



Fallbrook Healthcare District  
A Public Agency Serving North County since 1950

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# 2014 ANNUAL REPORT



A SPECIAL DISTRICT

SERVING FALLBROOK, BONSTALL, RAINBOW & DE LUZ

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# A Message from the Board of Directors

## FISCAL YEAR 2013-2014



*People of the Fallbrook Healthcare District community -*

*2014 has proven to be a very challenging year. Despite the best efforts of the District, CHS, the local medical community, hospital employees, and the citizenry at large, we unfortunately faced the gradual shut-down of our beloved hospital. We are not alone in this loss. Across the nation, hospitals are closing their doors – 22 in 2014. In neighboring communities, hospitals are struggling. Experts in the healthcare industry expect this trend to continue for some time. Naturally, this raises the question: what's next?*

*In 1998, the Hospital District transitioned to a Healthcare District initiating the capability to explore, to identify and to address segments of healthcare services that were not being sufficiently provided or not available, primarily to populations at risk, which include the elderly, the young, the disabled, and the uninsured as well as individuals with chronic conditions needing access to some very specific services. To that end, in 2014, the District supports twenty-three healthcare related programs via grants to local community healthcare partners, as well as several direct community offered services through collaboration with other entities and with a remarkable host of volunteers. Programs like the Health Fair and Prostate Screening, collaborations in support of Take Back Day and Oral Cancer Screening. In comparison to needs – this is a drop in the bucket.*

*What's next? The good news is, our community healthcare programs with Grants being the largest and most impacting on the greatest number of people - are here to stay. Outcome of the District's municipal service review by LAFCO (a regional organization that evaluates the efficacy and necessity of California special districts), was indicative that we are on the right track. Our District was credited with strategically maximizing our resources to meet community healthcare needs, meaning that we are doing a good job of fulfilling our purpose while using taxpayer dollars wisely and as intended.*

*In 2012, Dr. Nick Yphantides, the Chief Medical Officer for the County of San Diego, in addressing the Community Collaborative, noted that we have the opportunity to do something very special in the Fallbrook community. What that means is up to us. We can work to develop and deliver "gap" services that are not available now that would collectively provide services to our community that foster maintenance of good health and develop preventive or rehabilitative means to restore and/or keep people healthier. 'Prevent the preventable' was a strong theme throughout Dr. Nick's presentation as also was 'hospitals are for sick people – let's keep people well.'*

*Right now our primary focus is the SNF and urgent care services, as the community has consistently identified these as the top two priorities. We will conduct a needs assessment to determine what partnerships we should pursue and develop to further augment "gap" services. We have begun a facility assessment of our hospital campus to determine its future utilization. Possibilities: ambulatory surgery center, wound care, a dialysis center, and cardiac/stroke rehabilitative services; an education and resource center for classes and support groups within a community health center. These are possibilities – not promises.*

*What's next? Over the next several years we have the opportunity, and an obligation, to make the most out of a very trying set of circumstances. To that end, we must explore and develop health care services and programs that this community needs, and can support over the long term. This endeavor needs a partnership comprised of citizens, of healthcare professionals, of business people, of the retired and of the employed, of home-makers and ranchers - EVERYONE.*

*The District Board is committed to moving forward. It will likely be difficult, costly and consuming of time, talent, effort and patience. We fully appreciate and ardently request your continued input and support.*

*On behalf of the Board of Directors,*



STEPHEN ABBOTT  
PRESIDENT

*Stephen Abbott, President*

## ❖ MISSION STATEMENT



Fallbrook Healthcare District  
is committed to:

- ❖ continuing services provided by Fallbrook Hospital;
  - ❖ identifying, promoting and supporting a broad range of healthcare related needs within the District and;
  - ❖ managing Healthcare District assets.
- ❖ **VISION**  
To be a collaborative leader in promoting a healthier community
- ❖ **VALUES**
- ❖ Dedication
  - ❖ Objectivity
  - ❖ Efficiency
  - ❖ Integrity
  - ❖ Prudence
  - ❖ Respect
  - ❖ Transparency

Revised by Fallbrook Healthcare District  
Board of Directors - February 9, 2011

## BOARD OF DIRECTORS



**STEPHEN ABBOTT**  
**PRESIDENT**



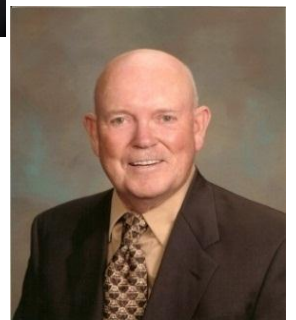
**BARBARA MROZ**  
**VICE PRESIDENT**



**LYNETTE SHUMWAY, RN**  
**SECRETARY**



**RICHARD LEVERING**  
**TREASURER**



**GORDON TINKER**  
**DIRECTOR**

# DISTRICT FINANCIAL SUMMARY

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED  
 JUNE 30 2013 AND JUNE 30 2014  
 FROM INDEPENDENT AUDITORS REPORT  
 PREPARED BY PUN & McGEADY, CERTIFIED PUBLIC ACCOUNTANTS

		<u>2014</u>	<u>2013</u>	<u>CHANGE</u>
<b>❖ REVENUES:</b>				
Property tax revenue	\$	<u>1,511,120</u>	<u>1,465,253</u>	<u>45,867</u>
Total revenue		1,511,120	1,465,253	45,867 *
<b>❖ EXPENSES:</b>				
Grant allocations		556,159	646,559	(90,400)**
Administrative services		470,328	298,819	171,509 ***
Community Healthcare Programs		19,968	17,198	2,770 **
Depreciation		<u>1,821</u>	<u>1,657</u>	<u>370</u>
Total Expenses		1,048,276	964,233	84,043
Operating Income		462,844	501,020	(38,176)
<b>❖ NON-OPERATING INCOME (EXPENSE):</b>				
Interest and other income		118,257	22,501	95,756
Other income (expenses)		<u>0</u>	<u>0</u>	<u>0</u>
Total non-operating income		118,257	22,501	95,756****
<b>❖ CHANGE IN NET POSITION:</b>				
	\$	581,101	526,521	54,580
<b>❖ NET ASSETS:</b>				
Beginning of year	\$	11,080,112	10,556,591	
End of year		11,661,223	11,080,112	581,111

\* The increase of \$45,867 of property taxes reflects a slight turnaround in the real estate market and the general state of the economy within the District's service area.

\*\* Grant Allocation varies from year to year. The District allocates in accord with budgetary needs, known and anticipated, in all elements of its concerns and obligations. Other Community Healthcare Programs increased due to increased event production and participation costs.

