



Organization Information

Legal Name

Fallbrook Healthcare Foundation, Inc.

DBA (if Applicable)

Foundation for Senior Care

Program Name/Title

415 Senior Care Services

Contact Information

Contact Name

Patty Sargent

Title

Executive Director

Primary Contact Phone

7607237570

Email Address

psargent@foundationforseniorcare.org

Organization Mailing Address

PO Box 2155
Fallbrook, CA, 92088

Organization Physical Address

135 S. Mission Road
Fallbrook, CA, 92028

Total number of residents that benefited (participant/client) from this program this quarter.

417

Target Population - Age

	Percent of program participants	Total Number of Participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	25
Seniors (60+)	83	347
We do not collect this data (indicate with 100%)*	11	45

Target Population not collected - Age

For some of our Advocate services, we may provide a resource over the phone that does not require or that a client declines to answer this question - those "unknown" percentages/numbers were recorded as

"We do not collect"

Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	62	260
Male	37	154
Non-binary		
Unknown*	1	3

Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100	11	46
Very Low (50%) Income Limits, ceiling of \$53,500	2	8
Low (80%) Income Limits, ceiling of \$85,600	1	4
Higher Than Listed Limits		
We do not collect this data (indicate with 100%)*	86	359

*Target Population - Income Level

We do not always have the opportunity to collect age or other demographic information, but we are working to try to collect it and enter it as often as possible. Sometimes we receive a referral which we attempt to reach and for whom we may make several calls to hospitals, neighbors, or others but do not ever connect with the senior. In that case, we may not have this information. Also, sometimes those we help are unwilling to give us that information. Additionally, we just lost some income data and discovered it only days ago...we're working on that issue.

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

Program/Services Description - FRHD Community Needs Assessment

Mental Health (Social Support - Youth or Families)

Mental Health (Screenings, Prevention)

Health (Mobility)

Health (Age Related Deficits)

Health (Healthy Food/Nutrition)

Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

Program Objectives

Support 1,000 seniors/disabled adults with our care advocate services, which include acting as a case manager for more complex client situations.

Actively provide interventions, referrals, and/or education services for at least 60% of North County Fire or hospital-referred clients.

Provide 5,000 donation-based, wheelchair accessible rides in town and healthcare-related rides out of town.

Provide 2,000 total days of day care for seniors and disabled persons, including at least 100 scholarship days.

Program Outcomes/Measurables

1. Our Advocates helped 360 clients this quarter.

- Case management for 16 individuals in dire situations
- Worked with 20 individuals with diagnosed mental illness, talked to 15 others about mental health concerns.
- Initiated 657 calls, emails, faxes, etc. for 165 seniors related to housing issues. This number is growing every month as housing affordability is becoming more and more difficult for seniors.
- Visited 140 homes, or with clients at doctor offices or hospitals
- Responded to 33 fall-related issues
- Loaned 8 pieces of free durable medical equipment
- Connected or enrolled 50 seniors with free or low-cost food programs to help meet their nutritional needs

2. We helped 33 clients in our Door Through Door program, providing 61 referrals, and handling 238 interactions with clients, family members, hospitals, or other agencies. For 33% of these referrals, we had 77 interactions with healthcare facilities or families to try to prevent unsafe discharges through education and working to ensure that all necessary resources would be available upon discharge, reducing chances of hospital readmission due to lack of support. For 7 of those clients, we were able to successfully influence a decision that prevented an unsafe discharge 8 times (one client went through this experience twice).

3. We provided 1,110 in-town rides to 93 clients, and 172 out-of-town healthcare-related rides to 35 clients. 37 of those rides were for wheelchair transport.

4. We provided 421 days of care for 17 seniors and disabled persons during this past quarter. This included only 6 scholarship days. We do not currently have any scholarship clients.

FRHD Grant Support Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

FRHD Grant Support Acknowledgment

We acknowledged the District in the following ways throughout the quarter:

- The FRHD logo was affixed to the sides of our Care Vans.
- We included the FRHD logo and official sponsor designation in all emails from every staff member.
- Our organization and specific Care Van program brochure features the FRHD logo and official sponsor language.
- The FRHD logo and sponsorship support status appears on our website.
-

mso-ascii-theme-font:minor-latin;mso-fareast-font-family:Calibri;mso-fareast-theme-font:minor-latin;mso-hansi-theme-font:minor-latin;mso-bidi-font-family:"Times New Roman";mso-bidi-theme-font:minor-bidi;mso-ansi-language:EN-US;mso-fareast-language:EN-US;mso-bidi-language:AR-SA">We acknowledged the District's support in Social Media

Please provide an example of how the District's grant funding was acknowledged.



