions that are within the District’s boundaries, caused by natural, technological, or human-caused disasters; and

WHEREAS, it is further required that state or local officials have imposed or recommended measures to promote vaccines, masking, and social distancing, and that meeting in person at the hospital would present imminent risks to the health and safety of attendees; and

WHEREAS, the Board of Directors previously adopted Resolution No. 437 on October 13, 2021, finding that the requisite conditions exist for the Board of Directors of the District to conduct remote teleconference meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953; and

WHEREAS, as a condition of extending the use of the provisions found in Government Code section 54953(e), the Board of Directors must reconsider the circumstances of the state of emergency that exists in the District, and the Board of Directors has done so; and

WHEREAS, emergency conditions persist in the District and vaccine compliance, masking, and social distancing measures are required to be followed for the continued health and safety of the staff, Board, and public; and

WHEREAS, as a consequence of the local emergency persisting, the Board of Directors does hereby find that the District shall conduct its meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953, as authorized by Government Code section 54953(e), and that such meetings shall comply with the requirements to provide the public with access to the meetings as prescribed in Government Code section 54953(e);

THEREFORE, BE IT RESOLVED by the Fallbrook Regional Health District Board of Directors as follows:

Section 1: Recitals. The Recitals set forth above are true and correct and are incorporated into this Resolution by this reference.

Section 2: Affirmation that a Local Emergency Persists. The Board of Directors hereby considers the conditions of the state of emergency in the District and proclaims that a local emergency persists throughout the District.

Section 3: Re-Ratification of the Governor’s Proclamation of a State of Emergency. The Board hereby ratifies the Governor’s Proclamation of a State of Emergency.

Section 4. Remote Teleconference Meetings. The District’s Chief Executive Officer is hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this resolution, including conducting open and public meetings in accordance with Government Code section 54953(e) and other applicable provisions of the Ralph M. Brown Act.

PASSED AND ADOPTED at a regular meeting of the Board of Directors of Fallbrook Regional Health District held on February 8, 2023, by the following roll call vote:

AYES: Directors \_\_\_\_\_  
NOES: Directors \_\_\_\_\_  
ABSTAIN: Directors \_\_\_\_\_  
ABSENT: Directors \_\_\_\_\_

\_\_\_\_\_  
Chairman  
Board of Directors

ATTEST:

\_\_\_\_\_  
Secretary  
Board of Directors

**Fallbrook Regional Health District**  
**REPORT 1 - BALANCE SHEET COMPARISON**  
Comparison of Dec 2022 to Nov 2022

	Dec 31, 22	Nov 30, 22	\$ Change
<b>ASSETS</b>			
<b>Current Assets</b>			
<b>Checking/Savings</b>			
102.3 · Cash in Bank - Pacific Western	1,224,821.37	619,450.36	605,371.01
102.6 · Cash in Bank - LAIF	1,667,359.73	1,667,359.73	0.00
102.9 · Cash in Bank - CalTRUST	5,575,758.32	5,558,885.25	16,873.07
102.10 · Petty Cash	418.84	418.84	0.00
<b>Total Checking/Savings</b>	<b>8,468,358.26</b>	<b>7,846,114.18</b>	<b>622,244.08</b>
<b>Other Current Assets</b>			
104 · Prepaid Insurance	15,298.41	17,848.13	-2,549.72
107 · Tax Apportionment Receivable	372,824.47	748,316.37	-375,491.90
110 · Reimbursement Rec'ble - CIF	-369.42	-369.42	0.00
<b>Total Other Current Assets</b>	<b>387,753.46</b>	<b>765,795.08</b>	<b>-378,041.62</b>
<b>Total Current Assets</b>	<b>8,856,111.72</b>	<b>8,611,909.26</b>	<b>244,202.46</b>
<b>Fixed Assets</b>			
121 · Equipment	79,034.49	79,034.49	0.00
121.2 · Equipment Depreciation	-51,296.50	-50,526.25	-770.25
<b>122.0 · Assets</b>			
122.01 · S. Brandon Road	161,578.00	161,578.00	0.00
122.011 · S. Brandon Road Improvements	223,424.76	223,424.76	0.00
122.012 · S. Brandon Road Land	129,662.00	129,662.00	0.00
122.02 · E. Mission Road	1,441,539.86	1,441,539.86	0.00
122.021 · E. Mission Road Improvements	474,770.49	467,486.37	7,284.12
122.022 · E. Mission Road Land	360,629.00	360,629.00	0.00
122.04 · Accum Depr - All Buildings	-219,488.00	-215,114.50	-4,373.50
<b>Total 122.0 · Assets</b>	<b>2,572,116.11</b>	<b>2,569,205.49</b>	<b>2,910.62</b>
<b>Total Fixed Assets</b>	<b>2,599,854.10</b>	<b>2,597,713.73</b>	<b>2,140.37</b>
<b>Other Assets</b>			
130 · Note Receivable - East Alvarado	465,678.02	466,235.37	-557.35
<b>Total Other Assets</b>	<b>465,678.02</b>	<b>466,235.37</b>	<b>-557.35</b>
<b>TOTAL ASSETS</b>	<b><u>11,921,643.84</u></b>	<b><u>11,675,858.36</u></b>	<b><u>245,785.48</u></b>
<b>LIABILITIES &amp; EQUITY</b>			
<b>Liabilities</b>			
<b>Current Liabilities</b>			
<b>Accounts Payable</b>			
140 · Accounts Payable	11,643.38	36,175.75	-24,532.37
<b>Total Accounts Payable</b>	<b>11,643.38</b>	<b>36,175.75</b>	<b>-24,532.37</b>
<b>Other Current Liabilities</b>			
203 - Accrued Payroll	17,635.42	18,451.54	-816.12
204 · Accrued Vacation & Sick Leave	33,585.59	35,930.38	-2,344.79
211 · Payroll Taxes Payable	6,398.07	7,058.42	-660.35
213 · Simple Plan Payable	2,969.45	3,060.89	-91.44
220 · Refundable Deposit Payable	200.00	200.00	0.00
<b>Total Other Current Liabilities</b>	<b>60,788.53</b>	<b>64,701.23</b>	<b>-3,912.70</b>
<b>Total Current Liabilities</b>	<b>72,431.91</b>	<b>100,876.98</b>	<b>-28,445.07</b>
<b>Total Liabilities</b>	<b>72,431.91</b>	<b>100,876.98</b>	<b>-28,445.07</b>

**Fallbrook Regional Health District**  
**REPORT 1 - BALANCE SHEET COMPARISON**  
**Comparison of Dec 2022 to Nov 2022**

---

	<u>Dec 31, 22</u>	<u>Nov 30, 22</u>	<u>\$ Change</u>
<b>Equity</b>			
<b>302.2 · Community Investment Funds</b>	8,912,578.12	8,912,578.12	0.00
<b>300 · Unrestricted Operations Fund</b>	2,485,148.17	2,485,148.17	0.00
<b>32000 · Retained Earnings</b>	950.00	950.00	0.00
<b>Net Income</b>	450,535.64	176,305.09	274,230.55
<b>Total Equity</b>	<u>11,849,211.93</u>	<u>11,574,981.38</u>	<u>274,230.55</u>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<u><b>11,921,643.84</b></u>	<u><b>11,675,858.36</b></u>	<u><b>245,785.48</b></u>



**Fallbrook Regional Health District**  
**REPORT 2 - INCOME STATEMENT**  
For the Month Ended December 2022 & Fiscal Year to Date