\*\*\* Administrative expense includes admin services and supplies, insurance, education, association and consultant fees plus salaries and benefits. Includes Board stipend; employees health and welfare; and reflects accrued but unpaid vacation and sick pay. Substantial increase reflective of increase in consultant and staffing expense.

\*\*\*\* Total non-operating income increased due to the increase in interest earnings available from investments set aside by the District.

To request a copy of the complete *Basic Financial Statements and Independent Auditor's Report for the year ended June 30, 2013*, contact the District Administrator, Vi Dupre at 760-731-9187 or email, [fallbrookhealthcare@earthlink.net](mailto:fallbrookhealthcare@earthlink.net). You may view the complete document on the District website: [www.fallbrookhealthcaredistrict.net](http://www.fallbrookhealthcaredistrict.net)

# WHAT is FALLBROOK HEALTHCARE DISTRICT ?

FALLBROOK HEALTHCARE DISTRICT (FHD) was originally formed in 1950, as a Hospital District to build and operate Fallbrook Hospital. In November of 1998, the District Board, with voters consent, signed a thirty year agreement with CHS (Community Health Systems) to operate and manage the Fallbrook Hospital. At that time the District re-organized to become a Healthcare District operating under the Local Health Care District Law of the State of California. FHD is one of 3,400 special districts in the state of California. Enterprise districts (25%) charge customers for their services. Non-enterprise districts provide services which generally don't lend themselves to fees. Their services benefit the entire community, not just individual residents. ( Example: fire protection services and healthcare programs) Non-enterprise districts rely overwhelmingly on property taxes to meet their operational expenses. FHD is a non-enterprise district. FHD does not charge for its' programs and service. INDEPENDENT GOVERNMENT AGENCY: Fallbrook Healthcare District is an independent district which means that the five members of the board of directors have been elected by the districts' voters or have been appointed by the County Board of Supervisors. DEFINED GEOGRAPHIC AREA: The defined boundary of the FALLBROOK HEALTHCARE DISTRICT is inclusive of Fallbrook, Bonsall, Rainbow and DeLuz. The service area is approximately 110.5 square miles. There are approximately 57,000 residents within this boundary.

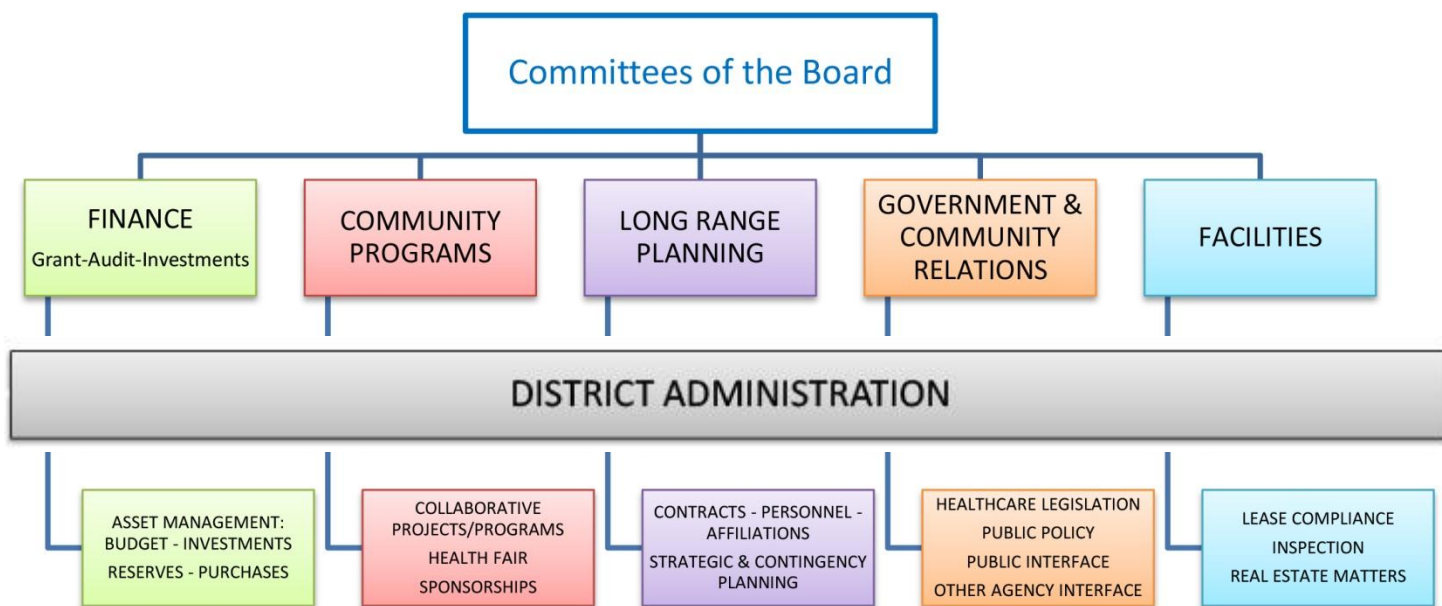
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## How is it structured?

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### BOARD OF DIRECTORS

5 Elected or Appointed members  
President of the Board appoints Committee Chair and member



The District Board consists of five elected or appointed members. There are four officers of the Board: President, Vice President, Secretary and Treasurer. The Regular Board meeting is held on the second Wednesday of each month. There are five standing committees: Finance; Community Health; Long Range Planning; Government & Community Relations and Facilities. In the color-keyed diagram above, each committee's function is summarized. Each committee meets separately on an as needed basis. Each committee chair presents full report of his/her meeting each month at the Regular Board meeting. More detail regarding Committees of the Board is available on-line [www.fallbrookhealthcaredistrict.net](http://www.fallbrookhealthcaredistrict.net) or you may contact the District to request 760.731.9187 or [fallbrookhealthcare@earthlink.net](mailto:fallbrookhealthcare@earthlink.net).

