

# Fallbrook Regional HEALTH DISTRICT

138 S. Brandon St. • Fallbrook CA 92028 • 760-731-9187

## BOARD OF DIRECTORS REGULAR BOARD MEETING

WEDNESDAY  
JUNE 14, 2017

6:00 PM

AT

**FPUD  
FALLBROOK PUBLIC UTILITY DISTRICT  
990 EAST MISSION ROAD  
FALLBROOK, CA 92028**



**AGENDA**  
**FALLBROOK REGIONAL HEALTH DISTRICT**  
**REGULAR BOARD MEETING**

Wednesday, June 14, 2017, 6:00 p.m.

Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

**B. ADDITIONS TO AGENDA**

Pursuant to the Brown Act, additions to the Agenda as posted are exceptional, and expressly limited to three specific situations, as set forth in Government Code 54954.2(b): (1) an "emergency" as determined by majority vote of the board; (2) a 2/3 vote of the board finding that an item requires immediate action – and the need for this action arose in time after the agenda was posted or (3) the item was continued from an earlier meeting (no more than 5 days earlier), at which time the item was validly posted on the agenda of the earlier meeting.

**C. PRESENTATIONS**

- C1. Fallbrook Healing Center by Executive Vice President  
Patricia Blum, Ph.D., CPRP of Crestwood Behavioral Health, Inc.

**D. BOARD MEMBER AND PUBLIC COMMENTS**

Opportunity for board members and citizens to speak on items of interest within subject matter jurisdiction of the District. For the record, please state your name. "Request to speak" cards should be filled out in advance and presented to the Board President or the recording secretary. The Board has a policy limiting any speaker to not more than five minutes

**E. CONSENT ITEMS**

- E1. Approval of March 2017 Financial Statements  
E2. Minutes of May 3, 2017 Finance Committee Meeting  
E3. Minutes of May 10, 2017 Regular Board Meeting

**F. REPORTS**

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz  
F2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker  
F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon  
F4. Executive Director – Bobbi Palmer  
F5. General Counsel – Blaise Jackson

**G. DISCUSSION/ACTION ITEMS**

- G1. Review of Applicants and Determination of Community Health Contract Applications  
2017-2018 Funding  
G2. Review of Draft Budget FY 2017-2018  
G3. Extension of Real Estate Listing Agreement – Cushman/Wakefield – Travis Ives  
G4. Redemption of 1989 Agreement for Improvements  
in Public Right of Way – Blaise Jackson  
G5. First amendment to Purchase and Sale Agreement

**H. ITEMS FOR SUBSEQUENT MEETINGS**

- H1. Other Director/Staff discussion items  
H1a. Item(s) for future board agendas  
H1b. Announcements of upcoming events:
  - Community Collaborative for Health & Wellness Committee (CCH&W) meeting  
– Monday, June 19, 2017, 9:00-10:30am, Fallbrook Public Utility District Board Room
  - Wellness Walk – Wednesday, June 21, 2017, Fallbrook Community Center
  - NCCCHI meeting – 1<sup>st</sup> Wednesday, July 5, 2:00-3:00pm
  - Woman of Wellness – Thursday, July 6, 2017, 6pm – Fallbrook Library
- H2. Next Regular Board meeting – Wednesday, July 12, 2017, Fallbrook Public Utility District Board Room

**I. ADJOURNMENT**

**NOTE:** This agenda posted at the Fallbrook Regional Health District Administration Office on Friday, June 9, 2017. The American with Disabilities Act provides that no qualified individual with a disability shall be excluded from participation in, or denied the benefits of District business. If you need assistance to participate in this meeting, please contact the District office 24 hours prior to the meeting at 760-731-9187.

Board Secretary/Clerk

## **CONSENT ITEMS**

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**BALANCE SHEET COMPARISON**  
Comparison of April 2017 to March 2017

	Apr 30, 17	Mar 31, 17	\$ Change
<b>ASSETS</b>			
<b>Current Assets</b>			
<b>Checking/Savings</b>			
102.9 · Cal Trust Investment Account	4,233,912.16	4,234,499.75	(587.59)
102.2 · Cash in Bank - New Operating	1,161,716.59	775,329.77	386,386.82
102.6 · Cash in Bank -LAIF	1,448,487.47	1,445,721.62	2,765.85
<b>Total Checking/Savings</b>	6,844,116.22	6,455,551.14	388,565.08
<b>Other Current Assets</b>			
104 · Prepaid Insurance	7,384.18	11,076.32	(3,692.14)
107 · Tax apportion receivable	214,331.45	457,124.14	(242,792.69)
114 · Interest Receivable	4,296.07	4,468.70	(172.63)
<b>Total Other Current Assets</b>	226,011.70	472,669.16	(246,657.46)
<b>Total Current Assets</b>	7,070,127.92	6,928,220.30	141,907.62
<b>Fixed Assets</b>			
120.01 · ALVARADO BLDG	291,240.00	291,240.00	0.00
121 · Equipment	21,394.96	21,394.96	0.00
121.2 · Equipment Depreciation	(19,581.99)	(19,438.31)	(143.68)
122.0 · ASSETS HELD FOR RESALE			
122.01 · FALLBROOK HOSPITAL	4,417,521.00	4,417,521.00	0.00
122.02 · WELLNESS CENTER	291,240.00	291,240.00	0.00
<b>Total 122.0 · ASSETS HELD FOR RESALE</b>	4,708,761.00	4,708,761.00	0.00
<b>Total Fixed Assets</b>	5,001,813.97	5,001,957.65	(143.68)
<b>TOTAL ASSETS</b>	<u>12,071,941.89</u>	<u>11,930,177.95</u>	<u>141,763.94</u>
<b>LIABILITIES &amp; EQUITY</b>			
<b>Liabilities</b>			
<b>Current Liabilities</b>			
<b>Accounts Payable</b>			
140 · Accounts Payable	29,420.06	37,101.69	(7,681.63)
<b>Total Accounts Payable</b>	29,420.06	37,101.69	(7,681.63)
<b>Credit Cards</b>			
150.1 · American Express 41007	(781.16)	45.47	(826.63)
<b>Total Credit Cards</b>	(781.16)	45.47	(826.63)
<b>Other Current Liabilities</b>			
204 · Accrued Vacation & Sick Leave	5,608.24	5,608.24	0.00
215 · Comm Healthcare Programs Pble			
215.24 · District Sponsored Programs	26,048.71	26,095.26	(46.55)
<b>Total 215 · Comm Healthcare Programs ...</b>	26,048.71	26,095.26	(46.55)
<b>Total Other Current Liabilities</b>	31,656.95	31,703.50	(46.55)
<b>Total Current Liabilities</b>	60,295.85	68,850.66	(8,554.81)
<b>Total Liabilities</b>	60,295.85	68,850.66	(8,554.81)

**FALLBROOK REGIONAL HEALTH DISTRICT  
BALANCE SHEET COMPARISON  
Comparison of April 2017 to March 2017**

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	Apr 30, 17	Mar 31, 17	\$ Change
Equity			
300 - Unrestricted Fund Balance	11,464,702.03	11,464,702.03	0.00
Net Income	546,944.01	396,625.26	150,318.75
Total Equity	12,011,646.04	11,861,327.29	150,318.75
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>12,071,941.89</b>	<b>11,930,177.95</b>	<b>141,763.94</b>

FALLBROOK REGIONAL HEALTH DISTRICT  
Income Statement  
For the Month Ended April 30, 2017 & Fiscal Year to Date

	Apr 17	Jul '16 - ...
Ordinary Income/Expense		
Income		
400. · District		
402 · Property tax revenue	214,331	1,757,540
403 · Interest / Dividends	7,062	50,544
406 · Unearned Inc(Loss) - Cal Trust		(37,770)
Total 400. · District	221,393	1,770,313
450. · Properties		
450.01 · Disposition of Surplus Property		133,030
460 · Lease Income		
460.01 · A+ Urgent Care	4,800	48,000
Total 460 · Lease Income	4,800	48,000
Total 450. · Properties	4,800	181,030
Total Income	226,193	1,951,343
Gross Profit	226,193	1,951,343
Expense		
66900 · Reconciliation Discrepancies	5,056	8,379
500 · Administrative Expenses		
500.36 · Accrued Vacation & Sick Leave		1,152
500.10 · Salaries	17,870	174,877
500.12 · Payroll Taxes	1,512	13,973
500.14 · W/C Insurance	136	1,361
500.15 · Employee Health & Welfare	1,212	10,014
500.16 · Board Stipends	1,900	12,800
500.17 · Education & Conferences	2,160	14,763
500.18 · Dues & Subscriptions	100	15,455
500.19 · Insurance - General	3,556	36,564
500.20 · Independent Accounting Services	2,650	10,500
500.21 · Annual Independent Audit		8,600
500.23 · General Counsel	4,655	79,310
500.25 · Office Expense		
01 · Communications	304	3,027
02 · I.T. and Website services	253	4,380
03 · Refreshments	294	5,501
04 · Office supplies	1,227	8,499
05 · Admin fees	295	1,134
06 · Independent Contract Services	5,600	30,546
Total 500.25 · Office Expense	7,973	53,086
500.27 · Depreciation	144	421
500.29 · Dist Promotions & Publications	1,640	13,764
500.32 · Consultant Fees	4,788	53,975
500.33 · Copier Lease	839	8,021
580.01 · General Election		309
Total 500 · Administrative Expenses	51,134	508,944

FALLBROOK REGIONAL HEALTH DISTRICT  
Income Statement  
For the Month Ended April 30, 2017 & Fiscal Year to Date

	Apr 17	Jul '16 - ...
590 · Management & Maintenance		
590.14 · Appraisal Services		10,000
590.01 · Building Engineer	7,205	74,393
590.02 · Gas & Electric	3,998	50,593
590.03 · Water	2,012	23,588
590.04 · Waste Management	162	1,275
590.05 · Security	1,103	11,013
590.06 · Landscape - Grounds Environment	1,663	17,213
590.07 · Custodial Services	300	3,300
590.08 · Elevator	173	2,359
590.09 · Vehicle Expenses		158
590.10 · Maintenance Services & Repairs	22	3,578
590.11 · Medical Records Store & Service	2,236	36,135
590.12 · Fire Alarm System	810	1,800
590.13 · CHS Residual Transition Expense		2,500
<b>Total 590 · Management &amp; Maintenance</b>	<b>19,684</b>	<b>237,903</b>
600 · Community Healthcare Programs		
600.02 · Flbk Citizens Crime Prevention		8,000
600.59 · Palomar Health Foundation		7,500
600.58 · Michelle's Place		12,500
600.54 · Healthy Adventures Foundation		6,000
600.53 · Jeremiah's Ranch		12,000
600.04 · Boys & Girls Club		29,700
600.07 · Senior Citizens Center		46,325
600.08 · Smiles Project		52,500
600.11 · Palomar Family Coun.Serv.		55,500
600.14 · Flbk Family Health Center		63,750
600.17 · Foundation for Senior Care		117,839
600.18 · Flbk Comm Project - Food Pantry		45,000
600.33 · REINS Therapy		36,100
600.37 · Trauma Intervention Programs		8,000
600.46 · North Inland Comm Prev Program		9,620
600.47 · FUHS - Asperger's Support Ctr		6,500
600.48 · UCSD Eye Mobile for Children		8,500
600.57 · North County Fire Protect Distr		54,839
<b>Total 600 · Community Healthcare Programs</b>		<b>580,173</b>
800 · District Direct Care Services		
800.02 · A+ Urgent Care		69,000
<b>Total 800 · District Direct Care Services</b>		<b>69,000</b>
<b>Total Expense</b>	<b>75,875</b>	<b>1,404,399</b>
<b>Net Ordinary Income</b>	<b>150,319</b>	<b>546,944</b>
<b>Net Income</b>	<b>150,319</b>	<b>546,944</b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Actual vs Budget**

April 2017

	Apr 17	Budget	\$ Over ...
Ordinary Income/Expense			
Income			
400. · District			
402 · Property tax revenue	214,331	388,488	(174,157)
403 · Interest / Dividends	7,062	2,690	4,372
Total 400. · District	221,393	391,178	(169,784)
450. · Properties			
460 · Lease Income			
460.01 · A+ Urgent Care	4,800	4,800	0
Total 460 · Lease Income	4,800	4,800	0
Total 450. · Properties	4,800	4,800	0
Total Income	226,193	395,978	(169,784)
Gross Profit	226,193	395,978	(169,784)
Expense			
66900 · Reconciliation Discrepancies	5,056		
500 · Administrative Expenses			
500.10 · Salaries	17,870	20,910	(3,040)
500.12 · Payroll Taxes	1,512	2,100	(588)
500.14 · W/C Insurance	136	96	40
500.15 · Employee Health & Welfare	1,212	1,530	(318)
500.16 · Board Stipends	1,900	2,200	(300)
500.17 · Education & Conferences	2,160	1,250	910
500.18 · Dues & Subscriptions	100	591	(491)
500.19 · Insurance - General	3,556	3,750	(194)
500.20 · Independent Accounting Servi...	2,650	850	1,800
500.23 · General Counsel	4,655	10,417	(5,762)
500.25 · Office Expense			
01 · Communications	304	450	(146)
02 · I.T. and Website services	253	0	253
03 · Refreshments	294	367	(73)
04 · Office supplies	1,227	1,333	(106)
05 · Admin fees	295		
06 · Independent Contract Services	5,600	5,404	196
Total 500.25 · Office Expense	7,973	7,554	419
500.27 · Depreciation	144	138	5
500.29 · Dist Promotions & Publications	1,640	250	1,390
500.32 · Consultant Fees	4,788	600	4,188
500.33 · Copier Lease	839	500	339
500.85 · Calif Mandated Reimbursement	0	(833)	833
Total 500 · Administrative Expenses	51,134	51,903	(769)



**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Actual vs Budget**

April 2017

	Apr 17	Budget	\$ Over ...
590 · Management & Maintenance			
590.01 · Building Engineer	7,205	7,042	163
590.02 · Gas & Electric	3,998	7,850	(3,852)
590.03 · Water	2,012	2,000	12
590.04 · Waste Management	162	125	37
590.05 · Security	1,103	1,125	(22)
590.06 · Landscape - Grounds Environ...	1,663	2,708	(1,045)
590.07 · Custodial Services	300	125	175
590.08 · Elevator	173	167	6
590.09 · Vehicle Expenses	0	125	(125)
590.10 · Maintenance Services & Repairs	22	1,763	(1,741)
590.11 · Medical Records Store & Servi...	2,236		
590.12 · Fire Alarm System	810		
<b>Total 590 · Management &amp; Maintenance</b>	<b>19,684</b>	<b>23,029</b>	<b>(3,345)</b>
<b>Total Expense</b>	<b>75,875</b>	<b>74,932</b>	<b>943</b>
<b>Net Ordinary Income</b>	<b>150,319</b>	<b>321,046</b>	<b>(170,727)</b>
<b>Net Income</b>	<b>150,319</b>	<b>321,046</b>	<b>(170,727)</b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Budget Overview 2016 - 2017**  
 July 2016 through June 2017