	Dec 22	Jul - Dec 22
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
<b>400 · District Income</b>		
402 · Property Tax Revenue	372,824.47	1,313,009.09
403 · Interest / Dividends	11,142.25	62,048.72
<b>Total 400 · District Income</b>	383,966.72	1,375,057.81
<b>460 · Lease Income</b>		
570.00 · Wellness Center Income	587.00	587.00
<b>Total 460 · Lease Income</b>	587.00	587.00
<b>Total Income</b>	384,553.72	1,375,644.81
<b>Expense</b>		
<b>500 · Administrative Expenses</b>		
500.01 · Communications	571.11	4,069.85
500.02 · IT Services	400.00	2,460.00
500.03 · Refreshments	89.10	347.80
500.04 · Office Expenses	4,252.21	10,508.71
500.05 · Utilities	995.90	6,844.33
500.06 · Independent Contract Services	1,338.75	8,032.50
500.07 · Maintenance Services & Repairs	2,425.61	33,010.99
500.08 · Vehicle Expenses	76.35	568.45
500.10 · Salaries	33,689.35	206,615.62
500.12 · Payroll Taxes	2,806.84	19,573.28
500.14 · W/C Insurance	230.33	1,269.48
500.15 · Employee Health & Welfare	7,060.35	19,860.39
500.16 · Board Stipends	1,764.00	9,276.75
500.17 · Education & Conferences	0.00	15,652.06
500.18 · Dues & Subscriptions	1,567.09	15,248.71
500.19 · Insurance - General	1,712.87	10,277.22
500.20 · Independent Accounting Services	1,500.00	9,000.00
500.21 · Annual Independent Audit	6,068.96	11,068.96
500.22 · Medical Records Store & Service	2,726.87	15,790.56
500.23 · General Counsel	0.00	11,865.00
500.29 · Dist Promotions & Publications	7,270.28	10,775.76
500.30 · Simple IRA Expense	838.06	4,124.27
500.33 · Copier Lease	902.85	5,408.10
500.36 · Accrued Vacation & Sick Leave	-2,084.81	943.67
500.40 · Office Equipment	0.00	1,727.41
500 · Administrative Expenses - Other	-259.98	-259.98
<b>Total 500 · Administrative Expenses</b>	75,942.09	434,059.89
<b>570 · Comm. Health &amp; Wellness Center</b>		
570.32 · Vehicle Expenses	83.13	348.25
570.01 · Communications	515.91	2,490.46
570.04 · Office Expenses	312.79	3,718.76
570.05 · Utilities	1,470.60	7,416.85
570.07 · Maintenance Services & Repairs	4,110.04	29,708.65
570.10 · Salaries	16,028.72	73,318.51
570.12 · Payroll Taxes	1,254.44	5,680.98
570.15 · Employee Health & Welfare	2,631.11	15,828.01
570.18 · Dues & Subscriptions	0.00	516.00
570.19 · Insurance - General	606.52	3,639.12
570.29 · Dist Promotions & Publications	34.00	3,818.84
570.30 · Simple IRA Expense	283.91	1,515.96
570.40 · Office Equipment	0.00	1,315.79
<b>Total 570 · Comm. Health &amp; Wellness Center</b>	27,331.17	149,316.18

**Fallbrook Regional Health District**  
**REPORT 2 - INCOME STATEMENT**  
For the Month Ended December 2022 & Fiscal Year to Date

	Dec 22	Jul - Dec 22
<b>600 · Community Health Contracts</b>		
600.02 · Boys & Girls Clubs of North Cty	0.00	35,312.00
600.04 · D'Vine Path	0.00	23,574.00
600.05 · Fallbrook Food Pantry	0.00	75,200.00
600.07 · Fallbrook Senior Citizens Serv	0.00	20,339.56
600.10 · Foundation for Senior Care	0.00	61,002.42
600.11 · Hospice of the Valleys	0.00	8,922.22
600.12 · Michelle's Place Cancer Res Ctr	0.00	23,703.00
600.14 · Palomar Family Counseling Svc	0.00	30,000.00
600.51 · NC Fire JPA (EMSO)	0.00	39,702.57
600.52 · NC Fire JPA (Public Comms)	9,579.63	18,059.30
<b>Total 600 · Community Health Contracts</b>	9,579.63	335,815.07
<b>800 · District Direct Care Services</b>		
800.01 · Health Services and Clinics	0.00	3,671.05
<b>Total 800 · District Direct Care Services</b>	0.00	3,671.05
<b>Total Expense</b>	112,852.89	922,862.19
<b>Net Ordinary Income</b>	271,700.83	452,782.62
<b>Other Income/Expense</b>		
<b>Other Income</b>		
406 · Unearned Gain/Loss - CalTRUST	5,730.82	-79,702.12
810 · Interest Income - Alvarado Str.	1,942.65	11,690.39
<b>Total Other Income</b>	7,673.47	-68,011.73
<b>Other Expense</b>		
825 · Depreciation		
500.27 · Depreciation - Brandon Rd.	1,408.45	8,450.70
570.27 · Depreciation - Mission Rd.	3,735.30	22,411.80
<b>Total 825 · Depreciation</b>	5,143.75	30,862.50
835 · FRHD Foundation		
580 · FRHD Foundation Support		
580.17 · Education & Conferences	0.00	176.71
<b>Total 580 · FRHD Foundation Support</b>	0.00	176.71
<b>Total 835 · FRHD Foundation</b>	0.00	176.71
900 · Community Investment Fund Reimb	0.00	-96,803.96
<b>Total Other Expense</b>	5,143.75	-65,764.75
<b>Net Other Income</b>	2,529.72	-2,246.98
<b>Net Income</b>	274,230.55	450,535.64

**Fallbrook Regional Health District**  
**REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET**  
 July through December 2022