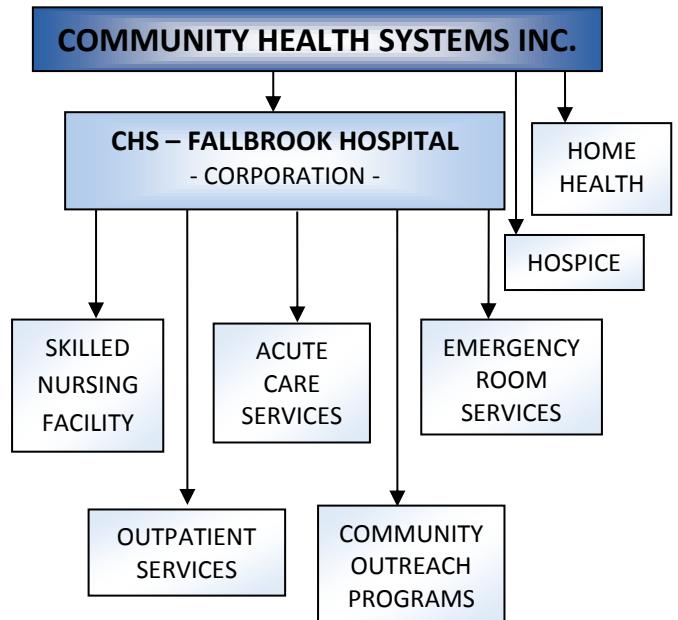


To the staff of the Fallbrook Hospital, who since the 1930's, has served this community as the dedicated and compassionate

- Physicians
- Nurses
- Business professionals
- Dietary Services personnel
- Rehabilitation therapists
- Environmental services personnel
- Plant services personnel
- Information systems technicians
- Health information management
- Business office personnel
- Accounting personnel
- Medical staff coordinator
- Human Resources
- Quality & Risk management staff
- Materials Managers
- Pharmacists
- Pharmacy Technicians
- Auxiliary Volunteers
- Student Volunteers
- Nurse's Aides
- Unit Clerks
- Marketing staff
- Imaging Technicians
- Clinical laboratory personnel
- Staff Education personnel
- Nurse Staffing coordinators
- Administrative Assistants
- Women 's Center personnel
- Emergency Room personnel
- ICU personnel
- Med/Surg personnel
- Peri-operative services personnel
- And others here unmentioned.

On behalf of the people of this community, many of whom you have cared for with dignity and regard for their humanity, health frailty and recuperative need, we extend our heartfelt appreciation and high regard.

Fallbrook Healthcare District  
Board of Directors



# HEALTHCARE HEROES 2014

Fallbrook Healthcare District

## HEALTHCARE HERO

This title is awarded to those who possess qualities of selflessness, dedication and perseverance and who demonstrate extraordinary service to foster the health and well-being of the people of the Fallbrook community.

Nominated, reviewed and recommended to the Fallbrook Healthcare District by people of the community who are witness to their service. The nominee names are held in confidence by the review committee and the selected individuals are announced at the annual Community Collaborative Breakfast.

There is no monetary prize. No t-shirt. No parade in their honor. There is a commemorative plaque and the regard, respect and acknowledgement and appreciation of the people of the community. They are invited throughout their year as special guests of the District to participate in various healthcare events.

They are humble, unassuming individuals who make a difference; who proceed with shameless perseverance in service to others.

We thank and applaud them and then,  
we ask them to keep it up.

THANK YOU



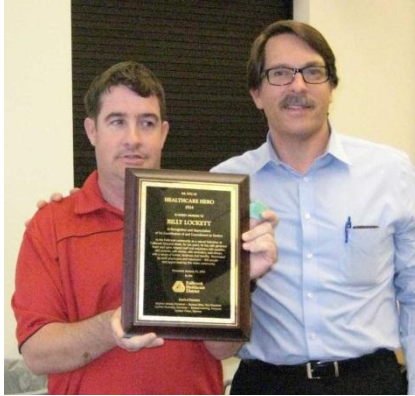
# BILLY LOCKETT

## 2014 HEALTHCARE HERO

Fallbrook Hospital has enjoyed the privilege of having this young man serve as a volunteer for ten years.

As a volunteer he began helping our Materials

Management staff to deliver supplies, run errands in the facility, and simply uplift our overall culture.



Every employee and all of our physicians know and love this young man. He has assisted our Marketing/PR Director at many events. Whenever any manager, employee or volunteer needs a helping hand, he is there.

This young man has a gift of remembering people's names, and if an employee forgets to wear his/her name badge, he politely reminds them to put it on. He has a wonderful sense of humor; does not enjoy being in the limelight - though he enjoys some recognition. He prefers to help in any way that he can and loves to feel he is contributing and is a part of our hospital family.

For the record, this young man is a Special Olympics Gold Medalist and we celebrated his achievement at a barbecue held in his honor. He most recently was awarded a Gold Medal for Floor Hockey. It is our understanding that his Special Olympics coach commented that this young man has become better able

to receive and understand directions and seemed to be more comfortable with himself after volunteering at our hospital.

We have learned that every person has limitations – yet every person has something to contribute. This young man has learned a lot while at Fallbrook Hospital; however, the lessons he has taught us are tenfold. He childlike in his innocence and his desire to learn and his generous spirit inspires us.

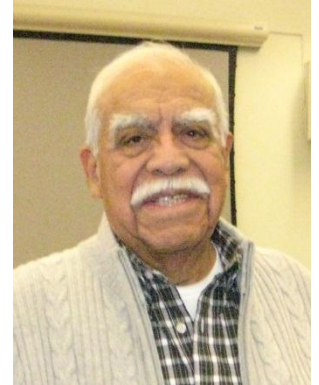
The Medical Staff, volunteers and employees of Fallbrook Hospital – All 400 of us, value this young man and endorse his nomination for he is truly a Health Care Hero.

He is **BILLY LOCKETT**

# MANNY ORTEGA

## 2014 HEALTHCARE HERO

If you had to place this person in a single category, you'd have to say he is a Man's Man. What does that mean? Well, he's a real class act. He always shaves and wears clothes that fit. He's worldly, educated, and a gentleman. He thinks that buttoned shirts are not just for special occasions and that newspapers have more than one section. While he is polite, he is not a pushover. He can handle himself and takes care of himself ...and others as well. Most importantly, he will admit his faults and errors, because that is what real men do. He just does whatever he thinks makes himself a good person - that he can be proud of. For these reasons, women like to be around him and men want to be him. Some examples of a Man's Man that you may be familiar with are *Cary Grant, Gregory Peck, Denzel Washington, Matt Damon*.



Now this guy is not a movie star even though he is tall, good looking and charming. People do recognize him. If there's something going on in Fallbrook, chances are he'll be there. He keeps things and people safe and in order. If assistance is needed, he is knowledgeable about local resources and will guide people to them.

He is a quiet man, unassuming and humble. Yet, he is a leader – One who leads with organization, dignity, skill and strength. He is committed to the volunteers he works with and the people and programs that they serve. The service may involve children or families at schools or parks, it may be a celebration or holiday event for the entire community, it may even be one person with a simple phone call and a "How are you today?" brief conversation. This man is concerned and is mightily involved in a community organization that addresses and works to serve needs of our senior citizens...He even does free taxes!

