



## Community Resource Directory Directorio de Recursos de la Comunidad

[Fallbrook Regional Health District](#)

138 S. Brandon Rd.  
Fallbrook, CA 92028  
(760) 731-9187

[Community Health & Wellness Center](#)

1636 East Mission Road  
Fallbrook, CA 92028

**CALL 911 IN CASE OF AN EMERGENCY  
EN CASO DE UNA EMERGENCIA LLAME AL 911**

The Community Resource Directory is a project of the Fallbrook Community Collaborative for Health and Wellness (CCHW) and is available online at [www.fallbrookhealth.org](http://www.fallbrookhealth.org)  
Please send any comments or requests to [bheymining@fallbrookhealth.org](mailto:bheymining@fallbrookhealth.org)

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### **Acupuncture/Acupuntura**

[Acupuncture RN, Bonnie Roesger](#) | 1667 South Mission Road, Fallbrook, CA 92028 | (760) 645-3717

[Claudine Volkart, RN](#) | 1328 South Mission Rd, Fallbrook, CA 92028 | (760) 451-4720

[Fallbrook Acupuncture](#) | 407 Potter St., Fallbrook, CA 92028 | (760) 723-6557

[Get Acupuncture Fallbrook, Malinda Gibbons](#) | 1667 S. Mission Rd., Ste. A, Fallbrook CA, 92028 | (619) 244-8998

[Healing Oak Acupuncture Clinic, Randall Wegener](#) | 593 East Elder St., Ste., A, Fallbrook, CA 92028 | (760) 451-2188

[Needle and Thrive, Murray Steven](#) | 300 North Brandon Rd, #1, Fallbrook, 92028 | (951) 553-6855

[Neighborhood Healthcare](#) | 1309 South Mission Rd., Ste., B, Fallbrook, 92028 | (833) 867-4642

[Stephens Acupuncture & Wellness](#) | 578 B East Elder St., Fallbrook | (714) 330-9244

### **Animal Services/Servicios para Animales**

[Fallbrook Animal Sanctuary](#) | 230 W. Aviation Rd., Fallbrook, 92028 | (760) 685-3533

[San Diego Humane Society](#) | San Diego Campus (Mail): 5500 Gaines St. | (619) 299-7012

| Oceanside Campus (Dogs): 2905 San Luis Rey Rd.

| Oceanside Campus (Cats & Small Animals): 572 Airport Rd | (619) 299-7012

| Escondido: 3500 Burnet Dr. | (619) 299-7012

[Paws San Diego](#) | 5433 Gaines St. #B, San Diego, CA 92110 | (619)297-7297

[Project Wildlife](#) | 5433 Gaines St., San Diego, CA 92110 | (619) 299-7012

### **Children's Services/ Servicios para niños**

[Boys & Girls Club of North County](#) | 445 E. Ivy St., Fallbrook, CA 92028 | (760) 728-5871

[California Children's Services](#) | 6160 Mission Gorge Rd., Ste 400 San Diego, CA 92120 | (619) 528-4000

[Servicios para niños de California](#) | 6160 Mission Gorge Rd., Ste 400 San Diego, CA 92120 | (619) 528-4000

[Child Welfare Services](#) | National Child Abuse Hotline: (858) 560-2191 | California Child Abuse Hotline: (800) 344-6000

[Servicios de bienestar infantil](#) | National Child Abuse Hotline: (858) 560-2191

| California Child Abuse Hotline: (800) 344-6000

[Fallbrook Child Development Center](#) | 320 N. Iowa St., Fallbrook, 92028 | (760) 728-5402

[Centro de Desarrollo Infantil de Fallbrook](#) | 320 N. Iowa St., Fallbrook, 92028 | (760) 728-5402

[Fallbrook Community Center](#) | 341 Heald Ln., Fallbrook, 92028 | (760) 728-1671

[Centro Comunitario de Fallbrook](#) | 341 Heald Ln., Fallbrook, 92028 | (760) 728-1671

[Fallbrook MAAC Project Head Start](#) | 901 Alturas St #A, Fallbrook, CA 92028 | (760) 731-2062

[Fallbrook School of the Arts](#) | 310 E. Alvarado St., Fallbrook, 92028 | (760) 728-6383

[Escuela de Artes de Fallbrook](#) | 310 E. Alvarado St., Fallbrook, 92028 | (760) 728-6383

[Ingold Sports Park](#) | 2551 Olive Hill Rd., Fallbrook, 92028 | (760) 201-6667  
[MHS North Inland Community Prevention](#) | 9465 Farnham St., San Diego, CA 92123 | (858) 391-9303  
[Migrant Education Region IX](#) | 255 Pico Ave. Room 120, San Marcos, CA 92069 | (760) 307-1399  
[Región IX de Educación para Migrantes](#) | 255 Pico Ave. Room 120, San Marcos, CA 92069 | (760) 307-1399  
[North County Lifeline](#) | 200 Michigan Ave., Vista, CA 92084 | (760) 842-6201  
[Palomar Family Counseling Services](#) | 120 W. Hawthorne St., Fallbrook, 92028 | (760) 726-4900  
[Servicios de Consejería Familiar Palomar](#) | 120 W. Hawthorne St., Fallbrook, 92028 | (760) 726-4900  
[WIC – Women, Infants, Children](#) | 504 E. Alvarado St., Ste. 109, Fallbrook, 92028 | (888) 999-6897  
[YMCA Kinship Support Services](#) | 3708 Ruffin Rd., San Diego, CA 92123 | (619) 719-9179  
[Servicios de soporte de parentesco de YMCA](#) | 3708 Ruffin Rd., San Diego, CA 92123 | (619) 719-9179