	Jul - Dec 22	Budget	\$ Over Budget	% of Budget
<b>Ordinary Income/Expense</b>				
<b>Income</b>				
400 · District Income				
402 · Property Tax Revenue	1,313,009.09	1,162,142.47	150,866.62	113.0%
403 · Interest / Dividends	62,048.72	10,481.76	51,566.96	592.0%
<b>Total 400 · District Income</b>	<b>1,375,057.81</b>	<b>1,172,624.23</b>	<b>202,433.58</b>	<b>117.3%</b>
460 · Lease Income				
570.00 · Wellness Center Income	587.00	600.00	(13.00)	97.8%
<b>Total 460 · Lease Income</b>	<b>587.00</b>	<b>600.00</b>	<b>(13.00)</b>	<b>97.8%</b>
<b>Total Income</b>	<b>1,375,644.81</b>	<b>1,173,224.23</b>	<b>202,420.58</b>	<b>117.3%</b>
<b>Expense</b>				
500 · Administrative Expenses				
500.01 · Communications	4,069.85	4,878.00	(808.15)	83.4%
500.02 · IT Services	2,460.00	1,710.00	750.00	143.9%
500.03 · Refreshments	347.80	390.00	(42.20)	89.2%
500.04 · Office Expenses	10,508.71	5,700.00	4,808.71	184.4%
500.05 · Utilities	6,844.33	7,642.50	(798.17)	89.6%
500.06 · Independent Contract Services	8,032.50	8,502.00	(469.50)	94.5%
500.07 · Maintenance Services & Repairs	33,010.99	8,520.00	24,490.99	387.5%
500.08 · Vehicle Expenses	568.45	325.00	243.45	174.9%
500.10 · Salaries	206,615.62	165,725.04	40,890.58	124.7%
500.12 · Payroll Taxes	19,573.28	13,258.02	6,315.26	147.6%
500.14 · W/C Insurance	1,269.48	1,260.00	9.48	100.8%
500.15 · Employee Health & Welfare	19,860.39	21,760.20	(1,899.81)	91.3%
500.16 · Board Stipends	9,276.75	9,450.00	(173.25)	98.2%
500.17 · Education & Conferences	15,652.06	4,800.00	10,852.06	326.1%
500.18 · Dues & Subscriptions	15,248.71	23,425.00	(8,176.29)	65.1%
500.19 · Insurance - General	10,277.22	13,428.48	(3,151.26)	76.5%
500.20 · Independent Accounting Services	9,000.00	9,600.00	(600.00)	93.8%
500.21 · Annual Independent Audit	11,068.96	14,500.00	(3,431.04)	76.3%
500.22 · Medical Records Store & Service	15,790.56	13,308.06	2,482.50	118.7%
500.23 · General Counsel	11,865.00	15,916.25	(4,051.25)	74.5%
500.29 · Dist Promotions & Publications	10,775.76	8,750.00	2,025.76	123.2%
500.30 · Simple IRA Expense	4,124.27	4,971.78	(847.51)	83.0%
500.33 · Copier Lease	5,408.10	5,078.04	330.06	106.5%
500.36 · Accrued Vacation & Sick Leave	943.67	0.00	943.67	100.0%
500.40 · Office Equipment	1,727.41	5,700.00	(3,972.59)	30.3%
500 · Administrative Expenses - Other	(259.98)			
<b>Total 500 · Administrative Expenses</b>	<b>434,059.89</b>	<b>368,598.37</b>	<b>65,461.52</b>	<b>117.8%</b>
570 · Comm. Health & Wellness Center				
570.32 · Vehicle Expenses	348.25	0.00	348.25	100.0%
570.01 · Communications	2,490.46	1,320.00	1,170.46	188.7%
570.02 · IT Services	0.00	660.00	(660.00)	0.0%
570.04 · Office Expenses	3,718.76	3,000.00	718.76	124.0%
570.05 · Utilities	7,416.85	8,245.89	(829.04)	89.9%
570.06 · Independent Contract Services	0.00	693.00	(693.00)	0.0%
570.07 · Maintenance Services & Repairs	29,708.65	12,210.00	17,498.65	243.3%
570.10 · Salaries	73,318.51	77,000.70	(3,682.19)	95.2%
570.12 · Payroll Taxes	5,680.98	6,160.08	(479.10)	92.2%
570.15 · Employee Health & Welfare	15,828.01	17,086.92	(1,258.91)	92.6%
570.18 · Dues & Subscriptions	516.00	0.00	516.00	100.0%
570.19 · Insurance - General	3,639.12	4,500.00	(860.88)	80.9%
570.23 · General Counsel	0.00	12,000.00	(12,000.00)	0.0%
570.29 · Dist Promotions & Publications	3,818.84	10,650.02	(6,831.18)	35.9%
570.30 · Simple IRA Expense	1,515.96	2,332.92	(816.96)	65.0%
570.33 · Copier Lease	0.00	5,078.04	(5,078.04)	0.0%
570.40 · Office Equipment	1,315.79	5,000.00	(3,684.21)	26.3%
<b>Total 570 · Comm. Health &amp; Wellness Center</b>	<b>149,316.18</b>	<b>165,937.57</b>	<b>(16,621.39)</b>	<b>90.0%</b>

**Fallbrook Regional Health District**  
**REPORT 3 - PROFIT & LOSS ACTUAL vs. YTD BUDGET**  
 July through December 2022

	Jul - Dec 22	Budget	\$ Over Budget	% of Budget
<b>600 · Community Health Contracts</b>				
600.02 · Boys & Girls Clubs of North Cty	35,312.00	25,156.00	10,156.00	140.4%
600.04 · D'Vine Path	23,574.00	11,787.00	11,787.00	200.0%
600.05 · Fallbrook Food Pantry	75,200.00	37,600.00	37,600.00	200.0%
600.07 · Fallbrook Senior Citizens Serv	20,339.56	10,169.78	10,169.78	200.0%
600.10 · Foundation for Senior Care	61,002.42	30,501.21	30,501.21	200.0%
600.11 · Hospice of the Valleys	8,922.22	4,461.11	4,461.11	200.0%
600.12 · Michelle's Place Cancer Res Ctr	23,703.00	11,851.50	11,851.50	200.0%
600.14 · Palomar Family Counseling Svc	30,000.00	15,000.00	15,000.00	200.0%
600.50 · NC Fire JPA (Ambulance)	0.00	105,000.00	(105,000.00)	0.0%
600.51 · NC Fire JPA (EMSO)	39,702.57	40,000.00	(297.43)	99.3%
600.52 · NC Fire JPA (Public Comms)	18,059.30	15,000.00	3,059.30	120.4%
<b>Total 600 · Community Health Contracts</b>	335,815.07	306,526.60	29,288.47	109.6%
<b>800 · District Direct Care Services</b>				
800.01 · Health Services and Clinics	3,671.05	106,500.02	(102,828.97)	3.4%
<b>Total 800 · District Direct Care Services</b>	3,671.05	106,500.02	(102,828.97)	3.4%
<b>Total Expense</b>	922,862.19	947,562.56	(24,700.37)	97.4%
<b>Net Ordinary Income</b>	452,782.62	225,661.67	227,120.95	200.6%
<b>Other Income/Expense</b>				
<b>Other Income</b>				
406 · Unearned Gain/Loss - CalTRUST	(79,702.12)	0.00	(79,702.12)	100.0%
810 · Interest Income - Alvarado Str.	11,690.39	0.00	11,690.39	100.0%
<b>Total Other Income</b>	(68,011.73)	0.00	(68,011.73)	100.0%
<b>Other Expense</b>				
825 · Depreciation				
500.27 · Depreciation - Brandon Rd.	8,450.70	0.00	8,450.70	100.0%
570.27 · Depreciation - Mission Rd.	22,411.80	0.00	22,411.80	100.0%
<b>Total 825 · Depreciation</b>	30,862.50	0.00	30,862.50	100.0%
835 · FRHD Foundation				
580 · FRHD Foundation Support				
580.17 · Education & Conferences	176.71	0.00	176.71	100.0%
<b>Total 580 · FRHD Foundation Support</b>	176.71	0.00	176.71	100.0%
<b>Total 835 · FRHD Foundation</b>	176.71	0.00	176.71	100.0%
900 · Community Investment Fund Reimb	(96,803.96)	0.00	(96,803.96)	100.0%
<b>Total Other Expense</b>	(65,764.75)	0.00	(65,764.75)	100.0%
<b>Net Other Income</b>	(2,246.98)	0.00	(2,246.98)	100.0%
<b>Net Income</b>	<b>450,535.64</b>	<b>225,661.67</b>	<b>224,873.97</b>	<b>199.7%</b>