Sometimes this man wears a shirt and tie, sometimes a Hawaiian shirt and sometimes a uniform. Whatever he is wearing, his smile and caring nature are with him and is extended to all he encounters. Men, women and children respect and admire him. Fallbrook is lucky to have him. This Man's Man HealthCare Hero is committed, compassionate and kind.

He is **MANNY ORTEGA**

FALLBROOK HEALTHCARE DISTRICT'S  
**FALLBROOK HEALTH & FITNESS FAIR**  
**SATURDAY OCTOBER 28, 2014**

SUMMARY REPORT OF EVENT

<u>ATTENDANCE</u>	<u>ESTIMATE</u>	<b>550-600</b>
<u>BOOTHS</u>		<b>47</b>
	SCREENING BOOTHS	7
	PATHWAY TO HEALTH	40
<u>SCREENINGS PROVIDED</u>		
	BLOOD PRESSURE	
	BMI	
	DENTAL SCREENINGS	
	FLUORIDE VARNISH TREATMENTS	55
	GLUCOSE	
	VISION SCREEN	
	FLU VACCINATIONS	140
	TDAP	18
<u>SPONSORS</u>		<b>14</b>
HONORED GUESTS		21
<u>VOLUNTEERS</u>		<b>110</b>
<u>REFRESHMENTS PREPARED AND SERVED</u>		
	CALIFORNIA GRINDERS GOURMET	
	WATER DONATED BY ALBERTSON'S AND MAJOR MARKET	

**HEALTHY REFRESHMENTS**



**MOBILE VET CENTER**



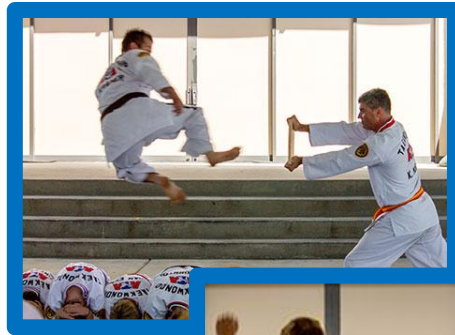
**SCREENINGS**

**ENTERTAINMENT**





# ALPINE SLIDE



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## FALLBROOK HEALTHCARE DISTRICT HEALTH & FITNESS FAIR

Sat. Oct 18 2014  
9:00AM to 1:00PM

La Paloma  
Elementary School  
300 Heald Lane

**FREE!**

For more info call  
760.731.9187



### Activities & Information

#### For All Ages!

- Health Screenings
- ~
- Fitness Activities
- ~
- Rock Climbing Wall
- ~
- Senior City
- ~
- Nutrition
- ~
- VACCINATIONS
- Flu Shots for 6 months & up
- Tdap for 18 years & up
- ~
- Fluoride Varnishes: Ages 1-18
- ~
- Live Entertainment
- ~
- Games and Activities
- ~
- Prizes and Giveaways



### CONTRIBUTING SPONSORS



- |                                                                                                                                                |                                                                                                                                                                                                     |                                                                                                                             |                                                                                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>• FALLBROOK HOSPITAL</li> <li>• FALLBROOK VILLAGE ROTARY</li> <li>• SAN DIEGO COUNTY SHERIFF</li> </ul> | <ul style="list-style-type: none"> <li>• FALLBROOK UNION HIGH SCHOOL DISTRICT</li> <li>• FALLBROOK UNION ELEMENTARY SCHOOL DIST.</li> <li>• SAN DIEGO COUNTY HEALTH &amp; HUMAN SERVICES</li> </ul> | <ul style="list-style-type: none"> <li>• MAJOR MARKET</li> <li>• ALBERTSONS / SAVON</li> <li>• NORTH COUNTY CERT</li> </ul> | <ul style="list-style-type: none"> <li>• FALLBROOK FAMILY HEALTH CENTER</li> <li>• FALLBROOK PUBLIC UTILITIES DIST.</li> <li>• NORTH COUNTY FIRE PROTECTION</li> </ul> |
|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

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# HEALTHY ACTIVITIES







RIBBON CUTTING PRACTICE ?



NORTH COUNTY FIRE



Belly Dancing



Healthcare Heroes  
Billy and Manny



# THE COMMUNITY COLLABORATIVE COMMITTEE

The Community Collaborative Committee (CCC) is comprised of representatives from multiple healthcare and health related organizations or agencies of the Fallbrook community. It is an ad hoc sub-committee of the District that provides valuable in-put to the District Board of Directors and Administrator. The CCC meets once a month in an informal setting to identify, discuss, gain and/or give information and to initiate or recommend action on matters of concern to the health and well-being of the community. It began in 2005 and at every meeting the attendees share their programs and lend support to those of other organizations. Additionally, they take information to their clients, patients and programs for application as appropriate to their endeavors. Attendance at every meeting is not required but each member is included in all notifications distributed by FHD. Notifications cover a broad range of topics that are of concern in the community. Topics such as: drugs and alcohol, youth programs, legislative action, senior citizens, immunizations, and more. The CCC members are a corps of volunteers that are consistent in their support of FHD programs through their participation and contribution of their time and talents. They are a dependable and resourceful component of FHD's service in the community. **FHD applauds and appreciates their commitment and service.** Director Barbara Mroz chairs the CCC. The following is a partial list of organizations that participate and support the Community Collaborative Committee.

- |                                 |                                    |                                           |
|---------------------------------|------------------------------------|-------------------------------------------|
| Applied General Aging           | Fallbrook Library                  | Kindred at Home                           |
| Bonsall Chamber of Commerce     | Fallbrook Medical Center           | Meals-On-Wheels                           |
| Fallbrook Acupuncture           | Fallbrook Regency                  | Mental Health Systems                     |
| Fallbrook Chamber of Commerce   | Fallbrook Senior Care              | North County CERT                         |
| Fallbrook Community Center      | Fallbrook Sheriff's Department     | North Inland Community Prevention Program |
| Fallbrook Family Chiropractic   | Fallbrook Smiles Project           | Palomar Family Counseling                 |
| Fallbrook Family Health Center  | Fallbrook Union Highschool         | Reins                                     |
| Fallbrook Family Support League | Fallbrook Village Dental           | Right At Home                             |
| Fallbrook Food Pantry           | Fallbrook Youth Advocacy Coalition | San Diego County Public Health            |
| Fallbrook Home Health & Hospice | Foundation for Senior Care         | Save Our Children's Sight Program         |
| Fallbrook Hospital              | FUHSD Asperger's Support Center    | Sheriff's Senior Patrol                   |
| Fallbrook Hospital Auxiliary    | Jeremiah's Ranch                   | Think First                               |