### **Chiropractic/ Quiropráctica**

[Dianne McClintock, DC](#) | 1365 McDonald Rd., Fallbrook, 92028 | (760) 723-5890  
[Fallbrook Spine Center](#) | 746 S. Main St., Ste. D, Fallbrook, 92028 | (562) 3226533  
[Foli Chiropractic](#) | 210 S. Vine St., Fallbrook, 92028 | (760) 728-6170  
[Mary C. Ramsden, DC](#) | 1588 S. Mission Rd. Ste 115, Fallbrook, 92028 | (760) 728-9228  
[Scott Vance, DC](#) | 5256 S. Mission Rd., Bonsall, 92003 | (760) 728-2800  
[Tru-Health Chiropractic](#) | 5523 S. Mission Rd., Bonsall, 92003 | (760) 724-8104  
[Wetzel Chiropractic](#) | 945 S. Mission Rd. Ste 406, Fallbrook, 92028 | (760) 723-9512

### **Dental Care/Servicios dentales**

[A Smile Shoppe, James E. Sorge, DMD](#) | 521 E. Elder St., Ste. 203, Fallbrook, 92028 | (760) 728-1592  
[Ashley Stein Araiza, DDS](#) | 304 N. Orange Ave., Fallbrook, 92028 | (760) 645-3949  
[Bella Dental, Quin Thai, DDS](#) | 855 S. Main St., Ste. J, Fallbrook, 92028 | (760) 723-8599  
[Bonsall Dentist](#) | 5256 S. Mission Rd., Ste. 1101, Bonsall, 92003 | (760) 630-5500  
[Clayton T. Cooke, DDS](#) | 425 E. Alvarado St., Fallbrook, 92028 | (760) 728-5011  
[Fallbrook Family Health Center](#) | 1328 S. Mission Rd., Fallbrook, 92028 | (760) 451-4720  
[Fallbrook Village Dental](#) | 521 E. Alvarado St., Fallbrook, 92028 | (760) 723-3535  
[Flores Orthodontics, Daniel A. Flores, DDS](#) | 210 E. Fig St., Ste. 201, Fallbrook, 92028 | (760) 728-1182  
[Gernot Winkler, DDS](#) | 407 Potter St., Fallbrook, 92028 | (760) 728-8469  
[James Moran, DDS](#) | 587 E. Elder St., Ste. A, Fallbrook, 92028 | (760) 284-8477  
[John Duling, DDS](#) | 1385 S. Mission Rd., Fallbrook, 92028 | (760) 728-9558  
[Justin T. M. Nguyen, DMD](#) | 304 E. Mission Rd., Ste. A&B, Fallbrook, 92028 | (760) 728-5739

[Lakeshore Oral & Maxillofacial Surgery](#) | Fallbrook: 111 W. Mission Rd., Ste. A | (760) 7283-1123

| Bonsall: 525 Mission Rd., Ste. 1103 | (760) 630-6494

[Ligia Blanco, DDS](#) | 343 E. Alvarado St., Fallbrook, 92028 | (760) 451-6971

[Neighborhood Healthcare](#) | 1309 S. Mission Rd., Fallbrook CA 92028 | (760) 690-5900

[Nicholas Beye, Jr., DDS](#) | 645 E. Elder, Ste. A, Fallbrook, 92028 | (760) 728-8375

[Philip Roberts, DDS](#) | 521 E. Alvarado St. Fallbrook, CA 92028 | (760) 728-5848

[Roncone Orthodontics, Christopher E. Roncone, DDS](#) | 1680 S. Mission Rd., Ste. A, Fallbrook, 92028 | (760) 728-5808

[Ross Desimone, DDS](#) | 577 E. Elder St., Fallbrook, 92028 | (760) 723-0787

[Ryan Dental, DDS](#) | 1108 S. Main St., Fallbrook, 92028 | (760) 728-2261

[Share the Care Dental Initiative, County of San Diego](#) | 3851 Rosecrans St., #522, San Diego, 92110 | (619) 692-8858

Comparta la iniciativa de Cuidado Dental, Condado de San Diego | 3851 Rosecrans St., #522, San Diego, 92110

| (619) 692-8858

[Sharla Ruiz, DMD](#) | 111 W. Mission Rd., Ste. B, Fallbrook, 92028 | (760) 728-6123

[Surf and Smiles Orthodontics](#) | 425 E. Alvarado, Ste. C, Fallbrook, 92028 | (760) 728-5575

[Tinou Roncone, DDS, Periodontics](#) | 1680 S. Mission Rd., Ste. A, Fallbrook, 92028 | (760) 728-0800

[Tri-City/Fallbrook Microendodontics](#) | 425 E. Alvarado, Fallbrook, 92028 | (760) 728-1410

### **Disabled Individuals/ *Personas Discapacitadas***

[Care-Rite Vocational Services](#) | Work programs for adults with intellectual disabilities | *Programas de trabajo para adultos con discapacidades intelectuales* | 925 S. Main Ave., Fallbrook, 92028 | (951) 719-3377

[D'Vine Path](#) | Vocational & life skills training to people with disabilities | 1374 S. Mission Rd., Ste. 415 | (760) 626-6116

[Foundation for Senior Care](#) | 135 S. MISSION RD FALLBROOK, CA 92028 | (760) 723-7570

[Lift Para Transport for People with Disabilities](#) | 810 Mission Avenue Oceanside, CA 92054 | (760) 726-1111

Lift Para Transporte de personas con discapacidad | 810 Mission Avenue Oceanside, CA 92054 | (760) 726-1111

[R.E.I.N.S.](#) | Therapeutic horsemanship program | *Programa de equitación terapéutica*

| 4461 S. Mission Rd., Fallbrook, 92028 | (760) 731-9168

[San Diego Regional Center](#) | Services for youth with developmental disabilities | *Servicios para jóvenes con discapacidades del desarrollo* | 5931 Priestly Dr. Ste 100, Carlsbad, CA 92008 | (760) 736-1200