	Jul 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	TOTAL Jul '16 - Jun 17
<b>Ordinary Income/Expense</b>													
<b>Income</b>													
<b>400. · District</b>													
402 · Property tax revenue	13,065	12,100	15,100	13,506	75,399	633,527	253,274	42,453	45,983	388,488	184,194	22,910	1,700,000
403 · Interest / Dividends	3,841	3,925	2,044	3,100	2,663	5,116	5,230	2,693	3,815	2,690	2,731	2,151	40,000
<b>Total 400. · District</b>	<b>16,906</b>	<b>16,025</b>	<b>17,144</b>	<b>16,606</b>	<b>78,062</b>	<b>638,643</b>	<b>258,505</b>	<b>45,146</b>	<b>49,798</b>	<b>391,178</b>	<b>186,926</b>	<b>25,061</b>	<b>1,740,000</b>
<b>450. · Properties</b>													
<b>460 · Lease Income</b>													
460.01 · A+ Urgent Care	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	4,800	57,600
<b>Total 460 · Lease Income</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total 450. · Properties</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>4,800</b>	<b>57,600</b>
<b>Total Income</b>	<b>21,706</b>	<b>20,825</b>	<b>21,944</b>	<b>21,406</b>	<b>82,862</b>	<b>643,443</b>	<b>263,305</b>	<b>49,946</b>	<b>54,598</b>	<b>395,978</b>	<b>191,726</b>	<b>29,861</b>	<b>1,797,600</b>
<b>Gross Profit</b>	<b>21,706</b>	<b>20,825</b>	<b>21,944</b>	<b>21,406</b>	<b>82,862</b>	<b>643,443</b>	<b>263,305</b>	<b>49,946</b>	<b>54,598</b>	<b>395,978</b>	<b>191,726</b>	<b>29,861</b>	<b>1,797,600</b>
<b>Expense</b>													
<b>500 · Administrative Expenses</b>													
500.10 · Salaries	16,533	18,533	18,533	18,533	20,533	20,533	20,533	20,533	20,910	20,910	20,910	21,006	238,000
500.12 · Payroll Taxes	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	2,100	25,200
500.14 · W/C Insurance	96	96	96	96	96	96	96	96	96	96	96	96	1,150
500.15 · Employee Health & Welfare	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	1,530	18,360
500.16 · Board Stipends	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	2,200	26,400
500.17 · Education & Conferences	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	1,250	15,000
500.18 · Dues & Subscriptions	7,500	591	591	591	591	591	591	590	591	591	591	591	14,000
500.19 · Insurance - General	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	3,750	45,000
500.20 · Independent Accounting Services	850	850	850	850	850	850	850	850	850	850	850	850	10,200
500.21 · Annual Independent Audit	0	0	0	8,500	0	0	0	0	0	0	0	0	8,500
500.23 · General Counsel	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	10,417	125,000
500.25 · Office Expense													
01 · Communications	450	450	450	450	450	450	450	450	450	450	450	450	5,400
02 · I.T. and Website services	933	250	250	0	250	217	0	0	250	0	250	0	2,400
03 · Refreshments	367	367	367	367	367	367	367	367	367	367	367	367	4,400
04 · Office supplies	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	1,333	16,000
06 · Independent Contract Services	2,176	2,176	2,176	5,576	5,556	5,506	5,506	5,506	5,406	5,404	5,506	5,506	56,000
<b>Total 500.25 · Office Expense</b>	<b>5,259</b>	<b>4,576</b>	<b>4,576</b>	<b>7,726</b>	<b>7,956</b>	<b>7,873</b>	<b>7,656</b>	<b>7,656</b>	<b>7,806</b>	<b>7,554</b>	<b>7,906</b>	<b>7,656</b>	<b>84,200</b>
500.27 · Depreciation	138	138	138	138	138	138	138	138	138	138	138	138	1,661
500.29 · Dist Promotions & Publications	4,000	250	250	250	100	100	100	100	200	250	250	150	6,000
500.32 · Consultant Fees	8,000	650	650	650	650	650	650	650	650	600	600	600	15,000
500.33 · Copier Lease	500	500	500	500	500	500	500	500	500	500	500	500	6,000
500.85 · Calif Mandated Reimbursement	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(833)	(10,000)
580.01 · General Election	0	0	0	40,000	0	0	0	0	0	0	0	0	40,000
<b>Total 500 · Administrative Expenses</b>	<b>63,290</b>	<b>46,598</b>	<b>46,598</b>	<b>98,248</b>	<b>51,828</b>	<b>51,745</b>	<b>51,528</b>	<b>51,527</b>	<b>52,155</b>	<b>51,903</b>	<b>52,255</b>	<b>52,001</b>	<b>669,671</b>
<b>590 · Management &amp; Maintenance</b>													
590.01 · Building Engineer	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	7,042	84,500
590.02 · Gas & Electric	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	7,850	94,200
590.03 · Water	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	2,000	24,000
590.04 · Waste Management	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.05 · Security	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	1,125	13,500
590.06 · Landscape - Grounds Environment	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	2,708	32,500
590.07 · Custodial Services	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.08 · Elevator	167	167	167	167	167	167	167	167	167	167	167	167	2,000
590.09 · Vehicle Expenses	125	125	125	125	125	125	125	125	125	125	125	125	1,500
590.10 · Maintenance Services & Repairs	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	1,763	21,150
<b>Total 590 · Management &amp; Maintenance</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>23,029</b>	<b>276,350</b>

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Profit & Loss Budget Overview 2016 - 2017**  
 July 2016 through June 2017

	Jul 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	Jun 17	TOTAL Jul '16 - Jun 17
<b>600 · Community Healthcare Programs</b>													
600.02 · Fibk Citizens Crime Prevention	2,500	0	0	0	2,500	0	0	3,000	0	0	0	0	8,000
600.59 · Palomar Health Foundation	2,500	0	0	0	2,500	0	0	2,500	0	0	2,500	0	10,000
600.58 · Michelle's Place	5,000	0	0	0	5,000	0	0	2,500	0	0	2,500	0	15,000
600.54 · Healthy Adventures Foundation	3,000	0	0	0	0	0	0	3,000	0	0	3,000	0	9,000
600.53 · Jeremiah's Ranch	6,000	0	0	0	6,000	0	0	0	0	0	0	0	12,000
600.04 · Boys & Girls Club	14,700	0	0	0	7,500	0	0	7,500	0	0	7,500	0	37,200
600.07 · Senior Citizens Center	15,275	0	0	0	15,525	0	0	15,525	0	0	15,538	0	61,863
600.08 · Smiles Project	17,500	0	0	0	17,500	0	0	17,500	0	0	17,500	0	70,000
600.11 · Palomar Family Coun.Serv.	18,500	0	0	0	18,500	0	0	18,500	0	0	18,500	0	74,000
600.14 · Fibk Family Health Center	21,250	0	0	0	21,250	0	0	21,250	0	0	21,250	0	85,000
600.17 · Foundation for Senior Care	39,446	0	0	0	39,196	0	0	39,197	0	0	12,250	0	130,089
600.18 · Fibk Comm Project - Food Pantry	15,000	0	0	0	15,000	0	0	15,000	0	0	15,000	0	60,000
600.33 · REINS Therapy	15,700	0	0	0	10,200	0	0	10,200	0	0	10,200	0	46,300
600.37 · Trauma Intervention Programs	4,000	0	0	0	0	0	0	4,000	0	0	0	0	8,000
600.46 · North Inland Comm Prev Program	3,206	0	0	0	3,206	0	0	3,208	0	0	0	0	9,620
600.47 · FUHS - Asperger's Support Ctr	0	0	0	0	3,250	0	0	3,250	0	0	0	0	6,500
600.48 · UCSD Eye Mobile for Children	0	0	0	0	0	0	0	8,500	0	0	0	0	8,500
600.57 · North County Fire Protect Distr	29,839	0	0	0	0	0	0	0	0	0	0	0	29,839
<b>Total 600 · Community Healthcare Programs</b>	<b>213,416</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>167,127</b>	<b>0</b>	<b>0</b>	<b>174,630</b>	<b>0</b>	<b>0</b>	<b>125,738</b>	<b>0</b>	<b>680,911</b>
<b>Total Expense</b>	<b>299,735</b>	<b>69,627</b>	<b>69,627</b>	<b>121,277</b>	<b>241,984</b>	<b>74,774</b>	<b>74,557</b>	<b>249,186</b>	<b>75,184</b>	<b>74,932</b>	<b>201,022</b>	<b>75,030</b>	<b>1,626,932</b>
<b>Net Ordinary Income</b>	<b>(278,028)</b>	<b>(48,801)</b>	<b>(47,682)</b>	<b>(99,871)</b>	<b>(159,122)</b>	<b>568,669</b>	<b>188,748</b>	<b>(199,240)</b>	<b>(20,586)</b>	<b>321,046</b>	<b>(9,296)</b>	<b>(45,168)</b>	<b>170,668</b>
<b>Net Income</b>	<b>(278,028)</b>	<b>(48,801)</b>	<b>(47,682)</b>	<b>(99,871)</b>	<b>(159,122)</b>	<b>568,669</b>	<b>188,748</b>	<b>(199,240)</b>	<b>(20,586)</b>	<b>321,046</b>	<b>(9,296)</b>	<b>(45,168)</b>	<b>170,668</b>

Local Agency Investment Fund  
P.O. Box 942809  
Sacramento, CA 94209-0001  
(916) 653-3001

[www.treasurer.ca.gov/pmia-laif/laif.asp](http://www.treasurer.ca.gov/pmia-laif/laif.asp)  
May 10, 2017

FALLBROOK HEALTHCARE DISTRICT

ADMINISTRATOR  
P.O. BOX 2587  
FALLBROOK, CA 92088

PMIA Average Monthly Yields

Account Number:

// Tran Type Definitions

April 2017 Statement

Effective Date	Transaction Date	Tran Type	Confirm Number	Authorized Caller	Amount
4/14/2017	4/13/2017	QRD	1535075	SYSTEM	2,765.85

Account Summary

Total Deposit:	2,765.85	Beginning Balance:	1,445,721.62
Total Withdrawal:	0.00	Ending Balance:	1,448,487.47



**FALLBROOK HEALTHCARE DISTRICT  
STATEMENT FOR PERIOD  
April 01, 2017 - April 30, 2017**

**CalTrust Medium Term Fund - FALLBROOK HEALTHCARE DIST**

Date	Transaction	Shares	Price Per Share	Amount	Average Cost NAV	Average Cost Amount	Realized Gain/Loss*
03/31/2017	BALANCE FORWARD	421,704.398	10.04	4,233,912.16	10.05199014	4,238,968.45	
04/03/2017	INCOME DISTRIBUTION - MARCH	445.090	10.04	4,468.70	10.05197749	4,468.70	0.00
04/30/2017	UNREALIZED GAIN (LOSS)	0.000		0.00		0.00	
04/30/2017	ENDING BALANCE	<u>422,149.488</u>	10.04	<u>4,238,380.86</u>		<u>4,243,437.15</u>	
	INCOME DISTRIBUTION PAID - MARCH			0.00			
	INCOME ACCRUAL - APRIL			4,296.07			
	CUMULATIVE UNREALIZED GAIN (LOSS)			-5,056.29			

\* Please note that this information should not be construed as tax advice and it is recommended that you consult with a tax professional regarding your account.

**For Inquiries About Your Account, Contact:**

Nottingham Investment Administration  
116 South Franklin Street  
Rocky Mount, NC 27804  
Attention: CalTRUST Shareholder Services  
Phone: 800.773.3863  
Fax: 252-972-1906  
Email: caltrustsupport@ncfunds.com

FALLBROOK HEALTHCARE DISTRICT  
FALLBROOK HEALTHCARE DIST  
ATTN: BOBBI A PALMER  
138 SOUTH BRANDON ROAD  
FALLBROOK CA 92028

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**Property Tax Revenue - Fiscal Year to Date**  
 July 2016 through April 2017

Type	Date	Name	Amount	Balance
<b>400. · District</b>				
<b>402 · Property tax revenue</b>				
Deposit	07/20/16	County of SD-pro...	13,064.78	13,064.78
Deposit	08/10/16	County of SD-pro...	28,616.73	41,681.51
Deposit	09/07/16	County of SD-pro...	9,576.71	51,258.22
Deposit	10/04/16	County of SD-pro...	23,342.78	74,601.00
Deposit	11/02/16	County of SD-pro...	50,132.27	124,733.27
Deposit	12/07/16	County of SD-pro...	600,065.52	724,798.79
Deposit	01/18/17	County of SD-pro...	297,496.04	1,022,294.83
Deposit	02/15/17	County of SD-pro...	63,789.21	1,086,084.04
General Jou...	03/31/17	County of SD-pro...	457,124.14	1,543,208.18
Total 402 · Property tax revenue			<u>1,543,208.18</u>	<u>1,543,208.18</u>
Total 400. · District			<u>1,543,208.18</u>	<u>1,543,208.18</u>
<b>TOTAL</b>			<b><u>1,543,208.18</u></b>	<b><u>1,543,208.18</u></b>

FALLBROOK REGIONAL HEALTH DISTRICT  
Check Detail Report - April 2017

Type	Date	Num	Name	Memo	Amount
102.2 · Cash in Bank - New Operating					
Check	04/04/17	9045	Bobbi Palmer	Reimbursement-ACHD Legislative Day - mileage	-63.25
Check	04/05/17	9039	Linda Bannerman	Reimbursement-small binder clips	-2.36
Bill Pmt -Check	04/05/17	9040	Fallbrook Chamber of Commerce	Annual Nonprofit Membership	-100.00
Bill Pmt -Check	04/05/17	9041	Fallbrook Waste - Hospital 439928	20-T3 439928	-92.70
Bill Pmt -Check	04/05/17	9042	Galvanized strategies formerly CIM ...	Retainer - Community Engagement Services - In...	-4,000.00
Bill Pmt -Check	04/05/17	9043	Glennie's Office Products, Inc.	6493	-347.48
Bill Pmt -Check	04/05/17	9044	L & M Enterprises, Inc.	March bookkeeping	-2,930.00
Bill Pmt -Check	04/11/17	9046	American Express - Credit card	0-41007	-3,547.19
Bill Pmt -Check	04/11/17	9047	Ascent Elevator Services, Inc.	Elevator Service - Inv. 28345	-173.00
Bill Pmt -Check	04/11/17	9048	AT&T U-Verse - computer	146524365	-85.26
Bill Pmt -Check	04/11/17	9049	Fallbrook Waste - FHD 441078	20-T1 441078	-69.50
Bill Pmt -Check	04/11/17	9050	FPUD - FHD 1 007721	007721-000	-84.22
Bill Pmt -Check	04/11/17	9051	FPUD - FHD 2 007720-001	007720-001	-91.64
Bill Pmt -Check	04/11/17	9052	FPUD - Hospital 2 008757	008757	-117.49
Bill Pmt -Check	04/11/17	9053	Health Care Appraisers Incorporated	Real Estate Appraisal and Site Visit Fee	-10,796.31
Bill Pmt -Check	04/11/17	9054	Iron Mountain-153	CHSRM	-1,383.06
Bill Pmt -Check	04/11/17	9055	Iron Mountain SX-302	SX302/Fallbrook Hosp.	-1,046.45
Bill Pmt -Check	04/11/17	9056	Murphy's Printing	Invoice 54611 - 250 Business Cards	-70.04
Bill Pmt -Check	04/11/17	9057	Streamline	Website monthly fee March 2017 - Inv. 94992	-200.00
Bill Pmt -Check	04/11/17	9058	Sun Realty	Property research for FRHD	-787.50
Bill Pmt -Check	04/11/17	9059	T.R.Y. Enterprises	Patrol Service 4/1/17-4/30/17	-1,100.00
Bill Pmt -Check	04/13/17	9060	Kathleen Bogle	March 2017 services rendered	-850.00
Bill Pmt -Check	04/13/17	9061	TRL Systems, Inc.	FAL004	-330.00
Bill Pmt -Check	04/13/17	9062	Ramirez Landscaping & Tree Service	Landscap maintenance March 2017	-1,600.00
Bill Pmt -Check	04/13/17	9063	Paragon Services Engineering	Bldg. Eng. Mike Ready; 3/1/17-3/31/17; Plus cell...	-7,674.90
Check	04/18/17	9064	William Leach	REIMBURSEMENTS for Feb and March ACHD ...	-848.18
Bill Pmt -Check	04/18/17	9065	Ahrend Studio	Photo of B. Palmer & L. Bannerman for Site Co...	-204.72
Bill Pmt -Check	04/18/17	9066	Aztec Cleaning & Maintenance	Office cleaning - Inv. 203807	-150.00
Bill Pmt -Check	04/18/17	9067	Bonsall Chamber of Commerce	2017 Bus. Directory Ad - Greater Fallbrook Are...	-325.00
Bill Pmt -Check	04/18/17	9068	CalPERS	1559595490	-780.86
Bill Pmt -Check	04/18/17	9069	Scott & Jackson Esq.	Professional services 2017 MARCH	-9,362.50
Bill Pmt -Check	04/20/17	9070	Citrus Plaza Self Storage	Storage Unit #322 rental fee 5/1-5/31/2017	-203.00
Bill Pmt -Check	04/20/17	9071	Kathleen Bogle	March 2017 add'l. services rendered	-900.00
Bill Pmt -Check	04/20/17	9072	Purchase Power (Pitney Bowes)	8000909009769550	-139.98
Check	04/26/17	9073	Pamela Knox	Reimburse - Dental (4/1-6/30/2017) & Medicare (...)	-431.62
Bill Pmt -Check	04/26/17	9074	Fallbrook Awards	8 Name Badges with New Logo	-161.63
Bill Pmt -Check	04/26/17	9075	Konica Minolta Leasing - qds	061-0116888-000	-896.29
Bill Pmt -Check	04/26/17	9076	L & M Enterprises, Inc.	4/1-4/25/17 Bookkeeping hours	-2,670.00
Bill Pmt -Check	04/26/17	9077	Purchase Power (Pitney Bowes)	8000909009769550	-21.84
Bill Pmt -Check	04/26/17	9078	Touchbase	344664	-54.93
Total 102.2 · Cash in Bank - New Operating					-54,692.90
TOTAL					-54,692.90





**FALLBROOK REGIONAL HEALTH DISTRICT  
FINANCE COMMITTEE  
MINUTES**

**Wednesday, May 3, 2017 at 5:00 P.M.  
Board Conference Room, 138 S. Brandon Rd., Fallbrook CA 92028**

Members Present: Barbara Mroz, Chair; Bill Leach, Co-chair and Howard Salmon.