## MEETING SCHEDULE

COMMUNITY COLLABORATIVE COMMITTEE MEETINGS (CCC) ARE HELD ON THE 4<sup>TH</sup> TUESDAY OF EACH MONTH (EXCEPT JUNE AND JULY) FROM 9:00 A.M. TO 10:30 A.M. IN THE BOARD ROOM OF FALLBROOK PUBLIC UTILITIES DISTRICT (FPUD) – 990 E MISSION ROAD – FALLBROOK TO REQUEST NOTIFICATION OF MEETINGS - CONTACT 760-731-9187 OR EMAIL [fallbrookhealthcare@earthlink.net](mailto:fallbrookhealthcare@earthlink.net)

# FALLBROOK COMMUNITY HEALTHCARE RESOURCES DIRECTORY



Each year in January, the revised Community Resource Directory is published. Over 100,000 have been produced in the FHD administrative office since 2009 and unknown quantities have been produced by those who also print and distribute them. The Community Resource directory is distributed to clinics, businesses, churches, civic groups, clubs, schools, fire station, sheriff station and more. It is a valuable resource for contact information for a broad range of health related services. It is presented in English and in Spanish to best serve the population of this community. Each year the directory is produced in a different color to ensure that the most recent information is being circulated. **The HOT PINK 2015 edition has 31 categories with 213 resources listed!** An asterisk before the name of the agency indicates that they have a website that can provide additional information. The Resource Directory is the widest known project of the Community Collaborative Committee (CCC).

To request directories, contact the District admin office at 760-731-9187 or [fallbrookhealthcare@earthlink.net](mailto:fallbrookhealthcare@earthlink.net). You may also view the directory on the District website: [www.fallbrookhealthcaredistrict.net](http://www.fallbrookhealthcaredistrict.net).



# GRANT AWARDS FY 2013-2014

## FALLBROOK HEALTHCARE DISTRICT GRANT PROGRAM

The District acknowledges and appreciates the commitment with which each grant recipient attends to its programs. They are required to report the work and expense of their programs as well as their triumphs and challenges. The District and the grantees faced difficult circumstances in terms of funding of programs in recent years. Neither has abandoned or curtailed their commitment to the health and well-being of the people of this community. The information provided for each grant is from the final report of their grant year ending June 30, 2014. They invested their time and hard work to deliver their program for the benefit of the clients they served. These were tax dollars funneled back into your community.

Since 2000, the District has awarded 249 grants to over 40 non-profit organizations. Throughout these years, each grant recipient has performed the work defined in their grant application, managed the funds awarded and brought service to the people who needed and benefitted from their programs. Recipients of services range from infant to senior citizen. The types of service are medical, dental and mental health, vision, nutrition, healthy and safe behaviors and transportation to medical appointment. For many recipients, these programs are life-saving and life-altering. For some, it provides their only affordable access to healthcare assistance. Without funds provided by the District's grant program, many of these programs/services would be gone from our community or gravely diminished.

<u>POPULATION SERVED</u>		<u>SENIORS</u>	<u>YOUTH</u>	<u>ALL AGES</u>	<u>TOTAL</u>
	GRANTS	4	7	10	21
	AWARDED	\$ 125,750	\$ 121,209	\$ 309,200	\$ 556,159
	% OF TOTAL	22.6%	21.8%	55.6%	100%
<u>HEALTH FOCUS</u>					
	PREVENTION/EDUCATION	\$ 45,413	\$ 46,660	\$ 122,738	\$ 214,811
	TREATMENT	\$ 41,950	\$ 74,224	\$ 170,653	\$ 286,827
	ANCILLARY	\$ 38,388	\$ 325	\$ 15,810	\$ 54,523
	<b>TOTAL</b>	<b>\$ 125,751</b>	<b>\$ 121,209</b>	<b>\$ 309,201</b>	<b>\$ 556,161</b>

GRANT 206 FOUNDATION FOR SENIOR CARE  
ADVOCATES \$41,000  
 Served: 228 Residents Visits: 626 Referrals: 540  
 Provides case management services that will assist in the safety and well-being of Senior citizens living at home.

GRANT 207 FOUNDATION FOR SENIORCARE CARE VAN \$32,500  
 Gave senior and disabled citizens free door-to-door transportation to health related appointments within Fallbrook.  
 Clients served: 3409 Rides given: 6717

GRANT 208 FOUNDATION FOR SENIOR CARE  
ADULT DAY CARE PROGRAM \$10,000  
 Provided 144 senior and disabled Fallbrook residents with special day of activity and care; and a day of respite for 144 caregivers.  
 FHD grant: 288 days – 288 people.

GRANT 209 FALLBROOK SENIOR SERVICES CENTER \$42,250  
 Served: 550 meals/week  
 Served: 22,124 meals  
 Plus Week-end frozen meals and fresh produce.

GRANT 210 FUHS ASPERGER'S SUPPORT CENTER \$6500  
 Addressed social and emotional needs of 18 students who have Asperger's Syndrome in their high school setting. 78% of students passed all classes. Short of their goal but proud of their students. All six seniors graduated.

GRANT 211 BOYS AND GIRLS CLUB  
TRIPLE PLAY: Mind, Body and Soul \$20,000  
 Served five local schools in after school programs averaging total 400 students per day. 5 to 14 year olds served through a multi-faceted program to become and stay healthy and active and learn ways to handle stress and maintain a healthy body.

GRANT 212 HEALTHY ADVENTURES \$9000  
 Completed 32 Healthy Cooking Classes - 32 Gardening/Nutrition Classes and 6 Healthy Living Classes Plus 2 Family Night cooking classes. After school program at Fallbrook Community Center.

GRANT 213 NICPP - YOUTH ADVOCACY PROGRAM \$8500  
 Presented and participated in prevention and awareness events about alcohol and drugs to youth, parents, educators, and law enforcement. Assisted FHD and other local agencies with programs and services.

GRANT 214 SAVE OUR CHILDREN'S SIGHT \$6600  
 Pre-schooler Exams & Treatment of eye condition treatable only to age 5. Also Rx for children needing glasses.  
 \* Screened 132 \* Passed 106 \*Provided with Glasses 8 Six children are being treated for vision problems at no cost. FHD funded program as collaborative with UCSD



GRANT 215 THINKFIRST – K – 12 SAFETY PROGRAM \$8500  
 Presentations to: Elem/MS 4500 High School 1600  
 Classroom and assembly presentations to K – 12 students to make life saving choices to prevent injury and death. To encourage awareness of consequences of drugs and alcohol, car safety, bicycle safety, water safety, violence, bullying and more.