### **Domestic Violence/ *Violencia doméstica***

[Adult Protective Services](#) | *Abuso de adultos de la tercera edad o dependientes* | (800) 339-4661

[Alternatives to DV](#) | Serving Riverside County | *Servicios en condado de Riverside*

| Crisis Line *Línea de crisis*: (800) 339-SAFE (7233) | Office *Oficina*: (951) 425-8900

[Center for Community Solutions](#) | Hotline *Línea directa*: (888) 385-4657

| General information *Información general*: (858) 272-5777

[Child Welfare Services](#) | Child Abuse Hotline. *Línea para el reporte del abuso infantil*: (800) 344-6000

[Community Resource Center of North San Diego County](#) | 650 Second St., Encinitas, 92024 | (760) 753-1156

| 24-Hour Hotline: (877) 633-1112

[Fallbrook Sheriff Substation](#) | 388 E. Alvarado St., Fallbrook, 92028 | (760) 451-3100 | Emergency call 911

[National Domestic Violence Hotline](#) | (800)799-SAFE (7233)

Línea Nacional de Violencia Doméstica | (800)799-SAFE (7233)

[Palomar Family Counseling Services](#) | 120 W. Hawthorne St., Fallbrook, 92028 | (760) 731-3235

[Women's Resource Center](#) | 1963 Apple St., Oceanside, 92054 | (760) 547-8800 | 24-Hour Hotline: (760) 757-3500

Centro de Recursos para Mujeres | 1963 Apple St., Oceanside, 92054 | (760) 547-8800 | 24-Hour Hotline: (760) 757-3500

### **Drug and Alcohol Abuse/*Abuso de drogas y alcohol***

[Alcoholic's Anonymous](#) | (760) 758-2514, *español*: (760) 758-6905

Alcohólicos Anónimos | (760) 758-2514, *español*: (760) 758-6905

[Capalina Comprehensive Treatment Center- Opioid Disorder Program](#) | 1560 Capalina Rd., San Marcos, CA 92069

| (877) 266-8902

Centro de Tratamiento Integral Capalina - Programa de Trastornos Opioides | 1560 Capalina Rd., San Marcos, CA 92069

| (877) 266-8902

[CORE Solutions](#) | Services for at-risk teens | *Servicios para adolescentes en riesgo* | (888) 417-2466

[Hill Alcohol and Drug Treatment](#) | Teens and adults *Adolescentes y adultos*

| 41877 Enterprise Circle N, #100, Temecula, 92590 | (951) 719-3685

[McAlister Institute- Treatment & Education](#) | 1400 N. Johnson Ave. Ste 1001, El Cajon, CA 92020 | (760) 721-2781

[Mental Health Systems, N. Inland Regional Recovery Center](#) | Youth Alcohol/Drug Prevention Program | *Programa para jóvenes para la prevención del uso de drogas/alcohol* | 200 E. Washington St., Ste. 100, Escondido, 92025 |

HOTLINE *Línea directa*: (800)-838-1752 | Office *Oficina*: (760) 741-7708

[Palomar Family Counseling Services](#) | 120 W. Hawthorne St., Fallbrook, 92028 | (760) 731-3235

[San Diego Center for Children](#) | 145 Vallecitos De Oro Ste. 210, San Marcos, CA 92069 | (858) 277-9550

[Centro para Niños de San Diego](#) | 145 Vallecitos De Oro Ste. 210, San Marcos, CA 92069 | (858) 277-9550

[San Diego County METH Strike Force](#) | 877-NO2-METH or (877)724-7240, 24 hours/day, 7 days/week | *7 días de la semana, 24 horas al día*

[Temecula Comprehensive Treatment Center for Opioid Use](#) | 40700 California Oaks Rd., Ste. 202, Murrieta, 9256