Staff Members: Bobbi Palmer

Accountant: Kathy Bogle

Bookkeeper: Wendy Lyon

1. Call to Order/Roll Call

Committee Chairperson Mroz called the meeting to order at 5:08 p.m.

2. Public Comments

None

3. Review of Financial Statements for March 2017

- 1) Balance Sheet Comparison of March – February
- 2) Income Statement for March 2017 and fiscal year to date
- 3) Profit & Loss Actual vs Budget – March 2017
- 4) Profit & Loss Budget Overview July 2016 – June 2017

Each of the above reports were reviewed and discussed. No major changes were noted on the Balance Sheet Comparison. All variances were discussed and explained. There was discussion regarding actual versus budget. No variances were significant. Profit for March was \$511,948. An increase to the budget for Community Health Contracts for 2017-2018 had been recommended by the Finance Committee to the full board.

5) LAIF Report

At the end of March, the balance in the LAIF account was \$1,445,721.62.

6) Cal-Trust

At the end of March, the balance in the Cal-Trust account was \$4,238,968.45.

7) Property Tax Revenue – fiscal year to date

As of the end of March, a deposit was received totaling \$457,124.14 which brought the total of property tax revenue fiscal year to date to \$1,543,208.18.

8) Check Detail as of March 2017

Included in the packet for the meeting was a check detail report that will continue to be included in each month's Finance Committee meeting packet.

4. Adjournment

There being no further business, the meeting was adjourned at 5:43 p.m.

Respectfully submitted,

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Board Secretary/Clerk

DRAFT



**FALLBROOK REGIONAL HEALTH DISTRICT  
REGULAR BOARD MEETING  
Wednesday, May 10, 6:00 p.m.  
Fallbrook Public Utilities District, 990 E. Mission Rd., Fallbrook**

**MINUTES**

**A. CALL MEETING TO ORDER – PLEDGE OF ALLEGIANCE**

President Tinker called the meeting to order at 6:02 p.m. and led the pledge of allegiance.

Present: Directors Stephen Abbott, Bill Leach, Barbara Mroz, Howard Salmon and Gordon Tinker.

Also present: Executive Director Bobbi Palmer, Legal Counsel Blaise Jackson

**B. ADDITIONS TO AGENDA**

None

**C. PRESENTATIONS**

C1. Crestwood Behavioral Health, Inc.

President Tinker introduced Patti Blum, Ph.D., Regional V.P. and Operations Director for Crestwood Behavioral Health, Inc. She provided a history of when and how Crestwood Behavioral Health, Inc. began. She said there are currently two Crestwood facilities in San Diego. If approved to purchase the former hospital building, they will call it the *Fallbrook Healing Center* and it will be an inpatient mental health rehabilitation center. Crestwood's Vision is to create a continuum of services that will empower clients to live and succeed in their community. Their values include family, compassion, commitment, enthusiasm, flexibility, collaboration and character. Dr. Blum said mental health issues such as depression and suicide affect one out of every four families in our county. Crestwood Behavioral Health is a fully-accredited Sacramento –based healthcare provider, founded in 1968. Benefits to the community include that Crestwood plans to invest more than \$2 million to transform the abandoned Fallbrook Hospital building into a much-needed treatment center; construction related activities will provide an immediate economic boost to the community and Fallbrook Healing Center will create more than 108 permanent jobs for residents of Fallbrook and surrounding communities, as well as benefits to local vendors and suppliers. Following Dr. Blum's presentation, she answered questions from the audience. When asked about Crestwood's success rate, she responded that their success rate is 86-88 percent. Her complete presentation is available on our website at [fallbrookhealth.org](http://fallbrookhealth.org).

**D. BOARD MEMBER AND PUBLIC COMMENTS**

D1. Board recap of questions raised at April Board Meeting  
President Tinker and legal counsel noted that the questions asked at the April Town Hall/Board meeting and from a Coffee Chat held subsequent to the meeting had been typed and displayed on the back table with answers and supporting documents.

D2. Public Comment

Debra Lorenzen of North Inland Community Prevention Program (NICPP) addressed the Board regarding upcoming activities in the community. She said she works with youth in Fallbrook and on Memorial Day weekend the youth will be placing stickers on 12-packs or more of beer which remind purchasers to refuse to buy these products for youth noting that underage drinking is to be discouraged. In addition, on June 3<sup>rd</sup> at the Community Center, the NICPP is sponsoring a Youth Advocacy Leadership Event (YALE) which teaches youth leadership skills, drinking and drug use prevention and how to be an advocate in these matters for their peers. She invited one of the members of the FRHD Board of Directors to join them and perhaps address the youth.

Robert (Bob) Leonard had provided a list of comments and questions for the Board. (See attached). He read his multiple questions which included questions about the Contingency Plan and noted a housekeeping item regarding the District's bylaws. President Tinker invited Mr. Leonard to come to the District office and meet with him and the executive director at which time they would answer his questions.

Timothy Murphy, M.D., a psychiatrist who has lived in Fallbrook for 31 years and is the immediate past president of the California Psychiatric Association was the next person to address the Board. He said it is a national tragedy that the largest institution housing most mentally ill people is our jails and prisons. Many are also on the streets due to lack of adequate care and residential facilities like Crestwood provides. He said this facility would be a great benefit to the mentally ill, and he appreciates that the County is moving forward to fund this facility.

#### E. CONSENT ITEMS

- E1. Minutes of April 7, 2017 Finance Committee Meeting
  - E2. Minutes of April 12, 2017 Regular Board Meeting
  - E3. Minutes of April 22, 2017 Board Workshop
  - E4. Approval of March 2017 Financial Statements
- Action:** Director Salmon moved to approve the consent items. Director Mroz seconded the motion. Motion carried. (5-0)

#### F. REPORTS

- F1. Finance Committee – Committee of the Whole, Chair: Director Mroz  
Chairperson Mroz presented the Finance Committee meeting report. All financial reports through March 2017 had been reviewed and any variances were easily explained with no concerns. The balance in the LAIF account was \$1,445,721.62. The balance in the Cal-Trust account was \$4,238,968.45. As of the end of March, a deposit was received totaling \$457,124.14 which brought the total of property tax revenue fiscal year to date to \$1,543,208.18. Included in the packet for the meeting was a check detail report that will continue to be included in each month's Finance Committee meeting packet.
- F2. Gov't/Public Relation/Community Relations Committee – Directors Salmon and Tinker  
None
- F3. Facilities/Strategic Planning Committee – Directors Abbott and Salmon  
None

- F4. Executive Director – Bobbi Palmer  
Executive Director Bobbi Palmer said regarding community health, the District is facilitating a monthly Wellness Walk. Woman of Wellness celebrated Older American's Month at their event on May 4<sup>th</sup>. She attended a six-hour workshop at Pala Mesa providing information about *The Pharmacy in your Kitchen*. Lastly, Bobbi Palmer said she and some members of the Board of Directors attended Legislative Day in Sacramento and met with legislative representatives.
- F5. General Counsel – Blaise Jackson  
Other than anticipated comments on the action item, Legal Counsel Blaise Jackson said he had no report.

## G. DISCUSSION/ACTION ITEMS

- G1. Consideration of Approval of Purchase & Sale Agreement for 624 E. Elder St. property – Crestwood Behavioral Health, Inc.

President Tinker reviewed the past two and a half years of Board activity in regard to the closure of Fallbrook Hospital in December of 2014 and its possible use or sale. Multiple interested parties contacted the District with interest in leasing or purchasing the building for a variety of uses. None were able to conclude the transaction, again for a variety of reasons. President Tinker said the Board of Directors is pleased that Crestwood Behavioral Health has pursued its interest in the purchase of the building. He asked legal counsel if he had any comments.

Legal Counsel Blaise Jackson said per the Health and Safety Code (32121[p]), any transfer of more than fifty percent of the District's assets would require a vote of the public. Since the property being considered for sale (the hospital building and parking lots at 624 E. Elder) does not include the building at 138 S. Brandon or the building at 617 East Alvarado, and does not include the personal property/equipment at the facility, a vote is not required, as the \$4.5 million sale price constitutes only thirty-eight percent of the District's assets. He also said the \$4.5 million sale price is consistent with valuation of the property made by the licensed appraiser retained by the district. . In addition, he noted there would be no transfer of the existing hospital license to this new facility. If the Board of Directors votes to approve the proposal for the sale of the building to Crestwood Behavior Health, which has been negotiated and vetted, the escrow would open in a matter of days, and escrow would be one to two months. Director Abbott commented that this decision has been thoroughly vetted and he believes the decision to approve the proposal from Crestwood Behavioral Health is a good decision for Fallbrook. He added that he believes it is the highest and best decision the Board can make and he is very comfortable with the decision. It will also benefit ER wait times in the area.

**Action:** It was moved by Director Abbott, seconded by Director Salmon to approve the Purchase and Sale Agreement with Crestwood Behavioral Health, Inc. for the purchase of the building and parking lots at 624 E. Elder Street for the price of \$4.5 million. Motion carried 5-0.

**H. ITEMS FOR SUBSEQUENT MEETINGS**

H1. Other Director/Staff discussion items

H1a. Item(s) for future board agendas

June agenda to include consideration of budget increase for Community Health Contracts.

H1b. Announcements of upcoming events:

- Community Collaborative for Health & Wellness Committee (CCH&W) meeting – Monday, May 15, 2017, 9:00-10:30am, FPUD Board Room
- CSDA Legislative Days – May 16-17, 2017, Sacramento
- Wellness Walk – Wednesday, May 17, 2017, 624 E. Elder St., Fallbrook
- Woman of Wellness – Thursday, June 1, 2017, 6pm – Fallbrook Library
- NCCCHI meeting – 1<sup>st</sup> Wednesday, June 7, 2:00-3:00pm Fallbrook Healthcare District Board Room, 138 S. Brandon Rd.

H2. Next Regular Board meeting – Wednesday, June 14, 2017, Fallbrook Public Utility District Board Room

**I. ADJOURNMENT**

There being no further business, the meeting adjourned at 7:30 p.m.

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Gordon Tinker, President

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Stephen Abbott, Secretary

## **REPORTS**



## **REPORTS**

Executive Director – Bobbi Palmer

# Fallbrook Regional HEALTH DISTRICT

To: Board of Directors  
Fallbrook Regional Health District  
From: Bobbi Palmer, MBA, MSW  
Re: Monthly Report  
Date: June 12, 2017

## Community Health

FRHD will facilitate another upcoming and monthly Wellness Walk scheduled for Wednesday June 21st. Participants will begin their walk at the Community Center with registration beginning at 10:00 am. Free pedometers, bottles of water, health cooking recipes and an orange will be handed out.

## Women of Wellness; WOW

An upcoming presentation entitled, “Drug Interactions & Over-The-Counter Implications” by Don Weeks, Pharm D. from CVS of Fallbrook. This presented is scheduled for Thursday July 7<sup>th</sup> at the public library.

## North County Community Collaborative for Health Initiative; NCCCHI

Summer session has begun and through the University of California San Marcos, School of Nursing we are hosting with Professor Lewis, nine (9) RN students and five (5) Bonsall High School student interns. They have a very ambitious schedule for the months of June and July as they deliver Community Health through preventive health education and screenings. I will provide updates and status reports.

## Legislative Advocacy

See attached documents.

**REPORTS**  
Legislative Communication



HURST+BROOKS+ESPINOSA

# This Week in Sacramento

INFORMATION & INSIGHTS FROM HURST BROOKS ESPINOSA ■ WEEK OF MAY 22, 2017

## Assembly and Senate Wrap Up Their Initial 2017-18 Budget Work

The Senate and Assembly budget committees concluded their work on preparing their respective versions of the 2017-18 budget this week. These plans will now be reconciled to determine where the two plans differ; those items will then be sent to the Budget Conference Committee for further discussion and negotiation. While the Conference Committee meets, the Senate President pro Tem and Assembly Speaker will meet with the Governor to hash out issues of significant consequence. Here are a few of the big issues for the Conference Committee and leadership to discuss:

- **State Revenue Estimates** – The Legislative Analyst’s Office (LAO) projects about \$1 billion more in state General Fund revenues than the Administration does; the Senate and Assembly both based their spending plans on the LAO’s higher revenue estimate (as they do nearly every year). The Administration opposes using the LAO estimate (as they do nearly every year), and this point of contention is likely the first aspect of negotiations between the Administration and legislative leadership.
- **Cannabis Trailer Bill Language** – Negotiations continue on the Administration’s proposed trailer bill language to implement Proposition 64 and reconcile that language with the Medical Cannabis Regulation Safety Act (MCRSA).
- **Proposition 56** – Revenues generated from Proposition 56, the recently approved tobacco tax increase, were proposed to be directed to largely offset existing state costs in the Administration’s January budget proposal, much to the chagrin of Proposition 56 supporters who had hoped that the revenue would be used to increase Medi-Cal reimbursement rates. The Senate and Assembly have developed their own plans for use of Proposition 56 revenues.
- **CalPERS Additional Payment** – In a recent [report](#), the Legislative Analyst’s Office (LAO) has raised alarms on the Administration’s May Revision proposal to utilize existing state reserve funds to make a one-time additional payment of \$6 billion to CalPERS.
- **University of California** – The Administration proposed withholding \$50 million from the University of California pending its compliance with recent recommendations from the Bureau of State Audits.

### Worth Noting: Big Bill Deadline Next Week

This week, the Senate and Assembly – through their respective Suspense File hearings (discussed on page 2 of this update) – significantly winnowed the number of active bills advancing through the legislative process. Next Friday – June 2 – is another make-or-break deadline, when bills must pass off the floor of their house of origin. (That means Assembly bills must clear the Assembly, and Senate bills have to clear the Senate ... only to start the process over again on the other side.)

There will be long floor sessions next week as the houses “work the file.”

The Administration noted in this week's Assembly Budget Committee that they have withdrawn their proposal to adjust the formula they used in calculating the State Appropriations Limit (also called the SAL or the "Gann Limit") in the January proposed budget. This proposal was the subject of significant scrutiny and concern by the LAO during budget hearings. (We wrote up the [LAO report](#) back in March.) However, the Administration requested that additional discussions continue with the Legislature in the fall regarding clarification of the statute and resulting formula used to calculate the SAL.

The main budget bill is AB 97 (Budget Committee), and the Assembly and Senate will each have five appointees to the Budget Conference Committee (three Democrats and two Republicans each). The Assembly Speaker has already named the following members to the Budget Conference Committee: Assembly Member Phil Ting (co-chair), Assembly Member Philip Chen, Assembly Member Kevin McCarty, Assembly Member Jay Obernolte, Assembly Member Shirley Weber, and Assembly Member Joaquin Arambula (alternate). On the Senate side, the conferees will be Senator Holly Mitchell (co-chair), Senator Richard Roth, Senator Ricardo Lara, Senator Jim Nielsen, and Senator John Moorlach.

We will continue to provide updates on budget activities as they progress.

### **The Suspense is Killing Us ... Committees Scrutinize Bills' Fiscal Impact**

Now there's a joke that's been made a thousand times in Sacramento this week! As reported in last week's *This Week*, the Senate and Assembly Appropriations Committees met this week to consider their respective "suspense" files. Recall, of course, that bills with a fiscal impact over a certain threshold are referred by the respective Appropriations Committee to the dreaded Suspense File. Then, the committee in each house takes up all suspense bills in one day to determine those that will continue to see the light of day (i.e., move to the floor for consideration of the full house) and those that won't. There's always some grumbling about the manner in which the committees come to these decisions – behind closed doors, with the results kept under wraps until the committee hearing. A bill on the Suspense File can meet one of three fates: 1. The bill dies ("held in committee"); 2. The bills passes off suspense with amendments to reduce/eliminate costs; or 3. The bill moves out of committee with no changes.

The Senate Appropriations Committee met on Thursday and considered 287 fiscal bills, passing 204 (71%) on for the full house's consideration. A complete accounting of the Senate committee's action can be found [here](#). Today, the Assembly Committee went to work, taking up 531 bills (with a total proposed spend of \$21.5 billion – yipes!) but ultimately approving 351 (66%), with presumably a greatly reduced price tag. Assembly actions are detailed [here](#). Action on notable measures follows.