Acknowledgements_TO SUB... .pdf

Program Budget



415 Q3 Foundation for Senio... .xlsx

Impact Story



Foundation for Senior Care Q... .pdf

Opportunities & Challenges

Grant funding has been SIGNIFICANTLY impacted this FRHD fiscal year. Excluding any FRHD grants, in the past 9 months (July-Mar), we have:

- Submitted 19 grant applications, totaling \$337,669 in requested funds
- Submitted 8 Letters of Intent, totaling \$285,000 in requested funds
- We have received only \$35,241 in grant funding in 9 months
- We have received \$313,000 in declined grants
- We still have \$264,428 in pending requests, several of which we assume are declined due to lack of response.

Because of this tremendous shortfall in grant funding, receiving only 5.7% in requested funds so far (excluding FRHD), we had to eliminate one part-time Advocate position. It is my understanding that other Fallbrook area non-profits are experiencing the same shortfall in grants this year. We continue to seek other non-grant alternatives for sustainable funding.

Thank you FRHD for your continued support! It absolutely helps us to continue these critically needed programs.

Social Media Samples

THE FOUNDATION FOR SENIOR CARE WOULD LIKE TO THANK

Fallbrook Regional HEALTH DISTRICT

FOR THEIR ONGOING PARTNERSHIP AND GENEROSITY

fallbrookseniors The Foundation for Senior Care (website in bio) is proud to partner with the Fallbrook Regional Health District! #mercigracias #fallbrookregionalhealthdistrict #fallbrookcommunitypartners #nonprofit #seniorsinfallbrook

View insights [Boost post](#)

Liked by kneaded_distraction and 9 others

MARCH 22

Add a comment...

Simposio de Preparacion para Incendios Forestales

Sábado, 25 de Marzo 2023

Aprenda qué hacer antes, durante y después un incendio forestal

9:00- 12:00h

Fallbrook Union High School
2400 S Stagecoach Ln
Fallbrook CA 92028

No deje que la próxima catástrofe sea su tragedia. Prepárese.

fallbrookseniors Las personas mayores en Fallbrook y áreas cercanas son particularmente vulnerables durante la temporada de incendios forestales. Asista al simposio el 25 de marzo para asegurarse de que usted y sus seres queridos estén listos con un plan antes de que ocurra un desastre! #seniorsinfallbrook #preparedness #disasterpreparedness #wildfireinfallbrook #seniorsinfallbrook

View insights [Boost post](#)

Liked by everythingfallbrook and 2 others

MARCH 22

Add a comment...

Wildfire Preparedness Symposium

Saturday, March 25, 2023

Learn what to do before, during and after a wildfire

9:00 am- 12:00 pm

Fallbrook Union High School
2400 S Stagecoach Ln
Fallbrook CA 92028

Don't let the next disaster be your tragedy. Be Prepared.

fallbrookseniors Seniors in Fallbrook and nearby areas are particularly vulnerable during wildfire season. Attend the March 25th symposium to make sure you and your loved ones are ready with a plan before disaster hits! #seniorsinfallbrook #preparedness #disasterpreparedness #wildfireinfallbrook #seniorsinfallbrook

everythingfallbrook 🙏🙏🙏

in Reply

View insights [Boost post](#)

Liked by everythingfallbrook and 7 others

MARCH 19

Add a comment...

Care Van Medallion and Brochure Acknowledgement

OUR AREA OF SERVICE

De Luz
Innights
Fallbrook
Rainbow
Bonsall

OUR SUPPORTERS

Fallbrook Regional
HEALTH DISTRICT

LEGACY
ENDOWMENT
legacyendowment.org

VOLUNTEERS NEEDED
HELP SERVE OUR MISSION

SENIOR RESOURCES FROM A TO Z

2019 Non-Profit of the Year AWARD

FALLBROOK
CHAMBER OF COMMERCE

VISIT US!
135 S. Mission Road
Fallbrook, CA 92028
760-723-7570
WWW.FOUNDATIONFORSENIORCARE.ORG

- TRANSPORTATION
- ADVOCACY
- ADULT DAY CARE
- EDUCATION

SERVING OUR COMMUNITY SINCE 1979



Email Signature

THE FOUNDATION FOR Senior Care

Patty Sargent *Executive Director*

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Email: psargent@foundationforseniorcare.org
Website: www.foundationforseniorcare.org
Address: 135 S. Mission Rd., Fallbrook, CA 92028

The mission of the Foundation for Senior Care is to provide programs and resources enabling seniors to enhance their well-being and offer them a more meaningful life. Nonprofit tax designation ID# 95-3389263