| (855) 751-7998

## **Emergency Services/Servicios de Emergencia**

**Emergency Call | 911 Llamada de emergencia 911**

**Fallbrook Sheriff Substation | 388 E. Alvarado St., Fallbrook, 92028 | Non-Emergency (760) 451-3100**

| Emergency call 911

**Subestación del Sheriff de Fallbrook | 388 E. Alvarado St., Fallbrook, 92028 | No es de emergencia (760) 451-3100**

| Llamada de eEmergencia al 911

**FIRE/Paramedic | 911**

**BOMBEROS/Paramédico | 911**

## **Fitness/ Aptitud física**

**Aevum Wellness | 543 E. Alvarado St., Fallbrook, 92028 | (760) 451-9162**

**Anytime Fitness | 855 S. Main St., Fallbrook, 92028 | (760) 723-2433**

**Be Well Therapy Yoga | Classes online and in person | See Website to Contact**

**Boys & Girls Club of North County | 445 E. Ivy St., Fallbrook, 92028 | (760) 728-5871**

**Club Paradise Fitness | 1371 S. Mission Rd., Fallbrook, 92028 | (760) 731-0133**

**Fallbrook Community Center | 341 Heald Ln., Fallbrook, 92028 | (760) 728-1671**

**Fallbrook Senior Center | 399 Heald Ln., Fallbrook, 92028 | (760) 728-4498**

**Feeling Fit Club | Functional fitness for seniors | (800) 339-4661**

**Flourish Yoga | Sharing the joy of yoga for adults and seniors | (760) 845-6602**

**Sage Yoga Studios | Fallbrook: 115 N. Main St | (760) 451-8771 | Bonsall: 5256 S. Mission Rd | (760) 295-0895**

**Wade Into Fitness | 341 Heald Ln., Fallbrook, CA 92028 | (760) 728-1671**

## **Education/Educación**

**Fallbrook Land Conservancy | 1815 S. Stage Coach Ln., Fallbrook, CA 92028 | (760) 728-0889**

**Fallbrook Library | 124 S. Mission Rd., Fallbrook, 92028 | (760) 731-4650**

**Fallbrook MAAC Project Head Start | 901 Alturas St #A, Fallbrook, CA 92028 | (760) 731-2062**

**Fallbrook Union Elementary School | 321 Iowa St., Fallbrook, CA 92028 | (760) 731-5400**

**Fallbrook Union High School District | 2234 S. Stage Coach Ln., Fallbrook, CA 92028 | (760) 723-6332**

**Migrant Education Region IX | 255 Pico Ave. Room 120, San Marcos, CA 92069 | (760) 307-1399**

**Región IX de Educación para Migrantes | 255 Pico Ave. Room 120, San Marcos, CA 92069 | (760) 307-1399**

## **Food Resources/Recursos Alimentarios**

**Brother Benno's | 3260 Production Ave., Oceanside, 92058 | (760) 439-1244**

**Fallbrook Community Resource Center: 202 W. College Ave., Fallbrook 92028 | (866) 262-9881**



[Fallbrook Food Pantry](#) | 140 N. Brandon Rd., Fallbrook, 92028 | (760) 728-7608

[Dispensa de alimentos de Fallbrook](#) | 140 N. Brandon Rd., Fallbrook, 92028 | (760) 728-7608

[Fallbrook Senior Center](#) | 399 Heald Ln., Fallbrook, 92028 | (760) 728-4498

[Feeding America Mobile Food Pantry](#) | 1<sup>st</sup> and 3<sup>rd</sup> Tuesday 9:00am-10:00am | 463 South Stage Coach Ln., Fallbrook, CA 92028 | (858) 452-3663

Dispensa móvil de alimentos de Feeding America | 1<sup>st</sup> and 3<sup>rd</sup> Tuesday 9:00am-10:00am | 463 South Stage Coach Ln., Fallbrook, CA 92028 | (858) 452-3663

[Food Stamps/Cal Fresh](#) | Benefits Helpline | *Ayuda de beneficios:* (877) 847-3663

Cupones de alimentos/[Cal Fresh](#) | Benefits Helpline | *Ayuda de beneficios:* (877) 847-3663

[Meals on Wheels of San Diego County](#) | 2254 San Diego Ave., Ste. 200, San Diego, 92110 | (619) 260-6110

[Western Eagle Foundation](#) | Offer an affordable Food Box Program for individuals and families, and community food distribution for churches and other charitable organizations | *Programa asequible de Food Box para individuos y familias, y distribución comunitaria de alimentos para iglesias y otras organizaciones* | 40940 County Center Drive, Temecula, 92591 | (951) 695-7206

[WIC – Women, Infants, Children](#) | 504 E. Alvarado St., Ste. 109, Fallbrook, 92028 | (888) 999-6897

WIC – Mujeres, Bebés, Niños | 504 E. Alvarado St., Ste. 109, Fallbrook, 92028 | (888) 999-6897

### **Healthcare/Cuidado de Salud**

[Fallbrook Healthcare Partners, Richard Reynolds, MD](#) | 591 E. Elder St., Ste. C, Fallbrook, 92028 | (760) 731-8989

[Fallbrook Medical Center, Alvaro Berrios, FNP](#) | 593 E. Elder St., Ste. B, Fallbrook, 92028 | (760) 723-5900

Fallbrook Pediatrics, Daisy Robinson, MD | 321 E. Alvarado St., Fallbrook, 92028 | (760) 723-6200

[Graybill Medical Group](#) | 1035 S. Main Ave., Fallbrook, 92028 | (866) 228-2236

[Fallbrook Family Health Center](#) | 1328 S. Mission Rd., Fallbrook, 92028 | (760) 451-4720

[Hope Imaging](#) | 616 E. Alvarado St., Fallbrook, 92028 | (760) 645-3509

[Lab Corp](#) | 587 E. Elder St., Fallbrook, 92028 | (760) 723-9255

[Neighborhood Healthcare](#) | Fallbrook: Acupuncture, chiropractic and podiatry services | *Servicios de acupuntura, quiropráctica, y podología* | 1309 S. Mission Rd., Fallbrook, 92028 | (760) 690-5900 | Find Other Locations [Here](#) | *Encuentre otras localizaciones [aquí](#)*

[North County Health Services](#) | Find Locations [Here](#) | *Encuentre localizaciones [aquí](#)* | (760) 736-6767

[Pediatric Partners/Children’s Primary Care Medical Group, Inc.](#) | 1107 S. Mission Rd., Fallbrook, 92028 | (760) 451-0070

Peter Strutz, MD | 605 E. Alvarado, Ste. 1, Fallbrook, 92028 | (760) 728-8489

[Public Health Center N. Coastal](#) | 3609 Ocean Ranch Blvd., Ste. 104, Oceanside, 92056 | (760) 967-4401

[Quest Diagnostics](#) | 521 E. Elder St., Ste. 201, Fallbrook, 92028 | (442) 245-0982 | *Encuentre otras localizaciones [aquí](#)*

[Rancho Family Medical Group](#) | 521 E. Elder St., Ste. 105, Fallbrook, 92028 | (760) 728-8344



[San Diego County N. Inland Public Health Center](#) | 649 W. Mission Ave., Ste. 2, Escondido, 92025 | (760) 740-3000

[Vista Community Clinic](#) | [Find Locations Here](#) | *Encuentre localizaciones aquí* | (844) 308-5003

### **Health Coverage/ *Asistencia para Cobertura de Salud***

[Covered California](#) | Subsidized Medical Insurance | (800) 300-1506

[Medicare](#) | (800) 633-4227

[San Diego County- Fallbrook Community Resource Center](#) | 202 West College Fallbrook, CA 92028 | (866) 262-9881