**Fallbrook Regional Health District**  
**REPORT 4 - APPROVED ANNUAL BUDGET**

July 2022 through June 2023

													TOTAL	
	Jul 22	Aug 22	Sep 22	Oct 22	Nov 22	Dec 22	Jan 23	Feb 23	Mar 23	Apr 23	May 23	Jun 23	Jul '22	Jun 23
<b>835 - FRHD Foundation</b>														
<b>580 - FRHD Foundation Support</b>														
580.01 - Communications	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.02 - IT Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.03 - Refreshments	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.04 - Office Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.05 - Utilities	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.07 - Maintenance Services & Repairs	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.10 - Salaries	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.12 - Payroll Taxes	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.14 - W/C Insurance	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.17 - Education & Conferences	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.18 - Dues & Subscriptions	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.19 - Insurance - General	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.20 - Independent Accounting Services	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.21 - Annual Independent Audit	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.23 - General Counsel	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.33 - Copier Lease	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580.40 - Office Equipment	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
580 - FRHD Foundation Support - Other	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>Total 580 - FRHD Foundation Support</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Total 835 - FRHD Foundation</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
<b>900 - Community Investment Fund Reimb</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Total Other Expense</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Net Other Income</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>
<b>Net Income</b>	<b>340,580.25</b>	<b>109,213.42</b>	<b>64,632.08</b>	<b>7,067.56</b>	<b>540,610.92</b>	<b>192,408.94</b>	<b>12,744.26</b>	<b>40,896.96</b>	<b>313,806.46</b>	<b>174,116.18</b>	<b>68,822.72</b>	<b>104,799.00</b>	<b>486,321.37</b>	



CaITRUST  
 PO Box 2709  
 Granite Bay, CA 95746  
 www.caltrust.org  
 Email: admin@caltrust.org  
 Fax: 402-963-9094  
 Phone: 833-CALTRUST (225-8787)

## Investment Account Summary

12/01/2022 through 12/31/2022

### SUMMARY OF INVESTMENTS

Fund	Account Number	Total Shares Owned	Net Asset Value per Share on Dec 31 (\$)	Value on Dec 31 (\$)	Average Cost Amount (\$)	Cumulative Change in Value (\$)
<b>FALLBROOK REGIONAL HEALTH DISTRICT</b>						
CalTRUST Medium Term Fund		574,228.457	9.71	5,575,758.32	5,759,054.53	(183,296.21)
<b>Portfolios Total value as of 12/31/2022</b>				<b>5,575,758.32</b>		

### DETAIL OF TRANSACTION ACTIVITY

Activity Description	Activity Date	Amount (\$)	Amount in Shares	Balance in Shares	Price per Share (\$)	Balance (\$)	Average Cost Amt (\$)	Realized Gain/(Loss) (\$)
		<b>FALLBROOK REGIONAL HEALTH DISTRICT</b>			<b>Account Number: [REDACTED]</b>			
Beginning Balance	12/01/2022			573,080.954	9.70	5,558,885.25		
Accrual Income Div Reinvestment	12/30/2022	11,142.25	1,147.503	574,228.457	9.71	5,575,758.32	0.00	0.00
Change in Value						5,730.82		
<b>Closing Balance as of</b>	<b>Dec 31</b>			<b>574,228.457</b>	<b>9.71</b>	<b>5,575,758.32</b>		

Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

# California State Treasurer *Fiona Ma, CPA*



Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

January 08, 2023

[LAIF Home](#)  
[PMIA Average Monthly Yields](#)

## FALLBROOK REGIONAL HEALTH DISTRICT

DISTRICT ADMINISTRATOR  
138 SOUTH BRANDON ROAD  
FALLBROOK, CA 92028

[Tran Type Definitions](#)



Account Number: XXXXXXXXXX

December 2022 Statement

### Account Summary

Total Deposit:	0.00	Beginning Balance:	1,667,359.73
Total Withdrawal	0 00	Ending Balance	1,667,359.73



**Fallbrook Regional Health District**  
**REPORT 7 - PROPERTY TAX REVENUE**  
**December 2022**

---

Type	Date	Name	Amount	Balance
<b>400 · District Income</b>				
<b>402 · Property Tax Revenue</b>				
General Journal	07/31/2022		33,039.59	33,039.59
General Journal	08/31/2022		19,112.02	52,151.61
General Journal	09/30/2022		38,254.42	90,406.03
General Journal	10/31/2022		101,462.22	191,868.25
General Journal	11/30/2022		748,316.37	940,184.62
General Journal	12/31/2022		372,824.47	1,313,009.09
Total 402 · Property Tax Revenue			1,313,009.09	1,313,009.09
Total 400 · District Income			1,313,009.09	1,313,009.09
<b>TOTAL</b>			<b>1,313,009.09</b>	<b>1,313,009.09</b>

**Fallbrook Regional Health District**  
**REPORT 8 - CHECK DETAIL REPORT**  
**December 2022**

Date	Num	Name	Memo	Amount
<b>102.3 - Cash in Bank - Pacific Western</b>				
12/01/2022	13070	Juana Diaz	Office Cleaning	-380.00
12/01/2022	13071	Fallbrook Local Locks...	WC - Upgrade Locks	-3,962.38
12/01/2022	13072	First Impulse	Admin - Phone maintenance	-180.00
12/01/2022	13073	FPUD - 7720-001	7720-001	-137.04
12/01/2022	13074	FPUD - 7720-002 - E. ...	Utilities - WC	-65.03
12/01/2022	13075	FPUD - 7720-003 - E. ...	Utilities - WC	-375.56
12/01/2022	13076	FPUD - 7721-000	Utilities - Admin	-65.03
12/01/2022	13077	Iron Mountain	Document storage	-2,690.35
12/01/2022	13078	Portero Services	Bookkeeping	-1,338.75
12/01/2022	13079	Rotary Club of Fallbrook	WC - Theresa Geracitano	-172.00
12/01/2022	13080	SDG&E - 5971 - E. Mi...	Utilities - Admin	-505.55
12/01/2022	13081	SDG&E - 6994 - Bran...	Utilities - Admin	-611.44
12/01/2022	13082	Spectrum Business-Br...	8448 20 899 0060321	-342.91
12/01/2022	13083	Taylor Design	WC - Services	-3,135.00
12/01/2022	13084	Woodward, Susan	Accounting - October	-1,500.00
12/01/2022		Streamline		-200.00
12/02/2022		American Funds Inves...		-4,182.86
12/05/2022	276		11/30/22 Payroll/Tax Disbursement	-25,509.96
12/08/2022	13085	24 Hour Elevator Inc.	Admin - elevator maintenance	-238.11
12/08/2022	13086	Amazon Capital Servi...		-509.99
12/08/2022	13087	Juana Diaz	Office Cleaning	-560.00
12/08/2022	13088	Culligan of Escondido	Admin - water service	-58.50
12/08/2022	13089	Culligan of San Diego		-73.00
12/08/2022	13090	Fallbrook Waste & Re...	Utilities - WC	-283.38
12/08/2022	13091	Fallbrook Waste & Re...	Admin - Utilities	-89.00
12/08/2022	13092	Fowler Pest Control, L...		-240.00
12/08/2022	13093	Geracitano-reimburse,...	WC - expense reimbursement	-61.45
12/08/2022	13094	Judith Oswald	Admin - Office Expenses	-68.04
12/08/2022	13095	Key, Darren	Admin Maintenance	-110.00
12/08/2022	13096	Konica Minolta	Admin - copier lease	-902.85
12/08/2022	13097	LDC Always Green La...		-1,710.00
12/08/2022	13098	Low Voltage	Admin - maintenance	-260.00
12/08/2022	13099	Profile Display, Inc.	Admin - Dist Promo	-99.00
12/08/2022	13100	Reeder Media	Admin - dist promo	-400.00
12/08/2022	13101	Rotary Club of Fallbro...	Admin - dues	-199.00
12/08/2022	13102	Spectrum - Mission	8448 20 899 0060354	-285.91
12/08/2022	13103	Springston Design LLC	Admin - IT Services	-400.00
12/08/2022	13104	Uline	WC - Office Expenses	-106.85
12/08/2022	13105	Woodward, Susan	Accounting Services	-1,500.00
12/08/2022			Deposit	2,550.00
12/09/2022		ADP, LLC		-130.70
12/14/2022	280		Tax Apportionment for December	748,316.37
12/15/2022	13116	Amazon Capital Servi...	WC - Keyless entry systems	-705.72
12/15/2022	13117	Bannerman Security	Admin - Security System	-720.00
12/15/2022	13118	Fallbrook Chamber of ...	WC - Promotions	-10.00
12/15/2022	13119	Fallbrook Printing Cor...		-8,810.13
12/15/2022	13120	Home Depot	WC - Carpet Installation	-7,284.12
12/15/2022	13121	Juana Diaz	Office Cleaning	-380.00
12/15/2022	13122	JW Mechanical	WC - HVAC	-9,582.50
12/15/2022	13123	Scott, Jeffrey G., Esq...	General Counsel	-2,800.00
12/15/2022	13124	SDRMA	Employee Benefits	-351.92
12/15/2022	13125	UMPQUA Bank		-1,988.04
12/15/2022	13106	VOID		
12/15/2022		VOID		
12/15/2022	13108	VOID		0.00
12/15/2022		VOID		
12/15/2022	13110	VOID		0.00
12/15/2022	13111	VOID		0.00
12/15/2022	13112	VOID		0.00
12/15/2022	13113	VOID		0.00
12/15/2022	13114	VOID		0.00
12/15/2022	13115	VOID		0.00
12/15/2022			Deposit	468.27
12/19/2022		GoDaddy		-191.88
12/20/2022	276		12/15/22 Payroll/Tax Disbursement	-28,199.95
12/22/2022	13126	Ahrend Studios	Board Membr Photos	-727.13
12/22/2022	13127	Amazon Capital Servi...		-181.95

