

FY22.23-Q1 FRHD Community Health Contract Grant Impact Report

Organization Information

Legal Name

Palomar Family Counseling Service, Inc.

Program Name/Title

Grandparents Raising Gchildren

Target Population - Age

	Percent of program participants	Total Number of Participants
Children (infants to 12)		
Young Adults (13-17)		
Adults (18-60)	45	14
Seniors (60+)	55	17
We do not collect this data (indicate with 100%)*		

Target Population - Gender

	Percent of program participants	Total Number of Participants
Female	81	25
Male	19	6
Non-binary		
Unknown*		

Target Population - Income Level

	Percent of program participants	Total Number of Participants
Extremely Low-Income Limits, ceiling of \$32,100	55	17
Very Low (50%) Income Limits, ceiling of \$53,500	39	12
Low (80%) Income Limits, ceiling of \$85,600		
Higher Than Listed Limits	6	2
We do not collect this data (indicate with 100%)*		

Total number of residents that benefited (participant/client) from this program this quarter.

31

Program/Services Description - Social Determinants of Health

Economic Stability (Employment, Food Insecurity, Housing Instability, Poverty)

Social & Community Context (Civic Participation, Discrimination, Incarceration, Social Cohesion)

Healthcare Access & Quality (Access to Health Care, Access to Primary Care, Health Literacy)

Program/Services Description - FRHD Community Needs Assessment

Mental Health (Social Support - Youth or Families)

Social (Economic Security, Health Literacy, Family/Child Support, Legal/Advocacy)

Program Objectives

Objective 1: Improve family functioning and decrease family stress by providing customized case management services and parent coaching.

Objective 2: Decrease social isolation and increase connection to a community of supports by providing monthly support groups and quarterly educational workshops.

Objective 3: Provide effective case management and support services that meet the needs of grandfamilies and their grandchildren, in order to create an environment where the full potential for health and well-being can be met.

Program Outcomes/Measurables

Objective 1: Q1 - 18 grandparents have been connected to over 52 community resources and received guidance and coaching over the first quarter. Community resources for food, health and wellness, and recreation options were the most requested and received. Self-report surveys will be sent in January.

Objective 2: Q1 - Five grandparents participated in at least one monthly support group – three participated in all three. Eight grandparents participated in the July Legal Issues workshop and 6 grandfamilies attended the family night event in September. The response to the Legal Issues workshop was overwhelmingly positive. Grandparents requested more info on legal issues and also training in parenting and technology.

Objective 3: Q1 - Satisfaction surveys will be sent in November and April.

FRHD Grant Support Acknowledgment

Social Media Postings

Print Materials to Service Recipients

Other

FRHD Grant Support Acknowledgment

Print: New flyer, and workshop flyer recognizing FRHD's support.distributed at 9 locatiions in the community.

Social Media: Two posts, August 17, August 29

Other: Press interview, Everything Fallbrook: <https://everythingfallbrook.org/2022/09/03/palomar-family-counseling-service/>

Contact Information

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Impact Story



Impact Story GRG Q1.docx