### **Home Health and Hospice/ *Cuidado en Casa y Hospicio***

[AccentCare](#) | 365 S Rancho Santa Fe Rd, San Marcos, CA 92078 | (800) 834-3059

[Elizabeth Hospice](#) | 500 La Terraza Blvd, Ste. 130, Escondido, CA 92025 | (800)797-2050

[Foundation for Senior Care](#) | 135 S. Mission Rd., Fallbrook, CA 92028 | (760) 723-7570

[Hospice of the N. Coast](#) | 2525 Pio Pico Drive, Ste. 301, Carlsbad, CA 92008 | (760) 431-4100

[Hospice of the Valleys](#) | 25240 Hancock Ave Ste 120, Murrieta, CA 92562 | (951) 200-7800

[In Home Supportive Services \(IHSS\)](#) | 649 W. Mission Ave. Ste. 5, Escondido, CA 92028 | (800) 339-4661

[National Care Planning Council](#) | (800) 989-8137

[Palomar Health Home Health](#) | 2185 Citracado Parkway, Escondido, CA 92023 | (442) 281-3800 | (800) 525-3010

[Right at Home](#) | 589 E. Elder Fallbrook, CA 9228 | (760) 782-8888

[Tri-City Medical Center Home Health](#) | 4002 Vista Way, Oceanside, CA 92056 | (760) 940-5800

### **Hospitals/*Hospitales***

[Kaiser Permanente](#) | 400 Craven Rd. San Marcos, CA 92078 | (833)574-2273

[Loma Linda University Medical Center- Murrieta](#) | 28062 Baxter Rd. Murrieta, CA 92563 | (951) 290-4000

[Naval Hospital Camp Pendleton](#) | 200 Mercy Circle Camp Pendleton, CA 92055-5191 | (760) 725-1436

[Palomar Medical Center Escondido](#) | 2185 Citracado Parkway, Escondido, CA 92029 | (442) 281-5000

[Palomar Medical Center Poway](#) | 15615 Pomerado Rd., Poway CA 92064 | (858)613-4000

[Rady Children's Hospital](#) | 3020 Children's Way, San Diego, 92123 | (585) 576-1700

[Rancho Springs Medical Center](#) | 25500 Medical Center Drive, Murrieta, 92562 | (951) 696-6000

[Temecula Valley Hospital](#) | 31700 Temecula Valley Parkway, Temecula, 92592 | (951) 331-2200

[Tri-City Medical Center](#) | 4002 Vista Way, Oceanside, 92056 | (760) 724-8411

## **Housing/Vivienda**

[Community Housing Works](#) | 3111 Camino del Rio N., Ste 800 San Diego, CA 92108 | (619) 282-6647

[Housing and Community Development](#) | Assistance for renters, homeowners and homeless | (858) 694-3900

| de Vivienda y Desarrollo Comunitario Asistencia para inquilinos, propietarios de viviendas y | sin hogar(858) 694-3900

[La Posada de Guadalupe](#) | 2476 Impala Drive, Carlsbad, 90101 | (760) 929-2322

[Solutions for Change](#) | 772 W. California Ave., Vista, 92083 | (760) 941-6545

## **Government Offices/Oficinas Gubernamentales**

[2-1-1](#) | San Diego | The most comprehensive source of information about local resources and services. Call 2-1-1

[Bonsall Postal Service](#) | 5521 Mission Rd Ste D, Bonsall, CA 92003 | (760) 758- 4173

[County Board of Supervisors](#) | (858) 694-3900

[County of San Diego Assessor, Recorder, County Clerk](#)|141 E. Carmel St., San Marcos, 92078 | (619) 237-0502

[Department of Motor Vehicles \(DMV\)](#) |Oceanside: 4005 Plaza Drive, 92056 | (800) 777-0133|San Marcos: 590 Rancheros Drive, 92069 | (800) 777-0133

[Fallbrook Public Utility District](#) | 990 E. Mission Rd., Fallbrook, 92028 | (760) 728-1125

[Fallbrook Postal Service](#) | 747 S Mission Rd., Fallbrook, CA 92028 | (800) 275-8777

[Servicio Postal de Fallbrook](#) | 747 S Mission Rd., Fallbrook, CA 92028 | (800) 275-8777

[Fallbrook Regional Health District](#) |138 S. Brandon Rd., Fallbrook, 92028 | (760) 731-9187

[Distrito de Salud Regional de Fallbrook](#)|138 S. Brandon Rd., Fallbrook, 92028 | (760) 731-9187

[Live Well San Diego](#) | 4425 Bannock Ave, San Diego, CA 92117 | (858) 483-5100

[Rainbow Municipal Water District](#) | 3707 Old Hwy. 395, Fallbrook, 92028 | (760) 728-1178

[San Diego County Aging & Independence Services](#)| (800) 339-4661

[Servicios de Envejecimiento e Independencia del Condado de San Diego](#) | (800) 339-4661

[San Diego County Parks & Recreation Fallbrook Office](#) |341 Heald Ln., Fallbrook, 92028 | (760) 728-1671

[San Diego Court Services N. County Regional Office](#) |325 S. Melrose Ave., Vista, 92081 | (760) 201-8600

[Servicios judiciales de San Diego Oficina Regional del Condado de N.](#) |325 S. Melrose Ave., Vista, 92081 | (760) 201-8600

[Social Security Office](#) | Oceanside: 2160 S. El Camino Real, 92054 | San Marcos: 367 Via Vera Cruz, 92078  
| (800) 772-1213

## **Legal Advice/ Asesoría Legal**

[California Rural Legal Assistance](#) | 650 Civic Center Drive, #108, Vista, 92084 | (760) 966-0511

[Asistencia Legal Rural de California](#) | 650 Civic Center Drive, #108, Vista, 92084 | (760) 966-0511