**Single Payer Health Care - [SB 562](#)** (Lara) got off the Senate Appropriations Suspense file despite a heavy price tag from Appropriations staff. The measure was amended on Thursday to make implementation contingent on funding. The Appropriations staff analysis indicates a \$400 billion annual cost associated with single payer, with \$200 billion in existing federal, state and local funding available to offset a portion of those costs. The analysis also subtracts \$100-150 billion in existing employer spending on employer-sponsored health insurance to arrive at an estimate of total new spending under the bill of between \$50 and \$100 billion per year.

**Bail Reform** – Both [SB 10](#) (Hertzberg) and [AB 42](#) (Bonta), which to this point have been identical measures that seeks to overhaul the bail system, were passed off their respective house's Suspense Files. SB 10 passed with no amendments, while the Assembly Appropriations Committee made as yet unspecified technical corrections to Assembly Member Bonta's AB 42. As reported last week,

both bills have been scored with significant (in the hundreds of million dollars range) potential fiscal impacts.

**“Small Cell” Wireless Infrastructure** – [SB 649](#) (Hueso), which would establish a new permitting process for small cell wireless facilities and limit the fees that local governments may charge for placement of small cells locally owned vertical infrastructure (e.g., streetlight and traffic signal poles), passed out of the Senate Appropriations Committee. The bill has been amended to change the fee structure, but those changes do not appear to have addressed local governments’ opposition.

**Tax Exemptions and Credits** – The Assembly Appropriations held 36 bills that would have provided tax exemptions and credits.

### **It’s a Boom for State’s Recent Cap-and-Trade Auction**

*The Sacramento Bee* [reports](#) that this week’s cap-and-trade auction generated about \$1 billion in revenue, with about 90 percent of available credits sold. Experts attribute the surge in purchasing to the recent appellate court decision upholding the constitutionality of the auction. About half of the \$1 billion will go to state purposes; the remainder will be distributed to the provincial government of Quebec (a partner in California’s cap-and-trade program) and the state’s major utilities.

### **New Progressive Democratic Caucus Forms**

In a move viewed as a means to establish a counterweight to the more conservative, pro-business moderate Assembly Democratic caucus (the “Mod Dems”), Assembly Democrats formed a Progressive Caucus as part of the party’s convention proceedings last weekend. The members of the newly established “Pro Dems” are listed below. Assembly Member Reggie-Jones Sawyer (D-Los Angeles), who chairs the caucus, described the group’s organizing principle as follows: "We all have the same ideology, which is basically that we value people more than money,"

Members of the Progressive Democratic Caucus include:

- |   |  |
|---|--|
| 1. Reggie Jones Sawyer, chair (Los Angeles) | 12. Marc Levine (San Rafael)             |
| 2. Shirley Weber (San Diego)                | 13. Lorena Gonzalez Fletcher (San Diego) |
| 3. Mark Stone (Scotts Valley)               | 14. Ash Kalra (San Jose)                 |
| 4. Bill Quirk (Hayward)                     | 15. Todd Gloria (San Jose)               |
| 5. Laura Friedman (Glendale)                | 16. Monique Limón (Santa Barbara)        |
| 6. Eloise Gomez Reyes (San Bernardino)      | 17. Rob Bonta (Alameda)                  |
| 7. Tony Thurmond (Richmond)                 | 18. Evan Low (Campbell)                  |
| 8. Eduardo Garcia (Coachella)               | 19. Richard Bloom (Santa Monica)         |
| 9. Kansen Chu (San Jose)                    | 20. Jimmy Gomez (Los Angeles)            |
| 10. Phil Ting (San Francisco)               | 21. Marc Berman (Menlo Park)             |
| 11. David Chiu (San Francisco)              | 22. Kevin McCarty (Sacramento)           |

We’ll be watching to see how and to what extent the new caucus wields its influence.

### **The Future of the Affordable Care Act**

The Congressional Budget Office (CBO) released its score of the American Health Care Act (AHCA) [H.R. 1628] on Wednesday, nearly three weeks after the measure passed the House. The CBO document can be viewed [here](#). The following is a brief summary of the CBO estimates:

- The AHCA would reduce federal deficits by \$150 billion from 2017-2026 (which is \$186 billion less than the March 13, 2017 CBO estimate on the previous version of the bill).
- In 2018, 14 million more people would be uninsured under ACHA than under current law. The number of uninsured would grow to 21 million in 2020 and 24 million in 2026.
- Premiums would increase in the nongroup market before 2020 and would decrease thereafter. In 2018 and 2019, CBO estimates average premiums would increase 15-20 percent in the nongroup market (vs. current law). By 2026, average premiums for single policyholders in the nongroup market would be roughly 10 percent lower than under current law.
- In the Medicaid area, the total reduction in federal spending on the program remains about the same – a cumulative cut of \$834 billion over the 10-year period of 2017-2026.
- The CBO indicates that the flexibility given to states in the final bill to reduce essential health benefits will result in individuals being unable to obtain coverage. There are assumptions made in the analysis that about one-sixth of the country would live in states that selected this flexibility.

The CBO score is important to the budget reconciliation process (which is the process by which the AHCA passed) because under existing rules a Senate bill must contain the same savings targets as the House bill.

What's next? A Senate workgroup of thirteen Senators initially began meeting behind closed doors to craft the Senate's version of health care reform. The group has expanded after some criticism that the group did not include any women; Iowa Senator Joni Ernst has begun participating. The Senate leadership goal appears is to finalize a bill for an August vote.

However, the Senate faces many of the same dynamics between moderate Republicans and other party factions: Republicans from states that expanded Medicaid (who want to preserve the Medicaid expansion and elements of the ACA) and more conservative Republicans (who want to go further with repeal and replace and Medicaid cuts). It will likely be several weeks before more detail emerges from the Senate.

The President's 2018 budget was unveiled earlier this week and contains substantially similar cuts to Medicaid to the Medicaid reductions in the AHCA. If the Medicaid cuts are enacted through the budget process, those savings cannot be used as part of the savings targets under the CBO score for the reconciliation bill.

**Please feel free to contact any one of us at Hurst Brooks Espinosa with questions ...**

<p style="text-align: center;"><b>JEAN HURST</b> 916-272-0010   <a href="mailto:jkh@hbeadvocacy.com">jkh@hbeadvocacy.com</a></p>	<p style="text-align: center;"><b>KELLY BROOKS</b> 916-272-0011   <a href="mailto:kbl@hbeadvocacy.com">kbl@hbeadvocacy.com</a></p>	<p style="text-align: center;"><b>ELIZABETH ESPINOSA</b> 916-272-0012   <a href="mailto:ehe@hbeadvocacy.com">ehe@hbeadvocacy.com</a></p>
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**California Special  
Districts Association**

*Districts Stronger Together*

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## UNDERSTANDING THE BROWN ACT

### DATES AND LOCATIONS:

**August 16** – North of the River Recreation and Park District, Bakersfield – *Central Network*

**August 23** – South Feather Water and Power Agency, Oroville – *Northern Network*

**August 30** – Port San Luis Harbor District, Avila Beach – *Coastal Network*

**September 6** – Coachella Valley Water District, Coachella – *Southern Network*

**November 1** – East Bay Municipal Utility District, Oakland – *Bay Area Network*

**November 8** – Stockton East Water District, Stockton – *Sierra Network*

The Ralph M. Brown Act, California's open meetings law, provides legal requirements to help ensure the right of access to information and transparency in local government decision making. This workshop will guide attendees through the ins and outs of the Brown Act, including:

- What constitutes a meeting - including committees, advisory boards, and serial meetings;
- Information on different types and manner of conducting meetings - including special meetings, emergency meetings, and closed sessions;
- Agenda requirements, notice requirements, and public participation at meetings; and
- Potential penalties for violating the Brown Act.

### SCHEDULE:

9:00 – 9:30 a.m.	Registration
9:30 – 10:00 a.m.	Grassroots Outreach & Legislative Updates for Special Districts
10:00 a.m. – 12:00 p.m.	Understanding the Brown Act
12:00 – 1:00 p.m.	District Network Discussion Lunch <i>sponsored by the California Special Districts Alliance</i>

**REGISTRATION:** *(includes lunch and one complimentary copy of CSDA's new Brown Act Guide)*

CSDA Member – \$25     Non-Member – \$40

Name: \_\_\_\_\_

Title: \_\_\_\_\_

District: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Mail or fax completed form to:**

CSDA, 1112 I Street, Suite 200, Sacramento, CA 95814 • fax: 916.520.2465

**Questions?**

Please contact us toll-free at 877.924.2732.

**REPORTS**  
Communication Only

## Behavioral Health Websites

1. **211 Inform San Diego**  
<http://www.211sandiego.org>
2. **American Academy of Pediatrics California Chapter 3 - San Diego**  
<http://www.aapca3.org/>
3. **American Institutes for Research**  
<http://www.air.org>
4. **ARC of San Diego**  
<http://www.arc-sd.com>
5. **Bi-Polar Kids**  
<http://www.thebalancedmind.org/>
6. **Center for School Mental Health**  
<http://csmh.umaryland.edu/>
7. **Children and Adults with Attention Deficit/Hyperactivity Disorder**  
<http://www.chadd.org/>
8. **Children Mental Health (CMH) Network**  
<http://www.cmhnetwork.org>
9. **Department of Managed Health Care**  
<http://www.dmhc.ca.gov>
10. **Health and Human Services of San Diego County**  
<http://www.sandiegocounty.ca.gov>
11. **Healthy San Diego**  
[http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy\\_san\\_diego/index.html](http://www.sandiegocounty.gov/hhsa/programs/ssp/healthy_san_diego/index.html)  
[http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy\\_san\\_diego/index.html](http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy_san_diego/index.html)  
Access & Crisis Line (888) 724-7240
12. **National Alliance on Mental Illness**  
<http://www.nami.org>
13. **National Federation of Families for Children's Mental Health**  
<http://www.ffcmh.org>
14. **OPTUM Health**  
<http://www.optumsandiego.com>
15. **Technical Resource Library (TRL)**  
[http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical\\_resource\\_library.html](http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/technical_resource_library.html)
16. **San Diego Network of Care for Behavioral Health**  
<http://sandiego.networkofcare.org>

## The role of pediatric services in mental health treatment

SAN DIEGO – Anxiety and depression are the most common mental health problems in children and adolescents. Youth with these disorders often go to their primary care physicians for referrals, but only a small number of them obtain much-needed mental health care.

A new study led by researchers at San Diego State University (SDSU) suggests that providing a brief behavioral therapy in the pediatric primary care setting can help more young people get the help they need. The brief intervention's benefits were especially noteworthy in Latino youth, more than three quarters of whom showed significant improvement.

About three in 10 children and adolescents suffer from significant anxiety and/or depression that affects their ability to learn in school, form and maintain meaningful relationships, and engage in activities.

The study's lead author, V. Robin Weersing, professor in SDSU's Joint Doctoral Program in Clinical Psychology, said that the mental health system is not currently suited to identify and successfully treat this many youth.

Additionally, families report barriers to pursuing mental health referrals that they might receive, including stigma, limited time, transportation and financial difficulties. However, statistics show that nine out of 10 kids and teens do regularly see a pediatrician,

presenting an opportunity to piggyback mental health services on top of their existing medical care.

To learn how effective that approach may be, Weersing and colleagues recruited 185 ethnically diverse children and adolescents ages 8 to 16 who were identified by their pediatrician as struggling with anxiety and/or depression.

The study occurred at several pediatricians' offices in San Diego and Pittsburgh. Half of these youth received outpatient referrals to standard outpatient mental health care, with the researchers continuing to contact families to help ensure that they followed through with referrals.

The other half of youth received brief behavioral therapy (BBT) involving between eight and 12 weekly 45-minute therapy sessions at their doctor's office. The BBT intervention involved learning and practicing strategies that would help youths face their fears and participate in daily life activities – school, social, and family – that they had previously avoided. No psychiatric medications were prescribed as part of BBT.

"In these interventions, kids learn not to withdraw from what's upsetting them," Weersing said. "Slowly they learn to approach and actively problem solve. Step by step, they re-engage with the tasks that they need to do or want to do, but previously struggled to do, because negative emotions were in

the way."

After 16 weeks of receiving either outpatient referrals or the BBT intervention, youth and their parents completed interviews and questionnaires that assessed anxiety and depression symptoms. While 28 percent of youth in the outpatient referral group improved significantly, more than twice as many (57 percent) in the BBT group showed significant improvement.

The results were even more dramatic for Latino children and adolescents: an impressive 76 percent showed significant improvement in the BBT group,

while only 7 percent showed significant improvement in the outpatient referral group. The researchers recently published their results in the journal *JAMA Psychiatry*.

"Overall, we view this study as providing really promising evidence that anxious and depressed kids can be treated safely and effectively within their pediatricians' offices," Weersing said. "This has great promise for improving access to care, particularly for Latino youth."

An editorial accompanying the paper in *JAMA Psychiatry* notes that use of brief behavioral

techniques in the medical setting might be the only realistic way to meet the mental health needs of young people.

"Bringing mental health care to pediatric primary care is the only chance we have to meet the behavioral health needs of the approximately 20 percent of children and adolescents who are likely to develop mental health problems before graduating from high school," wrote the editorial's authors. "Although we still have a long way to go, the pioneering intervention ... is a big step in the right direction."



## Struggling To Treat San Diego County's Mentally Ill

Wednesday, October 7, 2015

By [Kenny Goldberg](#)

If you want to get a sense of the problem, just go to a local hospital emergency room.

On a weekday afternoon at [Scripps Mercy Hospital](#) in Hillcrest, [Dr. Roneet Lev](#) looked at a computer screen that lists all of the patients in her emergency room.

"We have 55 people in our emergency department," said Lev as she pointed to her computer screen. "And if I forward, I see there's two people on a psychiatric 5150 hold, a person here with anxiety. If I scroll down, we can see here suicidal, suicidal, suicidal, suicidal, suicidal, suicidal, suicidal."

In a different part of the ER, Lev stood outside of a room that used to be dedicated to cardiac patients.

"Now we've moved them upstairs, and we have four dedicated beds in a locked area where we have psychiatric patients, and they're there 24/7 with a dedicated psychiatric nurse," Lev said.

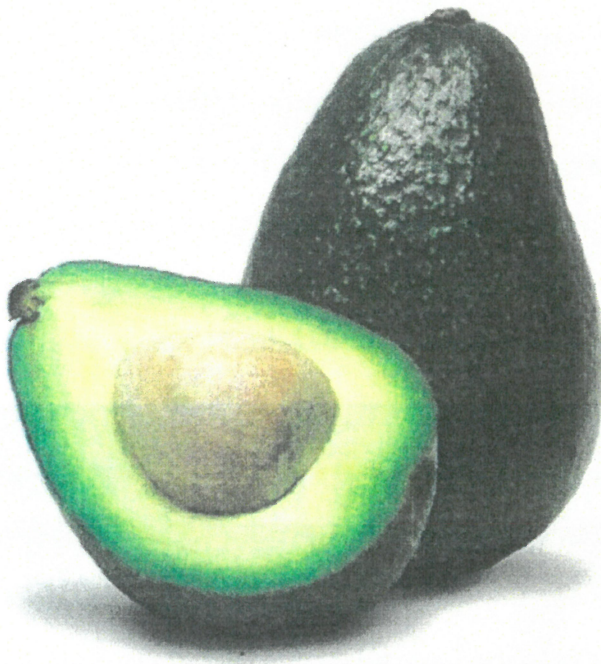
This room is full seven days a week, Lev said. Other psychiatric patients are spread throughout the unit.

In the last few years statewide, the number of psychiatric cases in hospital emergency departments has skyrocketed — in some places, one out of five patients has a psychiatric issue.

The increase may be due in part to the Affordable Care Act, which has allowed millions of additional Californians to get [Medi-Cal](#) coverage.

Lev points out ERs can handle psychiatric emergencies. But they're not designed for people who need continuing acute care.

# Fallbrook Regional HEALTH DISTRICT



## AVOCADO

Raw (edible parts)

Nutritional values per 100 g (3.5 oz)

Energy	670 kJ (160 kcal)
Carbohydrates	8.53 g
Sugars	0.66 g
Dietary Fiber	6.7 g
Fat	14.66 g
Protein	2 g
Thiamine (Vit B1)	0.067 mg (5%)
Riboflavin (Vit B2)	0.130 mg (9%)
Niacin (Vit B3)	1.738 mg (12%)
Pantothenic Acid (B5)	1.389 mg (28%)
Vitamin B6	0.257 mg (20%)
Folate (Vit B9)	81 mg (20%)
Vitamin C	10 mg (17%)
Calcium	12 mg (1%)
Iron	0.55 mg (4%)
Magnesium	29 mg (8%)
Phosphorus	52 mg (7%)
Potassium	485 mg (10%)
Zinc	0.64 mg (6%)

**Avocados contain healthy fat.  
Watch for future  
Food is Medicine programs  
sponsored by Fallbrook Regional  
Health District.**

[www.fallbrookhealth.org](http://www.fallbrookhealth.org)

# Fallbrook & Bonsall VILLAGE NEWS

ALSO SERVING THE COMMUNITIES OF DE LUZ, RAINBOW, CAMP PENDLETON, PALA, AND PAUMA

April 20, 2017 www.VillageNews.com Volume 21, Issue 16

## FRHD holds town hall meeting to discuss old hospital building options

Andrea Verdin  
Staff Writer

The Fallbrook Regional Health District (FRHD) board of directors held a town hall meeting April 12 to allow the greater Fallbrook community to discuss possible options for the old hospital building.