Grant funding for programming is generously supported by the

Fallbrook Regional
HEALTH DISTRICT

Web Page Acknowledgement



Agency Name:

Foundation for Senior Care

PROGRAM NAME:

Adult Day Care, Advocacy, Door Thru Door, Transport

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	A	INDIRECT EXPENSES:	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3
	A1	<i>Administrative Support</i>	\$ 168,267.58	\$ 16,826.76	\$ 39,648.33	\$ 37,847.70	\$ 38,698.90
	A2	<i>General Insurance (not program specific)</i>	\$ 2,739.60	\$ 273.96	\$ 106.80	\$ 266.20	\$ 282.20
	A3	<i>Accounting & audit expenses</i>	\$ 11,440.00	\$ 1,144.00	\$ 362.00	\$ 8,467.00	\$ 5,615.00
	A4	<i>Consultant/Contractor Fees</i>	\$ 2,449.25	\$ 244.93	\$ 5,598.00	\$ 5,722.00	\$ 280.00
	A5	<i>Physical Assets (Rent, Facility Costs)</i>	\$ 551.25	\$ 55.13	\$ 385.00	\$ 1,722.00	\$ 610.50
	A6	<i>Utilities</i>	\$ 6,500.00	\$ 650.00	\$ 1,249.00	\$ 1,718.00	\$ 2,148.00
	A7	<i>IT & Internet</i>	\$ 7,694.40	\$ 769.44	\$ 1,699.20	\$ 1,594.35	\$ 2,657.25
	A8	<i>Marketing & Communications</i>	\$ 5,472.75	\$ 547.28	\$ 1,466.10	\$ 1,458.75	\$ 2,665.40
	A9	<i>Office Supplies</i>	\$ 1,950.60	\$ 195.06	\$ 381.80	\$ 599.00	\$ 263.80
	A10	<i>Training & Education</i>	\$ -	\$ -		\$ -	\$ -
	A11	<i>Credit Card Fees for Client Payments</i>	\$ 1,872.00	\$ 187.20	\$ 313.00	\$ 383.00	\$ 270.00
TOTAL INDIRECT EXPENSE			\$208,937.43	\$20,893.74	\$51,209.23	\$59,778.00	\$53,491.05
	B	PERSONNEL EXPENSES - PROGRAM SPECIFIC	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3
	B1	<i>Caregivers</i>	\$ 77,137.97	\$ 15,427.59	\$ 12,066.40	\$ 7,924.40	\$ 12,799.00
	B2	<i>Activities Coordinator</i>	\$ 36,946.00	\$ 7,389.20	\$ 7,700.00	\$ 7,271.25	\$ 5,157.00
	B3	<i>Day Care Administrator</i>	\$ 54,891.20	\$ 10,978.24	\$ 13,294.70	\$ 12,815.00	\$ 13,200.00
	B4	<i>Program Supervisor</i>	\$ 23,566.27	\$ 8,167.71	\$ 6,031.75	\$ 5,996.75	\$ 6,101.50
	B5	<i>Drivers</i>	\$ 81,449.03	\$ 32,579.61	\$ 14,184.68	\$ 12,716.40	\$ 14,545.00
	B6	<i>Transportation Coordinator</i>	\$ 36,418.20	\$ 14,567.28	\$ 9,170.07	\$ 8,842.33	\$ 9,437.00
	B7	<i>Senior Care Advocates</i>	\$ 115,260.96	\$ 57,630.48	\$ 28,075.00	\$ 26,742.30	\$ 24,398.40
	B8	<i>Durable Medical Equipment Coord</i>	\$ 1,768.13	\$ 884.07	\$ 450.23	\$ 456.55	\$ 473.60
	B9	<i>Door Through Door Coordinator</i>	\$ 14,778.40	\$ 11,083.80	\$ 2,758.00	\$ 1,955.00	\$ 2,037.60
	B10	<i>Payroll Expenses (WC, taxes)</i>	\$ 60,764.89	\$ 21,605.62	\$ 10,105.71	\$ 8,975.71	\$ 10,972.00
	B11	<i>Benefits</i>	\$ 13,083.44	\$ 4,657.57	\$ 2,730.22	\$ 1,749.93	\$ 2,589.00
TOTAL PERSONNEL EXPENSE			\$516,064.50	\$184,971.17	\$106,566.75	\$95,445.62	\$101,710.10
	C	DIRECT PROGRAM EXPENSES	PROGRAM COST	REQUESTED FROM FRHD	AMOUNT USED Q1	AMOUNT USED Q2	AMOUNT USED Q3
	C1	<i>Equipment</i>	\$ 23,532.44	\$ 8,768.86	\$ 5,651.00	\$ 7,529.00	\$ 3,715.50
	C2	<i>Program/Project Supplies</i>	\$ 6,238.25	\$ 2,043.55	\$ 1,333.20	\$ 1,860.00	\$ 1,719.20
	C3	<i>Printing/Duplicating</i>	\$ 7,296.00	\$ 2,690.40	\$ 1,517.60	\$ 2,798.60	\$ 1,799.20
	C4	<i>Travel/Mileage</i>	\$ 3,150.00	\$ 1,290.00	\$ 1,231.00	\$ 1,526.00	\$ 1,334.00
	C5	<i>Program Specific Insurance</i>	\$ 25,937.10	\$ 8,981.42	\$ 961.20	\$ 19,233.80	\$ 2,539.80
	C6	<i>Program-Specific Telephone/Software</i>	\$ 10,118.60	\$ 3,919.92	\$ 1,437.15	\$ 1,068.65	\$ 2,367.75
	C7	<i>Program-Specific Training</i>	\$ 1,420.00	\$ 438.00	\$ 128.00	\$ -	\$ 100.00
	C8	<i>Program Outreach/Promotions</i>	\$ 23,668.52	\$ 7,673.91	\$ 4,586.30	\$ 4,776.25	\$ 3,603.25
	C9	<i>Volunteer Clearances</i>	\$ 840.00	\$ 299.25	\$ 155.00	\$ 95.00	\$ 469.00
	C10	<i>Agency Caregivers (for staff absences)</i>	\$ 4,000.00	\$ 800.00	\$ 214.00	\$ -	\$ 691.00
	C11						
TOTAL OTHER EXPENSES			\$106,200.91	\$36,905.31	\$17,214.45	\$38,887.30	\$18,338.70