GRANT 216 PALOMAR FAMILY COUNSELING \$62,109  
 Assessed and triaged 180 youth. Served 56 Fallbrook children and youth who do not qualify for Medi-Cal or other public services and who suffer from severe mental health disorders. When appropriate, family members of these children will also be involved in the clinical treatment process. Therapists work closely with the Fallbrook school system and serve these children in the school setting.

GRANT 217 DELUZ VOLUNTEER FIRE DEPARTMENT \$7000  
 Purchased and placed 2 AEDs in the DeLuz community at Ross Lake Fire Department and DeLuz Ecology Center. Additionally, provided medical supplies to Ecology Center site.

GRANT 218 FALLBROOK HOSPITAL AUXILIARY \$7450  
 Provided free transportation for 1174 District residents for trips to/from healthcare providers. (862 volunteer cars & 312 by wheelchair lift equipped van) Only service that takes patients to out of Fallbrook medical appointments. 2708 Volunteer hours.

GRANT 219 TRAUMA INTERVENTION PROGRAMS OF SAN DIEGO, INC (TIP) \$6800  
 14 member volunteer Fallbrook Crisis Intervention Team: Served 48 call outs; 224 clients and 189 first responders.

GRANT 220 FALLBROOK FAMILY HEALTH CENTER BEHAVIORAL HEALTH PROGRAM \$70,000  
 Provided 498 visits for 112 patients  
 Provided access to psychiatric care for persons afflicted with biological brain disorders, behavioral/mental conditions that require medication and/or counseling treatment that reside in the Fallbrook Healthcare District.

GRANT 221 FALLBROOK FAMILY HEALTH CENTER UNCOMPENSATED CARE \$70,000  
 Provided 2048 Medical visits for 1540 patients  
 Provided 1513 Dental visits for 805 patients  
 Provided a wide range of primary care, dental care and prevention services to the underserved persons of the Fallbrook Healthcare District population.

GRANT 222 FALLBROOK FOOD PANTRY \$52,250  
 Served 18,636 households reflecting 58,500 individuals  
 Emergency Food Issues: 1222 households reflecting 5073 individuals  
 Monthly Fresh Produce program: 3000 households 12,500 individuals

GRANT 223 REINS Therapeutic Horsemanship Program \$20,000  
 Served 40 students with therapeutic speech and communication skills as well as assistance with the fee for riding therapy sessions. Additionally, helped fund the lift for transfer of therapy students from wheelchair to horseback. Aides with the special training needs of volunteers who assist with horseback therapies.

GRANT 224 FALLBROOK SMILES PROJECT – Health Education (Nutrition and Diabetes focused) \$52,250  
 Adult screenings: weight, BMI, blood pressure and blood glucose: 530 (Two locations, monthly)  
 Youth screenings: 5<sup>th</sup> & 7<sup>th</sup> graders blood glucose & BMI : 812  
 Health Educator classes for GANAS: 17  
 Individual referred individual counseling appointments: 90

GRANT 225 FALLBROOK SMILES PROJECT – DENTAL \$15,000  
 Restorative dental care: 16 persons. (Local dental providers volunteered time, office and staff. FSP reimbursed supplies)  
 K, 1 & 2 graders dental screening & education: 1096  
 Bonsall & Fallbrook Elementary schools

GRANT 226 JEREMIAH’S RANCH –Community Outreach Program \$8450  
 Support/Information Group for parents of special needs children: Held monthly meetings with guest speakers and trained mentors to supervise adults/children with disabilities during meetings. Continued development of website & promotional materials for upcoming fund raiser. Received 501c status from IRS.

In July 2014, for fiscal year 2014-2015, \$590,000. was awarded to twenty-three programs. They are listed below.  
 Summary of how those funds are utilized will be provided in next year’s annual report.

227	FOUNDATION FOR SENIOR CARE	\$ 10,000.00	242	TRAUMA INTERVENTION PROGRAM	\$ 7,500.00
228	FOUNDATION FOR SENIOR CARE	\$ 42,000.00	243	FALLBROOK FAMILY HEALTH CENTER - BEHAVIORAL HEALTH	\$ 70,000.00
229	FOUNDATION FOR SENIOR CARE	\$ 33,000.00	244	FALLBROOK FAMILY HEALTH CENTER - UNCOMPENSATED CARE	\$ 70,000.00
230	FALLBROOK SENIOR SERVICES CENTER	\$ 46,500.00	245	FALLBROOK HOSPITAL AUXILIARY	\$ 11,010.00
231	FUHS ASPERGER'S SUPPORT CENTER	\$ 6,500.00	246	FOOD PANTRY	\$ 55,000.00
232	BOYS & GIRLS CLUB - SUMMER LUNCH & SNACK	\$ 5,600.00	247	REINS	\$ 21,500.00
233	BOYS & GIRLS CLUB - SUMMER WATER SAFETY	\$ 6,000.00	248	SMILES: HEALTH EDUCATION	\$ 53,000.00
234	HEALTHY ADVENTURES	\$ 9,000.00	249	SMILES: DENTAL PROGRAM	\$ 16,000.00
235	SAVE OUR CHILDREN'S SIGHT	\$ 6,600.00			
236	THINK FIRST K-12 SAFETY PROGRAM	\$ 9,000.00			
237	YOUTH ADVOCACY COALITION - NICPP	\$ 8,500.00			
238	BOYS & GIRLS CLUB - TRIPLE PLAY	\$ 26,000.00			
239	JEREMIAH'S RANCH - ADAPTIVE ARTS	\$ 6,000.00			
240	JEREMIAH'S RANCH - SUPPORT GROUP	\$ 8,790.00			
241	PALOMAR FAMILY MENTAL HEALTH SERVICES	\$ 62,500.00			

# COMMUNITY HEALTHCARE PROGRAMS

An important component of the Mission of FHD is focused on the identification, promotion and support of a broad range of healthcare related needs and services within the District. Collaborative efforts between the District, Grant recipient programs and other Agencies plus scores of volunteers, provide multiple programs and services throughout each year. Some are described below. Throughout the year the District Board members and staff are attentive to multiple undertakings and concerns that are of impact and importance to the District and healthcare community – Some of those are listed below as well.