"We have made several changes in the district," said board president Gordon Tinker. "We hired a new executive director, who has brought enthusiasm and experience; we have revised our mission statement; changed our name; hired a company to collect data to see the disparity in the community; and we are trying to look at the medical needs of the community with the help of a citizen's advisory committee."

Executive director Bobbi Palmer explained that transforming the healthcare district has taken time.

"In the state of California, it's no longer sustainable to have a hospital," said Palmer. "Fallbrook benefited from having its own hospital. Now we need to look at the future. We are now focused on preventable care, which is less costly."

"We are taking steps to create a new future in our community," continued Palmer. "We need to find the tools and listen to the community."

Fallbrook residents made suggestions about what they would like to see offered at the old hospital facility.

see **OPTIONS**, page A-11



Members of the community express their thoughts on possible uses for the old hospital building to board members of the Fallbrook Regional Health District during a town hall meeting April 12. Courtesy photo

### **OPTIONS** from page A-1

Sandra Buckingham believes the site could be a place for wellness nonprofits to use as a hub for the community. Miriam Padilla, who works with a youth advocacy group, and Vi Dupre, the former executive director of the Healthcare District, would like to see the mental health community

represented there as well.

Others discussed the need for wellness programs for seniors, specifically cardiac rehabilitation.

"I used the cardiac rehab center from 2006 until it closed," said John Watson of the Senior Wellness Program. "We need a collaboration of nonprofits, and we need a cardiac facility restored."

The fact that the Fallbrook Hospital brought with it 400 jobs was also mentioned, as well as

the hope that whatever business that entered into the area would bring more jobs back into the community as well.

Once all community members expressed their recommendations to the board, Tinker stated that another town hall meeting, with possible answers, will be held at the May healthcare district meeting.

# FALLBROOK REGIONAL HEALTH DISTRICT

## TOWN HALL MEETING

### MAY 10<sup>th</sup> 2017

#### QUESTIONS AND COMMENTS FROM APRIL TOWN HALL AND COFFEE CHATS

1. CAN THE FACILITY BE USED TO PROMOTE PREVENTIVE CARE? YES. THE MISSION OF THE DISTRICT IS PROMOTING HEALTH FOR THE PEOPLE OF THE DISTRICT.
2. CAN THE DISTRICT ADDRESS ALCOHOL, DRUG ABUSE, AND HEALTH SERVICES? YES. THE DISTRICT MAINTAINS A WEBSITE INSTEAD OF A NEWSLETTER.
3. CAN THE DISTRICT ADDRESS OBESITY IN THE DISTRICT? YES, IT IS AN EPIDEMIC. BEHAVIORAL HEALTH PROGRAMS TREAT PEOPLE WITH ADDICTIONS. THE BOARD OF DIRECTORS HAVE INCLUDED BEHAVIORAL HEALTH WITHIN THE 2017-2018 VISION.
4. CAN THE DISTRICT ADDRESS PROBLEMS IN OUR COMMUNITY INCLUDE OPIATES, DRINKING AND SMOKING. YES, IT IS AN EPIDEMIC. BEHAVIORAL HEALTH PROGRAMS TREAT PEOPLE WITH ADDICTIONS. THE BOARD OF DIRECTORS HAVE INCLUDED BEHAVIORAL HEALTH WITHIN THE 2017-2018 VISION.
5. CAN THE DISTRICT ADDRESS GANGS AND DRUG PROBLEMS IN FALLBROOK'S YOUTH. FALLBROOK REGIONAL HEALTH DISTRICT CURRENTLY FUNDS AND FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE'S "GANAS MENTORING PROGRAM", NORTH INLAND COMMUNITY PREVENTION PROGRAM'S "THE FALLBROOK YOUTH ADVOCACY COALITION" AND THE BOYS AND GIRLS CLUBS OR NORTH COUNTY.
6. WILL THE DISTRICT BE ABLE TO ADDRESS ECONOMIC CONCERNS FOR EMPLOYERS AND HOSPITAL DIRECTORS? YES. THE DISTRICT MAINTAINS A WEBSITE INSTEAD OF A NEWSLETTER.
7. WHAT KIND OF NEWSLETTER DOES THE DISTRICT HAVE? CURRENTLY, THE DISTRICT MAINTAINS A WEBSITE INSTEAD OF A NEWSLETTER.
8. OBESITY IS A SERIOUS HEALTH PROBLEM IN THE UNITED STATES. YES, IT IS. FUTURE DISTRICT PROGRAMS INCLUDE FOOD IS MEDICINE, EXERCISE IS MEDICINE AND TO PREVENT THE PREVENTABLE.
9. PROBLEMS IN OUR COMMUNITY INCLUDE OPIATES, DRINKING AND SMOKING. YES, IT IS AN EPIDEMIC. BEHAVIORAL HEALTH PROGRAMS TREAT PEOPLE WITH ADDICTIONS. THE BOARD OF DIRECTORS HAVE INCLUDED BEHAVIORAL HEALTH WITHIN THE 2017-2018 VISION.
10. THERE HAS BEEN AN INCREASE IN GANGS AND DRUG PROBLEMS IN FALLBROOK'S YOUTH. FALLBROOK REGIONAL HEALTH DISTRICT CURRENTLY FUNDS AND FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE'S "GANAS MENTORING PROGRAM", NORTH INLAND COMMUNITY PREVENTION PROGRAM'S "THE FALLBROOK YOUTH ADVOCACY COALITION" AND THE BOYS AND GIRLS CLUBS OR NORTH COUNTY.
11. HOW MUCH DO I PAY IN PROPERTY TAXES THAT GOES TO FALLBROOK REGIONAL HEALTH DISTRICT? ACCORDING TO SAN DIEGO COUNTY, BETWEEN 1.4% AND 2.9% OF THE 1% REVENUE FOR ALL SPECIAL DISTRICTS IS WHAT FALLBROOK REGIONAL HEALTH DISTRICT RECEIVES. FOR EXAMPLE, THE AVERAGE HOMEOWNER PAYS \$76.26 PER YEAR OR \$6.36 PER MONTH. FOR MORE INFORMATION, GO TO [www.SanDiegoCounty.gov/auditor/ptspage.html](http://www.SanDiegoCounty.gov/auditor/ptspage.html).

## Fallbrook Regional HEALTH DISTRICT

Serving Bonsall, De Luz, Fallbrook, Rainbow

### MISSION

Promoting health for the people of the District

### VISION

Reducing the impact of identified major health issues in our District

#### Strategic Initiatives 2017-18

- Pre-Diabetes & Diabetes
- Hypertension
- Heart Disease
- Behavioral Health

### VALUES

- Dedication
- Efficiency
- Integrity
- Objectivity
- Prudence
- Respect
- Transparency

FALLBROOK HEALTH DISTRICT  
A Tax Supported Public Agency Serving Northern San Diego County

Revised by Fallbrook Healthcare District Board of Directors on December 14, 2016.



Fallbrook Health District

(November 11, 2016) Association of California Healthcare Districts has achieved... As public agencies, California's Healthcare Districts must demonstrate compliance with public funds, and exercise compensation. Healthcare Districts have with respect to public being served. "Fallbrook Health District's Board of Directors certified organizations," says Bobbi Palmer, business in a manner that is open and transparent. California Healthcare Districts respond to the created 79 Healthcare Districts to fulfill their Healthcare Districts provide access to essential community level. As a result, tens of millions otherwise be out of reach.

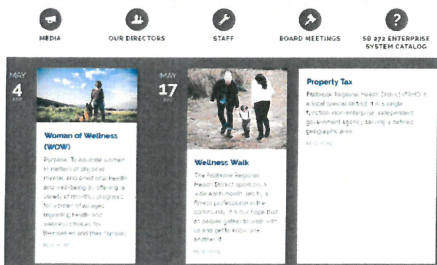
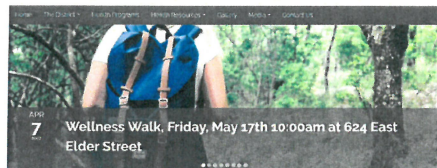
Association of California Healthcare Districts

The Association of California Healthcare Districts serves the diverse needs of California's Healthcare Districts by enhancing public awareness, training and educating its members and advocating for legislative and regulatory policies that allow Healthcare Districts to deliver the best possible health services to Californians. Learn more at [www.achd.org](http://www.achd.org).

10100 Street, Suite 2000, Sacramento, CA 95814 • 916.344.5300 • 916.344.5301 • www.achd.org

[www.FallbrookHealth.org](http://www.FallbrookHealth.org)

Fallbrook Regional HEALTH DISTRICT

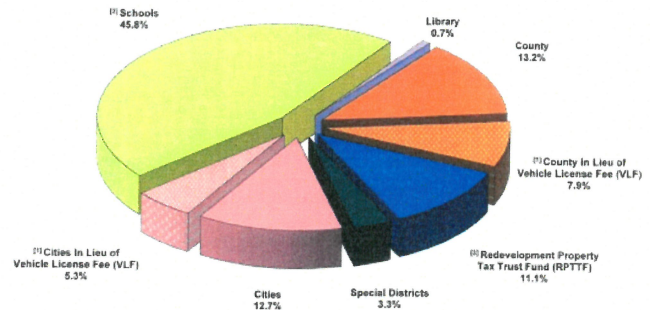


Upcoming Meetings



Figure 1  
1% PROPERTY TAX ALLOCATION OF  
FY 2016-2017 RECEIVABLE

TOTAL REVENUE \$4,672,601,004



<sup>(1)</sup> Represents the exchange of Property Tax for Cities and County Vehicle License Fees as authorized under Senate Bill 1096, chaptered August 5, 2004.  
<sup>(2)</sup> Revenue for Schools has been reduced by the ERAF deficit as authorized under Senate Bill 1096, chaptered August 5, 2004.  
<sup>(3)</sup> Effective February 1, 2012, Redevelopment Agencies were dissolved and related revenue is allocated to Redevelopment Successor Agencies, County, Schools, Cities, Special Districts, and the State Controller's Office as provided by Health & Safety Code, Division 24, Part 1.85.  
<sup>(4)</sup> The final exchange of Property Tax for Cities and County Sales and Use Tax authorized under Assembly Bill 1790 was made in Fiscal Year 2015-2016.





## Fallbrook Regional Health District Votes to Sell Former Hospital for \$4.5M

### New Behavioral Health Facility an Estimated \$2M Construction Project

FALLBROOK, Calif. (May 15, 2017) ---- The [Fallbrook Regional Health District](#) board voted unanimously to sell the former Fallbrook Hospital at 624 E. Elder Street for \$4.5 million to [Crestwood Behavioral Health Inc.](#) during its regular board meeting on May 10.

The vote followed the second of two consecutive town halls where residents were invited to share feedback with the district board on the sale of the public property. The roughly 25 residents in attendance heard a lengthy presentation from Crestwood Behavioral Health Inc., which submitted a bid through real estate consultants Cushman & Wakefield.

The 100-bed facility will bring 108 full-time permanent positions and another 10 part-time positions in addition to the immediate construction jobs. Crestwood Behavioral Health Inc. has committed at least \$2 million for the construction project, though company representatives said it could cost the company up to \$4 million.

“After a two and half year search, we finally found the right fit for this property,” said Executive Director Bobbi Palmer. “This facility will bring much-needed behavioral health resources to the community, as well as jobs and a multi-million rejuvenation for that community asset.”

The facility will offer long-term treatment and care on a closed campus for adults struggling with mental health illnesses combined with other factors, including alcohol and drug addiction. Crestwood Behavioral Health Inc. is a for-profit company that operates 19 locations statewide.

Board director Stephen Abbott said before voting, “I think this is the highest and best use of this asset. It’s good for Fallbrook; it’s good for the surrounding communities.”

The project plans to break ground later this year.

The voter-approved special district collects roughly \$1.6 million annually to cover health care provider shortages, uninsured Californians, patients with low or fixed incomes, and underserved populations. Since 2000, the district community health contracts have supported more than 270 health programs offering no-cost services for the North San Diego County unincorporated communities of Bonsall, Del Luz, Fallbrook and Rainbow. In the last five years, the District granted about \$3 million in health services benefiting the public.

###

### ABOUT Fallbrook Regional Health District

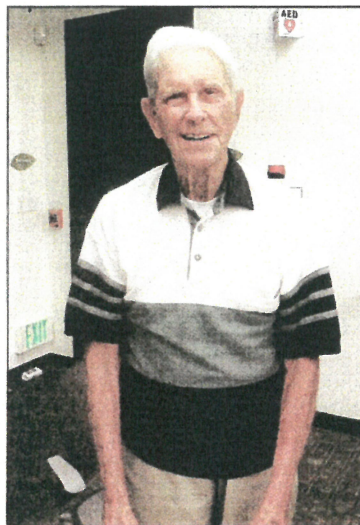
Fallbrook Regional Health District is a special district covering affordable community health needs in the communities of Bonsall, De Luz, Fallbrook and Rainbow. The roughly \$1.6 million collected in voter-approved taxes supports nearly \$700,000 annually in full spectrum community health programs and services, including behavioral health, screenings,

preventative treatment and urgent care. Learn more about community health needs provided by the district at [www.fallbrookhealth.org](http://www.fallbrookhealth.org).

Contact: Erica Holloway | Galvanized Strategies, on behalf of Fallbrook Healthcare District | [\(619\) 796-1651](tel:6197961651) | [Erica@galvanizedstrategies.com](mailto:Erica@galvanizedstrategies.com)

# HEALTH

## Older Americans share their stories



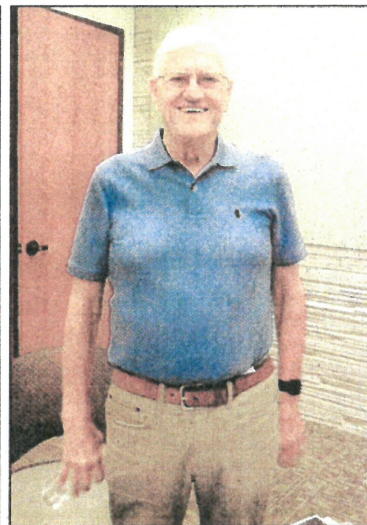
Dick Bledsoe



Lucy Taylor



Jackie Heyneman



Roger Elyea

Lucette Moramarco photos

**Lucette Moramarco**  
Staff Writer

The May 4 Woman of Wellness program was all about honoring and celebrating "Older Americans Month." In talking about this year's theme, "Age Out Loud," Fallbrook Regional Health District board member Barbara Mroz said, "what it means to age has certainly changed" as seniors today "have not only survived but thrived."

Four local residents were chosen as presenters to share their inspirational stories, Richard "Dick" Bledsoe, Lucy Taylor, Jackie Heyneman and Roger Elyea.

Bledsoe, almost 95 years old, has been walking for exercise since he was 67 and teaches others the right way to do it. He reminded everyone to walk into the wind and to never walk with traffic. He advised "use your arms to get the most out of exercising," pumping them but not so high as to punch the sky he said.

Bledsoe explained that race walking is good for the cardiovascular system. He also described the different ways of walking (strolling, walking and talking, the aerobic walk, and brisk walking). He ran on the track team at Grossmont High School.

"I'm a competitor; I love to compete," he said. Walking is also less stressful on one's body."

Taylor, 89 years old, was born in Alabama and started picking cotton when she was 7 years old. She and her husband moved to Fallbrook in 1951, the same day movie director

Frank Capra arrived here. Her husband got a job working for Capra on his property.

Taylor said she raised nine children who are "all up in years by the grace of God." Taylor also said that in the bad times, "I told God if he helped me, I would help my fellow man."

She served as the chaplain at Fallbrook Hospital and is now the

chaplain at the Fallbrook Skilled Nursing Facility and Silvergate. Mroz said that Taylor is continuing on a tradition she started years ago – baking bundt cakes early in the morning to give away to people to brighten their day.

