



**Organization Information**

**Legal Name**

Fallbrook Healthcare Foundation

**DBA (if Applicable)**

Foundation for Senior Care

**Program Name/Title**

415 Senior Care Services

**Contact Information**

**Contact Name**

Patty Sargent

**Title**

Executive Director

**Primary Contact Phone**

7607237570

**Email Address**

psargent@foundationforseniorcare.org

**Organization Mailing Address**

PO Box 2155  
Fallbrook, CA, 92088

**Organization Physical Address**

135 S. Mission Road  
Fallbrook, CA, 92028

**Total number of residents that benefited (participant/client) from this program this quarter.**

384

**Target Population - Age**

	Percent of program participants	Total Number of Participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	6	23
Seniors (60+)	94	361
We do not collect this data (indicate with 100%)*		

## Target Population not collected - Age

NA

## Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	61	234
Male	36	138
Non-binary		
Unknown*	3	12

## \*Target Population - Gender

NA

## Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100	20	77
Very Low (50%) Income Limits, ceiling of \$53,500	20	78
Low (80%) Income Limits, ceiling of \$85,600	20	77
Higher Than Listed Limits	10	38
We do not collect this data (indicate with 100%)*		

## \*Target Population - Income Level

NA

## Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Neighborhood & Built Environment (Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing)

## Program/Services Description - FRHD Community Needs Assessment

Mental Health (Social Support - Youth or Families)

Mental Health (Screenings, Prevention)

Health (Mobility)

Health (Age Related Deficits)

Health (Healthy Food/Nutrition)

Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

## Program Objectives

Support 1,000 seniors/disabled adults with our care advocate services, which include acting as a case manager for more complex client situations.

Actively provide interventions, referrals, and/or education services for at least 60% of North County Fire or hospital-referred clients.

Provide 5,000 donation-based, wheelchair accessible rides in town and healthcare-related rides out of town.

Provide 2,000 total days of day care for seniors and disabled persons, including at least 100 scholarship days.

## Program Outcomes/Measurables

1. Our Advocates helped 321 clients this quarter. This included:

- Case management for 11 individuals in dire situations
- Initiated 530 calls, emails, faxes, etc. for 88 seniors related to housing issues alone
- Visited 142 homes, doctor offices, or hospitals
- Responded to 62 fall-related issues
- Loaned 9 pieces of free durable medical equipment; gave away 12 packages of adult diapers
- Provided more than 50 seniors with holiday gifts of blankets, grocery gift cards, toiletries, "wish list" items, and for some, a special treat for a cherished pet

2. We helped 31 clients in our Door Through Door program, providing 58 referrals, and handling 223 correspondences with clients, family members, hospitals, or other agencies. On 64 occasions, we worked with healthcare facilities or families to try to prevent unsafe discharges, through education and working to ensure that all necessary resources would be available upon discharge so as not to cause a hospital readmission due to lack of support. For 42% of these clients, we were able to actively engage with them and provide services. In 7 of those interventions, we were able to successfully influence a decision that prevented an unsafe discharge.

3. We provided 1,171 in-town rides to 99 clients, and 168 out-of-town healthcare-related rides to 36 clients. This quarter, 56 of those rides were for wheelchair transport.

4. We provided 377 days of care for 17 seniors and disabled persons during this past quarter. This included 33 of our projected 100 annual scholarship days

### FRHD Grant Support Acknowledgment

Social Media Postings

Signage at Service Sites

Print Materials to Service Recipients

Website Display

Other

### FRHD Grant Support Acknowledgment

The FRHD logo was affixed to the sides of our Care Vans.

We included the FRHD logo and official sponsor designation in all emails from every staff member.

Our organization and specific Care Van program brochure featured the FRHD logo and official sponsor language.

The FRHD logo and sponsorship support status appears on our website.

We promoted District events via Social Media

**Please provide an example of how the District's grant funding was acknowledged.**



Acknowledgements.docx

### Program Budget



415 Foundation for Senior C... .xlsx

### Impact Story



415 Foundation for Senior C... .docx

### Opportunities & Challenges

Our Salary Expense for Caregivers is less than anticipated since we lost one full-time caregiver in October, and did not replace her until mid-December. Expanded Rides volume has continued to remain higher than anticipated, so mileage reimbursement expense will be higher this year. Admin contract expense incurred for Marketing/Development resource, due to vacancy in position. Facilities expense high due to sprinkler system rebuild we had to incur to replace failing equipment.