	D	TOTALS	W	Z
		PROGRAM COST	FRHD Funds Expended	
		\$831,202.84	\$542,641.20	

Foundation for Senior Care Q3 Grant Report – Impact Stories

Story #1:

Mr. W came into the office looking for help with paperwork he did not understand. He suffers from dyslexia, and he requested assistance reading and filling out forms. The form was a Section 8 recertification letter that was due a few days later. Alex, one of our Advocates, worked with Mr. W to fill it out and submit all the requested documents to the County on time. Through this process, Mr. W shared that he was having problems with his knee and challenges getting to his doctors' appointments due to lack of transportation. Since that initial meeting, Alex worked closely with Mr. W to help him stay on top of all medical and housing paperwork, coordinated transportation through our Care Van program, advocated for his needs with his medical group, supplied him with needed durable medical equipment, helped move him into a 1st floor 1 bedroom apartment from a 2nd floor studio to reduce fall risks from walking up and down stairs, connected him to local diabetes prevention classes through the Fallbrook Food Pantry & FRHD Community Health and Wellness Center, and supported his overall wellbeing. Mr. W is so thankful for all the work the Care Advocates and The Foundation for Senior Care have given him. He feels he came to Fallbrook just so that he would have access to this incredible support network. [No photo available]

Story #2:

This success story is written with a joyful and sad heart. For nearly nine years, Art attended our Adult Day Program, "The Club". Weakened from a stroke back then and unable to be left alone, Art needed a place to go during the day while his daughter worked. Over the years, Art was always an active participant in all the activities of "The Club". He engaged in conversations, games, crafts, exercises, and was always friendly with other participants. Art loved music and was often heard singing out loud when choral groups came to entertain, and he played piano whenever he had the opportunity. As Art aged, he became more fragile and at risk of falling. Our caregivers always supported Art, giving him the physical support he needed, but still respecting his independence and desire to do things on his own. When we observed health or behavior changes, we always discussed it with his loving daughter and worked together to create care plans and goals for Art's wellbeing. When Art was recently hospitalized, his daughter talked to our Day Care Administrator, Teri, and mentioned that Art kept saying he wanted to join the gang. His daughter was perplexed. She didn't understand why Art kept talking about "the gang". Teri told his daughter, "He's not hallucinating. That's us here at The Club! We call our participants "The Gang", so Art is saying that he wants to be back here with his friends!" At age 98, our beloved Art passed away on 3/25/2023. Quite often, our staff receive just as much reward from our clients as our clients receive care from us. Art will be missed here at The Club. We are thankful to have been able to provide Art with many years of friendship, love, and care. Thank you, FRHD, for helping us to provide Art with this program and scholarship support!