"My philosophy of life and how to stay young up here (pointing to her head) as long as possible is: don't ever lose your enthusiasm for

what you're doing, and keep busy every day and be around children," Heyneman said.

Heyneman visited a relative in Fallbrook in 1969. Because she had to move 17 times during her husband's 27 years in the Navy, he let her pick the place where they would retire. She chose Fallbrook, especially loving Live Oak Park Road and its oak trees.

Less than a year later, the county marked over 20 of those trees for removal. Heyneman formed a group, "Save the Oaks," and lobbied the county for weeks. They finally hired a lawyer, Roger Hedgecock, to convince the county that it was not necessary to remove all the trees. Ultimately, only two were removed.

Ten years later, the battle was renewed when the county decided to cut down trees at Live Oak Park which resulted in "Save Our Forest" being formed as a committee of the Fallbrook Land Conservancy. Only one and a half trees were lost that time.

Heyneman is very involved in the group's Environmental Education program.

"I feel the important thing for all of us, the older you get, you need a purpose in life – for me it's planting trees," she said. "Give your time to something and help others."

The fourth and youngest presenter was Roger Elyea, who is 78.

"Humor is a really important part of life, to keep young, keep a sparkle in your eye, be able to laugh," he

advised. "Have a great relationship with your mate, do things together, go to church together, participate in projects with youth."

Elyea has 12 grandchildren so he also included working with young teenagers, to mentor them, as a way to stay young.

"Just being around kids and youth helps keep us young," as well as exercising, watching one's diet and getting involved in the community, he added.

Each of the four presenters was given a certificate of recognition from Supervisor Bill Horn in honor of their contributions to their community. Horn also sent a framed proclamation honoring Older Americans Month. It explained that the theme of "Age Out Loud" is "designed to give aging a new voice, one that reflects what today's older adults have to say..." and commended the Fallbrook Regional Health District (FRHD) "for its outstanding service, leadership and commitment to the health and wellness of San Diego residents."

Woman of Wellness is sponsored by the FRHD and provides free monthly programs offered on a broad range of topics including staying well, getting well, being well, and living well. The program is held the first Thursday of each month in the community room of the Fallbrook Library.

For more information, call (760) 731-9187 or email [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org).

### May is Parkinson's Awareness month

FALLBROOK – The Fallbrook Parkinson's Support group will hold their monthly meeting, Friday, May 26 from 10 a.m. to noon. This month's program during the Parkinson's Awareness month will focus on "Updates on Parkinson's Research" in the fellowship hall of Christ the King Lutheran Church, 1620 S. Stage Coach Lane.

Attendees will view the May 1 webinar from the Michael J. Fox Foundation, featuring Michael J. Fox and the MJFF CEO sharing the Parkinson's Experience and Promise for the Cure. In addition, one of the support group's members will be sharing their recent experience while on a cruise which included a lecture series by the Parkinson's Research Foundation.

The featured speaker, Dr. Juan Sanchez-Ramos, is developing a gene therapy system for Parkinson's, which could be delivered by a simple nasal spray. Information about how to participate in research and contribute to finding a cure will be part of the program.

This year, 2017, is the 200th anniversary of James Parkinson, a London doctor, publishing a detailed medical essay describing the "Shaking Palsy"; the disease is named after him.

Prior to the program, there will be a time for sharing, coffee and refreshments. The meeting is held the fourth Friday of the month in support of people with Parkinson's, care partners and people interested in improving the world of those affected by Parkinson's.

For more information, call Irene at (760) 731-0171 or Rodger at (760) 470-9133 or Linda at (760) 728-4604.

# Fallbrook & Bonsall VILLAGE NEWS

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May 18, 2017

[www.VillageNews.com](http://www.VillageNews.com)

Volume 21, Issue 19

## FRHD votes to sell hospital to mental health provider

Tom Ferrall  
Staff Writer

Less than one month after holding an initial town hall meeting to solicit feedback from residents on possible uses for the vacant Fallbrook Hospital building located at 624 East Elder St., the Fallbrook Regional Health District (FRHD) board voted unanimously to sell the facility to mental health provider Crestwood Behavioral Health Inc. for \$4.5 million during its regular board meeting May 10.

The first town hall meeting was held April 12 during a regular FRHD board meeting and it attracted more than 100 residents. Ideas from the public included making the facility a hub for wellness non-profits to operate out of, using it for mental health care services, and utilizing the facility for wellness services for seniors, specifically cardiac rehabilitation.

The district announced it would hold a second town hall meeting immediately prior to its May 10 board meeting, and it was shortly after that town hall meeting – and a PowerPoint presentation by Patricia Blum, executive vice president of operations for Crestwood – that the board voted to sell the building to the Sacramento-based company. The sale is in escrow.

When FRHD (then known as the Fallbrook Healthcare District) first publicly announced in March 2016 that it was putting the hospital and its annex buildings up for sale, executive director Bobbi Palmer and board president Gordon Tinker both stressed that the hospital is



The Fallbrook Regional Health District (FRHD) board voted unanimously to sell the vacant Fallbrook Hospital building located at 624 East Elder St. to mental health provider Crestwood Behavioral Health Inc. for \$4.5 million during its regular board meeting May 10. The sale is in escrow. Shane Gibson photo

“the community’s asset” and thus the public will have to approve any sale.

“If the district eventually finds a buyer that we can make a deal with, then it will have to go to the voters,” said Tinker in an article published in the April 7, 2016 issue of the Village News. “Basically, the health and safety code, which we operate under, says that any sale, lease or transfer of 50 percent or more of the assets require a citizen’s vote.”

When asked via email May 15

why the board was able to approve the sale to Crestwood without the public’s approval, Palmer responded, “At a sales price of \$4.5 million, the sale represents about 38 percent of the District’s total assets. Therefore, a vote is not required under Health & Safety Code 32121(p).”

Before casting his vote for approval of the sale, board director Stephen Abbot said, “I think this is the highest and best use of this asset. It’s good for Fallbrook; it’s good for the surrounding

communities.”

Crestwood is the leading provider of mental health services in California. It has 19 locations in the state, including rehabilitation centers in San Diego and Chula Vista. The company was seeking a third location in San Diego County and heard about the vacant Fallbrook Hospital structure.

“I visited the site for the first time in March and I absolutely loved the layout and the community and kind

see *FRHD*, page A-9

### FRHD

from page A-1

of just the feel of the hospital,” said Blum. “So we brought in a team of engineering-type folks and they thought the building was great. And then I brought a design team in with architects and they thought the building was great, and our financial folks thought it was good.

“So we made a decision pretty quickly,” continued Blum. “We had been anxious to find something, and so there was a very big willingness. It was pretty quick and we’re excited.”

Blum said the 100-bed facility will be called Fallbrook Healing Center and would serve people from the counties of San Diego, Riverside, San Bernardino and Los Angeles.

“We’ll be providing services to adults,” said Blum. “Behavior health services, so it’s mental health support and also physical health support – wellness programs. We have heart-healthy diets, so food-wise we try to do as much as possible garden-to-table and farm-to-table menus using local foods. We did a study with UC Davis in regards to heart-healthy diets.”

Blum said Fallbrook Healing Center will help those battling bipolar disorder, depression, and

other adjustment disorders. When asked if the facility would also serve as a rehabilitation facility for those struggling with drugs and alcohol, Blum said, “No. There’s no drugs and alcohol rehabilitation.”

“The folks who we serve are people who generally, sometimes they can hold down a job, but they live most of their lives with a lot of support and assistance,” said Blum. “So we try to give them as many skills as possible to return back to their communities.”

Blum said the Fallbrook Healing Center will be a secured facility.

“People are under very good supervision from 24-hour staffing with a full medical staff and a nursing staff and clinical staff as well,” said Blum.

Once escrow closes, Blum said Crestwood would like to get right to work in remodeling the hospital. The company has committed at least \$2 million for the construction project.

“I think that’s conservative but we don’t have any numbers yet,” said Blum. “I hope we could start (construction) as early as July.”

The facility is expected to bring 108 full-time permanent positions and 10 part-time positions in addition to the immediate construction jobs.

Blum said Crestwood doesn’t have an interest in purchasing the

annex buildings.

“It (the hospital) is a big campus,” said Blum. “It’s a lot for us and we’re very excited. We’re happy with what we have if we get it.”

If the deal is completed, Palmer

said the money from the sale would be reinvested in the community.

“The Board of Directors are looking at the specific and best use of the roughly \$4.5 million,” replied Palmer in an email. “Reinvestment in the district

area residents is of the highest priority given the health disparities represented in De Luz, Bonsall, Fallbrook and Rainbow.”

To comment on this story online, visit [www.thevillagenews.com](http://www.thevillagenews.com).

# HEALTH

## Many diseases start in the mouth

**Lucette Moramarco**  
Staff Writer

Jordan Colby, DMD, spoke about "Oral and Systemic Health" at the March Woman of Wellness program. Colby said he considers his topic "exciting, thrilling, riveting" because of the connection between oral diseases and other conditions in the rest of the body.

Colby explained that pathogens (bacteria) found in the mouth not only cause mouth cancer, gum disease, tooth loss, dental decay and bad breath, but also directly correlate to lung disease, strokes, heart disease and diabetes.

He said his passion "is to teach people how to prevent disease." According to Colby, "One of the best investments is preventative care."

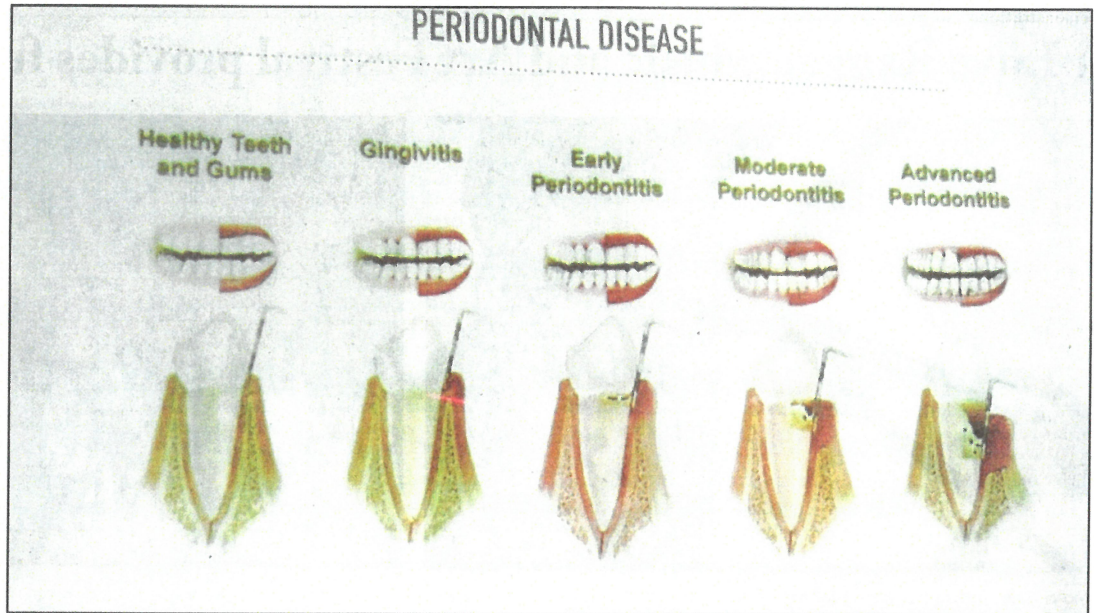
Colby went on to say that the relationship between dentists and physicians is non-existent. He then showed a video of a doctor learning that the source of blood pressure problems and diabetes is inside the mouth.

Any inflammation inside the mouth is a burden on the rest of the body, Colby explained. Inflammation is the cause of heart attacks, strokes, rheumatoid arthritis and many other conditions. Chronic inflammation leads to cardiovascular disease, he added.

The three leading causes of death are heart disease, cancer and stroke.

Going into more detail, he said that heart attacks and strokes are caused by atrial inflammation caused by high risk pathogens which directly correlate to periodontal disease. These are "medical problems with a dental solution" he said.

Colby said saliva not only carries DNA but also pathogens. He showed slides of the various stages of periodontal disease and what



different bone-gum measurements mean: 3-4 mm is great; 5-6 mm is gingivitis, the earliest stage of gum disease. A measurement of 7 mm is a moderate case of periodontitis, while 8-10 is advanced.

In gum disease, pathogens first destroy the gum tissue and then the bone, traveling from there to the heart and then throughout the body.

Colby explained that a million bacteria together form a biofilm and the only way to remove it from teeth is through scaling and root planing.

"The immune system is resilient, fighting wars you will never know," said Colby. "Bleeding gums means the body is going to war."

He added that the gum is like a receding hairline; nerves shrink from periodontal disease

Periodontal disease is also connected to diabetes as the pathogens in the mouth that cause it and the resulting inflammation also make our bodies less responsive to insulin, a hallmark of type 2 diabetes.

Colby said pathogens can travel from the mouth to other parts of the body, causing a knee infection or even a brain aneurysm. Up to 50 percent of acute heart attacks are caused by oral infection, he said.

"The beautiful message is it is 100 percent treatable and

preventable," said Colby.

To avoid pathogens causing cavities in the first place, he recommended brushing, flossing, and rinsing twice a day. Using little dental brushes instead of floss is okay he said, "as long as you use it. The simpler the [method], the more likely you will use it."

Besides proper home care, it is also important to have a dentist and hygienist that you trust, Colby advised.

When asked about the policy of giving a patient antibiotics before dental work, that was changed in 2015 he said, adding that, unless a physician is adamant, no antibiotics should be given before a cleaning unless the person has a congenital heart defect. The overuse of antibiotics is a greater risk than a risk of infection.

Colby ended his talk with a quote: "A person with a healthy mouth will live 10 years longer." - Mayo brothers, 1910.

The next Woman of Wellness program will be held June 1 with the topic: "The Sugar Habit. Why We Start and Can't Stop. How to Kick It." Presented by the Fallbrook Regional Health District, the event is held at Fallbrook Library, 124, S. Mission Road.



Jordan Colby, DMD, talks about preventing disease with proper dental care.

Lucette Moramarco photos



Thursday, June 1, 2017

Fallbrook Library

124 S. Mission Rd.

6:00 p.m. – Social/Refreshments

6:30 p.m.—7:30 p.m. Presentation/Door Prizes

*Featured Presentation:*

*The Sugar Habit.*

*Why We Start and Can't Stop. How to Kick It.*

**Presenter:**

**Tiffany Burnett**  
**Health Coach**



Free Event including Refreshments • Door Prizes

Please Note: **No need for Reservations at this time**  
Please plan to attend and bring a friend!