**Fallbrook Regional Health District**  
**REPORT 8 - CHECK DETAIL REPORT**  
**December 2022**

<u>Date</u>	<u>Num</u>	<u>Name</u>	<u>Memo</u>	<u>Amount</u>
12/22/2022	13128	Blue Miles Construction	Admin - Office Expenses	-52.37
12/22/2022	13129	Bonsall Chamber of C...	Chamber Dues	-50.00
12/22/2022	13130	California Association ...	Admin - Dues	-250.00
12/22/2022	13131	CalPERS	ID 1559595490	-4,826.44
12/22/2022	13132	Clifton Larson Allen LLP	Admin - Audit	-6,068.96
12/22/2022	13133	Fowler Pest Control, I...		-240.00
12/22/2022	13134	Juana Diaz	Office Cleaning	-380.00
12/22/2022	13135	Judith Oswald	VOID: Tuition Reimbursement	0.00
12/22/2022	13136	North County Fire Prot...	Salaries	-9,579.63
12/22/2022	13137	Rachel Mason	Admin - Gifts	-211.05
12/22/2022	13138	Sun Realty		-225.00
12/22/2022	13139	Tracy Rosalee - Reim...	Expense Reimbursement	-20.00
12/23/2022		GoDaddy		-47.88
12/23/2022		GoDaddy		-47.88
12/23/2022		ADP, LLC		-112.79
12/29/2022	13142	Fallbrook Local Locks...		-901.30
12/29/2022	13143	FPUD - 7720-001	7720-001	-154.50
12/29/2022	13144	FPUD - 7720-002 - E. ...	WC - Utilities	-65.03
12/29/2022	13145	FPUD - 7720-003 - E. ...	WC - Utilities	-342.04
12/29/2022	13146	FPUD - 7721-000	Admin - Utilities	-65.03
12/29/2022	13147	Geracitano-reimburse,...	WC - Mileage Reimbursement	-64.38
12/29/2022	13148	Juana Diaz	Office Cleaning	-380.00
12/29/2022	13149	Pitney Bowes - Lease	0018137865	-77.29
12/29/2022	13150	SDG&E - 5971 - E. Mi...	WC - Utilities	-780.15
12/29/2022	13151	SDG&E - 6994 - Bran...	Admin - Utilities	-687.37
12/29/2022	13141	Linda Bannerman	Accrued Vacation and Sick Balance	-259.98
12/29/2022	13152	Judith Oswald	Tuition Reimbursement	-4,921.87
12/29/2022			Deposit	467.00
12/29/2022	279		Book Linda Bannerman's Last PR Check	-46.71
Total 102.3 - Cash in Bank - Pacific Western				605,371.01
<b>TOTAL</b>				<b>605,371.01</b>

**Fallbrook Regional Health District  
Uses of Community Investment Funds**

<b>Community Investment Fund Beginning Balance as of 11/01/2022</b>				<b>\$8,579,619.53</b>
	<u>Date</u>	<u>Name</u>	<u>Memo</u>	<u>Amount</u>
<b>122.021 - E. Mission Road Improvements</b>				
	11/10/2022	JW Mechanical	WC - HVAC	9,582.50
	11/23/2022	Fallbrook Local Locksmith	WC - Upgrade Locks	3,962.38
	11/23/2022	Taylor Design	WC - Services	3,135.00
Total 122.021 - E. Mission Road Improvements				16,679.88
<b>570.07 · Maintenance Services &amp; Repairs</b>				
	44867	Fallbrook Local Locksmith	Replace lock project - 50% deposi	3,972.00
	44874	Key, Darren	Repairs - WC	1,795.00
Total 570.07 · Maintenance Services & Repairs				5,767.00
<b>Community Investment Fund Ending Balance as of 11/30/2022</b>				<b>\$8,557,172.65</b>
<b>122.021 - E. Mission Road Improvements</b>				
	12/12/2022	Home Depot	WC - Carpet Installation	7,284.12
Total 122.021 - E. Mission Road Improvements				7,284.12
<b>570.07 · Maintenance Services &amp; Repairs</b>				
	12/08/2022	Amazon	Keyless Entry System	705.72
Total 570.07 · Maintenance Services & Repairs				705.72
<b>Community Investment Fund Ending Balance as of 12/31/2022</b>				<b>\$8,549,182.81</b>
<b>Total Community Funds used 2nd Quarter FY 2022-2023 -</b>				<b>\$ 30,436.72</b>



UMPQUA BANK

BL ACCT 00002840-20000001
FALLBROOK REG HEALTH DIST
Account Number: ####-####-####-7117
Page 1 of 3



Account Summary

Table with 3 columns: Description, Sign, Amount. Includes Billing Cycle, Days In Billing Cycle, Previous Balance, Purchases, Cash, Balance Transfers, Special, Credits, Payments, Other Charges, Finance Charges.

NEW BALANCE \$2,083.56

Credit Summary

Table with 2 columns: Description, Amount. Includes Total Credit Line, Available Credit Line, Available Cash, Amount Over Credit Line, Amount Past Due, Disputed Amount.

Account Inquiries

- Call us at: (866) 777-9013
Lost or Stolen Card: (866) 839-3485
Go to www.umpquabank.com
Write us at PO BOX 35142 - LB1181, SEATTLE, WA 98124-5142

Payment Summary

Table with 2 columns: Description, Amount. Includes NEW BALANCE \$2,083.56, MINIMUM PAYMENT \$2,083.56, PAYMENT DUE DATE 01/25/2023

NOTE: Grace period to avoid a finance charge on purchases, pay entire new balance by payment due date. Finance charge accrues on cash advances until paid and will be billed on your next statement.