[Elder Law & Advocacy](#) | 5151 Murphy Canyon Road Suite 110 San Diego, CA 92123 | (858) 565-1392

[Landon Rainwater Robinson, LLP](#) | 27555 Ynez Rd. Ste 110, Temecula, CA 92028 | (951) 677-7774

[Rosenstein & Associates](#) | 28600 Mercedes St. Ste. 100, Temecula, CA 92590 | (951) 296-3888

[San Diego Volunteer Lawyer Program](#) | 707 Broadway, Ste. 1400, San Diego, 92101 | (619) 235-5656

Programa de Abogados Voluntarios de San Diego | 707 Broadway, Ste. 1400, San Diego, 92101 | (619) 235-5656

### **Medical Equipment and Supplies/ *Equipo y accesorios médicos***

[A-1 Healthcare Center](#) | 1205 N. Melrose Dr., Ste. N, Vista, CA 92083 | (760) 945-4700

[Fallbrook Senior Center Thrift Shop](#) | 399 Heald Ln., Fallbrook, 92028 | (760) 723-4602

[Global Medical Equipment and Supplies](#) | 25136 Hancock Ave., Ste. B, Murrieta, 92562 | (951) 200-6555

[JW Durable Medical Equipment](#) | 343 E. Alvarado St., Fallbrook CA 92028 | (760) 451-8892

### **Mental Health Services/ *Servicios de Salud mental***

[Aurora Behavioral Health Care](#) | 11878 Avenue of Industry, San Diego, CA 92128 | (888) 565-4228

[BPSR Kinesis N. Clinic](#) | 9465 Farnham St., San Diego, CA 92123 | (760) 480-2225

[Crestwood Behavioral Health](#) | 624 E. Elder St., Fallbrook, CA 92028 | (760) 451-4165

[Exodus Recovery](#) | Several North San Diego County locations | (310) 945-3350

[Fallbrook Family Health Center](#) | 1328 S. Mission Rd., Fallbrook, CA 92028 | (760) 451-4770

[It's Up to Us San Diego](#) | HOTLINE (888) 724-7240

[Neighborhood Healthcare Behavioral Health Services](#) | Available in Escondido and Temecula | (833) 867-4642

[North Coastal Mental Health Center](#) | 1701 Mission Ave., Ste. 230, Oceanside, CA 92058 | (760) 712-3535

[North County Lifeline](#) | 200 Michigan Ave, Vista, CA 92084 | (760) 726-4900

[North Inland Mental Health Center](#) | 125 W. Mission Ave. Ste 103, Escondido, CA 92025 | (760) 747-3424

[Palomar Family Counseling](#) | 120 W. Hawthorne St., Fallbrook, CA 92028 | (760) 731-3235

[Psychiatric Hospital of San Diego County](#) | 3853 Rosecrans St., San Diego, 92110 | (619) 692-8232

[SAMSHA](#) | Disaster Distress Helpline, HOTLINE (800) 985-5990

### **Military & Veteran Services/ *Servicios para militares y veteranos***

[Coalition to Salute America's Heroes](#) | 552 Fort Evans Rd. Ste 300, Leesburg, VA 20176 | (888) 447-2588

[County of San Diego Office of Military & Veterans Affairs](#) | 5055 Ruffin Road, San Diego | (858) 694-3222

[Courage to Call](#) | 9465 Farnham St., San Diego, CA 92123 | (877) 698-7838

[Disabled American Veterans \(DAV\)](#) | 8810 Rio San Diego Dr, Ste 1160, San Diego CA 92108 | (619) 299-6916

[Hidden Heroes- Elizabeth Dole Foundation](#) | 600 New Hampshire Ave. NW #1020 | (202) 249- 7170

[Military One Source](#) | Resources and support | (800) 342-9647

[Operation Homefront](#) | Housing and family support | 5725 Kearny Villa Rd, Ste D, San Diego, CA 92123 | (877) 264-3968

[San Diego Military and Veterans Advisory Council](#) | 1600 Pacific Highway, Room 206, San Diego, CA 92101

| (619)731-3345

[San Marcos Vet Center – VA](#) | 1 Civic Center Drive Ste 150, San Marcos, 92069 | (855) 898-6050

[VA San Diego Healthcare Systems](#) | 1300 Rancho del Oro Drive Oceanside, CA 92056 | (760) 643- 2000

[Veterans of Foreign Wars \(VFW\)](#) | 1175 Old Stage Rd., Fallbrook, CA 92028 | (760) 728-8784

[Vets Community Connections](#) | (844) 838- 2669

### **Outdoor Recreation & Sports/ *Recreación al aire libre y Deportes***

[Clemmens Lane County Park](#) | 344 W Clemmens Ln, Fallbrook, CA 92028 | (760) 728-2303

[Dinwiddie Preserve](#) | 1815 S. Stagecoach Ln., Fallbrook, CA 92028 | (760) 728-0889

[Don Dussault County Park](#) | 832 Alturas St., Fallbrook, CA 92028 | (760) 728-2303

[Fallbrook Community Center](#) | 341 Heald Ln., Fallbrook, 92028 | (760) 728-1671

[Fallbrook Dog Park](#) | 2746 Reche Rd, Fallbrook CA, 92028 |

[Fallbrook Land Conservancy](#) | 1815 S. Stage Coach Ln., Fallbrook, CA 92028 | (760) 728-0889

[Fallbrook Riders Field](#) | 1627 S. Stagecoach Rd., Fallbrook, CA 92028 | (760) 689-2044

[Horse Creek Ridge County Park](#) | 240 Gold Palomino Wy., Fallbrook, CA 92028 | (760) 966-5230

[Ingold Sports Park](#) | 2551 Olive Hill Rd., Fallbrook, CA 92028 | (760) 201-6667