Questions? Contact Pam Knox at [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org)  
Or call 760-731-9187

Please bring non-perishable food items for Fallbrook Food Pantry

**Fallbrook Regional**  
HEALTH DISTRICT

## WOMAN OF WELLNESS

## FALLBROOK LIBRARY

### JUNE 1<sup>ST</sup> 2017

35 residents attended the presentation “The Sugar Habit. Why We Start and Can’t Stop. How to Kick it.” By Tiffany Burnett, Health Coach



## **DISCUSSION/ACTION ITEMS**

**DISCUSSION/ACTION ITEMS**

Review of Applicants and Determination of Community Health  
Contract Applications

**FALLBROOK REGIONAL HEALTH DISTRICT**  
**COMMUNITY HEALTH CONTRACTS FOR FISCAL YEAR 2017-2018**  
 BOARD OF DIRECTORS REVIEW AND ACTION - JUNE 14, 2017

*Determination of all funding is subject to the discretion of the Board of Directors.*

ORGANIZATION	PROGRAM	AMOUNT REQUESTED
BOYS & GIRLS CLUBS OF NORTH COUNTY	SUMMER WATER SAFETY	10,000
BOYS & GIRLS CLUBS OF NORTH COUNTY	TRIPLE PLAY	40,000
FALLBROOK CITIZENS CRIME PREVENTION COMMITTEE (FCCPC)	GANAS MENTORING PROGRAM	10,000
FALLBROOK FAMILY HEALTH CENTER	HEALTH PROMOTION COORDINATION - INTEGRATION AND EDUCATION FOR THE	100,000
FALLBROOK FOOD PANTRY	NUTRITIOUS FOOD FOR OUR NEIGHBORS	72,000
FALLBROOK SENIOR CENTER	FSC MOBILITY/EXERCISE AREA PROTECTIVE	12,600
FALLBROOK SENIOR CENTER	SENIOR NUTRITION-HOME DELIVERED MEAL	75,000
FALLBROOK SMILES PROJECT	CELEBRATE HEALTH	71,500
FOUNDATION FOR SENIOR CARE	CARE ADVOCATE PROGRAM	59,838
FOUNDATION FOR SENIOR CARE	CARE VAN & EXPANDED RIDES	68,773
FOUNDATION FOR SENIOR CARE	DOOR THROUGH DOOR HOSPITAL TO HOME	50,919
FOUNDATION FOR SENIOR CARE	RESPIRE SUPPORT AT THE ADULT DAY CARE	29,583
HEALTHY ADVENTURES	FALLBROOK COMMUNITY CENTER WELLNESS	9,000
JEREMIAH'S RANCH	JEREMIAH'S RANCH SUPPORT GROUP	14,750
LIVE OAK PARK COALITION	HEALTH IMPROVEMENT PROJECT FOR THE	40,000
MENTAL HEALTH SYSTEMS - NORTH INLAND COMMUNITY PREVENTION PROGRAM	FALLBROOK YOUTH ADVOCACY COALITION (FYAC)	9,249
MICHELLE'S PLACE	BREAST HEALTH ASSISTANCE PROGRAM	24,000
NORTH COUNTY FIRE PROTECTION DISTRICT	AMBULANCE EFFICIENCY AND INJURY	WITHDRAWN
PALOMAR FAMILY COUNSELING	HEALTHY BODIES, HEALTHY MINDS	79,000
REINS	BEHAVIORAL HEALTH & WELLNESS THERAPY	65,000
TRAUMA INTERVENTION PROGRAM OF SAN	TRAUMA INTERVENTION PROGRAMS	9,000
UCSD EYE MOBILE FOR CHILDREN	UCSD EYE MOBILE FOR CHILDREN	8,500

REQUESTED: \$ 858,712.35

21 Programs. 16 applicant agencies. \$ amount requested this year is 224,413 more than last year.



**DISCUSSION/ACTION ITEMS**

Review of Draft Budget Fiscal Year 2017-2018

## **DISCUSSION/ACTION ITEMS**

Extension of Real Estate Listing Agreement – Cushman/Wakefield – Travis Ives



4747 Executive Drive, 9<sup>th</sup> Floor  
San Diego, CA 92121  
Tel +1 858 452 6500  
Fax +1 858 452 3206  
cushmanwakefield.com

June 13, 2017

Gordon Tinker  
President  
Fallbrook Healthcare District  
138 S. Brandon Rd.  
Fallbrook, CA 92028

Re: Listing Agreement Extension  
Fallbrook Healthcare District  
624 E. Elder St., 138 S. Brandon Rd., 617 Alvarado St.  
Fallbrook, CA 92028

Dear Gordon,

This letter, with acknowledgement below, shall serve as written authorization to renew and extend the "Exclusive Listing and Commission Agreement" between Fallbrook Healthcare District and Cushman & Wakefield of San Diego, Inc., dated November 20, 2015, most recently extended through June 30, 2017 by the Listing Agreement Extension dated January 10, 2017 for the sale of the project known as Fallbrook Hospital.

The parties hereby agree to extend the agreement through **July 31, 2017**. All other terms and conditions to the agreement shall remain.

Thank you for your confidence in our team. We look forward to continuing to work with you on this assignment.

Sincerely,  
Cushman & Wakefield of San Diego, Inc.

Travis Ives  
Senior Director  
Lic.# 1889097  
(858) 334-4041  
[Travis.Ives@Cushwake.com](mailto:Travis.Ives@Cushwake.com)

Acknowledgement:

By: \_\_\_\_\_  
Fallbrook Regional Health District

Date: \_\_\_\_\_

By: \_\_\_\_\_  
Cushman & Wakefield of San Diego, Inc.  
CA License #01329963

Date: \_\_\_\_\_

**DISCUSSION/ACTION ITEMS**  
Redemption of 1989 Agreement  
for Improvements in Public Right of Way

0604

89 413791

Recorded Request of  
Department of Public Works

RECORDED IN  
OFFICIAL RECORDS  
OF SAN DIEGO COUNTY, CA.

89 AUG -3 PM 3:07

VERA L. LYLE  
COUNTY RECORDER

RECORDED AS A BENEFIT TO  
COUNTY OF SAN DIEGO

When recorded, return to:

Department of Public Works  
Mail Station 0336  
Attn: Charles E. Moore

Recorded Request of  
Department of Public Works

NO FEE

Space above for Recorder's Use Only

AGREEMENT FOR IMPROVEMENTS

Assessor's Parcel  
No. 103-246-40  
103-246-41  
103-246-42  
103-246-50  
105-811-11

IN PUBLIC RIGHT OF WAY  
MAJOR USE PERMIT  
(LIEN CONTRACT)

P87-050(UY3533)  
E. Elder Street  
Fallbrook

This AGREEMENT executed this 21st day of March, 1989,  
by and between FALLBROOK HOSPITAL DISTRICT, a political subdivi-  
sion, 624 E. Elder Street, Fallbrook, CA 92028 hereinafter called  
the Owner, and the COUNTY OF SAN DIEGO, a political subdivision of  
the State of California, hereinafter called the County, is as  
follows:

WITNESSETH:

WHEREAS, the Owner owns property described as: see attached  
legal description, and

WHEREAS, the Owner has applied to the County for a Major Use  
Permit to allow for an additional 4,300 square feet to the  
existing hospital, and

WHEREAS, said Major Use Permit has been conditionally  
approved, and

WHEREAS, the property is adjacent to an incomplete street, and

CCSF 84.76

-1-

P 87-050

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

0605

WHEREAS, the improvement will generate more traffic and the Owner is required to provide the right of way and/or improvements in accordance with standards specified in Chapter 5 of Division 1 Title 5 of the San Diego County Code, and

WHEREAS, pursuant to Chapter 5 of Division 1 of Title 5 of the San Diego County Code, the Director, Department of Public Works has recommended that construction of those improvements required by the County to be constructed by the owner be postponed and that the Owner be required to execute an agreement to construct said improvements in the future and to grant a lien to the County upon said property to secure the cost of construction of said future improvements, and

WHEREAS, the Owner is agreeable to the execution of such an agreement:

NOW THEREFORE, IT IS AGREED by and between the parties hereto as follows:

FIRST: The County agrees to accept the dedications, if any, and upon the completion of the improvements required herein to the satisfaction of the Director, Department of Public Works, agrees to dedicate said improvements to the public.

SECOND: The Owner, in lieu of making the improvements specified herein, and required by P87-050 agrees, covenants, and promises that he will install, construct, or cause to be installed or constructed the improvements herein set forth at a time satisfactory to the County provided, however, that the Owner shall

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER

2

not be required to complete said improvements before February 1, 1991 or within such further period of time as is hereafter specified by the County; provided further that upon the happening of either of the following occurrences said improvements may, at the sole election of the County, be required to be completed sooner than February 1, 1991 or such extended period of time which may have been specified by the County:

(a) When the Board of Supervisors of the County of San Diego has initiated assessment proceedings over an area between intersecting streets on both sides of the street upon which the property herein described has frontage; or

(b) When owners of more than 60% of the frontage, between intersecting streets on both sides of the street upon which the property herein described has frontage, have petitioned the County to form an improvement district for the improvement of said streets and the County initiates such proceedings.

Such improvements shall be made without cost or expense to the County. The County estimates that the cost of construction of said improvements at the time of signing of this Agreement is \$23,100.00. The Owner hereby acknowledges that said cost is a reasonable estimate of construction costs at this time and that the actual cost of said improvements at some time in the future may exceed this estimate; and the Owner hereby agrees that his obligation under this Agreement extends to the actual cost of construction of said improvements notwithstanding it may exceed such estimate.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

THIRD: That for the faithful performance of the promises and covenants herein contained the Owner hereby grants to the County of San Diego a lien upon the property herein described, and in the event the Owner, his successors, heirs, assigns, or transferees fail to install and construct said improvements in the manner and within the time specified herein, he agrees that the County may do all of the following:

(a) Install and construct said improvements by contract or otherwise, and grant permission to the County or its contractor and his employees to enter upon any portion or portions of the property reasonably necessary for said construction, and the entire cost and expense of said improvements shall be charged against said property. Said cost and expense shall be payable by said Owner, his successors, heirs, assigns or transferees, immediately upon completion of said improvements, and in the event the same is not paid within thirty (30) days from said completion the County may foreclose said lien as provided by law for the foreclosure of mortgages, and the Owner agrees that the amount of said lien shall include reasonable attorney's fees which shall be taxed as a cost in any suit for such foreclosure.

(b) Direct the Director, Department of Public Works to estimate the cost of the work required to complete said improvements and foreclose said lien in said amount.

(c) Foreclose said lien as a mortgage.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER

2



0607

THIRD: That for the faithful performance of the promises and covenants herein contained the Owner hereby grants to the County of San Diego a lien upon the property herein described, and in the event the Owner, his successors, heirs, assigns, or transferees fail to install and construct said improvements in the manner and within the time specified herein, he agrees that the County may do all of the following:

(a) Install and construct said improvements by contract or otherwise, and grant permission to the County or its contractor and his employees to enter upon any portion or portions of the property reasonably necessary for said construction, and the entire cost and expense of said improvements shall be charged against said property. Said cost and expense shall be payable by said Owner, his successors, heirs, assigns or transferees, immediately upon completion of said improvements, and in the event the same is not paid within thirty (30) days from said completion the County may foreclose said lien as provided by law for the foreclosure of mortgages, and the Owner agrees that the amount of said lien shall include reasonable attorney's fees which shall be taxed as a cost in any suit for such foreclosure.

(b) Direct the Director, Department of Public Works to estimate the cost of the work required to complete said improvements and foreclose said lien in said amount.

(c) Foreclose said lien as a mortgage.

-4-

P 87-050

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER

2

0608

(d) Pursue any other remedy, legal or equitable by law for the foreclosure of a lien and the Owner, his heirs, successors, assigns and transferees shall pay reasonable attorney's fees to be taxed as a cost in said proceedings.

FOURTH: That it is agreed that anything herein contained to the contrary notwithstanding, the promises and covenants made herein shall not be binding upon the holders, mortgagees, or beneficiaries of any purchase money mortgage or trust deed, for value which has been or may in the future be executed by the Owner, his heirs, successors, representatives, assigns, or transferees, and the lien hereby created shall be and is hereby subordinated to and declared to be inferior and subsequent in lien to the lien of any such purchase money mortgage or trust deed. The lien hereby created shall likewise be of no force or effect against any owner whose title to the property herein described is acquired by or as a result of a foreclosure or trustee's sale of any such first mortgage or first trust deed.

FIFTH: That at any time during the period herein provided, the Owner, his heirs, successors, representatives, assigns, or transferees, may place a cash deposit or post a form of surety satisfactory to the County to charge said surety with the cost of said improvements, the amount of security to be the estimated cost of improvements, as ascertained by the Director, Department of Public Works and that upon deposit of said cash or posting of said surety the County agrees to release the property, or any portion

-5-

P 87-050

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER

2

of it under single ownership, from the provisions of this Agreement, and to execute any necessary release to enable the Owner, his heirs, successors, representatives, assigns, or his transferees to clear the record title of the property so released of the lien herein imposed.

SIXTH: The improvements required are as follows:

1. The Owner will upon execution of this Agreement offer for dedication free and clear of all encumbrances for roadway purposes land described as 36 feet from centerline for Alvarado Street, 28 feet from centerline for Brandon Road and 30 feet from centerline from Elder Street, plus slope rights and drainage easements.

2. The Owner will cause to be constructed, in accordance with San Diego Regional Standards, at his sole cost and expense, the following improvements:

- a. Curb and gutters, 494 lineal feet.
- b. Sidewalk: 1,960 square feet, 5 feet wide.
- c. 1 driveway, 510 square feet.
- d. Roadways: ( $\frac{1}{2}$  width 30 feet from centerline)
  - (1) Approximately 1,453 lineal feet on Elder Street.
- e. Other:
  - (1) Staking & Engineering.
  - (2) 40 cubic yards excavation.
  - (3) 1 street lighting.
  - (4) 10 lineal feet A.C. dike taper.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

10610

- (5) 500 lineal feet sawcut.
- (6) 250 square feet A.C. pavement removal.
- (7) 5 cubic yards import (fill).
- (8) Construction Inspection.
- (9) Soils & Lab Inspection.

OWNER:

ACKNOWLEDGED

FALLBROOK HOSPITAL DISTRICT,  
a political subdivision

Director, Department of  
Public Works

By Don N. Larkin  
Don N. Larkin, CEO

By Albert J. Vidano  
Albert J. Vidano, VP

ACKNOWLEDGED:

By Charles E. Moore  
Director, Department of  
Public Works

-7-

P 87-050

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

0611

(Corporation)

STATE OF CALIFORNIA  
COUNTY OF San Diego

} SS.

On this 18th day of July, in the year 1989, before me, the undersigned,  
a Notary Public in and for said State, personally appeared Don N. Larkin  
(personally known to me) (proved to me on the basis of satisfactory evidence) to be the CEO  
President, and Albert J. Vidano

(personally known to me) (proved to me on the basis of  
satisfactory evidence) to be the VP  
Secretary of the corporation that executed the within  
Instrument on behalf of the corporation therein named,  
and acknowledged to me that such corporation executed the  
within instrument pursuant to its by-laws or a resolution  
of its board of directors.

WITNESS my hand and official seal.

Signature Naomi E. Quintana

STAPLE HERE



(This area for official notarial seal)

DPW Form 180 (7/82)

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

0612

DEPARTMENT OF PUBLIC WORKS  
COUNTY OF SAN DIEGO

LIEN CONTRACT

ESTIMATE OF QUANTITIES AND COST

Reference UY 3533/P 87-050 Area FALLBROOK Road Elder Street

Quantities by H L LAND DEVEL. Date Sept. 23, 1988 Estimate By O. Valdivieso Date Dec. 16, 1988

No.	Quantity	Unit	Item	Unit Price	Amount
1		LS	Staking & Engineering		\$ 1,000.00
2	40	CY	Excavation	3.00	120.00
		LS	Utility Relocation		
3	494	LF	P.C.C. Curb & Gutter 6"	11.00	5,434.00
4	1960	SF	P.C.C. Sidewalk 5'	2.50	4,900.00
5	510	SF	P.C.C. Driveway	3.20	1,632.00
6	1,453	SF	A.C. Pavement	1.95	2,833.00
		LF	AC Dike		
7	1	Ea.	Street Lighting (90 watts)	2,900	2,900.00
		Ea.	Wheelchair Ramp		
8	10	LF	A.C. Dike Taper	7.20	72.00
9	500	LF	Sawcut	0.50	250.00
10	250	SF	A.C. Pavement Removal	2.00	500.00
11	5	CY	Import (fill)	7.50	38.00
			SUBTOTAL		\$19,679.00
			10% CONTINGENCY		1,967.00
			Construction Inspection		1,082.00
			Soils & Lab Inspection		325.00

This is an ESTIMATE ONLY. Quantities, units and sizes may be modified and are subject to the approval of the final engineering plans by Department of Public Works.

TOTAL \$23,053.00

Remarks:

USE \$23,100.00

Construction Inspection

Materials Lab Fee

TOTAL

Street Light Deposit \_\_\_\_\_ (Separate Check)  
SS/Tax ID # \_\_\_\_\_

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

LEGAL DESCRIPTION

PARCEL 1:

ALL THAT PORTION OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SECTION 24, TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO BASE AND MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO THE OFFICIAL PLAT HEREOF, DESCRIBED AS FOLLOWS:

COMMENCING AT THE SOUTHEAST CORNER OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SAID SECTION 24; THENCE RUNNING NORTH ALONG THE EAST LINE OF SAID SECTION 24, A DISTANCE OF 635.00 FEET TO THE TRUE POINT OF BEGINNING; THENCE WEST ON A LINE PARALLEL WITH THE CENTER LINE OF ALVARADO STREET OF WEST FALLBROOK PRODUCED EAST 100.00 FEET TO A POINT IN THE EAST LINE OF A TRACT OF LAND DESCRIBED IN DEED TO PETER C. JACOBY, DATED OCTOBER 23, 1924, AND RECORDED IN BOOK 1053, PAGE 44 IN THE COUNTY RECORDER'S OFFICE; THENCE SOUTH ALONG THE EAST LINE OF SAID TRACT, BEING ON A LINE PARALLEL WITH THE SAID EAST LINE OF SAID SECTION 24, A DISTANCE OF 150.00 FEET TO THE SOUTHEAST CORNER OF SAID JACOBY TRACT; THENCE EASTERLY ALONG THE EASTERLY PROLONGATION OF THE SOUTHERLY LINE OF SAID LAND 100.00 FEET TO THE EAST LINE OF SAID SECTION; THENCE NORTHERLY ALONG SAID EASTERLY LINE TO THE POINT OF BEGINNING.