Corporate Activity

Table with 5 columns: Trans Date, Post Date, Reference Number, Transaction Description, Amount. Includes TOTAL CORPORATE ACTIVITY \$1,988.04-

Cardholder Account Summary

Table with 5 columns: Cardholder Name, Payments & Other Credits, Purchases & Other Charges, Cash Advances, Total Activity. Includes LINDA BANNERMAN, \$0.00, \$324.59, \$0.00, \$324.59

Cardholder Account Detail

Table with 6 columns: Trans Date, Post Date, Plan Name, Reference Number, Description, Amount. Includes VAST CONFERENCE, ADOBE \*ACROPRO SUBS, AED SUPERSTORE.

PLEASE DETACH COUPON AND RETURN PAYMENT USING THE ENCLOSED ENVELOPE ALLOW UP TO 7 DAYS FOR RECEIPT

UMPQUA BANK
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142



Account Number
####-####-####-7117

Check box to indicate name/address change on back of this coupon

AMOUNT OF PAYMENT ENCLOSED

Table with 4 columns: Closing Date, New Balance, Total Minimum Payment Due, Payment Due Date. Includes 12/30/22, \$2,083.56, \$2,083.56, 01/25/23

\$



BL ACCT 00002840-20000001
FALLBROOK REG HEALTH DIST
138 SOUTH BRANDON ROAD
FALLBROOK CA 92028

Statement

MAKE CHECK PAYABLE TO:

UMPQUA BANK COMMERCIAL CARD OPS
PO BOX 35142 - LB1181
SEATTLE WA 98124-5142

09 0004 7117 0000 0000 00000000 00000000 0

Cardholder Account Detail Continued					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
12/27	12/28	PPLN01	24906412361163717292016	EIG*CONSTANTCONTACT.COM 855-2295506 MA	\$95.00
12/28	12/29	PPLN01	24492152362852631020518	PAYPAL *DOORBLOK 402-935-7733 CA	\$78.66

Cardholder Account Summary					
RACHEL MASON ##### 2600		Payments & Other Credits \$0.00	Purchases & Other Charges \$1,535.36	Cash Advances \$0.00	Total Activity \$1,535.36

Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
11/30	12/01	PPLN01	24692162335100414424601	MICHAELS STORES 9974 TEMECULA CA	\$107.46
11/30	12/02	PPLN01	24129422335100000625943	MAJOR MARKET FALLBROOK CA	\$35.28
12/05	12/06	PPLN01	24793382339449538097423	ONLINE JOB ADS INDEED 512-4595300 TX	\$520.00
12/09	12/11	PPLN01	24793382343000094383824	ONLINE JOB ADS INDEED 512-4595300 TX	\$520.00
12/11	12/12	PPLN01	24692162345106623562766	AMZN Mktp US*I63SC3F43 Amzn.com/bill WA	\$48.45
12/18	12/20	PPLN01	24226382353360780406212	WAL-MART #5096 PALM DESERT CA	\$53.82
12/27	12/29	PPLN01	24034542362003260539488	7-ELEVEN 43109 BONSALL CA	\$76.35
12/29	12/29	PPLN01	24011342363000006042109	JOTFORM INC. HTTPSWWW.JOTF CA	\$174.00

Cardholder Account Summary					
THERESA GERACITANO ##### 9073		Payments & Other Credits \$0.00	Purchases & Other Charges \$223.61	Cash Advances \$0.00	Total Activity \$223.61

Cardholder Account Detail					
Trans Date	Post Date	Plan Name	Reference Number	Description	Amount
11/29	12/01	PPLN01	24943012334010186608122	THE HOME DEPOT #1018 OCEANSIDE CA	\$11.34
12/08	12/09	PPLN01	24204292342000162888360	FACEBK D5CQ8L7TF2 650-5434800 CA	\$24.00
12/13	12/14	PPLN01	24801972347200619300428	POSTAL ANNEX - FALLBROOK FALLBROOK CA	\$72.00
12/13	12/14	PPLN01	24692162347108347963666	AMZN Mktp US*LC79Z9ZV3 Amzn.com/bill WA	\$7.53
12/17	12/18	PPLN01	24692162351101320103692	AMZN Mktp US*1L2W85CS3 Amzn.com/bill WA	\$21.32
12/19	12/20	PPLN01	24692162353103073350700	AMZN Mktp US*2L4O63EL3 Amzn.com/bill WA	\$30.13
12/19	12/20	PPLN01	24692162353103076239660	AMZN Mktp US*N261O6NC3 Amzn.com/bill WA	\$45.46
12/20	12/21	PPLN01	24692162354104052226944	AMZN Mktp US*HP2GD82J3 Amzn.com/bill WA	\$11.83

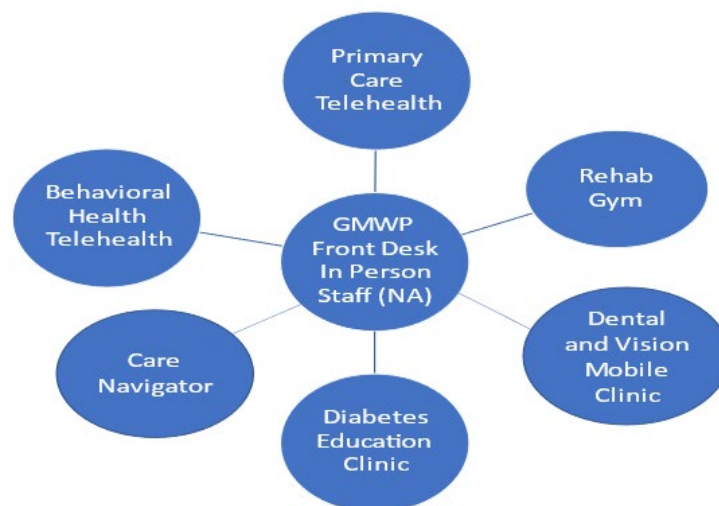
Finance Charge Summary / Plan Level Information									
Plan Name	Plan Description	FCM <sup>1</sup>	Average Daily Balance	Periodic Rate *	Corresponding APR	Finance Charges	Effective APR Fees **	Effective APR	Ending Balance
<b>Purchases</b>									
PPLN01001	PURCHASE	E	\$0.00	0.06024%(D)	21.9900%	\$0.00	\$0.00	0.0000%	\$2,083.56
<b>Cash</b>									
CPLN01001	CASH	A	\$0.00	0.06572%(D)	23.9900%	\$0.00	\$0.00	0.0000%	\$0.00
* Periodic Rate (M)=Monthly (D)=Daily							Days In Billing Cycle: 30		
** includes cash advance and foreign currency fees							APR = Annual Percentage Rate		
<sup>1</sup> FCM = Finance Charge Method									
(V) = Variable Rate If you have a variable rate account the periodic rate and Annual Percentage Rate (APR) may vary.									

## Gary and Mary West PACE Proposed Fallbrook Community Senior Health and Wellness Satellite Clinic

**Background:** Gary and Mary West PACE, (GMWP), has a small cohort of participants residing in Fallbrook. Due to the remote nature of the Fallbrook Community, GMWP recognizes the need to mobilize services and resources to bring more accessibility to health and wellness services, for our participants. Additionally, the Fallbrook Regional Health District has identified a dearth of care providers as a significant challenge for area seniors. Thus, this proposal benefits both entities in bringing health services to an underserved and vulnerable population.