Print/Email Distribution Samples



*Wishing you*  
**good health,**  
**peace** AND  
**happiness**  
**IN 2023!**



Transportation • Advocacy  
 Adult Care Program • Community Education

To learn more about the Foundation for Senior Care, or to make a donation or volunteer your time, please visit [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org) or call 760-723-7570

Grant funding generously provided by 



"Helping seniors to live independently"

**Computer Classes for 50+**

Join us in person at our new Computer Lab located at Fallbrook Health and Wellness Center 1636 E. Mission Blvd., Fallbrook

**MAY 2022 CLASSES** 

CLASS	DATES & TIME	COST
Smartphone & Tablet (Androids) <i>Instructors: Irv Rudderow &amp; Coach Elaine Pedigo</i>	Mon 5/2, 5/9, 5/16, 5/23 9:30-11:30 AM	\$40
	Tues 5/3, 5/10, 5/17, 5/24 9:30-11:30 AM	\$40
	Tues 5/24, 5/31 1-3PM	\$20
	Wed 5/4 & 5/11 9:30-11:30 AM	\$20
	Wed 5/18 & 5/25 9:30-11:30 AM	\$20
	Mon 5/2 1-3PM	\$10



Senior Advocate

...privately with individual family members to address any issue you are facing.

- Seasoned, experienced case managers
- We talk to seniors, listen and offer solutions where possible
- We meet in your own home to ensure confidentiality and discretion

Our Senior Care Advocate program is offered to individuals through donations and grants.

You can help support our endeavors with donations!



Call 760-723-7570  
 135 S. Mission Rd, Fallbrook  
[FoundationForSeniorCare.org](http://FoundationForSeniorCare.org)

Grant funding for programming is generously supported by the 

...except Holiday Weekends  
 ...ted Donation \$10  
[www.foundationforseniorcare.org/our-services/computer-classes/](http://www.foundationforseniorcare.org/our-services/computer-classes/)

**reserve your seat**  
**760-723-7570**  
 1636 E. Mission Rd, Fallbrook  
[FoundationForSeniorCare.org](http://FoundationForSeniorCare.org)

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## Care Van Medallion and Brochure Acknowledgement

**OUR AREA OF SERVICE**

De Luz Heights  
Rainbow  
Fallbrook  
Bonsall

- FALLBROOK
- BONSCALL
- RAINBOW

\*ASK ABOUT OUR EXPANDED RIDES FOR MEDICAL APPOINTMENTS OUT OF AREA

FALLBROOK CHAMBER OF COMMERCE  
2019  
**Non-Profit of the Year**  
AWARD  
Foundation for Senior Care

**OUR SUPPORTERS**

Fallbrook Regional HEALTH DISTRICT

LEGACY ENDOWMENT

**VOLUNTEERS NEEDED**  
HELP SERVE OUR MISSION

Giving Heart

The Foundation for Senior Care is a 501(c)(3) Non-Profit public charity that relies on donor support. Tax ID#95-3389263

**VISIT US!**  
135 S. Mission Road  
Fallbrook, CA 92028  
**760-723-7570**  
WWW.FOUNDATIONFORSENIORCARE.ORG

**FOUNDATION FOR Senior Care**

**SENIOR RESOURCES FROM A TO Z**

- TRANSPORTATION
- ADVOCACY
- ADULT DAY CARE
- EDUCATION

SERVING OUR COMMUNITY SINCE 1979



## Email Signature

**THE FOUNDATION FOR Senior Care**

**Patty Sargent** Executive Director

**Office:** (760) 723-7570 x104 **Fax:** (760) 723-0358

**Email:** [psargent@foundationforseniorcare.org](mailto:psargent@foundationforseniorcare.org)

**Website:** [www.foundationforseniorcare.org](http://www.foundationforseniorcare.org)

**Address:** 135 S. Mission Rd., Fallbrook, CA 92028

The mission of the Foundation for Senior Care is to provide programs and resources enabling seniors to enhance their well-being and offer them a more meaningful life. Nonprofit tax designation ID# 95-3389263

Grant funding for programming is generously supported by the

**Fallbrook Regional**  
HEALTH DISTRICT

# Web Page Acknowledgement



**FRHD CHC GRANT BUDGET REPORTING FORM**

Agency Name:

**Foundation for Senior Care**

PROGRAM NAME:

**Adult Day Care, Advocacy, Door Thru Door, Transport**

Not all line items will correspond with your program budget. If the item does not fully align either leave it blank or group it in the best category possible. However, be sure your program budget is fully itemized.