**JANUARY 2014**  
COMMUNITY COLLABORATIVE BREAKFAST –  
 Annual FHD report to the community

**FEBRUARY 2014**  
SUICIDE PREVENTION TRAINING  
 – A FHD CCC collaborative with SD County HHSA

**MARCH - MAY 2014**  
GRANT PROGRAM  
 – Application and review – FHD program

**APRIL 2014**  
ORAL CANCER SCREENING  
 – Fallbrook Village Dental  
 – FHD promotion & support



**APRIL - MAY 2014**  
LEGISLATIVE DAYS and ACHD CONFERENCE

The Directors of the Board must be aware and informed on legislative concerns and actions that impact on this community. FHD maintains relationship with legislative representatives and maintains membership and interaction with the Association of California Healthcare Districts as well as other entities whose focus is health in local communities. FHD has been recognized by various entities as having a responsible and comprehensive community healthcare programs that serve its' community well. Pictured is Director Shumway with Assemblymember Rocky Chavez at Legislative Days 2014. FHD Administrator Vi Dupre attended the three day annual ACHD Conference representing FHD in May.



**APRIL & SEPT 2014**  
TAKE BACK DAY Twice in 2014, FHD supported the work of the San Diego Sheriff's, the DEA and the Senior Sheriff's Patrol by producing and distributing promotional posters and flyers for this important event. FHD Grant 237 recipient, the Fallbrook Youth Advocacy Coalition group worked with the Sheriff's at the drive-by/drop off event. Through these events, held throughout the County, hundreds of prescriptive and over the counter drugs were collected and then destroyed in a safe monitored manner. The Misuse - Abuse – Confused use of drugs, whether accidental or purposeful, puts many people at grave risk. TAKE BACK DAY removes them from availability to youth, adults and seniors thus avoiding dangerous consequence.



REMINDER: There is a drug drop-off kiosk in the Sheriff's Station lobby for convenient drop-off throughout the year.

**JUNE 2014**  
FALLBROOK SUMMER NIGHTS The Tooth Fairy of FHD charmed and educated children and adults with tooth brushes, tooth paste and information about keeping teeth healthy. Local dentists, Dr James Moran and Dr Rosario Desimone, donated over 200 sets of tooth brush and paste as give-aways to encourage attention to good preventive dental care for children and adults. The Smiles Project, FHD Grant 225, provided literature. The Smiles Project in one portion of their program, screened 370 second graders at Fallbrook and Bonsall elementary schools. The Smiles volunteers educated over 900 children on dental health and provided over 200 kindergarten and 1<sup>st</sup> grade oral assessments.





**JULY - AUG 2014**  
**SWIM & WATER SAFETY**

FHD Grant 233 of the Boys & Girls Club provided Swim Lessons and Water Safety Instructions. In the months of July and early August over 80 children between the ages of 5 and 18 participated in the program. The majority of these youth do not have access to swimming or water safety instruction. Many live in apartments with a pool but no life guard service. Swimming is a healthy, lifetime exercise and skill as well as source of enjoyment and accomplishment.



**JULY 2014**  
**ANNUAL AUDIT**

- Annual event. FHD Administrator & Accountant Refer to page 4.

**SEPTEMBER 2014**  
**PSA SCREENING**

FHD with Fallbrook Family Health Center and Dr. Philip BRODAK, with volunteers from the San Marcos School of Nursing, Youth Advocacy Coalition and the Fallbrook Hospital Auxiliary worked together to provide a free Prostate Cancer Screening opportunity. Each participant is confidentially provided the results of his two part screening. Sixty of the seventy-five participants had Normal PSA blood study and exam. Fifteen participants had abnormal results on one or both studies. It is the accountability of each person to follow-up with his physician with the results of his PSA Screening.



**FREE PROSTATE  
 CANCER SCREENING**  
 Includes PSA Blood Test and Digital Exam

**Saturday, September 27**  
**7 a.m. - 9 a.m.**

**Fallbrook Family Health Center**  
**1328 South Mission Road**  
 Next to Northgate Market

Digital and PSA screening is recommended annually for men over the age of 50 and for men over 40 with a family history of prostate cancer.

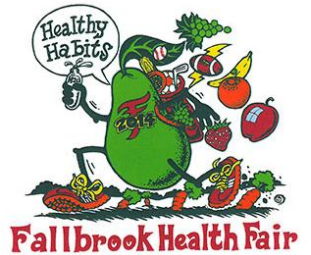
**CALL 760-731-9187  
 FOR AN APPOINTMENT**

**OCTOBER 2014**  
**SAFE HALLOWEEN - PARKS & RECREATION -**

**Annual event. FHD participant**  
 This annual event sponsored by the San Diego County Parks and Recreation Department provides safe trick or treating experience for youth of the community. Over five hundred children accompanied by parents attend the event at the La Paloma Elementary School where games, contests, music and fun abound in this safe environment. District staff provided a haunted house themed bean-bag toss, and awarded the children with glow-in-the-dark prizes, healthy treats and laughter for ghosts, goblins, princesses and animals of all ages.



**OCTOBER 2014**  
**HEALTH & FITNESS FAIR**  
 Refer to pages 8 -10.



**NOVEMBER 2014**  
**DIRECTOR LEVERING,**  
 having completed his term of office, was honored by the District in appreciation of his four year service as Director and Treasurer of the Board. His leadership and attentiveness to the financial well-being of FHD has been exemplary.



# 2014 COMMUNITY COLLABORATIVE

## BREAKFAST



Every year the District Board presents its' report to the community. The reports to the community cover their conscientious endeavors to meet and even exceed their responsibility to promote and support healthcare needs and concerns through appropriately managing the financial assets of the District while initiating, promoting and supporting programs and services that address current needs and promotes preventive and educational undertakings for building a healthier life for families and individuals. Transparency, collaboration and communication are key in the cooperative and supportive relationships that the District seeks to build and maintain with other entities and organizations that deliver programs and services for the health and well-being of citizens.



Kapua Conley, CEO of the about the addition of several as well as the establishment of care focused medical group to the community are Cardiac, as OB/GYN. Mr. Conley specialists to use facilities hospital employs 400 people, community and provides outpatient services. Mr. Conley urged people to make Fallbrook Hospital their healthcare choice.



Fallbrook Hospital presented information new specialty physicians to the community Fallbrook Healthcare Partners, a primary with rotating specialists. Specialties added Gastroenterology and Nephrology as well reported that the hospital is pursuing more available at the Fallbrook Hospital. The brings business and revenue to the quality medical care for inpatient and outpatient services. Mr. Conley urged people to make Fallbrook Hospital their healthcare choice.