To address these needs GMWP would like to propose the following:

- In partnership with the Fallbrook Regional Health District (FRHD), GMWP will build a Senior Health and Wellness Satellite Clinic
- The clinic will serve GMWP ppt's residing in Fallbrook, as well as the broader Fallbrook senior community
- The clinic will be located at the FRHD Community Health and Wellness Center (the Center)
- In return for reduction in rent for the space at the Center allocated to the clinic's operation, GMWP will make all services offered in the clinic available to the broader Fallbrook Senior Community, during designated hours on a weekly basis, to amount to approximately 10 hours per week.
- GMWP will staff the clinic in-person, (possibly with an MA), five days a week (M – F), with rotating services available on a weekly basis. (Please see proposed structure below). The staff person will help facilitate the Telehealth and in-person appointments, assist with scheduling, and follow-up with patients, as needed.
- The availability of clinic's services will be determined based on the needs of the GMWP participants and the Fallbrook broader Senior Community, as identified by the Fallbrook Health District staff.
- GMWP will explore the possibility of contracting with the Foundation for Senior Care Adult Daycare program as an Alternative Care Setting (ACS), to provide socialization and transportation to the GMWP ppt's residing in Fallbrook.
- Services could be added/subtracted from the clinic's structure based on identified needs of the GMWP ppt's and the broader community. (Example of additional services that may be offered: Family Caregiver Education and Support, Fall Prevention Clinic, including environmental and home safety assessments, vaccination clinic).
- A potential intersection between the District and North County Fire Protection District's Paramedicine Program and the GMWP satellite clinic will be explored.



## Community Health & Wellness Center Administrator Report- January 2023

\*Data from December\*

### Community Health & Wellness Center:

- The year had a strong start in January with a total of 72 events on the schedule. This number includes both closed and open to the public events.
- New this month are Good Dog Service Canine training and graduation which was open to the public, Rx Ballroom Dance, and a fourth Encore card group.
- This month's Wellness Wednesday event will expand to include education on heart health, blood sugar, and support to quit smoking, as well as health screenings. The workshop this month and the remainder of the year will focus on lifestyle change topics and introduction to our Lifestyle Change program.
- Test kit give-away on Dec 22 saw 20 people stop in to pick up test kits.

<b>Wellness Center Events</b>	<b>FEB</b>	<b>MAR</b>	<b>APR</b>	<b>MAY</b>	<b>JUNE</b>	<b>JULY</b>	<b>AUG</b>	<b>SEPT</b>	<b>OCT</b>	<b>NOV</b>	<b>DEC</b>
COVID Booster Clinic			74				47			82	
COVID-19 PCR Testing	27	54	53	58	88	92	133	51	20	20	74
Mental Health First Aid			15	16	12	16	5	4	4	9	8
CCHW	24	17	19	23	18	12	12	16	18	16	
Hands Only CPR Training with North County Fire	18	15	11		7		11				10
Health Screening		11	12	16	19	11	9	8	6	4	
Blood Drive with San Diego Blood Bank	32		26		29	17	24		24		25
Cultivate Health					9	7	13	11	4	2	8
Grantee Events				24	123	68	24	51	21	27	17
Tours/ Fallbrook Chamber of Commerce	23	4	22	43	115	27	25	31	28	45	2
North County Parkinsons Support Group	16	18	20	19	24	20	43	30	12		
Michelle's Place office hours & events	2	32	37	34	54	40	33	31	17	25	23
Yoga	96	116	128	111	128	122	163	236	206	164	194
Foundation for Senior Care- Fix It Fridays/Computer Classes			18	16	15	12	12	57	20	17	20
Nonprofit/club meetings	5	53	80	53	55	56	127	159	192	131	196
<b>Total Wellness Center Visits (approximate)</b>	<b>243</b>	<b>320</b>	<b>515</b>	<b>413</b>	<b>696</b>	<b>500</b>	<b>681</b>	<b>685</b>	<b>572</b>	<b>542</b>	<b>577</b>

### **North County Fire- Senior Medical Services Officer, Mary Murphy:**

- In November Mary provided CPR training to a group of 20, and 15 COVID tests.
- Due to having COVID in December, Mary rescheduled two CPR classes and a Naloxone class for January. One of the CPR classes as for JROTC at Fallbrook High School.
- We are still working on getting CPR into the high schools.

### **Flyer Distribution:**

- Printed flyers were distributed at the following:
  - 4 grocery stores (including 3 Hispanic markets)
  - Chamber of Commerce, library, and community center
  - 1 pharmacy
  - 2 physical therapists
  - 3 grantees – FFSC, Senior Center, Food Pantry



## Current Program Offerings

Provider	Program	SDoH Category	Facility Space Needed
FRHD	Lifestyle Change Program (Diabetes Prevention)	Health/Diabetes	Lg Education Space & Private Rm
FRHD	Cultivate Health Workshops- topics surrounding lifestyle change in support of the diabetes education	Health/Social	Lg Education Space
FRHD	Wellness Wednesdays- health/hearing screenings, workshops, tobacco cessation, heart health, Live Well bus with County services	Health/Social/Health Literacy	Public/Social Space
FRHD	Mental Health First Aid (MHFA)	Mental Health	Lg Education Space
FRHD	Blood Drive	Health/Social	Public/Social Space
FRHD	CPR classes	Health/Social	Lg Education Space
FRHD	COVID Testing & Vaccination Clinics	Health	Public/Social Space & Outdoor Space
FRHD - 2023	Financial Literacy	Social/Health Literacy	Lg Education Space
FRHD - 2023	Mindfulness workshops	Mental Health	Lg Education Space
FRHD - 2023	Mindfulness Based Stress Reduction program	Mental Health	Support Grp Rm/Lg Meeting Space
FRHD - 2023	Health screenings- vision, dental, mobile unit	Health	Public/Social Space
FRHD - 2023	Mental Health First Aid modules- Military, older adults	Mental Health	Lg Education Space
Diana Bramford	Postpartum Support Group	Health/Social	Support Grp Rm/Lg Meeting Space
Fallbrook Coommuntiy Drum Circle	Drum Circle	Social	Public/Social Space & Outdoor Space
Flourish Yoga	Chair Yoga	Health Age-related mobility	Lg Exercise/Arts Rm
Food Pantry	Nutrition to Grow On	Health/Youth	Public/Social Space
Foundation for Senior Care	Fix-It Fridays	Social/Age-related mobility	Lg Education Space
Foundation for Senior Care	Computer Classes	Social/Age-related mobility	Lg Education Space
Foundation for Senior Care	Caregiver Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space

Hope Clinic for Women	Birthing classes & Dad support group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Hospice of the Valleys	Grief Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Hospice of the Valleys	Caregiver Support Series	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Michelle's Place Cancer Resource Center	Drop-in cancer support Office Hours- 2 days a week	Social/Health Literacy	Lg Education Space & Private Rm
Michelle's Place Cancer Resource Center	Wellness Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Michelle's Place Cancer Resource Center	All Cancer Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
North County CERT	CPR & First Aid Training	Health	Lg Education Space
North County Parkinson's Support Group	Parkinson's Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Palomar Family Counseling	Grandparents Raising Grandchildren	Mental Health/Social	Lg Education Space
Palomar Family Counseling	COVID Support Group	Mental Health/Social	Support Grp Rm/Lg Meeting Space
Patrica Gomez Bustamante	Floor Yoga	Health Age-related mobility	Lg Exercise/Arts Rm
Rx Ballroom Dance	Dance therapy for Parkinson's & Alzheimer's	Social/Health Age-related mobility	Lg Exercise/Arts Rm
Wendy Hammarstrong	QiGong	Social/Health Age-related mobility	Lg Exercise/Arts Rm
<b>Community Clubs &amp; Group Use</b>	<b>Supports overall wellness and mental health by preventing isolation, providing communitiy, and a sense of purpose</b>		
AAUW	meetings		
Angel Society	meetings		
Encore	board meeting & 4 card game groups		
Fallbrook Animal Sanctuary	fundraiser support		
Fallbrook Chamber of Commerce	marketing series		
Fallbrook Garden Club	meetings & workshops		
Fallbrook Rotary	multi-club mixer		
Fallbrook Union High School District	testing		
Good Dog Service Companions	training & graduation		
PEO Chapter PF	meetings		
Private events	community member birthday party		
Rally for Children/Arts in the Park	meetings, preparations for Arts In the Park, and holiday party		