1)	<b>A</b>	<b>INDIRECT EXPENSES:</b>	<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>
	A1	<i>Administrative Support</i>	\$ 168,267.58	\$ 16,826.76	\$ 39,648.33	\$ 37,847.70	
	A2	<i>General Insurance (not program specific )</i>	\$ 2,739.60	\$ 273.96	\$ 106.80	\$ 266.20	
	A3	<i>Accounting &amp; audit expenses</i>	\$ 11,440.00	\$ 1,144.00	\$ 362.00	\$ 8,467.00	
	A4	<i>Consultant/Contractor Fees</i>	\$ 2,449.25	\$ 244.93	\$ 5,598.00	\$ 5,722.00	
	A5	<i>Physical Assets (Rent, Facility Costs)</i>	\$ 551.25	\$ 55.13	\$ 385.00	\$ 1,722.00	
	A6	<i>Utilities</i>	\$ 6,500.00	\$ 650.00	\$ 1,249.00	\$ 1,718.00	
	A7	<i>IT &amp; Internet</i>	\$ 7,694.40	\$ 769.44	\$ 1,699.20	\$ 1,594.35	
	A8	<i>Marketing &amp; Communications</i>	\$ 5,472.75	\$ 547.28	\$ 1,466.10	\$ 1,458.75	
	A9	<i>Office Supplies</i>	\$ 1,950.60	\$ 195.06	\$ 381.80	\$ 599.00	
	A10	<i>Training &amp; Education</i>	\$ -	\$ -		\$ -	
	A11	<i>Credit Card Fees for Client Payments</i>	\$ 1,872.00	\$ 187.20	\$ 313.00	\$ 383.00	
<b>TOTAL INDIRECT EXPENSE</b>			<b>\$208,937.43</b>	<b>\$20,893.74</b>	<b>\$51,209.23</b>	<b>\$59,778.00</b>	<b>\$0.00</b>
<b>B</b>	<b>PERSONNEL EXPENSES - PROGRAM SPECIFIC</b>		<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>
	B1	<i>Caregivers</i>	\$ 77,137.97	\$ 15,427.59	\$ 12,066.40	\$ 7,924.40	
	B2	<i>Activities Coordinator</i>	\$ 36,946.00	\$ 7,389.20	\$ 7,700.00	\$ 7,271.25	
	B3	<i>Day Care Administrator</i>	\$ 54,891.20	\$ 10,978.24	\$ 13,294.70	\$ 12,815.00	
	B4	<i>Program Supervisor</i>	\$ 23,566.27	\$ 8,167.71	\$ 6,031.75	\$ 5,996.75	
	B5	<i>Drivers</i>	\$ 81,449.03	\$ 32,579.61	\$ 14,184.68	\$ 12,716.40	
	B6	<i>Transportation Coordinator</i>	\$ 36,418.20	\$ 14,567.28	\$ 9,170.07	\$ 8,842.33	
	B7	<i>Senior Care Advocates</i>	\$ 115,260.96	\$ 57,630.48	\$ 28,075.00	\$ 26,742.30	
	B8	<i>Durable Medical Equipment Coord</i>	\$ 1,768.13	\$ 884.07	\$ 450.23	\$ 456.55	
	B9	<i>Door Through Door Coordinator</i>	\$ 14,778.40	\$ 11,083.80	\$ 2,758.00	\$ 1,955.00	
	B10	<i>Payroll Expenses (WC, taxes)</i>	\$ 60,764.89	\$ 21,605.62	\$ 10,105.71	\$ 8,975.71	
	B11	<i>Benefits</i>	\$ 13,083.44	\$ 4,657.57	\$ 2,730.22	\$ 1,749.93	
<b>TOTAL PERSONNEL EXPENSE</b>			<b>\$516,064.50</b>	<b>\$184,971.17</b>	<b>\$106,566.75</b>	<b>\$95,445.62</b>	<b>\$0.00</b>
<b>C</b>	<b>DIRECT PROGRAM EXPENSES</b>		<b>PROGRAM COST</b>	<b>REQUESTED FROM FRHD</b>	<b>AMOUNT USED Q1</b>	<b>AMOUNT USED Q2</b>	<b>AMOUNT USED Q3</b>
	C1	<i>Equipment</i>	\$ 23,532.44	\$ 8,768.86	\$ 5,651.00	\$ 7,529.00	
	C2	<i>Program/Project Supplies</i>	\$ 6,238.25	\$ 2,043.55	\$ 1,333.20	\$ 1,860.00	
	C3	<i>Printing/Duplicating</i>	\$ 7,296.00	\$ 2,690.40	\$ 1,517.60	\$ 2,798.60	
	C4	<i>Travel/Mileage</i>	\$ 3,150.00	\$ 1,290.00	\$ 1,231.00	\$ 1,526.00	
	C5	<i>Program Specific Insurance</i>	\$ 25,937.10	\$ 8,981.42	\$ 961.20	\$ 19,233.80	
	C6	<i>Program-Specific Telephone/Software</i>	\$ 10,118.60	\$ 3,919.92	\$ 1,437.15	\$ 1,068.65	
	C7	<i>Program-Specific Training</i>	\$ 1,420.00	\$ 438.00	\$ 128.00	\$ -	
	C8	<i>Program Outreach/Promotions</i>	\$ 23,668.52	\$ 7,673.91	\$ 4,586.30	\$ 4,776.25	
	C9	<i>Volunteer Clearances</i>	\$ 840.00	\$ 299.25	\$ 155.00	\$ 95.00	
	C10	<i>Agency Caregivers (for staff absences)</i>	\$ 4,000.00	\$ 800.00	\$ 214.00	\$ -	
	C11						
<b>TOTAL OTHER EXPENSES</b>			<b>\$106,200.91</b>	<b>\$36,905.31</b>	<b>\$17,214.45</b>	<b>\$38,887.30</b>	<b>\$0.00</b>