The Affordable Care Act was the keynote presentation of the CCB. People were unsure, uninformed, misinformed, confused and fearful of what it would mean to their healthcare coverage and to their budgets. Dr Gerald Kominsky, Professor of Health Policy and management in Public Health at UCLA brought meaningful information and clarity to some misunderstood elements and revealed some previously unknown but valuable information to attendees. His presentation was "user friendly", well- delivered and



received and appreciated. His power point presentation gave listings of the kinds of insurance Covered California sells, the Essential health Benefits that MUST be offered. He advised people to go online to Covered California website and use the "Shop and Compare Tool". All persons choosing a plan should look for their hospital and their physician in that plan. He advises all hospitals to check their lists of contracts to make certain that they hold contracts with California plans. Dr. Kominsky answered many questions within his presentation and responded to questions presented.



HealthCare Heroes 2014 were trickily announced and both recipients were pleased and surprised. MANNY ORTEGA and BILLY LOCKETT – very deserving gentle men who contribute to the well-being of others; each in his own quiet and humble but impacting manner. Read each of their special stories on Page \_\_\_\_



Prizes were presented through raffle tickets and to the first postcard returned by USPS mail: Frank and Sue Russell.



President Stephen Abbott adjourned the meeting with extension of appreciation to all who attended. To those who work and/or volunteer in healthcare, special thanks was extended for their contributions. January 2015 is the next Community Collaborative Breakfast.



# KEY EVENTS & OCCURRENCES 2014

MONTH	FHD EVENTS unbulleted • = OCCURRENCE	OUTCOME
JAN	COMMUNITY COLLABORATIVE BREAKFAST	CEO reported hospital adding Specialists to their staff; Family Healthcare Partners - 3 primary care physicians with specialty rotations. Urges all to choose Fallbrook Hospital.
FEB	SUICIDE PREVENTION TRAINING GRANT 2014-15 PROGRAM	Presented at CCC meeting – Promoted in Local news – All interested invited. Application process begins
MAR	GRANT APPLICATIONS	Received & preliminary review commences
APR	TAKE BACK DAY ORAL CANCER SCREENING LEGISLATIVE DAYS	Drive-by drop-off of unused medications at Sheriff's sub-station Local dentist provides free screenings Sacramento – FHD participates
MAY	• Hospital Notice to District ACHD Conference	States desire to terminate all core services except Lab and Pharmacy. FHD Administrator attends
JUNE	• District seeks alternative facility operator  • Contingency Plan update completed  • Weekly meetings scheduled TOOTH FAIRY attends 'SUMMER NIGHTS'	Request for Proposal (RFP) sent by District to 12 hospital operating entities. 8 respond with indicator of intent to submit. Approved by FHD Board. Fact based overview of current circumstance – Fact based recommendation for addressing problems 2 District board members meet weekly with Hospital CEO FHD promotion of dental care to adults and children
JULY	23 GRANTS AWARDED • Advisory Committees established by FHD to assist in review of RFP submissions • Hospital presents narrative basis for proposed termination of core services	Local non-profit agencies awarded funding -programs benefitting citizen health concerns. 2 committees: 1 comprised of 10 Physicians and 1 comprised of Community Citizens involved in varying aspects of healthcare  District requests data that supports narrative
AUG	• Hospital announces suspension of Maternity Services • District's Public Hearing: Hospital Services (8/25) • Proposals received (8/29)	Services to be suspended September 3 <sup>rd</sup> . Published in local press.  Overview of Contingency Plan updates conclusions. Presentations by Hospital CEO and District Board members. Q&A opportunity for citizen inquiry and statement. Only 3 submissions. Only 1 indicates interest in assuming hospital operations.
SEPT	• Maternity Services suspended • District signs continuation agreement to keep other services available. • District Public Hearing: Review of Proposals (09/16) PSA SCREENING (9/27) 2 <sup>nd</sup> TAKE BACK DAY of year	September 3 Hospital extends Core services operations from October 1 <sup>st</sup> through November 17 <sup>th</sup> .  Presentation by Consultant and FHD Board - Q&A segment for attendees  75 gentlemen screened Drive-by drop-off of unused medications at Sheriff's sub-station
OCT 8th	• FHD Board meeting - DISCUSSION/ACTION Agenda Item: Proposals relative to Fallbrook Hospital and Skilled Nursing Facility HEALTH & FITNESS FAIR • 3 Districts initiate Process & Plans SAFE HALLOWEEN	Board determination to establish alternative to acute care services facility within Fallbrook.  500 attendees – 110 volunteers- 140 Flu shots Meet to determine JPA format and plan. Community Center program – FHD staff contributed time, table and “goodies”
NOV	• Emergency Room initiates function as Urgent Care • DISTRICT installs 911 direct dial phones on outside of facility • TRI-CITY withdraws from JPA	
DEC	HEALTH CARE HERO nominations begin. • CMS declines request for certification  • URGENT CARE at facility closes	Request by Palomar Health for certification by CMS for Distinct Part SNF declined due to distance of 20 miles. December 20, 2014



Fallbrook Healthcare District  
A Public Agency Serving North County since 1950

FOR ADDITIONAL INFORMATION, CONTACT

## FALLBROOK HEALTHCARE DISTRICT

577 EAST ELDER STREET SUITE U  
FALLBROOK CA 92028

MAILING ADDRESS:  
P.O. BOX 2587  
FALLBROOK CA 92088

760.731.9187  
TOLL FREE: 877.932.7913  
FAX: 760.731.9131

Office Hours: Mon – Fri 10 a.m. – 6:00 p.m.

Email: [fallbrookhealthcare@earthlink.net](mailto:fallbrookhealthcare@earthlink.net) Web: [www.fallbrookhealthcaredistrict.net](http://www.fallbrookhealthcaredistrict.net)

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### BOARD MEETINGS:

**2<sup>ND</sup> WEDNESDAY OF EACH MONTH AT 6:00 P.M.**  
**FALLBROOK HOSPITAL – CONFERENCE ROOMS A & B**  
**624 EAST ELDER – FALLBROOK CA 92028**

ALL REGULAR MEETINGS OF THE BOARD ARE OPEN TO THE PUBLIC.  
AGENDAS ARE POSTED 72 HOURS IN ADVANCE OF REGULAR MEETINGS  
(FHD Admin Office – FHD Website)

CONTACT THE ADMINISTRATIVE OFFICE FOR ADDITIONAL INFORMATION OR  
SPECIAL NEEDS ASSISTANCE.

VI DUPRE, ADMINISTRATOR

LINDA BANNERMAN, ADMIN ASSISTANT ❖ PAM KNOX, SPECIAL PROJECTS COORDINATOR