[Jackie Heyneman Park](#) | 431 S Main Ave, Fallbrook, CA 92028 | (760) 723-8384

[Live Oak County Park](#) | 2746 Reche Rd., Fallbrook, CA 92028 | (760) 728-2303

[Los Jilgueros Preserve](#) | S Mission Rd, Fallbrook, CA 92028 |

[Rainbow County Park](#) | 5157 5<sup>th</sup> St., Rainbow, CA 92028 | (760) 728-2303

[Santa Margarita River Preserve](#) | 4251 River Edge Rd., Fallbrook, CA 92028 | (909) 372-0138

[Vince Ross Village Square](#) | 102 S. Main Ave, Fallbrook, CA 92028 | (760) 723-2232

### **Physical Therapy/*Terapia física***

[All Star Physical Therapy](#) | 577 E. Elder St., Fallbrook, CA 92028 | (760) 723-2687

[Fallbrook Spine Center](#) | Physical therapy | 746 S. Main St. Ste. D, Fallbrook, CA 92028 | (760) 728-8999

[Rancho Physical Therapy](#) | Physical therapy | 521 E. Elder St. Ste. 106, Fallbrook | (760) 723-8337

### **Podiatry/*Podología***

[Dr. Paul Yoon](#) | 577 E. Elder St., Ste. G, Fallbrook, 92028 | (760) 994-1697

[Fallbrook Podiatry/Dr. Grigoriy N. Patish](#) | 407 Potter St., Ste. A, Fallbrook, CA 92028 | (760) 728-4800

[Neighborhood Healthcare](#) | 1309 S. Mission Rd., Fallbrook, 92028 | (833) 867-4642

## **Safety/Seguridad**

[ADT Home Medical Alert System](#) | (855) 238-4705

[American Red Cross](#) | 3950 Calle Fortunada, San Diego, 92123, Emergency Dispatch – 24/7 | (855) 891-7325

[CERT – Community Emergency Response Team](#) | 337 E. Mission Rd., Fallbrook, CA 92028 | (760) 723-2046

[Fallbrook Sheriff Substation](#) | 388 E. Alvarado St., Fallbrook, 92028 | (760) 451-3100 | Emergency call 911

[National Human Trafficking Resource Center](#) | (888) 373-7888 or text 233733

[Centro Nacional de Recursos contra la Trata de Personas](#) | (888) 373-7888 or text 233733

[North County Fire Protection District](#) | 330 S. Main St., Fallbrook, 92028 | (760) 723-2005

[Take Me Home Program through San Diego County Sheriff's Department](#) | (858) 974-2222

[Programa Llévame a casa a través del Departamento del Sheriff del Condado de San Diego](#) | (858) 974-2222

## **Fallbrook Schools/ Escuelas**

[A Creative Beginning Preschool](#) | 409 E Fallbrook St Fallbrook, CA 92028 | (760) 728-7600

[Albert Michelson Elementary](#) | 196 Pennsylvania Gulch Road Murphys, CA 95247 | (209) 728-3441

[Avery Middle School](#) | 4545 Moran Road Avery, CA 95224 | (209) 795-8520

[Bonsall Elementary](#) | 31555 Old River Rd Bonsall, CA 92003 | (760) 631-5205

[Bonsall High School](#) | 7350 W. Lilac Rd. Bonsall, CA | (760) 305-5700

[Bonsall Unified School District](#) | 31505 Old River Rd. Bonsall, CA 92003 | (760) 631-5200

[Bonsall Virtual Academy](#) | Please visit website for application process and virtual contact

[Bonsall West Elementary](#) | 5050 El Mirlo Dr, Oceanside, CA 92057 | (760)721-8001

[Canyon Ridge Christian Prep](#) | 1200 Old Highway 395 Fallbrook, CA 92028 | (760) 723-7733

[Fallbrook High School](#) | 2400 South Stage Coach Lane Fallbrook, CA 92028 | (760) 723-6300

[Fallbrook Homeschool Academy](#) | 321 Iowa St. Fallbrook, CA 92028 | (760) 695-9827

[Fallbrook STEM Academy](#) | 405 W Fallbrook St Fallbrook, CA 92028 | (760) 731- 4000

[Fallbrook Union Elementary School District](#) | 321 Iowa St. Fallbrook, CA 92028 | (760) 731-5400

[Fallbrook Union High School District](#) | 2234 South Stage Coach Lane Fallbrook, CA 92028 | (760) 723-6332

[Fallbrook Virtual Academy](#) | 400 W Elder Fallbrook, CA 92028 | (760) 695-9827

[Hazel Fischer Elementary](#) | 1605 Blagen Road Arnold, CA 95223 | (209)795-8030

[Ivy High School](#) | 1056 Winterhaven Road Fallbrook, CA 92028 | (760) 723-6395

[La Paloma Elementary](#) | 300 Heald Ln Fallbrook, CA 92028 | (760) 731-4220

[Live Oak Elementary](#) | 1978 Reche Rd Fallbrook, CA 92028 | (760) 731-4430

[Maie Ellis Elementary](#) | 400 W Elder Fallbrook, CA 92028 | (760) 731-4132

[Mary Fay Pendleton](#) | 110 Marine Dr Oceanside, CA 92058 | (760) 731-4050

[Mike Choate Center](#) | 321 Iowa St. Fallbrook, CA 92028 | (760) 731-5400

[Oasis High School](#) | 2208 South Stage Coach Lane Fallbrook, CA 92028 | (760) 731-1645  
[Pink Tower Montessori](#) | 203 Laurine Ln Fallbrook, CA 92028 | (760) 728- 4754  
[Potter Junior High](#) | 1743 Reche Rd Fallbrook, CA 92028 | (760) 731-4150  
[San Onofre School](#) | 200 Pate Rd San Clemente, CA 92672 | (760) 731-4360  
[St. Peter Apostle Catholic School](#) | 450 South Stage Coach Fallbrook CA | (760) 689-6250  
[Sullivan Middle School](#) | 7350 W. Lilac Rd Bonsall, CA 92003 | (760) 631-5209  
[Vallecito Union School District- \(Serving Rainbow\)](#) | PO Box 329 Avery, CA 95224 | (209) 795-8500  
[Vivian Banks Charter](#) | 11800 Pala Mission Rd Pala, CA 92059 | (760) 742-3300  
[William H. Frazer](#) | 1835 Gum Tree Lane Fallbrook, CA 92028 | (760) 731-4340  
[Zion Christian Learning Center](#) | 1405 E Fallbrook St., Fallbrook, CA 92028 | (760) 723-3500