		<b>W</b>	<b>Z</b>
<b>D</b>	<b>TOTALS</b>	<b>PROGRAM COST</b>	<b>FRHD Funds Expended</b>
		<b>\$831,202.84</b>	<b>\$369,101.35</b>



### Story #1:

Mr. R has been a revolving-door case due to frequent falls related to the condition of his home and alcohol abuse. During his most recent hospitalization, Mr. R had his toes amputated, and while at the skilled nursing facility he discharged against medical advice, returning to an unsafe home environment with fall risks, no heat in his home, lack of food resources, and a phone that was not working. Our Senior Care Advocates filed an Adult Protective Services (APS) report and quickly moved to help Mr. R re-establish his phone line. Advocates also worked to make sure he had home health in place and worked with the home health company to collaboratively develop a schedule where Mr. R was checked on daily until his phone line was working again.

With APS assistance, Mr. R will receive a home clean-out, which will get him closer to being able to have a caregiver in his home consistently. A mental health worker, initiated through APS, talked to Mr. R about AA meetings, which he will go to, with the help of The Foundation for Senior Care transportation, after his phone line is in place. Advocates connected Mr. R with Meals on Wheels, who now delivers meals every Monday. The Home Health company provided space heaters for his home, and they continued to help Mr. R try to find a means to repair the home heater. Help for Mr. R will be on-going and collaborative with our community partners to ensure that he is as safe as he can be. We work together to fill the critical needs of our seniors.

The photo below is related to the Care Advocacy Program but is not related to the story above (for client confidentiality). This is a very pleased senior who received a Christmas package during our holiday gift delivery, organized by our Senior Care Advocates.



## Story #2:

As a part of our Adult Day Program, affectionately known as “The Club”, we regularly hold special events and theme “parties” in which all program participants get involved and contribute to the event. We utilize each client’s unique strengths and abilities to help contribute as they are able, with intentional tasks that exercise mind and body. We recently held a “Fine Dining” event and invited family members to come join us for a “fine” lunch that day. Everyone enjoyed the fun, family, and fellowship. One Club member stated this was the first party he had attended in 40 years. He told the other Club members he was glad he was invited. See photo below.