Republican Women of California Fallbr	meetings & holiday party		
San Diego County Sheriff	canine officer training		
Shady Grove Home Owners Association	meetings		
Tumble Creek Estates Home Owners Association	meetings		
Voces de Fallbrook	meetings and Day of the Dead preparations		

1.5.2018 Property purchase \$1,803,146.86

Consultants/Development Plans

4/17 - 7/18	Sun Realty	\$17,175.00	Property Research/Support
4/18 - 7/18	Blue Zones (Sharecare)	\$50,000.00	Blue Zones Consultants
6/18 - 12/19	CentraForce	\$82,500.00	Demographics/Health Data
3/19 - 3/2019	Galvanized Strategies	\$129,533.27	Marketing/Blue Zones Market support
3/19 - 1/22	J. Whalen & Assoc	\$32,468.24	MUP/Land Use
11/19 6/20	San Diego County	\$6,000.00	MUP/Land Use
4/20 - 4/21	Catalyst	\$256,135.00	Center Planning/Services/Programs
5/21 - 12/22	Taylor Design	\$174,609.29	Architectural designs/cost estimates

Subtotal to Date: **\$748,420.80**

Construction/Maintenance

9/18 - 12/22	Sun Realty	\$23,251.43	Property Mgmt/Repairs
12/18	Fence/Gate	\$21,140.00	Center Gates/Fence
04/20	A Good Roofer	\$155,108.00	new roof on Edu Bldg
04/20	AD Magellan	\$27,089.58	consulting for roof project
7/20	Pedro Gonzales	\$1,500.00	Tree service
9/20	Misc Vendors	\$804.30	Plumbing
12/20 - 1/21	Misc Vendors	\$7,932.09	Trees/Irrigation
11/21 -12/22	Darren Key	\$1,947.50	Misc Center repairs
11/21	Kent Bandy	\$4,150.00	Playground removal/Edu Bldg repairs
8/22	JK Drywall	\$9,050.00	Renov. in Edu Bldg-Walls/Paint
11/22	JW Mechanical	\$9,582.50	Renov. in Edu Bldg-HVAC
11/22	Fallbrook Locksmith	\$3,962.38	new door locks/combos on Edu Bldg
12/22	Home Depot	\$7,284.12	Renov. in Edu Bldg-flooring

Subtotal to Date: **\$272,801.90**

Total to date: **\$1,021,222.70** \*without purchase

- Digital flyers were provided directly to Bonsall Chamber, Fallbrook Forum, Fallbrook Chamber for community calendar, community housing works, head start program, WIC and 3 grantees- this is in addition to receiving the constant contact email
- Digital flyers are in Fallbrook Features, the monthly newsletter of the Fallbrook Chamber.
- Event dates are provided to the Village News for the calendar monthly.

**Marketing:**

**Press (Village News) December:**

- Article Dec 7: "Health district delays appointing new director"
- Article Dec 21: "Health district organizes, selects non-Hispanic for open seat"

**Email Marketing & Constant Contact Overview:**

- December is the first month we have seen more than a few unsubscribes, this is a low amount at 32 and is to be expected. We will continue to monitor and make sure we not sending too many emails a month, a big reason for unsubscribes.
- Open and click rates continue to be above the industry average.


EMAIL MARKETING	MAR	APR	MAY	JUN	JULY	AUG	SEPT	OCT	NOV	DEC
<b>Total Contacts</b>	3143	3207	3373	3468	3629	3660	3679	3758	3752	3748
<b>New Contacts Added</b>	155	141	179	95	185	115	83	76	27	
<b>Number of emails sent</b>	11,903	8,629	4,453	4,008	13,706	10,675	10,862	9,989	18,745	14,143
<b>Number of emails opened</b>	5,048	4,069	1,992	1,793	6,336	4,896	5,070	4,497	8,589	6,548
<b>Open rate</b>	44%	49%	48%	48%	49%	49%	50%	48%	49%	50%
<b>Open rate over industry average</b>	15%	20%	20%	19%	20%	17%	18%	16%	15%	15%
<b># of Clicks</b>	129	251	68	99	256	156	150	127	345	202
<b>Click rate</b>	3%	6%	2%	3%	4%	3%	3%	3%	4%	3%
<b>Click rate over industry average</b>	same	3%	1%	2%	2%	1%	1%	0%	1%	1%

**Social Media:**

Social Media Metrics	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>Total number of posts (Instagram &amp; Facebook)</b>	52	63	46	46	45	54	38	51	58	39
<b>Instagram Followers</b>	406	418	421	430	443	462	466	468	475	494
<b>Facebook Likes</b>	831	833	848	855	871	887	896	904	908	908
<b>Post Reach Instagram</b>	0.17%	1667%	94.80%	104%	24.70%	37.40%	35.80%	22.30%	-2.50%	76%
<b>Post Reach Facebook</b>	-10%	47.30%	36.00%	32.70%	19.10%	4.80%	56.10%	65.90%	30.40%	-52%
<b>Audience Growth Instagram</b>	1.72%	0.02%	0.71%	2%	2.90%	4%	0.90%	0.02%	12%	3.90%
<b>Audience Growth Facebook</b>	0	0	1.77%	0.82%	1.84%	1.80%	1%	0.08%	1.50%	0
<b>Engagement rate Instagram</b>	-8.60%	18.70%	34.30%	4%	8.60%	25%	-6.20%	13.20%	-2.60%	5.10%
<b>Engagement rate Facebook</b>	23%	51%	-22%	71%	8%	43.97%	-59%	-23%	-5%	-49%
<b>Website Views</b>	39,065	43,206	41,122	37,439	34,391	45,823	60,484	48,117	51,297	50,439

- While our statistics have been rather unpredictable across the board, it is worth noting that our Instagram following is consistently growing.
- The post with the widest reach and the most engagement this month was our Wishing you a Merry Christmas post, followed by posts featuring our partner organizations- Fallbrook Garden Club, and Foundation for Senior Care.

Boost post




**From all of us to you Merry Christmas!**  
December 25, 2022 at 10:00 AM  
ID: 3327425840919086

Interactions  
16 reactions 2 comments

**Performance**

<b>Reach</b> Total 253	<b>Reactions, comments and sh...</b> Total 18
------------------------------	---

Boost post




**Thank you to the @fallbrookseniors for putting on such an important worksh...**  
December 15, 2022 at 2:24 PM  
ID: 17946909548282641

Interactions  
19 likes 1 comment

**Performance**

<b>Reach</b> Total 130	<b>Likes, comments and shares</b> Total 21	<b>Results</b> Total --
------------------------------	--	-------------------------------

Boost post



**And the classroom still smells amazing! Yesterday we hosted the Fallbrook G...**  
December 2, 2022 at 1:26 PM  
ID: 3306997876295216

Interactions  
4 reactions 0 comments 0 shares

**Performance**

<b>Reach</b> Total 139	<b>Reactions, comments and sh...</b> Total 4	<b>Results</b> Total --
------------------------------	--	-------------------------------