### **Senior Services/ *Servicios para personas mayores***

[Alzheimer's San Diego](#) | 3635 Ruffin Rd. Ste 300, San Diego, CA 92123 | (858) 492-4400  
[Choose Well San Diego](#) | Help to find assisted living facilities | (858) 221-4862  
[Elder Law & Advocacy](#) | 5151 Murphy Canyon Road Suite 110 San Diego, CA 92123 | (858) 565-1392  
[Estancia Senior Living](#) | 1735 S. Mission Rd., Fallbrook, CA 92028 | (707) 690-1389  
[Fallbrook Senior Center](#) | 399 Heald Ln., Fallbrook, 92028 | (760) 728-4498  
[Fallbrook Skilled Nursing Facility](#) | 325 Potter St., Fallbrook, 92028 | (760) 728-2330  
[Foundation for Senior Care](#) | 135 S. Mission Rd., Fallbrook, CA 92028 | (760) 723-7570  
[Hospice of the Valley](#) | 25240 Hancock Ave., Ste 120, Murrieta, CA 92562 | (951)200-7800  
[Lifeline Medical Alert System](#) | 111 Lawrence St., Farmingham, MA 01702 | (855) 294-0168  
[National Care Planning Council](#) | PO BOX 1118 Centerville, UT 84014 | (800) 989-8137  
[Regency Fallbrook](#) | 609 E. Elder St., Fallbrook, 92028 | (760) 728-8504  
[Silvergate Fallbrook](#) | 420 Elbrook Dr., Fallbrook, 92028 | (760) 728-8880  
[Southern Caregiver Resource Center](#) | 3675 Ruffin Rd, Suite #230 San Diego, CA 92123 | (800) 827- 1008  
[Take Me Home Program through San Diego County Sheriff's Department](#) | Registry for at risk Seniors | (858) 974-2222  
[Programa Llévame a casa a través del Departamento del Sheriff del Condado de San Diego](#) | Registro de Personas Mayores en Riesgo | (858) 974-2222  
[YMCA Kinship Support Services](#) | Education, resources, respite care, support groups | (619) 719-9179  
[You Are Not Alone \(YANA\)](#)- San Diego County Sheriff | Phone calls and home visits for seniors | (760) 451-3100

### **Support Groups/*Grupos de Apoyo***

[Al-Anon for Friends & Families of Alcoholics](#) | Multiple groups in Fallbrook area | (800) 690-2666, [En Español](#)  
[Alcoholics Anonymous](#) | Multiple groups in Fallbrook area | (760) 758-2514 | *español* (760) 758-6905



[Michelle's Place](#) (Cancer Resource Center) | 1636 E. Mission Rd., Fallbrook, CA 92028 | (951) 249-7015

[N. County Parkinson's Support Group](#) | Various Meeting Locations throughout North County | (760) 201-5773

### **Transportation/*Transporte***

[511](#) | Traffic & Transit Information | Call 5-1-1

[Care Van & Expanded Rides Program – Foundation for Senior Care](#) | (760) 723-7570

[Foundation for Senior Care](#) | 135 S. Mission Rd., Fallbrook, CA 92028 | (760) 723-7570

[Lift Para Transport for People with Disabilities](#) | 810 Mission Avenue Oceanside, CA 92054 | (760) 726-1111

[North County Transit District](#) | (760) 966-6500 | For Hearing or Speech Impaired TTY/TDD (866)735-2929 or 711

### **Urgent Care/*Cuidado de Urgencia***

[8-2-8 Urgent Care](#) | 4171 Oceanside Blvd. #109 | (760) 216-6253

[Carbon Health Urgent Care Temecula](#) | 31717 Temecula Pkwy., Temecula, CA 92592 | (951) 210-7368

[MedPlus Urgent Care](#) | 617 E. Alvarado St., Fallbrook | (760) 505-9509

[Scripps Health Express Oceanside](#) | 4318 Mission Ave., Oceanside, CA 92057 | (858) 247-3913

[Scripps Medical Center Jefferson](#) | 2205 Vista Way, Oceanside, CA 92054 | (760) 704-5600

[Temecula 24 Hour Urgent Care](#) | 41715 Winchester Rd. #101, Temecula, CA 92590 | (951) 308-4451

[United Medical Doctors Urgent Care](#) | 31150 Temecula Pkwy. #101, Temecula, CA 92592 | (951) 383-2618

[Urgent Med](#) | 6010 Hidden Valley Rd. #150 Carlsbad, CA 92011 | (760) 544-8233

### **Vision Care/*Cuidado de la visión***

[Fallbrook Eyecare Center, Eric J. Ramos, O. D.](#) | 645 E. Elder St., Ste. D, Fallbrook, 92028 | (760) 728-9440

[Fallbrook Family Health Center](#) | 1328 S. Mission Rd., Fallbrook, 92028 | (760) 451-4720

[Inland Eye Specialists](#) | 521 E. Elder St., Ste. 102, Fallbrook, 92028 | (760) 728-5728

[Vista Vision Associates of Optometry](#) | 1102 S. Main St., Fallbrook, 92028 | (760) 758-2340