PARCEL 2:

AN EASEMENT FOR DRIVEWAY AND UNDERGROUND UTILITY PURPOSES OVER, UNDER, ALONG AND ACROSS THE SOUTHERLY 15.00 FEET OF ALL THAT PORTION OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SECTION 24, TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO BASE AND MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO THE OFFICIAL PLAT THEREOF, DESCRIBED AS FOLLOWS:

BEGINNING AT A POINT IN THE CENTER OF ALVARADO STREET, WEST FALLBROOK, PRODUCED EAST THAT IS DISTANT 660.00 FEET NORTH, MEASURED ON THE EAST LINE OF SAID SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SECTION 24 AND 100.00 FEET WEST OF THE SOUTHEAST CORNER OF SAID NORTHEAST QUARTER OF SAID SECTION 24; THENCE SOUTH AND PARALLEL WITH THE EAST LINE OF SAID SECTION 24, 175.00 FEET TO A POINT; THENCE WEST 75.00 FEET TO THE EASTERLY LINE OF THAT CERTAIN COUNTY ROAD AS NOW LOCATED AND ESTABLISHED; THENCE NORTH ALONG THE EASTERLY BOUNDARY LINE OF THE AFORESAID COUNTY ROAD, A DISTANCE OF 175.00 FEET TO THE CENTER LINE OF ALVARADO STREET OF WEST FALLBROOK, PRODUCED EAST; THENCE EAST ALONG THE CENTER LINE OF SAID ALVARADO STREET OF WEST FALLBROOK A DISTANCE OF 75.00 FEET TO THE POINT OF BEGINNING.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

0614

APN 103-246-41  
103-246-42

LEGAL DESCRIPTION

THAT PORTION OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SECTION 24, TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO UNITED STATES GOVERNMENT SURVEY APPROVED JUNE 11, 1880, DESCRIBED AS FOLLOWS:

BEGINNING AT THE SOUTHEAST CORNER OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SAID SECTION 24; THENCE RUNNING NORTH 60° 20'15" EAST ALONG THE EAST LINE OF SAID SECTION 24, A DISTANCE OF 318.07 FEET TO THE TRUE POINT OF BEGINNING AND THE NORTHWEST CORNER OF THE SOUTH HALF OF LOT 5 OF SHIPLEY TRACT OF WEST FALLBROOK, ACCORDING TO MAP THEREOF NO. 132 FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAID SAN DIEGO COUNTY, AUGUST 22, 1887; THENCE CONTINUING ALONG THE EAST LINE OF SAID SOUTHEAST QUARTER OF NORTHEAST QUARTER, NORTH 00° 20'15" EAST, 166.93 FEET TO THE INTERSECTION OF SAID EAST LINE WITH THE EAST PROLONGATION OF THE SOUTH LINE OF THE TRACT OF LAND DESCRIBED IN DEED TO PETER C. JACOBY RECORDED IN BOOK 1053, PAGE 44 IN THE OFFICE OF THE COUNTY RECORDER; THENCE PARALLEL WITH THE CENTER LINE OF ALVARADO STREET AND ALONG SAID EASTERLY PROLONGATION TO AND ALONG THE SOUTH LINE OF SAID LAND OF JACOBY NORTH 89°04'45" WEST, 175.24 FEET TO THE SOUTHWEST CORNER OF SAID LAND OF JACOBY, SAID CORNER BEING A POINT IN THE WEST BOUNDARY OF THE EAST 10.00 FEET OF THE COUNTY ROAD KNOWN AS ROAD SURVEY 338, AS SHOWN BY PLAT FILED IN THE OFFICE OF THE COUNTY SURVEYOR OF SAN DIEGO COUNTY (SAID EAST 10.00 FEET OF SAID ROAD HAVING BEEN ABANDONED JANUARY 5, 1914 BY ORDER OF THE BOARD OF SUPERVISORS OF SAID COUNTY) SAID WEST BOUNDARY BEING ALSO THE EAST BOUNDARY OF THE REMAINING PORTION OF THE AFORESAID COUNTY ROAD, BEING ON A LINE PARALLEL WITH THE SAID EAST LINE OF SAID SECTION, SOUTH 00°20'15" WEST, 166.92 FEET TO THE NORTHWEST CORNER OF THE TRACT OF LAND DESCRIBED IN DEED TO THE FALLBROOK HOSPITAL DISTRICT, RECORDED IN BOOK 7543, PAGE 61 OF OFFICIAL RECORDS; THENCE ALONG THE NORTH LINE OF SAID LAND OF FALLBROOK HOSPITAL DISTRICT, SOUTH 89°08'15" EAST, 155.00 FEET, MORE OR LESS TO THE NORTHEAST CORNER OF SAID LAND; THENCE SOUTH 89°08'15" EAST, 20.00 FEET TO THE TRUE POINT OF BEGINNING.

EXCEPTING THE NORTHERLY 55.00 FEET THEREOF.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER

2



LEGAL DESCRIPTION

THAT PORTION OF THE SOUTHEAST QUARTER OF THE NORTHEAST QUARTER OF SECTION 24, TOWNSHIP 9 SOUTH, RANGE 4 WEST, SAN BERNARDINO MERIDIAN, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA, ACCORDING TO UNITED STATES GOVERNMENT SURVEY APPROVED JUNE 11, 1880, DESCRIBED AS FOLLOWS:

COMMENCING AT THE SOUTHEAST CORNER OF SAID NORTHEAST QUARTER; THENCE ALONG THE EAST LINE OF SAID SECTION 24, NORTH 0°20'15" EAST 318.07 FEET TO THE NORTHWEST CORNER OF THE SOUTH HALF OF LOT 5, SHIPLEY TRACT OF WEST FALLBROOK, IN THE COUNTY OF SAN DIEGO, STATE OF CALIFORNIA ACCORDING TO MAP THEREOF NO. 132, FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY, AUGUST 22, 1887; THENCE PARALLEL TO THE SOUTH LINE OF SAID NORTHEAST QUARTER, NORTH 89°08'15" WEST 20.00 FEET TO THE TRUE POINT OF BEGINNING; THENCE CONTINUING NORTH 89°08'15" WEST 155.00 FEET TO THE WEST BOUNDARY OF THE EAST 10 FEET OF THE COUNTY ROAD KNOWN AS ROAD SURVEY NO: 338, AS SHOWN BY PLAT ON FILE IN THE OFFICE OF THE COUNTY SURVEYOR OF SAN DIEGO COUNTY, (SAID EAST 10 FEET OF SAID ROAD HAVING BEEN ABANDONED JANUARY 5, 1914, BY ORDER OF THE BOARD OF SUPERVISORS OF SAID COUNTY), SAID WEST BOUNDARY BEING ALSO THE EAST BOUNDARY OF THE REMAINING PORTION OF THE AFORESAID COUNTY ROAD, BEING ON A LINE PARALLEL WITH THE SAID EAST LINE OF SAID SECTION 298.07 FEET TO A POINT DISTANT 20 FEET NORTH OF THE SOUTH LINE OF SAID SOUTHEAST QUARTER; THENCE SOUTH 89°08'15" EAST ALONG A LINE PARALLEL WITH AND DISTANT 20 FEET NORTH OF SAID SOUTH LINE 155.00 FEET TO A POINT WHICH IS 20 FEET WEST OF SAID EAST LINE OF SAID SECTION 24; THENCE NORTH 0°20'15" EAST ALONG A LINE PARALLEL WITH AND DISTANT 20 FEET WEST FROM SAID EAST LINE OF SAID SECTION 298.07 FEET TO THE TRUE POINT OF BEGINNING.

RESERVING THEREFROM AN EASEMENT FOR ROAD AND UTILITY PURPOSES OVER THE SOUTHERLY 10 FEET OF THE ABOVE DESCRIBED PROPERTY.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER 2

0616

APN 105-811-11

LEGAL DESCRIPTION

PARCEL 1:

THE NORTHERLY 48.09 FEET OF THE SOUTHERLY 168.09 FEET OF THE  
EASTERLY 75.00 FEET OF THE WESTERLY 325.00 FEET OF THE NORTH HALF  
OF LOT 5 OF SHIPLEY TRACT OF WEST FALLBROOK, IN THE COUNTY OF SAN  
DIEGO, STATE OF CALIFORNIA, ACCORDING TO MAP THEREOF NO. 132,  
FILED IN THE OFFICE OF THE COUNTY RECORDER OF SAN DIEGO COUNTY  
AUGUST 22, 1887.

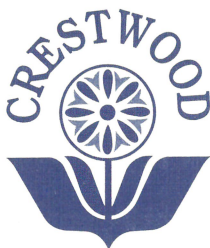
PARCEL 2:

THE WESTERLY 303.06 FEET OF THE NORTH HALF OF LOT 5 OF SHIPLEY  
TRACT OF WEST FALLBROOK, IN THE COUNTY OF SAN DIEGO, STATE OF  
CALIFORNIA, ACCORDING TO MAP THEREOF NO. 132, FILED IN THE OFFICE  
OF THE COUNTY RECORDER OF SAN DIEGO COUNTY AUGUST 22, 1887;  
EXCEPTING THEREFROM THAT PORTION OF THE EASTERLY 253.06 FEET LYING  
NORTHERLY OF THE NORTHERLY LINE OF THE SOUTHERLY 120.00 FEET.

OFFICIAL RECORDS, SAN DIEGO COUNTY, VERA L. LYLE, RECORDER  
2

**DISCUSSION/ACTION ITEMS**

First amendment to Purchase and Sale Agreement



June 6, 2017

*via regular mail*

RECEIVED  
6/9/17

Bobbi Palmer  
Executive Director  
Fallbrook Regional Health District  
138 S. Brandon Rd  
Fallbrook, CA 92028  
[bpalmer@fallbrookhealth.org](mailto:bpalmer@fallbrookhealth.org)

**RE: 624 E Elder Street**

Dear Bobbi:

I am writing to you, pursuant to the Purchase and Sale Agreement and Escrow Instructions, dated May 10, 2017, between Fallbrook Regional Health District and Crestwood Behavioral Health, Inc., for the purchase of the above-identified real property.

As you know, the Feasibility Period for Crestwood's investigation of the property ends today. However, there are a few open items – most importantly, the lot line adjustment.

Enclosed please find a proposed First Amendment to the purchase agreement. If the amendment is acceptable, then Crestwood hereby releases all contingencies under paragraph 4 of the agreement.

Should you have any questions or concerns whatsoever, please do not hesitate to have your counsel contact me.

We at Crestwood are excited to move forward with the purchase. We appreciate the courtesy and cooperation you and your team have shown throughout this transaction and we look forward to the lot line adjustment being completed and to closing!

Very truly yours,

  
LAURIE BELL SCHRUM  
General Counsel

Enclosure: First Amendment

cc: Blaise Jackson  
Scott & Jackson  
16935 W. Bernardo Drive, Suite 170  
San Diego, CA 92127  
[bjackson@scottjacksonlaw.com](mailto:bjackson@scottjacksonlaw.com)

h:\fallbrook\correspondence\lt fallbrook.06 06 2017\dlp\dlp.docx Crestwood Behavioral Health, Inc.

520 Capitol Mall, Suite 800 • Sacramento, CA 95814 • Phone: (916) 471-2244 • Fax: (916) 471-2212

## FIRST AMENDMENT TO PURCHASE AND SALE AGREEMENT AND ESCROW INSTRUCTIONS

THIS FIRST AMENDMENT TO PURCHASE AND SALE AGREEMENT AND ESCROW INSTRUCTIONS ("Amendment") is made as of June 6, 2017, by and between FALLBROOK REGIONAL HEALTH DISTRICT, formerly known as FALLBROOK HOSPITAL DISTRICT ("Seller") and CRESTWOOD BEHAVIORAL HEALTH, INC. or its assignee ("Buyer").

### RECITALS

A. Buyer and Seller previously entered into that certain Purchase and Sale Agreement and Escrow Instructions ("Agreement") dated May 10, 2017, for Buyer to purchase from Seller the real property commonly known as 624 E. Elder Street, Fallbrook, San Diego County, California, and all improvements thereon and appurtenances thereto (the "Property").

B. The parties have agreed that Seller will perform a lot line adjustment to change the boundaries of the Property. The parties wish to modify the Agreement to address issues raised by the lot line adjustment, and certain other issues.

WHEREFORE, the parties agree as follows:

### AGREEMENT

1. Seller shall prepare and submit a lot line adjustment ("LLA") to change the boundaries of the Property as set forth in Exhibits A and B hereto. Seller shall provide the draft LLA application to Buyer for its review prior to submission.

2. The Closing shall take place, promptly upon approval of the LLA, on a date agreed to by the parties. Buyer shall continue to have access to the Property as set forth in the Agreement (i.e., with notice to Seller), until the Close.

3. CRESTWOOD BEHAVIORAL HEALTH, INC. hereby assigns its rights and duties under the Agreement and this Amendment to FALLBROOK PARTNERS, LLC, a California limited liability company, and Seller hereby accepts this assignment. After the date of this Amendment, all references to Buyer shall be to FALLBROOK PARTNERS, LLC.

4. The parties acknowledge and agree that Buyer's Feasibility Period expires at 5:00 pm on June 6, 2017. Buyer hereby releases all contingencies pursuant to paragraph 4 of the Agreement, except as follows: The Closing shall occur promptly after completion of the LLA, but no later than July 31, 2017. If the LLA has not been completed by July 31, 2017, Seller shall grant an easement to Buyer over the real

property that is the subject of the LLA, and Seller shall continue to pursue the LLA post-Closing.

5. Buyer's address for notices is changed to:

Buyer:

Fallbrook Partners, LLC  
Attn: Laurie Bell Schrum  
520 Capitol Mall, #800  
Sacramento, CA 95814  
[lschrum@cbhi.net](mailto:lschrum@cbhi.net)

6. All provisions of the Agreement not modified by this Amendment shall remain in full force and effect. This Amendment may be executed in counterparts, the whole of which shall constitute one and the same instrument. Signatures affixed hereto or transmitted by electronic or facsimile means shall be valid as original signatures.

*[REMAINDER OF PAGE INTENTIONALLY BLANK]*

IN WITNESS WHEREOF, Seller and Buyer have executed this First Amendment to Purchase and Sale Agreement and Escrow Instructions as of the date first set forth above.

**SELLER:**  
FALLBROOK REGIONAL HEALTH DISTRICT  
(f/k/a FALLBROOK HOSPITAL DISTRICT)

By: \_\_\_\_\_  
Name: GORDON W. TINKER  
Its: Board President

**BUYER/ASSIGNEE:**  
FALLBROOK PARTNERS, LLC

\_\_\_\_\_  
By: GEORGE C. LYTAL, Manager

**BUYER/ASSIGNOR:**  
CRESTWOOD BEHAVIORAL HEALTH, INC.

\_\_\_\_\_  
By: GEORGE C. LYTAL, President/CEO

## **ITEMS FOR SUBSEQUENT MEETINGS**



# FALLBROOK REGIONAL HEALTH DISTRICT

Serving Bonsall, De Luz, Fallbrook & Rainbow

## Call to Activity

**Wellness—One Step at a Time**



## Wellness Walk

**Wednesday, June 21, 2017**



**10:00 a.m. Registration**



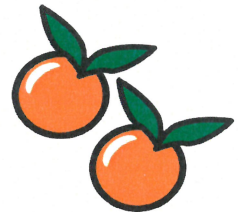
Meet new people; form your own walking group.

Join us at the **Fallbrook Community Center**

Led by Elizabeth Quezada  
Anytime Fitness General Manager



**FREE PEDOMETERS**



Proud to be a partner of:



**FRHD MISSION**  
Promoting health for the  
people of the District





**Thursday, July 6, 2017**

**Fallbrook Library**

**124 S. Mission Rd.**

**6:00 p.m. – Social/ Refreshments**

**6:30 p.m.—7:30 p.m. Presentation/Door Prizes**

*Featured Presentation:*

***“Drug Interactions &  
Over-The-Counter Implications”***

*It's important to always be safe when taking medications.*

*Learn about potential interactions and  
always check with your physician or pharmacist.*

*Presenter:*

***Don Weeks, Pharm.D.***

***CVS Pharmacy—Fallbrook***

**Free Event including Refreshments • Door Prizes**

**Please Note: No need for Reservations at this time**

**Please plan to attend and bring a friend!**

**Questions? Contact Pam Knox at [pknox@fallbrookhealth.org](mailto:pknox@fallbrookhealth.org)**

**Or call 760-731-9187**

**Please bring non-perishable food items for Fallbrook Food Pantry**

**Fallbrook Regional**  
HEALTH  **DISTRICT**